

EXTRA! 30-PAGE GUIDE TO EURO 2024

MORE CHANNELS THAN ANY OTHER TV MAG!

8-14 JUNE 2024

TV & Satellite Week

FREE!
EUROS WALL CHART

PULL OUT & KEEP

PLUS

ALL THE BEST SHOWS ON TV THIS WEEK



LIVE!

Euro 2024

Don't miss a kick as England and Scotland go for glory!



GROUP A

Germany • Scotland • Hungary • Switzerland

GERMANY    **SCOTLAND**

14 June • Munich • 8pm (ITV)

HUNGARY    **SWITZERLAND**

15 June • Cologne • 2pm (ITV)

GERMANY    **HUNGARY**

19 June • Stuttgart • 5pm (BBC)

SCOTLAND    **SWITZERLAND**

19 June • Cologne • 8pm (BBC)

SWITZERLAND    **GERMANY**

23 June • Frankfurt • 8pm (BBC)

SCOTLAND    **HUNGARY**

23 June • Stuttgart • 8pm (BBC)

GROUP B

Spain • Croatia • Italy • Albania

SPAIN    **CROATIA**

15 June • Berlin • 5pm (ITV)

ITALY    **ALBANIA**

15 June • Dortmund • 8pm (BBC)

CROATIA    **ALBANIA**

19 June • Hamburg • 2pm (ITV)

SPAIN    **ITALY**

20 June • Gelsenkirchen • 8pm (ITV)

ALBANIA    **SPAIN**

24 June • Düsseldorf • 8pm (BBC)

CROATIA    **ITALY**

24 June • Leipzig • 8pm (BBC)

GROUP C

Slovenia • Denmark • Serbia • England

SLOVENIA    **DENMARK**

16 June • Stuttgart • 5pm (ITV)

SERBIA    **ENGLAND**

16 June • Gelsenkirchen • 8pm (BBC)

SLOVENIA    **SERBIA**

20 June • Munich • 2pm (ITV)

DENMARK    **ENGLAND**

20 June • Frankfurt • 5pm (BBC)

ENGLAND    **SLOVENIA**

25 June • Cologne • 8pm (ITV)

DENMARK    **SERBIA**

25 June • Munich • 8pm (ITV)

ALL GAME TIMES BST

TV&Satellite week

LAST 16

MATCH 1

29 June • Berlin • 5pm

2A

V

2B

QUARTER-FINALS

QUARTER 1

5 July • Stuttgart • 5pm

W4

V

W2

SEMI-FINALS

SEMI-FINAL 1

9 July • Munich • 5pm

WQF1

V

WQF2

THE FINAL

14 July • Berlin • 8pm

WSF1

V

WSF2

QUARTER 3

6 July • Düsseldorf • 5pm

W3

V

W1

SEMI-FINAL 2

10 July • Dortmund • 5pm

WQF4

V

WQF3

GET THE LATEST



FOURFOURTWO

To get all the up-to-the-minute news on the Euros, simply scan this QR code and visit the

TO SUBSCRIBE JUST VISIT

TV to get excited about!

Welcome to this bumper issue of *TV&Satellite Week*, kicking off an unmissable summer of sport. Inside, we have 30 pages of Euro 2024 coverage, compiled by Deputy Editor Richard McClure and his team – Nicholas Cannon, Ian MacEwan, Sean Marland, Ian Farrington and Natalie Barrett. The tournament begins on Friday 14 June with hosts Germany playing Scotland. Don't forget to use our pull-out-and-keep wallchart to follow the home nations as they play their all-important matches.

And for those who like to mix and match football with exciting drama and comedy, the issue also brings you the best of the week's TV – with plenty of brilliant shows to watch between matches.

Scan this QR code to get the latest football and Euro 2024 news on our sister title *FourFourTwo's* YouTube channel.



PULL OUT AND KEEP!

Keep track of every single game with our wallchart



Euro 2024

FRIDAY *ITV1*

Scotland fans get to see their team launch the tournament as they take on hosts Germany on Friday. Kick-off is at 8pm. England fans will have to wait until Sunday 16 June when they face Serbia. *See page 17*



TURN OVER for your regular HotList, for the week's best shows! >>>



Doctor Who

SATURDAY *BBC1*

The Time Lord and Ruby travel back to 1813 and the Regency period. There's a ball, where the pair meet an alien bounty hunter called Rogue. But can the Doctor actually dance? *See page 8*

Presumed Innocent

FROM WED 12 JUNE

Apple TV+

This series is a remake of the hit 1990 thriller, which starred Harrison Ford. Jake Gyllenhaal (right) takes on Ford's role as prosecutor Rusty Sabich. His quiet afternoon with his family is shattered when news breaks that his colleague has been murdered – and he soon becomes the prime suspect. *See p6*



The Boys

FROM THURSDAY 13 JUNE *Prime Video*

It's been an almost two-year wait for the new series and the stakes are higher than ever in this nail-biting fourth season. Homelander (Antony Starr, left) introduces two new 'Supes' into The Seven, Sister Sage (Susan Heyward) and Firecracker (Valorie Curry). And can The Boys stop Victoria Neuman from reaching the Oval Office, despite her victory on election night? *See page 46*



Inside No. 9

WEDNESDAY *BBC2*

It's the final-ever *Inside No. 9* and we're guaranteed an unforgettable send-off from Steve Pemberton and Reece Shearsmith. *See page 10* for our look at the nine most-memorable episodes.

HotList

This week's 28

Saturday 8



Challenge Cup final

RUGBY LEAGUE BBC1, kick-off 3pm

Wembley hosts the men's showpiece as 2023 Super League champions Wigan take on Warrington. (The women's final between St Helens and Leeds is on BBC2, kick-off 11.45am.) See *Sport Week*, p60



T20 World Cup: Australia v England

CRICKET Sky Sports Cricket & Sky Sports Main Event, play starts 6pm

Defending champions England face their age-old enemy and 2021 winners Australia in this group match in Barbados.



Doctor Who

SCI-FI BBC1, 6.45pm

In the same week that *Bridgerton* returns to Netflix (see Thursday), the Doctor and Ruby drop into a romantic Regency adventure co-starring *Game of Thrones'* Indira Varma. See *feature*, page 8



The Royal Hotel

THRILLER Sky Premiere, 10pm

Thriller about two young Americans (Julia Garner and Jessica Henwick) who are caught up in an unnerving situation while working in a mining town in the Australian outback. See *review*, page 55

■ Full listings start on p67

Sunday 9



Am I OK?

COMEDY DRAMA Sky Premiere, 2.35pm & 10pm

Dakota Johnson (above) stars as a 32-year-old woman who sets out on a journey of self-discovery when she belatedly realises her unsuccessful love life is due to her being gay.



Soccer Aid

FOOTBALL ITV1, 6pm

This year's charity match (kick-off 7.30pm) sees England take on a World XI at Stamford Bridge, with new signings including cricketer Stuart Broad (above). See *feature*, page 13



F1: Canadian Grand Prix

MOTORSPORT Sky Sports F1 & Sky Sports Main Event, race starts 7pm

After Ferrari's Charles Leclerc (above) closed the gap in the standings with a win in Monaco, can championship leader Max Verstappen bounce back in Montreal?



On Thin Ice: Putin Vs Greenpeace

DOCUMENTARY BBC2, 9pm & 9.30pm (box set, BBC iPlayer)

The story of the climate activists who found themselves thrown into a Russian prison. Continues to Tuesday.

■ Full listings start on p77

Monday 10



Bake Off: The Professionals

COOKERY C4, 8pm

Liam Charles and Ellie Taylor return to host the battle of the pro bakers, with the chefs tackling more tasks set by judges Benoit Blin and Cherish Finden. Continues tomorrow. See *feature*, p14



Lost Boys & Fairies

DRAMA BBC1, 9pm

As the series continues, social worker Jackie (Elizabeth Berrington) has good news for prospective parents Andy and Gabriel – but when Jake arrives at their home, are they both ready to be fathers?



Long Lost Family: Born Without Trace

DOCUMENTARY ITV1, 9pm

Nicky Campbell and Davina McCall return with new episodes of the show that helps individuals who were abandoned as infants. Continues to Wednesday.



Cursed Histories

DOCUMENTARY Sky History, 9pm

This six-part look at what many describe as 'curses' begins with the recovery of a 5,300-year-old mummified hunter in 1991. Over the next 13 years, seven people connected to the discovery died...

■ Full listings start on p87

Tuesday 11



Tour de France: Unchained

DOCUMENTARY Netflix

The docuseries returns for a second season, going behind the scenes of the 2023 Tour de France, with its dramatic climbs, crashes and close finishes.



The Great British Sewing Bee

REALITY BBC1, 9pm

There's a recycling theme this week, as the contenders take on fast fashion, the world's second-most-polluting industry. Hosted by Kiell Smith-Bynoe (above).



The Fall: Skydive Murder Plot

DOCUDRAMA C4, 9pm

(box set, Channel 4)

The horrific story of how Emile Cilliers plotted to kill wife Victoria by sabotaging her parachute. Continues to Thursday.



Copa '71: The Lost Lionesses

DOCUMENTARY BBC4, 10pm

Storyville special about the unofficial 1971 Women's World Cup in Mexico, featuring six teams including England – despite no support from FIFA. See *Documentaries*, page 52

■ Full listings start on p97

best shows

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Wednesday 12

NEW



EDITOR'S CHOICE

Presumed Innocent

THRILLER Apple TV+

Jake Gyllenhaal (above) stars as a lawyer accused of the murder of his co-worker and mistress. Based on the novel by Scott Turow, which was made into a film in 1990 starring Harrison Ford. *See feature, p6*



NEW

Under the Bridge

DRAMA Disney+

True-crime drama starring Riley Keough and Lily Gladstone, based on the 1997 murder of a 14-year-old Canadian girl who never returned home from a party. *See Your Watchlist, page 48*



LAST ONE

EDITOR'S CHOICE

Inside No. 9

COMEDY BBC2, 10pm

In theory, tonight sees the last-ever episode of Steve Pemberton and Reece Shearsmith's darkly comic anthology – but given their love of twists, can we take anything at face value? *See feature, p10*



LAST ONE

The Good Doctor

DRAMA Sky Witness, 10pm

As the hospital drama starring Freddie Highmore as Dr Shaun Murphy draws to a close after seven seasons, the team work on possibly the most-important case of their careers. *See feature, page 14*

■ Full listings start on **p107**

Thursday 13



NEW

The Boys

SUPERHERO DRAMA Prime Video

As the comic-book drama returns, the tone has turned even darker with the world on the brink – and, of course, Billy Butcher and the gang have extreme plans to stop it. *See Your Watchlist, p46*



NEW

Bridgerton

DRAMA Netflix

Colin and Penelope's romance continues as the third season resumes – but their relationship could be in danger as the Queen is determined to unmask Lady Whistledown. *See Your Watchlist, page 49*



LIVE!

US Open

GOLF Sky Sports Golf & Sky Sports

Main Event, from 12.30pm

The men's tournament tees off at North Carolina's Pinehurst Resort. Last year, American Wyndham Clark (above) won by one shot. Continues tomorrow.



NEW

The Supervet

DOCUMENTARY C4, 8pm

Noel Fitzpatrick kicks off a new run with an episode dedicated to rescue animals, including whippet Wobble (above), who, in 2015, had a compression fracture in her neck. *See Documentaries, page 53*

■ Full listings start on **p117**

Friday 14



NEW

Criminal Minds

CRIME DRAMA Disney+

The revival of the crime drama continues with David Rossi (Joe Mantegna) and co at the FBI's Behavioral Analysis Unit trying to unravel the Gold Star conspiracy – but will killer Elias Voit help them?



PREMIERE

The Great Escaper

DRAMA Sky Premiere, 7am,

12.45pm & 8pm

Sir Michael Caine stars in this drama about a war veteran who leaves his care home to attend the D-Day 70th-anniversary commemorations. *See review, page 54*



LIVE!

EDITOR'S CHOICE

Euro 2024: Germany v Scotland

FOOTBALL ITV1, kick-off 8pm

The opening match of the tournament sees hosts Germany take on Scotland, managed by Steve Clarke (above). *See Euro 2024 Guide, from page 17*



Dear Evan Hansen

MUSICAL BBC2, 11.05pm

The screen version of the hit Broadway show makes its free-to-air premiere tonight, and although it falls short of seeing it live in the theatre, there's still much to enjoy. *See review, page 55*

■ Full listings start on **p127**



8 – 14 JUNE 2024

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In our 30-page special, we preview football's European Championship – the contenders, the venues, and England and Scotland's chances of success

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Including *Storyville* special *Copa '71: The Lost Lionesses*

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Suspect behaviour

Jake Gyllenhaal stars
as a prosecutor turned
prime suspect in a
tense legal thriller



NEW THRILLER

Presumed Innocent

From Wednesday 12 June, Apple TV+
(first two episodes from Wed 12 June,
then weekly)

Jake Gyllenhaal has been a mainstay on the big screen ever since his breakthrough role as a troubled teenager who foresees the impending end of the world in 2002 movie *Donnie Darko*.

This week, however, he makes a return to TV drama for the first time since his teenage appearance in *Homicide: Life on the Street* 30 years ago. He plays the lead role in Apple TV+'s tense new legal thriller *Presumed Innocent*, starring as an attorney accused of committing the murder that he's investigating.

The eight-part series, adapted from Scott Turow's hit 1987 novel, follows Chicago chief deputy prosecutor Rusty Sabich (Gyllenhaal), whose quiet afternoon at home with his family is thrown into disarray when he gets a call informing him that his colleague and friend Carolyn Polhemus (Renate Reinsve) has been savagely murdered...

Despite the series' 'very dark material', Gyllenhaal, 43, says that he loved the chance to work on a longer-term project.

'There's a lot of dialogue in the series, and a lot of things expressed through dialogue, so it was almost like doing a theatre piece that was filmed,' he explains. 'The roles that I love are the ones with really deep subtlety. One of the most wonderful things about being a performer is the ability to run the gamut, and try all different sorts of things.'

With his fellow prosecutors stunned and fearful in the wake of Carolyn's death, Rusty is appointed to lead the investigation into her murder by District Attorney Raymond Horgan (Bill Camp) – despite objections from Rusty's rival Tommy Molto



Rusty (Gyllenhaal)
falls under suspicion

(Peter Sarsgaard, who is married to Gyllenhaal's sister Maggie). Tommy believes that Rusty was too close to Carolyn to be able to investigate the case objectively.

Rusty and Raymond's gut instinct is that Carolyn's killer must have been someone who held her responsible for their incarceration – a motive that's backed up by the manner of Carolyn's death being similar to the victim in a case that she and Rusty previously worked on.

Rusty is determined to bring her killer to justice so that his colleagues can feel safe in their workplace again. But his investigation is slow to produce any solid leads, and Nico Della Guardia (O-T Fagbenle), who



Fagbenle and Sarsgaard
as Nico Della Guardia
and Tommy Molto



The attorney's family
life looks set to implode

is campaigning to replace Raymond in the upcoming District Attorney election, uses that to his advantage, insisting that the lack of progress is a clear sign that the DA's office is in desperate need of an overhaul.

When Nico defeats Raymond in the election, Rusty knows that his days as chief deputy prosecutor are numbered, and sure enough, Nico takes him off the Carolyn Polhemus

investigation and puts Tommy in charge. As Tommy gets up to speed on the case, however, he discovers that Rusty and Carolyn had been having an affair – a detail that Rusty had not revealed to his colleagues.

Suddenly, Rusty's handling of the enquiry is viewed in a different light, with his failure to find Carolyn's killer perceived as deliberate obstruction – and under Tommy's lead, Rusty becomes the new prime suspect. As more and more details of Rusty's obsession with Carolyn emerge, the lawyer finds that proving his own innocence may be the toughest challenge of his entire career...

The series is the latest law-based drama from *The Undoing*, *Ally McBeal* and *LA Law* writer and former lawyer David E. Kelley, who has also executive-produced the show with *Lost*'s J.J. Abrams.

'I'm addicted to legal stories and I'm fascinated by the law,' reveals Kelley.

'*Presumed Innocent* is a classic legal thriller that has you guessing at every turn. The series is a reimagining of Scott Turow's work, and we hope the show inspires viewers to have some spirited "whodunnit" discussions from week to week as the series rolls out.'

PREVIOUS ADAPTATIONS

This is not the first time that Scott Turow's bestselling novel has been adapted for the screen. *Presumed Innocent* was also a blockbuster movie in 1990, starring Harrison Ford as Rusty Sabich, with Brian Dennehy as Raymond Horgan and Greta Scacchi as Carolyn Polhemus.

Turow also wrote a sequel novel, *Innocent*, in 2010, which continued the adversarial relationship between Rusty and Tommy decades later. This was adapted into a made-for-TV movie starring Bill Pullman as Rusty, with *The Good Doctor*'s Richard Schiff as Tommy and Marcia Gay Harden as Rusty's wife Barbara.



Harrison Ford
as Rusty Sabich

Rusty Sabich

Jake Gyllenhaal

The hard-working prosecutor has risen through the ranks in Chicago and finds his career in jeopardy as a result of the Carolyn Polhemus case.

WHO'S WHO IN *PRESUMED INNOCENT*

Tommy Molto

Peter Sarsgaard

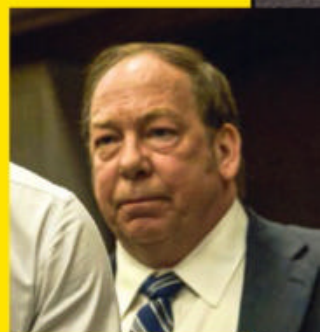
Rusty's main rival takes the lead on the Carolyn Polhemus case when Rusty is removed, and uncovers troubling info about his colleague.



Raymond Horgan

Bill Camp

The beleaguered District Attorney wants to wrap up the case quickly to salvage his re-election prospects, and is sure that Rusty is the best person for the job.



Carolyn Polhemus

Renate Reinsve

The popular prosecutor kept much of her private life concealed from her workmates, and was also having an affair with Rusty.



Barbara Sabich

Ruth Negga

Rusty's wife stood by him through his infidelity, but fears that the Carolyn Polhemus investigation could break their marriage.



Nico Della Guardia

O-T Fagbenle

The ambitious attorney with his eye on political office is nicknamed 'Delay' due to his habit of dragging cases out to avoid going to court.



Having a Ball

Jonathan Groff joins *Doctor Who* for a Regency adventure



From left: Rogue, Ruby and the Doctor

Colourful characters attend the ball



SCI-FI

Doctor Who

Saturday, 6.45pm, BBC1

The latest series of *Doctor Who* has seen Ncuti Gatwa's Time Lord and Millie Gibson's Ruby embarking on ambitious adventures everywhere from a futuristic space station to the remote Welsh coast – but when it comes to picking their favourite episode of the bunch, both actors are in agreement that this week's Regency-themed caper, *Rogue*, is light years ahead.

'This is my favourite, for sure,' says Gibson, 19. 'There are just so many great things that happen in this episode.'

After the TARDIS touches down in 1813, the Doctor and Ruby are excited by the opportunity to live the full *Bridgerton*-style experience – although the two of them are very quickly taken in different directions.

'Millie and I didn't film together very much on this one, because we were in separate strands,' says Gatwa, 31. 'The episode definitely

captures the characters' cheekiness, because they both go off and have these separate scandals. It's a lot of fun.'

When they learn that the Duchess (*The Capture*'s Indira Varma) is hosting a grand ball at her country manor, the Doctor and Ruby talk their way into attending, and the Doctor encounters a charismatic stranger named Rogue, played by American actor Jonathan Groff.

MAN OF MYSTERY

'Rogue is an alien bounty hunter and a man of mystery,' says Groff, 39. 'When we meet him, and he first meets the Doctor, we're in a Regency era – but Rogue is not necessarily who he appears to be.'

Groff was approached for the role by *Doctor Who* showrunner Russell T. Davies, and although he hadn't previously watched the show, he was aware of its status as

a beloved sci-fi institution.

'I got a very exciting text message from Russell,' recalls Groff, who has starred in *Frozen* and *Mindhunter*.

'I'm a huge fan of his work, especially *It's a Sin*. I knew how much of a big deal *Doctor Who* was in the UK, but I had never seen an episode of it. Russell sent me about five episodes of *Doctor Who* from throughout the years, including the first episode that ever aired, in black and white. So I had a very quick crash course before I started.'

That opportunity to gain a greater understanding of *Doctor Who*'s long and varied history proved invaluable for Groff when he arrived in Cardiff for filming, as he felt the pressure of making sure his character would be someone who seems at home in the Whoniverse.

'I would say the biggest challenge was trying to understand and fit into the tone of the show, when you're coming in as a guest star and jumping into a world,' he says.

'*Doctor Who* is such a specific thing. In the episodes that Russell

showed me, and in the experience of playing a role in it, *Doctor Who* has such a fascinating tone. It's big, and it's larger than life, but it's also quite real. Even though it's fantasy, there is depth to the storytelling and the relationships.'

ENTER THE WHONIVERSE

Fortunately, Gatwa and Gibson were both on hand to help Groff feel at home on the set as he took his first steps into the world of *Doctor Who*.

'They were both so welcoming,' he reveals. 'Big smiles, and full of laughs and embraces, they could not have been more warm. As an outsider coming into the Whoniverse for the first time, they were the greatest hosts – they took such good care of me.'

'I spent most of my time with Ncuti, and I think he is such a star. He's so unpredictable and thrilling to act with, because you never see the same thing twice – he's so spontaneous, and yet deeply connected to what he's doing. He's one of the most exciting actors working today.'

**'It's big, and it's
larger than life,
but it's also
quite real'**

JONATHAN GROFF

MOVE OVER, *BRIDGERTON*

Pam Downe reveals how she created the episode's spectacular Regency look...

As *Doctor Who*'s costume designer, Pam Downe is used to inhabiting a different world in every episode, and she was excited by the opportunity to put a distinctly *Doctor Who* slant on the Regency period.

'I always start with the script, which gives the tone of the episode,' says Downe. 'I had recently done a Regency film, so I had a lot of references to the general silhouette. For this episode, I also looked at contemporary designers who sometimes put a period twist on their garments. I didn't want the feel of the costumes to be overly historical.'

Across the series as a whole, Downe says she's enjoyed the creative freedom that the 15th Doctor's more varied wardrobe has afforded her.

'I think the main difference between this new season of *Doctor Who* with Ncuti at the helm, compared to previous incarnations, is that our Doctor changes his outfit very often,' she says. 'That's the fun part for me.'



Pam Downe

The enigmatic
Rogue is played
by Jonathan Groff



The Doctor and
Ruby take to
the dance floor

End of the Nine

As **Inside No. 9** comes to an end, we look back at some of the anthology's most-memorable episodes

After 10 years, 55 episodes and countless celebrity guest stars, Steve Pemberton and Reece Shearsmith's anthology comedy *Inside No. 9* comes to an end this week.

The creators are keeping quiet about the content of the last-ever episode, *Plodding On*, but there's little doubt that they will have saved something special for the show's finale – and they admit that the conclusion of the

LAST ONE **COMEDY**

Inside No. 9

Wednesday, 10pm, BBC2

series is a bittersweet moment for them.

'If you're lucky, as an actor or a writer, you get shows that define a period of your life,' says Pemberton. 'We had it with *The League of Gentlemen*, I had it on other shows where I was just an actor, but this has really defined a decade, and I will feel slightly bereft when it's over.'

In honour of the show's dedication to pushing the boundaries of TV comedy, *TV&Satellite Week* takes a look back at nine of the most-memorable episodes...

A QUIET NIGHT IN

(Season 1, Episode 2)

The first episode, *Sardines*, was justly acclaimed, but it was the second instalment – about a pair of incompetent burglars – that cemented the series' reputation for innovation due to running almost entirely without dialogue.



THE DEVIL OF CHRISTMAS

(Season 3, Episode 1)

Rula Lenska and Jessica Raine guest-starred in this pastiche of 1970s low-budget horror, with what appeared to be a director's commentary track, before the nature of the project was revealed to be rather different...



DEATH BE NOT PROUD

(Season 5, Episode 2)

The story of a couple (Kadiff Kirwan and Jenna Coleman) experiencing strange things in their new flat became a crossover with *Psychoville* as Shearsmith and Pemberton reprised their roles of mum and son Maureen and David.



THE 12 DAYS OF CHRISTINE

(Season 2, Episode 2)

Sheridan Smith gave a heartbreaking performance in this episode exploring 12 key moments in the life of Christine. She was frequently interrupted by a sinister figure (Shearsmith) who seemed to be haunting her, leading to one of the best twist endings.



TO HAVE AND TO HOLD

(Season 4, Episode 4)

Seemingly a tragicomic portrayal of the breakdown of the marriage between wedding photographer Adrian (Pemberton) and his wife Harriet (Nicola Walker), this one slowly revealed a much darker and more disturbing core.



WISE OWL

(Season 7, Episode 6)

This episode delved into the underlying darkness of 1970s public-information films, with Shearsmith playing Ronnie, a troubled adult trying to live his life according to the rules set out in the 'Wise Owl' cartoons he saw as a child.



THE TRIAL OF ELIZABETH GADGE

(Season 2, Episode 3)

One of Shearsmith's all-time favourite episodes. He and Pemberton played 17th-century witchfinders who were summoned to a rural village to pursue charges of witchcraft against Elizabeth Gadge (Ruth Sheen).



DEAD LINE

(2018 Halloween special)

Broadcast live and purporting to be a story about a man who found a mobile phone in a graveyard, the episode was 'taken off the air' after a few minutes due to technical issues – but it was all part of Shearsmith and Pemberton's master plan!



3 BY 3

(Season 8, Episode 5)

Initially advertised as *Hold on Tight!*, an apparent spoof of *On the Buses* starring Robin Askwith, viewers were surprised to instead be shown a quiz show hosted by Lee Mack, where something odd was happening to the contestants.





**'I will feel
slightly bereft
when it's over'**

STEVE PEMBERTON

**Stars and show creators
Steve Pemberton and
Reece Shearsmith**

WORDS: STEVEN PERKINS, ALISON SLADE. PHOTOS: BBC, ITV

**STORY
OF THE
WEEK**

Soap Diary

This week's soaps at a glance



**Sharon finds
Linda drunk**

EASTENDERS

Linda spirals as Keanu's funeral is held

» **Linda's in low** spirits as Father's Day approaches and she's reminded of Mick's absence, but she has bigger things on her mind when Bernie arrives with news – Keanu's funeral will take place in just a few days, and she'd like to have the wake at The Vic.

The landlady, who has successfully pinned her murder of Keanu on Dean, is left reeling as memories of her Christmas Day nightmare come flooding back, and it doesn't help that Elaine quickly agrees to host the event. Worrying how on Earth she'll get through the day, she turns to booze.

Johnny and Sharon find her blotto in the barrel store and,

realising she's a loose canon, they resort to drastic measures to sober her up, while Sharon also persuades her pal to attend an

AA meeting, which she accompanies her to.

But her heart is in her mouth when Linda ignores her advice and decides to speak to the group...

With D-Day fast approaching, Linda continues to struggle. Can she get through the send-off without arousing suspicion?



**Keanu was
murdered**

» **PLUS** Kim and Howie return, as do Yolande and Patrick, Bianca discovers Reiss' big secret, Chelsea is suspicious of Denzel, Cindy puts Ian on a new fitness regime, and Stevie organises a fishing trip.

whattowatch.com/soaps

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET



» Ken (above) suffers a serious fall, Nick and Toyah kiss as Rowan continues to manipulate Leanne, Summer returns from the States with a new boyfriend, Michael and Glenda become an item, and Kevin has bad news for Abi.

EMMERDALE

» Belle (right) is in turmoil after discovering she's pregnant with Tom's baby, guilt-ridden Ruby decides to confess to the hit-and-run on Ethan as the solicitor is laid to rest, and Vinny struggles to move on from Liv with Gabby.



It's Time To Rock

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Usain Bolt and Bobby Brazier go head-to-head at this year's Soccer Aid fundraiser

WORLD in motion

Bolt (left) and Brazier will meet at Stamford Bridge

LIVE! FOOTBALL

Soccer Aid

Sunday, 6pm, ITV1

Chelsea's Stamford Bridge is the venue for this year's star-studded Soccer Aid for UNICEF match between England and a World XI (kick-off 7.30pm).

Olympic sprinter Usain Bolt will again lead out the rest-of-the-world team, which will feature ex-Chelsea legend Eden Hazard making his Soccer Aid debut. Former Lioness Jill Scott once again captains England, whose new signings include *EastEnders* and *Strictly* star Bobby Brazier, *The Crown's* Erin Doherty and ex-England cricketer Stuart Broad.

But with the World XI on a five-year winning streak, can Soccer Aid's new England manager, ex-Chelsea favourite Frank Lampard, get a win ahead of the Euros?

Here, Bolt, 37, and Brazier, 21,

tell *TV&Satellite Week* why they are raring to get on to the pitch...

What makes this Soccer Aid match so special?

Bolt It's an amazing event. It's the world's biggest live televised charity football event, but the main reason it is so special is due to the amount of money we've raised for UNICEF. So far, over £90 million has gone to help children around the world.

Brazier It's an amazing opportunity for an amazing charity. I can't stop thinking about the quality of the pitch at Stamford Bridge as well – the scale of the event and the stadium is unbelievable.

Who has been the strongest celebrity to take

part in Soccer Aid so far?

Bolt I always have to go for players in my World XI team. The strongest was probably our goalkeeper Tom Stoltman in 2022 – he was the World's Strongest Man after all! The best celebrity player was probably [American influencer] Noah Beck, but I also have to give a shout-out to my striking partner [presenter and *Love Island* star] Kem Cetinay.

Bobby, your dad Jeff went through the West Ham youth academy.

Has he given you any advice?

Brazier He's even more excited about this match than I am! He's on at me to get training and to get into peak fitness. We

went to the gym recently and he put me through a tough session. He's going to be in the stands on the day – I actually think he's living through me when it comes to Soccer Aid for UNICEF!

Who are you most looking forward to seeing play?

Bolt Eden Hazard is making his debut this year. I'm excited to see him play and hopefully he'll help us to another win.

Brazier To play against Eden Hazard is going to be absolutely incredible, but I can't say I'm excited because one-on-one it will be a losing battle for me every time. But to potentially take the ball off him is really exciting!

How to donate

To contribute to UNICEF and for match tickets, go to socceraid.org.uk



England coach Frank Lampard



New signing Stuart Broad

You liked...

Motherland on BBC1 & BBC2

This comedy series followed a set of mums, including stressed Julia (Anna Maxwell Martin), straight-talking Liz (Diane Morgan) and acerbic Amanda (Lucy Punch), plus one dad, eager-to-please Kevin (Paul Ready), as they faced the ups and downs of parenthood. Dame Joanna Lumley and Philippa Dunne co-starred.



Now try this...

Amandaland on BBC1

Lucy Punch will return to play Amanda in this upcoming *Motherland* spin-off, which will follow the posh mum as she deals with issues surrounding her teenage children such as underage drinking, fake Instagram accounts and eco anxiety. Philippa Dunne and Dame Joanna Lumley will both reprise their roles from *Motherland*.



Look Who's Back...

A familiar face making a new appearance this week

Sue Barker

Love Your Weekend with Alan Titchmarsh

Sunday, 9.30am, ITV1



1976

Born in 1956 in Devon, Sue Barker enjoyed a successful tennis career (inset), winning the French Open in 1976 and making the Wimbledon semi-final in 1977. She went on to host the BBC's Wimbledon coverage for almost 30 years as well as other major events such as the Olympics. She was also the popular host of BBC1's iconic quiz show *A Question of Sport* from 1997 to 2021.

HER NEW APPEARANCE

This week, Barker, 68, is among Alan Titchmarsh's guests as he holds a summer party at the *Love Your Weekend* manor farm. We should get plenty of behind-the-scenes tennis gossip ahead of this year's Wimbledon, plus a catch-up with Barker on her life since retirement from TV presenting in 2022. Titchmarsh's other guests this week include comedy writer and presenter Clive Anderson and West End star Zizi Strallen. Meanwhile, *Birds of a Feather*'s Lesley Joseph meets some others.



Sue Barker

TV WEEK

Dr Glassman has accepted his diagnosis

Shock treatment

Shaun and the team face heartache in the **final episode** of the medical drama

Claire and Shaun reunite under tough circumstances

LAST ONE DRAMA

The Good Doctor

Wednesday, 10pm, Sky Witness

After seven seasons of tackling a host of complex medical cases while also living with autism, talented surgeon Shaun Murphy is laying down his scalpel and bowing out for good in the last-ever episode of Sky Witness' acclaimed drama *The Good Doctor*.

The finale sees Shaun (Freddie Highmore) experience some of

his biggest challenges to date, as he puts his own career on the line to try to aid those closest to him. Former colleague Claire Browne (Antonia Thomas) has returned to San Jose St Bonaventure Hospital, where she is being treated for breast cancer, but events soon take a shocking turn...

Meanwhile, Shaun's mentor, neurosurgeon Dr Aaron Glassman (Richard Schiff), is reaching the end of the road following his terminal brain-cancer diagnosis and Shaun, who

is struggling to cope with the news, wants to help him beat the odds...

FINAL JOURNEY

'It's special that at the end, the only patients left for Shaun to help are people who he cares deeply about and who the audience cares deeply about,' explains Highmore, 32. 'Shaun's journey in the last episode is about accepting Glassman's wishes and accepting that he has to support him.'

'And it was so lovely to have Antonia back. It reminded us of

Judges Finden and Blin

Cherish Finden and Benoit Blin are back to find the UK's best pastry team

NEW COOKERY

Bake Off: The Professionals

Monday & Tuesday, 8pm, C4

As the straight-talking judge of *Bake Off: The Professionals*, Cherish Finden has tasted more mouth-watering pastries than she'd care to admit. But as she returns to our screens for a ninth series of the baking contest, Finden has a confession to make...

'I don't really eat sweet treats at home - I prefer crisps and sparkling wine. Or comfort food like beans on toast!' laughs the pastry consultant as she chats to *TV&Satellite Week*



Choux of a kind



Shaun's personal and professional lives intertwine

where the characters started and how far they've come.'

Flashforward scenes in the finale also explore how Shaun, wife Lea (Paige Spara) and his colleagues fare in the coming years both personally and professionally.

'It's a surprising ending but it ties together this journey that Shaun and all of our characters have been on,' says Highmore.

For the British actor, bidding farewell to the series has been emotional. The role has been a real labour of love and he is

thrilled that the show has been able to examine the reality of life with autism.

'We were aware of the stereotype that someone who has autism will never be able to change,' shares Highmore. 'But one of the things that I have always appreciated is the opportunity for Shaun to evolve and learn and grow. I'm proud of the fact that we have given him a journey he deserved. And I hope that in some tiny way, the show has helped challenge people's perceptions about autism.'

ahead of the new run.

And while we're on the subject, fellow judge Benoit Blin wants to get something off his chest, too...

'Unfortunately, I have a very sweet tooth!' admits Blin, chef pâtissier at Raymond Blanc's restaurant, Le Manoir aux Quat'Saisons. 'It's my downfall and starting to show a little on my waist. My guilty pleasures are a Mars bar or Snickers – my wife tries to hide them at home but I always find them!'

There's something a little more sophisticated for the pair to sample when they judge a new batch of professional pastry chefs, as teams of two tackle fiendishly difficult baking challenges in a bid to be crowned winner.



Baker Ben gets creative

Hosted by Ellie Taylor and Liam Charles, this series has challenges based on themes including Circus, Carnival and Mythical Beasts, while the opener kicks off with the contestants creating a music-themed trompe l'oeil Showpiece, with hidden pecan pies inside.

'The standard is very competitive this year. The teams have seen what others have done in the past so know what skills they have to bring to the competition,' says Blin.

'Finer details are key for Cherish, but not a deal-breaker for me. It's more the emotional side for me – it needs to make me feel something. But we have been in the same industry for 25 years and the past eight years on the show have brought us closer than ever.'

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

Jana: Marked for Life

Saturday, 9pm & 9.50pm, BBC4 (box set, BBC iPlayer)

Based on the bestselling novel by Emelie Schepp, this Scandi-noir series stars Madeleine Martin (right) as public prosecutor Jana Berzelius, who investigates the murder of an official at the Swedish migration agency. But when the prime suspect is also found dead, Jana discovers he has a scar that has similarities to a mysterious symbol on her own body. Are the murders linked to her traumatic past?



NEW



LAST ONE

The Piano

Sunday, 9pm, C4

After scouting for talented pianists on station concourses across the UK, pop superstar Mika and classical pianist Lang Lang have selected seven finalists for this week's finale concert in Manchester. Claudia Winkleman hosts the event, where the hopefuls – including 80-year-old Duncan and 10-year-old prodigy Sum (left) – will play on stage in front of a sold-out crowd.



Later... with Jools Holland

Saturday, 10.25pm, BBC2

R&B singer Gabrielle (left) joins Jools Holland at London's Alexandra Palace Theatre this week to perform tracks from her new album *A Place in Your Heart*. Also appearing are Leeds rock band Yard Act, New Zealand multi-instrumentalist Jordan Rakei, US indie folk singer Adrienne Lenker, hip-hop star Lava La Rue, and techno-punk band Fat Dog.



NEW

The Traitors US

Wed-Fri, times vary, BBC3 (box set, BBC iPlayer)

There's more tension and twisted intrigue within the Scottish castle in a second season of the American version of *The Traitors*. Hosted by Alan Cumming (left), this series has a smattering of celebrity contestants, including former House of Commons Speaker John Bercow and ex-*Love Island* star Ekin-Su Culculoglu! Can the cloaked Traitors keep themselves secret?



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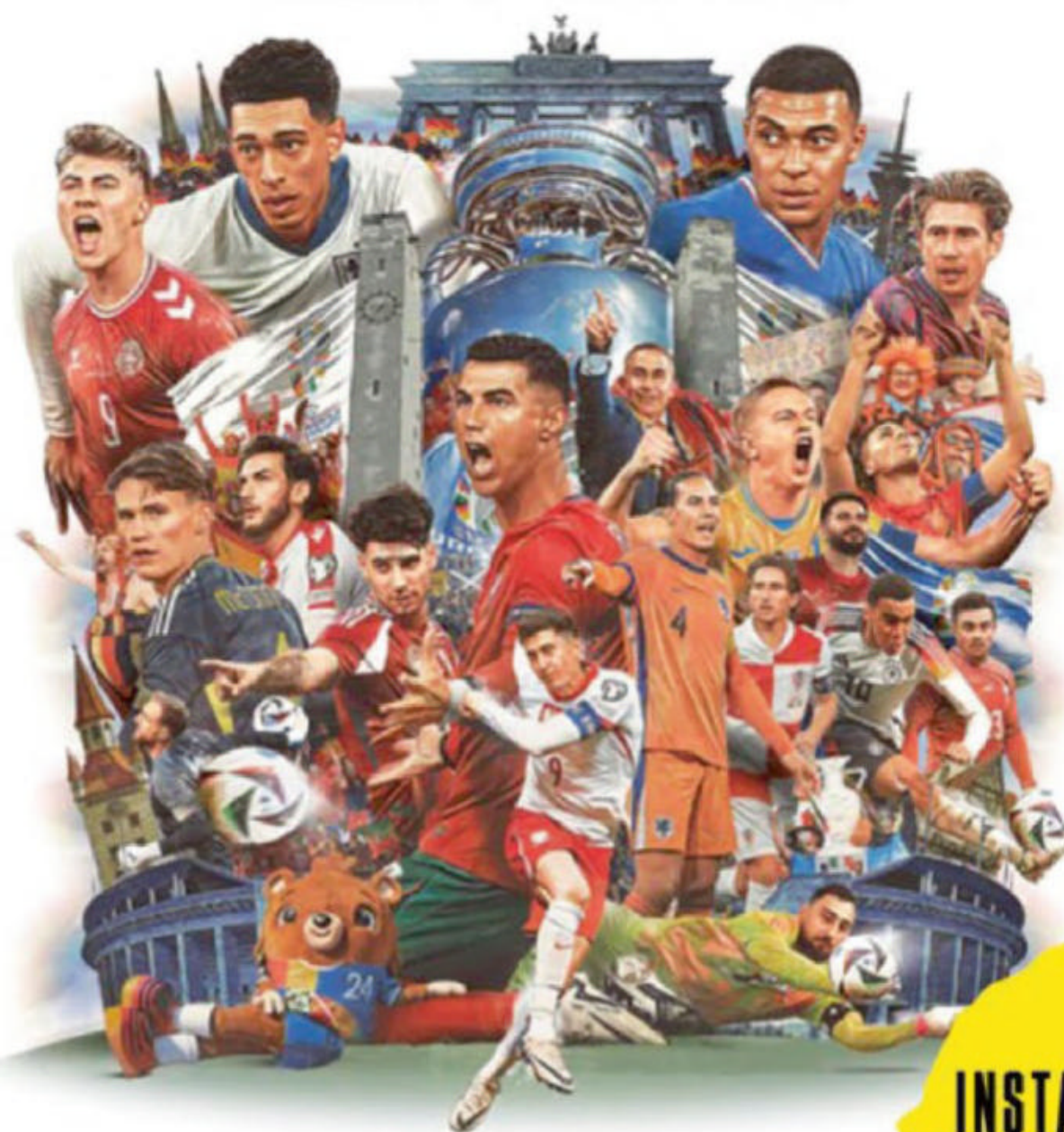
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CONTRIBUTORS: Mark Atkinson, Natalie Barrett, Paul Breckenridge, Nick Cannon, Ian Farrington, Matthew Higgs, Muzakir Iqbal, Richard Lines, Ian MacEwan, Joe Mahon, Sean Marland, Richard McClure, Paul Miller



**Two-time winners
Italy are the current
title holders**

Get set for a month of **football magic**

When it comes to staging major football tournaments, nobody does it better than Germany, and the country's superb stadiums, passionate fan base and trophy-winning tradition make the fußball-mad nation the perfect hosts for this year's European Championship.

As the first full-capacity summer soccer tournament for six years, Euro 2024 promises to be a month-long celebration of goals, grit and glory, with more than five billion TV viewers expected to tune in to the 51 matches played over 31 days.

The action kicks off on Friday 14 June when hosts Germany take on Steve Clarke's resurgent Scotland, who are aiming to get out of a major-tournament group for the first time in their history. Meanwhile, Gareth Southgate's

talented England team is among a list of favourites that includes France, Portugal and an Italy side seeking to become the first nation to win back-to-back titles since Spain in 2012.

Here at *TV&Satellite Week*, we've got everything covered with your ultimate guide to Euro 2024, including a pull-out-and-keep wallchart to fill in, complete with dates, times and fixtures to ensure you don't miss a kick from the opening game to the showpiece final on Sunday 14 July.

There's also a group-by-group guide to all 24 nations, in-depth profiles of the England and Scotland squads, a pick of players to watch, a look at the BBC and ITV teams covering the tournament, a special quiz to test your Euros history knowledge, and interviews with England hero Alan Shearer and Scotland legend Ally McCoist.

So grab a cold drink and snacks, turn on the TV and settle back for some wunderbar entertainment...



**The trophy and
official match ball**

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The TV teams

Don't miss a kick with **live coverage and expert analysis** on the BBC and ITV

With Germany just one hour ahead of the UK, Euro 2024 will see group matches kicking off at three different

times – 2pm, 5pm and 8pm – with games split between the BBC and ITV.

ITV will screen the opening match between hosts Germany and Scotland in Group A on 14 June, plus England's final Group C game against Slovenia on 25 June. Highlights of all non-live games will be shown on a special Euros 24/7 channel on ITVX.

Meanwhile, the BBC's first televised game sees defending champions Italy take on Albania in Group B on 15 June. It will also screen England's first two group games, against Serbia on 16 June and Denmark on 20 June, and will show Scotland's group games against Switzerland on 19 June and Hungary on 23 June. Highlights of all non-live games will be available on the new BBC iPlayer Euros channel, alongside special features and matches from the Euros archive.

But who will win the ratings battle? Here's how the ITV and BBC squads line up...



TEAM CAPTAINS

Mark Pougatch wears the armband as main presenter, with Laura Woods also leading the ITV coverage.

FAN FAVOURITES

Graeme Souness won 54 caps for Scotland and is joined by ex-England stars Ian Wright, Gary Neville, Karen Carney and Eni Aluko, plus no-nonsense analysis from Roy Keane.

BIG-NAME SIGNING

Tottenham Hotspur's Australian manager Ange Postecoglou is a master tactician and never afraid of voicing his opinions.

FOREIGN STARS

Sheffield Wednesday boss Danny Röhl, who left his role as Germany assistant manager last year, provides insight on the hosts, while US refereeing analyst Christina Unkel will give her expert take on all the controversial decisions.

TEAM TALK

Sam Matterface, Clive Tyldesley and Pien Meulenstein are among the commentators, supported by Lee Dixon, Ally McCoist and Andros Townsend.

Gary Lineker and Gabby Logan (both centre) head up the BBC team



Ange Postecoglou

YOUNG GUNS

*Who will be the breakout stars making their international tournament debuts this summer? We choose **seven young players** with the talent to cause a sensation at Euro 2024...*



COLE PALMER

(England)

The 22-year-old forward has enjoyed an excellent first season at Chelsea, netting 27 goals in all competitions. With a wonderful left foot, he's dangerous from set pieces and can shoot from anywhere.



BEN DOAK

(Scotland)

The 18-year-old Liverpool winger is highly rated by Scotland manager Steve Clarke. With searing pace, he offers the Scottish attack a different dimension and could make a real impact from the bench.



WILLIAM SALIBA

(France)

Arsenal's 23-year-old centre back is pushing hard for a place in France's starting line-up after the best season of his career. His height, strength and pace make him an imperious presence in any defence.



BBC

TEAM CAPTAINS

Gary Lineker, Gabby Logan and Alex Scott will skipper the BBC team from a studio in the heart of Berlin.

FAN FAVOURITES

Former England stars Alan Shearer, Frank Lampard, Micah Richards, Rio Ferdinand and Ellen White will be joined by Scotland women's captain Rachel Corsie and ex-international James McFadden, plus football boss David Moyes and just-retired Celtic goalkeeper Joe Hart, who won 75 caps for England.

BIG-NAME SIGNING

England's second-highest goalscorer Wayne Rooney makes his punditry debut at a major tournament.

FOREIGN STARS

Former Arsenal star Cesc Fàbregas is a two-time Euros winner with Spain, while Brentford's Danish coach Thomas Frank is also on the panel.

TEAM TALK

Commentators include Guy Mowbray and Jonathan Pearce, with Jermaine Jenas, Danny Murphy and Martin Keown up on the gantry providing analysis.



The ITV team sees Mark Pougatch and Laura Woods (both centre) at the helm



XAVI SIMONS (Netherlands)

The 21-year-old Dutch star has enjoyed a good season at RB Leipzig, scoring 10 goals. A technically gifted forward who can play on either side, Simons could be a key member of Ronald Koeman's Netherlands squad.



GIORGIO SCALVINI (Italy)

The 20-year-old centre back capped an impressive 23/24 season by winning the Europa League with Atalanta BC. His aerial strength could make him a crucial part of Italy's rearguard.



LAMINE YAMAL (Spain)

At 16 years and 57 days, the winger became Spain's youngest-ever goalscorer when he found the net against Georgia last September and went on to enjoy a fine breakthrough campaign at Barcelona this season.



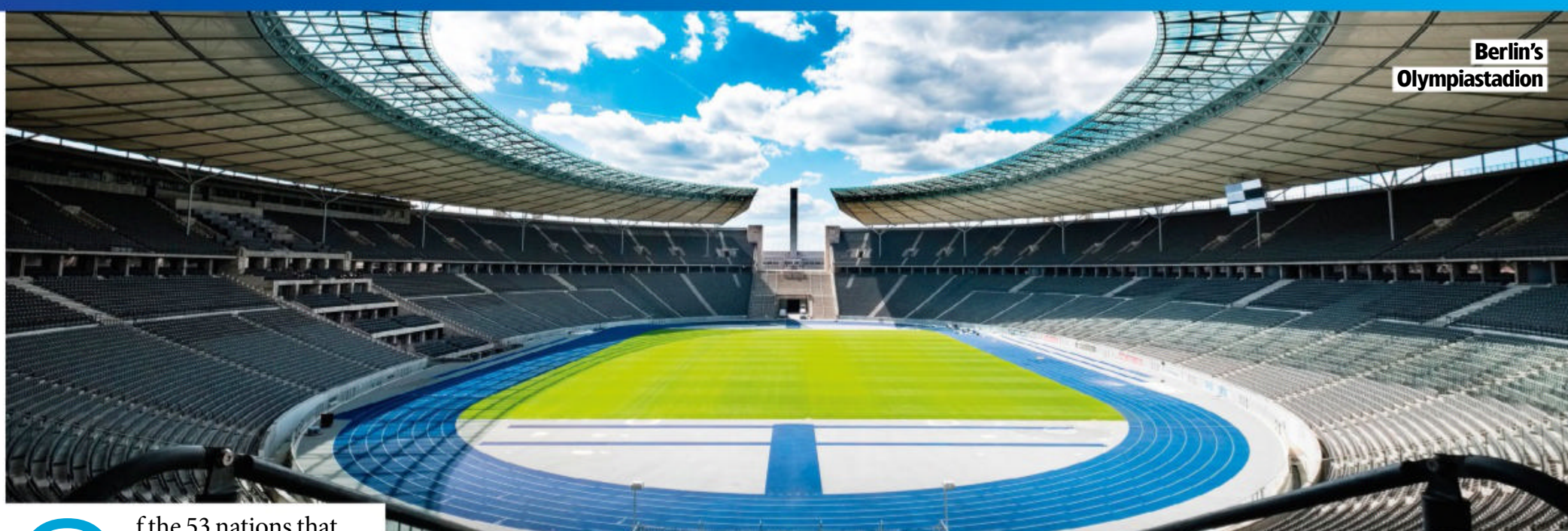
FLORIAN WIRTZ (Germany)

The 21-year-old playmaker is one of the hottest properties in world football after inspiring Bayer Leverkusen to a historic Bundesliga title this season, and will be central to Julian Nagelsmann's plans.



Destination Deutschland

As Germany welcomes football fans to Euro 2024, we take a look at the tournament's **iconic venues and most eye-catching kits...**



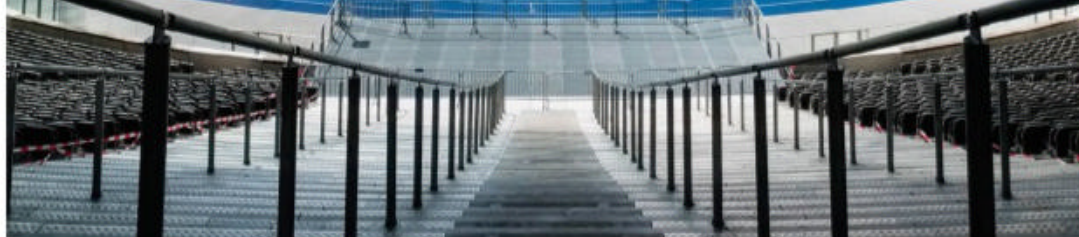
Berlin's Olympiastadion

Of the 53 nations that battled it out over 239 matches in qualification, 23 successful sides have made it through to join hosts Germany for what promises to be a tournament to remember.

The Germans – who beat Turkey in a bid to hold the event – have staged the European Championship once before, in 1988 as West Germany, but this is the first time since reunification. The entire country has embraced the occasion, building huge fan zones with giant screens and putting on music concerts, street art and fitness classes to entertain the millions of visitors from across the continent.

It's also a return to the tournament's single-nation format, following the delayed, pandemic-hit Euro 2020, which was held across 11 different countries and featured much-reduced attendances, with a capped capacity of just 13,000 for the games played in Munich.

This time, as Munich hosts Euro 2024's opening match between Germany and Scotland, there'll be 66,000 spectators cheering on the teams, with the Tartan Army in full voice – so what better way to welcome back Europe's biggest celebration of the beautiful game?

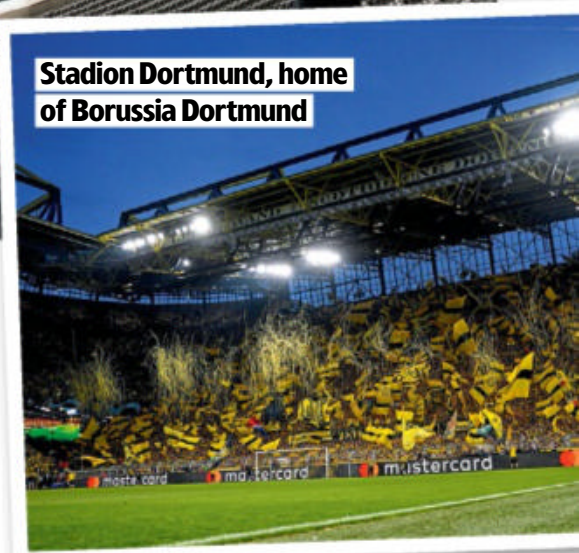


THE VENUES

Ten cities will host games at Euro 2024, with Munich staging the opening match between Germany and Scotland on the evening of Friday 14 June.

Home to Bayern Munich, the 66,000-seat stadium is usually known

as the Allianz Arena, but has been rebranded the Munich Football Arena for Euro 2024 because UEFA does not permit stadium sponsors for its tournaments. Chelsea fans will have fond memories of the ground as it staged the



Stadion Dortmund, home of Borussia Dortmund



The Munich Football Arena

2012 Champions League final, which saw the Blues claim their first title by defeating Bayern Munich on penalties. It's also the home stadium of England skipper Harry Kane, who netted 44 times in front of Munich fans this season.

The largest of the venues, Berlin's Olympiastadion, will stage the Euro 2024 final on Sunday 14 July. Originally built for the 1936 Olympics, the stadium is home to 2. Bundesliga outfit Hertha Berlin and has a capacity of 71,000. It hosted three

STARS AND STRIPS *Five of the most striking shirts at Euro 2024...*

BELGIUM (Away, left)

What's not to like about a kit inspired by comic-book character Tintin? Kevin De Bruyne and co will be



wearing powder-blue shirts and brown shorts in a fun tribute to cartoonist Hergé's Belgian reporter.



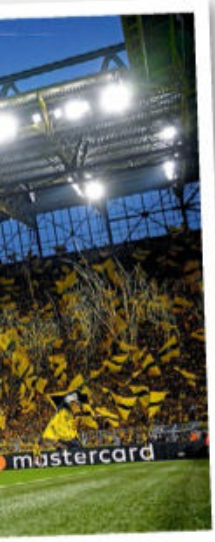
PORTUGAL (Away, left)
This classy design pays



homage to azulejo, the blue mosaic-tile design that decorates traditional architecture in Portugal.

FRANCE (Home, left)
After wearing navy in recent tournaments, France have reverted





matches at the 1974 World Cup, six at the 2006 event – including the final between Italy and France – and the 2015 Champions League final.

steep-terraced South Bank stand, dubbed the ‘Yellow Wall’ for its formidable crowd of yellow-clad Borussia Dortmund fans.



Leipzig Stadium



GERMANY (Away, left)

Germany have ditched their usual black or green change strip and opted for pink and purple.



SPAIN (Away, left)

With its combination of pale yellow and light-blue wave on the side panel, the shirt ‘represents a bustling Spanish beach in the middle of summer,’ according to Adidas.

According to Adidas, it’s inspired by ‘the digital world of the metaverse.’

to a traditional royal blue, with an extra-large cockerel crest for good measure.

FUN FACTS

Ten things you need to know about Euro 2024

1 UEFA has promised ‘the most sustainable football European Championship of all time’ – with green initiatives including reusable beer glasses and discounts on train travel.

2 For the fan zone in Berlin, authorities have built the world’s biggest football goal in front of the 18th-century Brandenburg Gate.

3 Nineteen officials – all men – will referee the 51 matches, including England’s Michael Oliver and Anthony Taylor, along with Slovenian referee Slavko Vincic, who officiated at the 2024 Champions League final.

4 Made by Adidas, the official ‘fussballliebe’ match ball (German for ‘love of football’) features the ‘connected ball technology’ that was first introduced at the 2022 World Cup with a sensor inside the ball to help VAR with any offside decisions.

5 Nations will be allowed 26-man squads, an increase from the traditional 23 players. It follows the 26-man squads at Euro 2020, due to the impact of



Berlin’s fan park under construction

COVID-19, and also 26 at the 2022 World Cup because it was played in the middle of Europe’s domestic season.

6 Topps, the American trading-card company, won the rights to take over from Panini as UEFA’s official sticker-album partner. However, Panini still holds the image rights to certain players, such as John Stones and Phil Foden, causing Topps to fill out its pages with some unlikely English players – including Leicester City’s Luke Thomas, who has never been capped.



Referee Michael Oliver

7 After OneLove rainbow armbands were banned at the 2022 World Cup, the symbol of anti-discrimination looks set to be allowed at Euro 2024. UEFA president Aleksander Ceferin has said he wants the tournament to have ‘a free choice of captain’s armband’.

8 The Euro 2024 mascot is Albärt, an homage to the teddy-bear toy, which is said to have originated in Germany in the early 20th century.

9 Each host city has a sporting ambassador, with former West Germany goalkeeper Harald ‘Toni’ Schumacher selected for Cologne – despite his infamous foul on Patrick Battiston at the 1982 World Cup that left the France player unconscious.

10 Captains will be the only players allowed to speak to the referee and discuss a decision during matches in order to avoid any melees.



Official Euro 2024 mascot Albärt



England's Lionhearts



Alan Shearer

Former striker **Alan Shearer** believes Gareth Southgate's talented team can bring the trophy home...

England came so close three years ago. Can they go one step further in Germany? I firmly believe that England have as good a chance at winning a trophy as we've ever had. It is an opportunity for these boys to be iconic. We've got Serbia, Denmark and Slovenia in the group, and I don't think they're anything to be scared of. If there's going to be a year, this should be it.

Who is the standout player in Gareth Southgate's squad? Jude Bellingham could be the X factor. When you think of the pressure of playing for Real Madrid at his young age, playing for England in a Euros will not faze him in the slightest. He will play a huge part in what England do.

Who do you think should partner Harry Kane up front? There's no doubt Harry will start every game but, if for any reason he is not fit, or if we need to change things and bring someone else on,

Gareth Southgate's team enter the tournament as one of the favourites

Ivan Toney and Ollie Watkins are good options. They're very different understudies. Watkins will run in behind the opposition defence because of his pace, while Toney is a target man and a brilliant spot-kick taker.

Do you think that this will be Gareth Southgate's last tournament as England manager? If he doesn't win the trophy, then I would suspect so, yes. And I think that would be his choice, rather than the FA's choice. However, if you win the Euros, are you going to walk away from the chance to win the 2026 World Cup?

You played in two Euros. What are your memories? I ended up as top scorer at Euro 96 and it was the defining moment in my England career. I also remember Paul Gascoigne waking us all up every morning at the team hotel by opening his bedroom window and playing *Three Lions* on his CD player at full blast.

'If there's going to be a year, this should be it'

ALAN SHEARER



PHOTOS: GETTY



Harry Kane has been on fire for Bayern Munich

Returning

England captain **Harry Kane** has a proven track record in Germany

When Harry Kane leads out the Three Lions for their opening group-stage match against Serbia in Gelsenkirchen on Sunday 16 June, the England captain will do so with the confidence that he knows how to find the net on German soil.

Kane left Tottenham Hotspur last summer to

join Bayern Munich, and has more than justified his £86 million price tag by scoring 36 league goals – the most by a player in their debut Bundesliga season.

Despite his efforts, Bayern lost out to the undefeated Bayer Leverkusen in the race for the title, leaving Kane still to win a major trophy in an illustrious career, and he'll be desperate to end that

From left: John Stones, Bukayo Saka and Kyle Walker



Ollie Watkins has plenty of pace

hero

hoodoo with England this summer.

The 30-year-old has scored a record 62 goals for his country since his debut in 2015, and his knack for finding the net will be vital if Gareth Southgate's men are to win the European Championship.

'I'm extremely proud to have those sort of goal-scoring records,' says Kane. 'But I want to be winning trophies and that's missing from my career so far. But I'm not going to panic. I'm going to keep my head down, and keep doing my best for my team.'



THE SQUAD*

GOALKEEPERS



JORDAN PICKFORD

Everton
Age 30 Caps 60
Goals 0



AARON RAMSDALE

Arsenal
Age 26 Caps 4
Goals 0



DEAN HENDERSON

Crystal Palace
Age 27 Caps 1
Goals 0



Pickford in action for England

DEFENDERS



TRENT ALEXANDER-ARNOLD

Liverpool
Age 25 Caps 23
Goals 2



KYLE WALKER

Manchester City
Age 34 Caps 82
Goals 1



KIERAN TRIPPIER

Newcastle United
Age 33 Caps 46
Goals 1



LUKE SHAW

Manchester United
Age 28 Caps 31
Goals 3



HARRY MAGUIRE

Manchester United
Age 31 Caps 63
Goals 7



JOHN STONES

Manchester City
Age 30 Caps 71
Goals 3



JOE GOMEZ

Liverpool
Age 27 Caps 13
Goals 0



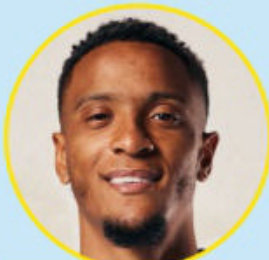
JARRAD BRANTHWAITE

Everton
Age 21 Caps 0
Goals 0



MARC GUÉHI

Crystal Palace
Age 23 Caps 9
Goals 0



EZRI KONSA

Aston Villa
Age 26 Caps 2
Goals 0

MIDFIELDERS



DECLAN RICE

Arsenal
Age 25 Caps 50
Goals 3



CONOR GALLAGHER

Chelsea
Age 24 Caps 12
Goals 0



KOBBIE MAINOO

Manchester United
Age 19 Caps 2
Goals 0



JACK GREALISH

Manchester City
Age 28 Caps 35
Goals 2



JUDE BELLINGHAM

Real Madrid
Age 20 Caps 29
Goals 3

FORWARDS



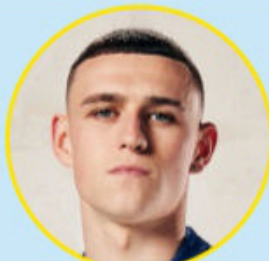
HARRY KANE

Bayern Munich
Age 30 Caps 89
Goals 62



BUKAYO SAKA

Arsenal
Age 22 Caps 32
Goals 11



PHIL FODEN

Manchester City
Age 24 Caps 33
Goals 4



OLLIE WATKINS

Aston Villa
Age 28 Caps 11
Goals 3



IVAN TONEY

Brentford
Age 28 Caps 2
Goals 1



COLE PALMER

Chelsea
Age 22 Caps 2
Goals 0



ANTHONY GORDON

Newcastle United
Age 23 Caps 2
Goals 0



EBERECHI EZE

Crystal Palace
Age 25 Caps 2
Goals 0



Phil Foden is an attacking option

*Our predicted squad ahead of final selection.
Caps/goals accurate before June's warm-up games



Scotland the brave



Ally McCoist

Can Steve Clarke's side take the Euros by storm? Former striker **Ally McCoist** predicts a history-making campaign...

Who do you think will win Euro 2024? France and England are the best two teams in the tournament, and I'm also looking forward to watching Portugal – but I think France will win it. Les Bleus are an excellent football team with experience of winning trophies.

Scotland have failed to make it past the first round at 11 major tournaments. How far can they go? This is a really good chance for Scotland to make it through the group at a tournament. Four teams will qualify in third place, so if we can win a game – and we're more than capable of doing that – then we've got a chance. Getting out of the group has maybe been a mental barrier for Scotland, and we've been hit by some injuries in the lead-up to Euro 2024, but I still believe we can get into the knockout stage.

Who are your standout players in Steve Clarke's squad? Guys like Scott McTominay, John McGinn, Andrew Robertson and Kieran Tierney are playing at the top level. They've been excellent for us. We've got options up front. The strikers all bring something different. Lawrence Shankland is maybe the best finisher, Lyndon Dykes could potentially lead the line better than the other two, and Ché Adams runs in better behind.

How does this Scotland team compare to previous teams? Steve Clarke has done a great job and they look like a happy squad. But we've had some brilliant teams in the past. At the 1978 World Cup, you had Kenny Dalglish,

Graeme Souness and guys like that going to Argentina. And the 1982 team was a good side, too.

You played in two Euros for Scotland. What are your memories? In 1996, I thought we'd done enough to qualify [for the knockout stage by beating Switzerland in their third game], but England lost a late goal against the Netherlands. I remember kidding [England's] David Seaman, saying he had cost us qualification. He said, 'I think you'll find you did – when you put that shot over the bar.' It was very difficult to argue with him! That was a sore one, but it wasn't to be.



Scotland boss Steve Clarke

Captain fantastic

Scotland skipper **Andrew Robertson** brings a wealth of experience to the Euros



Winning the 2024 EFL Cup

Back for his second successive European Championships as Scotland captain, world-class defender Andrew Robertson is on a mission to write Steve Clarke's team into the history books by progressing from

the group stage in a major tournament for the first time.

'We have to be the team that

'It's still an honour – that feeling hasn't diminished'

ANDREW ROBERTSON

creates history,' says the 30-year-old Liverpool stalwart, who could captain Scotland for a 50th time during the tournament. 'It will be pretty special if I tick that off, given the captains who came



Stuart Armstrong and John McGinn
celebrate during qualification

Lawrence Shankland

before me. Their lasting legacies carry a lot of weight.'

Starting out as a youth player at Celtic, Glasgow-born Robertson's senior career took him to Queen's Park, Dundee United and Hull City before Jürgen Klopp signed him for Liverpool in 2017. The left-back has gone on to make over 200 appearances for the Reds, winning the Premier League, the FA Cup, two League Cups and the 2019 Champions League.

He made his Scotland senior team debut in 2014 under Gordon Strachan, and was first appointed captain in 2018 by Alex McLeish.

'I'm a more experienced player and a more experienced captain,' he says, looking back on his first time wearing the armband. 'But it's still an honour, and that feeling hasn't diminished one bit.'



THE SQUAD*

GOALKEEPERS



ZANDER CLARK

Heart of Midlothian
Age 31 Caps 3
Goals 0



CRAIG GORDON

Heart of Midlothian
Age 41 Caps 74
Goals 0



ANGUS GUNN

Norwich City
Age 28 Caps 9
Goals 0



Angus Gunn
in goal

DEFENDERS



LIAM COOPER

Leeds United
Age 32 Caps 18
Goals 0



GRANT HANLEY

Norwich City
Age 32 Caps 48
Goals 2



SCOTT McKENNA

FC Copenhagen
Age 27 Caps 33
Goals 1



JACK HENDRY

Al-Ettifaq
Age 29 Caps 30
Goals 3



ROSS McCRORIE

Bristol City
Age 26 Caps 0
Goals 0



GREG TAYLOR

Celtic
Age 26 Caps 13
Goals 0



RYAN PORTEOUS

Watford
Age 25 Caps 10
Goals 1



ANTHONY RALSTON

Celtic
Age 25 Caps 8
Goals 1



ANDREW ROBERTSON

Liverpool
Age 30 Caps 69
Goals 3



JOHN SOUTTAR

Rangers
Age 27 Caps 9
Goals 1

MIDFIELDERS



STUART ARMSTRONG

Southampton
Age 32 Caps 50
Goals 5



RYAN CHRISTIE

Bournemouth
Age 29 Caps 47
Goals 5



BILLY GILMOUR

Brighton
Age 22 Caps 25
Goals 1



CALLUM MCGREGOR

Celtic
Age 30 Caps 58
Goals 3



KIERAN TIERNEY

Real Sociedad
Age 27 Caps 43
Goals 1



JOHN MCGINN

Aston Villa
Age 29 Caps 64
Goals 18



SCOTT MCTOMINAY

Manchester United
Age 27 Caps 49
Goals 8



KENNY McLEAN

Norwich City
Age 32 Caps 36
Goals 2



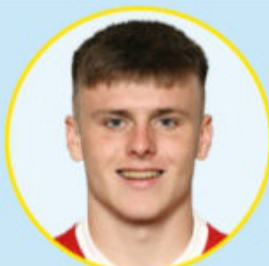
Young star
Billy Gilmour

FORWARDS



CHÉ ADAMS

Southampton
Age 27 Caps 29
Goals 5



BEN DOAK

Liverpool
Age 18 Caps 0
Goals 0



LYNDON DYKES

Queens Park Rangers
Age 28 Caps 36
Goals 9



JAMES FORREST

Celtic
Age 32 Caps 38
Goals 5



LAWRENCE SHANKLAND

Heart of Midlothian
Age 28 Caps 9
Goals 2

*Our predicted squad ahead of final selection.
Caps/goals accurate before June's warm-up games



Group A

Under-pressure hosts Germany kick off the tournament against a resurgent Scotland



SCOTLAND

Scotland are appearing in a fourth Euros, but will want a better showing than the last tournament when they finished bottom of their group with just a single point for their efforts (albeit earned in a satisfying draw against the 'auld enemy' England at Wembley). The side's recent resurgence has been impressive, although slightly tarnished by a disappointing

home defeat to Northern Ireland in March's friendly at Hampden Park – which followed a 4-0 defeat to the Netherlands.

PLAYERS TO WATCH

There's no shortage of Premier League pedigree in Scotland captain and Liverpool

defender Andy Robertson, and Manchester United midfielder Scott McTominay, who has been in excellent form for his club this season. Alongside him, Aston Villa's John McGinn and Brighton's Billy Gilmour make up a formidable midfield trio.

THE COACH

Former Chelsea player Steve Clarke, 60, was appointed in 2019 and has now guided Scotland to consecutive Euros.

HOW THEY QUALIFIED

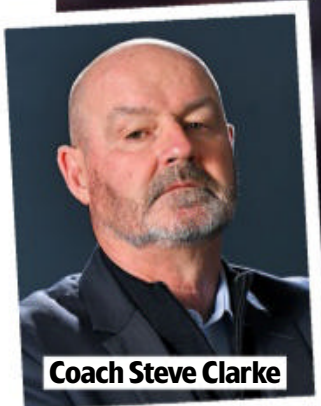
Group runners-up, recording a historic 2-0 victory over table-toppers Spain – their first victory in the fixture for 39 years.

BEST EUROS PERFORMANCE

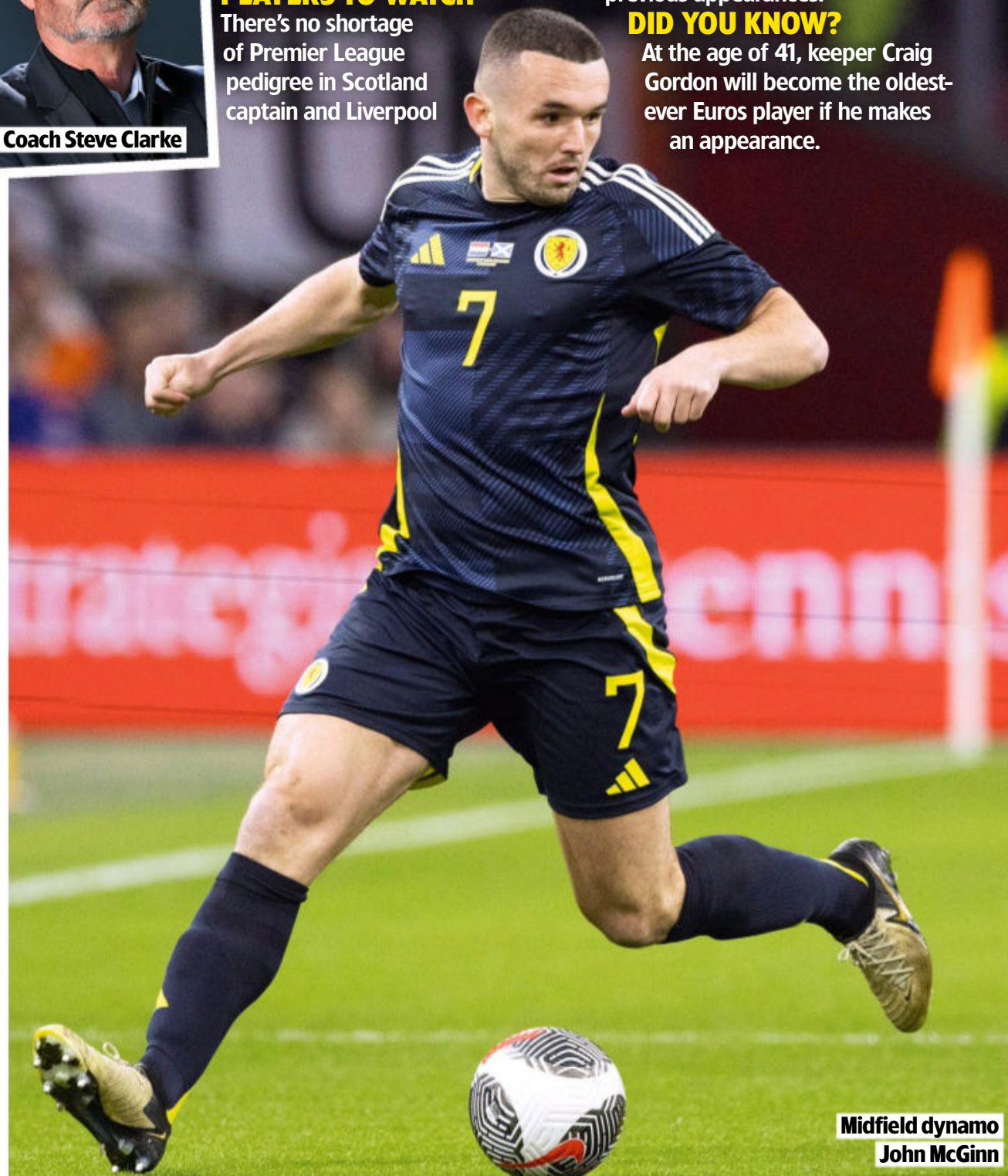
Failed to get out of the group stage in three previous appearances.

DID YOU KNOW?

At the age of 41, keeper Craig Gordon will become the oldest-ever Euros player if he makes an appearance.



Coach Steve Clarke



Midfield dynamo
John McGinn



Germany captain
Ilkay Gündogan



Real Madrid
legend Toni Kroos

In-form Arsenal
forward Kai Havertz



HUNGARY

Much-improved Hungary have a squad that is less reliant on home-based players. However, escaping the group would still be a big achievement. After 30 years without qualifying for a major tournament, Hungary have qualified for the last three Euros and, from a lowly 87th FIFA ranking, risen to play in Nations League A.

PLAYERS TO WATCH

Liverpool midfielder Dominik Szoboszlai, who captains the national side, and SC Freiburg winger Roland Sallai are the standouts. Goalkeeper Péter Gulácsi also plays in the Bundesliga for RB Leipzig, while Bournemouth's 20-year-old defender Milos Kerkez is a real prospect.

THE COACH

Italian Marco Rossi, 59, who played for Sampdoria in the 1990s, has been in the job since 2018.

HOW THEY QUALIFIED

Group winners ahead of Serbia, despite draws with relative minnows Lithuania and Bulgaria.

BEST EUROS PERFORMANCE

Third, beating Denmark in the third-place play-off match at the 1964 finals in Spain.

DID YOU KNOW?

Aged 40 years and 86 days at Euro 2016, Hungary goalie Gábor Király is the oldest player to appear in the tournament – but he could lose his record this year.

THE GROUP GAMES

Fri 14 June: **GERMANY v SCOTLAND** (8pm, ITV)

Sat 15 June: **HUNGARY v SWITZERLAND** (2pm, ITV)

Wed 19 June: **GERMANY v HUNGARY** (5pm, BBC)

Wed 19 June: **SCOTLAND v SWITZERLAND** (8pm, BBC)

Sun 23 June: **SCOTLAND v HUNGARY** (8pm, BBC)

Sun 23 June: **SWITZERLAND v GERMANY** (8pm, BBC)



GERMANY

Despite their illustrious footballing history, the hosts have failed to progress from the group stage in the last two World Cups, and lost to England in the last-16 round of Euro 2020. Since 2022, they've suffered defeats to the likes of Japan, Colombia, Poland, Austria and Turkey, and lost manager Hansi Flick. The pressure is on, and no host nation has won the Euros since France in 1984.

PLAYERS TO WATCH

After three years out of the national side, the return of veteran midfielder Toni Kroos has had a stabilising influence. Former Manchester City midfielder Ilkay Gündogan is captain and one of the most-capped players in the squad, while forward Kai Havertz has found a new lease of life since his move from Chelsea to Arsenal. Familiar faces include Bayern Munich's Leroy Sané, Brighton midfielder Pascal Gross and evergreen striker Thomas Müller, who turns 35 this year.

THE COACH

Julian Nagelsmann, 36, managed three sides in the Bundesliga, including Bayern Munich. His contract comes to an end after this tournament.

HOW THEY QUALIFIED

As hosts.

BEST EUROS PERFORMANCE

Winners in 1972, 1980 (both as West Germany) and 1996.

DID YOU KNOW?

Germany are making a record 14th appearance, having only failed to qualify in 1968.



Liverpool star
Dominik Szoboszlai

+ SWITZERLAND

The Swiss have reached the knockout stages at the last two European Championships they have taken part in, but need to improve on a lacklustre qualifying campaign in which they drew five of their 10 matches, with Burnley's Zeki Amdouni netting six goals.

PLAYERS TO WATCH

Granit Xhaka is the squad's most-capped player, and helped Bayer Leverkusen win the Bundesliga this season. Newcastle's Fabian Schär brings a wealth of experience in defence, alongside Manchester City's Manuel Akanji. Former Liverpool winger Xherdan Shaqiri, now playing MLS in America, is the country's second-most capped player and fourth-highest goalscorer.

THE COACH

Murat Yakin, 49, earned 49 caps for the national team, playing at Euro 2004. He managed a number of Swiss clubs and had a spell at Spartak Moscow before being appointed manager of Switzerland in 2021.

HOW THEY QUALIFIED

Runners-up behind group winners Romania.

BEST EUROS PERFORMANCE

Quarter-finals at Euro 2020, losing to Spain on penalties.

DID YOU KNOW?

Under English manager Roy Hodgson in the early 1990s, the Swiss side shot up the FIFA rankings to third in the world.



The experienced
Granit Xhaka



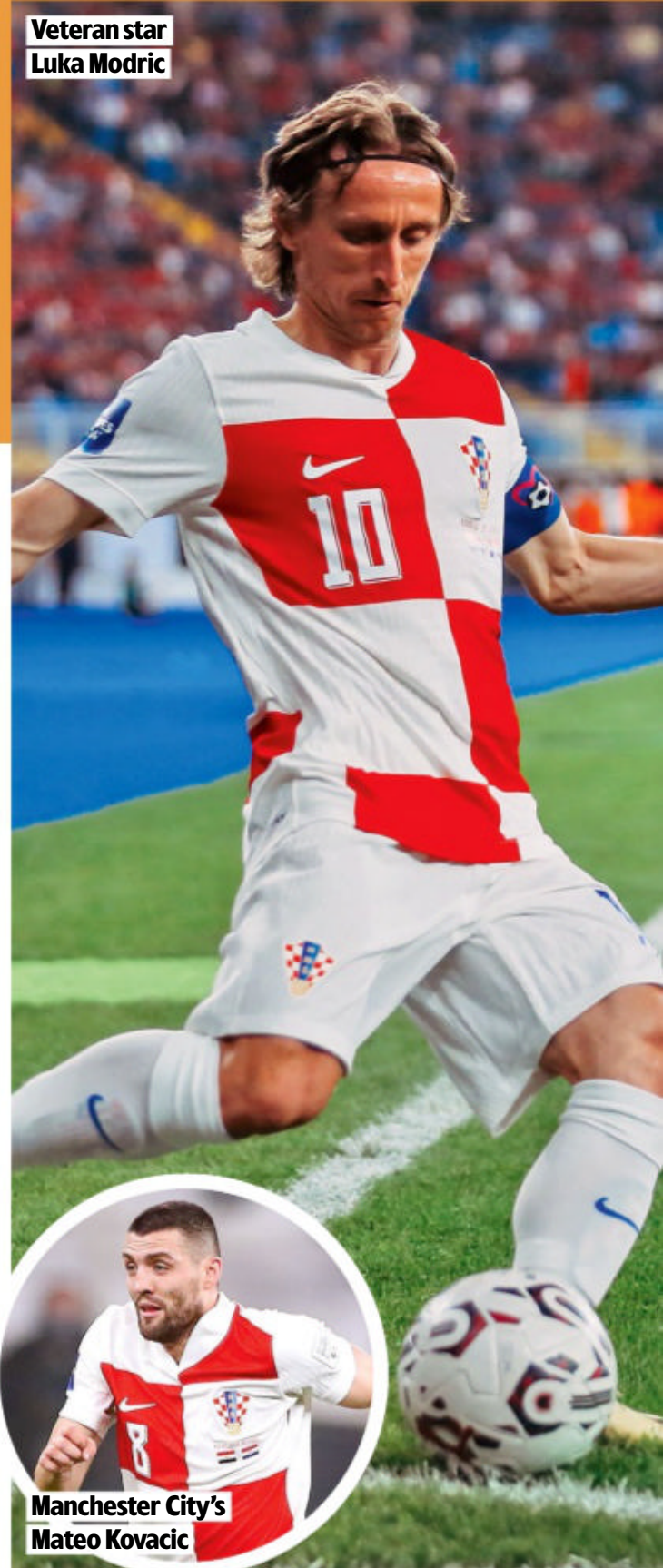
Zeki Amdouni
of Burnley



Group B

Struggling holders Italy join Croatia and three-time champions Spain in **the tournament's group of death**

Andrea Belotti (centre) and his teammates celebrating with the trophy in 2021



Veteran star
Luka Modric

Manchester City's
Mateo Kovacic

ITALY

The reigning European champions have been disappointing since lifting the trophy at Wembley in July 2021. The Azzurri failed to qualify for the 2022 World Cup and coach Roberto Mancini later stepped down in the middle of a Euro 2024 qualifying campaign that saw his side outclassed by England.

PLAYERS TO WATCH

Bukayo Saka will be glad to know that defensive stalwart Giorgio Chiellini has retired, while his centre-back partner Leonardo Bonucci has also called it a day. Inter Milan's Francesco Acerbi is equally experienced in defence while Arsenal's Jorginho adds steel in midfield.



Italy goalkeeper
Gianluigi
Donnarumma

Goalkeeper Gianluigi Donnarumma, who was player of the tournament at Euro 2020, captains a side that includes Juventus star Federico Chiesa.

THE COACH

Luciano Spalletti, 65, led Napoli to the Serie A title in 2023, their first since 1990, and was appointed Italy coach in 2023, guiding the team to two draws that secured their place in Germany.

HOW THEY QUALIFIED

Group runners-up behind England, ahead of Ukraine on superior head-to-head results.

BEST EUROS PERFORMANCE

Winners in 1968, on home soil, and 2021.

DID YOU KNOW?

Leonardo Bonucci became the oldest player (34 years, 71 days) to score in a European Championship final when he netted Italy's equaliser against England three years ago.



ALBANIA

Not surprisingly, Albania are not tipped to get out of the group. Progression will depend on the type of solid defensive performances that have become their trademark.

PLAYERS TO WATCH

Berat Djimsiti and Elseid Hysaj are formidable in defence, and Jasir Asani, who plays in South Korea, is capable of scoring exceptional goals from distance. Currently on loan at Fulham, Chelsea's Armando Broja should feature up front and could be a key player.

THE COACH

Former Brazil left-back Sylvinho, 50, won the Champions League twice with Barcelona and also played for Arsenal and Manchester City.

HOW THEY QUALIFIED

Group winners ahead of Poland and the Czech Republic, losing only one game.

BEST EUROS PERFORMANCE

Albania's only previous appearance at the Euros came in 2016, when they failed to progress from a tough group.

DID YOU KNOW?

Former Argentina defender Pablo Zabaleta is on the coaching staff after being recruited by one-time Manchester City teammate Sylvinho.



CROATIA

Since being admitted to world football in 1992, the Vatreni have qualified for every Euros with the exception of Euro 2000. They were runners-up at the 2018 World Cup, third at the 2022 World Cup, and second in the 2023 Nations League. Can they finally lift a major trophy in what's likely to be talisman Luka Modric's last Euros as part of a Croatian 'golden generation'?

PLAYERS TO WATCH

Now aged 38, Real Madrid's Modric remains a brilliant playmaker, while Manchester City's Mateo Kovacic should earn his 100th cap this summer. Also bringing considerable international experience to the squad are fellow veterans Marcelo Brozovic, Tottenham's Ivan Perisic and Domagoj Vida of AEK Athens.

THE COACH

Regarded as the national team's greatest-ever manager, Zlatko Dalic, 57, has led Croatia to huge success at successive World Cups and seen them qualify for the Euros twice since taking the job in 2017.

HOW THEY QUALIFIED

Group runners-up behind Turkey.

BEST EUROS PERFORMANCE

Quarter-finals at Euro 96 – with a team including all-time top scorer Davor Suker, losing to eventual winners Germany – and in 2008.

DID YOU KNOW?

Luka Modric became the first player to appear at both the Euros and the World Cup in three different decades.



Albania striker
Armando Broja

THE GROUP GAMES

Sat 15 June: **SPAIN v CROATIA** (5pm, ITV)

Sat 15 June: **ITALY v ALBANIA** (8pm, BBC)

Wed 19 June: **CROATIA v ALBANIA** (2pm, ITV)

Thu 20 June: **SPAIN v ITALY** (8pm, ITV)

Mon 24 June: **ALBANIA v SPAIN** (8pm, BBC)

Mon 24 June: **CROATIA v ITALY** (8pm, BBC)



SPAIN

With a mix of exciting youngsters and seasoned campaigners, the La Roja squad is packed with talent. Their group match against Italy in Gelsenkirchen on 20 June will be a much-anticipated repeat of the 2012 Euros final that saw Spain cruise to a 4-0 win.

PLAYERS TO WATCH

Spain's youngest-ever player, Barcelona teenage sensation Lamine Yamal, could be the star of the tournament. Among the more experienced players, Rodri has had an outstanding season at Manchester City, while Atlético Madrid striker Álvaro Morata, who captains the side, has rediscovered his scoring touch. Aymeric Laporte, now playing his trade in Saudi Arabia, brings experience to the defence.

THE COACH

Luis de la Fuente, 62, coached Spain's Under 19s, Under 21s and Under 23s before he succeeded Luis Enrique in 2022.

HOW THEY QUALIFIED

Group winners ahead of Scotland, despite a shock 2-0 defeat in Glasgow.

BEST EUROS PERFORMANCE

Winners in 1964, 2008 and 2012.

DID YOU KNOW?

After winning the Euros on home soil in 1964, Spain waited 44 years to lift another major international trophy.



Lamine Yamal could
become the youngest
ever player at a Euros



Spain's midfield
general Rodri



Group C

England are among the tournament favourites
but must avoid some group-stage banana skins



DENMARK

Denmark performed well at the last Euros despite losing their talisman Christian Eriksen following a traumatic on-field cardiac arrest. They eventually reached the semi-finals, where they were beaten in extra-time by England. However, they were underwhelming at the 2022 World Cup in Qatar, when they were dumped out in the group stage by Australia.

PLAYERS TO WATCH

Manchester United striker Rasmus Højlund can be a real handful up front and has found form after a difficult start to life in the Premier League. His pace and strength will be crucial, especially given the fading powers of the team's creative hub, Christian Eriksen. In the midfield, the experience of Pierre-Emile Højbjerg will be key, while skipper Simon Kjær has been in excellent form for Milan.

THE COACH

Kasper Hjulmand, 52, enjoyed early success after taking charge in 2020, but his side scored just one goal during a poor World Cup campaign in Qatar.

HOW THEY QUALIFIED

Group winners ahead of Slovenia.

BEST EUROS PERFORMANCE

Winners in 1992.

DID YOU KNOW?

Denmark's first coach was Englishman Charlie Williams, a former Manchester City goalkeeper, who led the side to the 1908 Olympic final, which they lost 2-0 to Great Britain.

Young striker
Rasmus Højlund



Christian
Eriksen



Midfield star
Declan Rice



Real Madrid's
Jude Bellingham



SLOVENIA

Slovenian players competed as part of Yugoslavia between 1960 and 1992, and the current team will be lining up against neighbours Serbia when the nations clash in Munich on 20 June. Slovenia have only appeared at the Euros once before, failing to win a match in 2000.

PLAYERS TO WATCH

RB Leipzig's young centre forward Benjamin Šeško has strong finishing and poses an aerial threat, while Atlético Madrid's Jan Oblak is one of the world's best goalkeepers.

THE COACH

Matjaž Kek, 62, is in his second spell in charge and has seen steady progress since he retook the role in 2018.

HOW THEY QUALIFIED

Group runners-up, level on points with Denmark but beaten on head-to-head.

BEST EUROS PERFORMANCE

Group stage at Euro 2000.

DID YOU KNOW?

Slovenia is the smallest country at Euro 2024 with a population of 2.1 million.



THE GROUP GAMES

Sun 16 June: **SLOVENIA v DENMARK** (5pm, ITV)
Sun 16 June: **SERBIA v ENGLAND** (8pm, BBC)

Thu 20 June: **SLOVENIA v SERBIA** (2pm, ITV)
Thu 20 June: **DENMARK v ENGLAND** (5pm, BBC)

Tue 25 June: **ENGLAND v SLOVENIA** (8pm, ITV)
Tue 25 June: **DENMARK v SERBIA** (8pm, ITV)



ENGLAND

The Three Lions came within a whisker of a first European title when they lost to Italy in the Euro 2020 final. The current squad is blessed with a top-class front line that's the envy of world football, although the defence seems less secure than in previous years.

Can Gareth Southgate unleash the team's potential and claim England's first silverware since 1966?

PLAYERS TO WATCH

Chelsea's Cole Palmer and Aston Villa's Ollie Watkins are able deputies for Bayern Munich striker Harry Kane, arguably the best centre forward on the planet. Declan Rice is crucial in midfield, while keeper Jordan Pickford has rarely let his nation down. The key player could be Jude Bellingham, who's scored a host of goals for Real Madrid this season.

THE COACH

Appointed in 2016, Gareth Southgate, 53, is taking charge of England at a major international tournament for the fourth time.

HOW THEY QUALIFIED

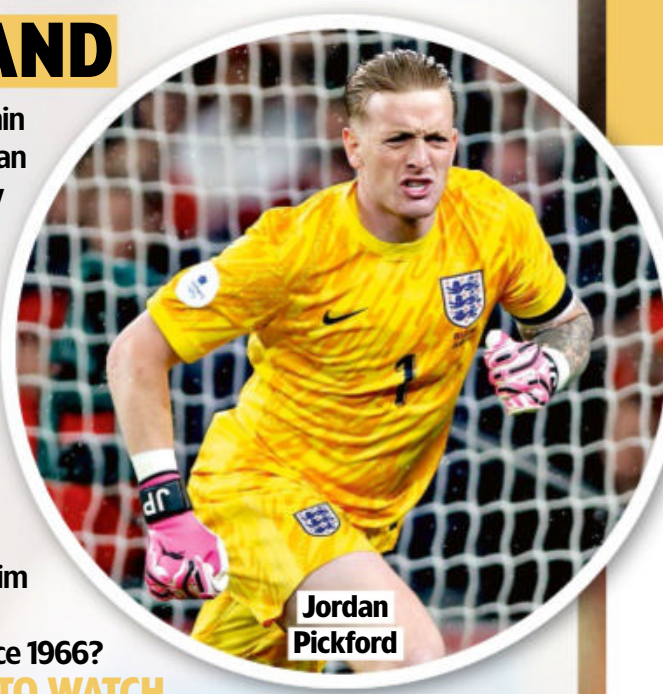
Undefeated group winners ahead of Italy.

BEST EUROS PERFORMANCE

Runners-up at Euro 2020.

DID YOU KNOW?

Gareth Southgate has won six tournament knockout matches since 2018, more than any other England manager.



Jordan Pickford



Benjamin Seško
of Slovenia (left)



SERBIA

Formerly part of Yugoslavia, this will be Serbia's first appearance at the finals as an independent nation, having been beaten by Scotland in a penalty shoot-out in the play-off final in 2020. They have appeared in four World Cups since 2006, including Qatar 2022, but failed to progress beyond the group stage on each occasion.

PLAYERS TO WATCH

Former Fulham striker Aleksandar Mitrovic was Serbia's top scorer in qualifying and the 29-year-old, now playing for Al Hilal in Saudi Arabia, forms a powerful attack with Dušan Vlahovic, who's bagged plenty of goals for Juventus this season. In midfield, record cap-holder Dušan Tadic will look to pull the strings alongside Fulham's Saša Lukic.

THE COACH

Legendary midfielder Dragan Stojkovic briefly played alongside Gary Lineker at Japanese side Nagoya Grampus, later becoming the side's coach. Now 59, he was appointed Serbia boss in 2021.

HOW THEY QUALIFIED

Group runners-up behind Hungary.

BEST EUROS PERFORMANCE

This year is Serbia's first appearance.

DID YOU KNOW?

Ex-Aston Villa striker Savo Milošević's five goals for Yugoslavia at Euro 2000 earned him the Golden Boot, shared with Netherlands' Patrick Kluivert.



Striker
Aleksandar
Mitrovic



Dušan
Vlahovic



Group D

Can the Netherlands bring France superstar **Kylian Mbappé** down to Earth?

Centre-back
Virgil van Dijk



NETHERLANDS

The Oranje will be looking to progress beyond the last eight of a major finals for the first time since the 2014 World Cup. This is their 11th appearance at the European Championship finals, and coach Ronald Koeman will be out for revenge against France, who defeated his side twice in qualifying.

PLAYERS TO WATCH

This is the first Euros for captain Virgil van Dijk, who missed the 2020 edition because of injury, and he'll be joined by Liverpool teammate Cody Gakpo. Jeremie Frimpong comes into the tournament on the back of Bayer Leverkusen's title-winning season in Germany and is among solid defensive options including van Dijk, Manchester City's

Nathan Ake, Bayern Munich's Matthijs de Ligt and Feyenoord's Lutsharel Geertruida.

THE COACH

Ronald Koeman, 61, is in his second spell as coach, having also won the tournament as a player in 1988. In his first stint as boss, he led the Oranje to Euro 2020 but stepped down before the finals to take the Barcelona job.

HOW THEY QUALIFIED

Group runners-up behind France.

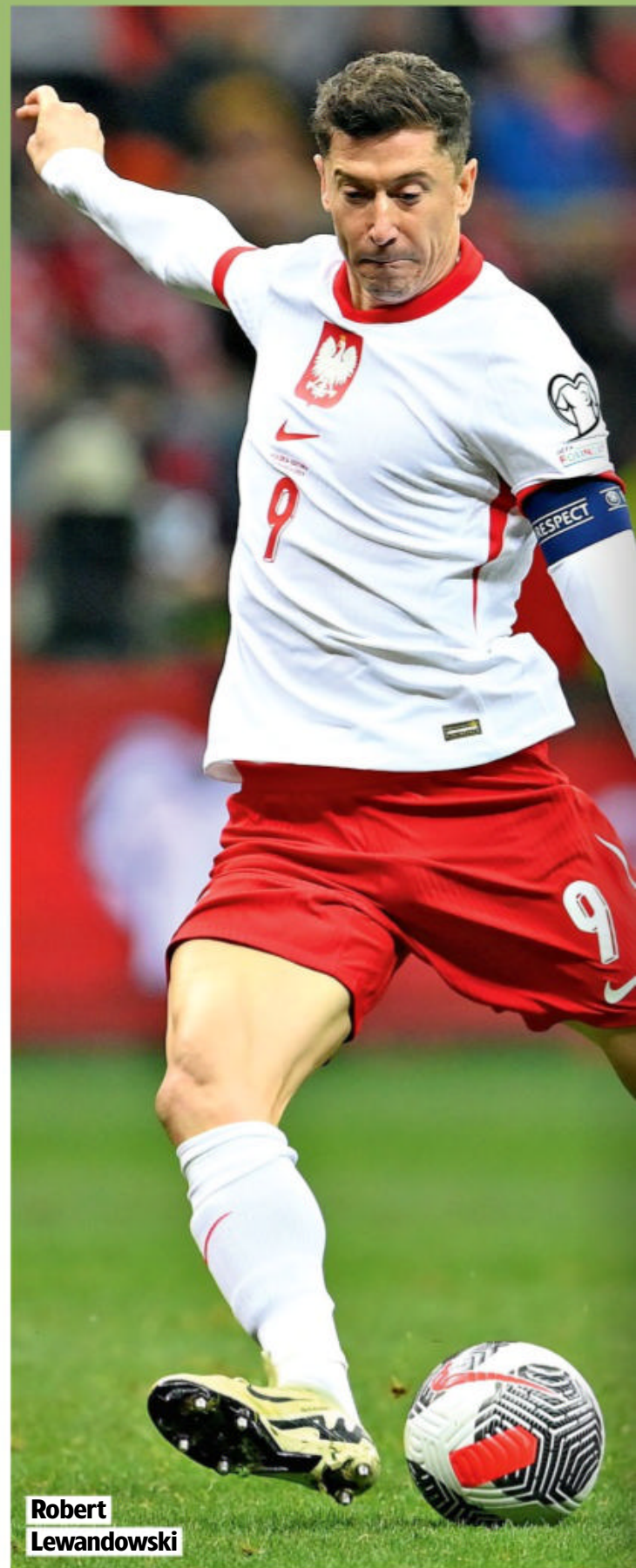
BEST EUROS PERFORMANCE

Winners in 1988 with a team including Ruud Gullit, Frank Rijkaard and Marco van Basten.

DID YOU KNOW?

With nine clean sheets between 1996 and 2008, Netherlands keeper Edwin van der Sar shares the record for most Euros clean sheets (with Spain's Iker Casillas).

Manager
Ronald Koeman



Robert
Lewandowski



AUSTRIA

Austria are appearing in their fourth Euros; they co-hosted with Switzerland in 2008 when they went out in the group stage. Midfielder Christoph Baumgartner scored the fastest-ever goal in international football in March when he netted after six seconds in a friendly against Slovakia.

PLAYERS TO WATCH

Manchester United fans need no introduction to Marcel Sabitzer, who had a loan spell at Old Trafford in 2023. The midfielder helped Borussia Dortmund reach this season's Champions League final. Veteran striker Marko Arnautovic – formerly of Stoke and West Ham – won Serie A with Inter Milan in April.

THE COACH

German boss Ralf Rangnick, 65, had a spell as Man Utd interim coach before being appointed in 2022.

HOW THEY QUALIFIED

Group runners-up behind Belgium.

BEST EUROS PERFORMANCE

Knocked out in the last 16 in 2021 by Italy.

DID YOU KNOW?

Ivica Vastic holds the record as the oldest goalscorer at a Euros – 38 years and 257 days when he netted an injury-time penalty against Poland in 2008.

POLAND

Poland broke Welsh hearts in March when they qualified for the tournament by defeating the Red Dragons on penalties in the play-off final in Cardiff, having beaten Estonia in their semi-final. The Eagles are now in a fifth straight Euros, but have a poor record, finishing bottom of their group on three out of four occasions.

PLAYERS TO WATCH

Once again, the attack will be spearheaded by Barcelona's Robert Lewandowski, his nation's leading goalscorer. Now 35, the Poland skipper remains his team's biggest goal threat despite netting a modest three times in qualifying. Goalkeeper Wojciech Szczesny, now at Juventus after several seasons at Arsenal, saved the crucial spot kick from Wales' Daniel James.

THE COACH

Michal Probiez took over from Fernando Santos after he was sacked following Poland's poor start in the qualifiers. The 51-year-old had achieved cup success as coach of Jagiellonia Bialystok and Cracovia.

HOW THEY QUALIFIED

Defeated Wales in their play-off final after finishing third in their qualifying group.

BEST EUROS PERFORMANCE

Quarter-finals in 2016, losing on penalties to eventual winners Portugal after a 1-1 draw.

DID YOU KNOW?

In 2010, a largely unknown Robert Lewandowski almost signed for Blackburn Rovers, but was prevented from visiting Ewood Park because of the eruption of the Eyjafjallajökull volcano in Iceland.



Marcel Sabitzer

THE GROUP GAMES

Sun 16 June: **POLAND v NETHERLANDS** (2pm, BBC)

Mon 17 June: **AUSTRIA v FRANCE** (8pm, ITV)

Fri 21 June: **POLAND v AUSTRIA** (5pm, ITV)

Fri 21 June: **NETHERLANDS v FRANCE** (8pm, BBC)

Tue 25 June: **NETHERLANDS v AUSTRIA** (5pm, BBC)

Tue 25 June: **FRANCE v POLAND** (5pm, BBC)

Kylian Mbappé



FRANCE

Les Bleus have not missed a Euros since 1988 and will start among the tournament favourites, having been one of the dominant forces in world football for the best part of a decade, winning the 2018 World Cup and very nearly retaining their title at the 2022 edition. However, they have not been European champions since 2000, losing the Euro 2016 final as hosts.

PLAYERS TO WATCH

Ex-PSG forward Kylian Mbappé scored nine times in qualifying and is part of a hugely talented squad that includes veteran strikers Olivier Giroud and Antoine Griezmann, plus Premier League defenders William Saliba of Arsenal and Liverpool's Ibrahima Konate. AC Milan's Mike Maignan is first-choice goalkeeper.

THE COACH

In the hot seat since July 2012, Didier Deschamps, 55, is the third-longest-serving coach of a European nation, behind Andorra's Koldo Álvarez and Luxembourg's Luc Holtz. In that time, he's won the World Cup and 2021 Nations League.

HOW THEY QUALIFIED

Undefeated group winners ahead of the Netherlands, conceding just three goals.

BEST EUROS PERFORMANCE

Winners in 1984, on home soil, and 2000.

DID YOU KNOW?

Striker Olivier Giroud provided the voice of the Green Goblin in the French-dubbed version of 2018 movie *Spider-Man: Into the Spider-Verse*.



France's all-time top goalscorer Olivier Giroud



Group E

Kevin De Bruyne and Romelu Lukaku look set to fire Belgium through to the knockout stages...



The team that won the play-off final



Arsenal's
Oleksandr
Zinchenko

UKRAINE

This will be Ukraine's first appearance at a major tournament since the invasion by Russia in 2022, and it's sure to be an emotional moment. Unable to play home matches in their own country, they only narrowly missed out on an automatic qualification spot in a tough group that included England and Italy. A healthy dusting of players from Europe's top leagues means Serhiy Rebrov's men should progress from the group.

PLAYERS TO WATCH

Despite playing left-back for Arsenal, Oleksandr Zinchenko often starts in the centre of midfield for the national side, where he dictates play with his wide range of passing. Winger Mykhailo Mudryk, who joined Chelsea for £89m last year, has an eye for goal, and is supported by Girona striker Viktor Tsygankov.

THE COACH

Former Dynamo Kyiv and Spurs striker Serhiy Rebrov, 50, took the position during the qualifying campaign.

HOW THEY QUALIFIED

Finishing behind England and Italy in qualifying, they defeated Bosnia & Herzegovina and Iceland in the play-offs.

BEST EUROS PERFORMANCE

Quarter-finals in 2020, where they were beaten 4-0 by England.

DID YOU KNOW?

Ukraine have played home matches in Poland, Czech Republic, Slovakia and Germany since the 2022 invasion.

BELGIUM

Did Belgium's ignominious group-stage exit from the 2022 World Cup mark the end for the Red Devils' much-fabled golden generation? Eden Hazard's retirement and the absence of goalkeeper Thibaut Courtois through injury have added to the sense of change, but Belgium will still be favourites to win this group after making the last eight at the past two Euros.

PLAYERS TO WATCH

Even at 32, Belgium captain and playmaker Kevin De Bruyne remains one of the best midfielders in the world, with the ability to unlock the tightest defences. Meanwhile, Premier League stars Leandro Trossard and Youri Tielemans often pop up with important goals – as the latter proved with a brace against England in March. Manchester City winger Jeremy Doku can also be a match winner with his pace and trickery out wide.

THE COACH

Italian-German coach Domenico Tedesco, 38, took over from Roberto Martinez following the underwhelming 2022 World Cup campaign and has made efforts to revamp the squad.

HOW THEY QUALIFIED

Undefeated as group winners ahead of Austria.

BEST EUROS PERFORMANCE

Runners-up in 1980, losing 3-1 to West Germany.

DID YOU KNOW?

Romelu Lukaku's 14 goals set a new record in a Euros qualifying campaign, with the Roma striker scoring in seven of Belgium's eight matches.



Romelu Lukaku

Manchester City's
Kevin De Bruyne



THE GROUP GAMES

Mon 17 June: **ROMANIA v UKRAINE** (2pm, BBC)

Mon 17 June: **BELGIUM v SLOVAKIA** (5pm, ITV)

Fri 21 June: **SLOVAKIA v UKRAINE** (2pm, BBC)

Sat 22 June: **BELGIUM v ROMANIA** (8pm, ITV)

Wed 26 June: **SLOVAKIA v ROMANIA** (5pm, BBC)

Wed 26 June: **UKRAINE v BELGIUM** (5pm, BBC)



ROMANIA

Appearing at a sixth Euros, Romania have only ever made the knockout stages once, famously scoring a last-gasp penalty to win 3-2 and eliminate England in the group stage in 2000. They have failed to reach any major tournament since 2016, but there's an air of optimism for a team unbeaten in qualifying.

PLAYERS TO WATCH

Romania conceded just five goals in qualifying, with towering centre-back Radu Dragusin a key figure. The biggest goal threat comes from 33-year-old Denis Alibec, who chipped in with three goals in qualifying.

THE COACH

Edward Iordanescu, who turns 46 on 16 June, became national coach in 2022 after managing widely in Romania's domestic league.



Centre-back
Radu Dragusin



Ioan Ganea's famous
penalty at Euro 2000

HOW THEY QUALIFIED

Group winners ahead of Switzerland.

BEST EUROS PERFORMANCE

Quarter-finals in Euro 2000, where they were eliminated by eventual finalists Italy.

DID YOU KNOW?

Edward Iordanescu's father, Anghel, coached Romania in three separate stints, reaching the quarter-finals of the 1994 World Cup.



SLOVAKIA

For a side with no obvious stars, Slovakia have been competitive at the last two Euros, holding England to a 0-0 draw to make it through to the knock-out stages in 2016 and beating Poland last time out. Their tough defence should give them a chance of progressing from a tight group.

PLAYERS TO WATCH

Paris Saint-Germain centre-back and national team captain Milan Skriniar has fine aerial ability and strength in one-on-one situations, while Napoli's Stanislav Lobotka is an effective midfield anchor. Premier League fans will be familiar with Newcastle United shot-stopper Martin Dúbravka.

THE COACH

Italian Francesco Calzona, 55, currently manages Slovakia and Serie A's Napoli.

HOW THEY QUALIFIED

Group runners-up behind Portugal.

BEST EUROS PERFORMANCE

Winners as Czechoslovakia in 1976, their best result since Slovakia's formation in 1993 has been the round-of-16 in 2016.

DID YOU KNOW?

All-time top scorer Marek Hamšík came out of retirement to help Slovakia beat Iceland and Liechtenstein in qualification last year.



Defensive rock
Milan Skriniar





Group F

Will it be a tournament too far for Portugal's age-defying superstar **Cristiano Ronaldo**?



TURKEY

Turkey's preparations were dented by a 6-1 thrashing by Austria in March and the omens don't look good for a nation that's been knocked out in the group stage in their last two Euros appearances, losing all three games in 2021. Their match against Portugal in Dortmund on 22 June will bring back memories of the teams' last meeting, for a place at the 2022 World Cup, when Turkey lost 3-1 in a play-off semi-final.

PLAYERS TO WATCH

Inter Milan midfielder Hakan Çalhanoğlu is playing in his third Euros and remains the main man in the middle of the park, teenage sensation Arda Güler scored on his first La Liga start for Real Madrid in April, and midfielder Salih Özcan was part of the Borussia Dortmund squad that reached this year's Champions League final.

THE COACH

A former striker for Roma, Fulham and Italy, Vincenzo Montella, who turns 50 on 18 June, took charge last September. It's his first international job after spells with Sevilla, Sampdoria, AC Milan and Turkish side Adana Demirspor.

HOW THEY QUALIFIED

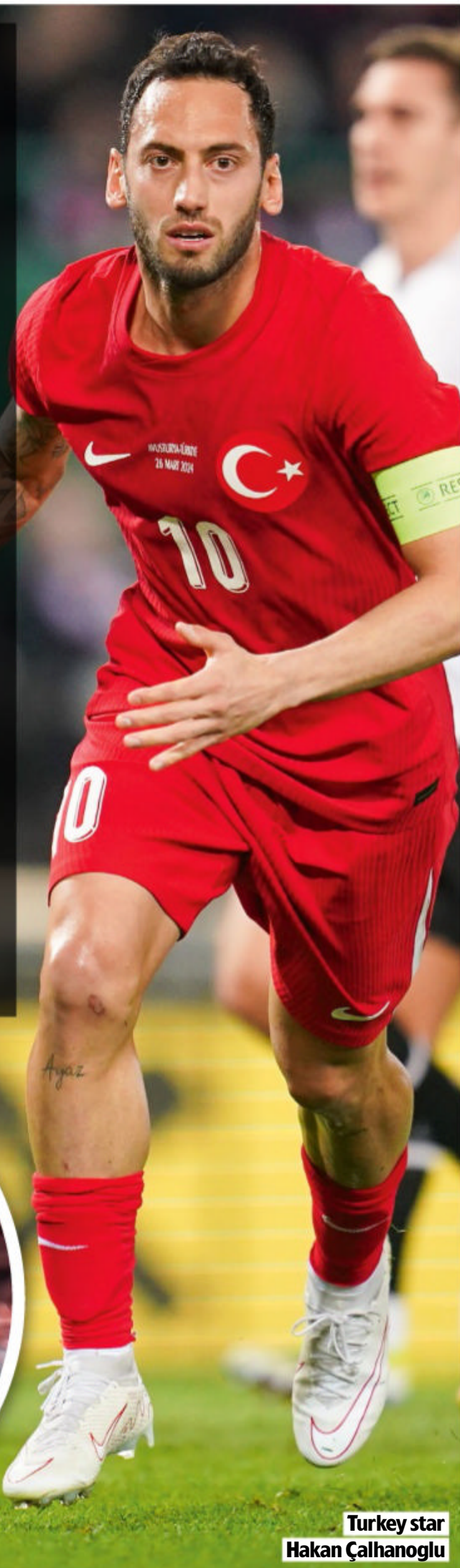
Group winners ahead of Croatia.

BEST EUROS PERFORMANCE

Semi-finals in 2008, losing to Germany.

DID YOU KNOW?

Turkey will be co-hosts of the European Championship finals in 2032 with Italy.



Turkey star
Hakan Çalhanoğlu



Real Madrid's
Arda Güler



Portugal
veteran Pepe



PORTUGAL

Once again, all eyes will be on Portugal's evergreen superstar Cristiano Ronaldo. Now aged 39, the tournament's record goalscorer (14) is still a force of nature, scoring 10 in the qualifiers. Euro 2024 could be his last major finals, but one in which he will set a new record by appearing in a sixth Euros (having scored in each of his previous five).

PLAYERS TO WATCH

The squad's wealth of talent includes Premier League stars Diogo Dalot, Rúben Dias, Bruno Fernandes, Bernardo Silva and Diogo Jota.

THE COACH

Former Wigan and Everton boss Roberto Martínez took over from Fernando Santos last year after a six-year spell in charge of Belgium.

HOW THEY QUALIFIED

Group winners ahead of Slovakia. Portugal won all 10 of their matches, scoring 36 goals, to become only the eighth nation ever to qualify for a Euros with a 100% record.

BEST EUROS PERFORMANCE

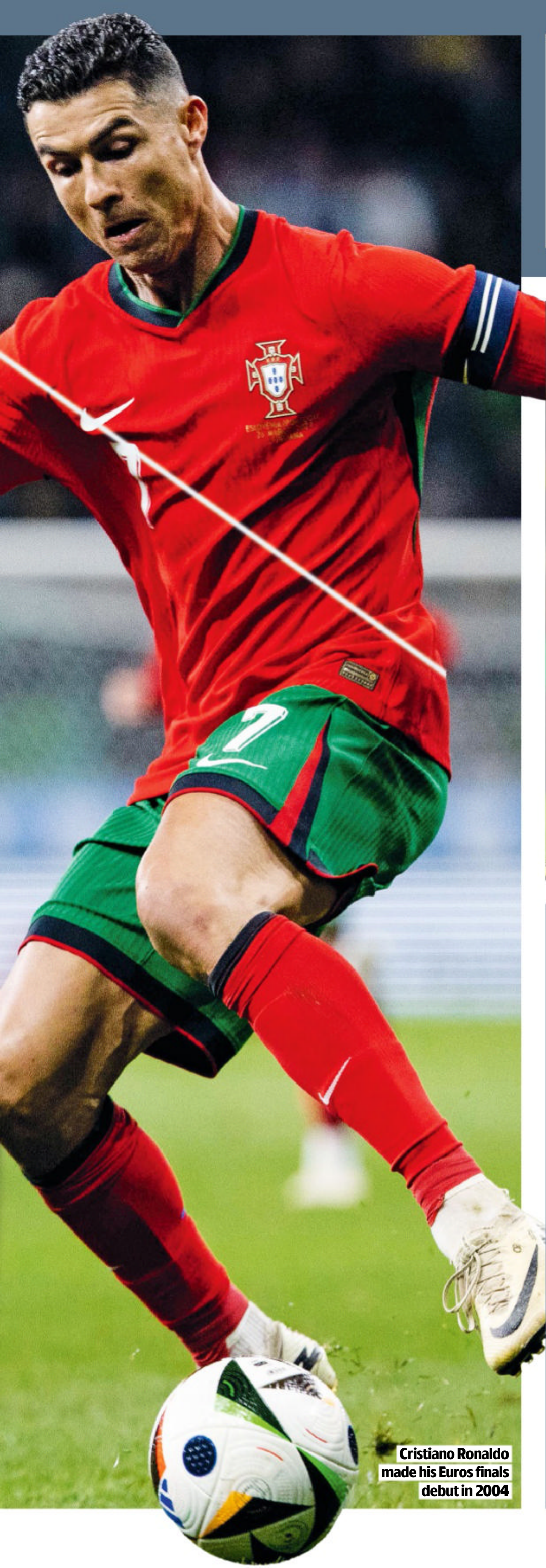
Winners in 2016, despite finishing third in the group stage behind Hungary and Iceland.

DID YOU KNOW?

If 41-year-old Porto defender Pepe makes an appearance, he will become the oldest outfield player in Euros history.



Manchester
United's Bruno
Fernandes



Cristiano Ronaldo made his Euros finals debut in 2004

THE GROUP GAMES

Tue 18 June: **TURKEY v GEORGIA** (5pm, BBC)

Tue 18 June: **PORTUGAL v CZECH REPUBLIC** (8pm, BBC)

Sat 22 June: **GEORGIA v CZECH REPUBLIC** (2pm, BBC)

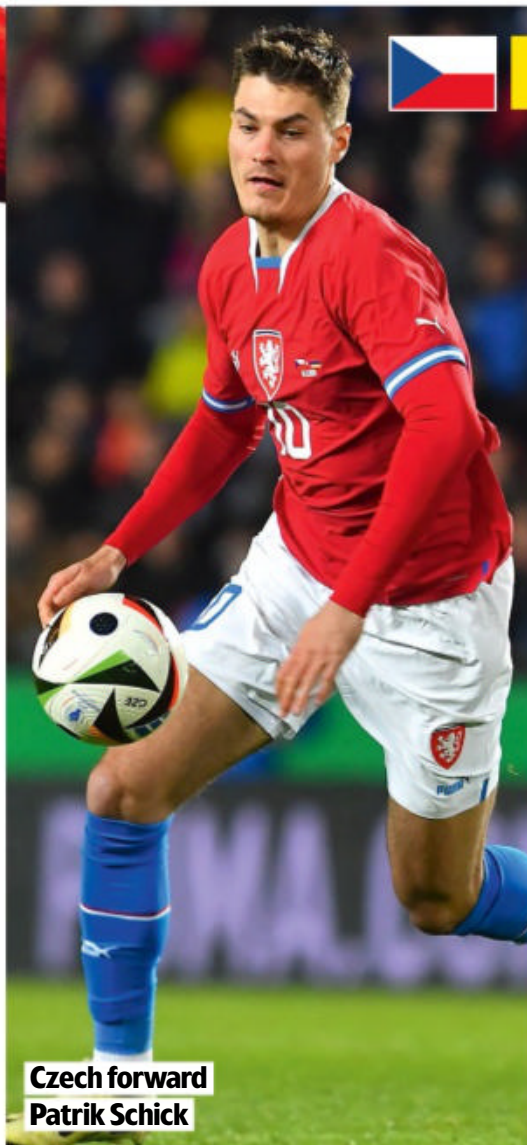
Sat 22 June: **TURKEY v PORTUGAL** (5pm, ITV)

Wed 26 June: **GEORGIA v PORTUGAL** (8pm, ITV)

Wed 26 June: **CZECH REPUBLIC v TURKEY** (8pm, ITV)



CZECH REPUBLIC



Czech forward Patrik Schick

Czech Republic have made it to every Euros (eight) since the break-up of Czechoslovakia in 1992. They reached the Euro 2020 quarter-finals, with Patrik Schick's long-range effort against Scotland voted goal of the tournament.

PLAYERS TO WATCH

Schick, Adam Hložek and goalkeeper Matej Kovár will be familiar with Germany's Euro venues after a brilliant season with Bayer Leverkusen.

THE COACH

Ex-national team captain Ivan Hašek, 60, is in his second spell in charge.

HOW THEY QUALIFIED

Group runners-up behind Albania.

BEST EUROS PERFORMANCE

Winners in 1976 as Czechoslovakia.

Runners-up in 1996, losing to Germany 2-1 by an extra-time golden goal.

DID YOU KNOW?

Czech Republic lost 1-0 to Greece in their Euro 2004 semi-final due to the only ever silver goal (in which the game ends if a team is leading at half-time in extra time) to decide an international.



GEORGIA

There were jubilant scenes in Tbilisi as Georgia made history by defeating 2004 winners Greece on penalties in their play-off final to book a place in Germany. It's the first time they have qualified for a major tournament and the players have been awarded the country's prestigious Order of Honor.

PLAYERS TO WATCH

Lech Poznan midfielder Nika Kvekveskiri became a national hero when he put away the winning penalty in the victory over Greece. At the tender age of 23, Khvicha Kvaratskhelia is already the team's talisman after two superb seasons with Napoli, helping his club win Serie A in 2023.

THE COACH

French coach Willy Sagnol, 47, won 58 caps for his country (including the 2006 World Cup final). He became Georgia boss in 2021 after a spell as Bayern Munich interim manager.

HOW THEY QUALIFIED

Finished only fourth in their group,



Georgia's Khvicha Kvaratskhelia

behind Spain, Scotland and Norway. But because of good performances in the Nations League, they advanced to the play-offs.

BEST EUROS PERFORMANCE

Never previously qualified.

DID YOU KNOW?

Georgia's Giorgi Kinkladze was dubbed the 'Magician of Maine Road' while at Manchester City in the 1990s.



History of the

1960



Czechoslovak
goalie Viliam
Schrojf (left)

CHAMPIONS Soviet Union HOSTS France

The Euros started out as the European Nations' Cup, the first pan-European international tournament, having been proposed by Frenchman Henri Delaunay, after whom the trophy is named. The Netherlands, England, Italy and West Germany were absent from the 17-nation knockout competition, with four teams – hosts France, Yugoslavia, the Soviet Union and Czechoslovakia – taking part in the finals. The Soviets, who got a walkover in the quarter-finals when General Franco's Spain withdrew, beat Yugoslavia 2-1 in the Paris final, refereed by England's Arthur Ellis, before his dipstick days on *It's a Knockout*.

1976



Referee Clive Thomas with captains
Anton Ondruš (Czechoslovakia) and
Johan Cruyff (the Netherlands)

1964

CHAMPIONS Spain HOSTS Spain

England took part for the first time but, coached by future World Cup-winner Alf Ramsay in his first competitive international match, the Three Lions lost 6-3 on aggregate to France in their knockout qualifier. Four years after refusing to play the Soviets, Spain met them in the final as hosts, winning 2-1 in a final refereed by England's Arthur Holland in his last match.



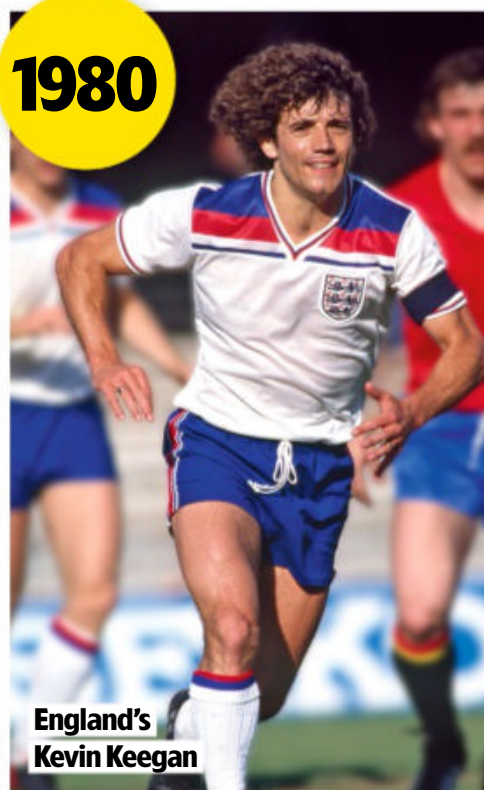
The victorious
Italy team

1968

CHAMPIONS Italy HOSTS Italy

World champions England got through to the finals for the first time, joined by Yugoslavia, Italy and the Soviet Union. England lost 1-0 to Yugoslavia in their semi-final in Florence, but won the third-place play-off against the Soviets 2-0, with World Cup heroes Geoff Hurst and Bobby Charlton scoring. Italy became the second successive host nation to become champions. Legendary keeper Dino Zoff helped a lacklustre Azzurri win a replayed final against Yugoslavia 2-0 in Rome.

1980



England's
Kevin Keegan

CHAMPIONS West Germany HOSTS Italy

Captain Kevin Keegan was top scorer in qualifying as Ron Greenwood's England made it to an expanded Euros finals that saw eight countries split into two groups. Belgium made it to their first final at Rome's Stadio Olimpico, losing to West Germany thanks to a winning goal from Horst Hrubesch in the 88th minute. Germany's youngsters Bernd Schuster and Hans-Peter Briegel came of age during the tournament, while Rainier Bonhof became the first player to claim two Euros winners medals.

1972



West Germany's
powerhouse Franz
Beckenbauer (left)

CHAMPIONS West Germany HOSTS Belgium

In the fourth tournament, now rebranded as the European Championship, the standout team was West Germany, whom manager Helmut Schön had rebuilt since their third-place finish at the 1970 World Cup. With a stellar line-up largely drawn from Bundesliga giants Bayern Munich and Borussia Mönchengladbach, the side featured legendary sweeper Franz Beckenbauer and top scorer Gerd Muller, and swept aside the Soviet Union 3-0 in the Brussels final.



Spain's captain
Ferran Olivella

Euros

Our in-depth guide to the **16 tournaments** – from legendary rivalries to unforgettable match winners

CHAMPIONS

Czechoslovakia

HOSTS

Yugoslavia
This was the last time the tournament finals would feature only four teams, and also the last time the hosts had to qualify. Malcolm Macdonald famously scored five goals against Cyprus in a Wembley qualifier, while a Wales side – featuring John Toshack and Leighton James – put on a fine display but lost to Yugoslavia in the quarter-finals. In the finals, Czechoslovakia beat Johan Cruyff's Netherlands, before defeating holders West Germany on penalties. Czech player Antonin Panenka wrote his name into the football lexicon with his delicately chipped penalty that won the shoot-out.

Dutch master
Ruud Gullit

1988

CHAMPIONS

Netherlands

HOSTS

West Germany
Having qualified for the third time, Bobby Robson's England came bottom of their group after losing all three matches – to the Republic of Ireland courtesy of a Ray Houghton goal, the Netherlands in a game that saw Marco van Basten score a hat-trick, and the Soviet Union, competing in its last tournament before the collapse of communism. The Netherlands beat rivals West Germany 2-1 in their semi-final, and ended up first-time winners of the tournament. Ruud Gullit headed home the first goal in the final against the Soviet Union before player of the tournament van Basten struck his memorable volley in the second half.

CHAMPIONS

France

HOSTS

France
France became the first hosts to win since Italy in 1968, with a side that included Jean Tigana, Alain Giresse and brilliant captain Michel Platini, who netted a record nine times in five matches, scoring in every game. His tally included hat-tricks against Belgium and Yugoslavia, a decisive goal in the semi-final and a stunning free kick that was the first of two goals for France in the Paris final against Spain. The star was retrospectively named player of the tournament by UEFA.

1984

France's Michel Platini with the trophy, and (inset) scoring against Spain



Ray Houghton and Ronnie Whelan of the Republic of Ireland

More Euros history >>

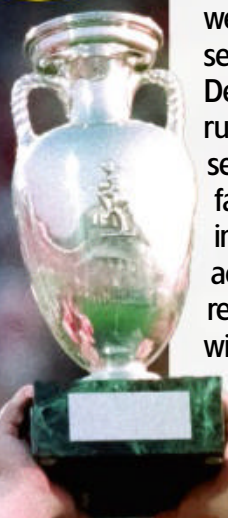


History of the Euros

1992

CHAMPIONS Denmark HOSTS Sweden

When Yugoslavia, caught up in a civil war, were barred from the finals because of security fears, it opened the door for Denmark, who had finished group runners-up behind them – and the Danes seized their chance in the most dramatic fashion. After edging out the Netherlands in a penalty shoot-out semi-final, Denmark achieved a fairy-tale victory over a reunified Germany in the Gothenburg final, with keeper Peter Schmeichel the hero of the day. This was Scotland's first finals, although Andy Roxburgh's side – featuring Ally McCoist and Gary McAllister – and a poor England, under Graham Taylor, failed to progress from their groups.



Denmark hero
Peter Schmeichel



Ally McCoist
of Scotland

1996

Comics David Baddiel
and Frank Skinner

CHAMPIONS Germany HOSTS England

With Gazza's wonder goal against Scotland and David Baddiel and Frank Skinner's iconic anthem, *Three Lions*, still etched on the memories of England fans, Euro 96 is remembered as the summer football almost came home. After Gareth Southgate missed from the spot for Terry Venables' side at the end of a tense semi-final against Germany, Berti Vogts' men went on to beat the Czech Republic in the final to win a third European title – with Oliver Bierhoff scoring the competition's first-ever golden goal. Craig Brown's Scotland came within a whisker of making the knockout stages, while England's Alan Shearer topped the scoring charts with five goals in a tournament that featured 16 teams for the first time.



2000

CHAMPIONS France HOSTS Belgium & Netherlands

England were the only home nation to qualify for the tournament in the Low Countries, but a disappointing campaign under coach Kevin Keegan saw them exit at the group stages. Many fancied a talented Dutch team to take the title, but they lost to Italy in their semi-final after missing two penalties in normal time and a further three in the ensuing shoot-out. After beating Portugal in the last four, a French team inspired by player of the tournament Zinedine Zidane went on to defeat Italy in the final thanks to a last-minute equaliser from Sylvain Wiltord and a golden goal from David Trezeguet.



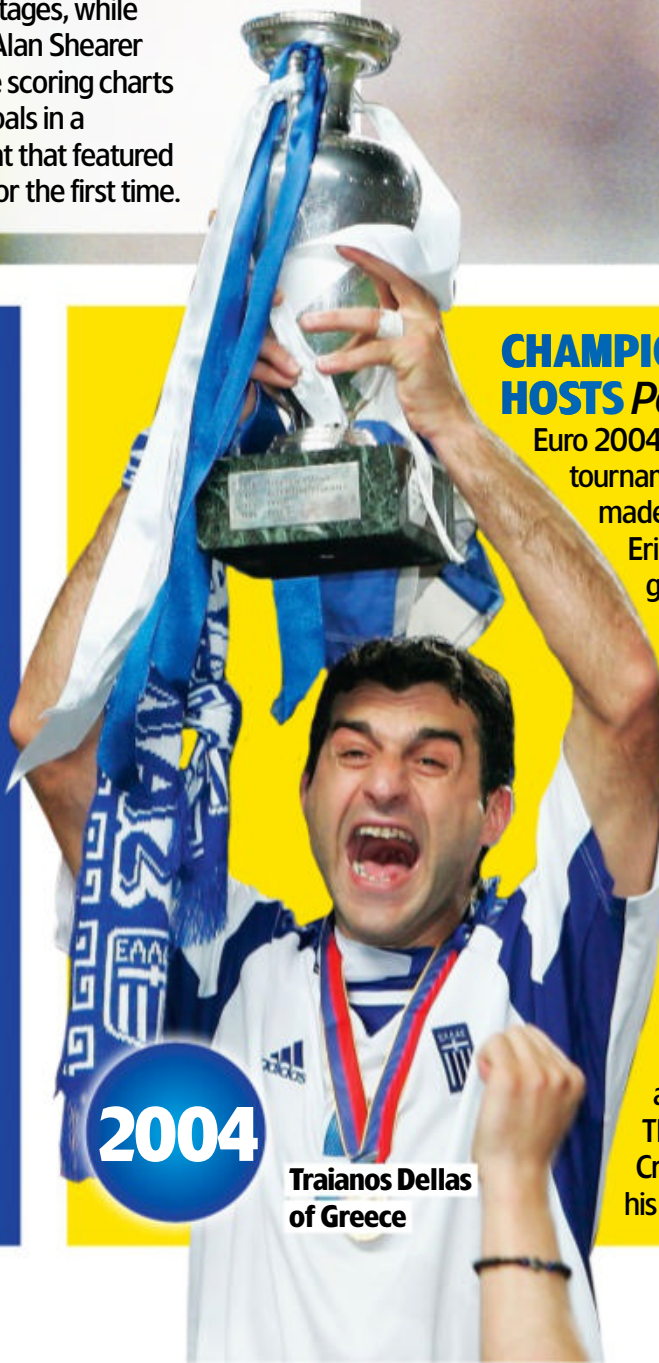
France's
Zinedine Zidane

2004

Traianos Dellas
of Greece

CHAMPIONS Greece HOSTS Portugal

Euro 2004 is often remembered as the tournament where Wayne Rooney made his name and Sven-Göran Eriksson's England might have gone all the way had the Everton teenager not been injured in their quarter-final defeat to Portugal. After dispatching the Netherlands in the semis, the hosts were overwhelming favourites to defeat Greece. But the Greeks had beaten France en route to the final (along with a victory over Portugal in the group stage) and Otto Rehhagel's well-drilled team pulled off a shock thanks to an Angelos Charisteas header. The 1-0 result left a young Cristiano Ronaldo, playing in his first finals, in tears.





Gareth Southgate
after his semi-final
penalty miss

Spain celebrate
their second title



2008

CHAMPIONS *Spain*
HOSTS *Austria & Switzerland*

The first major tournament to feature no home nations since the 1994 World Cup served as the debut for a Spanish team that

would go on to dominate world football for the next four years. La Roja, featuring David Silva, Xabi Alonso and Barcelona stars Xavi and Andrés Iniesta, were too much for Russia in the semi-final, and a Fernando Torres goal saw off Germany in the final.

CHAMPIONS *Spain*
HOSTS *Ukraine & Poland*

Becoming the first nation to win back-to-back titles, Vicente del Bosque's Spain team rarely looked troubled while claiming a third Euro trophy, although the tournament was to prove their swansong at the pinnacle of world football. In the final, they ran out 4-0 winners against Italy, with goals from David Silva, Jordi Alba, Fernando Torres and Juan Mata. Roy Hodgson's England lost to Italy in a quarter-final penalty shoot-out that saw Andrea Pirlo trick Joe Hart with a cheeky Panenka.

2012

Italy's Andrea Pirlo
scores against England
goalkeeper Joe Hart



Cristiano Ronaldo
and Gareth Bale

2016

CHAMPIONS *Portugal* **HOSTS** *France*

Wales and Northern Ireland both made their finals debuts at Euro 2016, which increased to 24 teams, with Wales winning the home nations' showdown as Chris Coleman's side – including Gareth Bale and Aaron Ramsey – went all the way to the semi-finals before being defeated by eventual winners Portugal.

Meanwhile, Iceland fans were Viking clapping for days after they defeated an abject England in the round-of-16. After losing the final in their own country in 2004, Portugal inflicted the same fate on France this time, with Eder scoring a late winner.



Iceland fans
brought colour

2020

CHAMPIONS *Italy*
HOSTS *Multiple countries*

Delayed for a year due to the COVID-19 pandemic, Euro 2020 finally got under way in June 2021, with 11 countries sharing hosting duties, including England and Scotland. England fans were convinced a first Euros title was on the way as Germany, Ukraine and Denmark were dispatched in the knockout stages, and with home advantage, England started the Wembley final against Italy as favourites. But despite an early Luke Shaw goal, they were pegged back by Leonardo Bonucci and lost on penalties.

Elsewhere, Steve Clarke's Scotland played in their first international tournament for 23 years, being knocked out in the group stages, and Rob Page's Wales made the round-of-16.



Manager Gareth
Southgate consoles
Bukayo Saka



Scotland's Lyndon
Dykes, Callum McGregor
and Andrew Robertson



Let's get quizzy!

Try to solve our Euros **brain-teasers...**



Euros trivia

Try to answer our 10 quiz questions



Cristiano Ronaldo

- How many countries have won the Euros and can you name them?
- How many European Championship tournament goals has Cristiano Ronaldo scored for Portugal?
- What city and country hosted the 1992 Euros final won by Denmark?
- Who scored England's first goal in the 1980 Euros?
- At how many Euros tournaments did Bobby Robson manage England?
- How many times have Scotland played England at a Euros?
- How many goals has England's Harry Kane scored at the Euros?
- Who was the first country to defeat England at a Euros and in which year?
- When England failed to qualify for the European Championship finals in 2008, which two countries came above them in qualifying?
- When Gareth Bale scored for Wales against England in the Euro 2016 group stage, which French city hosted the match?



England manager Bobby Robson

Wales legend Gareth Bale

Anagram time!

Can you rearrange the letters of these 10 anagrams to reveal past top players who've played in the European Championship?

- RON IS AN IDOL ACTOR
- AVID AND SAME
- HE CON DRY NIL
- THERE A BLAG
- SAD TO MANY
- GET GOUT RASH HATE
- URI DULL GUT
- A SAGE COIN PLUG
- TIP MALI LICHEN
- HE HELPS CRIME ETC



Luke Shaw scored the opening goal during the Euro 2020 final

Do your sums!

Take each number from left to right and complete five Euros sums below...

- | | | | | |
|--|---|--|---|---|
| 1 Penalties scored by England in 1996 semi-final shoot-out before Gareth Southgate's miss. | + | Squad number of Luke Shaw when he scored for England in the Euro 2020 final. | = | Number of times Netherlands has made a Euros final. ? |
| 2 Goals scored by England's Gary Lineker at all Euros. | × | England players sent off during all Euros. | + | Goals scored by Scotland at Euro 96. ? |
| 3 Goals scored by Gareth Bale for Wales at all Euros. | + | The number of Euros Scotland made it to before 2024. | - | Euro titles won by West Germany/Germany. ? |
| 4 Stadiums used in England during Euro 96. | × | Teams that competed at Euro 96. | - | Number of times Gareth Southgate played for England. ? |
| 5 Number of times France has won the Euros. | + | Goals conceded by England at the Euros in 2021. | - | Number of penalty shoot-outs England has won at a Euros. ? |

Guess who?

Below is a mixed-up picture featuring current players for England and Scotland. Can you sort out which body part belongs to who?

- Hair
- Forehead and eyes
- Ears and side bits
- Nose and mouth



Answers

- Euros trivia**
- 10 (Germany and Spain three times; Italy and France twice; once each for Soviet Union, Czech Republic (as Czechoslovakia), Netherlands, Denmark, Greece and Portugal)
 - 14
 - Gothenburg, Sweden
 - Ray Wilkins
 - One
 - Twice (1996, 2021)
 - Four
 - Yugoslavia, 1968
 - Croatia and Russia
 - Lens
- Anagram time!**
1. Cristiano Ronaldo
 2. Jordan Pickford
 3. Scott McTominay
 4. John Stones
- Do your sums!**
1. 5+3-1=7
 2. 0x1+1=1
 3. 3+3-3=3
 4. 8x16-57=71
 5. 2+2-1=3
- Guess who?**
1. Harry Maguire
 2. Jordan Pickford
 3. Scott McTominay
 4. John Stones

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WATCHLIST

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4

sky
box sets

NOW

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The morally corrupt superheroes **return with two new recruits**



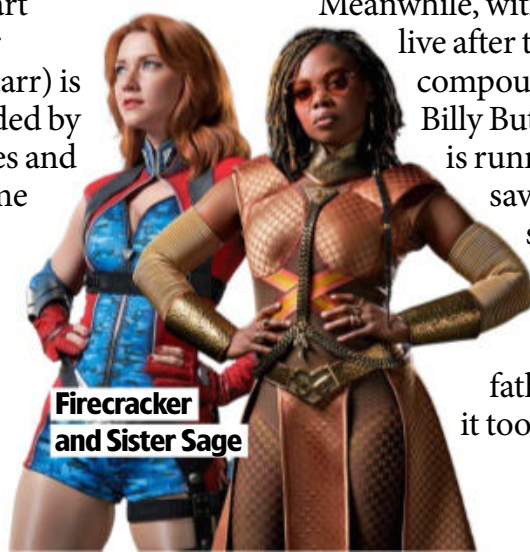
The Boys

NEW Available: **Thursday 13 June**
Genre: **Superhero drama** Season: **4**
Eps: **8 (first three eps from 13 June, then weekly)**

It's been almost a two-year wait, but superhero satire *The Boys* is finally back in town – and there's even more carnage and gore in store as two new power-hungry 'Supes' join the fray.

In the fourth, eight-part season, unhinged leader Homelander (Antony Starr) is fed up of being surrounded by sycophants and imbeciles and decides to introduce some fresh blood to his elite squad of unscrupulous superheroes, known as The Seven.

First up is Sister Sage (Susan Heyward), who



Firecracker and Sister Sage

has the power of super-intelligence, but does she have the smarts to help Homelander build a legacy? Then there's Firecracker (Valorie Curry), a gun-toting patriot who'll hopefully get a certain portion of America back on side with the Supes after Homelander publicly eye-lasered a protester last season.

MALEVOLENT MENTOR

Meanwhile, with only months left to live after taking the Temp V compound, swearsy vigilante Billy Butcher (Karl Urban) is running out of time to save his late wife's superpowered son, Ryan (Cameron Crovetti), who's now siding with his father, Homelander. Is it too late for the boy?



Antony Starr returns as Homelander

'One of Homelander's biggest problems is that he's surrounded by idiots, so if you bring in someone who's a tactical genius, it will make him much more dangerous,' says showrunner Eric Kripke. 'But if Homelander is allowed to raise Ryan, he will raise him to be a second Homelander, which will have apocalyptic stakes.'

'Butcher has this crazy clock ticking, but is he self-aware enough to realise that he's causing his own misfortune? Is he self-aware enough to actually see if he can change?'

The best of **Netflix, Prime Video, Disney+** and more...



The battle continues

This latest adventure also follows Hughie Campbell (Jack Quaid), Frenchie (Tomer Capone), Mother's Milk (Laz Alonso) and Annie January, AKA Starlight (Erin Moriarty), as they plot against new Vice President Victoria Neuman (Claudia Doumit). Despite her victory on election night, can the gang stop her from reaching the Oval Office?

Plus, there's a new take on stealthy Supe Black Noir (Nathan Mitchell) after *Homelander* ripped out his insides. Fans can also expect to see some spin-off *Gen V* characters popping up as events link the two shows.

'There are certain moments in this season that, when I initially read them in the script, I gasped out loud, which is very hard to get me to do after four seasons,' says Quaid. 'There are moments that are big, explosive, gross and insane.'

'You need to brace yourselves at all times when watching the show. We all know the drill at this point; you're never safe. But this is my favourite season we've ever done.'

WORDS: REBECCA MAHONEY, CAREN CLARK, JUDY EVENS; PHOTOS: APPLE TV+, © 2024 DISNEY & ITS RELATED ENTITIES, GETTY, PRIME VIDEO



What we're watching...

The shows being enjoyed by the TVSW team



Apple TV+ The Big Cigar

Genre: **Drama** Season: **1**
Episodes **6** (released weekly)

In 1974, Huey P. Newton (*Moonlight*'s André Holland, left), the charismatic co-founder of the Black Panther Party, was wanted by the FBI for allegedly killing a 17-year-old woman. Maverick Hollywood producer Bert Schneider (Alessandro Nivola), maker of *Easy Rider* and *Five Easy Pieces*, who supported Newton's cause, came up with the perfect solution to help him. Whisk Newton off to Cuba using the production of a fake movie as cover. An outlandish, lively and engaging caper with Holland superb as Newton.



99

Genre: **Documentary**
Season: **1** Episodes: **3**

An involving account of how Manchester United won their historic treble in 10 days in May 1999 but, as the likes of David Beckham (right) and goalkeeper Peter Schmeichel recall, it was not all plain sailing.



Uncle Samsik

Genre: **Drama** Season: **1**
Eps: **16** (released weekly)

Parasite actor Song Kang-ho (right) is in fine form in this gripping drama as an enigmatic fixer doing whatever it takes to help an idealist achieve his dream of making Korea prosperous in the 1960s.



Now in production...

Three upcoming shows to look out for soon



Apple TV+ Tenzing

Tom Hiddleston (above) will play Sir Edmund Hillary in Apple TV+'s film about the New Zealand-born climber's conquering of Everest alongside Tibetan Sherpa Tenzing Norgay in 1953. Willem Dafoe will play Colonel John Hunt, who led the British expedition.



Prime Video Noir

In Prime Video's live-action series, based on the *Spider-Man: Noir* comics, Nicolas Cage (above) will star as the struggling private investigator, living in 1930s New York, who faces turmoil when his troubled past as the Big Apple's only superhero returns to haunt him.



Netflix Happy Gilmore 2

Netflix's sequel will see Adam Sandler (above) reprise his role as the maverick ice-hockey-player-turned-golfer. He first played Gilmore in the 1996 comedy film, in which the tetchy sportsman tried to win a tournament in order to pay off his gran's debts.

Riley Keough as
Rebecca Godfrey

Lily Gladstone
plays Cam Bentland

Teen KILLERS

Riley Keough and Lily Gladstone
star in a disturbing true-crime drama

Disney+ **Under
the Bridge**

NEW Available: **Wednesday 12 June**
Genre: **Drama** Season: **1** Episodes: **8**

The 1997 murder of 14-year-old Reena Virk in British Columbia, Canada, by a group of other teens sent shock waves through the community and sparked a media frenzy over bullying among girls.

Now, the case has been dramatised in Disney+'s eight-part series *Under the Bridge*, based on the book of the same name by Rebecca Godfrey, played by *Daisy Jones & the Six* star Riley Keough. Rebecca returns to the area close to where she grew up intending to write a book about misunderstood teens. But when Reena (Vritika Gupta) disappears after going to meet her friends at a party, Rebecca starts getting involved in the investigation.

'There's something that grabs Rebecca,' says Keough, 35. 'She feels like she's there at that moment for a reason, then she decides to start writing about it.'

When Reena's body is found, an autopsy

reveals that she had been savagely beaten. A group of teenage girls and one teenage boy are arrested, tried and convicted for their participation in Reena's death, and it becomes clear that they had previously subjected Reena to a campaign of bullying.

Rebecca, alongside her childhood friend, cop Cam Bentland (*Killers of the Flower Moon*'s Lily Gladstone), is determined to expose the teens' troubled world.

'Teenage girls are some of the most powerful people on the planet,' says Gladstone, 37, who plays a fictional character. 'And anybody who's got that much power has the capability to be an ungrounded wire with it.'

While both Keough and Gladstone were keen not to demonise the convicted teens, they insist their motivation was to tell Reena's story with compassion.

'Reena's story is incredibly important in wanting to honour her and her life,' says

Keough. 'Secondly, there were just themes in this series that I haven't really seen explored in this genre, like empathy, and a sort of radical forgiveness, and that was interesting to me.'

Vritika Gupta (right)
as Reena Virk



Disney+ **Criminal Minds**

NEW Available: **Friday 14 June** Genre: **Crime
drama** Season: **17** Episodes: **10** (first three
episodes from 14 June, then weekly)

David Rossi (Joe Mantegna) and his team of elite profilers at the FBI's Behavioral Analysis Unit are desperately trying to get to the bottom of the Gold Star conspiracy and not finding it easy. But they have help in the shape of top biological psychiatrist Dr Jill Gideon (*Desperate Housewives*' Felicity Huffman), the ex-wife of former BAU head Jason Gideon (Mandy Patinkin).



discovery+ **Six Schizophrenic Brothers**

NEW Available: **Monday 10 June**
Genre: **Documentary** Season: **1** Episodes: **4**

An American family who were troubled by mental-health illness is the subject of a docuseries that includes participation from its surviving members and access to their audio and visual archives. The Galvins were dubbed America's 'most mentally ill family' because, during the late 1960s and early 1980s, six of the boys (out of 12 children; 10 of them boys) were diagnosed with schizophrenia.



NETFLIX **My Next Guest Needs
No Introduction with
David Letterman**

NEW Available: **Wednesday 12 June**
Genre: **Chat show** Season: **5** Episodes: **3**

Ex-US talk-show host David Letterman returns with the fifth season of his series, which began in 2018. During that time, he's chatted to, among others, Barack Obama, Billie Eilish, Robert Downey Jr. and Sir Lewis Hamilton. His guests this season include singer/songwriter and actor Miley Cyrus and retired basketball great Charles Barkley.

Whistledown unmasked?

Nicola Coughlan
as Penelope

Penelope is under pressure to **reveal her secret identity**

NETFLIX Bridgerton

NEW Available: **Thu 13 June** Genre: **Drama**
Season: **3 (part B)** Episodes: **5-8**

At the end of the second season of Netflix's hit Regency-era romance *Bridgerton*, Eloise Bridgerton was heartbroken to discover that her best friend Penelope Featherington was Lady Whistledown – the anonymous writer of the must-read society scandal sheet.

Penelope (Nicola Coughlan) unintentionally opened up Eloise (Claudia Jessie) to ridicule by writing about her in the gossip column and the once close pals still weren't speaking when the third season began last month.

As the show returns for the final four episodes of the season, Penelope drops another bombshell – she and Eloise's brother Colin (Luke Newton) are in love.

'Eloise is uncomfortable with it,' says Jessie, 34. 'Even if she and Penelope hadn't fallen out, she'd think the idea of her and Colin liking each other was a bit gross. But with their ongoing feud, she's fuming!'



Claudia Jessie
as Eloise

Eloise warns Penelope that if she doesn't reveal her secret identity to Colin, then she will. But with Colin expressing such distaste for Lady Whistledown's antics, will he still want to marry Penelope when he learns the truth?

'Penelope is growing to accept the responsibility of what Whistledown can do,' explains Coughlan, 37. 'She's finally realising she can't let people love her when she's hiding such a huge part of herself. It eats away at her and she can't hold it in for ever.'

Then Queen Charlotte (Golda Rosheuvel) offers a reward to anyone who can identify Lady Whistledown, making Penelope feel hunted. And just as she resolves to come clean to Colin, Eloise starts to wonder if that is a good idea.

'Penelope was the last person Eloise expected to be Lady Whistledown,' says Jessie. 'She still wants to be a good friend and she knows how much it would unravel. She also doesn't want to break Colin's heart, because she knows how angry he would be if he found out the truth!'



Luke Newton plays
Colin Bridgerton

+ EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up



sky box sets NOW The Sympathizer

In Sky's gripping satirical thriller, double agent the Captain (Hoa Xuande) is caught between the demands of his communist masters and the machinations of CIA agent Claude (Robert Downey Jr.).



BBC iPLAYER The Outlaws

The Community Payback gang get the shock of their lives in the return of BBC1's comedy when their fellow offender Rani (Rhianne Barreto) rocks up in Bristol with a dead body in tow and in desperate need of their help to dispose of it...



BBC iPLAYER Lost Boys & Fairies

BBC1's moving drama follows gay couple Gabriel (Sion Daniel Young) and Andy (Fra Fee) as they dream of becoming parents and attend an adoption event. However, Gabriel's tricky relationship with his own father causes difficulties.



4 We Are Lady Parts

As the second run of C4's comedy about the fortunes of an all-female Muslim punk band begins, the ladies perform a country-and-western-themed number in tribute to Malala Yousafzai, who sits resplendent on a horse.

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+ Pick of the new releases

The best new shows to enjoy this week on streaming services...

Transformers: Earthspark

Saturday 8 June

The first part of the second season of the animated sci-fi action series centring on a new generation of Transformers robots – the first to be born on Earth – and the humans who welcome them and care for them.

Six Schizophrenic Brothers

Monday 10 June

Docuseries based on the 2020 non-fiction book *Hidden Valley Road*, by Robert Kolker, about the Galvins – a Colorado family of 12 children (10 boys and two girls) born between 1945 and 1965. Six of the boys were diagnosed with schizophrenia and the family became key to unlocking scientists' knowledge of the condition.

Under the Bridge

Wed 12 June

Lily Gladstone (*Killers of the Flower Moon*) and Riley Keough (*Daisy Jones & the Six*) star in a true-crime drama based on the 1997 murder of 14-year-old Canadian girl Reena Virk (Vritika Gupta), who went to join friends at a party and never returned home. See feature, page 48.

Presumed Innocent

Wednesday 12 June

Legal thriller from David E. Kelley starring Jake Gyllenhaal as chief deputy prosecutor Rusty Sabich, who becomes a suspect in the murder of his co-worker and mistress. With Ruth Negga, Bill Camp, Elizabeth Marvel, Peter Sarsgaard and O-T Fagbenle, it

is based on Scott Turow's 1987 novel, which was made into a film in 1990 with Harrison Ford. See feature, page 6.

My Next Guest Needs No Introduction with David Letterman

Wednesday 12 June

The fifth season of the series in which the legendary US talk-show host has in-depth conversations and fun-filled excursions with well-known figures. Letterman's guests this season include singer/actor Miley Cyrus and former basketball star Charles Barkley.

Future Man

Wednesday 12 June

All three seasons of the US sci-fi comedy adventure from 2017–2020. Josh Hutcherson stars as Josh Futturman, a janitor by day and gamer by night, who's recruited by two video-game characters, Tiger (Eliza Coupe) and Wolf (Derek Wilson), to travel through time with them in order to save humanity.

How Music Got Free

Wednesday 12 June

Rapper Marshall 'Eminem' Mathers is among the producers for a two-part documentary on the inside story of how file-sharing technology, combined with an insatiable demand for new music, led millions in the late 1990s and early 2000s to participate in outright theft – and be celebrated for it.

The Flash

Thursday 13 June

Seasons 1–7 of the superhero series



Tour de France: Unchained

Tuesday 11 June

The second season of the docuseries goes behind the scenes of the 21 stages of the 2023 Tour de France and follows those involved, from the riders battling to wear the famous yellow jersey to directors of the 22 teams. There are chaotic starts, spectacular crashes, dramatic falls and pivotal breakaways.

from 2014–2021. A spin-off from *Arrow*, it stars *Glee* and *Puppy Love* actor Grant Gustin as assistant police forensic investigator Barry Allen, who acquires superhuman speed after he is struck by lightning in his lab. Previously shown on Sky.

The Boys

Thursday 13 June

The world is on the brink in the fourth season of the superhero satire. Victoria Neuman (Claudia Doumit) is closer than ever to the Oval Office and under the thumb of power-hungry Homelander (Antony Starr). Billy Butcher (Karl Urban) has lost his job as The Boys' leader and the rest of the team are fed up with his lies. With the stakes higher than ever, they have to find a way to work together and save the planet. See feature, page 46.

Bridgerton

Thursday 13 June

The second part of the third season of the hit Regency drama. Penelope Featherington (Nicola Coughlan) is now engaged, but her future happiness could be at risk because Queen Charlotte (Golda Rosheuvel) is determined to discover the true identity of Lady Whistledown and is even offering a handsome reward. See feature, page 49.

Doctor Climax

Thursday 13 June

Thai comedy drama. In 1970s Thailand, a dermatologist finds he is the catalyst for a mass sexual awakening after he starts moonlighting as a sex columnist using the pseudonym Doctor Climax.

Ultraman: Rising

Friday 14 June

Japanese animated film. With Tokyo under siege from rising monster attacks, baseball star Ken Sato reluctantly returns home to take on the mantle of Ultraman. But the superhero meets his match when he is forced to adopt the 35ft-tall baby kaiju of his nemesis.

Criminal Minds

Friday 14 June

The 17th season of the crime drama sees David Rossi (Joe Mantegna) and other members of the FBI's elite Behavioral Analysis Unit trying to unravel the deadly Gold Star conspiracy but finding obstacles in their way.

Joko Anwar's Nightmares and Daydreams

Friday 14 June

Indonesian horror/mystery series. A collection of seven interconnected tales of mind-bending paranormal phenomena from the imagination of writer/director Joko Anwar.

Mysteries of the Terracotta Warriors

Wednesday 12 June

Archaeological evidence and re-enactments are used in this feature-length documentary to tell the story of the vast collection of terracotta sculptures buried with the first Emperor of China, Qin Shi Huang, in 210–209 BCE.



Documentaries

Denmark won the cup

NEW FACTUAL

Copa '71: The Lost Lionesses

Tuesday, 10pm, BBC4

In August 1971 a World Cup took place where soccer teams from across the globe were cheered on by record-breaking numbers of fans, leaving host nation Mexico in the grip of football fever.

But, astonishingly, because the unofficial tournament was for women, the event was later written out of the history books by sexist football authorities and has been largely forgotten for five decades.

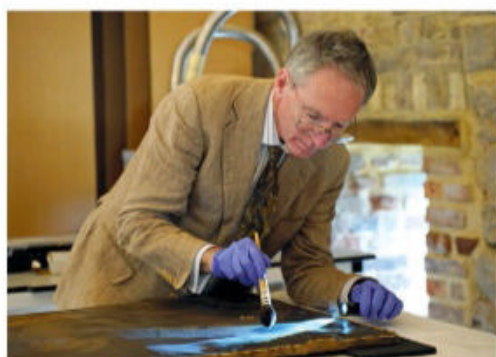
Now, a feature-length *Storyville* documentary, produced by tennis legends Serena and Venus Williams, uses previously unseen footage to bring the Copa '71 Women's World Cup back to life, with contributions from the female pioneers who played in it.

The tournament that time forgot

The groundbreaking **Women's World Cup** that was erased from history



Mexico and Italy players on the pitch



Hidden Treasures of the National Trust

Friday, 9pm, BBC2

As the series comes to an end, we visit Penrhyn Castle in North Wales, where a miners' strike in 1900 left a bitter legacy; Chirk Castle in Wrexham, where a painting of a servant is the source of much mystery; and Oxburgh Hall in Norfolk, where the Catholic Bedingfeld family faced persecution.



The Fall: Skydive Murder Plot

Tuesday-Thursday, 9pm, C4 (box set, Channel 4)

This three-part docudrama recalls the notorious 'parachute murder plot' that saw Army sergeant Emile Cilliers attempt to kill his wife Victoria by sabotaging her skydive in 2015. Wiltshire Police officers share their memories, alongside dramatic reconstructions featuring actor MyAnna Buring as Victoria.



On Thin Ice: Putin Vs Greenpeace

Sunday-Tuesday, 9pm & 9.30pm, BBC2 (box set, BBC iPlayer)

On 18 September 2013, Greenpeace activists attempting to scale a Russian oil rig were arrested at gunpoint, charged with piracy and held in a detention centre while facing a 15-year jail term. This six-parter tells the story of the protest, arrests and the attempts to secure their freedom.



The England team returning home

'I truly believe that, along with many others, we paved the way for what women's football has become today,' says Carol Wilson, now aged 71, who was England's teenage captain at the tournament.

FOOTBALL FEVER

Featuring teams from England, Italy, France, Argentina, Mexico and Denmark, the tournament attracted huge crowds as well as lucrative sponsorship deals and extensive TV coverage in Mexico. Players were treated like celebrities and followed by fans wherever they went.

The final saw 15-year-old Susanne Augustesen score a hat-trick as Denmark beat Mexico 3-0 at the famous Azteca Stadium in Mexico City in front of 110,000 fans – the highest attendance for a women's sporting event in history.

'Before, whenever they talked about women's football, it was a negative thing,' says England's Chris Lockwood, who was just 15 at the time. 'There was no interest, nobody would sponsor it, crowds wouldn't come. But the final had the lot. The crowd was there and sponsorship was all over the stadium, so we thought, "This is it now. It's on the map."'

Sadly, that did not turn out to be



The England team's training camp

the case and FIFA and other footballing associations refused to recognise the tournament. After the exhilaration of representing their national team, some of the England players were handed bans by the Football Association, while inspirational manager Harry Batt was banned from coaching for life.

'Tears rolled down my cheeks and I remember thinking I'm never going to see anything like this again,' adds Wilson. 'The current Lionesses are amazing but it's a bee in my bonnet that it has taken 50 years to get where we are now. It should not have taken this long.'



Long Lost Family: Born Without Trace

Monday-Wednesday, 9pm, ITV1

The founding genealogy show hosted by Nicky Campbell and Davina McCall returns with the stories of Thomas Yeo, who was left as a baby at Reading train station, and his cousin, Martina Evenden, who was also abandoned as a newborn. A follow-up episode, *What Happened Next*, is on Thursday (9pm, ITV1).



The Truth Vs Alex Jones

Thursday, 9pm, Sky Documentaries & Sky Showcase

Following the 2012 mass shooting at Sandy Hook Elementary School in Connecticut, in which 20 students and six staff members died, conspiracy theorist Alex Jones claimed the tragedy was staged by the US government. This film chronicles two of the defamation lawsuits brought against him by the victims' families.



Fitzpatrick with Pretzel

Animal magic

Veterinary surgeon **Noel Fitzpatrick** returns to help more pets in distress

NEW FACTUAL

The Supervet

Thursday, 8pm, C4

They say not all heroes wear capes, and that's certainly true of Professor Noel Fitzpatrick, the veterinary surgeon who has become a household name as TV's *The Supervet*, carrying out cutting-edge surgeries on the nation's sick and injured pets.

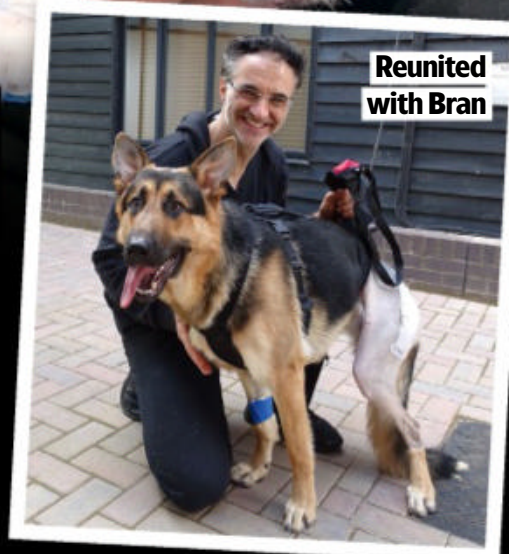
Celebrating 10 years on C4 this year, his series returns this week with a new five-parter, kicking off with a special episode devoted to rescue animals who've passed through the doors of Surrey clinic Fitzpatrick Referrals.

As well as catching up with three-legged German shepherd Bran, who had a hip replacement in 2019, and whippet Wobble, whose 2015 compression fracture in her neck affected her movement, Fitzpatrick treats new patient Pretzel, a kitten with twisted hind legs that was found abandoned by veterinary nurse Nicole.

'Nicole and her colleagues raised cash for Pretzel's surgery via a crowdfunding campaign,' reveals Fitzpatrick. 'In total, she had three very complex surgeries.'

As Pretzel makes a full recovery, foster mum Nicole decides to adopt her feline friend.

'To many, it would be considered inconceivable that Pretzel was treatable but she's doing great.



Reunited with Bran

Pretzel is super-happy and so is Nicole,' says Fitzpatrick, who lost one of his beloved Border terriers a few years back – a subject that's touched on in an upcoming special episode all about puppies.

PUPPY LOVE

'Viewers will know the love of my life was a Border terrier called Keira,' he explains. 'When we filmed the episode, she had recently passed, and a Border-terrier puppy – named Keira by her family in honour of my Keira – was brought into the practice. My colleagues didn't even want to tell me she was there, because I was still so broken-hearted.'

After assisting in surgery to mend the puppy's front leg, Fitzpatrick takes Keira to 'meet' her namesake, who's buried outside his office.

'I'm still in touch with Keira puppy's family, who send me emails about her at least four times a year, entitled "Keira's Adventures",' smiles Fitzpatrick. 'I'm always excited to know that she's loving life.'

Films *Our Pick of*

The Great Escaper

Michael Caine and Glenda Jackson are stunning in a film about love and loss

DRAMA

Friday, 7am, 12.45pm & 8pm,
Sky Premiere

★★★★

'Ninety-year-old coffin-dodger honours the glorious dead!' Scoffing at the media furore over his audacious 48-hour care home breakout to attend the 2014 70th anniversary D-Day commemorations in France, Michael Caine's determined Bernie is having none of it.

Inspired by a true story, director Oliver Parker's big-hearted film dodges geriatric comic capers in favour of quietly unpacking a tough old veteran's survivor's guilt. As Bernie wangles his way across the Channel, he teams up with John Standing's alcoholic Arthur to seek overdue closure for long-hidden wartime traumas.

A small, heartfelt story about the tenacity of love and loss, the result is given heft by Caine's canny, subtly troubled performance. Crisply unsentimental, the film is also surprisingly moving about remembrance and reconciliation. Shot in unfussy style, it's marbled with Bernie's mounting flashbacks to one fatal D-Day landing encounter, neatly matched by wife Rene's snapshot memories of their whirlwind wartime courtship.

Glenda Jackson, superb to the last in her final role as the frail, flinty Rene, embodies the couple's resilient love story as she waits, one more time, for Bernie's return from France. 'He has done it before,' she says. 'Then, of course, they were shooting at him.' 2023, 12, 96MIN

PREMIERE
OF THE
WEEK



STAR RATINGS ★★★★★ Excellent ★★★★★ Very good ★★★ Good ★★ Average ★ Poor

the Week's Best Films



Caught in a lie: Ben

MUSICAL

Dear Evan Hansen

Friday, 11.05pm, BBC2

★★★

Although the Broadway hit doesn't quite reach the same high notes now adapted to the screen, there's still plenty to enjoy. It retains stage star Ben Platt in the role of anxious, depressed Evan, who feigns friendship with classmate Connor (Coltan Ryan) after he takes his own life, only for the white lie to grow larger and darker by the day. A toe-tapping film about mental health, loneliness and loss, this is stronger when modestly staging its tunes than tending to the drama in between, helped by a strong supporting cast including Julianne Moore and Amy Adams. 2021, 12, 137MIN

SCI-FI

Nope

Friday, on demand, Netflix

★★★★

For his third movie, following *Get Out* and *Us*, writer-director Jordan Peele takes us on another disquieting and strange trip. The story gets off to a killer start before focusing on brother and sister OJ (Daniel Kaluuya) and Emerald (Keke Palmer), whose family for generations has provided well-wrangled horses to Hollywood. They realise something very odd and extremely scary is happening in the isolated gulch they inhabit, so set out to record it. As with *Us*, the themes here are less explicit. But what's swirling like the dust clouds whipped up by alien activity is fascinating. We also get a shrewd melding of genres. Science fiction and horror are obviously in the mix – but Peele also puts his own spin on the kind of Western adventures with which Hollywood for so long celebrated a time when genocide was committed in the name of 'civilisation'. It's a yes for *Nope*. 2022, 15, 130MIN

Watch the skies:
Daniel



It girls: Amandla, Maria, Chase and Rachel



COMEDY MYSTERY

Bodies Bodies Bodies

On now, on demand, Netflix

★★★★

In this darkly entertaining comedy slasher, a gang of Gen-Zers see out a hurricane at one of their parent's mansions. The situation is tense by the time Amandla Stenberg rocks up uninvited with girlfriend Maria Bakalova, thanks to stoner Pete

Davidson's spiky remarks having alienated his house guests – Myha'la Herrold, Chase Sui Wonders, Rachel Sennott and her forty-something date Lee Pace. Yet things get lethal when they play the game of the title... It's riotously enjoyable, the real pleasure of Halina Reijn's film coming from its waspish dialogue and spiteful revelations. From 7 June. 2022, 15, 94MIN

THRILLER

The Royal Hotel

Saturday, 10pm, Sky Premiere

★★★

If Kitty Green's *The Assistant* (2019) was set in a hellish work environment presided over by a shadowy, Harvey Weinstein-esque figure, then her potent follow-up evinces similar disdain for toxic masculinity, featuring as it does the

most loathsome collection of supporting male characters imaginable. Young Canadian backpackers Julia Garner and Jessica Henwick take up a gig at a pub in a remote Australian community. Soon we're engulfed in an all-too-familiar nightmare of booze, bad vibes and misogyny, played out over a brisk but harrowing 91 minutes. 2023, 18, 91MIN



Road to nowhere:
Julia and Jessica

FilmFinder

The best of the week at a glance

Romance



Top Gun

Saturday, 8pm, Sky Greats ★★★

Full of good-looking guys and great-looking fighter jets, this slick action romance made Tom Cruise a superstar. He's a trainee pilot who falls for trainer Kelly McGillis. 1986, 12, 110MIN



Grease

Saturday, 8pm, Sky Drama ★★★★★

Bad boy John Travolta falls for Olivia Newton-John's good girl in the ultimate high-school musical. *Summer Nights* and *You're the One That I Want* are among the hit songs. 1978, PG, 110MIN



Emma

Wed, 10pm, Sky Drama ★★★★★

Gwyneth Paltrow is word perfect as vivacious Emma Woodhouse whose matchmaking schemes unravel in the most entertaining of ways. An enjoyable Jane Austen adaptation. 1996, U, 120MIN

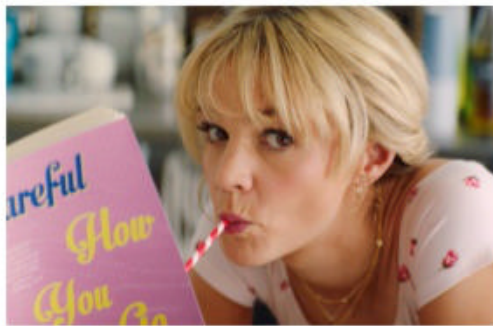


Lost in Translation

Friday, 11.30am & 8pm, Sky Drama ★★★★★

Amid the bustle of Tokyo, Bill Murray and Scarlett Johansson's lonely travellers form a bond in this tender story of modern-day disconnection. 2003, 15, 102MIN

Thriller



Promising Young Woman

Sunday, 6pm & 1.55am, Sky Thriller ★★★★★

Carey Mulligan is on searing form in this darkly twisty, debate-stirring revenge thriller as she pursues payback against predatory men. 2020, 15, 113MIN



The Fourth Protocol

Sun, 9pm, Legend ★★★★★

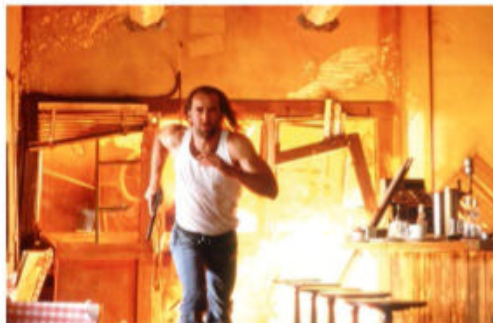
Michael Caine plays a jaded British agent trying to foil a Soviet plot to sour Anglo-American relations. A talky but well-acted Cold War thriller, based on a Frederick Forsyth novel. 1987, 15, 119MIN



The Grey

Monday, 11.05pm, Film4 ★★★★★

Liam Neeson heads the cast of a chilling survival thriller about a group of plane crash survivors who are chased by a pack of ravenous wolves through the frozen Alaskan wastes. 2012, 15, 117MIN



Con Air

Fri, 11.55pm, Film4 ★★★★★

America's most notorious criminals, led by a splendidly evil John Malkovich, hijack a prison plane, leaving parolee Nicolas Cage to stop them. A deftly handled and enjoyably quirky thriller. 1997, 18, 115MIN

Family



The Lego Movie

Mon, 4pm, Sky Animation ★★★★★

Utilising top-notch animation and brazen product placement, this is a joyous, utterly irresistible comedy. Chris Pratt voices the everyman hero in a world made from Lego. 2014, U, 100MIN



Shrek

Fri, 2.25pm, Sky Animation ★★★★★

Turning the traditional fairy tale on its head, this first outing for the green ogre is so full of good ideas that you will still find new things to laugh at even after all these years. 2001, U, 90MIN

EDITOR'S CHOICE



A Beautiful Day in the Neighborhood

Sunday, 6.50pm, Film4 ★★★★★

Tom Hanks radiates kindness as US children's TV show host and cultural icon Fred Rogers in a heartwarming biopic. The film is far from being snug and anodyne, showing how Rogers was able to tackle surprisingly thorny topics in his show, such as war and assassination, racism and divorce – while also giving children positive ways to deal with their feelings. 2019, PG, 109MIN

Comedy



Goon

Sunday, 9.10am & 3.15am, Sky Cinema Comedy ★★★

Despite the violence and profanity, this comedy and its hero – Seann William Scott's ice-hockey-team enforcer – remain sweet-natured. 2011, 15, 92MIN



Midnight Run

Monday, 10pm, Sky Greats ★★★★★

An entertaining odd-couple comedy thriller in which Robert De Niro's gruff bounty hunter has to escort Charles Grodin's bail-jumping Mafia accountant across the country. 1988, 18, 122MIN



Blades of Glory

Wed, 8pm, Sky Cinema Comedy ★★★

A strictly one-joke movie about the world's first same-sex figure skating duo manages to keep the laughs flowing thanks to Will Ferrell and Jon Heder's ludicrous antics. 2007, 12, 93MIN



Beverly Hills Cop

Wednesday, 8pm, Sky Greats ★★★★★

Eddie Murphy gets a career-defining role in this wise-cracking comedy thriller as a Detroit cop who heads to LA to find his best friend's killers with or without the help of the local police. 1984, 15, 105MIN

Weekend movies

Saturday 8 June

THRILLER

Skyfall

8pm, ITV1

★★★★★

Sex ●●● Violence ●●● Language ●●●

Daniel Craig's third 007 movie gets off to a cracking start with a heart-pounding chase through Istanbul that ends with M (Judi Dench) ordering Bond's elimination. But she's the one in the firing line, since a hard drive identifying MI6 agents has fallen into the wrong hands and her new boss (Ralph Fiennes) wants her retired. Add Javier Bardem as the bad guy, plus great support from Ben Whishaw and Naomie Harris, and this is a hard-to-fault, thrilling adventure with a few surprises in store. 2012, 12, 143MIN



Sticky situation:
Daniel and Javier

COMEDY DRAMA

An Ideal Husband

2pm, BBC2

★★★★

Sex ●●● Violence ●●● Language ●●●

Rupert Everett is perfectly cast as Lord Arthur Goring ('To love oneself is the beginning of a lifelong romance!'), a conceited aristocrat who's the life and soul of Victorian London. When Julianne Moore's blackmailing Mrs Cheveley appears, he schemes to protect his friends Gertrude and Robert (Cate Blanchett and Jeremy Northam). The wit oozes from the screen in this elegant, immaculately performed version of Oscar Wilde's play. 1999, PG, 95MIN

ROMCOM

Bridget Jones's Baby

5.50pm,

Sky Cinema Comedy

★★★

Sex ●●● Violence ●●● Language ●●●

Back for her third turn as Helen Fielding's irrepressible Ms Jones, Renée Zellweger proves as funny and endearing as ever. She does, however, have a new predicament with which to wrestle in her cack-handed fashion: pregnancy. And she doesn't know who's the daddy, with the prospective father being either Patrick Dempsey's smooth US billionaire Jack or Colin Firth's uptight Mark Darcy. 2016, 15, 123MIN

ACTION THRILLER

The Equalizer

9pm, C4

★★★

Sex ●●● Violence ●●● Language ●●●

Denzel Washington's freelance righter of wrongs cracks open a can of whup-ass on a bunch of bad 'uns in this ultra-violent update of the 1980s Edward Woodward TV series. His unassuming loner offers paternal advice to Chloë Grace Moretz's troubled teenage prostitute, until he reveals himself as a former black ops agent when she is savagely beaten by her Russian pimp. Washington pulls off his role with panache. 2014, 15, 132MIN

SCI-FI ACTION

Predator

11.40pm, C4

★★★★

Sex ●●● Violence ●●● Language ●●●

What begins as a standard Arnold Schwarzenegger action vehicle – he plays a military commander leading his troops on a covert mission in South America – morphs into a monster movie, with the humans being stalked by a ruthless alien hunter. The action thunders along at a ferocious pace and the scenes from the alien's point of view are a clever touch. 1987, 15, 107MIN

■ Full listings start on p67

Sunday 9 June

COMEDY DRAMA

The Phantom of the Open

10pm, BBC2 (not Northern Ireland)

★★★★

Sex ●●● Violence ●●● Language ●●●

This gentle comedy hits the feel-good spot in a true-life, mid-1970s tale of Maurice Flitcroft (Mark Rylance), a middle-aged crane operator who responds to redundancy by entering the golfing Open. A hapless dreamer and doting family man (Sally Hawkins plays his wife), Flitcroft's optimism refuses to be grounded. Tone and plot veer off in the end, but Rylance keeps a sure grip in director Craig Roberts' mix of workaday reality, heartwarming family detail and cartoonish comedy. 2021, 12, 106MIN

Fair play:
Mark



ANIMATION

The Croods

12.40pm, ITV1

★★★★

Sex ●●● Violence ●●● Language ●●●

Nicolas Cage provides the voice of prehistoric caveman father Grug, who fears for the future of his rebellious teen daughter Eep (Emma Stone), in this boisterous but warmhearted animated comedy adventure. Inevitably, sparks fly when Eep falls for savvy outsider Guy (Ryan Reynolds), who has alarming news of an impending disaster. The film delights with its energetic action scenes, knockabout slapstick humour and lush visuals. 2013, U, 99MIN

PERIOD ROMANCE

Pride & Prejudice

4.15pm, BBC2

(3.40pm Wales)

★★★★★

Sex ●●● Violence ●●● Language ●●●

Keira Knightley came of age as an actress with her exceptional performance as Jane Austen's outspoken Elizabeth Bennet. She's the vivacious heart and soul of this adaptation, while Matthew Macfadyen is a nuanced Darcy, whose stern face hides a heroic heart. The photography and staging couldn't be more eloquent, ensuring this is an old favourite that is revived and reinvigorated with feeling and flair. 2005, U, 127MIN

BIOPIC

Darkest Hour

8pm, BBC1

★★★

Sex ●●● Violence ●●● Language ●●●

Unrecognisable beneath bald cap and prosthetics, Gary Oldman lets rip with the oratory in this rousing World War Two biopic of wartime prime minister Winston Churchill. Oldman's Oscar-winning turn is truly mesmerising, and he gets sterling support from Kristin Scott Thomas as his wife Clemmie. Unfortunately the script is let down by a made-up scene aboard a London Underground train that derailed the whole movie. 2017, PG, 125MIN

DRAMA

My Old Lady

11.40pm, BBC2

★★★

Sex ●●● Violence ●●● Language ●●●

A bittersweet tale about a New Yorker (Kevin Kline) arriving in Paris to claim the valuable apartment he's inherited, only to find he's stuck with sitting tenants – droll Maggie Smith and her frosty daughter Kristin Scott Thomas. The set-up yields some enjoyable battle-of-wits comedy, performed with relish by the three stars, before revealing unexpected depths of feeling. 2014, 12, 107MIN

■ Full listings start on p77

PAY-PER-VIEW PREMIERES

The pick of the week's films on Sky, Virgin and other platforms



Loo-sing his way: Kōji

WORLD CINEMA

Perfect Days

From Monday

★★★★

Sex ●●● Violence ●●● Language ●●●

Every morning a Tokyo toilet cleaner (Kōji Yakusho) sets off to work in the tiny minivan that houses his sanitary equipment. His regime is a solitary, almost monastic one, soundtracked by whichever of his vintage cassette tapes (Patti Smith, Lou Reed) takes his fancy that day. *Perfect Days* is a meditative film that requires patience and forbearance and gently asks the viewer to surrender to its intimate, contemplative rhythm. Stick with it, though, and you'll be amply rewarded, not least by the way it lightheartedly celebrates Tokyo's cutting-edge public conveniences. 2023, PG, 125MIN



Feeling punchy: Bill and co

CRIME THRILLER

Boy Kills World

From Monday

★★★

Sex ●●● Violence ●●● Language ●●●

As a deaf-mute orphan on a mission to avenge himself on the regime who offed his family, Bill Skarsgård as Boy lets his brawn do the talking in a gleefully bonkers blend of *The Hunger Games* and *The Raid*. Martial arts maven Yayan Ruhian has a leading role, Boy's every move is accompanied by an inner voice from his favourite videogame and *Downton Abbey*'s Michelle Dockery turns up as a deadly enforcer. The wackiness does get wearying, but the film's deliriously unhinged energy is undeniable. 2023, 18, 110MIN

Weekday movies

Monday 10 June

COMEDY

Strays
6.20pm, Sky Cinema Comedy
★★★★

Sex Violence Language

Cute Border terrier Reggie (voiced by Will Ferrell) is dumped in the city by deadbeat owner Will Forte, where he meets Boston terrier Bug (Jamie Foxx), Australian shepherd Maggie (Isla Fisher) and soft-hearted Great Dane Hunter (Randall Park). Reggie's new best buds convince him being a stray is where it's at, but Reggie now wants to make Forte pay – in the most eye-watering way possible... This expletive riddled comedy revels in bad taste but is also genuinely touching – and absolutely hilarious. 2023, 15, 93MIN



DRAMA

Spotlight
3.40pm, Sky Drama ★★★★★

Sex Violence Language

There is nothing the least bit flashy about this superb Oscar-winning drama, which chronicles the dogged efforts in 2001 by a team of Boston Globe reporters to expose the Roman Catholic Church's cover-up of child sex abuse by priests, but its sober treatment of the story proves absolutely riveting. The film is helped enormously by a terrific cast, headed by Mark Ruffalo, Michael Keaton and Rachel McAdams. 2015, 15, 129MIN

COMEDY THRILLER

Cocaine Bear
4.10pm, Sky Hits ★★

Sex Violence Language

Based, sort of, on a true story, this basic thriller about a bear that hoovers up drugs wavers between scares and laughs. The result is not as snort-out-loud funny or thrilling as expected, but Keri Russell, Ray Liotta and O'Shea Jackson Jr are good value as the stars/fodder. Highlights include our hirsute antihero pausing its rampage to admire a butterfly and leaving a trail of spurting limbs after chasing an ambulance. 2023, 15, 95MIN

ROMCOM

Jerry Maguire
8pm, Sky Drama ★★★★★

Sex Violence Language

Writer-director Cameron Crowe's delightful romcom is a super-sleek star vehicle for Tom Cruise. He's a sports agent who has a crisis of conscience and loses his job. Cruise excels, but also impressive are an Oscar-winning Cuba Gooding Jr as his one client and Renée Zellweger as a single mum who gets the best (if not the most famous) line: 'First class is what's wrong, honey. Used to be a better meal. Now it's a better life.' 1996, 15, 139MIN

COMEDY DRAMA

Shiva Baby
2.40am, C4 ★★★★★

Sex Violence Language

This excellent dark comedy centres on rudderless college student Danielle (a terrific Rachel Sennott) as she attends a shiva surrounded by all her family and problems. Although every stressful cringe-com scenario is magnified, it all feels painfully authentic, thanks to writer-director Emma Seligman's fresh perspective on the events as they snowball. 2020, 15, 77MIN

Full listings start on p87

Tuesday 11 June

GHOST STORY

The Others
9pm, BBC3 ★★★★★

Sex Violence Language

Nervy Nicole Kidman and her two sickly children (who have an allergy to daylight) experience strange goings on in their gloomy big country house in 1945 Jersey. Kidman will have none of it when her daughter claims to have talked to a ghostly little boy, but the evidence of her own senses becomes increasingly harder to ignore. You may guess the big twist, but this is the essence of what a good ghost story should be, with skilful direction building up a superb level of chilling suspense. 2001, 12, 104MIN



SUPERHERO

The Flash
8pm, Sky Family ★★★★★

Sex Violence Language

An ambitious, confident outing that offers plenty of fun in a time-hopping plot that sees Barry Allen, aka The Flash, teaming up with his teen self to try to stop their mum's murder. Ensuring both the emotional moments and gags hit the mark, Ezra Miller does well in the lead, Michael Keaton's Batman is a real treat and, as (underused) Supergirl, Sasha Calle dishes out bracing hits against the foes. The gaudy CGI lets the side down, though. 2023, 12, 144MIN

ACTION THRILLER

Fast & Furious 7
8pm, Sky Statham ★★★★★

Sex Violence Language

The seventh instalment in the relentless Fast & Furious action franchise is brash, noisy and utterly ludicrous. However, it also pays an unexpectedly tender farewell to star Paul Walker, who was killed in a car crash during a break from filming in 2013. Newcomers Jason Statham, Kurt Russell and Nathalie Emmanuel are thrown into the mix along with old faves Vin Diesel, Dwayne Johnson and Jordana Brewster. 2015, 12, 137MIN

SCI-FI THRILLER

Looper
9pm, Sky Sci-Fi/Horror ★★★★★

Sex Violence Language

A head-spinning time-travel thriller about young hitman Joe (Joseph Gordon-Levitt) who dispatches victims sent back in time by mobsters from the future. When his future self (played by Bruce Willis) turns up, he is hell-bent on changing his destiny. As the story's perplexing events unfold, Gordon-Levitt gets Willis' mannerisms subtly right, and Emily Blunt also impresses as a single mum to whom both Joes are drawn. 2012, 15, 118MIN

CLASSIC DRAMA

Kes
1.25am, Film4 ★★★★★

Sex Violence Language

Both uplifting and upsetting, this was director Ken Loach's second film and remains one of his best. Loach graphically portrays the harsh life of a bullied youngster (David Bradley), who shows his sensitive side when he finds an abandoned young kestrel and trains it. Don't expect a happy ending: this modern classic is British realist cinema at its best. 1969, PG, 109MIN

Full listings start on p97

Wednesday

CRIME DRAMA

Hustlers
11.25pm, Film4 ★★★★★

Sex Violence Language

Jennifer Lopez is hugely charismatic as she struts and swaggers her way through this sizzling, true-story-inspired movie. In the wake of the 2008 financial crash, a band of strippers played a hustle of their own against their Wall



ADVENTURE

Gladiator
11.15am & 8pm, Sky Action ★★★★★

Sex Violence Language

For sheer spectacle, director Ridley Scott's Oscar-winning re-creation of life in the Roman Colosseum is hard to beat. As the camera swirls around the arena, Russell Crowe's stoic general-turned-slave awaits his moment to get revenge on Joaquin Phoenix's malicious emperor. Yet for all the technical bravado and shuddering combat scenes, it's hard to fully engage with the characters. 2000, 15, 154MIN

COMEDY THRILLER

Bad Boys for Life
9pm, Film4 ★★★★★

Sex Violence Language

Happily for fans, not much has changed for Miami narcotics cops Mike (Will Smith) and Marcus (Martin Lawrence) since their last film, Bad Boys 2, in 2003. There's the usual wisecracking banter between the chalk-and-cheese duo (Smith's a cocky, Porsche-driving playboy, Lawrence a fretful family man) and flashy action hung on a thin plot, here a mother and son from a Mexican drug cartel gunning for Mike. 2000, 15, 124MIN

12 June

Street clients. These men scammed the country and got away with it, reasons Lopez's Ramona after taking Constance Wu's newbie Destiny under her wing. Hopping backwards and forwards between the late-2000s and 2014, with Julia Stiles' journalist interviewing Destiny, this is a sharp and savvy delight. 2019, 15, 110MIN



SUPERHERO

Batman Begins

10.40pm, Sky Action ★★★★★

Sex ●●● Violence ●●● Language ●●●

Writer-director Christopher Nolan's brooding take on Batman's origins is a visually stunning spectacle. Christian Bale is just right as Bruce Wayne and the film has great fun explaining the origins of the Bat Cave, Batmobile and the cowl, cape and utility belt. Cillian Murphy is the scary Scarecrow, while Gary Oldman, Michael Caine, Liam Neeson and Morgan Freeman excel in support. 2005, 12, 140MIN

CLASSIC THRILLER

The Conversation

11.30pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

The 1970s was the decade for edgy movies and director Francis Ford Coppola's paranoid thriller is among the best. In one of the defining roles of his career, Gene Hackman is a lonely surveillance expert convinced he's unearthed a murder plot after recording a seemingly innocent conversation in a park. But the more he digs, the more events spiral out of control... 1974, 12, 113MIN

■ Full listings start on p 107

Thursday 13 June

COMEDY HORROR

Shaun of the Dead

8pm, Sky Cinema Comedy ★★★★★

Sex ●●● Violence ●●● Language ●●●

When killer zombies start taking over London, unlikely heroes Simon Pegg (who also co-wrote the script with director Edgar Wright) and Nick Frost think the ideal place to shelter with their fellow survivors is their favourite local pub. Kate Ashfield, Penelope Wilton, Dylan Moran and Bill Nighy also star and a host of Brit comedians have cameos. This inspired comedy horror may be a one-joke movie, but it gets the tricky balance between humour, scares and gory action just right. 2004, 15, 99MIN



Nailing it:
Nick and Simon

DRAMA

Dallas Buyers Club

6pm, Sky Drama ★★★★★

Sex ●●● Violence ●●● Language ●●●

By turns obnoxious, dogged, compassionate and brave, Matthew McConaughey is mesmerising to watch as a Texan good ol' boy diagnosed with AIDS and given 30 days to live. So he sets up a club selling life-extending but unlicensed drugs to fellow sufferers. Set in 1985 and based on a true story, this stirring tale of underdog triumph undoubtedly simplifies the events, but McConaughey's Oscar-winning performance packs a punch. 2013, 15, 117MIN

CHILLER

The Woman in Black

10.05pm, Sky Hits ★★★★★

Sex ●●● Violence ●●● Language ●●●

Brace yourself for shocks and scares as Daniel Radcliffe's widowed solicitor is sent to settle a dead woman's estate in a gloomy isolated mansion where doors slam shut of their own accord, a rocking horse tips furiously back and forth, and a ghostly hand print appears on a window. Making the most of its eerie setting, Hammer Studios' version of Susan Hill's classic story is guaranteed to give you goosebumps. 2012, 12, 95MIN

CLASSIC COMEDY

The Graduate

10.30pm, BBC4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Robert Redford was the original choice to star in this landmark adaptation of Charles Webb's novel – with Doris Day as Mrs Robinson. Now, it's impossible to imagine anyone other than Dustin Hoffman (in his star-making role) and Anne Bancroft in the roles. The Simon & Garfunkel soundtrack and the agonising ending are just two perfect things in a film that continues to set the benchmark for any coming-of-age movie. 1967, 12, 105MIN

CRIME DRAMA

Monster

11.15pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Charlize Theron's Oscar-winning transformation into pasty-faced, overweight prostitute-turned-serial killer Aileen Wuornos is an astonishing performance on every level. Yet while Theron seems willing to dig deep into the character, the film itself is glib, preachy and naive, placing a little too much credence on the killer's unreliable version of events. 2003, 18, 109MIN

■ Full listings start on p 117

Friday 14 June

BIOPIC

The Wolf of Wall Street

10pm, Sky Hits ★★★★★

Sex ●●● Violence ●●● Language ●●●

Young stockbroker Jordan Belfort (Leonardo DiCaprio) picks himself up after the 1987 Wall Street crash and makes a fortune dealing in worthless shares and embracing all of the excesses that too much money can buy. But the net is closing in on his dodgy empire... Director Martin Scorsese's exhilarating biopic is far too admiring of its despicable anti-hero, but DiCaprio's charismatic no-holds-barred performance is dazzling and Jonah Hill is also exceptional as his right-hand man. 2013, 18, 180MIN



Money talks:
Leonardo

MUSICAL

Dear Evan Hansen

11.05pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

The Broadway hit doesn't quite hit the high notes on screen. It retains stage star Ben Platt in the role of anxious, depressed Evan, who feigns friendship with classmate Connor (Coltan Ryan) after he takes his own life, only for the white lie to grow darker by the day. A toe-tapping film about loneliness and loss, this is stronger when staging its tunes than in the drama. Amy Adams and Julianne Moore offer stellar support. 2021, 12, 137MIN

COMEDY

The Inbetweeners Movie

11.05pm, C4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Stow your good taste at the door for a deliciously filthy and defiantly un-PC movie outing for the four friends from suburbia. After leaving school, swotty Will (Simon Bird), gormless Neil (Blake Harrison), lovelorn Simon (Joe Thomas) and sex-obsessed Jay (James Buckley) take off on holiday, only to discover their disastrous luck and tragic pick-up capabilities have followed them to Crete. 2011, 15, 93MIN

THRILLER

Tinker Tailor Solider Spy

11.25pm, BBC1 (not Wales) ★★★★★

Sex ●●● Violence ●●● Language ●●●

John le Carré's classic spy novel is turned into a superbly clever thriller. Gary Oldman is subtle and patient as spycatcher George Smiley, brought in by John Hurt to find a Soviet mole at the heart of British intelligence. Could the culprit be Ciarán Hinds, Toby Jones, Colin Firth or David Dencik? Thanks to brilliant acting and deft handling, it's rewarding finding out. 2011, 15, 127MIN

SCI-FI THRILLER

Terminator 2: Judgment Day

11.30pm, ITV1 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Director James Cameron's first sequel to the 1984 blockbuster sees Arnold Schwarzenegger playing a good cyborg sent back to protect Sarah Connor (Linda Hamilton reprising her role) and her son (Edward Furlong) from Robert Patrick's liquid-metal terminator. Arnie brings a lot of humour to his role, and the special effects still hold up well. 1991, 15, 146MIN

■ Full listings start on p 127

Sport week

Your ultimate guide to the best of the week's live

Stars George Williams
(Warrington) and
Harry Smith (Wigan)

Challenge Cup Final

Wigan and
Warrington battle
it out at Wembley

Warrington boss
Sam Burgess

Leigh Leopards
were surprise
winners in 2023

LIVE RUGBY LEAGUE

Wigan Warriors v Warrington Wolves

Saturday, kick-off 3pm, BBC1

After a stellar playing career that saw him represent England at both rugby codes, Sam Burgess will be aiming to win the first silverware of his coaching career on Saturday when his Warrington Wolves team play Wigan Warriors in the Challenge Cup final at Wembley.

Since his appointment before the start of the season, Burgess has transformed the Wolves into a

free-flowing, attacking side that is also fighting for the title at the top of the Super League.

'Sam has been brilliant. He has created a team environment that players want to work for,' says George Williams, who led the Wolves to a 46-10 demolition of Huddersfield Giants in their semi-final. 'Warrington haven't been in a Challenge Cup final for five years. This is huge for the club.'

England captain Williams was banned for last weekend's Super League clash between the finalists, but the 29-year-old will return at

Wembley to lead out the Wolves against his former club, for whom he made 179 appearances.

FORMIDABLE

Warrington will go into Saturday's showdown as underdogs against a Wigan side that is enjoying another excellent season under head coach Matt Peet. The reigning Super League champions have already won the World Club Challenge this season, and remain in the mix to retain their league title.

On Saturday, they will be bidding

to win a 21st Challenge Cup, having last won the trophy in 2022 at the Tottenham Hotspur Stadium, although it is 11 years since they lifted the Cup in the competition's spiritual home of Wembley.

'Playing at Wembley is a special feeling,' says scrum-half Harry Smith, who was player of the match in Wigan's convincing 38-6 semi-final win against Hull KR. 'The stadium is full of nostalgia and history, so the whole town will be buzzing to be back there.'

THE MAIN EVENT

FOUR IN A ROW?

Wembley also stages the Women's Challenge Cup final on Saturday, with the match kicking off at 11.45am and shown live on BBC2.

It's only the second time the stadium has staged the event, and features a repeat of the last two finals when St Helens defeated Leeds Rhinos on both occasions.

Saints are seeking a fourth consecutive triumph and will start as favourites after England half-back Faye Gaskin scored all 12 points for Saints when they defeated the Rhinos in the Women's Super League last month.

'Playing at Wembley in 2023 was better than we could have imagined,' says St Helens full-back Jodie Cunningham. 'But there are girls in the team who didn't get the Wembley experience last year, so we are delighted to be back.'



Faye Gaskin of St Helens (front)



Justin Rose took the win in 2013

LIVE GOLF

US Open

From Thursday, Sky Sports Golf & Sky Sports Main Event

Wyndham Clark was the surprise winner of the US Open last year when the largely unknown American defeated Rory McIlroy by one shot to claim his first major. He'll be back to defend his title this week at the Pinehurst Resort in North Carolina. The field includes Masters champion Scottie Scheffler, PGA Championship winner Xander Schauffele, Justin Rose, who won the US Open in 2013, and three-time champion Tiger Woods, who has received a special exemption.



Defending champ Wyndham Clark



Australia's Mitchell Starc

LIVE CRICKET

T20 World Cup

From Saturday, Sky Sports Action, Sky Sports Cricket & Sky Sports Main Event

Saturday features one of the group stage's most anticipated matches when England and Australia meet in Bridgetown (6pm). Veteran Aussie bowler Mitchell Starc will want to repeat his match-winning performance for Kolkata Knight Riders as they won the Indian Premier League final last month. Later in the week, Scotland take on Oman (Sun, 6pm), who then play England (Thu, 8pm), while Ireland face co-hosts USA (Fri, 3.30pm).

LIVE BASEBALL

New York Mets v Philadelphia Phillies

Saturday & Sunday, TNT Sports 2

Major League Baseball returns to the London Stadium for a pair of regular-season clashes between two National League East arch-rivals. The Phillies have been knocking it out of the park this season, with pitcher Ranger Suárez pretty much unhittable, while the Mets have been on a dismal run of form, although Pete Alonso hit his 200th career home run in April, becoming the fourth-fastest in MLB history to reach that milestone.



Philadelphia's Ranger Suárez



Northampton's Ollie Sleightholme

LIVE RUGBY UNION

Premiership Final

Saturday, kick-off 3pm, ITV1 & TNT Sports 1

Having topped the table, helped by leading try-scorer Ollie Sleightholme, Northampton Saints will hope to have made it through to the final at Twickenham and the chance to claim a first Premiership

crown for a decade. The semi-finals had yet to be played as we went to press, with Saints taking on defending champions Saracens, and the winners playing Bath or Sale Sharks.

Sport A-Z and football planner >>>

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Sport week **A-Z GUIDE**

AUSTRALIAN RULES

LIVE West Coast Eagles v North Melbourne Kangaroos
Sat 7.30am TNT Sports 1

LIVE St Kilda v Gold Coast Suns
Sat 10.30am TNT Sports 1

LIVE Sydney Swans v Geelong Cats
Sun 6am TNT Sports 1

LIVE Essendon Bombers v Carlton Blues
Sun 10am TNT Sports 1

LIVE Collingwood Magpies v Melbourne Demons
Mon 6am TNT Sports 1

LIVE Brisbane Lions v St Kilda Saints
Fri 10.30am TNT Sports 1

LIVE Western Bulldogs v Fremantle Dockers
Fri 4.30am TNT Sports 1

BADMINTON

LIVE Indonesia Open
Sat 6am TNT Sports 4;
Sun 6am TNT Sports 3

LIVE Australia Open
Wed & Thu 3am TNT Sports 2;
Fri 3am TNT Sports 3

BASEBALL

LIVE New York Mets v Philadelphia Phillies
Sat 5.30pm TNT Sports 2
(start-time 6.10pm)
The MLB National League match from the London Stadium. See p61.

LIVE New York Yankees v Los Angeles Dodgers
Sat 12.30am TNT Sports 2

LIVE New York Mets v Philadelphia Phillies
Sun 2.30pm TNT Sports 2
(start-time 3.10pm) See p61.

LIVE New York Yankees v Los Angeles Dodgers
Sun 12m't TNT Sports 2

LIVE Milwaukee Brewers v Toronto Blue Jays
Mon 1am TNT Sports 2

LIVE Baltimore Orioles v Atlanta Braves
Tue 11.30pm TNT Sports 1

LIVE Minnesota Twins v Colorado Rockies
Wed 6pm TNT Sports 2

LIVE San Francisco Giants v Houston Astros
Wed 8.30pm TNT Sports 3

Speedway

Can Dan Bewley complete a hat-trick of titles at the British Speedway final?



LIVE Baltimore Orioles v Atlanta Braves
Thu 6pm TNT Sports 1

LIVE Chicago Cubs v St Louis Cardinals
Fri 7pm TNT Sports 2

LIVE Boston Red Sox v New York Yankees
Fri 12m't TNT Sports 2

BASKETBALL

LIVE Connecticut Sun v New York Liberty
Sat 6pm TNT Sports 1

LIVE NBA Finals
Sun 1am, Wed & Fri
1.30am TNT Sports 1
Coverage of games two to four.

BOXING

LIVE Xander Zayas v Patrick Teixeira
Sat 2am Sky Sports Action

LIVE Macaulay McGowan v Abass Baraou
Fri 10pm Channel 5

COMBAT SPORTS

LIVE UFC Fight Night Prelims
Sat 11pm TNT Sports 1

LIVE Jared Cannonier v Nassourdine Imavov
Sat 1am TNT Sports 1

CRICKET

LIVE Netherlands v South Africa
Sat 3pm Sky Sports Main Event, Sky Sports Cricket & Sky Sports Action

LIVE Australia v England
Sat 5.30pm Sky Sports Main Event & Sky Sports Cricket
Coverage of the men's T20 World Cup Group B match, taking place at Kensington Oval in Barbados. See p61.

LIVE West Indies v Uganda
Sat 1am Sky Sports Main Event & Sky Sports Cricket

LIVE India v Pakistan
Sun 3pm Sky Sports Main Event & Sky Sports Cricket
The men's T20 World Cup Group A match from Nassau County International Cricket Stadium.

LIVE Oman v Scotland
Sun 5.30pm Sky Sports Action & 7.30pm Sky Sports Cricket
The men's T20 World Cup Group B fixture at Sir Vivian Richards Stadium in North Sound, Antigua. See p61.

LIVE South Africa v Bangladesh
Mon 3pm Sky Sports Main Event & Sky Sports Cricket
The men's T20 World Cup Group D match in New York.

LIVE Pakistan v Canada
Tue 3pm Sky Sports Main Event & Sky Sports Cricket
The men's T20 World Cup Group A match in New York.

LIVE Middlesex v Somerset
Tue 6.25pm Sky Sports Mix; 7pm Sky Sports Main Event & Sky Sports Cricket
The T20 Blast South Group match from Lord's, London.

LIVE Sri Lanka v Nepal
Tue 12m't Sky Sports Main Event, Sky Sports Cricket & Sky Sports Action

LIVE Australia v Namibia
Tue 1am Sky Sports Main Event & Sky Sports Cricket

LIVE USA v India
Wed 3pm Sky Sports Main Event & Sky Sports Cricket
Coverage of the men's T20 World Cup Group A match in New York.

LIVE West Indies v New Zealand
Wed 1am Sky Sports Main Event & Sky Sports Cricket

LIVE Bangladesh v Netherlands
Thu 3pm Sky Sports Cricket
Coverage of the men's T20 World Cup Group D match, staged at Arnos Vale Stadium in St Vincent.

LIVE England v Oman
Thu 7.30pm Sky Sports Cricket, 8pm Sky Sports Main Event
Coverage of the men's T20 World Cup Group B match, taking place at Sir Vivian Richards Stadium in St George, Antigua. See p61.

LIVE Afghanistan v Papua New Guinea
Thu 1am Sky Sports Main Event & Sky Sports Cricket

LIVE USA v Ireland
Fri 3pm Sky Sports Cricket
The men's T20 World Cup Group A match from Central Broward Park & Broward County Stadium. See p61.

LIVE Birmingham Bears v Yorkshire Vikings
Fri 7pm Sky Sports Cricket
The T20 Blast North Group match from Edgbaston.

LIVE South Africa v Nepal
Fri 12m't Sky Sports Cricket
The men's T20 World Cup Group D match in Kingstown.

LIVE New Zealand v Uganda
Fri 1am Sky Sports Main Event & Sky Sports Action, 4.30am Sky Sports Cricket

CYCLING

LIVE Criterium du Dauphine
Sat 12.05pm & Sun 12noon Euro2
Stages seven and eight.

LIVE Mountain Biking
Sun 2pm Euro2
From Leogang in Austria.

LIVE Tour of Slovenia
Wed 12.30pm & Thu 12noon Euro1
Stages one and two.

LIVE Tour of Belgium
Wed 2.45pm, Thu & Fri 2pm Euro1
Stages one to three.

LIVE Mountain Biking
Fri 4pm & 4.45pm Euro1
Coverage from Val di Sole in Italy.

DARTS

LIVE World Series of Nordic Masters
Sat 6pm ITV3
Day two from Forum Copenhagen in Denmark.

LIVE World Series of Darts
Fri 6pm ITV4
Coverage of the Poland Darts Masters at PreZero Arena in Gliwice.

GOLF

LIVE Scandinavian Mixed
Sat 12noon Sky Sports Golf, 12.30pm Sky Sports Main Event; Sun 11.30am Sky Sports Main Event & Sky Sports Golf
Days three and four at Vasatorp Golf Club in Helsingborg, Sweden.

LIVE Memorial Tournament
Sat & Sun 4.30pm Sky Sports Golf; Sat 10pm & Sun 9pm Sky Sports Main Event
Days three and four at Muirfield Village Golf Club in Dublin, Ohio.

LIVE LPGA ShopRite Classic
Sat & Sun 11pm Sky Sports Main Event & Sky Sports Golf
Coverage of days two and three at the Seaview in Galloway, New Jersey.

LIVE US Open
Thu & Fri 12.30pm Sky Sports Golf; Thu 12.30pm & 11pm, Fri 12.30pm Sky Sports Main Event
Coverage of days one and two of the Major, which is staged at Pinehurst Resort in North Carolina. See p61.

HOCKEY

LIVE India v Germany
Sat 10am TNT Sports 2
The women's FIH Pro League game.

LIVE Great Britain v Australia
Sat 12.15pm TNT Sports 2
The women's FIH Pro League game.

LIVE Great Britain v Australia
Sat 2.30pm TNT Sports 2
The men's FIH Pro League match.

LIVE India v Germany
Sat 5.15pm TNT Sports 4
The men's FIH Pro League match.

LIVE Germany v Australia
Sun 10am TNT Sports 2
The women's FIH Pro League game.

LIVE India v Great Britain
Sun 12.15pm TNT Sports 2
The women's FIH Pro League game.

LIVE Great Britain v India
Sun 2.30pm TNT Sports 3
The men's FIH Pro League match.

LIVE Australia v Germany
Sun 5.15pm TNT Sports 3
The men's FIH Pro League match.

LIVE Great Britain v Spain
Tue 11am TNT Sports 1
The men's FIH Pro League match.

LIVE China v Great Britain
Tue 1.15pm TNT Sports 1
The women's FIH Pro League game.

LIVE Germany v Australia
Tue 3.30pm TNT Sports 1
The men's FIH Pro League match.

LIVE Australia v Germany
Tue 5.45pm TNT Sports 1
The women's FIH Pro League game.

LIVE Germany v Spain
Wed 12noon TNT Sports 1
The men's FIH Pro League match.

LIVE China v Germany
Wed 2.15pm TNT Sports 1
The women's FIH Pro League game.

LIVE Great Britain v Australia
Wed 5.45pm TNT Sports 1
The men's FIH Pro League match.

LIVE Australia v Great Britain
Wed 8pm TNT Sports 1
The women's FIH Pro League game.

HORSE RACING

LIVE Haydock and Beverley
Sat 1.30pm ITV4

ICE HOCKEY

LIVE NHL
Sat, Mon & Thu 12m't
Premier Sports 1

MOTORCYCLING

LIVE World Endurance
Sat 11.30am & 7.30pm Euro1, 2pm Euro2
The Eight Hours of Spa, staged at Spa-Francorchamps, Belgium.

LIVE British Speedway
Sat 7pm Euro2
The final from the National Speedway Stadium, Belle Vue.

LIVE Motocross World Championship
Sun 11am Euro2
Round nine from Kegums, Latvia.

LIVE World Superbikes
Fri 9.15am, 1.05pm & 1.55pm Euro2
Coverage of round 10 from Misano.

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- 13 Jan 2025 ● 4 nights from £499^{pp}
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- Paul da Vinci's 60s & 70s Explosion
- Destiny Michelle's Forever Broadway Show
- Temple Brothers play the Everlys
- The Dolly Parton Experience
- The Dreamers ● The Firebirds
- Billy Shannon from Showaddwaddy
- The Ragdolls ● Maxine Mazumder as Dusty
- Shane Perkins ● Jenny Barkley
- Christopher Gee's impressions show
- 60s Explosion Carry on New Year Party



60s & 70s to Soul & Motown on the Isle of Wight

Free Drinks

Just £10^{pp} deposit

Norton Grange, Yarmouth

- 13 Sept 2024 ● 3 nights from £449^{pp}
- Self Drive to resort
- Paul da Vinci's 60s & 70s Explosion
- Andy Abraham & Band
- The Firebirds ● Union Gap UK
- Destiny Michelle's Forever Motown & Soul Show ● Country Joe
- Bruce Parker California Soul Man
- Maxine Mazumder as Dusty
- Straight Circles ● Red Mick - Mick Hucknall & Simply Red tribute



Thru the Decades South Coast Autumn Party

Free Drinks

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Lakeside, Hayling Island

- 7 Oct 2024 ● 4 nights from £499^{pp}
- Self Drive to resort
- Blondied - tribute to Blondie
- The Original Jukebox Heroes
- Jeff Brown (ex Sweet) ● Child
- Memories of the Four Tops
- The Dreamers' Lollypops & Moptops Show ● The Overtures
- Union Gap UK ● The Ragdolls
- The Trens ● New Amen Corner
- Bruce Parker California Soul Man
- Quattro - Nancy Ann Lee's tribute to Suzi Quatro & the 70s with band
- Country Joe



Simply Soul & Motown on the Suffolk Coast

Free Drinks

Just £10^{pp} deposit

Corton, Lowestoft

- 14 Feb 2025 ● 3 nights from £399^{pp}
- Self Drive to resort
- Andy Abraham & band
- Roy G Hemmings Dictionary of Soul
- Evah Morgan's RESPECT show
- Martin Jarvis as Tom Jones
- Memories of the Four Tops
- Jake & Elwood - Blues Bros tribute
- Forever Jackson ● Dominic Uppiah's Soul & Motown Show
- Destiny Michelle's Forever Motown & Soul Show ● The Soul Survivors

ALL HOLIDAYS INCLUDE • Entertainment every evening & afternoons with all *acts stated • Breakfasts & Dinners
• Free selected drinks from 6pm to midnight every night • Standard accommodation at the stated Warner hotel/resort (singles and upgrades available) • Car parking • Car ferry with Isle of Wight breaks

Football planner

LIVE Women's Circuit Racing World Championship

Fri 12.20pm Euro2

Round one of the series in Misano.

MOTORSPORT

LIVE Indycar

Sat 4pm Sky Sports F1; Sat 6.45pm & 8.15pm, Sun 5.15pm & 8.30pm Sky Sports Mix

Coverage of the Grand Prix of Road America, which takes place at Elkhart Lake in Wisconsin.

LIVE Formula 1

Sat 5.15pm Sky Sports F1

The Canadian Grand Prix third practice session from Circuit Gilles-Villeneuve in Montreal.

LIVE Formula 1

Sat 8pm Sky Sports F1;

Sat 9pm Sky Sports Main Event

The Canadian Grand Prix qualifying session at Circuit Gilles-Villeneuve.

LIVE British Touring Car Championship

Sun 11am ITV4

The fourth meeting of the campaign at Thruxton, featuring the 10th, 11th and 12th races of the season.

LIVE Euro Rallycross Championship

Sun 2pm TNT Sports 4

LIVE ADAC GT Masters

Sun 2.10pm Premier Sports 2

LIVE Indy NXT

Sun 5.15pm Sky Sports Mix

The Grand Prix of Road America.

LIVE Formula 1

Sun 5.30pm Sky Sports F1,

6.55pm Sky Sports Main Event

Coverage of the Canadian Grand Prix, the ninth round of the season, which takes place at the Circuit Gilles-Villeneuve in Montreal.

LIVE FIA World Endurance Championship

Wed 12.45pm, 5.45pm & 8.45pm Euro2; Thu 1.45pm, 6.45pm & 8.45pm Euro2

Practice and qualifying sessions for the Le Mans 24-Hour race.

LIVE European Rally Championship

Thu 7pm TNT Sports 2

The Royal Rally of Scandinavia.

POOL

LIVE World Pool Championship

Sat 10am & 5pm

Sky Sports Arena

Day six of the tournament from Green Halls in Jeddah, Saudi Arabia.

LIVE Ultimate Pool

Mon 6.30pm TNT Sports 1

Group Two of the Pairs Cup.

RUGBY LEAGUE

LIVE North Queensland Cowboys v New Zealand Warriors

Sat 8.30am Sky Sports Main

Event & Sky Sports Action

Coverage of the NRL match.

LIVE Brisbane Broncos v Cronulla-Sutherland Sharks

Sat 10.30am Sky Sports Main

Event & Sky Sports Action

Coverage of the NRL fixture.

LIVE Leeds Rhinos v St Helens

Sat 11.15am BBC2

(kick-off 11.45am)

The Women's Challenge Cup final at Wembley Stadium. See p60.

LIVE Warrington Wolves v Wigan Warriors

Sat 2pm BBC1

(kick-off 3pm) The men's Challenge Cup final, staged at Wembley Stadium. See p60.

LIVE Penrith Panthers v Manly Warringah Sea Eagles

Sun 7am Sky Sports Main

Event & Sky Sports Action

Coverage of the NRL match.

LIVE Warrington Wolves v Salford Red Devils

Fri 7.30pm Sky Sports Action

(kick-off 8pm)

The Super League match, taking place at Halliwell Jones Stadium.

LIVE Castleford Tigers v Wigan Warriors

Fri 7.55pm Sky Sports Arena

(kick-off 8pm).

The Super League match, taking place at the Mend-A-Hose Jungle.

LIVE Hull Kingston Rovers v Huddersfield Giants

Fri 7.55pm Sky Sports Mix

(kick-off 8pm).

The Super League encounter from Craven Park.

RUGBY UNION

LIVE Premiership final

Sat 2pm TNT Sports 1 &

2.25pm ITV1 (kick-off 3pm)

The showpiece fixture, staged at Twickenham Stadium. See p61.

LIVE United Rugby Championship

Sat 2.55pm Premier Sports 1

A quarter-final.

LIVE Women's Premiership

Sun 1.30pm TNT Sports 1

The first semi-final.

LIVE Women's Premiership

Sun 4.15pm TNT Sports 1

The second semi-final.

SQUASH

LIVE PSA Squash

Sat 3pm TNT Sports 3;

Sun 3pm TNT Sports 4

Coverage of the British Open at Birmingham Repertory Theatre.

TENNIS

LIVE French Open

Sat 2pm Euro1

Coverage of the women's singles final from Roland-Garros.

LIVE French Open

Sat 5pm Euro1

Coverage of the men's doubles final taking place at Roland-Garros.

LIVE French Open

Sun 10.30am Euro1

Coverage of the final of the women's doubles, staged at Roland-Garros.

LIVE French Open

Sun 2pm Euro1

Coverage of the men's singles final, staged at Roland-Garros.

LIVE Libema Open

Mon-Fri 10am Sky Sports Main

Event & Sky Sports Tennis

Coverage of the WTA and ATP grass court events, which are held at Autotron Rosmalen in s-Hertogenbosch, the Netherlands.

WRESTLING

LIVE WWE Raw

Mon 1am TNT Sports 1

LIVE WWE SmackDown

Fri 7pm TNT Sports 1

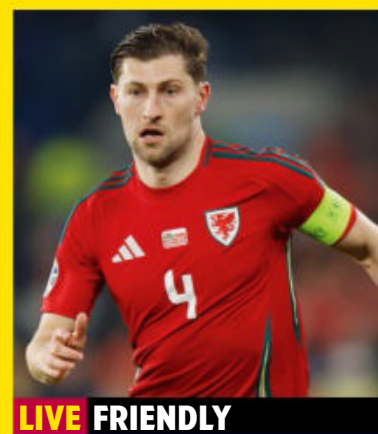


LIVE FRIENDLY

Spain v Northern Ireland

Saturday, kick-off 8.30pm, Premier Sports 2

Chelsea's Marc Cucurella could be in action in Majorca as Spain host Northern Ireland ahead of Euro 2024. Manchester United's FA Cup-winning defender Jonny Evans is back in the Northern Ireland squad alongside his brother Corry.



LIVE FRIENDLY

Slovakia v Wales

Sunday, kick-off 7.45pm, S4C, BBC iPlayer, Premier Sports 1

Wales are Slovakia's final warm-up opponents ahead of Euro 2024 as captain Ben Davies and his side travel to Trnava. The sides last met in group qualifying for Euro 2020, with Wales winning 1-0 at the Cardiff City Stadium before drawing 1-1 away.



LIVE EURO 2024

Germany v Scotland

Friday, kick-off 8pm, ITV1

Euro 2024 kicks off in Munich with the Tartan Army hoping to celebrate a famous victory against the tournament's hosts, who are finding form at just the right time. The sides have faced each other 17 times, with Scotland winning just once since 1959 – but can Steve Clarke's side get off to a flier?

Saturday 8

LIVE Slovenia v Bulgaria

1.50pm Premier Sports 2

(kick-off 2pm)

The international friendly.

LIVE Portugal v Croatia

5.35pm Premier Sports 2

(kick-off 5.45pm)

The international friendly at Centro Desportivo Nacional do Jamor.

LIVE Spain v Northern Ireland

8.20pm Premier Sports 2

(kick-off 8.30pm)

The international friendly at Estadi Mallorca Son Moix. Northern Ireland have recorded some impressive recent results, but face a tough task against the Spanish, who will expect to be among the major contenders at Euro 2024.

LIVE New England Revolution v New York Red Bulls

12.30am Apple TV+

Coverage of the MLS Eastern Conference match, which is staged at Gillette Stadium in Foxborough, Massachusetts. The Red Bulls currently sit comfortably in the top seven and a place in the final series, while Revolution are rooted to the bottom of the table.

LIVE Minnesota United v FC Dallas

1.30am Apple TV+

The MLS Western Conference match, staged at Allianz Field in Saint Paul, Minnesota. Dallas will hope for a win to boost their chances of reaching the final series play-off places, while Minnesota are aiming to consolidate their spot in the top seven of the table.

LIVE Sporting Kansas City v Seattle Sounders

1.30am Apple TV+

The MLS Western Conference fixture, staged at Children's Mercy Park in Kansas City, Kansas. Both sides have been outside the final series places, but Kansas are in greater need of the points to reach that goal, as they're at the bottom of the table, while the Sounders have the play-off places in their sights.

LIVE St Louis City v Portland Timbers

1.30am Apple TV+

Coverage of the MLS Western Conference game at CITYPARK in St. Louis, Missouri. Portland currently occupy one of the play-off spots for the final series, but St Louis are hot on their heels to claim a spot for themselves.

Sunday 9

LIVE Slovakia v Wales

7.15pm S4C & BBC iPlayer,

7.30pm Premier Sports 1

(kick-off 7.45pm)

Coverage of the international friendly, staged at Anton Malatinsky Stadium. Slovakia are making their final preparations for Euro 2024. Wales missed out on the tournament and this will be their last match until a Nations League game against Turkey in September.

Monday 10

LIVE Czech Republic v North Macedonia

4.50pm Premier Sports 1

(kick-off 5pm)

The international friendly.

LIVE Netherlands v Iceland

7.35pm Premier Sports 1

(kick-off 7.45pm)

Coverage of the international friendly at De Kuip. Iceland failed to qualify for Euro 2024, while Netherlands will be aiming for a victory to maintain good form ahead of their opening Euros match against Poland in Hamburg.

LIVE Poland v Turkey

7.35pm Premier Sports 2

(kick-off 7.45pm)

Coverage of the international friendly, which takes place at National Stadium Warsaw.

Tuesday 11

LIVE Moldova v Ukraine

4.50pm Premier Sports 1

(kick-off 5pm)

Coverage of the international friendly at Stadionul Zimbru.

LIVE International friendly

4.50pm Premier Sports 2

Friday 14

LIVE Germany v Scotland

6.30pm ITV1 (kick-off 8pm)

The opening match at Euro 2024, which takes place at Munich Football Arena, as hosts Germany play Steve Clarke's side in Group A. Three-time winners Germany are looking to win their first major trophy since the World Cup in 2014, and their first European Championship victory since 1996. Scotland qualified for their second consecutive Euros after finishing below Spain in their group, but comfortably ahead of the likes of Norway and Georgia. In their last appearance in the finals three years ago, they finished bottom of their group and they haven't won a game at this tournament since beating Switzerland 1-0 back in the opening stage of the 1996 competition in England.

LIVE New York City v Columbus Crew

12.30am Apple TV+

Coverage of the MLS Eastern Conference fixture, which takes place at Yankee Stadium in the Bronx, New York City. Both sides sit in the top seven of the table and look on course for a place in the final series. However, several other teams are still in contention for those places, so both sides will want a win to keep a strong hold on their spot with three points.

Best Sellers

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Simply place the shower cap on your head and gently massage to leave your hair feeling clean and fresh. Inside is a cloth lining saturated with a light, refreshing hair cleanser to give you that 'just washed' feeling. Ideal for travel and hospital stays.

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Hip sizes: 36 to 50" (91-127cm)
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- Simple to attach without rewiring

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Enjoy a wash without water

When you can't get in the bath or shower use these large, thick wipes to feel clean and fresh all over. Soft, strong and suitable for use on even sensitive skin, these specialist disposable cloths are saturated with gentle cleansers and moisturisers that don't need to be rinsed off. Can be cooled in the fridge or warmed in the microwave before use.

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Size 13 x 9" (33 x 23cm) **£4.00** per pack of 8
Buy 2 packs for **£7.00** (save £1)



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Measures 10½ x 7½" (27 x 20cm).
2x magnification.
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Lightweight to wear under trousers, these knee highs have a deep ribbed top which holds securely without cutting in or leaving ugly marks.

Ref M0140 15 Denier Pop Socks
One size fits 4-7.
Colours: Honey or Mink.
Pack of 3 pairs **£6.50** (all one colour)
Buy 6 pairs for **£10.00** (save £3)



Honey

Ref M0145 40 Denier Pop Socks
One size fits 4-7.
Colours: Black or Natural.
Pack of 3 pairs **£10.00** (all one colour)
Buy 6 pairs for **£17.00** (save £3)



Black

Bag up used pads

Large fragranced bags with tie handles make it easy and hygienic to deal with the mess and odour of a soiled incontinence pad.

Ref M2487 Disposable Pad Bags
Standard 7 x 12" (18 x 30cm) including tie handles.
Pack of 300 **£5.25** Buy 2 packs (600) for **£9.00** (save £1.50)

Large sized for pads ✓



Easily put on tights, socks or stockings

Slip socks or stockings over the device and pull the ribbons to draw them up your legs.

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Nick & Judy



Rugby League



LIVE!

Challenge Cup Final
BBC1, kick-off 3pm
Wembley hosts the men's showpiece as 2023 Super League champions Wigan Warriors take on Warrington Wolves.

Cricket



LIVE!

T20 World Cup: Australia v England
Sky Sports Cricket & Main Event, 5.30pm
Defending champions England face their old enemy and 2021 winners Australia.

Sci-Fi



Doctor Who
BBC1, 6.45pm
The Doctor and Ruby find themselves in a romantic Regency adventure. Guest stars Jonathan Groff of *Frozen* fame.

Thriller



PREMIERE

The Royal Hotel
Sky Premiere, 10pm
Two backpackers (Julia Garner, right, and Jessica Henwick) are caught up in an unnerving situation while in Australia.

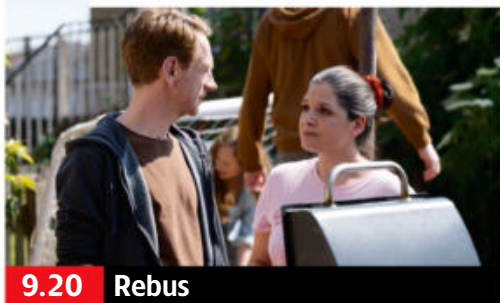
SKY EVENING TIME		7.00 PM	7.30 PM	8.00 PM	8.30 PM	9.00 PM	9.30 PM	10.00 PM	10.30 PM
FAVOURITES	101 BBC1	◀ 6.45 Doctor Who	7.30 Michael McIntyre's The Wheel	8.30 Casualty	9.20 Rebus	10.05 News	10.25 Pitch Invasion...		
	102 BBC2	◀ 6.30 Celebrity...	7.30 The Hairy Bikers Go North	8.30 Tom Jones: Later... with Jools Holland	9.30 Tom Jones at the BBC	10.25 Later...			
	103 ITV1	◀ 6.55 In with a Shout for Soccer Aid	8.00 Film: Skyfall						10.40 News
	104 CHANNEL 4	7.00 Devon and Cornwall: Coastal Lives	8.00 A Royal Guide to Scotland	9.00 Film: The Equalizer					
	105 CHANNEL 5	◀ 6.30 Keeping Up Appearances: Funniest...	8.00 Paul O'Grady: 40 Years of Laughter	9.30 Heatwave: Summer of '76					
	106 SKY SHOWCASE	7.00 Rob & Romesh vs Art	8.00 A League of Their Own: Mexican Road...	9.00 Film: The Bourne Identity					
ENTERTAINMENT	115 BBC3	7.00 EastEnders	7.30 Doctor Who...	8.00 Shark Tank	8.40 Becoming	9.00 Suits	10.25 Two Pints of...		
	116 BBC4	7.00 How the Wild West Was Won with Ray...	8.00 Castles: Britain's Fortified History	9.00 Jana: Marked for Life					
	118 ITV2	◀ 6.50 Film: The Legend of Tarzan		9.00 Love Island: Unseen Bits	10.05 Family Guy				
	136 MORE4	◀ 6.50 Come Dine with Me		9.00 24 Hours in A&E					
	135 E4	◀ 6.10 Film: Independence Day		9.00 Celebrity Gogglebox	10.00 Gogglebox				
	107 SKY WITNESS	7.00 Nothing to Declare	8.00 The Good Doctor	9.00 FBI	10.00 FBI: International				
	108 SKY ATLANTIC	◀ 6.45 Billions	7.55 Game of Thrones	9.00 House of the Dragon: War Room	10.00 Game of Thrones				
	110 GOLD	7.00 Only Fools and Horses		9.00 Ghosts	9.35 The Office				
	111 DAVE	7.00 Would I Lie to You?...	7.40 My Family	9.00 Not Going Out	10.00 Not Going Out New Year Special...				
	119 ITV3	◀ 6.00 World Series of Darts: Nordic Masters – Live: Coverage of day two from Forum Copenhagen in Denmark		10.00 Endeavour					
	120 ITV4	7.00 Cycling: Criterium du Dauphine...	8.00 Cycling: Women's Tour of Britain...	9.00 Isle of Man TT	10.00 Film: Mechanic: Resurrection				
	112 COMEDY CENTRAL	◀ 6.00 Film: What About Bob?	8.00 Film: Austin Powers: International Man of Mystery	10.00 Film: Scream 4					
	139 SKY SCI-FI	7.00 Star Trek: Voyager		9.00 Fantasy Island					
	113 SKY MAX	7.00 Rob & Romesh vs Art	8.00 A League of Their Own: Mexican Road...	9.00 Ted	10.00 Resident Alien				
DOCUMENTARY	109 ALIBI	7.00 Hudson & Rex	8.00 Shakespeare & Hathaway	9.00 Death in Paradise	10.00 Father Brown				
	130 SKY ARTS		7.10 Freddie Mercury: The Tribute Concert	9.00 Queen: From Rags to Rhapsody	10.15 Discovering: Jimi Hendrix				
	132 W	7.00 Miranda		9.00 The Catherine Tate Show					
	125 DISCOVERY	◀ 6.00 Gold Rush: Parker's Trail	8.00 Border Control Poland	9.00 Expedition From Hell: The Lost Tapes	10.00 Moonshiners				
	162 ANIMAL PLANET	7.00 How Do Animals Do That?	8.00 Wild Australia	9.00 Wild Mexico	10.00 Alaska Monsters				
	129 NAT GEO	7.00 Air Crash Investigation		9.00 Coleen Rooney: The Real Wagatha Story					
FILMS - Sky Cinema	123 SKY HISTORY	7.00 The Nostradamus Effect		9.00 Nostradamus: 21st Century Prophecies Revealed					
	155 YESTERDAY	7.00 Great Continental Railway Journeys		10.00 One Foot in the Grave					
	121 SKY DOCS	◀ 6.30 Film: Amy		9.00 MoviePass, MovieCrash					
	301 PREMIERE	◀ 5.50 Blue Beetle	8.00 Meg 2: The Trench	10.00 The Royal Hotel					
SPORT	302 STATHAM	◀ 6.00 Meg 2: The Trench	8.00 Mean Machine	9.45 The Beekeeper					
	303 WILL SMITH	◀ 6.50 Suicide Squad	9.00 Bad Boys						
	304 80S	◀ 6.05 Ghostbusters	8.00 Top Gun	10.00 Risky Business					
	305 ANIMATION		7.10 The Rugrats Movie	8.40 Rugrats in Paris	10.05 Tad the Lost Explorer and the...				
	306 FAMILY	◀ 6.25 Matilda	8.10 The Portable Door	10.10 Blueback					
	307 ACTION	◀ 6.05 xXx: Return of Xander Cage	8.00 Spider-Man	10.10 Mad Max: Fury Road					
	308 COMEDY	◀ 5.50 Bridget Jones's Baby	8.00 Talladega Nights: The Ballad of Ricky Bobby	10.10 Seriously Red					
	309 THRILLER	◀ 5.30 Inception	8.00 Angels & Demons	10.25 Lawless					
	310 DRAMA	◀ 5.35 Forrest Gump	8.00 Grease	9.55 Catch Me If You Can					
	311 SCI-FI		7.20 65	9.00 Interstellar					
SPORT	313 FILM4	◀ 6.40 A Good Year		9.00 Bad Boys for Life					
	401 MAIN EVENT	◀ 5.30 ICC Men's T20 World Cup – Live: Australia v England	9.00 F1: Canadian GP Qualifying – Live	10.00 PGA Tour Golf – Live					
	402 PREMIER LEAGUE	7.00 The Tyler Archives	8.00 The End of the Storm	10.00 Class of '92: Full Time					
	403 FOOTBALL	7.00 Championship Season Review	8.00 EFL Trophy...	8.30 Best Moments...	9.00 EFL Cup Retro				
	404 CRICKET	◀ 5.30 ICC Men's T20 World Cup – Live: Australia v England	10.00 ICC Men's T20 World Cup						
TNT SPORTS	410 TNT SPORTS 1	◀ 6.00 WNBA – Live	8.00 UEFA Champions League Magazine	9.00 WWE Friday Night SmackDown	10.30 What Went...				
	411 TNT SPORTS 2	◀ 5.30 MLB – Live: New York Mets v Philadelphia Phillies (Start-time 6.10)	9.30 Indian Baseball Dreams						



BBC1

101 101 1 101 101

- 6.00** AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** **New edition**
 With singer Paloma Faith. (S)
11.30 **Mary Berry – Cook & Share**
 Mary Berry joins caterers at a wedding and shares her tasty celebration recipes. (S)(R)
12.00 NOON **Football Focus** (S)
12.30 PM **MOTD Top Ten – Stars of Euro 2024** Players tipped to make an impact at the tournament. (S)
1.00 **BBC News** (S)
1.15 **Bargain Hunt** (S)(R)
2.00 **LIVE Rugby League: Challenge Cup** Warrington Wolves v Wigan Warriors: Mark Chapman presents all the action from the final at Wembley Stadium. Kick-off is at 3.00. See feature, page 60. (S)
5.40 **BBC News** (S)
5.50 **Local News** (S)



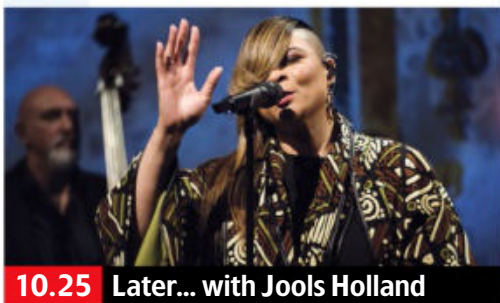
9.20 **Rebus**

- 6.00** **Celebrity Bridge of Lies** **New edition** 6/8. With Olly Smith, Chizzy Akudolu, Jayde Adams and Rav Wilding. (S)
6.45 **Doctor Who** **New episode** *Rogue*: 6/8. Ruby and the Doctor encounter a mysterious bounty hunter in the 19th Century. Jonathan Groff and Indira Varma guest star. See feature, p8. (S14) (S)
 ■ *Doctor Who: Unleashed* follows on BBC3
7.30 **Michael McIntyre's The Wheel**
 Featuring Jonathan Ross, Vick Hope and Tom Allen. (S)(R)
8.30 **Casualty**
The Last Post: Rash reaches his breaking point, Tariq fights for his cousin, and the ED team band together in order to save a patient. (S)(AD)
9.20 **Rebus** **New episode** 4/6. Rebus finds a reason to distance himself from Siobhan. (S1) (S)
 ■ Entire series on BBC iPlayer
10.05 **BBC News** (S)
10.25 **Pitch Invasion: How the Scottish and Irish Changed Football** 2/3. How players brought aggression and physicality to the English game. (S)(R)
11.25 **MOTD Top Ten: Goals Out of Nowhere** **New edition**
 A countdown of unexpected strikes from the archives. (S)
11.55 **Doctor Who: Unleashed** (S)(R)
12.25 AM **Superman & Lois** **New episode** 8/13. Clark and Chrissy try to pique Lois's interest in investigating Bruno. (S3) (S)
1.05 **Weather for the Week Ahead** Seven-day forecast. (S)
1.10 to **6.00** AM **BBC News** (S)

BBC2

102 102 2 102 102

- 6.30** AM **Children's Programmes**
9.15 **Gardeners' World** (S)(R)
10.15 **Interior Design Masters with Alan Carr** (S)(R)(AD)
11.15 **LIVE Women's Challenge Cup**
 Leeds Rhinos v St Helens: Coverage of the final at Wembley Stadium. Kick-off is at 11.45. (S)
2.00 PM **FILM An Ideal Husband**
 Comedy drama starring Jeremy Northam and Cate Blanchett. (S)(AD) (1999, PG, 90min) ★★★
3.30 **Elsa: The Lioness That Changed the World** (S)(R)
4.30 **The Great British Sewing Bee** 3/10. The sewers face challenges based around travel. (S)(R)(AD)
5.30 **Clive Myrie's Caribbean Adventure** **New edition**
 10/15. The presenter explores Cuba's oldest city, Baracoa. (S)



10.25 **Later... with Jools Holland**

- 6.00** **Flog It!**
 From Gloucester. (S)(R)
6.30 **Celebrity Antiques Road Trip**
 9/20. Actor and comedian Crissy Rock faces personality, presenter and good friend Scarlett Moffatt, assisted by antique pros Margie Cooper and Christina Trevanion. (S)(R)
7.30 **The Hairy Bikers Go North** 3/8. Simon King and Dave Myers explore Cumbria and the Lake District, where they cook a summer vegetable strudel and a Thai feast. (S)(R)(AD)
8.30 **NEW Tom Jones: Later... with Jools Holland**
 Looking back at performances by the legendary singer on the late-night music show. (S)
9.30 **Tom Jones at the BBC**
 A celebration of the singer's performances, including footage from *Top of the Pops*, *The Dusty Springfield Show* and *Later... with Jools Holland*. (S)(R)
10.25 **Later... with Jools Holland** **New edition** 4/6. Performances by Yard Act, Gabrielle, Jordan Rakei, Adrienne Lenker, Lava La Rue and Fat Dog. (S)
11.10 **Tom Jones: In Concert 1971**
 A performance by the singer, featuring an appearance from the Treorchy Male Choir. (S)(R)
12.05 AM **Imagine: Tom Jones – What Good Am I?** A look at the career of the singer who has sold more than 100 million albums. (S)(R)
1.05 **Tom Jones at Glastonbury** (S)(R)
2.05 **Tom Jones' 1950s: The Decade That Made Me** (S)(R)
3.05 to **6.15** AM **Previews** (S)

ITV1

103 103 803 103 3 103 103 103

- 6.00** AM **Love Your Garden** (S)(R)(AD)
6.30 **FILM Goldfinger** Spy adventure starring Sean Connery. (S)(AD) (1964, PG, 115min) ★★★★★
8.25 **Katie Piper's Breakfast Show** **New edition** With Livi Sheldon. (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** **New edition** (S)
11.40 **Ainsley's National Trust Cook Off** **New edition** 3/10. With Briony May Williams and Gaz Oakley. (S)(AD)
12.40 PM **James Martin's Great British Adventure** (S)(R)(AD)
1.10 **ITV News** (S)
1.25 **Ninja Warrior UK: Race for Glory** Game show. (S)(R)(AD)
2.25 **LIVE Rugby Union: Premiership**
 Coverage of the final, staged at Twickenham. Kick-off is at 3.00. (S)
5.45 **ITV News** (S)



8.00 **Skyfall**

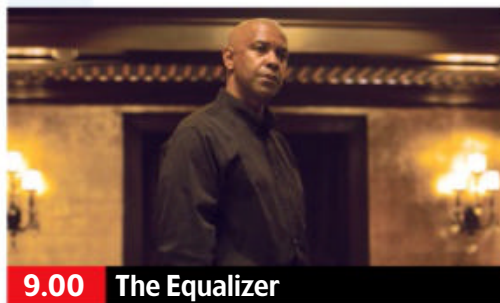
- 6.00** **Local News** (S)
6.15 **NEW In for a Penny**
 Stephen Mulhern presents a special edition from Walt Disney World Resort. (S)(AD)
6.55 **NEW In with a Shout for Soccer Aid**
 Brothers Ryan, Adam and Scott Thomas take on a team featuring members of England women's football team. (S)
 ■ *Soccer Aid for UNICEF* is on tomorrow at 6pm
8.00 **FILM Skyfall**
 James Bond thriller starring Daniel Craig and Judi Dench. 007 returns from the 'dead' when MI6 comes under attack and finds himself up against a ruthless villain with a grudge. With Javier Bardem, Ralph Fiennes, Naomie Harris and Albert Finney. (S)(AD) (2012, 12, 160min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.40 **ITV News** (S)
11.00 **FILM Shanghai Noon** Martial-arts comedy Western starring Jackie Chan and Owen Wilson. A Chinese Imperial Guard sets out to rescue a princess who has been taken by kidnappers to the Wild West. (S)(AD) (2000, 12, 125min) ★★★
1.05 AM **Shop on TV**
3.00 **Next Level Chef USA** (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 to **6.00** AM **Deal or No Deal** (S)(R)

+1 hour 203 303 35 112

CHANNEL 4

104 104/108 804 108 4 104 104/106

- 6.05** AM **3rd Rock from the Sun** (S)(R)
6.55 **Everybody Loves Raymond** (S)(R)
7.45 **Frasier** 10-13/24. (S10) (S)(R)(AD)
9.40 **The Simpsons** (S)(R)(AD)
12.45 PM **FILM Patrick** Comedy starring Beattie Edmondson and Ed Skrein. A young woman's chaotic life becomes more complicated when she inherits her grandmother's dog. (S) (2018, PG, 105min) ★★★
2.30 **NEW Goodwoof** A celebration of man's best friend. (S)(AD)
4.00 **Four in a Bed** The first visit at Brook Meadow near Market Harborough, Leicestershire. (S)(R)
4.35 The second visit is to the Apollo Inn in Barlborough. (S)(R)
5.05 A visit to The Swan Inn in Letton, Herefordshire. (S)(R)
5.35 From White Mark Glamping in Watlington, Oxfordshire. (S)(R)



9.00 **The Equalizer**

- 6.05** **Four in a Bed**
 The B&Bers meet one last time to learn who has won the best value B&B of the week. (S)(R)
6.35 **News** (S)
7.00 **Devon and Cornwall: Coastal Lives**
 People whose lives revolve around the south-western counties' shoreline, including a surfer returning to the sport after a knee injury. (S)(R)(AD)
8.00 **NEW A Royal Guide to Scotland**
 The Royal Family's lives in Scotland, from family BBQs and weekend hikes at Balmoral, to university love affairs and the Queen's death. (S)(AD)
9.00 **FILM The Equalizer**
 Action thriller starring Denzel Washington and Chloë Grace Moretz. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. With Marton Csokas. (S)(AD) (2014, 15, 160min) ★★★
 SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.40 **FILM Predator** Sci-fi fantasy starring Arnold Schwarzenegger. (S)(AD) (1987, 15, 110min) ★★★★★
1.30 AM **F1: Canadian Grand Prix Qualifying Highlights** (S)
2.25 **Ramsay's 24 Hours to Hell and Back** In Connecticut. (S)(R)(AD)
3.10 **The Simpsons** (S)(R)(AD)
3.35 **Iris Prize Best British Shorts** **New edition** *Longing*. (S)(AD)
3.50 to **5.50** AM **Hollyoaks Omnibus**

+1 hour 204/208 304 15 121

CHANNEL 5

105 105 805 105 5 105 105 105

- 6.00 AM Milkshake!**
8.50 SpongeBob SquarePants (S)(R)
9.05 Entertainment News (S)
9.10 Bargain-Loving Brits in the Sun Double bill. (S)(R)
11.00 Dogs Behaving (Very) Badly A Newfoundland with a irrational fear of hard floors. (R)
12.00 NOON Graeme meets a Thai Ridgeback that is terrified of the outside world. (S)(R)
1.00 PM Graeme Hall meets a greedy cockapoo. (S)(R)
2.00 LIVE UK's Strongest Man Coverage of the semi-finals of the event from Cardiff. (S)
5.00 NEW Secrets of the Chocolate Factories A behind-the-scenes look at the manufacture of popular confectionery around the world. (S)



2.00 UK's Strongest Man

- 6.20 News** (S)
6.30 Keeping Up Appearances: Funniest Bits and More A look at the sitcom that starred Patricia Routledge as Hyacinth Bucket, who was endlessly let down by her family in her attempts to climb the social ladder. (S)(R)

- 8.00 Paul O'Grady: 40 Years of Laughter** Profile of the comedian and broadcaster, exploring his formative years as a social worker and showbiz career appearing as both himself and his drag act alter ego Lily Savage. (S)(R)

- 9.30 Heatwave: Summer of '76** The story of the 1976 drought, when gardens burned, communities depended upon communal standpipes for their water, and Brits were urged to 'bath with a friend'. (S)(R)

- 10.55 When Holidays Go Horribly Wrong** Nightmare vacations, including a sunseeker being chased by seagulls. (S)(R)

- 12.25 AM Inside the World's Most Expensive Hotels** (S)(R)
1.15 PlayOJO Live Casino Show (S)
3.15 Secret Scotland with Susan Calman Falkland Palace. (S)(R)
4.00 The Railways That Built Britain with Chris Tarrant (S)(SL)(R)
4.50 Wildlife SOS (S)(SL)(R)
5.10 to 5.35 AM House Doctor (S)(R)

+1 hour 205 305 38 128

SKY SHOWCASE

106 106 806 109 340 355

- 6.00 AM Isadora Moon** (S)(R)(AD)
6.25 Madagascar: A Little Wild (R)
7.15 The Slow Mo Guys' Big Adventures Double bill. (S)(R)
8.05 Monkey Life (S)(R)(AD)
9.00 Big Cat Country (S)(R)
12.00 NOON The Simpsons Six episodes, including at:
2.00 PM Pretty Whittle Liars: Cletus discovers that Brandine has a secret. (S)(R)
2.30 The Sound of Bleeding Gums: Lisa meets Bleeding Gums Murphy's son. (S)(R)
3.00 Hurst: The First and Only Geoff Hurst discusses his life and career. (S)(R)(AD)
5.00 Deadman's Curse Exploring the path of a failed 1982 team led by a Slumach gold hunter and mystic dowser. (S)(R)



9.00 The Bourne Identity

- 6.00 Secrets of the Lost Liners** The fate of the *Ile de France*, the pride of France that, after saving lives in World War Two and then emerging from the conflict, was destroyed in a disaster film. (S)(R)

- 7.00 Rob & Romesh vs Art** 1/7. Rob and Romesh head into the unknown again, beginning by delving into the world of art and creating exhibitions for the Saatchi Gallery. (S)(R)(AD)

- 8.00 A League of Their Own: Mexican Road Trip** 3/4. Jamie Redknapp, Mo Gilligan, Jill Scott and Micah Richards take MLS-style penalties in front of 60,000 fans at Estadio Akron. (S)(R)

- 9.00 FILM The Bourne Identity** Spy thriller based on the novel by Robert Ludlum, starring Matt Damon and Franka Potente. An amnesiac man learns that he is a highly trained assassin with deadly enemies. With Chris Cooper and Clive Owen. (S) (2002, 12, 119min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

- 11.15 F1: Canadian Grand Prix Qualifying Highlights** The battle for pole position at Circuit Gilles-Villeneuve. (R)

- 1.15 AM The Office (US)** 10/22. Michael holds a Christmas party at the office. (S)(R)
1.45 11/22. Michael takes the staff on a cruise. (S2) (S)(R)
2.15 The Office (US) (S2) (S)(R)
3.45 to 6.00 AM Nothing to Declare

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND

Sky 964, Virgin 862, Freesat 964
 No variations

N. IRELAND

Sky 966, Virgin 863, Freesat 966

- 11.25pm Match of the Day** Northern Ireland (S)
12.05am MOTD Top Ten: Goals Out of Nowhere
New edition (S) **12.35** Doctor Who: Unleashed (S)(R)(AD) **1.05** Superman & Lois **New episode** (S) (AD) **1.50-6.00am** BBC News (S)

WALES

Sky 965, Virgin 864, Freesat 965

- 10.25-11.25pm Slammed:** The Seventies (S)(R)

BBC2

N. IRELAND

Sky 969, Freesat 969

- 6.00-6.30pm** Suzie Lee: Home Cook Hero (S)(R)

WALES

Sky 968, Freesat 968

- 6.00-6.30pm** Weatherman Walking (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120

- 6.00am** Cyw **8.05** Stwnsh Sadwrn **10.00** Radio Fa'ma (AD) **11.00** Cymry ar Gynfas **11.30** Garddio a Mwy **12.00noon** Ffermio **12.30pm** Eryri: Pobol y Parc **1.30** Richard Holt: Yr Academi Felys **2.00** Y Sin **2.30** Alun, Chris a Kiri yn Seland Newydd **3.30** Cysgu O Gwmpas (AD) **4.00** Wrecsam - Clwb Ni! **5.00** Jason Mohammad: Stadiymau'r Byd **5.55** Ralfio+ **6.20** Taith Bywyd (AD) **7.15** Newyddion a Chwaraeon **7.30** Colleen Ramsey: Bywyd a Bwyd **8.00** Noson Lawen **9.00** Ken Owens: Y Sheriff **10.00** Beicio Mynydd Redbull Hardline **11.00-11.35pm** Arfordir Cymru: Bae Ceredigion

BBC3

115/117/121 107/113 23 107 107

BBC3 programmes start at 7.00pm



- 7.00 PM EastEnders Junior** agrees to George's investment proposal.
7.30 Doctor Who: Unleashed **New edition** 6/8. Behind the scenes of the latest episode, *Rogue*.
8.00 Shark Tank **New edition** Pitches include a product designed to keep a cat stimulated and a measuring tool for cutting hair.
8.40 Becoming... Nathan Drake
9.00 Suits 8/12. Mike and Harvey investigate separate cases of embezzlement.
9.40 9/12. Harvey wages a battle against an old rival from high school. (S1)
10.25 Two Pints of Lager and a Packet of Crisps (S1)
11.25 I Kissed a Girl
12.15 AM I Kissed a Girl: The Reunion
1.00 Confessions of a Teenage Fraudster Documentary.
1.45 Such Brave Girls
3.05 High: Surviving a Dubai Drugs Bust
3.35 to 4.00 AM My Mate's a Bad Date

MORE4

136/137 831 147 18 124

- 8.55 AM Food Unwrapped Investigates** Documentary.
9.30 A Place in the Sun
12.30 PM Four in a Bed
3.10 Location, Location, Location Catching up with two sets of serial renters who had very particular tastes.
4.15 PopMaster TV Double bill.
6.20 Come Dine with Me The first of a week of dinner parties in Co Durham.
6.50 Beauty teacher Ashleigh throws the second party in Co Durham.
7.25 Come Dine with Me Part-time farmer Stephen hosts the third night.
7.55 Prison transport officer Tina hopes to impress with a sophisticated French menu.
8.25 IT manager David hopes to secure the £1,000 prize with his French-themed soiree.
9.00 24 Hours in A&E A man is rushed to A&E after severing four fingers, and medics also treat an ex-teacher who hurt her back after falling at home.
10.00 A woman is airlifted to St George's after being trampled by a herd of cows, while 13-year-old Tamzen has broken her leg at school trampoline practice.
11.05 8 Out of 10 Cats Does Countdown Double bill.
1.15 AM 24 Hours in A&E
3.20 to 3.50 AM A Place in the Sun

+1 hour 236/237 347 125

BBC4

116 107/108 9/24 106 108

BBC4 programmes start at 7.00pm



- 7.00 PM How the Wild West Was Won with Ray Mears** 2/3. The adventurer explores the Great Plains.
8.00 Castles: Britain's Fortified History 1/3. The role of castles in Britain's history, art and literature.
9.00 NEW SERIES Jana: Marked for Life 1/4. Crime drama starring Madeleine Martin. Jana works on the murder of a senior member of the migration board.
9.50 New episode 2/4. The killer is found dead with a scar similar to Jana's. Subtitled. In Swedish. (S1)
10.40 Parkinson with Barbara Woodhouse, Diana Rigg and Dirk Bogarde
11.40 Training Dogs the Woodhouse Way
12.30 AM Butterflies
1.00 Not in Front of the Children Classic sitcom.
1.30 Castles: Britain's Fortified History to 3.30 AM
How the Wild West Was Won with Ray Mears

E4

135/136 830 106 13 122

- 6.00 AM Lego Masters Australia**
7.00 Made in Chelsea
8.05 FILM The Spiderwick Chronicles Adventure starring Freddie Highmore. (2008, PG, 91min) ★★★★★
9.55 Ramsay's Kitchen Nightmares USA
12.00 NOON Modern Family
2.25 PM FILM Shrek Forever After Animated comedy adventure sequel featuring the voice of Mike Myers. (2010, U, 93min) ★★★★★
4.15 The Big Bang Theory
6.10 FILM Independence Day Sci-fi adventure starring Will Smith, Bill Pullman and Jeff Goldblum. The US president, a computer genius and a fighter pilot lead the fight against an alien invasion. With Mary McDonnell. (1996, 12, 145min) ★★★★★
9.00 Celebrity Gogglebox Opinions on *Dragons' Den*, *First Dates*, *The Woman in the Window*, *Gok Wan's Easy Asian* and *The Yorkshire Vet*.
10.00 Gogglebox Appraisals of shows including *Wild Isles*, *Rise and Fall*, *Challenge Anneka*, *Race Across the World* and *This Morning*.
11.05 Gogglebox Opinions on *Wild Isles* and *Dance100*.
12.05 AM First Dates
2.10 Gogglebox Double bill.
4.00 The Inbetweeners to 6.00 AM
Brooklyn Nine-Nine

+1 hour 235/236 306 30 123

Saturday

primetime

primetime

SATURDAY Entertainment

Sky Witness

107 807 110 341 356

6.00 AM Motorway Patrol
8.30 Border Patrol
11.00 Border Security USA
12.00 NOON The Force: Manchester Documentary.
1.00 PM Bondi Rescue A family of inexperienced swimmers find themselves in trouble.
1.30 Trainee Lachie finds out if he has made the squad.
2.00 The lifeguards become the ones in danger when the buggy is swamped by waves.
2.30 Caught on Dashcam
3.30 Nothing to Declare



8.00 The Good Doctor

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8.00 The Good Doctor Unconditional: 9/10. Park searches for the perfect last-minute wedding location. (S7)

9.00 FBI Consequences: 12/13. The team hunt down the dealers of the drug causing havoc in New York. (S6)

10.00 FBI: International Gift: 12/13. The Fly Team work with the NSA after a mass data breach in Copenhagen. (S3)

11.00 FBI: Most Wanted 11/13. Two police officers are killed by an unknown shooter. (S5)
12.00 M'T The Equalizer 4/10. (S4)
1.00 AM Fire Country 20/22. (S1)
2.00 The Cleaning Lady 3/12. (S2)
3.00 to 6.00 AM Nothing to Declare

+1 hour 207 310

Sky Atlantic

108/109 808 342 357

6.00 AM Urban Secrets
9.00 True Blood 5-9/10. (S6)
2.25 PM Billions 6/12. Prince must find fresh capital.
3.30 7/12. Prince must decide how far he is willing to go to secure his bid.
4.35 8/12. Prince encourages his team to find investments.
5.40 9/12. Chuck fights to unlock the city for the people, and Taylor teams up with Philip.
6.45 10/12. Senior and Chuck's friends take Chuck on a retreat to regroup. (S6)



9.00 House of the Dragon: War...

7.55 Game of Thrones The Broken Man: 7/10. The High Sparrow eyes another target, Jaime confronts a hero, and Olenna Tyrell plans to leave King's Landing. (S6)

9.00 NEW House of the Dragon: War Room Sue Perkins presents a look ahead to season two, joined by Ellie Taylor.

10.00 Game of Thrones No One: 8/10. As Jaime weighs up his options, Cersei answers a request, and Tyrion's plans bear fruit. (S6)

11.10 Game of Thrones 9/10. Davos loses something dear.
12.20 AM 10/10. Cersei awaits judgement. (S6)
1.40 1/7. Jon organises the North's defences. (S7)
2.50 The Deuce 8/9. (S2)
4.00 to 6.00 AM Urban Secrets

+1 hour 208/209

Sky Max

113/114 813 111 346 361

6.00 AM The Flash 12-15/18. (S7)
10.00 Grimm 5-8/22. (S4)
2.00 PM Hawaii Five-0 7/25. McGarrett and his girlfriend fall foul of a wanted gangster.
3.00 8/25. The team join forces with a conman in order to solve a murder case.
4.00 9/25. Danny goes undercover as a professor.
5.00 10/25. The brother of a promising boxer is murdered.
6.00 11/25. McGarrett and Danny work on their partnership issues. (S6)



9.00 Ted

7.00 Rob & Romesh vs Art The comedians delve into the world of art and creating exhibitions for the Saatchi Gallery.

8.00 A League of Their Own: Mexican Road Trip 3/4. The gang take MLS-style penalties in front of 60,000 fans.

9.00 Ted He's Gotta Have It: 8/8. Ted plots to help John lose his virginity after he learns he is the last virgin in school. (S1)

10.00 Resident Alien Homecoming: 8/8. Harry and Asta team up with an unlikely ally as they try to save the planet. (S3)

11.00 Flintoff's Road to Nowhere
12.00 M'T Banshee 9/10. (S1)
1.00 AM The Force: Manchester
2.00 S.W.A.T New episode 12/13. Eco-terrorists abduct the teenage son of an energy company executive. (S7)
3.00 Road Wars Vehicle crime.
4.00 to 6.00 AM Stop, Search, Seize

+1 hour 218 315 29 114

ITV2

118 816 115 6 113

6.00 AM CITV
9.00 Totally Bonkers Guinness World Records
9.25 Love Bites
10.30 Dress to Impress
1.30 PM In for a Penny
1.55 Celebrity Catchphrase
2.55 Bob's Burgers (S1&3)
4.45 FILM Jumanji Fantasy adventure starring Robin Williams and Bonnie Hunt. A mysterious board game unleashes a series of wild creatures upon a small town. (1995, PG, 104min) ★★★★★



4.45 Jumanji

6.50 FILM The Legend of Tarzan Adventure starring Alexander Skarsgård and Margot Robbie. Years after leaving his old home behind, Tarzan is lured back to Africa. (2016, 12, 110min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 NEW SERIES Love Island: Unseen Bits Companion show with Iain Stirling, featuring action from the villa.

10.05 Family Guy 5/18. Lois displays boxing skills.
10.35 6/18. Brian becomes a best-selling writer. (S9)

11.05 Family Guy 21/21. (S8)
11.35 American Dad! 2/19. (S6)
12.05 AM American Dad! (S5)
12.35 CelebAbility With Jordan North, Ore Oduba, Chloe Ferry and Joanne McNally.
1.20 All American 7/16. (S2)
2.10 to 3.00 AM Unwind with ITV

+1 hour 218 315 29 114

ITV3

119 117 10 115

6.00 AM Bless This House
7.00 Inspector Morse
9.15 FILM Carry On Follow That Camel Comedy. (1967, PG, 90min) ★★ ★
11.05 Agatha Christie's Poirot
12.10 PM Endeavour
2.05 Midsomer Murders Small Mercies: A man's body is found tied down in a miniature village – just like in Gulliver's Travels.
4.00 Death by Persuasion: A woman is stabbed to death in the woods during a Jane Austen re-enactment.



6.00 Darts: World Series

6.00 LIVE Darts: World Series – Nordic Masters Coverage of day two from Forum Copenhagen in Denmark, where the tournament concludes with the quarter-finals, semi-finals and final. With commentary from Dan Dawson and Mark Webster.

10.00 Endeavour Fugue: Morse meets his intellectual match when a serial killer haunting Oxford keeps one step ahead of the law.

12.00 M'T Agatha Christie's Poirot The Veiled Lady: The sleuth helps a mysterious veiled lady who claims that she is being blackmailed over a love letter.

1.00 AM Agatha Christie's Poirot The Lost Mine: Mystery drama.
2.05 to 2.30 AM Unwind with ITV

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON This Is BBC Scotland
7.00 PM The Seven
7.15 NEW Scotland's Road to the Euros A look back at how Scotland qualified for Euro 2024.
8.00 NEW Meet Steve Clarke The Scotland manager reveals the experiences that have shaped his career.
8.30 That Was the Team That Was 1/6. A look back at the Scotland team who travelled to West Germany for the 1974 World Cup.
9.00 Away with the Tartan Army – Scotland's Best Moments The highs and lows of following the team.
10.00 Two Doors Down (S2)
10.30 That Was the Team That Was Documentary.
11.00 PM to 12.00 M'T Scotland's Football Jukebox

Sky Comedy

114/115 814 112 347 362

8.00 AM The Conners (S4)
10.30 Entourage (S6)
1.30 PM Veep 1-4/10. (S3)
4.00 Will & Grace (S1)
6.30 The Office (US) Five episodes, including at:
7.30 12/22. Michael injures his foot.
8.00 13/22. Jim regrets telling Michael about his feelings for Pam.
8.30 14/22. Someone soils the carpet in Michael's office. (S2)
9.00 Curb Your Enthusiasm 10/10. Larry goes for a massage. (S2)
9.40 1/10. Larry invests in a restaurant.
10.20 2/10. One of Larry's dinner guests becomes ill. (S3)
11.00 Dave Chappelle: Killin' Them Softly Stand-up.
12.10 AM Ricky Velez: Here's Everything
1.15 Veep 5&6/10. (S3)
2.30 Bliss 6/6. (S1)
3.05 to 5.00 AM Flatbush Misdemeanors

Sky Arts

130/131 140 123 36 147 365

6.00 AM Handel's Messiah
8.55 Tales of the Unexpected
11.00 Hitchcock Presents
12.00 NOON Painting Birds with Jim and Nancy Moir The crested tit.
1.00 PM FILM Limelight Drama. (1951, b/w, U, 144min) ★★★★★
3.40 Cirque du Soleil: Mystery of Mystere
5.00 The Beach Boys: Endless Harmony
7.10 Freddie Mercury: The Tribute Concert
9.00 Queen: From Rags to Rhapsody
10.15 Discovering: Jimi Hendrix
10.45 Jimi Hendrix at Woodstock
12.00 M'T Hendrix: Band of Gypsies
1.15 AM The Doors: When You're Strange
3.00 Classic Albums
4.00 Isle of Wight Festival Greatest Hits
5.00 to 6.00 AM Music Icons

Sky Mix

151 135 11 144

6.00 AM Nothing to Declare
8.00 The Brilliant World of Tom Gates 2
8.30 Impossible Animals
8.45 Let's Game
9.05 Nothing to Declare
11.00 UK Border Force
12.00 NOON Road Wars
1.00 PM Highway Cops
2.00 Secret Life of the Wombat Documentary.
3.00 Monkey Life
4.00 Orangutan Jungle School Documentary.
5.00 Africa's Claws and Jaws
6.00 Battle of the Alphas
7.00 Impossible Animals
8.00 Chasing the Rains Anastasia's herd splits to protect two calves.
9.00 Britcam: Emergency on Our Streets
10.00 The Force: Manchester
11.00 An Unexpected Killer
1.00 AM Law & Disorder
2.00 Border Security: America's Front Line
4.00 to 6.00 AM Highway Patrol

ITV Be

131/132 119 28 119

7.00 AM Sam and Billie: The Mummy Diaries
8.00 The Real Housewives of Melbourne
11.00 Dinner Date
12.00 NOON Buying and Selling A couple with a poorly designed kitchen.
1.00 PM The Only Way Is Essex Reality series.
2.00 Billie and Greg: The Family Diaries
3.00 Real Housewives of Cheshire Reality series.
4.00 Dinner Date
8.00 Celebrity Dinner Date Five singletons try to woo former TOWIE star Amy Childs.
9.00 Botched Treating a nose that is stuck at a 7 o'clock angle.
10.00 The Real Housewives Ultimate Girls' Trip The ladies head to the beach for some fun in the sun.
11.00 My Mum, Your Dad Australia Dating show.
12.30 to 1.00 AM Unwind

+1 hour 319

GREAT! tv

157 170 50

8.00 AM Highway to Heaven
4.00 PM The Avengers Five episodes, including at:
6.00 Who Was That Man I Saw You With? 25/33. An ingenious mastermind manages to frame Miss King.
7.00 Pandora: 31/33. Miss King finds herself in a time warp while visiting an antique shop.
8.00 Thingumajig: 27/33. A mysterious box drains energy from people's bodies. (S6)
9.00 An Emma Fielding Mystery: Site Unseen Whodunit starring Courtney Thorne-Smith and James Tupper.
10.50 Fixer Upper Mysteries: Deadly Deed Drama.
12.40 AM Castle 5&6/10. (S1)
3.00 Randall and Hopkirk (Deceased) 14/26. (S1)
4.00 Highway to Heaven
4.50 to 5.00 AM GREAT! Movie News Extra

+1 hour 257 62

ITV4

120 118 26 117

- 6.00 AM Highlights
- 9.30 Racing: The Opening Show
- 10.30 World of Sport
- 10.50 Made in Britain
- 11.20 Road to UEFA Euro
- 12.25 PM SailGP Highlights
- 1.30 **LIVE** Racing: From Haydock
Coverage of racing from Haydock and Beverley.
- 4.00 **FILM** The Last Sunset
Western melodrama. (1961, 12, 112min) ★★★
- 6.15 Snooker v Darts
- 6.25 Mr Bean



10.00 Mechanic: Resurrection

- 7.00 Cycling: Criterium du Dauphine Highlights
Action from stage seven, a 155.3km route from Albertville to Samoens.
- 8.00 Cycling: Women's Tour of Britain Highlights
Action from Stage three, a route starting and finishing in Warrington.
- 9.00 Isle of Man TT
Action from the Blue Riband event, the Senior TT, as the riders negotiated six laps and 240 miles.
- 10.00 **FILM** Mechanic: Resurrection
Thriller starring Jason Statham. (2016, 15, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.55 Isle of Man TT As 9.00pm.
- 12.50 AM The Chase Celebrity Special
With Kate Silverton, Ruthie Henshall, Iain Stirling and the Rev Richard Coles.
- 1.45 Minder
Arthur and Ray take to the water in a barge.
- 2.40 to 3.00 AM Unwind with ITV

+1 hour 220 318 118

4seven

137/138 143 49 127

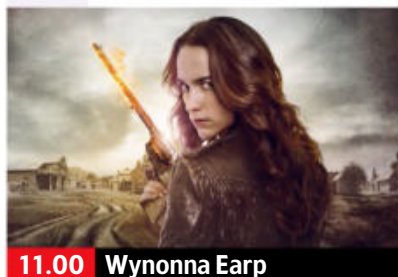
- 9.00 AM Couples Come Dine with Me
- 10.00 Come Dine with Me
- 12.35 PM Ramsay's Kitchen Nightmares USA
- 2.30 A Place in the Sun
Six editions, including at: 7.00 Sara Damergi helps Rebecca from Doncaster find a home on the Costa del Sol.
- 8.00 Grand Designs
A North Lincolnshire man plans to build a four-bedroom home in his garden.
- 9.00 The Piano
It's time for the chosen amateur pianists to get ready for the big stage.
- 10.00 **FILM** Everybody's Talking About Jamie
Comedy drama. (2021, 12, 115min) ★★★★★
- 12.20 AM Celebrity Gogglebox
- 1.25 Gogglebox
- 2.30 Taskmasterclass
- 3.35 24 Hours in A&E
- 4.30 to 5.00 AM
Four in a Bed

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD EE HD

Sky Sci-Fi

139/140 836 122 348 363

- 6.00 AM Most Haunted
- 8.00 Teleshopping
- 11.00 Stargate SG-1
Five episodes of the drama, including at: 3.00 PM 18/20. Vala's father tries to strike a deal. (S10)
- 4.00 Star Trek: Voyager 3/26.
The Voyager crew race against the Malon to build a vessel.
- 5.00 4/26. The crew make a disturbing discovery.
- 6.00 5/26. Neelix helps a girl come to terms with the prospect of moving on with life without her mother. (S5)



11.00 Wynonna Earp

- 7.00 Star Trek: Voyager
Timeless: 6/26. Chakotay and Kim steal a craft and try to change the fate of their crew members.
- 8.00 Star Trek: Voyager
Infinite Regress: 7/26. Seven of Nine begins to lose her mind after been attacked. (S5)
- 9.00 Fantasy Island #Happy:
7/13. Amber's fantasy is to have her actual life be as perfect as it appears on social media.
- 10.00 Fantasy Island
Walk a Country Mile: 8/13. A country music star fantasises about being anonymous. (S2)
- 11.00 Wynonna Earp 1/13.
Wynonna returns to her home town.
- 12.00 M'T 2/13. Doc Holliday unleashes a foul demon.
- 1.00 AM 3/13. Shorty and Champ are taken hostage.
- 2.00 4/13. An apparition begins haunting Wynonna. (S1)
- 3.00 The Outpost 8/13. (S3)
- 4.00 to 6.00 AM Stargate SG-1

+1 hr 241/269 320/362 130

Alibi

109/110 809 114 343 358

- 7.10 AM Murdoch Mysteries (S1)
- 10.00 Miss Scarlet and the Duke
- 12.00 NOON Father Brown
Four episodes, including at: 3.00 PM The Lair of the Libertines: The priest and his friends are stranded with a group of hedonists.
- 4.00 Inspector George Gently
Gently with the Innocents: An elderly man is killed in his dilapidated mansion.
- 6.00 Hudson & Rex 7/20.
An instructor at a ballet school dies mysteriously. (S6)



8.00 Shakespeare & Hathaway

- 7.00 Hudson & Rex
Doghouse: 8/20. Charlie and Rex go undercover in prison to investigate the murder of David Aziz. (S6)
- 8.00 Shakespeare & Hathaway: Private Investigators 1/10.
Frank and Lu are hired to help close a bingo hall. (S3)
- 9.00 Death in Paradise
Rue Morgue: 8/8. Humphrey investigates a suspected poisoning at a retirement home. (S3)
- 10.00 Father Brown The Last Man:
A cricket captain is framed for murder and Father Brown must prove his innocence.
- 11.00 Alaska Daily 1/11.
An award-winning journalist leaves her New York life behind to join a daily metro newspaper in Anchorage, Alaska. (S1)
- 12.00 M'T Clarice 1&2/13. (S1)
- 2.00 to 4.00 AM Murdoch Mysteries

+1 hour 209/210 314

GOLD

110/111 810 124 344 359

- 7.00 AM Keeping Up Appearances
- 7.45 Are You Being Served?
- 9.00 Only Fools and Horses
- 12.20 PM Only Fools and Horses
Ten episodes, including at: 3.35 As shown at 8.20pm.
- 4.20 Rodney unwittingly causes a family crisis. Guest starring Jim Broadbent.
- 5.00 Rodney tries to help a drunken woman on the street.
- 5.40 The Trotters agree to do a spot of decorating for Denzil.
- 6.20 Rodney joins the residents' committee.



9.00 Ghosts

- 7.00 Only Fools and Horses
Rodney tires of being Del's dogsbody.
- 7.40 Del's latest foolproof scheme to make a million involves a spot of salmon-poaching.
- 8.20 Del falls for an antiques dealer who comes to view a cabinet.
- 9.00 Ghosts
Mike's attempts to turn the house into a home leads to a disaster.
- 9.35 The Office
The new members of staff arrive from Swindon.
- 10.15 David Brent uses the staff's appraisals as another opportunity to share his wisdom.
- 10.55 David Brent gets headhunted by an agency.
- 11.35 Ghosts As 9.00pm.
- 12.10 AM The Office Triple bill.
- 2.15 The Thin Blue Line
- 2.45 Lenny Henry's Race Through Comedy
- 3.30 to 4.00 AM Desmond's

+1 hour 210/211 324

Dave

111/112 811 127 19 157

- 7.10 AM Cop Car Workshop
- 8.00 Storage Hunters UK
- 9.00 Train Truckers
- 12.00 NOON Storage Hunters UK
- 2.00 PM Extreme Fishing with Robson Green
Triple bill.
- 5.00 World's Most Dangerous Roads
Hugh Dennis and David Baddiel travel along more than 1,200 miles of hazardous roads in Ethiopia.
- 6.20 Would I Lie to You?
Featuring guests Jimmy Carr, Griff Rhys Jones, Dave Myers and Susanna Reid.



7.40 My Family

- 7.00 Would I Lie to You? The Unseen Bits
With Joanna Scanlan and Bob Mortimer.
- 7.40 My Family
Last-ever episode of the sitcom. A party proves eventful for Susan and Janey.
- 8.20 Michael is devastated when his new boyfriend dumps him.
- 9.00 Not Going Out
Lee and Lucy suffer an eventful Christmas Eve after heading out on a last-minute mission.
- 10.00 Not Going Out New Year Special 2020:
Resolutions
Lee and Lucy's celebrations do not go according to plan.
- 11.00 Q! XL
Jeremy Clarkson, Sandi Toksvig and Danny Baker attempt to answer questions on the topics of luck and loss.
- 12.00 M'T Have I Got a Bit More News for You
Double bill.
- 2.00 AM Pride Live at the Apollo
- 2.45 to 4.00 AM Room 101

+1 hour 211/212 327 57

7 PM

8 PM

9 PM

10 PM

Really

142 128 17 160

- 6.00 AM **Celebrity Fantasy Homes** Toyah Willcox.
 7.00 **Teleshopping**
 8.00 **Fantasy Homes by the Sea** Double bill.
 10.00 **Dr Pimple Popper**
 12.00 NOON **A Place in the Sun** Triple bill.
 3.00 PM **Antiques Road Trip**
 7.00 **Antiques Road Trip**
 8.00 **Cops UK: Bodycam Squad** Crime series.
 9.00 **The Dead Files**
New edition A father and daughter experience paranormal activity.
 10.00 **The Haunted Museum**
New edition A young man discovers a pair of possessed puppets.
 11.00 **Help! My House is Haunted** An oppressive force is tormenting.
 12.00 M'T **Unexplained: Caught on Camera**
 1.00 AM **Paranormal: Caught on Camera**
 2.00 **Teleshopping**
 4.00 to 6.00 AM **Animal Cops**

DMAX

159 169 39 150

- 6.00 AM **Deadliest Catch**
 9.00 **Yukon Gold**
 11.00 **Outback Opal Hunters**
 1.00 PM **Aussie Gold Hunters**
 4.00 **Homestead Rescue: Raney Ranch**
 6.00 **Railroad Alaska**
 7.00 **Extinct or Alive**
 8.00 **Ed Stafford: First Man Out** Ed takes on a Hollywood stuntwoman.
 9.00 **My Feet Are Killing Me** Cindy is desperate to have Dr Brad fix her foot and get back to skiing.
 10.00 **Ants in My Head: Body Bizarre** A 12-year-old from India who suffers an infestation of ants.
 11.00 **Monsters Inside Me**
 12.00 M'T **Naked and Afraid**
 1.00 AM **Ed Stafford: First Man Out** Documentary.
 2.00 **Teleshopping**
 4.00 **Treehouse Masters**
 5.00 to 6.00 AM **Baggage Battles**

+1 hour 259 369 151

HGTV

158 191 44 166

- 7.00 AM **A Place in the Sun**
 11.00 **My Lottery Dream Home** Eight editions.
 3.00 PM **A Place in the Sun**
 7.00 **A Place in the Sun** A couple look for a holiday home in the Spanish region of La Marina Alta within their budget of £160,000.
 8.00 **Escape to the Country** A couple search for a home in Somerset with a £600,000 budget.
 9.00 **An American expat couple search for a home in Surrey.**
 10.00 **Searching for a property in north Wales.**
 11.00 **A London couple search for a home in Suffolk with £850,000.**
 12.00 M'T **A couple hoping to move to the Oxfordshire countryside.**
 1.00 AM **Rock the Block**
 2.00 to 4.00 AM **Escape to the Country**

+1 hour 258/262 391

Challenge

145 139 48 146

- 7.00 AM **The Chase**
 9.00 **Bruce's Price Is Right**
 10.00 **Dale's Supermarket Sweep** Game show.
 11.00 **All Star Family Fortunes Christmas Special** The Dingles of *Emmerdale* take on *Hollyoaks'* McQueens.
 11.40 **All Star Family Fortunes** Edwina Currie takes on Mark Durden-Smith.
 12.20 PM **Shane Lynch** versus Ruthie Henshall.
 1.00 **Cash Trapped**
 3.00 **Tenable** Triple bill of the quiz show.
 6.00 **The Chase** Triple bill.
 9.00 **The Chase Celebrity Special** Featuring David Grant, Jonnie Peacock, Pixie McKenna and Andy Hamilton.
 10.00 **The Chase Quiz show** hosted by Bradley Walsh.
 11.00 **Bullseye** Ten editions.
 4.00 AM **The Chase**
 5.00 to 6.00 AM **The Chase**

Food Network

140/141 190 43 148

- 6.00 AM **Diners, Drive-Ins and Dives** Four editions.
 8.00 **The Pioneer Woman**
 12.00 NOON **Marcus Wareing's Tales from a Kitchen Garden**
 12.30 PM **Jamie's 15 Minute Meals** Lamb lollipops.
 1.00 **James Martin's French Adventure** Double bill.
 3.00 **Tom Kerridge's Sunday Lunch** Four editions.
 5.00 **Jamie Cooks Italy**
 7.00 **Jamie Oliver: Together** The chef prepares a taco night inspired by his travels in Mexico.
 8.00 **Mary Berry - Cook & Share** Mary heads to a festival in Cornbury Park.
 8.30 **Nadiya Bakes**
 9.00 **Man v Food**
 11.30 **Man v Food with Casey Webb** From Minnesota.
 12.00 M'T **Mystery Diners**
 2.00 to 3.00 AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 149

TLC

133/134 828 165

- 7.00 AM **Say Yes to the Dress: Atlanta**
 8.00 **Say Yes to the Dress**
 10.00 **Little People, Big World**
 12.00 NOON **My Lottery Dream Home**
 1.00 PM **My 600lb Life**
 3.00 **7 Little Johnstons**
 5.00 **Sister Wives**
 6.00 **Say Yes to the Dress: Atlanta** Reality series.
 7.00 **Say Yes to the Dress with Tan France**
 8.00 **7 Little Johnstons**
 9.00 **MILF Manor** A new duo shake things up.
 10.00 **Seeking Brother Husband** Reality series.
 11.00 **Temptation Island**
 12.00 M'T **Body Bizarre**
 1.00 AM **Body Invaders**
 2.00 **Seeking Brother Husband** Reality series.
 3.00 **Sex Sent Me to the ER**
 4.00 **7 Little Johnstons**
 5.00 to 6.00 AM **Say Yes to the Dress: Lancashire**

+1 hour 233/234 365

GREAT! action

323 426 42

- 8.00 AM **FILM A Call to Spy** Drama. (2019, 12) ★★★
 10.40 **FILM Bullet to Beijing** Thriller. (1995, 15) ★★
 1.00 PM **Wild West Chronicles** Western.
 1.30 **FILM Whispering Smith** Western with Alan Ladd. (1948, PG, 88min) ★★
 3.30 **FILM The Desperadoes** Western with Glenn Ford. (1943, U, 86min) ★★
 5.25 **FILM Ambush at Tomahawk Gap** Western. (1953, PG, 73min) ★★★
 7.05 **FILM Gunfighters** Western. (1947, PG) ★★
 9.00 **FILM Kiss of the Dragon** Action thriller. (2001, 18, 98min) ★★★
 11.00 **FILM Born to Raise Hell** Thriller. (2010, 18) ★★
 1.10 AM **FILM The Winter Soldier** Sci-fi adventure. (2016, 15, 101 min) ★★
 3.15 **The Blitz on London**
 4.20 to 5.00 AM **Wild West Chronicles**

+1 hour 324

Legend

148 149 41 137

- 7.00 AM **World's Most Unexplained...**
 8.00 **FILM Meteorites!** Action disaster movie. (1998, PG, 85min) ★
 10.00 **Walker, Texas Ranger**
 3.00 PM **FILM McLintock!** Comedy Western. (1963, U, 127min) ★★★
 5.30 **FILM Blood River** Western adventure. (1991, PG, 88min) ★★
 7.20 **FILM Mummy's Tomb** Horror sequel to *The Mummy's Hand*. (1942, b/w, PG, 61 min) ★★
 8.30 **The Twilight Zone (S2)**
 9.00 **FILM Maximum Conviction** Thriller starring Steven Seagal. (2012, 15, 93min) ★★
 10.55 **FILM Killerman** Drama. (2018, 15, 112min) ★★★
 1.05 AM **FILM Office Uprising** Comedy horror. (2018, 15, 92min) ★★
 2.50 to 4.30 AM **FILM Jurassic Hunters** Thriller. (2015, PG, 89min) ★★

Comedy Central

112/113 812 132 345 360

- 8.00 AM **Friends (S7)**
 1.00 PM **Friends (S7&8)**
 6.00 **FILM What About Bob?** Black comedy starring Bill Murray and Richard Dreyfuss. (1991, PG, 99min) ★★★★★
 8.00 **FILM Austin Powers: International Man of Mystery** Spy spoof written by and starring Mike Myers, co-starring Elizabeth Hurley. (1997, 15, 95min) ★★★★★
 10.00 **FILM Scream 4** Horror sequel with Courteney Cox and Neve Campbell. (2011, 15, 110min) ★★★★★
 12.10 AM **Stephen Merchant: Hello Ladies** Stand-up.
 1.45 **The Ricky Gervais Show**
 2.15 **South Park (S14)**
 3.15 **Beavis and Butt-Head**
 3.25 **Important Things with Demetri Martin**
 3.50 **Impractical Jokers: The Inspired Unemployed**
 4.15 to 5.00 AM **Guessable?**

+1 hour 212/213 332

GREAT! movies

321 425 34

- 9.00 AM **FILM White Hot: A Sandra Brown Mystery** Drama. (2016, PG) ★★
 10.50 **FILM Martha's Vineyard Mysteries: A Beautiful Place to Die** Drama. (2020, PG) ★★
 12.45 PM **FILM Martha's Vineyard Mysteries: Riddled with Deceit** Drama. (2020, PG) ★★
 2.40 **FILM A Martha's Vineyard Mystery: Ships in the Night** (2021) ★★
 4.30 **FILM The Rundown** Comedy. (2003, 12) ★★
 6.40 **FILM City Slickers: The Legend of Curly's Gold** Comedy. (1994, 12) ★
 9.00 **FILM Freedomland** Thriller. (2006, 15) ★★★
 11.20 **FILM Reasonable Doubt** Thriller. (2013, 15) ★★★
 1.15 AM **FILM Black Butterfly** Thriller. (2017, 15) ★★
 3.20 **Wild West Chronicles**
 4.00 to 6.00 AM **FILM Dangerous Company**

+1 hour 322

Legend Xtra

317 171 69 138

- 6.00 AM **FILM The Last Sharknado: It's About Time** Sci-fi adventure. (2018, 15, 90min) ★★
 8.00 **FILM Island of Terror** Sci-fi horror starring Peter Cushing. (1966, PG, 90min) ★★
 10.00 **FILM Wild Horses** Contemporary Western. (1985, PG, 95min) ★★
 12.00 NOON **FILM Crystal Skulls** Adventure starring Richard Burgi. (2014, PG, 88min) ★★
 2.00 PM **FILM Megalodon** Giant shark thriller. (2018, 15, 105min) ★
 4.00 **Farscape (S2)**
 9.00 **FILM Forsaken** Western starring Kiefer and Donald Sutherland. (2015, 15, 89min) ★★
 10.50 **FILM The Loft** Thriller with Karl Urban. (2013, 15, 98min) ★★★★★
 1.00 to 3.00 AM **FILM Forsaken** As 9.00pm.

+1 hour 318 371 139

Comedy Cen. Extra

127/128 154

- 6.00 AM **Guessable?**
 7.00 **Teleshopping**
 9.00 **Michael McIntyre's Big Show** As 6.00pm.
 10.00 **Last Man Standing**
 3.00 PM **Takeshi's Castle**
 6.00 **Michael McIntyre's Big Show** With Olly Murs.
 7.00 **Friends 21-24/24. (S7)**
 9.00 **Friends 1/24.** Rachel considers her next move.
 9.30 2/24. Convinced Phoebe is pregnant, Joey proposes to her.
 10.00 3/24. Rachel reveals the identity of the father of her baby.
 10.30 4/24. Ross and Rachel argue about why they slept together. (S8)
 11.00 **Friends 5-10/24. (S8)**
 2.00 **Out of Order**
 3.00 **Chris Ramsey Live: All Grown Up** Stand-up.
 3.45 **Your Face or Mine**
 4.35 **Rhod Gilbert's Growing Pains**
 5.20 to 6.00 AM **Impractical Jokers: Inside Jokes**

GREAT! romance

319 424 52

- 8.00 AM **FILM One of a Kind Love** (2021, PG) ★★
 10.00 **FILM Love, Once and Always** Romantic drama. (2018, PG, 90min) ★★
 12.00 NOON **FILM Love Afloat** Romantic drama. (2022, PG, 90min) ★★
 2.00 PM **FILM Truly, Madly, Sweetly** Romantic drama. (2018, PG, 82min) ★★
 4.00 **FILM All of My Heart** Drama. (2015, PG) ★★
 6.00 **FILM Starting Up** Love Comedy. (2019, PG) ★★
 8.00 **FILM Sweet Home** Carolina Drama. (2017, PG, 84min) ★★
 9.50 **FILM Love's Second Chance** Romantic drama. (2020, PG, 95min) ★★
 12.00 M'T **FILM A Love Yarn** Comedy. (2021, PG) ★★
 2.00 AM **Highway to Heaven**
 3.10 to 5.00 AM **FILM A Slice of Chicago** Romance Drama. (2022, PG, 85min) ★★

+1 hour 320 63

Blaze

164 174 64 162

- 6.00 AM **Weird Britain**
 7.00 **Mega Disasters**
 9.00 **Storm Stories**
 11.00 **Deep Water Salvage**
 12.00 NOON **Flipping Bangers**
 1.00 PM **Pawn Stars**
 3.00 **Ancient Aliens**
 7.00 **Ancient Aliens** Extraterrestrials' influence on mankind.
 8.00 **Britain's Greatest Obsessions** Naturalist Chris Packham reflects on the nation's relationship with its pets.
 9.00 **Phantom Signals** An investigation into strange signal interferences.
 10.00 **The UnXplained with William Shatner** Whether knowledge can help protect people from natural disasters.
 11.00 **Weird Britain**
 12.00 M'T **Strange Evidence**
 1.00 AM **Paranormal: Caught on Camera**
 2.00 to 6.00 AM **Hardcore Pawn**

Sky Replay

152 156

- 7.00 AM **Dragons: Rescue Riders** Five episodes.
 9.05 **Celebrity Four Weddings** Reality series.
 10.00 **Four Weddings**
 11.00 **Merlin 6-10/13. (S2).**
 4.00 PM **Station 19 (S5)**
 6.00 **Warehouse 13 Pilot - Part One: 1/13.** Pilot of the sci-fi drama with Eddie McClintock.
 7.00 **Pilot - Part Two: 2/13.** Myka and Peter ease into their roles.
 8.00 **Resonance: 3/13.** Pete and Myka pursue a team of robbers. (S1)
 9.00 **Border Security: Canada's Front Line** A trip in a borrowed truck looks suspicious.
 9.30 A student learns a valuable lesson.
 10.00 **S.W.A.T. 11/13. (S7)**
 11.00 **Fire Country (S1)**
 12.00 M'T **A League of Their Own** Triple bill.
 3.00 to 6.00 AM **Four Weddings**

GREAT! real

189 61

- 9.00 AM **Police Ten 7**
 1.00 PM **Police Ten 7**
 2.00 **Inside Paddington Station** Double bill.
 4.00 **Heathrow: Britain's Busiest Airport**
 6.00 **Inside British Airways**
 7.00 **Inside King's Cross: The Railway** A train loses power on the East Coast Main Line.
 8.00 **Cops Uncut** A roadside dispute turns violent.
 8.30 A sedate chase through heavy traffic.
 9.00 **Emergency Rescue: Air, Land & Sea** Humberside Search and Rescue Team help a woman who has fallen on a cliff.
 10.00 **Inverness Search and Rescue** race to help two injured crewmen.
 11.00 **Police Ten 7** Following the work of police officers in New Zealand.
 2.00 AM **Coast Guard Alaska**
 4.00 to 5.50 AM **Cops Uncut**

+1 hour 289

5SELECT

153 138 46 133

- 9.00 AM **Bargain-Loving Brits in the Sun**
 12.00 NOON **Murder, She Wrote** Five episodes.
 5.00 PM **Walking Britain's Lost Railways** The lines that unlocked the wild coastline of north Devon.
 6.00 An epic 70-mile route from Scotland's Lowlands to its glorious west coast.
 7.00 Rob Bell follows the Banbury and Cheltenham Direct Railway.
 8.00 An abandoned high-speed railway in the East Midlands.
 9.00 **Atlantis: Hunt for the Lost Civilisation** Searching for evidence of the fabled lost city.
 11.00 **The Kennedy Killing: The CIA Conspiracy**
 12.00 M'T **Paul Burrell: Royal Service, Royal Scandal**
 1.00 AM **The King's Guard: Serving the Crown**
 3.50 to 4.00 AM **Entertainment News**

MTV

126/127 824 134

- 6.00 AM **The Hills**
 6.25 **Teen Mom UK: Next Generation**
 9.00 **Dallas Cowboys Cheerleaders**
 1.00 PM **Catfish: The TV Show** Eight editions of the series, including at:
 7.00 Elle King joins Nev to help Nique.
 8.00 After 20 years, Motherwolf is now ready for her true love.
 9.00 **Queerphilly** Tayce and Munroe Bergdorf are joined by Nick Grimshaw and Riyadh Khalaf to talk about their 'Queerphillys'.
 10.00 **FILM Phone Booth** Suspense thriller starring Colin Farrell. (2002, 15, 79min) ★★★★★
 12.00 M'T **Jersey Shore Family Vacation**
 1.00 AM **Are You the One?**
 2.00 **Catfish UK**
 2.45 **Geordie Shore**
 3.35 to 4.00 AM **Teen Cribz**

Discovery

125/126 823 177 320 325

- 6.00** AM **Crikey! It's the Irwins**
- 8.00** **Undercover Billionaire**
- 12.00** NOON **Gold Rush: White Water – The Legend of Dakota Fred** Documentary.
- 1.00** PM **Gold Rush: White Water** Five editions, including at:
- 4.00** Dakota Fred celebrates his 80th birthday.
- 5.00** The crew battle broken comms and deadly rock falls in their hunt for big nuggets.
- 6.00** **Gold Rush: Parker's Trail** Parker travels the Madeira River into the wilderness.

**8.00 Undercover Billionaire**

Gold Rush: Parker's Trail (started at 6.00pm)

- 8.00** **Border Control Poland** In Gdynia, customs officers search vehicles before they board a ferry to Sweden.
- 9.00** **Expedition From Hell: The Lost Tapes** The team are pushed to the brink of death when they get lost in a treacherous desert.
- 10.00** **Moonshiners** Mark and Digger's expansion hits a snag, while Tickle opens a restaurant and a secret distribution hub for shine.
- 11.00** **Blowing Up History** Experts investigate the buried secrets of the lost city of Kish, Iraq.
- 12.00** M'T **Naked and Afraid XL** Nathan reveals a secret, and a risky hunt scores a big win.
- 2.00** AM **Expedition X**
- 4.00** to **5.00** AM **How Do They Do It?**

+ 1 hour 225/226 377

Animal Planet

162/178 178

- 8.00** AM **Tanked** Backyard ponds.
- 9.00** **Pit Bulls & Parolees**
- 10.00** **My Cat from Hell**
- 11.00** **Animal Cops Philadelphia**
- 12.00** NOON **Tanked**
- 1.00** PM **Pit Bulls & Parolees**
- 2.00** **Deadliest Sharks**
- 3.00** **Shark Alley: Legend of Dynamite** Documentary.
- 4.00** **My Cat from Hell** Jackson Galaxy deals with a violent cat.
- 5.00** **Animal Cops Philadelphia**
- 6.00** **Tanked** The San Francisco Giants ask the guys to build an aquarium inside their stadium.

**5.00 Animal Cops Philadelphia**

7.00 **How Do Animals Do That?** Fun facts about eagles and squirrels.

7.30 Why pandas are black and white.

8.00 **Wild Australia** Second of a two-part documentary looking at the wilderness of Australia through the eyes of the Aborigines.

9.00 **Wild Mexico** A profile of the North American country, an ancient land home to a vast wilderness of deserts and jungle.

10.00 **Alaska Monsters** The team investigate the Otterman, which is believed to have the ability to shape-shift.

11.00 **Legends of the Wild** The strange deaths of crocodiles in Australia's Northern Territory.

12.00 M'T **Legends of the Wild**

1.00 AM **Alaska: Surviving the Last Frontier**

2.00 **My Cat from Hell**

3.00 **Animal Cops Philadelphia**

4.00 to **5.00** AM **Tanked**

+ 1 hour 262/278 378

Nat Geographic

129/130 825 183

- 8.00** AM **Food Factory**
- 9.00** **Nazi Megastructures**
- 10.00** **WW2: Hell Under the Sea**
- 12.00** NOON **Europe from Above**
- 1.00** PM **Airport Security: Peru**
- 4.00** **Area 51: I Was There** Insiders reveal the work carried out at the military base.
- 5.00** **Area 51: The CIA's Secret Files** Exploring an expose of activity at the Groom Lake Testing Facility in Nevada.
- 6.00** **Air Crash Investigation** A DC-8 with just three engines crashes during take-off.

**9.00 The Real Wagatha Story**

7.00 **Air Crash Investigation** When Kobe Bryant is killed, investigators look for clues amid a global outpouring of grief.

8.00 **Air Crash Investigation** A plane carrying Emiliano Sala vanishes over the English Channel, but questions are raised.

9.00 **NEW SERIES Coleen Rooney: The Real Wagatha Story** 1/3. Coleen Rooney revisits events in 2022.

10.00 **Coleen Rooney: The Real Wagatha Story** **New edition** 2/3 The chain of events that sent social media into a frenzy.

11.00 **Coleen Rooney: The Real Wagatha Story** **Series finale**

12.00 M'T **Trafficked: Underworlds**

1.00 AM **To Catch a Smuggler**

2.00 **Abandoned** Double bill.

2.55 **Food Factory USA**

3.45 **Lords of War**

4.10 **Bid & Destroy**

4.35 to **5.00** AM **Secrets of the Zoo**

+ 1 hour 229/230 383

Sky History

123/124 821 131 353 368

- 6.00** AM **Pawn Stars** Four editions.
- 10.00** **Storage Wars**
- 1.00** PM **Secrets of Great British Castles** Four editions of the documentary, including at:
- 3.00** Dan Jones explores the history of Edinburgh Castle.
- 4.00** The Welsh capital's landmark, Cardiff Castle.
- 5.00** **Deadman's Curse** Following the path of a failed 1982 team led by a Slumach gold hunter and mystic dowser.
- 6.00** **Secrets of the Lost Liners** The fate of the *Île de France*.

**1.00 Secrets of Great British...**

7.00 **The Nostradamus Effect** Examining Isaac Newton's obsession with alchemy and biblical prophecies.

8.00 **The Nostradamus Effect** An investigation into the plausibility of apocalyptic prophecies throughout history.

9.00 **Nostradamus: 21st Century Prophecies Revealed** A look through some of Nostradamus's predictions, asking whether a Frenchman living in the 16th century could predict so many modern-day disasters.

10.45 **Hitler's Handmaidens** How women were active and violent perpetrators during World War Two.

11.45 **Forged in Fire** Focusing on judge Doug Marcaida.

12.45 AM **James Neilson**.

1.45 Creating a knife from the mangled mess of a vehicle.

2.40 **Storage Wars** Five editions.

5.00 to **6.00** AM **Deadman's Curse**

+ 1 hour 223/224 331

Yesterday

155 846 129 27 159

- 6.10** AM **Secrets of the Transport Museum** Double bill.
- 8.00** **Bangers & Cash: Restoring Classics** Five editions.
- 1.00** PM **Abandoned Engineering**
- 4.00** **Canal Boat Diaries** Exploring the English canal network.
- 4.30** A low canal tunnel in Staffordshire is problematic.
- 5.00** Robbie Cumming continues across the Pennines.
- 5.30** On the Rochdale Canal.
- 6.00** From Barton Swing Aqueduct to Liverpool Docks.
- 6.30** Travelling along the Shropshire Union Canal.

**7.00 Great Continental ...**

7.00 **Great Continental Railway Journeys** Michael Portillo travels through Russia from Tula to St Petersburg.

8.00 **Great Continental Railway Journeys** Michael takes the train down the spine of Italy as he travels to Sicily.

9.00 **Great Continental Railway Journeys** Michael Portillo uses his 1913 copy of Bradshaw's Continental Railway Guide.

10.00 **One Foot in the Grave** The Meldrews' harmony is thrown into turmoil.

10.55 Mrs Warboys' flat becomes flooded.

11.30 **One Foot in the Grave** A widow sets her sights on Victor, who is getting to grips with a home security system.

12.10 AM **Bangers & Cash: Restoring Classics**

1.10 **Hornby: A Model World**

2.10 to **3.00** AM **Abandoned Engineering**

+ 1 hour 255 329 74

Quest

144 834 137 12 172 167

- 6.00** AM **Massive Engineering Mistakes**
- 8.00** **Richard Hammond's Workshop**
- 9.00** **Wheeler Dealers**
- 2.00** PM **The Repair Shop**
- 4.00** **Roux Down the River**
- 5.00** **Find It, Fix It, Drive It**
- 6.00** **Richard Hammond's Workshop** A bizarre vehicle enters the shop.
- 7.00** **Salvage Hunters: Classic Cars**
- 8.00** **Shed and Buried**
- 9.00** **The Repair Shop** Albums charting Scott's trip to the South Pole.
- 10.00** **The Hotel Inspector** Alex Polizzi helps the owner of a guesthouse.
- 11.00** **Engineering Repurposed**
- 12.00** M'T **Mysteries of the Deep** Double bill.
- 2.00** AM **Street Cops UK**
- 4.00** to **5.00** AM **How It's Made**

+ 1 hr 244 337 70 168

Quest Red

149 168 40 169

- 6.00** AM **Say Yes to the Dress: UK** Double bill.
- 7.00** **Say Yes to the Dress**
- 8.00** **Say Yes to the Dress: Atlanta** Reality series.
- 10.00** **Forensic Detectives**
- 12.00** NOON **American Monster** Double bill.
- 2.00** PM **Disappeared**
- 3.00** **Say Yes to the Dress: Lancashire**
- 7.00** **The Grim Sleeper: Mind of a Monster**
- 9.00** **Murder on CCTV**
- 10.00** **American Detective with Lt Joe Kenda** **New edition** Detective Ben Elkins gets called in to search for a missing farmhand.
- 11.00** **Evil Lives Here: The Killer Speaks**
- 12.00** M'T **Nightmare Next Door** Documentary.
- 1.00** AM **Betrayed**
- 2.00** **Murder Comes to Town**
- 3.00** to **4.00** AM **FBI Files**

+ 1 hour 249 170

True Crime

146 148 67 135

- 9.00** AM **Judge Judy**
- 5.00** PM **The Black Widow Murders** Crime series.
- 6.00** **Snapped: Killer Couples** A complicated love affair fuelled by obsession and jealousy.
- 7.00** A beloved teacher is violently assaulted.
- 8.00** The disappearance of a Georgia man triggers an investigation.
- 9.00** **Violent Minds: Killers on Tape** Dr Carlisle begins a relationship with Manny Cortez.
- 10.00** Dr Carlisle's tapes reveal the convicted murderer's point of no return.
- 11.00** Using hypnosis to access an inmate's alternate personality.
- 12.00** M'T **Crimes That Shook Australia** Triple bill.
- 3.00** AM **Donal MacIntyre's Released to Kill**
- 4.00** to **6.00** AM **Judge Judy**

+ 1 hour 246 348 136

True Crime Xtra

147 172 68 134

- 9.00** AM **See No Evil**
- 1.00** PM **Murder: Fight for the Truth** Julie Hogg.
- 2.00** **Medical Detectives** Six editions, including at:
- 3.30** When a girl is found dead, two men confess to one crime.
- 4.00** The body of a missing woman is found twenty years after her disappearance.
- 4.30** Forensic science is used to discover the fate of a missing teacher.
- 5.00** **Judge Judy** Back-to-back editions of the series, including at:
- 10.00** Games divide a mother and daughter.
- 10.25** A dispute over taping children without a parent's consent.
- 10.50** **Judge Judy**
- 1.00** AM **Donal MacIntyre's Murder Files**
- 4.00** **Something's Killing Me**
- 4.45** to **6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

- 6.00** AM **Highway Cops**
- 7.00** **Highway Patrol**
- 11.00** **Caught on Dashcam**
- 1.00** PM **Forensics: Catching the Killer** Crime series.
- 2.00** **World's Most Evil Killers**
- 4.00** **Britain's Most Evil Killers** Double bill.
- 6.00** **How I Caught the Killer**
- 7.00** **Killer in My Village**
- 8.00** **Britain's Most Evil Killers** The crimes of Nicholas Burton.
- 9.00** **World's Most Evil Killers** Angel Maturino Resendiz, thought to have murdered more than 23 victims.
- 10.00** **Mark of a Serial Killer**
- 12.00** M'T **World's Most Evil Killers** Double bill.
- 2.00** AM **Twisted Killers**
- 3.00** **Made for Murder**
- 4.00** **Brit Cops: Law & Disorder** Documentary.
- 5.00** to **6.00** AM **Motorway Patrol**

+ 1 hour 222/223 321

PBS America

174 187 84 155

- 8.00** AM **Three Days in June: The Story of the D-Day Forecast**
- 9.10** **Normandy '44: D-Day and the Battle for France** Triple bill.
- 12.30** PM **Beautiful Serengeti**
- 1.00** **Mafia's Greatest Hits**
- 2.05** **Three Days in June: The Story of the D-Day Forecast**
- 3.15** **D-Day: Invasion**
- 4.15** **D-Day: Victory**
- 5.15** **Three Days in June: The Story of the D-Day Forecast**
- 6.30** **Normandy '44: D-Day and the Battle for France** Triple bill.
- 9.45** **Three Days in June: The Story of the D-Day Forecast** How the launch of D-Day was determined by a remote station in Ireland.
- 10.55** **Mafia's Greatest Hits**
- 12.00** M'T **D-Day: Invasion**
- 1.00** to **2.00** AM **D-Day: Victory**

Sky Documentaries

121/122 819 188 352 367

- 6.00 AM **Discovering: Harrison Ford**
 7.00 **Discovering: Meryl Streep**
 8.00 **The Directors** Fellini.
 9.00 **FILM The Fog of War** Director Errol Morris's documentary. (2003, PG, 107min) ★★★
 11.00 **Rise of the Superheroes**
 1.15 PM **FILM Kipchoge: The Last Milestone** Sports documentary. (2021, 12, 90min) ★★★★★
 3.00 **Hurst: The First and Only**
 4.50 **Lionesses: How Football Came Home** Documentary.
 6.30 **FILM Amy** Documentary portrait of Amy Winehouse. (2015, 15, 128min) ★★★★★
 9.00 **NEW MoviePass, MovieCrash** Exploring the rise and fall of the cinema ticket company.
 11.00 **Pete Doherty: Stranger in My Own Skin** Documentary about The Libertines co-frontman.
 1.00 AM **Val** Focusing on the life and career of the actor Val Kilmer.
 3.00 **Bobby Robson: More Than a Manager** Sports documentary exploring the career of the much-loved former manager.
 5.00 to 6.00 AM **The Directors**

Crime+Investigation

156 837 133

- 6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
 9.00 **Court Cam** Six editions.
 12.00 NOON **Somebody's Hiding Something** Four editions.
 4.00 PM **Homicide Hunter**
 7.00 **The First 48** A money-making scheme goes disastrously awry.
 8.00 **Sin City Murders** Detectives find some bizarre footage of a missing influencer's final hours.
 9.00 **The Real Murders of Atlanta** A businessman is shot in front of his son's pre-school.
 10.00 **Cops Who Kill with Will Mellor** Exploring how a former LA detective murdered her ex-boyfriends wife.
 11.00 **The Killer Interview with Piers Morgan** Double bill.
 1.00 AM **Undercover: Caught on Tape** True-crime series.
 2.00 **I Survived a Serial Killer**
 3.00 **Court Cam** Documentary.
 3.30 **Interrogation Cam**
 4.00 to 6.00 AM **On the Case with Paula Zahn**

+1 hour 256 333

Eden

166 176

- 9.00 AM **Secrets of the Transport Museum** Four editions.
 1.00 PM **Secrets of the Transport Museum** Six editions.
 7.00 **Secrets of the Transport Museum** Racing driver Billy Monger gives a fellow double amputee a driving lesson.
 8.00 **The Napier-Railton** has a service, and some treasure is found in the museum tower.
 9.00 **An F1 racer goes on a perilous journey, and there is a new addition to the exhibit.**
 10.00 **The Napier-Railton** – the legendary racing car and jewel in the museum's motoring crown – is put through its paces when it meets an old rival.
 11.00 **Brooklands' Concorde 'Delta Golf'** has a makeover.
 12.00 **M'T Anthony Bourdain: Parts Unknown** A visit to Israel.
 1.00 AM **Secrets of the Transport Museum** Five editions.
 5.25 to 6.00 AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

Sky Nature

124/125 822 189 354 369

- 6.00 AM **My Best Friend's an Animal** Double bill.
 8.00 **Kingdom of the Tide**
 9.00 **Big Cat Country**
 12.00 NOON **Animals Like Us: Lion Daycare** Documentary.
 1.00 PM **Jaguar Journals**
 2.00 **Ocean Parks Bonaire.**
 3.00 **Beasts of the Big Blue**
 4.00 **Great Blue Wild** Cocos Island.
 5.00 **Shark with Steve Backshall**
 6.00 **Alien Abyss** The weird and wonderful creatures that live in the ocean's darkest depths.
 7.00 **Into the Big Blue Heart** The power of the ocean's currents.
 8.00 **Africa's Hunters** A leopard defends its territory.
 9.00 **A pride of lions** faces a struggle to survive during Zambia's rainy season.
 10.00 **Carpathian Predators** Part one of two. The creatures of the Carpathian Mountains.
 11.00 **Part two of two.** The role played by the Eurasian wolf.
 12.00 **M'T Africa's Hunters**
 2.00 to 6.00 AM **Africa's Wild Horizons**

WILD

165 841 182

- 8.00 AM **Fish Tank Kings**
 9.00 **Secrets of the Zoo: Tampa**
 11.00 **Cesar Millan: Better Human Better Dog** A German Shepherd mix who has helped with his owner's PTSD.
 12.00 NOON **Africa's Deadly Kingdoms** Triple bill.
 3.00 PM **Soul of the Ocean**
 4.00 **Giants of the Deep Blue**
 5.00 **Secrets of the Whales**
 6.00 **Super Reefs**
 7.00 **Queens** An orca family's success relies on the experience of their matriarch.
 8.00 **Cesar Millan: Better Human Better Dog** Part two of two. Cesar helps Suzy, a trauma survivor, by rehabilitating two of her dogs at the DPC.
 9.00 **The Incredible Dr Pol** Six litters of playful pups need puppy check-ups.
 10.00 **Dr Pol** is called in to help a pig and its cracked hoof.
 11.00 **Fish Tank Kings**
 12.00 **M'T When Sharks Attack**
 2.00 AM **Monster Fish**
 4.00 to 5.00 AM **Yukon Vet**

ID

154 166

- 6.00 AM **Swamp Murders**
 7.00 **Teleshopping**
 8.00 **Evil Lives Here: Shadows of Death** Double bill of editions.
 10.00 **Swamp Murders**
 12.00 NOON **Faking It: Tears of a Crime** Double bill of editions.
 2.00 PM **Web of Lies**
 4.00 **The Perfect Murder**
 6.00 **Forbidden: Dying for Love**
 8.00 **Who the (Bleep) Did I Marry?** The case of Andria Stanley.
 8.30 **A man who drugged and sexually abused his wife.**
 9.00 **Disappeared** In May 2022, Christopher Hoye suddenly leaves his Ozarks homestead and is gone without a trace.
 10.00 **Lone Star Mystery: A Disappeared Special** The case of 23-year-old Christina Morris, who vanished in 2014.
 11.00 **Does Murder Sleep?**
 12.00 **M'T Dead of Night**
 2.00 AM **Faking It: Tears of a Crime**
 4.00 to 6.00 AM **Evil Lives Here: Shadows of Death**

+1 hour 254 366

Sky History 2

163/168 840 186

- 6.00 AM **Ancient Aliens**
 9.00 **Instruments of Death**
 10.00 **The Battle of Britain**
 11.00 **Ancient Aliens**
 1.00 PM **A War to Remember**
 2.00 **What on Earth?**
 3.00 **Britain's Most Historic Towns**
 5.00 **Digging for Britain**
 7.00 **Secrets of the Viking Stone**
 8.00 **The Abyss: Rise & Fall of the Nazis** A failed coup.
 9.00 **The Nostradamus Effect** Apocalyptic prophecies.
 10.00 **Conspiracy Files: Unsealed** The CIA's rumoured investment in psychological operations.
 10.30 **Searching for proof** that some people didn't die when the public thinks they did.
 11.00 **Evidence** that the US military is under alien attack.
 11.30 **Investigating** the possibility of time travel.
 12.00 **M'T Ancient Aliens**
 2.00 AM **Mythical Beasts**
 3.00 **The Nostradamus Effect**
 4.00 **James Nesbitt: Disasters That Changed Britain**
 5.00 to 6.00 AM **Ancient Aliens**

Discovery History

177 181

- 6.00 AM **Shed and Buried**
 9.00 **Salvage Hunters: The Restorers** Triple bill.
 12.00 NOON **Salvage Hunters**
 3.00 PM **Shed and Buried**
 6.00 **Custer's Last Stand**
 7.00 **Air crash Unsolved: The Mystery of Helios 522** An examination of the 2005 crash of Helios Flight 522, Greece's worst air disaster.
 8.00 **Expedition Unknown** A search for a World War 2 seaplane that crashed into the Pacific.
 9.00 **The richest stash** of lost treasure in the Americas.
 10.00 **Find It, Fix It, Flog It** Henry Cole and Simon O'Brien visit Wales.
 11.00 **Simon creates** a garden seat from an old mangle.
 12.00 **M'T Converting** a lantern and a fire extinguisher.
 1.00 AM **Henry makes** good money restoring an antique pine sideboard in Sheffield.
 2.00 **Finds in Woking** include a sidecar and a water cylinder.
 3.00 to 5.00 AM **Salvage Hunters**

+1 hour 277 381

Discovery Turbo

161/172 180

- 6.00 AM **Engine Addict with Jimmy de Ville** Triple bill.
 9.00 **How Do They Do It?**
 12.00 NOON **Incredible Engineering Blunders: Fixed** Double bill.
 2.00 PM **Wheeler Dealers**
 5.00 **Airplane Repo** Triple bill of the documentary, including at:
 7.00 **Kevin and Heather** pose as tourists in order to attempt a rare mid-air repo.
 8.00 **Supertrucks** Tom leads a convoy of giant dumper trucks.
 9.00 **Moving two large boiler houses** from the West Midlands.
 10.00 **The truckers move** army vehicles through Wiltshire.
 11.00 **Destroyed in Seconds** A tornado wreaks havoc.
 11.30 **A fire causes** red-hot shrapnel to rain over Dallas.
 12.00 **M'T A helicopter co-pilot** fights for his life after a crash.
 12.30 AM **A mansion is** swallowed by a sinkhole.
 1.00 **Incredible Engineering Blunders: Fixed**
 2.00 to 5.00 AM **Misfit Garage**

+1 hour 261/272

Sky Cinema Premiere

301 401 501 515

- 7.25 AM **Ride On** Chinese drama starring Jackie Chan. Subtitled. (2023, PG, 126min) ★★★
 9.45 **Blue Beetle** As 5.50pm.
 12.05 PM **Meg 2: The Trench** (2023)
 2.05 **Bonus Track** Comedy starring Joe Anders and Samuel Small. (2023, 12, 98min) ★★★
 3.50 **The Exorcist: Believer** (2023)
 5.50 **Blue Beetle** Fantasy adventure starring Xolo Maridueña and Bruna Marquezine. (2023, 12, 127min) ★★★★★



10.00 The Royal Hotel

- 8.00 **Meg 2: The Trench** Action thriller sequel starring Jason Statham. When a mining operation unleashes a school of megalodon sharks, rescue expert Jonas Taylor attempts to save the day. With Cliff Curtis. (2023, 12, 115min) ★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.00 **PREMIERE The Royal Hotel** Thriller starring Julia Garner. Two backpackers take a job in an Australian pub and are confronted by the unruly locals. (2023, 18, 91 min) ★★★ See review, page 23.
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.35 **The Exorcist: Believer** Horror sequel. (2023, 15) ★★★
 1.35 AM **Some Other Woman** Thriller. (2023, 15, 85min)
 3.10 **Boonie Bears: Guardian Code** Animation. (2023, PG, 96min)
 4.50 to 6.50 AM **Turtles All the Way Down** Romantic drama. (2024, 12, 111 min)

Sky Cinema Drama

310 410 510 524

- 6.00 AM **The Pact** As 2.55am.
 7.35 **Young at Heart** As 4.30am.
 9.35 **Armageddon Time** Drama. (2022, 15, 114min) ★★★
 11.35 **Sundown** Drama with Tim Roth. (2021, 15, 82min) ★★★★★
 1.10 PM **Gran Torino** Crime drama. (2008, 15, 116min) ★★★★★
 3.10 **Catch Me If You Can** (2002)
 5.35 **Forrest Gump** Comedy drama. (1994, 12, 136min) ★★★★★
 8.00 **Grease** Musical starring John Travolta and Olivia Newton-John. An Australian teenager at a 1950s California school falls in love with the leader of a gang. (1978, PG, 110min) ★★★★★
 9.55 **Catch Me If You Can** Steven Spielberg's adventure starring Leonardo DiCaprio and Tom Hanks. In the 1960s, a runaway teenager enjoys a remarkable crime spree, passing himself off as a pilot, a doctor and a lawyer. (2002, 12, 141 min) ★★★★★
 12.20 AM **Guys and Dolls** Vintage musical starring Frank Sinatra. (1955, U, 150min) ★★★★★
 2.55 **The Pact** Mystery thriller. (2012, 15, 85min) ★★★
 4.30 to 6.30 AM **Young at Heart** Vintage musical starring Doris Day. (1954, U, 117min) ★★★

Sky Cinema Will Smith

303 403 503 517

- 7.30 AM **The Cinema List: The 90s**
 7.45 **Hitch** As shown at 3.10pm.
 9.55 **Hancock** As shown at 5.10pm.
 11.40 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
 1.25 PM **I Am Legend** As 1.30am.
 3.10 **Hitch** Romantic comedy. (2005, 12, 118min) ★★★★★
 5.10 **Hancock** Comedy fantasy. (2008, 12, 92min) ★★★★★
 6.50 **Suicide Squad** Fantasy adventure starring Will Smith. (2016, 15, 123min) ★★★★★



5.10 Hancock

- Suicide Squad** (film started at 6.50pm)
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00 **Bad Boys** Action comedy thriller starring Martin Lawrence and Will Smith. A bachelor cop and his married partner have to switch identities in their pursuit of heroin thieves. With Téa Leoni. (1995, 15, 118min) ★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.00 **Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. With Gabrielle Union and Jordi Mollà. (2003, 15, 147min) ★★★
 1.30 AM **I Am Legend** Sci-fi horror thriller starring Will Smith, Alice Braga and Dash Mihok. (2007, 15, 101min) ★★★★★
 3.20 **Bad Boys** As 9.00pm.
 5.30 to 7.45 AM **Suicide Squad**

Sky Cinema Sci-fi/Horror

311 411 511 525

- 6.20 AM **Continuum** As 3.50am.
 8.00 **Something in the Dirt** Comedy drama. (2022, 15) ★★★★★
 10.00 **The Accursed** As 11.55pm.
 11.50 **Star Trek: Generations** (1994)
 1.50 PM **Superman IV: The Quest for Peace** Fantasy adventure sequel. (1987, PG, 90min) ★
 3.30 **Insidious: Chapter 2** Supernatural thriller sequel. (2013, 15, 103min) ★★★
 5.20 **The Conjuring** Horror thriller. (2013, 15, 112min) ★★★
 7.20 **65** Adventure starring Adam Driver. When an astronaut crashes on a mysterious planet, he fights for survival amidst the wildlife. (2023, 12, 93min) ★★
 9.00 **Interstellar** Sci-fi drama starring Matthew McConaughey. A spacecraft goes in search of a new home for the human race before a devastated Earth becomes uninhabitable. (2014, 12, 166min) ★★★★★
 11.55 **The Accursed** Horror with Mena Suvari. (2022, 15, 90min) ★★
 1.45 AM **Star Trek: Generations** Adventure with Patrick Stewart. (1994, PG, 118min) ★★★★★
 3.50 **Continuum** Sci-fi mystery. (2013, 15, 89min) ★★★★★
 5.30 to 7.20 AM **The Accursed**

Sky Cinema Family

- 306 406 506 520**
- 6.50** AM **Patch Adams** As 3.15am.
8.50 **Pan** Fantasy prequel. (2015, PG, 111min) ★★★
10.50 **Small Soldiers** Adventure. (1998, PG, 99min) ★★★★★
12.45 PM **Bean** Comedy spin-off. (1997, PG, 90min) ★★★
2.25 **Johnny English** Comedy. (2002, PG, 88min) ★★★
4.00 **The Karate Kid** Family drama. (2010, PG, 140min) ★★★
6.25 **Matilda** Roald Dahl's fantasy. (1996, PG, 98min) ★★★★★



2.25 **Johnny English**

- 8.10** **The Portable Door** Fantasy adventure starring Patrick Gibson, and Sophie Wilde. Two interns eventually discover the true agenda of the corporation where they work. With Christoph Waltz and Sam Neill. (2023, PG, 130min) ★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.10** **Blueback** Drama starring Mia Wasikowska and Eric Bana. A youngster befriends a wild blue fish and takes on the poachers threatening it. (2022, PG, 102min) ★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.00** M/T **The Next Karate Kid** Martial arts adventure sequel. (1994, PG, 104min) ★★
1.50 AM **Problem Child** Comedy. (1990, PG, 81min) ★
3.15 **Patch Adams** Comedy drama. (1998, 12, 115min) ★★
5.15 to **6.40** AM **A Tiger's Tail** Drama. (2014, U, 81min) ★★★

Sky Cinema Statham

- 302 402 502 516**
- 6.40** AM **The Beekeeper** As 9.45pm.
8.40 **Mean Machine** As 8.00pm.
10.30 **Meg 2: The Trench** As 6.00pm.
12.30 PM **The Beekeeper** As 9.45pm.
2.25 **Ghosts of Mars** As 11.35pm.
4.15 **Safe** Thriller starring Jason Statham. (2012, 15, 90min) ★★★
6.00 **Meg 2: The Trench** Action thriller sequel starring Jason Statham and Cliff Curtis. (2023, 12, 115min) ★★★
8.00 **Mean Machine** Sports drama starring Vinnie Jones as a professional football player who is sent to prison after being convicted of assault and ends up coaching the prisoners' football team. With Jason Statham. (2001, 15, 99min) ★★
9.45 **The Beekeeper** Thriller starring Jason Statham. A man finds someone important to him has been scammed and driven to harm, so he seeks vengeance. (2023, 15, 105min) ★★★
11.35 **Ghosts of Mars** Sci-fi thriller starring Natasha Henstridge, Ice Cube and Jason Statham. (2001, 15, 97min) ★★★
1.20 AM **London** Drama with Jessica Biel. (2005, 18, 90min) ★
3.05 **Safe** As shown at 4.15pm.
4.50 to **6.40** AM **Mean Machine**

Sky Cinema Action

- 307 407 507 521**
- 6.00** AM **Big Game** Adventure. (2014, 12, 88min) ★★★
7.40 **Once Upon a Time in China**
10.00 **The Fast and the Furious** Thriller. (2001, 15) ★★★
11.55 **Black Hawk Down** Drama. (2001, 15, 144min) ★★★
2.25 PM **The Commuter** (2018)
4.20 **Ghost Rider: Spirit of Vengeance** Adventure sequel. (2012, 12, 91 min) ★★
6.05 **xXx: Return of Xander Cage** Thriller sequel. (2016, 12) ★★★



6.05 **xXx: The Return of Xander...**

- 8.00** **Spider-Man** Sci-fi fantasy action zventure starring Tobey Maguire as a nerdy schoolboy who develops special powers after being bitten by a mutant spider and uses them to protect New York from evil forces. With Kirsten Dunst. (2002, 12, 121 min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.10** **Mad Max: Fury Road** Sci-fi thriller starring Tom Hardy. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's five brides. (2015, 15, 120min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

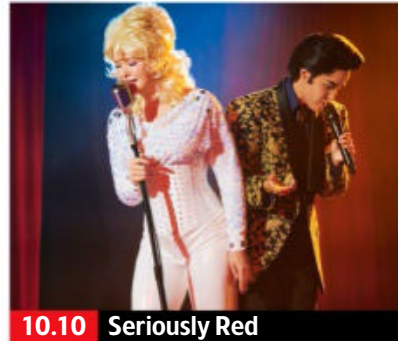
- 12.15** AM **The Commuter** Thriller. (2018, 15, 105min) ★★
2.10 **Once Upon a Time in China** Chinese thriller. Subtitled. (1991, 15, 120min) ★★★★★
4.30 to **6.40** AM **Jackie Chan's Police Story 2** Thriller sequel. (1988, 15, 91 min) ★★★

Sky Cinema 80s

- 304 404 504 518**
- 6.20** AM **The Cinema List: The 90s**
6.40 **Grease 2** As 2.05pm.
8.35 **Twins** As shown at 4.05pm.
10.35 **The Money Pit** As 2.00am.
12.20 PM **The NeverEnding Story** Fantasy starring Barret Oliver. (1984, U, 94min) ★★★
2.05 **Grease 2** Musical sequel. (1982, PG, 109min) ★★
4.05 **Twins** Action comedy. (1988, PG, 107min) ★★★
6.05 **Ghostbusters** Supernatural comedy with Bill Murray, Dan Aykroyd and Sigourney Weaver. (1984, 12, 105min) ★★★★★
8.00 **Top Gun** Action drama starring Tom Cruise and Kelly McGillis. (1986, 12, 110min) ★★★★★
10.00 **Risky Business** Comedy drama starring Tom Cruise, Rebecca De Mornay and Joe Pantoliano. An enterprising teenager turns his house into a high-class brothel while his parents are away. (1983, 18, 98min) ★★★★★
11.50 **Blade Runner** Sci-fi thriller. (1982, 15, 130min) ★★★★★
2.00 AM **The Money Pit** Comedy. (1985, 15, 91 min) ★★
3.45 **The NeverEnding Story** (1984)
5.35 to **8.30** AM **Out of Africa** Oscar-winning romantic drama. (1985, PG, 162min) ★★★★★

Sky Cinema Comedy

- 308 408 508 522**
- 7.40** AM **The Boss** As 3.45am.
9.25 **Along Came Polly** Comedy. (2003, 12, 90min) ★★
11.05 **Seriously Red** As 10.10pm.
12.50 PM **My Big Fat Greek Wedding 2** Romantic comedy sequel. (2016, 12, 94min) ★★
2.30 **Popstar: Never Stop Never Stopping** (2016, 15) ★★
4.05 **Failure to Launch** Comedy. (2005, 12, 96min) ★★
5.50 **Bridget Jones's Baby** Comedy sequel. (2016, 15, 123min) ★★



10.10 **Seriously Red**

- 8.00** **Talladega Nights: The Ballad of Ricky Bobby** Action comedy starring Will Ferrell, John C. Reilly and Sacha Baron Cohen. A stock car racer rises to the top, but his pride takes a dent when a French Formula 1 driver challenges him. (2006, 15, 108min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.10** **Seriously Red** Comedy starring Krew Boylan. A failed real estate agent attempts to become the world's greatest Dolly Parton impersonator. (2022, 15, 104min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.00** M/T **Jackie Chan's The Tuxedo** Action comedy. (2002, 12, 98min) ★★
1.50 AM **Love Again** Comedy with Priyanka Chopra Jonas. (2023, 12, 100min) ★★
3.45 to **5.35** AM **The Boss** Comedy starring Kristen Bell. (2015, 15, 89min) ★★

Sky Cinema Animation

- 305 412 500 514**
- 7.30** AM **A Shaun the Sheep Movie: Farmageddon** Animation. (2019, U, 86min) ★★★★★
9.00 **Shrek the Third** Animated sequel. (2007, U, 88min) ★★★★★
10.40 **The Nut Job** Animated comedy. (2014, U, 85min) ★★
12.10 PM **Rugrats in Paris** As 8.40pm.
1.35 **Spider-Man: Across the Spider-Verse** Animated fantasy. (2023, PG, 140min) ★★★★★
4.00 **The Secret Life of Pets** Animated family adventure. (2016, U, 83min) ★★
5.35 **Extinct** Animated adventure. (2021, U, 84min) ★★
7.10 **The Rugrats Movie** Animated comedy. (1998, U, 80min) ★★
8.40 **Rugrats in Paris** Animation. (2000, U, 79min) ★★
10.05 **Tad the Lost Explorer and the Curse of the Mummy** Animation. (2022, PG, 105min) ★★
11.40 **Astro Kid** Animated adventure. (2019, PG, 89min) ★★
1.15 AM **Spirit: Stallion of the Cimarron** Animated adventure. (2002, U, 84min) ★★
2.45 **Extinct** As shown at 5.35pm.
4.20 **The Snow Queen 2: Magic of the Ice Mirror** (2014, U) ★★
5.45 to **7.25** AM **Boonie Bears: Guardian Code** (2023) ★★

Sky Cinema Thriller

- 309 409 509 523**
- 6.15** AM **Melancholia** As 4.20am.
7.50 **Naked Singularity** Crime comedy. (2021, 15) ★★
9.40 **Kindred** As 12.35am.
11.30 **Green Zone** Action thriller. (2010, 15, 110min) ★★★★★
1.30 PM **The Tourist** Comedy thriller. (2010, 12, 103min) ★★
3.30 **The Good Neighbour** Thriller. (2022, 15, 97min) ★★
5.30 **Inception** Christopher Nolan's thriller with Leonardo DiCaprio. (2010, 12, 148min) ★★★★★



10.25 **Lawless**

- 8.00** **Angels & Demons** Mystery thriller based on the bestseller by Dan Brown, starring Tom Hanks and Ewan McGregor. Harvard professor Robert Langdon must solve a series of cryptic riddles to prevent a hidden time bomb from destroying the Vatican. (2009, 12, 138min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.25** **Lawless** Prohibition-era crime drama starring Shia LaBeouf and Guy Pearce. Three brothers run a profitable moonshine business in 1930s Virginia until the appointment of a corrupt deputy. (2012, 18, 111 min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.35** AM **Kindred** Horror thriller. (2021, 15, 101 min) ★★
2.25 **The Good Neighbour** (2022)
4.20 to **6.00** AM **Melancholia** Thriller starring Jeroen Krabbé. (1989, 15, 85min) ★★

Movies 24

- 312 419**
- 7.00** AM **Hidden Gems** Romantic comedy. (2022, PG, 85min) ★★
9.00 **Redemption in Cherry Springs** Mystery. (2021, PG, 84min) ★★
11.00 **Marry Go Round** Romantic comedy. (2022, PG, 84min) ★★
1.00 PM **Listen Out for Love** Comedy. (2022, PG, 88min) ★★
3.00 **PREMIERE** **Been There All Along** Drama starring Marlie Collins. (2023, PG, 89min) ★★
5.00 **Sweet Pecan Summer** Drama. (2021, PG, 84min) ★★
7.00 **Making Waves** Romantic comedy starring Holland Roden. (2023, PG, 84min) ★★
9.00 **Love Afloat** Romantic drama starring Alanna Smith and Travis Bravo-Thomas. A woman inherits a sailboat, and finds herself falling for the man she hires to patch it up. (2022, PG, 90min) ★★
11.00 **Pumpkin Everything** Comedy drama. (2022, PG, 84min) ★★
1.00 AM **The Beauty of Love** Drama starring Katerina Eichenberger. (2021, PG, 90min) ★★
3.00 to **5.00** AM **Aurora Teagarden Mysteries: Til Death Do Us Part** Drama. (2021, PG, 85min) ★★

Movies 24+ 315 420

Film4

- 313 855 428 14 300**
- **Films start at 11.00am**
11.00 AM **Alpha and Omega** Animation. (2010, U) ★★
12.45 PM **Dr Who and the Daleks** Big-screen version of the TV series. (1965, U, 90min) ★★
2.25 **The Adventures of Tintin** Animated family adventure. (2011, PG, 106min) ★★★★★
4.35 **Sleepless in Seattle** Comedy. (1993, PG, 105min) ★★★★★
6.40 **A Good Year** Comedy drama. (2006, 12, 117min) ★★



9.00 **Bad Boys for Life**

- A Good Year** (film started at 6.40pm)
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.00** **Bad Boys for Life** Action comedy sequel starring Will Smith and Martin Lawrence. Detective Mike Lowrey is targeted for assassination by a crime lord's widow. (2020, 15, 124min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.25** **Bram Stoker's Dracula** Francis Ford Coppola's adaptation of the classic vampire novel, starring Gary Oldman as Dracula. (1992, 18, 123min) ★★
2.00 to **3.55** AM **The Masque of the Red Death** Roger Corman's stylish chiller with Vincent Price and Jane Asher. (1964, 15, 90min) ★★★★★

+1 hour 314 430 47 301

Talking Pictures

- 328 445 82 306**
- 6.00** AM **What's On TPTV with Noel**
6.10 **Sailors Don't Care** Spy comedy. (1940, b/w, U, 79min) ★★
7.45 **Look at Life** Documentary.
7.55 **The Beverly Hillbillies** (S1)
8.30 **Runaround** Game show.
9.00 **Batman 2/34**. (S1)
9.30 **A Ghost of a Chance** (1967) ★★
10.30 **The Three Musketeers** (S1)
11.00 **The Mail Goes Through**
11.15 **William at the Circus** (S1)
11.30 **The Buccaneers** 16/39. (S1)
12.00 NOON **Hawkeye & the Last of the Mohicans** 21/39. (S1)
12.30 PM **Colonel March of Scotland Yard** 21/26. (S1)
1.00 **Journey to the Seventh Planet** Adventure. (1962, U, 77min) ★★
2.35 **A Day of One's Own 1956**
3.00 **Captain Scarlet and the Mysterons** 2/32. (S1)
3.35 **The League of Gentlemen** Thriller. (1959, b/w, PG) ★★★★★
5.50 **Look at Life** Documentary.
6.00 **In Suspicious Circumstances**
7.00 **Dixon of Dock Green** (S21)
8.00 **Budgie** 9/13. (S1)
9.00 **Solo For Sparrow** 5/6. (S3)
10.10 **Harold Shipman: Doctor Death**
12.05 AM **Fanny** (1960, U) ★★
2.45 **Pulp** Thriller. (1972, 12) ★★
4.35 **The Promise** (1952, b/w, U) ★★
5.30 to **6.00** AM **Law & Mr Jones**

Sky Sports	Main Event
401 511 501 419 439	
6.00	AM Sky Sports News
7.00	Good Morning Sports Fans
8.30	LIVE NRL North Queensland Cowboys v New Zealand Warriors. At Queensland Country Bank Stadium. Kick-off 8.30am.
10.30	LIVE NRL Brisbane Broncos v Cronulla-Sutherland Sharks. Coverage of the match at Suncorp Stadium. Kick-off is at 10.35am.
12.30	PM LIVE DP World Tour Golf Coverage of day three of the Volvo Car Scandinavian Mixed.
3.00	LIVE ICC Men's T20 World Cup Netherlands v South Africa. The Group D match.
5.30	LIVE ICC Men's T20 World Cup Australia v England. The Group B match in Bridgetown.
9.00	LIVE Formula 1 The Canadian Grand Prix qualifying session.
10.00	LIVE PGA Tour Golf Day three of the Memorial Tournament from Muirfield Village Golf Club in Ohio.
11.00	LIVE LPGA Tour Golf Day two of the ShopRite LPGA Classic.
12.00	M'T Sky Sports News
1.00	AM LIVE ICC Men's T20 World Cup West Indies v Uganda. The Group C match.
5.30 to 6.00 AM	Sky Sports News

TNT Sports 1

410 870 527 408 430

7.30 AM **LIVE** **AFL West Coast Eagles v North Melbourne Kangaroos.** From Optus Stadium. Bounce-up is at 7.35am.

10.30 **LIVE** **AFL St Kilda v Gold Coast Suns.** Coverage of the match from Marvel Stadium in Melbourne. Bounce-up 10.30am.

1.30 PM **Sport in Focus**

2.00 **LIVE** **Gallagher Premiership Rugby Union** Coverage of the final, which takes place at Twickenham. Kick-off 3.00pm.

5.45 **Sign Up – Into Football**

6.00 **LIVE** **WNBA Connecticut Sun v New York Liberty.** Coverage of the match, staged at Mohegan Sun Arena. Tip-off 6.00pm.

8.00 **UEFA Champions League Magazine** News and action.

9.00 **WWE Friday Night SmackDown** Wrestling action.

10.30 **What Went Down**

11.00 **LIVE** **UFC** Coverage of the preliminary bouts from Kentucky.

1.00 AM **LIVE** **UFC Jared Cannonier v Nassourdine Imavov.** Coverage of the middleweight bout from KFC Yum! Centre.

4.30 **What Went Down**

5.00 to 6.00 AM **Ligue 1 Highlights**

TNT Sports 4

421

876

530

411

434

6.00

AM

LIVE

Badminton

Coverage of the Indonesia Open semi-finals, which take place at Gelora Bung Karno Sports Palace in Jakarta.

4.30

PM

Badminton Unlimited

5.00

Badminton Weekly

5.15

LIVE

Hockey India v Germany.

Coverage of the men's FIH Pro League match from Lee Valley Hockey and Tennis Centre in London. Push-back 5.15pm.

7.15

TNT Sports Reload

7.30

What I Wore

Michel Salgado.

7.45

MotoGP Rewind

8.00

NBA Action Highlights.

8.30

NBA on Fire

The latest news.

9.00

Hexagone MMA

10.30

Gallagher Premiership Rugby Union

A replay of the final.

12.00

M'T

NBA

Game one of the finals.

1.30

AM

NBA on Fire

The latest news.

2.00

HSBC SVNS Highlights

3.00

UEFA Documentaries

4.00

UEFA Champions League

4.30

to 6.00 AM

NBA

Sky Sports	Premier League
402 512 502 420 440	
6.00	AM PL Greatest Games
7.00	Premier League Years
9.00	Premier League: Big Interview
9.30	Premier League Stories
10.00	PL Retro Chelsea v Tottenham Hotspur in the 2015/16 season.
12.00	NOON Premier League Highlights Recent action.
4.00	PM Premier League Highlights Action from Everton v Fulham.
4.30	Everton v Luton Town.
5.00	Everton v West Ham United.
5.30	Action from Everton v Wolverhampton Wanderers.
6.00	Fulham v Aston Villa.
6.30	Fulham v Bournemouth.
7.00	The Tyler Archives
8.00	The End of the Storm
10.00	Class of '92: Full Time With a play-off place the minimum expectation, an unbeaten run of games has Salford close in on the top seven. But fan unrest prompts Gary Neville to make big changes.
11.00	PL Retro Manchester United v Tottenham Hotspur in 1998/99.
1.00	AM Premier League Years
3.00	PL Greatest Games
4.00	Best PL Goals 1997/98
5.00	Premier League 100 Club
5.30 to 6.00 AM	Premier League Legends

TNT Sports 2

411 **871** **528** **409** **431**

6.00 AM Ligue 1 Highlights

7.00 Serie A – Full Impact

8.00 Inside Serie A Action from Italy.

8.30 WWE Friday Night SmackDown

10.00 LIVE Hockey India v Germany.
The women's FIH Pro League match. Push-back **10.00am**.

12.00 NOON MotoGP Rewind

12.15 PM LIVE Hockey Great Britain v Australia. Coverage of the women's FIH Pro League match from London. Push-back **12.15pm**.

2.15 TNT Sports Cricket Reload

2.30 LIVE Hockey Great Britain v Australia. The men's Pro League match. Push-back is at **2.30pm**.

4.30 NBA on Fire The latest news.

5.00 MLB: Off the Bat

5.30 LIVE MLB New York Mets v Philadelphia Phillies.
Coverage of the National League match. Start-time is at **6.10pm**.

9.30 Baseball Highlights

12.30 AM LIVE MLB New York Yankees v Los Angeles Dodgers. Start-time **12.35am**.

3.45 MLB Plays of the Week

4.15 Training Day With Brentford.

4.45 TNT Sports Cricket Reload

5.00 to 6.00 AM
Down the Clubhouse

Eurosport 1

413	868	521	412	435
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6.00 AM Triathlon PTO Tour

6.30 Roland-Garros Semi-finals.

11.30 **LIVE Motorcycling: World Endurance** Coverage of the Eight Hours of Spa, staged at Spa-Francorchamps in Belgium.

1.30 PM Roland-Garros Courtside

2.00 **LIVE Roland-Garros** Coverage of the French Open women's singles final from Roland-Garros.

4.30 Roland-Garros Courtside

5.00 **LIVE Roland-Garros** Coverage of the French Open men's doubles final from Roland-Garros.

7.30 **LIVE Motorcycling: World Endurance** Further coverage of the Eight Hours of Spa from Spa-Francorchamps in Belgium.

8.30 Triathlon PTO Tour

11.05 Roland-Garros Highlights.

2.00 AM **Cycling: Criterium du Dauphine** The seventh stage.

3.00 Motocross World Championship

5.00 to 6.00 AM **Cycling: Criterium du Dauphine**

Sky Sports	Football
403 513 503 421 441	
6.00	AM EFL The play-off finals.
9.00	EFL Greatest Games
10.00	Championship Retro
12.00	NOON EFL Greatest Games
1.00	PM Championship Season Review 2014/15
2.00	EFL Trophy Football Sunderland v Tranmere Rovers.
2.30	Best Moments from the Championship Play-Off Final
3.00	EFL Cup Retro Manchester United v Tottenham in 2008/09.
5.45	EFL Greatest Games
7.00	Championship Season Review A look at the 2015/16 season, which saw Burnley, Middlesbrough and Hull City earn promotion.
8.00	EFL Trophy Football Highlights of Rotherham United v Sutton United in the 2021/22 final.
8.30	Best Moments from the League 1 & 2 Play-Off Final
9.00	EFL Cup Retro Liverpool v Cardiff City in the 2012 final.
11.45	EFL Greatest Games
1.00	AM Championship Season Review 2020/21
2.00	Best Goals: EFL Cup 2020/21
2.30	EFL Trophy Football
3.00	Championship Retro
5.30 to 6.00 AM	EFL Greatest Games

TNT Sports 3

417 874

529

410

432

6.00

AM

MLB: Off the Bat

6.30

Story of the Champions Cup

7.30

What Went Down

8.30

European Rugby Challenge Cup Gloucester v Sharks.

10.00

Investec Champions Cup Leinster v Toulouse in the final at Tottenham Hotspur Stadium.

11.30

Gallagher Premiership Rugby Union Northampton Saints v Saracens in a semi-final.

12.30

PM

Bath v Sale Sharks.

1.30

Training Day Peter Crouch and Joe Cole spend the day training at Premier League side Brentford.

2.00

MLB Highlights

3.00

LIVE

PSA Squash

Coverage of the women's and men's semi-finals of the British Open, which takes place at Birmingham Repertory Theatre.

7.30

Hockey Pro League highlights.

11.30

MotoE Highlights

12.00

MT

MotoGP Highlights

1.00

AM

UEFA Champions League Magazine News and action.

2.00

WSL Championship Tour

3.00

Fishing: On the Bank

4.00

MotoGP Highlights

5.00

MotoE Highlights

5.30

to 6.00 AM Isuzu A-League

Eurosport 2

414

869

522

413

436

6.00

AM Cycling: Giro d'Italia

7.00

Cycling: Criterium du Dauphine

8.00

Hall of Fame: Rio 2016

9.00

Speedway Grand Prix

10.00

British Speedway

11.05

Cycling: Criterium du Dauphine

12.05

PM **LIVE** Cycling: Criterium du Dauphine Coverage of stage seven, a route of 155.3km from Albertville to Samoens 1600.

2.00

LIVE Motorcycling: World Endurance Coverage of the Eight Hours of Spa, staged at Spa-Francorchamps in Belgium.

7.00

LIVE British Speedway Coverage of the final from National Speedway Stadium.

10.00

Cycling: Criterium du Dauphine The seventh stage.

11.00

Speedway Grand Prix

12.00

M'T Hall of Fame: Rio 2016

1.00

AM Cycling: Criterium du Dauphine The seventh stage.

2.00

Roland-Garros Highlights.

5.00

to 7.00 AM Triathlon PTO Tour

Sky Sports	Cricket
404 514 504 422 442	
6.00	AM ICC Men's T20 World Cup Sri Lanka v Bangladesh: The Group D match, staged at Grand Prairie Cricket Stadium in Dallas, Texas.
2.10	PM Best of ICC WT20 England v the Netherlands from 2009.
2.30	ICC Men's T20 World Cup Sri Lanka v Bangladesh from Dallas.
3.00	LIVE ICC Men's T20 World Cup Netherlands v South Africa. Coverage of the Group D game, which takes place at Nassau County International Cricket Stadium in New York.
5.30	LIVE ICC Men's T20 World Cup Australia v England. Coverage of the Group B match, which takes place at Kensington Oval in Bridgetown, Barbados.
10.00	ICC Men's T20 World Cup Netherlands v South Africa.
10.30	Highlights from New Zealand v Afghanistan in Group C.
10.00	ICC Men's T20 World Cup
1.00	AM LIVE ICC Men's T20 World Cup West Indies v Uganda. Coverage of the Group C fixture at Providence Stadium.
5.30 to 6.00 AM	ICC Men's T20 World Cup

Sky Sports	Action
408 517 507 426 446	
6.00	AM NFL Highlights
8.00	NFL Bitesize Highlights
8.30	LIVE NRL North Queensland Cowboys v New Zealand Warriors. Coverage of the match from Queensland Country Bank Stadium. Kick-off is at 8.30am.
10.30	LIVE NRL Brisbane Broncos v Cronulla-Sutherland Sharks. Coverage of the match at Suncorp Stadium. Kick-off is at 10.35am.
12.30	PM NFL Bitesize Highlights
12.45	Women's State of Origin
1.00	State of Origin Rugby League
2.00	The Darts Show
2.30	NFL Bitesize Highlights
2.45	Women's State of Origin
3.00	LIVE ICC Men's T20 World Cup Netherlands v South Africa. Coverage of the Group D match, staged at Nassau County International Cricket Stadium.
7.30	NFL Highlights
9.30	State of Origin Rugby League
10.30	The Darts Show
11.00	Fight Night Two bout replays.
1.00	AM NFL Highlights
2.00 to 6.00 AM	LIVE Fight Night International Xander Zayas v Patrick Teixeira. Coverage of the super-welterweight bout.

Sky Sports	Arena
412 518 508 427 447	
6.00	AM Women's State of Origin
7.00	State of Origin Rugby League
8.00	NFL Highlights
10.00	LIVE World Pool Championship Coverage of the first session on day six at Green Halls in Jeddah, Saudi Arabia.
3.00	PM PDC Classics
3.30	Women's State of Origin New South Wales Blues v Queensland Maroons in game two.
4.30	PDC Classics Dawson Murschell v James Wade from 2017.
5.00	LIVE World Pool Championship Coverage of the second session on day six of the tournament, staged at Green Halls in Jeddah, Saudi Arabia.
8.30	PDC Classics Archive action.
10.30	State of Origin Rugby League New South Wales Blues v Queensland Maroons.
11.30	PDC Classics Archive action.
1.00	AM World Pool Championship
4.30 to 6.00 AM	PDC Classics


Sky Sports	Golf
405 515 505 423 443	
6.00	AM PGA Tour Champions Learning Centre
6.30	European Challenge Tour Golf
7.00	PGA Tour Golf Highlights.
11.00	European Challenge Tour Golf
11.30	PGA Tour Champions Learning Centre Expert golfing advice.
12.00	NOON LIVE DP World Tour Golf Coverage of day three of the Volvo Car Scandinavian Mixed.
4.30	PM LIVE PGA Tour Golf Coverage of day three of the Memorial Tournament at Muirfield Village Golf Club in Dublin, Ohio.
11.00	LIVE LPGA Tour Golf Coverage of day two of the ShopRite LPGA Classic at the Seaview in Galloway, New Jersey.
12.00	M'T European Challenge Tour
12.30	AM Playing Lessons
1.00	PGA Tour Champions
2.00	Golf Academy
3.00	PGA Tour Golf Highlights.
5.00 to 6.00 AM	Golf Academy

Sky Sports	Tennis
407 537 520 425 445	
6.00	AM Tennis Recent highlights.
2.00	PM Tennis Action from the Grand Prix De Son Altesse Royale La Princesse Lalla Meryem final.
4.00	The BMW Open final.
6.00	Tennis Internazionali BNL d'Italia.
11.30	Tennis Mutua Madrid Open.
12.00	M'T to 6.00 AM Tennis

Sky Sports	Mix
416 873 510 429 449	
6.00	AM NFL Highlights
8.00	PGA Tour Champions
9.00	State of Origin Rugby League
9.15	Women's State of Origin
9.30	ICC Men's T20 World Cup
2.10	PM Best of ICC WT20
2.30	The F1 Show Highlights.
3.30	Women's State of Origin
4.30	State of Origin Rugby League
5.30	The F1 Show Highlights.
6.30	Fight Night International
6.45	LIVE Indycar Coverage of the qualifying session ahead of the Grand Prix of Road America.
7.30	My Icon Sporting influences.
8.00	Top Rank Boxing Archive
8.15	LIVE Indycar Coverage of the qualifying session ahead of the Grand Prix of Road America.
9.45	F1 Kids' Zac Meets Toto Wolff
10.00	Fight Night International
11.00	NFL Highlights
11.30	ICC Men's T20 World Cup
2.00	AM Women's State of Origin
3.00	State of Origin Rugby League
4.00 to 6.00 AM	Fight Night International

Sky Sports	F1
406 516 506 424 444	
6.00	AM Formula 1 From Canada.
7.25	Canadian Track Guide
7.30	The F1 Show Highlights.
8.30	Formula 1 Canadian Grand Prix.
9.55	F1 Features
10.30	GB3 Championship Highlights
11.30	Formula 1 Canadian Grand Prix.
12.55	PM Canadian Track Guide
1.00	The F1 Show Highlights.
2.00	Formula 1 Canadian Grand Prix.
3.25	F1 Features
4.00	LIVE Indycar Coverage of the second practice session ahead of the Grand Prix of Road America.
5.00	F1 Features
5.15	LIVE Formula 1 The Canadian Grand Prix third practice session.
6.45	F1 Features
8.00	LIVE Formula 1 The Canadian Grand Prix qualifying session.
11.00	Ted's Notebook
11.30	Formula 1 Canadian Grand Prix.
1.30	AM Ted's Notebook
2.00	Indycar Recent highlights.
3.30 to 6.00 AM	The Home of F1


Comedy Drama



PREMIERE

Am I OK?
Sky Premiere, 2.35pm & 10pm
Dakota Johnson stars as a woman who sets out on a journey of self-discovery when she realises that she's gay.


Football



LIVE!

Soccer Aid
ITV1, 6pm (kick-off 7.30pm)
Former Chelsea icon Eden Hazard is one of the World XI's signings for this year's charity match, from Stamford Bridge.


Motorsport



LIVE!

F1: Canadian Grand Prix
Sky Sports F1/Main Event, race starts 7pm
After Ferrari's Charles Leclerc's win in Monaco, can championship leader Max Verstappen bounce back in Montreal?

Documentary



NEW

On Thin Ice: Putin Vs Greenpeace
BBC2, 9pm & 9.30pm (box set, iPlayer)
The story of environmental activists who were thrown into a Russian prison.

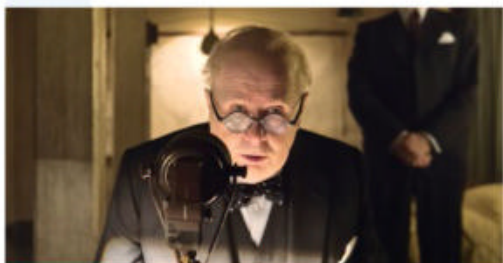
SKY EVENING TIME		7.00 PM	7.30 PM	8.00 PM	8.30 PM	9.00 PM	9.30 PM	10.00 PM	10.30 PM
FAVOURITES	101 BBC1	7.00 Antiques Roadshow		8.00 Film: Darkest Hour			10.00 News		10.30 High...
	102 BBC2	7.00 This Farming Life		8.00 The Americas with Simon Reeve		9.00 On Thin Ice: Putin vs Greenpeace		10.00 Film: The Phantom of the Open	
	103 ITV1	6.00 Soccer Aid for UNICEF							10.15 Maternity: Broken Trust
	104 CHANNEL 4	7.00 The Great Celebrity Bake Off for...		8.00 Secret France with Dick and Angel		9.00 The Piano: The Final		10.15 Celebrity Gogglebox	
	105 CHANNEL 5	6.30 Michael Crawford: Mr Entertainment		8.00 The World's Most Luxurious...		9.00 Shetland: Scotland's Wondrous Isles		10.00 Tommy Cooper: 30 Funniest Moments	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 The Equalizer		9.00 S.W.A.T.		10.00 The Walking Dead: The Ones Who Live	
ENTERTAINMENT	115 BBC3	7.00 Doctor Who	7.45 Doctor Who...	8.15 Shark Tank		9.00 Crashed: \$800m Festival Fail		10.00 Film: Blue Story	
	116 BBC4	7.00 Life of a Mountain: A Year on Helvellyn			8.30 Inside Classical: Brahms Symphony No 4			10.15 Karaoke	
	118 ITV2	6.45 Film: Pitch Perfect 2				9.00 Love Island		10.00 Love Island: Aftersun	
	136 MORE4	6.50 Come Dine with Me				9.00 999: On the Front Line		10.00 24 Hours in A&E	
	135 E4	7.05 Film: 13 Going on 30				9.00 Film: Terminator 3: Rise of the Machines			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 The Equalizer		10.00 Fire Country	
	108 SKY ATLANTIC	6.55 Billions		8.00 House of the Dragon: War Room		9.00 The Tattooist of Auschwitz		10.10 The Making of The Tattooist of...	
	110 GOLD	7.00 Only Fools and Horses		8.20 Dad's Army		9.00 Ghosts		9.40 The Office	
	111 DAVE	7.00 Storage Hunters UK		8.00 World's Most Dangerous Roads		9.00 Have I Got a Bit More News for You		10.00 QI	10.35 Mock the...
	119 ITV3	6.00 Agatha Christie's Marple		8.00 Vera				10.00 Wire in the Blood	
	120 ITV4	7.00 Cycling: Criterium du Dauphine...		8.00 Cycling: Women's Tour of Britain...		9.00 Film: Total Recall			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Austin Powers: The Spy Who Shagged Me			
	139 SKY SCI-FI	7.00 Quantum Leap				9.00 Feature Film			
	113 SKY MAX	7.00 The Walking Dead				9.00 S.W.A.T.		10.00 The Walking Dead: The Ones Who Live	
109 ALIBI	7.00 Hudson & Rex				9.00 Death in Paradise		10.00 Father Brown		
130 SKY ARTS	7.00 Painting Birds with Jim and Nancy Moir		8.00 Film: Limelight						
132 W	7.00 Inside the Operating Theatre				9.00 Brothers & Sisters				
DOCUMENTARY	125 DISCOVERY	7.00 Buying Alaska		8.00 Alaskan Bush People		9.00 Alaska: The Last Frontier		10.00 Wheeler Dealers World Tour	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Celebrity Animal Encounters		9.00 Crikey! It's the Irwins		10.00 Alaska Monsters	
	129 NAT GEO	7.00 Europe from Above		8.00 Tut's Treasures: Hidden Secrets					
	123 SKY HISTORY	7.00 Egypt's Unexplained Files				9.00 Odysseus Returns			
	155 YESTERDAY	7.00 Bangers & Cash		8.00 'Allo 'Allo!					10.20 Bangers & Cash...
	121 SKY DOCS	7.10 Film: Gascoigne				9.00 Bobby Robson: More Than A Manager			
FILMS - Sky Cinema	301 PREMIERE	5.50 Blue Beetle		8.00 Meg 2: The Trench			10.00 Am I OK?		
	302 STATHAM	6.00 The Beekeeper		8.00 The One			9.40 Ghosts of Mars		
	303 WILL SMITH	7.00 Bad Boys II				9.30 Suicide Squad			
	304 80S	5.55 Top Gun		8.00 E.T. The Extra Terrestrial			10.00 Blade Runner		
	305 ANIMATION	7.00 Dragon Rider			8.40 Monster Family			10.20 Monster Family 2	
	306 FAMILY	5.40 Miss...	7.20 Looney Tunes: Back in Action			9.00 A Tiger's Tail			10.30 Robo-Dog...
	307 ACTION	5.50 Spider-Man		8.00 Spider-Man 2				10.15 The Scorpion King	
	308 COMEDY	5.50 Talladega Nights: The Ballad of...		8.00 Barbie			10.05 HouseSitter		
	309 THRILLER	6.00 Promising Young Woman		8.00 Now You See Me				10.00 Lord of War	
	310 DRAMA	5.00 Oppenheimer		8.00 Jackie			9.50 Spotlight		
311 SCI-FI	6.05 Interstellar				9.00 Inception				
313 FILM4	6.50 A Beautiful Day in the Neighborhood				9.00 The Equalizer 2				
SPORT	401 MAIN EVENT	6.55 F1 – Live: Canadian Grand Prix (Start-time 7.00)				9.00 PGA Tour Golf – Live: The Memorial Tournament presented by Workday			
	402 PREMIER LEAGUE	7.00 The Tyler Archives		8.00 The United Way			10.00 Class of '92: Full Time		
	403 FOOTBALL	7.00 Championship Season Review		8.00 EFL Trophy...	8.30 EFL Rivalries	9.00 EFL Cup Retro			
	404 CRICKET	3.00 ICC Men's T20 World Cup – Live: India v Pakistan; Oman v Scotland							10.00 ICC Men's T20 World Cup
	410 TNT SPORTS 1	6.45 Gallagher Premiership Rugby Union			8.30 NBA on Fire	9.00 WWE SmackDown Highlights		10.00 UFC	
	411 TNT SPORTS 2	7.00 PL Review				9.00 Wembley Stadium: A Stage For Icons		10.00 Premiership Women's Rugby	



BBC1

101 101 1 101 101

- 6.00 AM Breakfast (S)
9.00 Sunday with Laura Kuenssberg
10.00 Politics England (S)
10.30 Sunday Morning Live **New edition**
11.30 Homes Under the Hammer (S)(R)
12.30 PM Bargain Hunt (S)(R)
1.00 BBC News (S)
1.15 Songs of Praise **New edition**
Ahead of Carers Week, the Rev Kate Bottley is in Norfolk. (S)
1.50 Points of View **New edition** (S)
2.05 Money for Nothing (S)(R)
2.50 **FILM A Dog's Journey** Drama sequel to *A Dog's Purpose* starring Dennis Quaid. A hound finds the meaning of his existence through the lives of the humans he meets. (S) (2019, PG, 105min) ★★★
4.35 The Green Planet (S)(R)(AD)
5.35 BBC News (S)
5.50 Local News (S)



8.00 Darkest Hour

- 6.00 Countryfile
New edition Charlotte Smith and Joe Crowley report on farming in southwest Wales, including helping with a kelp harvest at Câr-y-Môr, Wales' first regenerative ocean farm. (S)

- 7.00 Antiques Roadshow
Fiona Bruce presents from the shores of Lake Windermere in the Lake District, and discovers the stories of concentration camp survivors who started a new life in the area. (S)(R)

- 8.00 **FILM Darkest Hour**
Oscar and BAFTA-winning wartime drama starring Gary Oldman, Lily James and Kristin Scott Thomas. British prime minister Winston Churchill seeks to rally the nation against Germany's advance across Western Europe. (S) (2017, PG, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

- 10.00 BBC News (S)
10.25 Local News (S)
10.30 High: Surviving a Dubai Drugs Bust
1/5. A musician is arrested on drugs charges. (S1) (S)(R)

- 11.00 High: Surviving a Dubai Drugs Bust 2/5. Karl and his friends are snatched out of their rental car at gunpoint. (S)(R)
11.30 3/5. Karl and his friends are taken to Port Rashid. (S1) (S)(R)
12.00 M'T Celebrity Bridge of Lies With Olly Smith, Chizzy Akudolu, Jayde Adams and Rav Wilding. (S)(R)
12.45 AM Weather for the Week Ahead Seven-day forecast. (S)
12.50 to 6.00 AM BBC News (S)

BBC2

102 102 2 102 102

- 6.15 AM Glorious Gardens from Above Exploring Sussex. (S)(R)
7.00 Countryfile (S)(R)
8.00 Our Coast (S)(R)
9.00 Beechgrove Garden (S)(R)
9.30 Landward **New edition** (S)
10.00 Saturday Kitchen Best Bites **New edition** Series highlights. (S)
11.30 Ready Steady Cook (S)(R)
12.15 PM **FILM The Big Country** Western starring Gregory Peck, Jean Simmons and Burl Ives. (S) (1958, PG, 160min) ★★★
2.55 Gregory Peck: Talking Pictures A profile of Gregory Peck. (S)(R)
3.30 Galapagos – Islands of Change: Natural World (S)(R)(AD)
4.15 **FILM Pride & Prejudice** Romantic period drama with Keira Knightley and Matthew Macfadyen. (S)(AD) (2005, U, 120min) ★★★★★



9.00 On Thin Ice: Putin vs Greenpeace

- 6.15 Flog It!
The team head to Norwich Cathedral, where Thomas Plant and Kate Bateman find items including a religious relic and a Martin Brothers vase. (S)(R)

- 7.00 This Farming Life
Summer arrives and Robert's cattle get their first taste of freedom and fresh grass in the Cairngorms, while Jenni's alpacas need a short back and sides from a specialist shearer. (S)(R)

- 8.00 The Americas with Simon Reeve
4/5. The explorer travels from Texas to southern Mexico, meeting a woman who risks her life to take supplies to migrants stranded in Reynosa. (S)(R)(AD)

- 9.00 **NEW SERIES On Thin Ice: Putin vs Greenpeace**
1/6. Activists try to disrupt Russia's Arctic oil production. (S)
9.30 **New edition** 2/6. Sini and Kruso are captured. (S)(AD)
Continues tomorrow

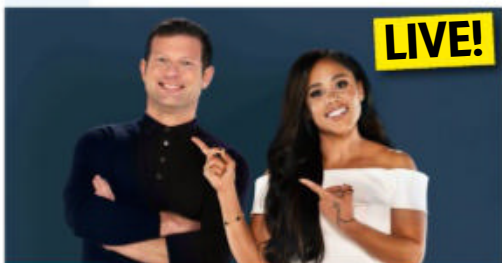
- 10.00 **FILM The Phantom of the Open**
Sports comedy drama starring Mark Rylance, Sally Hawkins and Rhys Ifans. An unrelenting optimist gains entry to the 1976 British Open Golf Championship qualification round, despite being a novice. (S) (2021, 12, 100min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

- 11.40 **FILM My Old Lady** Comedy drama starring Maggie Smith, Kevin Kline and Kristin Scott Thomas. (S)(AD) (2014, 12, 100min) ★★★
1.20 AM Sign Zone: Question Time Debate from Chester. (S)(R)
2.20 Sign Zone: Thief at the British Museum Documentary. (S)(R)(AD)
2.50 to 6.45 AM Previews (S)

ITV1

103 103 803 103 3 103 103 103

- 6.00 AM James Martin's Great British Adventure In Cornwall. (S)(R)(AD)
6.30 James Martin's Spanish Adventure (S)(R)(AD)
7.25 Ainsley's National Trust Cook Off
8.25 Katie Piper's Breakfast Show **New edition** Talk show. (S)
9.25 ITV News (S)
9.30 Love Your Weekend with Alan Titchmarsh **New edition** (S)
11.25 Alan Titchmarsh's Gardening Club (S)(R)(AD)
12.25 PM ITV News (S)
12.40 **FILM The Croods** Animation. (S) (AD) (2013, U, 110min) ★★★
2.30 Tipping Point: Best Ever Finals (R)
3.00 **NEW Soccer Aid: The Warm Up**
4.00 **NEW D-Day 80 at the Royal Albert Hall** (S)(AD)
5.30 ITV News (S)
5.45 Local News (S)



6.00 Soccer Aid for UNICEF

- 6.00 **LIVE Soccer Aid for UNICEF**
England v Soccer Aid World XI: Dermot O'Leary and Alex Scott present coverage of the charity fixture, which takes place at Stamford Bridge. An England team of celebrities and footballing legends including Sam Thompson, Mo Farah and Jill Scott go head-to-head with a World XI featuring Usain Bolt, Lee Mack and Eden Hazard in aid of the children's charity. Plus, a special half-time performance by Tom Walker. Kick-off is at 7.30. See feature, page 13. (S)

- 10.00 ITV News (S)
10.15 **NEW Maternity: Broken Trust**
An Investigation into alleged failures in maternity care at Nottingham University Hospitals Trust, told through the experiences of a group of families who have campaigned tirelessly for answers. (S)(AD)

- 11.35 Absolutely India: Mancs in Mumbai 5/6. Ryan and Dougie make a shock discovery. (S)(R)(AD)
12.00 M'T Teleshopping
3.00 AM Motorsport UK (S)(R)
3.50 Unwind with ITV (S)
5.05 to 6.00 AM Ainsley's National Trust Cook Off (S)(SL)(R)(AD)

+1 hour 203 303 35 112

CHANNEL 4

104 104/108 804 108 4 104 104/106

- 6.15 AM Everybody Loves Raymond (R)
6.40 Frasier 14&15/24. (S10) (S)(R)(AD)
7.35 The Simpsons (S)(R)(AD)
8.30 Formula 1: Canadian Grand Prix Qualifying Highlights (S)(R)
9.30 Sunday Brunch **New edition** With Tim Lovejoy and Simon Rimmer. (S)
12.30 PM The Simpsons (S)(R)(AD)
2.30 **FILM Kindergarten Cop** Comedy starring Arnold Schwarzenegger as a police detective who goes undercover disguised as a teacher to find the son of a drug dealer. (S)(AD) (1990, 15, 125min) ★★★
4.35 **FILM The Day the Earth Stood Still** Sci-fi action thriller remake starring Keanu Reeves. After a UFO lands in Central Park, an astrobiologist tries to befriend the alien being that emerges. (S) (AD) (2008, 12, 115min) ★★



9.00 The Piano: The Final

- 6.30 News (S)

- 7.00 The Great Celebrity Bake Off for Stand Up to Cancer
Matt Lucas and Noel Fielding host the charity version of the baking show, welcoming Emma Willis, Clara Amfo, Alex Horne and Blake Harrison. (S)(R)(AD)

- 8.00 Secret France with Dick and Angel
New edition 2/3. The Strawbridges head to Gascony, visiting an antiques market and learning how to make an intricate pastry. (S)(AD)

- 9.00 The Piano: The Final
Series finale 7/7. The seven performers overcome last-minute changes and battle backstage nerves as the final concert arrives. Presented by Claudia Winkleman. (S)(AD)

- 10.15 Celebrity Gogglebox
Famous faces including Rylan, Jennifer Saunders, Danny Dyer, Zoe Ball, Clare Balding and Jane McDonald critique the week's biggest TV shows. (S)(R)

- 11.20 Gogglebox (S)(R)(AD)
12.20 AM Formula 1: Canadian Grand Prix Highlights In Montreal. (S)
1.45 Rooney (S)(R)(AD)
3.35 iTales Five short films. (S)(R)
4.05 Iris Prize Best British Shorts **New edition** Malcolm. (S)
4.20 Grand Designs (S)(R)(AD)
5.15 Kirstie's House of Craft (S)(R)
5.25 Frasier 1/24. (S5) (S)(R)(AD)
5.50 to 6.30 AM Countdown (S)(R)

+1 hour 204/208 304 15 121

6 PM

7 PM

8 PM

9 PM

10 PM

CHANNEL 5

105 105 805 105 5 105 105 105

- 5.35 AM Milkshake!**
8.45 SpongeBob SquarePants (S)(R)
9.00 Entertainment News (S)
9.10 Jane McDonald: My Yorkshire
 Jane visits the station featured in *The Railway Children*. (S)(R)
10.00 Cruising with Jane McDonald
 Double bill of the series. (S)(R)
12.00 NOON Isle of Wight: Jewel of the South The island's High Sheriff attends the annual steam fair. (S)(R)
1.00 PM Darcy Muncer restores an ancient thatched roof. (S)(R)
2.00 LIVE UK's Strongest Man
 Coverage of the final of the event, which takes place at Vindico Arena in Cardiff. (S)
5.00 Some Mothers Do 'Ave 'Em: 50 Years of Laughs A celebration of the sitcom. (S)(R)



9.00 Shetland: Scotland's...

- 6.25 News** (S)
6.30 Michael Crawford: Mr Entertainment
 A profile of the actor and entertainer, whose career has taken him from starring with Barbra Streisand in movie musical *Hello Dolly*, to his creation of sitcom legend Frank Spencer. (S)(R)

- 8.00 NEW The World's Most Luxurious Retirement Homes**
 A look at the glamour of the Palace in Miami, and state-of-the-art wellness facilities at the Ridge in Colorado. (S)

- 9.00 Shetland: Scotland's Wondrous Isles**
New edition A look at Scalloway's annual fire festival, following JR Umphray as the organiser and ceremonial leader of the event. (S)

- 10.00 Tommy Cooper: 30 Funniest Moments**
 The most memorable events from the comedian's career, including a selection of his funniest routines and most ridiculous one-liners. (S)(R)

- 12.00 M'T Greatest Ever Celebrity Wind Ups** Celebrity pranks. (R)
1.50 AM PlayOJO Live Casino Show
3.50 Secret Scotland with Susan Calman The comedian explores Aberdeenshire. (S)(R)
4.40 Entertainment News (S)
4.50 Wildlife SOS (S)(SL)(R)
5.15 House Doctor (S)(SL)(R)(AD)
5.40 to 5.45 AM
 Entertainment News (S)

+1 hour 205 305 38 128

SKY SHOWCASE

106 106 806 109 340 355

- 6.00 AM Isadora Moon** (S)(R)(AD)
6.25 Croods Family Tree (S)(R)
7.15 The Slow Mo Guys' Big Adventures Double bill. (S)(R)
8.05 Monkey Life (S)(R)(AD)
8.30 Sunday Morning with Trevor Phillips Topical discussion. (R)
10.00 F1: Canadian Grand Prix Qualifying Highlights From Circuit Gilles-Villeneuve. (R)
12.00 NOON The Office (US) (S)(R)
2.00 PM David Attenborough's Conquest of the Skies (S)(R)
4.00 Painting Birds with Jim and Nancy Moir (S)(R)(AD)
5.00 The Simpsons My Octopus and a Teacher: Bart is unable to control his feelings. (S)(R)
5.30 Girls Just Shauna Have Fun: Lisa joins the high-school marching band. (S)(R)



4.00 Painting Birds with Jim...

- 6.00 The Simpsons**
Marge the Meanie: A surprise from Marge's past has her bonding with Bart. (S)(R)
6.30 Meat Is Murder:
 Grampa's past comes back to haunt him. (S)(R)

- 7.00 The Simpsons**
Poorhouse Rock: Homer finally teaches Bart to admire him. (S)(R)
7.30 Homer the Whopper:
 Homer is cast as the lead in a superhero movie. (S)(R)

- 8.00 The Equalizer**
All Bets Are Off: 4/10. Dante's old partner is taken hostage while working undercover, and Dee learns she's being cyberbullied on her social media page. (S4) (S)(R)

- 9.00 S.W.A.T.**
New episode *Allegiance:* 12/13. The teenage son of an energy company executive is abducted, leading the team to carry out a high-stakes rescue mission. (S7) (R)

- 10.00 The Walking Dead: The Ones Who Live**
Gone: 2/6. Michonne finds help from an unexpected source and comes face-to-face with the mysterious CRM. (S1) (S)(R)

- 11.15 F1: Canadian Grand Prix Highlights** From Circuit Gilles-Villeneuve in Montreal. (R)
12.15 AM A League of Their Own: Mexican Road Trip 3/4. (S)(R)
1.15 Brassic 3/8. A lads-only camping trip turns into a nightmare. (S4) (S)(R)(AD)
2.10 The Force: Manchester (S)(R)
3.05 Road Wars (S)(R)(AD)
4.00 to 6.00 AM Nothing to Declare

+1 hour 206

LOCAL VARIATIONS

BBC1

- SCOTLAND**
 Sky 964, Virgin 862, Freesat 964
10.00am The Sunday Show (S) **11.00-11.30am** Landward (S)(R)
N. IRELAND
 Sky 966, Virgin 863, Freesat 966
10.30pm NEW The Rory Gallagher Story (S)
11.30 High: Surviving a Dubai Drugs Bust: Triple bill. (S)(R) **1.00-6.00am** BBC News (S)
WALES
 Sky 965, Virgin 864, Freesat 965
4.35pm Springwatch in Wales **New edition** (S)
5.05-5.35 Iolo's Valleys (S) (R) **10.30** Match of the Day Wales **11.00 High:** Surviving a Dubai Drugs Bust: Triple bill. (S)(R)
12.30am Celebrity Bridge of Lies (S)(R) **1.15-6.00am** BBC News (S)

BBC2

- N. IRELAND**
 Sky 969, Freesat 969
10.00pm NEW Secrets in the Peat (S) **11.00** Sunday Politics Northern Ireland (S)(R) **11.30-11.40pm** The Chronicles of Belfast (S)(R)
WALES
 Sky 968, Freesat 968
2.55pm Galapagos: Islands of Change – Natural World (S)(R)(AD) **3.40 FILM** Pride & Prejudice: Period drama. (S)(AD) (2005, U, 125min) ★★★★★
5.45-6.15pm Weatherman Walking (S)(R)

ITV1

No variations

S4C

- Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.50** Penblwyddi Cyw **New edition** **9.00** Wrecsam – Clwb Nîl **10.00** Garddio a Mwy **10.30** Beicio Mynydd Redbull Hardline **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Cerys Matthews a'r Goeden Faled **12.30pm** Y Fets (AD) **1.30** Cymru Wyllt Gudd **2.30** Dan Do **3.00** Dan Do **3.25** Pum Merch, Tri Chopa, Un Cwch **3.50** Yr Anialwch **4.50** Cysgu O Gwmpas (AD) **5.20** Ffermio **5.50** Pobol y Cwm Omnibws (AD) **7.00** Newyddion a Chwaraeon **7.15 LIVE** Sgorio Rhyngwladol **10.00** Hen Dy Newydd (AD) **11.00-11.35pm** Cymry ar Gynfas

TV&Satellite
 week
Best for
 Sky and
 Virgin

BBC3

115/117/121 107/113 23 107 107

BBC3 programmes start at 7.00pm



- 7.00 PM Doctor Who Rogue:**
 6/8. Ruby and the Doctor encounter a bounty hunter in the 19th century. (S14)
7.45 Doctor Who: Unleashed
 6/8. Behind the scenes of the latest episode, *Rogue*.
8.15 Shark Tank New edition
 Pitches include an all-in-one meal prep system to help cooks stay organised.
8.55 Ryan Tricks on the Streets Street magic.
9.00 Crashed: \$800m Festival Fail The spectacular rise and fall of British music and festival company Pollen.
10.00 FILM Blue Story Drama starring Micheal Ward. A tragic chain of events unfolds as two best friends from different areas of London find themselves on rival sides of a postcode war. (2019, 15, 91min) ★★★
11.30 Bad Education
12.30 AM Dave's Games
12.45 I Kissed a Boy
1.35 Such Brave Girls
2.55 to 3.55 AM
 Bad Education

MORE4

136/137 831 147 18 124

- 8.55 AM George Clarke's Amazing Spaces**
9.55 Ugly House to Lovely House with George Clarke
11.00 George Clarke's Old House, New Home
12.00 NOON Location, Location, Location Phil Spencer catches up with two sets of discerning house-hunters.
1.00 PM Come Dine with Me
3.40 Four in a Bed
6.20 Come Dine with Me
 Taxi firm owner Rob hosts the first dinner party.
6.50 Come Dine with Me
 Businesswoman Sam tries to impress with a South African-themed evening.
7.25 Gym worker Toria hosts the third party.
7.55 Student Inzy is the fourth host in Liverpool.
8.30 Property developer Christine plans a Spanish holiday-themed dinner.
9.00 999: On the Front Line
New edition 6/8. A postal worker slips on sewage and may have broken his hip.
10.00 24 Hours in A&E
 A woman is brought in after having a severe epileptic fit.
11.05 Emergency Helicopter Medics Documentary.
12.10 AM 999: On the Front Line
1.15 24 Hours in A&E
2.15 Emergency Helicopter Medics Documentary.
3.20 to 3.50 AM
 A Place in the Sun

+1 hour 236/237 347 125

BBC4

116 107/108 9/24 106 108

BBC4 programmes start at 7.00pm



- 7.00 PM Life of a Mountain: A Year on Helvellyn**
 A year in the life of the Lake District's most popular peak.
8.30 Inside Classical: Brahms Symphony No 4
New edition Kate Molleson presents the BBC Scottish Symphony Orchestra performing a symphony by Johannes Brahms.
10.00 NEW Renny Rye Remembers: Karaoke
 Renny Rye looks back on the part he played in *Karaoke*.
10.15 Karaoke 1/4. Dennis Potter drama starring Albert Finney.
11.05 2/4. Daniel Feeld's life continues to unravel.
11.55 3/4. Daniel Feeld is reassured that life is not imitating his script.
12.45 AM 4/4. Daniel learns that he has only eight weeks to live. (S1)
1.50 AM Scuffles, Swagger & Shakespeare: The Hidden Story of English
2.20 to 3.50 AM
 Life of a Mountain: A Year on Helvellyn

E4

135/136 830 106 13 122

- 6.00 AM Hollyoaks Omnibus**
8.15 Ramsay's Kitchen Nightmares USA
11.15 The Great Celebrity Bake Off for Stand Up to Cancer With Motsi Mabuse, Mo'Nique and Ben Miller.
12.20 PM FILM Zathura – A Space Adventure
 Sci-fi fantasy adventure. (2005, PG, 113min) ★★★★★
2.25 FILM Peter Rabbit
 Family comedy adventure. (2018, PG, 95min) ★★★
4.10 The Big Bang Theory
7.05 FILM 13 Going on 30
 Romantic comedy starring Jennifer Garner. A 13 year-old girl makes a wish and finds herself transformed into a successful 30-year-old career woman. (2004, 12, 98min) ★★★
9.00 FILM Terminator 3: Rise of the Machines Sci-fi thriller sequel with Arnold Schwarzenegger and Nick Stahl. Computer network Skynet sends its deadliest cyborg killing machine yet to find and destroy mankind's future saviour. (2003, 12, 109min) ★★★
11.05 Open House: The Great Sex Experiment
12.15 AM The Inbetweeners
1.20 Naked Attraction
2.25 First Dates
3.20 Modern Family
3.45 to 6.00 AM
 Hollyoaks Omnibus

+1 hour 235/236 306 30 123

Sunday

primetime

primetime

SUNDAY Entertainment

Sky Witness

107 807 110 341 356

- 6.00 AM **Bondi Rescue**
- 8.00 **Border Patrol**
- 11.00 **Air Ambulance ER**
- 12.00 NOON **Sun, Sea and A&E**
The medical teams are stretched to their limit.
- 1.00 PM **Bondi Rescue** The lifeguards take part in a challenge amid massive swell.
- 1.30 The lifeguards bid farewell to a much-loved squad member.
- 2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.



8.00 **Caught on Dashcam**

Sky Atlantic

108/109 808 342 357

- 6.00 AM **Fish Town**
- 9.00 **True Blood** Five episodes of the drama, including at: 1.20 PM 4/10. Pam recalls the events that led her and Eric to Shreveport. (S7)
- 2.25 **Billions** 11/12. Prince's plan is put in jeopardy.
- 3.30 12/12. Mike Prince takes his place on the Axe Capital throne. (S6)
- 4.40 1/12. Chuck aligns with an unlikely ally.
- 5.45 2/12. Chuck negotiates with a face from his past. (S7)



9.00 **The Tattooist of Auschwitz**

Sky Max

113/114 813 111 346 361

- 6.00 AM **Highway Patrol**
- 7.00 **NCIS: Los Angeles** (S13)
- 12.00 NOON **Grimm** Four episodes of the series, including at: 3.00 PM 12/22. The members of the Wesen Council decide to have Nick killed. (S4)
- 4.00 **The Walking Dead** 6/16. Michonne sets an ambush for her pursuers.
- 5.00 7/16. Michonne arrives at the prison with bad news.
- 6.00 8/16. Rick and his team rescue Glenn and Maggie from Woodbury. (S3)



9.00 **S.W.A.T.**

ITV2

118 816 115 6 113

- 6.00 AM **CITV**
- 9.00 **Totally Bonkers**
- Guinness World Records**
- 10.15 **Love Bites**
- 11.15 **Dress to Impress**
- 1.15 **PM In for a Penny** Disney special of the game show.
- 2.00 **In with a Shout Soccer Aid**
- 3.00 **Celebrity Catchphrase**
- 4.00 **Bob's Burgers** (S1)
- 4.55 **FILM Cloudy with a Chance of Meatballs** Animated comedy with the voices of Bill Hader and Anna Faris. (2009, U, 90min) ★★★★★ z



6.45 **Pitch Perfect 2**

ITV3

119 117 10 115

- 6.00 AM **Bless This House** 1/12.
- 6.30 **Inspector Morse**
- 8.50 **Agatha Christie's Poirot**
- 10.00 **FILM Carry On Doctor** Hospital comedy. (1968, PG, 90min) ★★★
- 12.00 NOON **Agatha Christie's Marple** Four episodes of the murder mystery, including at: 4.00 PM **Greenshaw's Folly:** A murderer strikes at a strange country house.
- 6.00 **Endless Night:** A couple build their dream home on supposedly cursed land.



8.00 **Vera**

7 PM

- 7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

- 8.00 **Caught on Dashcam** **New edition** Outrageous road disasters captured on video by drivers' dashboard cameras.

9 PM

- 9.00 **The Equalizer All Bets Are Off:** 4/10. Dante's old partner is taken hostage while working undercover in an illegal casino. (S4)

10 PM

- 10.00 **Fire Country At The End Of My Rope:** 20/22. The Station 42 and Third Rock crews respond to a deadly explosion. (S1)
- 11.00 **The Cleaning Lady** 3/12. (S2)
- 12.00 M'T **FBI** 12/13. (S6)
- 1.00 AM **FBI: International** (S3)
- 2.00 **The Cleaning Lady** **New episode** 4/12. (S2)
- 3.00 **FBI: Most Wanted** 11/13. (S5)
- 4.00 to 6.00 AM **Nothing to Declare**

+1 hour 207 310

- 6.55 **Billions Winston Dick Energy:** 3/12. Prince tries to profit from a past employee's work, and a betrayal hits Wendy. (S7)

- 8.00 **House of the Dragon: War Room** Sue Perkins presents a look ahead to season two, joined by Al Murray and Ellie Taylor.

- 9.00 **The Tattooist of Auschwitz** 6/6. Lali makes his way to Bratislava but has no idea if Gita is alive or dead. (S1)

- 10.10 **The Making of the Tattooist of Auschwitz**
- 10.45 **The Sympathizer Good Little Asian:** 2/7. The General begins to suspect there is a mole. (S1)

- 12.00 M'T **Euphoria** 5&6/8. (S2)
- 2.05 AM **House of the Dragon** 9/10. Alicent enlists help to track down Aegon. (S1)
- 3.10 **The Time Traveler's Wife**
- 4.10 to 6.00 AM **Fish Town**

+1 hour 208/209

- 7.00 **The Walking Dead The Suicide King:** 9/16. Rick tries to rescue Daryl, while Woodbury is in disarray after the attack.

- 8.00 **The Walking Dead Home:** 10/16. As the group debate the next course of action, Rick wanders after a lost friend. (S3)

- 9.00 **S.W.A.T. New episode Allegiance:** 12/13. Eco-terrorists abduct the teenage son of an energy company executive. (S7)

- 10.00 **The Walking Dead: The Ones Who Live Gone:** 2/6. Michonne comes face-to-face with the mysterious CRM. (S1)

- 11.05 **A Discovery of Witches** (S2)
- 12.00 M'T **A League of Their Own: Mexican Road Trip** The gang take MLS-style penalties.
- 1.00 AM **Brassic** 3/8. (S4)
- 2.00 **There's Something About Movies** With Joanna Lumley.
- 3.00 **Road Wars** Vehicle crime.
- 4.00 to 6.00 AM **Stop, Search, Seize**

- 6.45 **FILM Pitch Perfect 2** Comedy sequel starring Anna Kendrick. The Barden Bellas try to recover from a disastrous performance by winning the World Championships of A Cappella. With Rebel Wilson. (2015, 12) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00 **Love Island New edition** The islanders begin their second week in the villa, but there's still plenty of twists and turns in store.

- 10.00 **NEW SERIES Love Island: Aftersun** Companion programme to the dating show, featuring the latest gossip.

- 11.05 **Family Guy** 1/18. The Quahog residents are invited to spend an evening at James Woods' mansion, but the guests start turning up dead. (S9)
- 12.05 AM **American Dad!** (S6&5)
- 1.05 AM **American** 8/16. (S2)
- 2.05 to 3.00 AM **Unwind with ITV**

+1 hour 218 315 29 114

- Agatha Christie's Marple** (started at 6.00pm)

- 8.00 **Vera Tyger Tyger:** The detective investigates a daring robbery at a port and uncovers a web of intrigue when it turns out to be an inside job, but the insider's motivation is not just money.

- 10.00 **Wire in the Blood Right to Silence:** 3/4. An imprisoned gangster masterminds a murder from the inside. (S2)

- 11.45 **Endeavour Muse:** A famous international thief tries to steal a Fabergé egg.
- 1.30 AM **Bless This House** Sally takes in a stray dog.
- 2.00 Sid suffers temporary amnesia. Stars Sid James.
- 2.20 to 2.30 AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

- 10.30 AM **Sunday Morning** Live Topical debate.
- 11.30 **This Is BBC Scotland**
- 7.00 PM **The Seven**
- 7.15 **Rewind 2000s**
- 7.30 **Scotland's Home of the Year** 6/7. Houses in Fife and Linlithgow.
- 8.00 **Paramedics on Scene** **Series finale** 10/10. A Paisley crew are called to a man who may have suffered a stroke.
- 9.00 **Still Game** 5/9. Jack and Victor spend their funeral fund. (S2)
- 9.30 **NEW The All Star Euros Sketch Show** Comedy starring Jonathan Watson.
- 10.00 **NEW Breaking the Euros** Des Clarke hosts a look at Euro 2024.
- 10.30 **Icons of Football** **New edition** 3/6. A profile of Joe Jordan.
- 11.00 PM to 12.00 M'T **Scotland '78** – A Love Story

Sky Comedy

114/115 814 112 347 362

- 8.00 AM **The Conners** (S4)
- 10.30 **Entourage** (S6&7)
- 1.30 PM **Veep** 7-10/10. (S3)
- 4.00 **Will & Grace** (S1)
- 6.30 **The Office (US)** 15/22. Michael decides to host his own seminar.
- 7.00 16/22. The staff members plan festivities for Valentine's Day.
- 7.30 17/22. Dwight is salesman of the year.
- 8.00 19/22. Michael takes the staff ice-skating.
- 8.30 20/22. Dwight discovers marijuana in the car park. (S2)
- 9.00 **And Just Like That...** 5/10. Carrie confronts her necessary surgery.
- 9.45 6/10. Miranda shocks Charlotte. (S1)
- 10.30 **Jerrold Carmichael: 8**
- 11.40 **Divorce** 5&6/8. (S2)
- 1.00 AM **Barry** (S4)
- 2.15 **Mrs Fletcher** (S1)
- 3.55 **Flatbush Misdemeanors**
- 4.25 to 5.00 AM **High Maintenance**

Sky Arts

130/131 140 123 36 147 365

- 6.00 AM **Arts Uncovered**
- 6.15 **Pavarotti in Central Park**
- 8.30 **Tales of the Unexpected**
- 11.00 **The Joy of Painting**
- 12.00 NOON **Alfred Hitchcock Presents**
- 1.00 PM **Comedy Legends**
- 2.00 **André Rieu: Welcome to My World**
- 3.00 **Grand Ole Opry**
- 4.00 **Discovering**
- 5.00 **Peter O'Toole: Along the Sky Road to Aqaba**
- 7.00 **Painting Birds with Jim and Nancy Moir**
- 8.00 **FILM Limelight** Charlie Chaplin's comedy drama. (1951, b/w, U, 144min) ★★★★★
- 10.40 **Comedy Legends**
- 11.40 **Born in Chicago**
- 1.20 AM **Eric Clapton: Nothing But the Blues**
- 3.35 **Discovering**
- 4.00 **The Great Songwriters**
- 5.00 **Chicago: Music Icons**
- 5.30 to 6.00 AM **Journey: Music Icons**

Sky Mix

151 135 11 144

- 6.00 AM **Border Patrol**
- 8.00 **The Brilliant World of Tom Gates 2**
- 8.30 **Impossible Animals**
- 8.45 **Let's Game**
- 9.15 **Highway Patrol**
- 11.00 **999 Frontline**
- 12.00 NOON **Brit Cops: Law & Disorder**
- 1.00 PM **Caught on Dashcam**
- 3.00 **Border Security: America's Front Line**
- 5.00 **Highway Cops**
- 6.00 **Caught on Dashcam**
- 8.00 **Nothing to Declare**
- 9.00 **The Pacific Melbourne:** 3/10. The soldiers are greeted as heroes. (S1)
- 10.00 **FBI: Most Wanted Caesar:** 4/14. Barnes goes on a risky undercover mission. (S1)
- 11.00 **Forensics: Catching the Killer** Documentary.
- 12.00 M'T **The Real Manhunter** True-crime.
- 2.00 AM **Motorway Patrol**
- 4.00 to 6.00 AM **Border Patrol**

ITV Be

131/132 119 28 119

- 7.00 AM **Unwind**
- 7.25 **Sam and Billie: The Mummy Diaries**
- 8.25 **The Real Housewives of Melbourne**
- 10.25 **Buying and Selling**
- 12.30 PM **Real Housewives of New York City**
- 1.20 **The Real Housewives of Salt Lake City**
- 4.55 **Dinner Date**
- 5.55 **John and Lisa's Food Trip Down Under**
- 7.00 **Billie and Greg: The Family Diaries** Billie and Greg take the kids on an exciting holiday to Dubai.
- 8.00 **FILM What to Expect When You're Expecting** Ensemble comedy starring Cameron Diaz. (2012, 12, 105min) ★★
- 10.15 **The Real Housewives of Cheshire** A frosty feud builds between Lauren and Paige.
- 11.15 **The Real Housewives Ultimate Girls' Trip**
- 12.20 to 1.00 AM **Unwind**

+1 hour 319

GREAT! tv

157 170 50

- 8.00 AM **Highway to Heaven**
- 11.00 **Murder, She Wrote**
- 1.00 PM **Murder, She Wrote** Eight episodes of the series, including at: 6.00 **Mourning Among the Wisteria:** A playwright proposes to Jessica.
- 7.00 **Murder Through the Looking Glass:** Jessica hears a dying man's confession.
- 8.00 **A Very Good Year for Murder:** A man's birthday party is interrupted by a death.
- 9.00 **An Emma Fielding Mystery – Past Malice** Crime drama starring Courtney Thorne-Smith.
- 10.50 **Fixer Upper Mysteries: Framed For Murder**
- 12.40 AM **Castle** 7&8/10. (S1)
- 3.00 **Randall and Hopkirk (Deceased)** 15/26. (S1)
- 4.00 **Highway to Heaven**
- 4.50 to 5.00 AM **GREAT! Movie News Extra**

+1 hour 257 62

ITV4

120 118 26 117

6.00 AM **World of Sport**
6.05 **Motorsport Mundial**
6.30 **Auto Mundial** **New edition**
7.00 **Motorsport UK**
7.55 **British Rally Championship**
8.55 **World Rally Championship Highlights** Recent action.
10.00 **MotoGP Highlights**
11.00 **LIVE British Touring Car Championship** Coverage from Thruxton, featuring the 10th, 11th and 12th races.
6.15 PM **The Best of the 90s**
6.25 **Mr Bean**



9.00 **Total Recall**

7.00 **Cycling: Criterium du Dauphine Highlights**
Action from the final stage from Thones to the Plateau des Glieres.

8.00 **Cycling: Women's Tour of Britain Highlights**
Action from the final stage, a 99km route from Manchester to Leigh.

9.00 **FILM Total Recall** Sci-fi thriller starring Arnold Schwarzenegger, Rachel Ticotin and Sharon Stone. A construction worker comes to think that he is really an intergalactic spy. (1990, 15, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Monster Carp** Ali Hamidi and two guest anglers visit Thailand.

12.15 AM **The Sweeney** The Flying Squad take on a computer expert. With George Cole.

1.15 **Lost Car Rescue**
2.10 **The Protectors**
2.40 to **3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **The Outpost** Five episodes of the fantasy series, including at: **2.00** PM 8/13. An old enemy unleashes a dark power. **3.00** 9/13. Gwynn learns what Tobin has been hiding. (S3)
4.00 **Quantum Leap** 3/22. Sam is shipwrecked on an island. Brooke Shields guest stars. **5.00** 4/22. Guest starring Jennifer Aniston. (S5)
6.00 5/22. Sam swaps places with a murderer. (S5)



8.00 **Quantum Leap**

7.00 **Quantum Leap** *Star Light, Star Bright*: 6/22. Sam travels back to 1966, where he materialises in a UFO enthusiast's body.

8.00 **Quantum Leap** *Deliver Us from Evil*: 7/22. Sam travels back to the 1960s and finds himself in the body of a teenager. (S5)

9.00 **FILM RoboCop 2** Sci-fi action thriller sequel starring Peter Weller. The indestructible robotic law enforcer tackles corporate corruption and a designer drug dealer on the streets of future Detroit. With Nancy Allen. (1990, 18, 114min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Fantasy Island** 7/13. Amber's fantasy is to have her life be as it appears on social media. **11.55** 8/13. A star fantasises about being anonymous. (S2)

12.50 AM **FILM Robot Apocalypse** Sci-fi adventure starring Tito Ortiz. (2020, 12, 87min) ★★

2.25 **The Outpost** As 3.00pm.
3.15 to **6.00** AM **Stargate SG-1**

Alibi

109/110 809 114 343 358

7.10 AM **Murdoch Mysteries** (S1)
10.00 **Father Brown** Four episodes.
2.00 PM **Inspector George Gently** *Gently with the Innocents*: An elderly man is killed in his dilapidated mansion.
4.00 **Death in Paradise** 8/8. Humphrey investigates a suspected poisoning at a retirement home. (S3)
5.00 **Shakespeare & Hathaway: Private Investigators** (S3)
6.00 **Murdoch Mysteries** 20/24. Murdoch investigates the death of Gustav Bohl. (S17)



8.00 **Hudson & Rex**

7.00 **Hudson & Rex** **New episode** *Hudson and Son*: 9/20. A police officer is murdered in the nightlife district.

8.00 **Hudson & Rex** **New episode** *Who's Your Caddy?* 10/20. A wealthy socialite is found dead on a golf course. (S6)

9.00 **Death in Paradise** *A Deadly Party*: 8/8. The host of a fundraiser is shot dead. Guest stars Sean Pertwee. (S2)

10.00 **Father Brown** *The Mayor and the Magician*: The mayor is electrocuted while speaking at the Kempleford village fete.

11.00 **Father Brown** *The Blue Cross*: The priest's priceless Blue Cross is targeted.

12.00 M/T **The Gulf** 7/8. Jess accuses Ruby's friends of hiding the truth. (S2)

1.00 to **4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

GOLD

110/111 810 124 344 359

7.10 AM **Are You Being Served?**
9.00 **Only Fools and Horses**
12.20 PM **Only Fools and Horses** Ten episodes, including at: **3.00** As shown at 7.40pm. **3.35** Rodney joins a band. **4.15** The Trotters dog-sit. **5.00** Del pays a stripper to attend a party at the Nag's Head with Rodney. **5.40** Del sees a chance to make a quick profit involving Denzil's redundancy money. **6.20** Rodney starts to experience the joys of dating.



9.40 **The Office**

7.00 **Only Fools and Horses** The Trotters attend Grandad's funeral. **7.40** Uncle Albert falls into the pub cellar, but turns his injury into a profit-making opportunity.

8.20 **Dad's Army** Mainwaring sets up an observation post in the lighthouse.

9.00 **Ghosts** Pat's family make their annual pilgrimage to the site of his death.

9.40 **The Office** Brent makes easy money moonlighting at a business seminar. **10.20** David Brent is in his element as the staff prove how wacky they can be for Red Nose Day.

11.00 **The Office** David Brent shares his management philosophy with a magazine.

11.40 **Ghosts** As 9.00pm.

12.20 AM **The Office** Triple bill.

2.25 **The Thin Blue Line**
2.55 to **4.00** AM **Lenny Henry's Race Through Comedy**

+1 hour 210/211 324

Dave

111/112 811 127 19 157

7.10 AM **Cop Car Workshop**
8.00 **Storage Hunters UK**
9.00 **Abandoned Engineering**
11.00 **Top Gear** Double bill.
1.00 PM **Storage Hunters UK**
3.00 **Rick Stein's French Odyssey**
5.00 **Motorhoming with Merton & Webster** Paul and Suki stop-off in Great Yarmouth's neighbour, Gorleston-on-Sea.
6.00 **Cornwall with Simon Reeve** Simon investigates the environmental challenges facing Cornwall and the rest of the country.



8.00 **World's Most Dangerous...**

7.00 **Storage Hunters UK** A new pair of bidders arrive in Leeds. **7.30** Sean Kelly oversees UK bidders in Ipswich.

8.00 **World's Most Dangerous Roads** Hugh Bonneville and Jessica Hynes drive through the former Soviet republic of Georgia.

9.00 **Have I Got a Bit More News for You** Clive Myrie hosts the satirical quiz, featuring guests Miles Jupp and Camilla Long.

10.00 **QI** With Rob Brydon, Phill Jupitus and Cal Wilson.

10.35 **Mock the Week** Featuring Susan Calman and Hal Cuttenden.

11.15 **Mock the Week** With Josh Widdicombe and Gary Delaney.

12.00 M/T **Live at the Apollo**
1.00 AM **Red Dwarf** Double bill.
2.20 **Two Pints of Lager and a Packet of Crisps** Double bill.
3.30 to **4.00** AM **Whose Line Is It Anyway? USA**

+1 hour 211/212 327 57

7 PM

8 PM

9 PM

10 PM

4seven

137/138 143 49 127

9.00 AM **Four in a Bed**
1.00 PM **Four in a Bed**
2.00 **A Place in the Sun** Seven editions, including: **6.00** A father-and-son from Cardiff seek a property in Alicante. **7.00** Craig Rowe goes house-hunting in Carcassonne, France. **8.00** Jasmine Harman helps Gloria and Russell find a home in Valencia.

9.00 **24 Hours in Police Custody** Bedfordshire Police investigate a knife and gun attack on a man's doorstep.

10.00 **Sky Coppers** The unit hunt for a group of kids trying to set fire to a shed in an allotment.

11.05 **Secret France with Dick and Angel**

12.05 AM **The Piano: Final**
1.20 **Celebrity Gogglebox**
2.25 **Gogglebox**
3.30 **The Great Celebrity Bake Off for SU2C**
4.25 to **4.55** AM **Four in a Bed**

5USA

141/169 120/162 21 129

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S3)
1.05 PM **NCIS** 17-22/24. (S14)
6.55 **Entertainment News**
7.00 **NCIS** *Something Blue*: 23/24. Delilah is hospitalised ahead of her wedding. **8.00** *Rendezvous*: 24/24. A Navy Seal disappears in a remote part of Paraguay. (S14)
9.00 *In the Spotlight*: 19/22. Agent Knight goes viral for saving a mother and son. (S20)
10.00 **Law & Order: Special Victims Unit** *Infiltrated*: 6/22. Novak tries to track down Benson. **11.00** *Underbelly*: 7/22. A child-prostitution ring is uncovered. (S8)
11.55 **Law & Order: SVU**
1.50 AM **The Blacklist** (S3)
2.50 **Law & Order: SVU**
3.35 to **4.00** AM **999: Criminals Caught on Camera**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

8.00 AM **Shoplifters: Catch Me if You Can**
12.00 NOON **When All Inclusive Holidays Go Horribly Wrong** (Extended)
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions, including at: **7.00** A suspected drunk driver nearly causes a calamity. **8.00** Dan is given the runaround by an uninsured driver.
9.00 **FILM Kinky Boots** Comedy. (2005, 12, 107min) ★★
11.15 **FILM Dead Calm** Suspense thriller. (1988, 15, 96min) ★★
1.20 AM **It's Your Fault I'm Fat** A six-week diet plan.
2.20 **Dogs Behaving (Very) Badly**
3.05 **Casualty** 24/7: Every Second Counts
3.55 to **4.00** AM **Entertainment News**

+1 hour 228/229 326 141

5Action

150 130 33 132

9.00 AM **Entertainment News**
9.15 **Police Interceptors**
10.15 **Trucking Hell**
12.15 PM **Trucking Heavy**
1.15 **Trucking Hell**
2.20 **FILM When the Daltons Rode** Western starring Randolph Scott. (1940, PG, 90min) ★★
4.05 **FILM To Hell and Back** Wartime drama. (1955, PG, 106min) ★★
6.20 **FILM Rio Lobo** Howard Hawks' Civil War Western. (1970, PG, 110min) ★★
9.00 **FILM Lethal Weapon 4** Action thriller sequel. starring Mel Gibson. (1998, 15, 128min) ★★
11.35 **FILM Delta Force 2: The Colombian Connection** Thriller starring Chuck Norris. (1990, 18, 111min) ★

1.50 AM **Outback Truckers**
2.55 **Traffic Cops**
3.50 to **4.00** AM **Entertainment News**

W

132/133 827 125 25 156

6.10 AM **Tipping Point**
11.00 **My Family**
1.00 PM **Miranda**
3.00 **Michael McIntyre's The Wheel** Triple bill.
7.00 **Inside the Operating Theatre** Nick has an ultrasound taken from inside his body to find out if he needs surgery. **8.00** **Teenager** Nathan has two twisted teeth extracted.
9.00 **Brothers & Sisters** 1 of 23. Kitty returns home after spending three years away from her mother. **10.00** 2 of 23. William's will threatens to cause a rift in the family. (S1)
11.00 **Gemma and Gorka: Life Behind the Lens**
12.00 M/T **Katie Piper's Face to Face**
1.00 AM **Wife Swap USA**
2.00 to **3.00** AM **The Undateables**

+1 hour 232/233 325

Drama

143 116 20 158

7.25 AM **The Bill**
12.20 PM **Call the Midwife**
4.20 **Catherine Cookson's The Fifteen Streets**
6.40 **Call the Midwife** 1/9. Demolition works in Poplar reveal a long-buried secret. (S11)
8.00 **Sister Boniface Mysteries** *Never too Deadly to Die*: 1/8. One of the screen-testing stars for the new *Agent Best* film is killed. (S3)
9.00 **Silent Witness** *Domestic*: Harry is put in a difficult position when he is called to a crime scene at the home of a family he knows, and finds the bodies of the mother and daughter.
11.10 **Taggart** *Love Knot*: A body dredged from the bottom of the Clyde sparks an investigation.
12.50 AM **Dalziel & Pascoe**
3.00 to **4.00** AM **A Small Light**

+1 hour 243 316 60

Really

142 128 17 160

- 6.00 AM **Celebrity Fantasy Homes** Kelly Hoppen.
7.00 **Teleshopping**
8.00 **Celebrity Fantasy Homes** Double bill.
10.00 **Dr Pimple Popper**
12.00 NOON **A Place in the Sun** Seven editions.
7.00 PM **The Travelling Auctioneers** Treasures in everyday homes.
8.00 **The Repair Shop**
9.00 **Body Bizarre** Marc from Germany has to drink 20 litres of water every day or risks death.
10.00 **Goddess Face Tumour: Body Bizarre** A girl with a tumour that makes her look like a Hindu god.
11.00 **Man with Three Legs: Body Bizarre**
12.00 M'T **Unexplained: Caught on Camera**
1.00 AM **Paranormal: Caught on Camera**
2.00 **Teleshopping**
4.00 to 6.00 AM **Fantasy Homes by the Sea**

DMAX

159 169 39 150

- 6.00 AM **American Pickers: Best Of** Triple bill.
9.00 **Fast N' Loud**
11.00 **Richard Hammond's Workshop** Double bill.
1.00 PM **Wheeler Dealers**
4.00 **Homestead Rescue: Raney Ranch**
6.00 **Outback Crystal Hunters** Documentary.
7.00 **In Search of Monsters**
8.00 **Expedition Bigfoot**
9.00 **Ancient Unexplained Files** Documentary.
10.00 **The Alaska Triangle**
11.00 **Bail Jumpers** **New editions** John and Kay apprehend Richard.
11.30 John and Kay bring in Cornbread.
12.00 M'T **Naked and Afraid**
1.00 AM **Ed Stafford: First Man Out** Documentary.
2.00 **Teleshopping**
4.00 **Treehouse Masters**
5.00 to 6.00 AM **Baggage Battles**

+1 hour 259 369 151

HGTV

158 191 44 166

- 7.00 AM **My Lottery Dream Home** Six editions.
10.00 **Escape to the Country**
1.00 PM **Escape to the Country** A London couple search for a home in Suffolk.
2.00 A couple hoping to move to the Oxfordshire countryside.
3.00 **A Place in the Sun**
7.00 **A Place in the Sun** Advice on buying a second home abroad.
8.00 Laura Hamilton helps find a home in the Murcia region of Spain.
9.00 A Manchester couple plan to buy a home on the Algarve.
10.00 A couple want to buy a home in Orihuela.
11.00 As 9.00pm.
12.00 M'T A holiday home in the Spanish region of La Marina Alta.
1.00 to 4.00 AM **Bargain Mansions**

+1 hour 258/262 391

Challenge

145 139 48 146

- 7.00 AM **Scrapheap Challenge Roadshow: Sofa Speedway**
8.00 **Scrapheap Challenge Roadshow: Welly Wanging** Game show.
9.00 **Scrapheap Challenge**
10.00 **The Crystal Maze**
11.00 **Play Your Cards Right**
12.00 NOON **Dickinson's Real Deal** David Dickinson and his team of dealers help members of the public in Bognor Regis.
1.00 PM **Lily Savage's Blankety Blank**
3.00 **Cash Trapped**
5.00 **Tenable** Double bill of the quiz show hosted by Warwick Davis.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** With Donna Air, Amanda Lamb, Sarah Greene and Dan Snow.
10.00 **The Chase** Six editions.
4.00 AM **The Chase**
5.00 to 6.00 AM **The Chase**

Food Network

140/141 190 43 148

- 6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Nigella Bites**
11.30 **Forever Summer with Nigella** Squid rings.
12.00 NOON **Mary Berry - Cook & Share**
12.30 PM **Nadiya Bakes**
1.00 **James Martin's French Adventure** Double bill.
3.00 **Great British Bake Off**
8.00 **Marcus Wareing's Tales from a Kitchen Garden**
8.30 **Jamie's 15 Minute Meals** Recipes include shaved fennel salad.
9.00 **Simply Raymond Blanc** The chef prepares cheese fondue and celeriac remoulade.
10.00 **Guy's Grocery Games** Four talented chefs take part in the grocery store cooking competition.
12.00 M'T **Man v Food with Casey Webb**
2.00 to 3.00 AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 149

TLC

133/134 828 165

- 7.00 AM **Say Yes to the Dress: Atlanta**
8.00 **Say Yes to the Dress**
10.00 **Little People, Big World**
12.00 NOON **My Lottery Dream Home**
1.00 PM **My 600lb Life**
3.00 **7 Little Johnstons**
5.00 **Sister Wives**
6.00 **Brother Vs. Brother**
7.00 **Dr Pimple Popper** Five editions, including at:
9.00 Monica returns in the hopes Dr Lee can remove her face growths.
10.00 A drag queen has a bump dangling from his backside.
11.00 Terry's growth has prevented him from seeing his grandchildren.
12.00 M'T **Body Bizarre**
1.00 AM **Body Invaders**
2.00 **Dr Pimple Popper**
4.00 **Brother Vs. Brother**
5.00 to 6.00 AM **Say Yes to the Dress: Atlanta**

+1 hour 233/234 365

GREAT! action

323 426 42

- 8.00 AM **FILM The Diamond Hunters** Drama. (2001, PG, 95min) ★★
10.15 **FILM Midnight in Saint Petersburg** Spy thriller sequel. (1995, 15) ★★
12.05 PM **Battle of Kursk**
1.00 **FILM Mackenna's Gold** Western adventure. (1968, 15, 136min) ★★★
3.30 **FILM The War Wagon** Western. (1967, U, 96min) ★★★
5.40 **FILM Battle of Rogue River** (1954, PG) ★★
7.15 **FILM Cripple Creek** Western. (1952, U, 77min) ★★
9.00 **FILM Acts of Violence** Drama with Bruce Willis. (2018, 15, 86min) ★★
10.50 **FILM First Kill** Thriller. (2017, 15, 97min) ★★
1.00 AM **FILM Resistance 1942** (2021, 15) ★★
3.15 **The Blitz on Cologne**
4.20 to 5.00 AM **Wild West Chronicles**

+1 hour 324

Legend

148 149 41 137

- 7.00 AM **World's Most Unexplained...**
8.00 **FILM The Land That Time Forgot** Fantasy. (2009, 12, 90min) ★★
10.00 **Mission: Impossible**
3.00 PM **FILM Eagle's Wing** Western. (1978, PG, 111min) ★★★★★
5.00 **FILM An Eye for an Eye** Western revenge drama. (1966, PG, 91min) ★★
6.50 **FILM This Savage Land** Western spin-off. (1969, PG, 97min) ★★★★★
8.50 **Legend Lowdown**
9.00 **FILM The Fourth Protocol** Spy thriller. (1987, 15, 119min) ★★★★★
11.15 **FILM The Fog** Supernatural thriller. (1979, 15, 90min) ★★★★★
1.05 AM **FILM Mom and Dad** Comedy horror. (2017, 15, 86min) ★★★★★
2.50 to 4.30 AM **FILM 2021: War of the Worlds** Sci-fi action thriller. (2021, 12, 78min) ★★

Comedy Central

112/113 812 132 345 360

- 8.00 AM **Most Ridiculous**
8.35 **Most Ridiculous Dangerous Dads**
9.00 **Friends** 3-10/24. (S8)
1.00 PM **FILM Bring It On** Teen comedy. (2000, 12, 99min) ★★★★★
2.50 **Friends** 11-20/24. (S8)
7.00 **Friends** 21/24. A bad restaurant review upsets Monica.
8.30 22/24. Chandler falls asleep at Joey's film premiere. (S8)
9.00 **FILM Austin Powers: The Spy Who Shagged Me** Spy thriller sequel starring Mike Myers. (1999, 12, 94min) ★★★★★
10.55 **Lee Evans: The Ultimate Experience**
12.40 AM **Jimmy Carr: Being Funny** Stand-up show.
1.40 **The Ricky Gervais Show**
2.40 **South Park** (S14)
4.00 **Beavis and Butt-Head**
4.15 to 5.00 AM **Guessable?**

+1 hour 212/213 332

GREAT! movies

321 425 34

- 9.00 AM **FILM Pretty Little Stalker** (2018, PG) ★★
10.45 **FILM Fatal Getaway** Thriller. (2019, PG) ★★
12.25 PM **FILM Witness** Unprotected Thriller. (2018, PG, 90min) ★★
2.15 **FILM The Water Horse: Legend of the Deep** Adventure. (2007, PG, 107min) ★★★★★
4.30 **FILM Fly Away Home** Family adventure. (1996, U, 107min) ★★★★★
6.45 **FILM Twins** Comedy. (1988, PG) ★★★★★
9.00 **FILM Out of Sight** Romantic thriller. (1998, 15, 122min) ★★★★★
11.30 **FILM Bullet to Beijing** Spy thriller sequel. (1995, 15, 101min) ★★
1.35 AM **FILM A Mother Betrayed** Thriller. (2015, PG, 90min) ★★
3.30 **Wild West Chronicles**
4.00 to 6.00 AM **FILM The Rachels** (2017, PG) ★★

+1 hour 322

Legend Xtra

317 171 69 138

- 6.00 AM **FILM Eye of the Beast** Monster movie. (2007, 15, 90min) ★★
8.00 **FILM Sherlock Holmes** Drama with Ben Syder. (2010, 12, 89min) ★★
10.00 **Frank Herbert's Children of Dune**
4.00 PM **Six Million Dollar Man** Five episodes.
9.00 **FILM The Mummy** Hammer horror starring Peter Cushing, Yvonne Furneaux and Christopher Lee. (1959, PG, 88min) ★★★★★
10.50 **FILM House on Haunted Hill** Horror with Vincent Price and Richard Long. (1958, b/w, 12, 75min) ★★★★★
12.30 AM **FILM The House of the Devil** Horror thriller starring Jocelin Donahue and Tom Noonan. (2009, 18, 95min) ★★★★★
2.25 to 3.00 AM **The Twilight Zone**

+1 hour 318 371 139

Comedy Cen. Extra

127/128 154

- 6.00 AM **Guessable?**
7.00 **Teleshopping**
9.00 **Impractical Jokers**
11.30 **Criminally Funny**
1.10 PM **Friends** (S8)
3.10 **Criminally Funny**
9.00 **Friends** 20/24. Rachel and her former fiancé get back together.
9.30 21/24. Ross's pet monkey reaches puberty.
10.00 23/24. Carol finally gives birth.
10.30 24/24. Ross's true feelings for Rachel are revealed. (S1)
11.00 1/24. Rachel struggles to deal with Ross's new relationship.
11.30 2/24. Phoebe manages to unwittingly disgust everyone. (S2)
11.00 **Friends** (S2)
2.00 AM **Last Man Standing**
3.00 **The Daily Show**
4.30 **Important Things with Demetri Martin**
4.55 to 6.00 AM **Impractical Jokers**

GREAT! romance

319 424 52

- 8.00 AM **FILM Love at Sunset Terrace** Drama. (2020, PG, 90min) ★★
10.00 **FILM October Kiss** Romantic drama. (2015, PG, 90min) ★★
12.00 NOON **FILM You Had Me at Aloha** Drama. (2021, PG, 84min) ★★
2.00 PM **FILM Love, Romance and Chocolate** Drama. (2019, U, 84min) ★★
4.00 **FILM A Brush with Love** Romantic drama. (2019, PG, 84min) ★★
6.00 **FILM Love on Safari** Drama. (2018, PG) ★★
8.00 **FILM Right in Front of Me** Romantic comedy. (2021, PG, 84min) ★★
9.50 **FILM Love in Full Swing** Drama. (2020, PG) ★★
12.00 M'T **FILM Love & Where to Find It** Comedy. (2021, PG, 85min) ★★
2.00 AM **Highway to Heaven**
3.10 to 5.00 AM **FILM All Yours** (2016, PG) ★★

+1 hour 320 63

Blaze

164 174 64 162

- 6.00 AM **Close Encounters**
8.00 **Alien Files: Unsealed**
10.00 **The UnXplained with William Shatner**
12.00 NOON **Weird or What? with William Shatner**
2.00 PM **Close Encounters**
7.00 **Close Encounters** A man whose injury was inexplicably healed.
7.30 A naval officer sees lights in the sky.
8.00 **Curse of Skinwalker Ranch** An experiment reveals evidence that a theory could be true.
9.00 **Flipping Bangers** **New edition** A Mercedes SLK is renovated.
10.00 **Deep Water Salvage** A trawler blown onto the shore of a national park.
11.00 **Salvage Kings** (S1)
12.00 M'T **Curse of the Ancients** Middle Ages.
1.00 AM **Lost Gold of World War II** Documentary.
2.00 to 6.00 AM **Close Encounters**

Sky Replay

152 156

- 7.00 AM **Air Ambulance ER**
9.00 **Four Weddings**
11.00 **Merlin** (S2&3)
4.00 PM **Station 19** (S5)
6.00 **Warehouse 13** **Magnetism:** 4/13. Pete and Myka investigate a town's odd behaviour.
7.00 **Claudia:** 5/13. Artie is abducted.
8.00 **Elements:** 6/13. A sculpture is stolen. (S1)
9.00 **Border Security: Canada's Front Line** A baggage search turns cheesy for Canadian border services.
9.30 The contents of a case reveals a surprise.
10.00 **Air Ambulance ER** The work of Britain's emergency helicopter medical services.
11.00 **S.W.A.T.** 12/13. (S7)
12.00 M'T **Bondi Rescue**
2.00 AM **A League of Their Own** Double bill.
3.00 to 6.00 AM **Four Weddings**

GREAT! real

189 61

- 9.00 AM **Coast Guard Florida**
10.00 **Police Ten 7**
1.00 PM **The People's Vet**
3.00 **Island Medics**
5.00 **Emergency Rescue: Air, Land & Sea** Double bill of the documentary.
7.00 **Air Rescue** Four editions of the series following the work of staff with New South Wales's Westpac Helicopter Rescue.
9.00 **The Embassy** Double bill of the series going behind the scenes at the Australian Embassy in Bangkok.
11.00 **Police Ten 7** Following the work of police officers in New Zealand.
1.00 AM **Coast Guard Florida** With the US Coastguard at work as they patrol the coastline.
3.00 **Cops Uncut**
5.00 to 5.50 AM **Coast Guard Alaska**

+1 hour 289

5SELECT

153 138 46 133

- 9.00 AM **Bargain-Loving Brits in the Sun**
11.00 **Columbo** Five episodes of the drama, including at:
5.00 PM **Uneasy Lies the Crown:** A dentist plans to poison his wife's lover and make it look like she killed him.
7.00 **By Dawn's Early Light:** The head of a military school makes a murder involving a ceremonial cannon look like an accident.
9.00 **The King's Guard: Serving the Crown** Following the Household Cavalry to Edinburgh.
10.00 Behind the scenes with the elite regiment of the British Army's Household Division.
11.00 **The Good Ship Murder**
12.00 M'T **Building Britain's Canals** Double bill.
2.50 AM **The Madame Blanc Mysteries**
3.50 to 4.00 AM **Entertainment News**

MTV

126/127 824 134

- 6.00 AM **The Hills**
6.25 **Teen Mom UK: Next Generation**
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Triple bill.
4.00 **Catfish: Teams Top 10**
5.00 **Catfish: The TV Show** Five editions, including at:
7.00 Rap star R Prophet investigates the identity of a girl he met online.
8.00 Angela fears her online love interest is not who he says he is.
9.00 LeeAndre is suspicious about Russia ghosting him.
10.00 **Help! I'm in a Secret Relationship!** Ashley needs to know why Adam is hiding her.
11.00 **Teen Mom Family Reunion** Reality series.
12.00 M'T **Ink Master**
2.00 AM **Catfish UK**
2.45 **Geordie Shore**
3.35 to 4.00 AM **Teen Cribz**

★★★★★ Excellent ★★★★★ Very Good ★★★★★ Good ★★★★★ Average ★ Poor

Discovery

125/126 823 177 320 325

- 6.00** AM **Wheeler Dealers**
- 12.00** NOON **Building Off the Grid** Five editions, including at:
3.00 PM A family plan to build a geodesic dome home in the North Georgia mountains.
4.00 An outdoor enthusiast works to build his dream home in the Idaho mountains.
- 5.00** **Deadliest Catch: Legend of Jake Anderson** Jake Anderson has two weeks to revive his battered boat.
- 6.00** **Gold Divers** Chris McCully embarks on a three-person, 15-hour diving marathon.

**7.00** **Buying Alaska**

- 7.00** **Buying Alaska** A pilot seeks an Alaskan home with a private runway.
7.30 A family hope to escape into the wilderness.

- 8.00** **Alaskan Bush People** Bird and Rain aim to complete the horseback riding lesson their dad could not give them.

- 9.00** **Alaska: The Last Frontier** The Kilchers take advantage of the high summer's extra daylight to forge ahead.

- 10.00** **Wheeler Dealers World Tour** Mike and Elvis find a 1970s classic VW camper in need of some mechanical TLC.

- 11.00** **Roadworthy Rescues** Derek heads back to his family farm.

- 12.00** M'T **Diesel Brothers** Time is up for the Diesel Bi-Wheel.
1.00 AM Redbeard takes on a diesel build of his own.
2.00 **Diesel Brothers** Double bill.
4.00 to **5.00** AM **How Do They Do It?**

+ 1 hour 225/226 377

Animal Planet

162/178 178

- 8.00** AM **Tanked** The San Francisco Giants build an aquarium.
- 9.00** **How Do Animals Do That?**
- 10.00** **My Cat from Hell**
- 11.00** **Animal Cops Philadelphia**
- 12.00** NOON **Tanked** An aquarium.
- 1.00** PM **Pit Bulls & Parolees**
- 2.00** **Meet the Orangutans**
- 3.00** **Meet the Penguins**
- 4.00** **My Cat from Hell** Jackson Galaxy deals with a feline.
- 5.00** **Animal Cops Philadelphia**
- 6.00** **Tanked** Basketball legend Dwight Howard calls on the team for a reptile mansion.

**10.00** **Alaska Monsters**

- 7.00** **Pit Bulls & Parolees** After a string of bad luck, Tia hopes new arrival Richard will prove to be a valuable asset.

- 8.00** **Celebrity Animal Encounters** With Kate Micucci and Kristen Bell.
8.30 With Melissa Joan Hart and Orlando Jones.

- 9.00** **Crikey! It's the Irwins** After weeks of closure due to the pandemic, the Irwins prepare for the reopening of the zoo.

- 10.00** **Alaska Monsters** The team head deep into the Alaskan Interior outside of Fairbanks to investigate a bear-like creature.

- 11.00** **Wild Australia** Australia's wilderness through the eyes of the Aborigines.

- 12.00** M'T **Wild Mexico** The wildlife of the North American country.
1.00 AM **Alaska Monsters**
2.00 **My Cat from Hell**
3.00 **Animal Cops Philadelphia**
4.00 to **5.00** AM **Tanked**

+ 1 hour 262/278 378

Nat Geographic

129/130 825 183

- 8.00** AM **Food Factory**
- 9.00** **Draining New York: What Lies Beneath?** Documentary.
- 10.00** **WWI Wrecks: Drain the Oceans** The Battle of Jutland.
- 11.00** **Car S.O.S** Double bill.
- 1.00** PM **Car S.O.S.: Ultimate Countdown** Highlights.
- 2.00** **Gallipoli's Deep Secrets**
- 3.00** **Hitler the Junkie**
- 4.00** **Air Crash Investigation**
- 6.00** **Last of the Giants: Wild Fish** *New edition* Cyril and team hit the waters in search of the elusive, giant muturo.

**6.00** **Last of the Giants**

- 7.00** **Europe from Above** *New edition* Aerial footage of the Greek Islands.

- 8.00** **Tut's Treasures: Hidden Secrets** The objects found in Tutankhamun's tomb are brought together to be examined.

- 9.00** **Tut's Treasures: Hidden Secrets** King Tut's death mask undergoes a forensic investigation as experts seek an answer.

- 10.00** **Tut's Treasures: Hidden Secrets** The story behind two mummified babies found in Tutankhamun's tomb.

- 11.00** **To Catch a Smuggler**
- 12.00** M'T **Trafficked: Underworlds**
- 1.00** AM **Ancient Bodies: Secrets Revealed** Documentary.
- 2.00** **Money Meltdown**
- 2.55** **Food Factory USA**
- 3.45** **Bid & Destroy** Double bill.
- 4.35** to **5.00** AM **Secrets of the Zoo: Keeper Tales**

+ 1 hour 229/230 383

Sky History

123/124 821 131 353 368

- 6.00** AM **Storage Wars**
- 9.00** **Pawn Stars** Five editions.
- 2.00** PM **Curse of the Ancients** Alice Roberts explores the notion that man's ancestors believed they were cursed.
- 3.00** Alice Roberts assesses the Roman Empire, looking at the secret to its success.
- 4.00** The disastrous final days of the Roman Empire.
- 5.00** Examining the notion that pagan societies believed they were cursed.
- 6.00** Wars and floods that occurred in the Middle Ages.

**9.00** **Odysseus Returns**

- 7.00** **Egypt's Unexplained Files** Ancient Egypt's dark side, from a 5,000-year-old homicide to drug-fuelled debauchery.

- 8.00** **Egypt's Unexplained Files** The truth behind ancient Egypt's best-known and loved icons, including Tutankhamun.

- 9.00** **Odysseus Returns** Part one of two. Documentary about the legendary Greek king of Ithaca and the hero of Homer's epic poem *the Odyssey*.
10.15 Part two of two. Like other Homeric heroes, Odysseus longed to win kleos glory.

- 11.30** **Pawn Stars** The shop travels back in time when a map from the late 1800s comes in.
- 12.30** AM The staff try to assess the true value of items.
- 1.30** **Pawn Stars** Double bill.
- 3.30** **Forged with Steele**
- 4.00** to **6.00** AM **Egypt's Unexplained Files**

+ 1 hour 223/224 331

Yesterday

155 846 129 27 159

- 6.10** AM **Secrets of the Transport Museum** Double bill.
- 8.00** **The World at War**
- 12.00** NOON **The Yorkshire Steam Railway: All Aboard**
- 3.00** PM **Bangers & Cash** Derek heads out to pick up a Saab 96L and a Volvo P1800ES.
4.00 An Aston Martin DB6 could be the most expensive car ever sold at the auction.
5.00 A collection of Austin Mini Metros arrive for auction.
6.00 An Argentinian Army Mercedes G wagon arrives at the North Yorkshire auction.

**12.00** **The Yorkshire Steam...**

- 7.00** **Bangers & Cash** Derek has three scooters to collect, while also finding room for a Daimler and a teardrop caravan.

- 8.00** **'Allo 'Allo! Herr Flick** interrogates Gruber about *The Fallen Madonna*.

- 8.40** The General discovers the sausage and hangs it in his closet.
9.20 Double-length episode, originally shown at Christmas in 1986. The Resistance arrange a parade to provide a diversion to steal a plane.

- 10.20** **Bangers & Cash: Restoring Classics** The team pay over the odds for a VW Campervan.

- 11.20** **How to Build a Motor Car** A team of plucky Brits attempt to prove that they've built the world's fastest car.

- 12.20** AM **Bangers & Cash: Restoring Classics** A 90s Alfa with electrical issues.

- 1.20** **Hornby: A Model World**
2.15 to **3.00** AM **Scouting for Toys**

+ 1 hour 255 329 74

Quest

144 834 137 12 172 167

- 6.00** AM **World's Greatest Motorcycle Rides**
- 8.00** **Vinnie Jones in the Country** DIY series.
- 9.00** **The Repair Shop**
- 11.00** **Find It, Fix It, Flog It**
- 2.00** PM **The Repair Shop**
- 3.00** **Celebrity Yorkshire Auction House**
- 4.00** **The Repair Shop**
- 5.00** **American Pickers**
- 7.00** **Vinnie Jones in the Country** DIY series.
- 8.00** **Richard Hammond's Workshop** A bizarre vehicle enters the shop.
- 9.00** **The Repair Shop**
- 10.00** **Aussie Gold Hunters**
- 11.00** **Jeremy Wade's Dark Waters** A monster fish.
- 12.00** M'T **NASA's Unexplained Files**
- 1.00** AM **Expedition Bigfoot**
- 2.00** **Lost Beasts of the Ice Age** Documentary.
- 4.00** to **5.00** AM **How It's Made**

+ 1 hr 244 337 70 168

Quest Red

149 168 40 169

- 6.00** AM **Say Yes to the Dress: UK** Double bill.
- 7.00** **Say Yes to the Dress**
- 8.00** **Say Yes to the Dress: Atlanta** Reality series.
- 10.00** **Forensic Detectives**
- 12.00** NOON **American Monster** Double bill.
- 2.00** PM **Disappeared**
- 3.00** **True Crime with Aphrodite Jones**
- 8.00** **Lauryn is Lost: A Disappeared Special** Lauryn Garrett's case.
- 9.00** **The Lady Killers** The murder of John Proctor.
- 10.00** **Murder on CCTV** Real-life cases reveal how video evidence is used to solve a murder.
- 11.00** **Faking It: Tears of a Crime** Crime series.
- 12.00** M'T **Nightmare Next Door** Kiplyn Davis.
- 1.00** AM **Betrayed**
- 2.00** **Murder Comes to Town**
- 3.00** to **4.00** AM **FBI Files**

+ 1 hour 249 170

True Crime

146 148 67 135

- 9.00** AM **Judge Judy**
- 5.00** PM **Secrets of a Murder Detective**
- 6.00** **Snapped: Killer Couples** Double bill.
- 8.00** **Donal MacIntyre: A Life in Crime** The story of Donal's life in crime.
- 9.00** **Cold Justice** Kelly and Steve Spingola investigate the brutal murder of beloved mother Eloise Payne.
- 10.00** **A Stranger in My Home** Friends are under suspicion when their housemate is attacked.
- 11.00** **Crimes That Shook Australia** The murders of constables Damian Eyre and Steven Tynan.
- 12.00** M'T The tragic story of Jill Meagher.
- 1.00** AM **Cold Justice**
- 2.00** **A Stranger in My Home**
- 3.00** **Donal MacIntyre's Released to Kill**
- 4.00** to **6.00** AM **Judge Judy**

+ 1 hour 246 348 136

True Crime Xtra

147 172 68 134

- 9.00** AM **See No Evil**
- 1.00** PM **Murder: Fight for the Truth** The case of Danny Goldman.
- 2.00** **Medical Detectives** Police dogs trace a killer's scent and reveal a twisted perpetrator.
- 2.30** A girl who was killed by her parents.
- 3.00** A victim is unsuspectingly poisoned.
- 3.30** A computer bug cripples a company.
- 4.00** Investigators use a reconstructive process to bring a killer to justice.
- 4.30** Two agents are killed when their cars collide during a routine motorcade.
- 5.00** **Judge Judy** Real-life small-claims cases.
- 10.50** **Judge Judy**
- 1.00** AM **Donal MacIntyre's Murder Files**
- 4.00** **Something's Killing Me**
- 4.45** to **6.00** AM **Medical Detectives**

Sky Crime

122/123 820 121 349 364

- 6.00** AM **Motorway Patrol**
- 9.00** **Caught on Dashcam**
- 11.00** **Britain's Most Evil Killers** Double bill.
- 1.00** PM **Murders That Shocked the Nation**
- 2.00** **The Killer Within**
- 3.00** **Murdered at First Sight**
- 4.00** **Forensics: Catching the Killer** Zara Aleena.
- 5.00** **World's Most Evil Killers**
- 6.00** **How I Caught the Killer**
- 7.00** **Killer in My Village** The murder of Pennie Davis.
- 8.00** **Britain's Most Evil Killers** Mick Philpott.
- 9.00** **Fred West: The Glasgow Girls** Triple bill.
- 12.00** M'T **Rifkin on Rifkin: Private Confessions of a Serial Killer**
- 2.00** AM **How I Caught the Killer** Melanie McGuire.
- 3.00** **New York Homicide**
- 4.00** **An Unexpected Killer**
- 5.00** to **6.00** AM **Motorway Patrol**

+ 1 hour 222/223 321

PBS America

174 187 84 155

- 8.00** AM **Beautiful Serengeti**
- 8.35** **D-Day 360**
- 9.45** **The Ghost Army**
- 11.00** **Race to Victory**
- 1.00** PM **D-Day 360**
- 2.10** **The Ghost Army**
- 3.20** **WWII in Color: Road to Victory** Five editions of the series, including at:
6.40 Hitler must deliver a knockout blow to regain the initiative against Stalin.
7.50 After victory in North Africa, Britain prepare for their first assault on Europe.
- 8.55** **The Ghost Army** How a US Army unit used inflatable tanks.
- 10.05** **Race to Victory** The uneasy alliance between Great Britain, the US and the Soviet Union.
- 11.00** The attack on Pearl Harbor.
- 12.00** M'T **The Ghost Army**
- 1.10** to **2.00** AM **Beautiful Serengeti**

Sky Documentaries

121/122 819 188 352 367

- 6.00 AM **Discovering: Diane Keaton**
 7.00 **Discovering: Morgan Freeman**
 8.00 **The Directors** Fred Zinnemann.
 9.00 **A Revolution on Canvas**
 10.50 **Mr Dynamite: The Rise of James Brown** Documentary.
 1.00 PM **Hitsville: The Making of Motown** Exploring the history and origins of Motown.
 3.00 **Music Box** A look at Alanis Morissette's rise to fame.
 5.00 **Tina** A celebration of Tina Turner's life and career.
 7.10 **FILM Gascoigne** Documentary about Paul Gascoigne, charting his rise to fame from humble roots. (2015, 15, 90min) ★★★
 9.00 **Bobby Robson: More Than a Manager** Exploring the career of the former football manager.
 11.00 **Terry Venables: A Man Can Dream** The life and times of the former football manager.
 1.00 AM **Mike Tyson: Undisputed Truth** The former world heavyweight boxing champion's one-man show in New York.
 2.45 **The Two Escobars**
 4.45 to 6.00 AM **Stirling**

Crime+Investigation

156 837 133

- 6.00 AM **Court Cam** Six editions.
 9.00 **Killer in Plain Sight**
 1.00 PM **Accident, Suicide or Murder?** Four editions.
 5.00 **Motive to Murder**
 6.00 **Homicide: Hours to Kill**
 7.00 **Undercover: Caught on Tape** ATF Agent Scott Perala takes down a career criminal.
 8.00 **Green Eyed Killers** Revealing what happens when the green-eyed monster turns deadly.
 9.00 **Manifesto of a Serial Killer** An international manhunt ensues when Leonard Lake's accomplice flees the country.
 10.00 **The Killer Interview with Piers Morgan** Double bill.
 12.00 M'T **Cold Case Files**
 1.00 AM **Family Massacre**
 2.00 **NEW SERIES Gypsy Rose: Life After Lock Up** Following Gypsy Rose Blanchard as she navigates life outside of prison.
 3.15 **Family Man** Documentary.
 4.10 to 6.00 AM **Killer in Plain Sight**

+1 hour 256 333

Eden

166 176

- 9.00 AM **Secrets of the Transport Museum** Four editions.
 1.00 PM **Secrets of the Transport Museum** Six editions.
 7.00 **Secrets of the Transport Museum** A Brooklands glider is given a new chance at flight.
 8.00 Two of the museum's most famous – and fastest – vehicles go head-to-head.
 9.00 A Barnes Wallis catapult is fixed by volunteers, and a Triumph car is put through its paces in a road test.
 10.00 An amazing pre-war race car, the Halford Special, is lined up to compete against a stunning Bugatti in a re-run of the first ever British Grand Prix.
 11.00 A racing driver learns how to handle the Napier-Railton.
 12.00 M'T **Anthony Bourdain: Parts Unknown** Exploring Spain.
 1.00 AM **Secrets of the Transport Museum** Five editions.
 5.25 to 6.00 AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

Sky Nature

124/125 822 189 354 369

- 6.00 AM **Undiscovered Vistas**
 9.00 **Carpathian Predators**
 11.00 **Age of the Big Cats**
 2.00 PM **David Attenborough's Conquest of the Skies**
 4.00 **A Bee's Diary**
 5.00 **Jaguar Journals** **New edition** Following Fera, the Queen of the Pantanal, as she teaches her cub Simba how to climb trees and hunt for dinner.
 6.00 **Animals Like Us** **New edition** A fish cleans a shark's pearly white teeth, and a monkey shows off his toolbox.
 7.00 **Wild Animal Babies** A look at the first days, weeks and months of animals' lives.
 8.00 Patrick Aryee takes a look at how some siblings quickly forge lifelong bonds.
 9.00 Patrick marvels at the strategies nature has developed to raise the next generation.
 10.00 **Jaguar Journals**
 11.00 **Animals Like Us** As 6.00pm.
 12.00 M'T **Rewilding** Triple bill.
 3.00 to 6.00 AM **Wild Animal Babies**

WILD

165 841 182

- 8.00 AM **Africa's Hunters**
 11.00 **Wild Nordic** Double bill.
 1.00 PM **Arctic Ascent with Alex Honnold** Triple bill of editions.
 4.00 **Kingdom of the Polar Bears**
 6.00 **Secrets of the Whales** **New edition** In a classroom that spans the world's oceans, humpback calves learn their family's traditions.
 7.00 **Secrets of the Octopus** The octopus' shapeshifting skills.
 8.00 **Secrets of the Zoo: Tampa** The vets have a full plate, including surgery on a dog and a parrot with neck trouble.
 9.00 **Secrets of the Zoo** A tiny loris and beloved iguana present strange mystery illnesses.
 10.00 **Wild Nordic** Exploring the landscape of Scandinavia, starting with a look at the fjords and towering mountains along Norway's coastline.
 11.00 **Wild, Smart and Deadly**
 12.00 M'T **When Sharks Attack**
 1.00 AM **When Sharks Attack** 360
 2.00 **Monster Fish** Double bill.
 4.00 to 5.00 AM **Yukon Vet**

ID

154 166

- 6.00 AM **Swamp Murders**
 7.00 **Teleshopping**
 8.00 **Evil Lives Here: Shadows of Death** Double bill of editions.
 10.00 **Swamp Murders**
 11.00 **Reasonable Doubt**
 12.00 **NOON Faking It: Tears of a Crime** Laci Peterson.
 1.00 PM **Grave Secrets**
 2.00 **True Conviction**
 4.00 **Evil Stepmothers**
 6.00 **Shallow Grave: People Magazine Investigates**
 7.00 **Marked for Murder: People Magazine Investigates**
 8.00 **Signs of a Psychopath**
 9.00 **Murder Under the Friday Night Lights** In Texas, a former high-school football star is murdered in broad daylight.
 10.00 **Real Time Crime**
 11.00 **Calls from the Inside**
 12.00 M'T **Murder Calls**
 2.00 AM **Faking It: Tears of a Crime**
 3.00 **Grave Secrets**
 4.00 to 6.00 AM **Evil Lives Here: Shadows of Death**

+1 hour 254 366

Sky History 2

163/168 840 186

- 6.00 AM **Ancient Aliens**
 9.00 **WW2 Air Crash Detectives**
 10.00 **Secrets of the Viking Stone**
 11.00 **Ancient Aliens**
 1.00 PM **D-Day: The Light of Dawn**
 3.00 **The Abyss: Rise & Fall of the Nazis** In 1945, it was unclear whether the Germans had broken with the Nazis.
 4.00 **Britain's Most Historic Towns** The medieval history of Lincoln.
 5.00 **Digging for Britain**
 7.00 **The Jack King Affair** How MI5 an agent infiltrated fascist networks in Great Britain.
 8.00 **Ancient Aliens** A man who claims he was hired to reverse-engineer an alien spacecraft.
 9.00 Strange beings unlike anything known on Earth.
 10.00 **U-Boat Wargamers** With the Allies at crisis point in 1943, pressure mounted on the Wrens to prove their worth.
 11.05 **Truth & Lies** Documentary.
 12.05 AM **Ancient Aliens**
 2.00 **Mythical Beasts**
 3.00 **Conspiracy Files: Unsealed**
 5.00 to 6.00 AM **Ancient Aliens**

Discovery History

177 181

- 6.00 AM **Shed and Buried**
 7.30 **How It's Made**
 9.00 **Combat Dealers**
 12.00 **NOON World's Greatest Motorcycle Rides**
 3.00 PM **Combat Dealers**
 6.00 **Lost Mummy of Imhotep**
 7.00 **Mysteries of the Missing** Terry O'Quinn investigates the disappearance of a huge cargo ship crewed by 27 people.
 8.00 **Salvage Hunters** Drew visits one of his favourite houses.
 9.00 Drew heads to a manor house in Oxfordshire.
 10.00 **Shed and Buried** Henry and Sam find a shed full of interesting items in Oxfordshire.
 10.30 Henry and Sam explore a tractor enthusiast's heaven.
 11.00 In the south west of England, Henry and Sam rummage around another shed.
 11.30 Henry and Sam find some very rare early-1900s steam-powered cars.
 12.00 M'T to 5.00 AM **Salvage Hunters: The Restorers**

+1 hour 277 381

Discovery Turbo

161/172 180

- 6.00 AM **Speed Is the New Black**
 9.00 **How Do They Do It?**
 12.00 **NOON Kevin Hart's Muscle Car Crew** Five editions.
 5.00 PM **Destroyed in Seconds** A tornado wreaks havoc.
 5.30 A fire causes red-hot shrapnel to rain over Dallas.
 6.00 A helicopter co-pilot fights for his life after a crash.
 6.30 Two jets collide in the air.
 7.00 **Wheeler Dealers** The boys fix up a BMW 335i estate.
 8.00 Mike and Elvis take a gamble on a TVR Griffith.
 9.00 Mike nabs a Porsche 997 at a bargain price of £15,000.
 10.00 Ant tries to fix a mysterious engine leak on a rare 2001 Audi S4 Avant.
 11.00 Ant transforms a BMW E46 M3's transmission.
 12.00 M'T Mike and the team work on a 2002 Mercedes Benz E55 AMG.
 1.00 AM **Incredible Engineering Blunders: Fixed**
 2.00 to 5.00 AM **Texas Metal**

+1 hour 261/272

Sky Cinema Premiere

301 401 501 515

- 6.50 AM **The Inseparables** Animated family adventure. (2023, U, 90min) ★★★
 8.25 **Boonie Bears: Guardian Code**
 10.15 **Blue Beetle** As 5.50pm.
 12.35 PM **Meg 2: The Trench** (2023)
 2.35 **PREMIERE Am I OK?** (2022)
 4.15 **My Big Fat Greek Wedding 3** Romantic comedy sequel. (2023, 12, 92min) ★★
 5.50 **Blue Beetle** Fantasy adventure starring Xolo Maridueña. (2023, 12, 127min) ★★★★★



PREMIERE

10.00 Am I OK?

- 8.00 **Meg 2: The Trench** Action thriller sequel starring Jason Statham. When a mining operation unleashes a school of megalodon sharks, rescue expert Jonas Taylor attempts to save the day. With Cliff Curtis. (2023, 12, 115min) ★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.00 **PREMIERE Am I OK?** Romantic comedy drama starring Dakota Johnson. Two lifelong pals face a test of friendship when one of them embarks on a personal journey. (2022, 15, 86min)

- 11.35 **The Royal Hotel** Thriller. (2023, 18, 91 min) ★★★
 1.10 AM **Ride On** Chinese action comedy drama. Subtitled. (2023, PG, 126min) ★★★
 3.30 **Boonie Bears: Guardian Code** Animation. (2023, PG, 96min)
 5.10 to 6.10 AM **Sky Cinema Preview**

Sky Cinema Drama

310 410 510 524

- 6.30 AM **Armageddon Time** Drama. (2022, 15, 114min) ★★★
 8.30 **Sundown** Drama starring Tim Roth. (2021, 15, 82min) ★★★★★
 10.10 **Guys and Dolls** Musical. (1955, U, 150min) ★★★★★
 12.40 PM **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★★
 2.35 **Forrest Gump** Comedy drama starring Tom Hanks. (1994, 12, 136min) ★★★★★
 5.00 **Oppenheimer** Epic biopic starring Cillian Murphy. (2023, 15, 180min) ★★★★★
 8.00 **Jackie** Biopic starring Natalie Portman. Jacqueline Kennedy battles with grief following the assassination of her husband. (2016, 15, 100min) ★★★★★
 9.50 **Spotlight** Oscar-winning fact-based drama starring Mark Ruffalo and Michael Keaton. (2015, 15, 129min) ★★★★★
 12.05 AM **It Is in Us All** Drama. (2022, 15, 92min) ★★★★★
 1.45 **Safe Haven** Romantic thriller. (2013, 12, 113min) ★★★
 3.50 **What Dreams May Come** Fantasy starring Robin Williams. (1998, 15, 106min) ★★★
 5.50 to 7.20 AM **A Love Song** Drama starring Dale Dickey. (2022, PG, 81min) ★★★★★

Sky Cinema Will Smith

303 403 503 517

- 7.45 AM **After Earth** As 5.15pm.
 9.40 **Hitch** As shown at 3.10am.
 11.40 **Suicide Squad** As 9.30pm.
 1.50 PM **Hancock** As 11.35pm.
 3.30 **I Am Legend** Sci-fi horror thriller starring Will Smith. (2007, 15, 101min) ★★★★★
 5.15 **After Earth** Sci-fi adventure starring Will and Jaden Smith. (2013, 12, 98min) ★★
 7.00 **Bad Boys II** Comedy thriller sequel starring Will Smith. (2003, 15, 147min) ★★★



5.15 After Earth

Bad Boys II
 (film started at 7.00pm)
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.30 **Suicide Squad** Fantasy adventure starring Will Smith and Margot Robbie. A ragtag team of villains are strong-armed into doing good by a government agent. (2016, 15, 123min) ★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.35 **Hancock** Action comedy starring Will Smith as a drunken superhero who leaves disaster in his wake – until he encounters an idealistic PR guru and his wife. (2008, 12, 92min) ★★★
 1.20 AM **I Am Legend** As 3.30pm.
 3.10 **Hitch** Romantic comedy with Will Smith and Eva Mendes. (2005, 12, 118min) ★★★
 5.20 to 6.15 AM **Sky Cinema Preview**

Sky Cinema Sci-fi/Horror

311 411 511 525

- 7.20 AM **After Yang** As 1.50am.
 9.10 **Doom** As shown at 5.05am.
 11.00 **Superman IV: The Quest for Peace** Fantasy adventure sequel. (1987, PG, 90min) ★
 12.40 PM **65** Sci-fi action adventure. (2023, 12, 93min) ★★
 2.25 **Insidious: Chapter 2** Thriller sequel. (2013, 15, 103min) ★★★
 4.20 **Insidious: Chapter 3** Horror prequel. (2015, 15, 97min) ★★★
 6.05 **Interstellar** Sci-fi drama starring Matthew McConaughey. (2014, 12, 166min) ★★★★★
 9.00 **Inception** Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire, but his guilty dreams of his wife threaten to sabotage the mission. (2010, 12, 148min) ★★★★★
 11.30 **Godzilla** Hollywood remake of the Japanese monster movie. (1998, PG, 139min) ★★
 1.50 AM **After Yang** Sci-fi drama starring Colin Farrell, Jodie Turner-Smith and Justin H Min. (2022, PG, 96min) ★★★★★
 3.30 **Mr. Vampire II** Action comedy sequel. (1986, 15, 89min) ★★★
 5.05 to 7.00 AM **Doom** Sci-fi horror. (2005, 15, 105min) ★★★

Sky Cinema Family
306 406 506 520

- 6.40** AM **The Cinema List**
7.00 **Robo-Dog: Airborne** (2017)
8.35 **The Karate Kid** Family drama. (2010, PG, 140min) ★★★
11.00 **Looney Tunes: Back in Action**
12.40 PM **Johnny English** Comedy. (2002, PG, 88min) ★★★
2.15 **Matilda** (1996, PG) ★★★★★
4.00 **The SpongeBob SquarePants Movie** (2004, U) ★★★★★
5.40 **Miss Potter** (2006, PG) ★★★
7.20 **Looney Tunes: Back in Action** Animation. (2003, PG) ★★★


4.00 **SpongeBob SquarePants**

Looney Tunes: Back in Action
(film started at 7.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00** **A Tiger's Tail** Family drama with Will Spencer. A boy finds an escaped tiger cub and sets off on a journey to return the animal to its home in a wildlife sanctuary. (2014, U, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.30** **Robo-Dog: Airborne** Family adventure sequel starring Michael Campion and Patrick Muldoon. (2017, U, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.10** AM **Save the Cinema** Fact-based comedy drama starring Samantha Morton. (2021, 12, 109min) ★★★
- 2.05** **King Ralph** Family comedy. (1991, PG, 97min) ★
- 3.50** **The Little Rascals** Family comedy. (1994, U, 83min) ★★
- 5.20** to **6.50** AM **A Tiger's Tail**

Sky Cinema Statham
302 402 502 516

- 6.40** AM **The Cinema List: Threequals**
7.10 **Gnomeo & Juliet** Animated comedy. (2011, U, 83min) ★★★
8.50 **The Beekeeper** As shown at 6.00pm.
10.50 **Mean Machine** As shown at 1.20am.
12.40 PM **The One** As shown at 8.00pm.
2.15 **Safe** Thriller with Jason Statham. (2012, 15, 90min) ★★★
4.00 **Meg 2: The Trench** Thriller sequel starring Jason Statham. (2023, 12, 115min) ★★★
- 6.00** **The Beekeeper** Thriller starring Jason Statham and Jeremy Irons. (2023, 15, 105min) ★★★
- 8.00** **The One** Martial arts thriller starring Jet Li. A renegade agent traverses scores of universes seeking superhuman strength by killing versions of himself in parallel worlds. With Jason Statham. (2001, 15, 87min) ★★★
- 9.40** **Ghosts of Mars** Sci-fi thriller starring Natasha Henstridge, Ice Cube and Jason Statham. (2001, 15, 97min) ★★★
- 11.35** **London** Drama starring Chris Evans, Jessica Biel and Jason Statham. (2005, 18, 90min) ★
- 1.20** AM **Mean Machine** Sports drama. (2001, 15, 99min) ★★
- 3.15** **Safe** As shown at 2.15pm.
5.05 to **6.05** AM **Sky Cinema Preview**

Sky Cinema Action
307 407 507 521

- 6.40** AM **Section 8** As 1.55pm.
8.25 **Welcome to the Punch**
10.15 **Ghost Rider: Spirit of Vengeance** (2012, 12) ★★
12.00 NOON **xXx: Return of Xander Cage** Thriller sequel. (2016, 12, 107min) ★★★
1.55 PM **Section 8** Action thriller. (2022, 15, 98min) ★★
3.40 **Mad Max: Fury Road** Thriller. (2015, 15, 120min) ★★★★★
5.50 **Spider-Man** Sci-fi adventure. (2002, 12, 121min) ★★★★★


10.15 **The Scorpion King**

- 8.00** **Spider-Man 2** Fantasy adventure sequel starring Tobey Maguire. Tempted to abandon his secret identity as crime-fighting superhero Spider-Man, Peter Parker finds his special powers are required to combat a new criminal adversary. (2004, PG, 127min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.15** **The Scorpion King** Fantasy starring Dwayne 'The Rock' Johnson, with Kelly Hu and Michael Clarke Duncan. (2002, 12, 91min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.55** **Clean** Drama starring Adrien Brody. (2021, 15, 94min) ★★
- 1.30** AM **Jackie Chan's Police Story 2** Crime comedy sequel. (1988, 15, 91min) ★★★
- 3.35** **Welcome to the Punch** Thriller starring James McAvoy. (2013, 15, 98min) ★★★
- 5.20** to **6.55** AM **Agent Game** Thriller with Dermot Mulroney. (2022, 15, 90min) ★★★

Sky Cinema 80s
304 404 504 518

- 8.30** AM **Star Trek II: The Wrath of Khan** As shown at 3.50pm.
10.35 **The Cinema List: Jackie Chan**
10.55 **The Untouchables** As 4.15am.
1.05 PM **Out of Africa** Oscar-winning romantic drama. (1985, PG, 162min) ★★★★★
3.50 **Star Trek II: The Wrath of Khan** Sci-fi adventure sequel starring William Shatner. (1982, 12, 113min) ★★★★★
- 5.55** **Top Gun** Aerial action drama. (1986, 12, 110min) ★★★
- 8.00** **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy starring Henry Thomas and Drew Barrymore. A young LA boy befriends an alien who has been left behind by his ship. (1982, U, 114min) ★★★★★
- 10.00** **Blade Runner** Ridley Scott's thriller starring Harrison Ford as the bounty hunter in pursuit of five highly dangerous 'replicants'. (1982, 15, 130min) ★★★★★
- 12.00** M'T **Midnight Run** Comedy thriller starring Robert De Niro. (1988, 18, 122min) ★★★★★
- 2.15** AM **Field of Dreams** Fantasy. (1989, PG, 106min) ★★★★★
- 4.15** to **6.25** AM **The Untouchables** Brian De Palma's thriller. (1987, 15, 119min) ★★★★★

Sky Cinema Comedy
308 408 508 522

- 7.20** AM **Clear History** As 1.30am.
9.10 **Goon** As shown at 3.15am.
10.50 **My Big Fat Greek Wedding 2** Comedy sequel. (2016, 12) ★★
12.35 PM **Popstar: Never Stop** **Never Stopping** Comedy. (2016, 15, 87min) ★★★
2.10 **Failure to Launch** Comedy. (2005, 12, 96min) ★★★
4.00 **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★
5.50 **Talladega Nights: Ballad of Ricky Bobby** (2006) ★★★★★


8.00 **Barbie**

- 8.00** **Barbie** Fantasy comedy starring Margot Robbie and Ryan Gosling. The living doll's perfect life is turned upside down when she suffers an existential crisis. (2023, 12, 114min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.05** **Housesitter** Comedy starring Steve Martin and Goldie Hawn. A waitress moves into an architect's dream house and pretends to be his wife. (1992, PG, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.50** **Feature Film**
1.30 AM **Clear History** Comedy with Larry David and Jon Hamm. (2013, 15, 100min) ★★
- 3.15** **Goon** Comedy starring Seann William Scott and Jay Baruchel. (2011, 15, 88min) ★★★
- 4.50** to **6.55** AM **Everybody Wants Some!!** Comedy. (2016, 15, 117min) ★★★★★

Sky Cinema Animation
305 412 500 514

- 7.25** AM **Tad the Lost Explorer and the Curse of the Mummy** Animated family adventure. (2022, PG, 105min) ★★
- 9.00** **Little Vampire** As 3.15am.
10.30 **Spider-Man: Across the Spider-Verse** Animated fantasy. (2023, PG, 140min) ★★★★★
- 12.55** PM **The Secret Life of Pets** Animated family adventure. (2016, U, 83min) ★★
- 2.30** **The Rugrats Movie** Animated comedy. (1998, U, 80min) ★★★
- 4.00** **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
- 5.30** **Two by Two** Animated adventure. (2015, U, 85min) ★★
- 7.00** **Dragon Rider** Animated fantasy. (2020, PG, 91min) ★★★
- 8.40** **Monster Family** Animated comedy with the voice of Emily Watson. (2017, PG, 96min) ★★
- 10.20** **Monster Family 2** Animated comedy sequel with the voice of Jason Isaacs. (2021, U, 90min) ★
- 12.10** AM **Boonie Bears: Guardian Code** Animated adventure. (2023, PG, 96min) ★★
- 1.50** **The Snow Queen 2: Magic of the Ice Mirror** Animated fantasy sequel. (2014, U, 77min) ★★★
- 3.15** **Little Vampire** (2020, PG) ★★★
- 4.45** to **6.25** AM **Dragon Rider**

Sky Cinema Thriller
309 409 509 523

- 6.00** AM **Naked Singularity** Crime comedy. (2021, 15) ★★
- 7.50** **Lord of War** As 10.00pm.
10.00 **The Good Neighbour** Thriller. (2022, 15, 97min) ★★
- 11.55** **Share** As shown at 12.10am.
1.40 PM **Hounded** Horror thriller. (2022, 15, 94min) ★★
- 3.30** **Angels & Demons** Thriller. (2009, 12, 138min) ★★
- 6.00** **Promising Young Woman** Thriller with Carey Mulligan. (2020, 15, 113min) ★★★★★


10.00 **Lord of War**

- 8.00** **Now You See Me** Thriller starring Jesse Eisenberg, Mark Ruffalo, Woody Harrelson and Isla Fisher. A quartet of Las Vegas magicians go on a crime spree, puzzling the FBI and Interpol. With Dave Franco and Michael Caine. (2013, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.00** **Lord of War** Black comedy thriller starring Nicolas Cage as a cynical arms dealer who outwits his rivals and the law but can't keep disaster at bay forever. With Ethan Hawke and Jared Leto. (2005, 15, 122min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.10** AM **Share** Drama with Rhiannon Barreto and Charlie Plummer. (2019, 15, 87min) ★★
- 1.55** **Promising Young Woman**
4.00 to **6.00** AM **The Family** Dark crime comedy starring Robert De Niro and Michelle Pfeiffer. (2013, 15, 109min) ★★

Movies 24
312 419

- 7.00** AM **Sugar Plum Twist** Festive drama. (2021, PG, 90min) ★★
- 9.00** **Marrying Mr Darcy** Drama sequel. (2018, PG, 86min) ★★
- 11.00** **Love on Trend** Romantic drama. (2021, PG, 85min) ★★
- 1.00** PM **Campfire Romance** Comedy. (2022, PG, 90min) ★★
- 3.00** **PREMIERE Finding Love in Saint Lucia** Romantic drama. (2023, PG, 90min) ★★
- 5.00** **Lease on Love** Romantic comedy. (2022, PG, 86min) ★★
- 7.00** **An Easter Bloom** Drama with Aimee Teegarden. A woman suffering a crisis of faith enters a flower arranging contest in the hope of saving her late father's farm. (2024, PG, 84min) ★★
- 9.00** **The Journey Ahead** Comedy starring Holly Robinson Peete. A film star flees the worst day of her life after an encounter with a stranger running from her past. (2022, PG, 102min) ★★
- 11.00** **Love's Greek to Me** Romantic drama. (2023, PG, 90min) ★★
- 1.00** AM **Hidden Gems** Romantic comedy. (2022, PG, 85min) ★★
- 3.00** to **5.00** AM **Redemption in Cherry Springs** (2021, PG) ★★

Movies 24+ **315 420**
Film4
313 855 428 14 300

- **Films start at 11.00am**
11.00 AM **Madagascar: Escape 2 Africa** (2008, PG) ★★
- 12.45** PM **Daleks – Invasion Earth 2150 AD** Adventure spin-off. (1966, U, 90min) ★★
- 2.30** **Galaxy Quest** Sci-fi comedy. (1999, PG, 102min) ★★★★★
- 4.35** **Fatherhood** Comedy drama. (2021, 12, 109min) ★★
- 6.50** **A Beautiful Day in the Neighborhood** Drama. (2019, PG, 109min) ★★★★★


4.35 **Fatherhood**

- A Beautiful Day in the Neighborhood**
(film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●
- 9.00** **The Equalizer 2** Action thriller sequel starring Denzel Washington and Pedro Pascal. When a CIA friend is killed, vigilante Robert McCall sets out to avenge her. (2018, 15, 121min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.20** **Blue Steel** Action thriller starring Jamie Lee Curtis and Ron Silver. A psychopath stalks a female rookie cop in New York City. (1989, 18, 103min) ★★
- 1.25** to **3.45** AM **The Outsiders** Drama starring Matt Dillon, about rival gangs coming to blows in 1960s Oklahoma. (1983, 12, 91min) ★★★★★

+1 hour **314 430 47 301**
Talking Pictures
328 445 82 306

- 6.00** AM **Undercover Girl** Thriller. (1957, b/w, PG, 68min) ★★
- 7.20** **Open All Night** (1934, PG) ★★
- 8.35** **Look at Life** Documentary.
- 8.50** **The Gentle Trap** Crime thriller. (1960, PG, 58min) ★★
- 10.00** **One Step Beyond** 19/22. (S1)
- 10.35** **Hangman's Wharf** Drama. (1950, b/w, U, 74min) ★★
- 11.45** **High Lonesome** Western. (1950, b/w, PG, 81min) ★★
- 1.25** PM **Batman** 2/34. (S1)
- 2.00** **The Adventures of Robin Hood**
- 2.35** **Malta Story** Wartime drama. (1953, b/w, U, 103min) ★★
- 4.40** **Look at Life** Documentary.
- 5.00** **The Footage Detectives**
- 6.00** **Those British Faces: A Tribute to Alastair Sim**
- 6.30** **Jane Eyre** Classic drama.
- 8.45** **Look at Life** Documentary.
- 9.00** **Crime Story** 7/7. (S1)
- 10.05** **Room at the Top** Drama starring Laurence Harvey. (1958, b/w, 12, 117min) ★★★★★
- 12.25** AM **The Light at the Edge of the World** War adventure. (1971, 12, 128min) ★★
- 2.55** **The Heritage Chart Show**
- 4.00** **The Voice of Merrill** Thriller. (1952, b/w, PG, 81min) ★★
- 5.40** to **6.00** AM **The Grayson Case** Thriller. (1955, b/w, PG) ★★

Sky Sports	Main Event
401 511 501 419 439	
6.00	AM Sky Sports News
7.00	LIVE NRL Penrith Panthers v Manly Warringah Sea Eagles. Coverage of the match from BlueBet Stadium in Penrith, New South Wales. Kick-off 7.05am.
9.00	Good Morning Sports Fans
10.00	Sky Sports News
11.30	LIVE DP World Tour Golf Day four of the Scandinavian Mixed at Vasatorp Golf Club in Helsingborg, where 78 men and 78 women compete on the same course.
3.00	PM LIVE ICC Men's T20 World Cup India v Pakistan. Coverage of the Group A match from Nassau County International Cricket Stadium, New York.
6.55	LIVE Formula 1 Coverage of the Canadian Grand Prix at the Circuit Gilles-Villeneuve in Montreal. Start-time 7.00pm.
9.00	LIVE PGA Tour Golf Further coverage of day four of the Memorial Tournament at Muirfield Village Golf Club in Dublin, Ohio.
11.00	LIVE LPGA Tour Golf Coverage of day three of the ShopRite LPGA Classic at the Seaview in Galloway, New Jersey.
12.00	M'T to 6.00 AM Sky Sports News

TNT Sports 1

410 870 527 408 430

6.00

AM

LIVE

AFL Sydney Swans v Geelong Cats.

Coverage of the match from Sydney Cricket Ground. Bounce-up 6.20am.

9.00

WWE SmackDown Highlights

10.00

LIVE

AFL Essendon Bombers v Carlton Blues.

Coverage of the match from Melbourne Cricket Ground. Bounce-up 10.20am.

1.00

PM

Premier League Stories

1.30

LIVE

Premiership Women's Rugby

Coverage of the first semi-final. Kick-off 2.00pm.

4.15

LIVE

Premiership Women's Rugby

Coverage of the second semi-final. Kick-off 4.30pm.

6.45

Premiership Rugby Union

Action from this year's final.

8.15

MotoGP Rewind

A look back at the best of the action from the MotoGP Grand Prix of Italy.

8.30

NBA on Fire

The latest news.

9.00

WWE SmackDown Highlights

10.00

UFC

The bout between Jared Cannonier v Nassourdine Imavov.

1.00

AM

LIVE

NBA

Coverage of game two of the NBA Finals.

3.30

NBA on Fire

The latest news.

4.00

NBA Action Highlights.

4.30

to 6.00 AM

Ultimate Pool

TNT Sports 4

421	876	530	411	434
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- 6.00 AM **MLB Highlights**
- 7.00 **PSA Squash** British Open.
- 8.30 **WNBA** Sun v Liberty.
- 9.30 **NBA on Fire** The latest news.
- 10.00 **Champions League Magazine**
- 11.00 **MLB** Phillies v Mets.
- 1.00 **PM MLB Highlights**
- 2.00 **LIVE Euro Rallycross Championship** Coverage of the Euro RX of France in Normandy.
- 3.00 **LIVE PSA Squash** The women's and men's finals of the British Open.
- 5.30 **NBA Action** Recent highlights.
- 6.00 **WWE Friday Night SmackDown**
- 7.30 **WNBA** Sun v Liberty.
- 8.30 **Ultimate Pool** Pairs Cup.
- 10.00 **Glenn Hoddle: Extra Time**
- 11.45 **Champions League**
- 12.00 **M'T Serie A – Full Impact**
- 1.00 **AM WRC Review**
- 2.00 **MotoGP Highlights**
- 3.00 **MotoE Highlights**
- 3.30 **Fishing: On the Bank**
- 4.30 **TNT Sports Goals Reload**
- 5.00 to 6.00 **AM WSL Championship**

Sky Sports	Premier League
402 512 502 420 440	
6.00	AM PL Greatest Games
7.00	Premier League Years
9.00	Premier League: Big Interview
9.30	Premier League Stories
10.00	PL Retro Archive action.
12.00	NOON Premier League Highlights Back-to-back editions.
7.00	PM The Tyler Archives Moments from past games between local rivals Manchester United and Manchester City.
7.30	Action from games between Liverpool and Manchester United.
8.00	The United Way The story of Manchester United Football Club, co-written and narrated by Eric Cantona, and featuring insight from David Beckham, Peter Schmeichel and Teddy Sheringham.
10.00	Class of '92: Full Time Salford's new manager has five weeks of pre-season to transform the team.
11.00	PL Retro Another chance to see West Ham United v Tottenham Hotspur in the 2006/07 season.
1.00	AM Premier League Years
3.00	PL Greatest Games
4.00	Best PL Goals 00/01
5.00	Premier League 100 Club
5.30	to 6.00 AM Premier League Legends

TNT Sports 2

411

871

528

409

431

6.00

AM

TNT Sports Reload

6.30

Premiership Rugby Union

8.00

Hockey Pro League highlights.

10.00

LIVE

Hockey Germany v Australia. Push-back 10.00am.

12.00

NOON

UEFA Europa League Goals Reload

12.15

PM

LIVE Hockey India v Great Britain. The women's FIH Pro League match. Push-back 12.15pm.

2.15

UEFA Champions League Goals Reload

2.30

LIVE

MLB New York Mets v Philadelphia Phillies. Coverage from the London Stadium. Start-time 3.10pm.

6.30

Premier League Stories

7.00

Premier League Review

9.00

Wembley: A Stage For Icons

9.45

UEFA Champions League Goals Reload

10.00

Premiership Women's Rugby

12.00

M'T

LIVE MLB New York Yankees v Los Angeles Dodgers. Start-time 12.10am.

3.15

AM

MLB Plays of the Week

3.45

MLB Highlights Recent action.

4.45

What I Wore James Milner.

5.00

to 6.00 AM

Down the Clubhouse

Eurosport 1

413	868	521	412	435
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6.00 AM Ultra Trail: World Tour

6.30 Roland-Garros French Open.

10.00 The Future Stars of Tennis

10.30 LIVE Roland-Garros The last day of the French Open, featuring the final of the women's doubles.

1.00 PM Roland-Garros French Open.

1.30 Roland-Garros Courtside

2.00 LIVE Roland-Garros Coverage of the French Open men's singles final in Paris, which was won by Novak Djokovic last year.

5.30 Roland-Garros Courtside

6.00 Roland-Garros The women's doubles final at the French Open.

7.30 The Future Stars of Tennis

8.00 Roland-Garros The best moments of the French Open.

9.00 The men's singles final.

11.00 The women's singles final.

12.30 AM Roland-Garros

2.00 Cycling: Criterium du Dauphine

3.00 Cycling: Tour of Switzerland

4.00 Speedway Grand Prix

5.00 to 6.00 AM British Speedway

Sky Sports	Football
403 513 503 421 441	
6.00	AM EFL Cup Highlights
8.45	EFL Greatest Games
10.00	Championship Retro Blackpool v Cardiff City in the 2010 Championship Play-Off Final.
12.00	NOON EFL Greatest Games
1.00	PM Championship Season Review The 2015/16 season.
2.00	EFL Trophy Football
2.30	Best Moments from the League 1 & 2 Play-Off Final (1993-2019) Classic finals.
3.00	EFL Cup Retro Liverpool v Cardiff City in the 2012 final.
5.45	EFL Greatest Games
7.00	Championship Season Review
8.00	EFL Trophy Football Bolton Wanderers v Plymouth Argyle.
8.30	EFL Rivalries East Midlands.
9.00	EFL Cup Retro Manchester City v Liverpool from 2016.
11.45	EFL Greatest Games
1.00	AM Championship Season Review The 2021/22 campaign.
2.00	Best Goals: EFL Cup 2021-22
2.30	EFL Trophy Football
3.00	Old Firm Derby Best Goals
3.30	SPFL: Edinburgh Derby Best Goals Classic strikes.
4.00	to 6.00 AM SPFL Greatest Games

TNT Sports 3

417 874 529 410 432

6.00 AM LIVE Badminton Coverage from the Indonesia Open finals, which takes place at Gelora Bung Karno Sports Palace in Jakarta.

11.30 Badminton Unlimited

12.00 NOON WNBA Highlights.

1.00 PM PSA Squash British Open.

2.30 LIVE Hockey Great Britain v India. Coverage of the men's FIH Pro League match from Lee Valley Hockey and Tennis Centre in London. Push-back 2.30pm.

4.30 Inside Serie A

5.00 TNT Sports Goals Reload

5.15 LIVE Hockey Australia v Germany. Coverage of the men's FIH Pro League match from Lee Valley Hockey and Tennis Centre in London. Push-back 5.15pm.

7.15 Sign Up – Into Football

8.00 WSL Championship Tour
Action from the Tahiti Pro Finals.

9.00 Hockey Pro League highlights.

1.00 AM Premiership Rugby Union
Action from this year's final.

2.30 Story of the Champions Cup

3.30 SVNS Highlights

4.30 Badminton Unlimited

5.00 Between the Lines

5.30 Badminton Weekly

5.45 to 6.00 AM MotoGP Rewind

Eurosport 2

414

869

522

413

436

7.00

AM Cycling: Criterium du Dauphine

Stage seven highlights.

8.00

Hall of Fame – Tokyo 2020

9.00

Cycling: Giro d'Italia

10.00

Cycling: Criterium du Dauphine

11.00

LIVE Motocross World Championship

The opening MX2 race at Kegums, Latvia.

12.00

NOON LIVE Cycling: Criterium du Dauphine

The eighth and final stage.

2.00

PM LIVE Mountain Biking

Coverage of the World Cup meeting from Leogang in Austria.

4.00

Mountain Biking

World Cup.

5.00

Cycling: Giro d'Italia

Review.

6.00

British Speedway

British Final.

7.00

Cycling: Tour of Switzerland

8.00

Cycling: Criterium du Dauphine

9.00

Mountain Biking

World Cup.

11.00

British Speedway

British Final.

12.00

M'T Cycling

Recent highlights..

2.00

AM Speedway Grand Prix

3.00

FIA World Endurance Champs

4.00

to 6.00 AM Cycling

Sky Sports	Cricket
404 514 504 422 442	
6.00	AM ICC Men's T20 World Cup Highlights from the tournament.
10.00	ICC Men's T20 World Cup Another chance to see the Group B match between Australia and England from Kensington Oval in Bridgetown, Barbados.
2.10	PM Best of ICC WT20 A look back at Australia v Pakistan in the 2010 semi-finals at the Beausejour Stadium in Saint Lucia.
2.30	ICC Men's T20 World Cup The Group C match between West Indies and Uganda from Providence Stadium in Guyana.
3.00	LIVE ICC Men's T20 World Cup India v Pakistan. Coverage of the Group A match from Nassau County International Cricket Stadium, New York.
7.30	LIVE ICC Men's T20 World Cup Oman v Scotland. Coverage of the Group B match from Sir Vivian Richards Stadium in North Sound, Antigua.
10.00	ICC Men's T20 World Cup The Group B match between Australia and England from Kensington Oval in Bridgetown, Barbados.
12.00	M'T to 6.00 AM ICC Men's T20 World Cup

Sky Sports	Action
408 517 507 426 446	
6.00	AM NFL Highlights
7.00	LIVE NRL Penrith Panthers v Manly Warringah Sea Eagles. Coverage of the match from BlueBet Stadium in Penrith, New South Wales. Kick-off 7.05am.
9.00	NFL Highlights Kansas City Chiefs v Miami Dolphins.
10.00	Fight Night International Xander Zayas v Patrick Teixeira.
11.00	Premier League Darts
2.15	PM PDC Classics Michael Van Gerwen v James Wade in the 2015 Premier League.
2.45	My Icon Deta Hedman.
3.00	Fight Night International Xander Zayas v Patrick Teixeira.
4.00	NFL Highlights Houston Texans v Cleveland Browns.
5.00	The Darts Show The latest news.
5.30	LIVE ICC Men's T20 World Cup Oman v Scotland. Coverage of the Group B match from Sir Vivian Richards Stadium in North Sound, Antigua.
10.00	Fight Night International
11.00	Super Bowl LVIII Highlights
12.00	M'T Premier League Darts
3.15	AM Fight Night International
4.15	My Icon Sporting profiles.
5.00	to 6.00 AM NFL Highlights

Sky Sports	Arena
412 518 508 427 447	
6.00	AM Premier League Darts
10.00	PDC Classics Archive action.
1.00	PM State of Origin Rugby League New South Wales Blues v Queensland Maroons.
1.15	Women's State of Origin
1.30	Top Rank Boxing Archive
2.00	Super League Highlights
4.00	Fight Night International
5.00	Top Rank Boxing Archive
5.30	PDC Classics Phil Taylor v Michael Smith from 2014.
6.00	Women's State of Origin
7.00	Fight Night International Artur Beterbiev v Callum Smith.
8.00	O'Shaquie Foster v Abraham Nova at Madison Square Garden in New York.
9.00	Oscar Valdez v Liam Wilson.
10.00	Vasiliy Lomachenko v George Kambosos Jr in Perth.
11.00	Teofimo Lopez v Jamaine Ortiz in Las Vegas, Nevada.
12.00	M'T Fight Night International
5.00	AM to 6.00 AM PDC Classics

Sky Sports	Golf
405 515 505 423 443	
6.00	AM European Challenge
6.30	Tour Golf The Czech Challenge.
6.30	PGA Tour Golf
11.00	European Challenge Tour Golf
11.30	LIVE DP World Tour Golf Day four of the Scandinavian Mixed at Vasatorp Golf Club in Helsingborg, where 78 men and 78 women compete on the same course.
4.30	PM LIVE PGA Tour Golf Coverage of day four of the Memorial Tournament at Muirfield Village Golf Club in Dublin, Ohio.
11.00	LIVE LPGA Tour Golf Coverage of day three of the ShopRite LPGA Classic at the Seaview in Galloway, New Jersey.
12.00	M'T DP World Tour Golf
1.00	AM PGA Tour Golf
2.00	DP World Tour Golf
3.00	School of Golf Tips and tricks.
4.00	DP World Tour Golf
5.00	to 6.00 AM Nick Dougherty's Tee Time Tips

Sky Sports	Tennis
407 537 520 425 445	
6.00	AM Tennis The finals of the Dubai Tennis Championships.
10.00	The San Diego Open final.
12.00	NOON Tennis The Tiriac Open.
2.00	PM Grand Prix Hassan II.
4.00	The San Diego Open final.
6.00	Tennis Qatar Open review.
6.30	The final of the Qatar Open.
8.30	A review of the Dubai Tennis Championships staged at Aviation Club Tennis Centre.
9.00	Action from the final of the Dubai Duty Championships.
11.00	The Tiriac Open final from Bucharest, Romania.
12.00	M'T to 6.00 AM Tennis

Sky Sports	Mix
416 873 510 429 449	
6.00	AM NFL Highlights
8.00	ICC Men's T20 World Cup
9.30	Best of ICC WT20
10.00	ICC Men's T20 World Cup
2.10	PM Best of ICC WT20
2.30	ICC Men's T20 World Cup
3.00	Fight Night International
5.00	F1 Features
5.15	LIVE Indycar The warm-up to the Grand Prix of Road America.
5.45	F1 Features
6.05	LIVE Indy NXT The Grand Prix of Road America from Elkhart Lake, Wisconsin. Start-time 6.05pm.
7.20	F1 Feature
7.30	Lewis's Secret Cinema
8.00	Jenson's 2009 F1 Memories
8.30	LIVE Indycar The Grand Prix of Road America from Elkhart Lake, Wisconsin. Start-time 8.30pm.
11.00	ICC Men's T20 World Cup
12.00	M'T DP World Tour Golf
1.00	to 6.00 AM ICC Men's T20 World Cup

Sky Sports	F1
406 516 506 424 444	
6.00	AM F1 Features
12.00	NOON Indycar Highlights.
1.30	PM F1 Features
1.45	Formula 1 Canadian Grand Prix third practice and qualifying.
5.00	Ted's Notebook From Canada.
5.30	Formula 1 Build-up in Canada.
6.55	LIVE Formula 1 The Canadian Grand Prix at the Circuit Gilles-Villeneuve. Start-time 7.00pm.
9.00	Formula 1 Reaction and analysis.
10.00	Ted's Notebook From Canada.
10.30	Formula 1 Canadian Grand Prix.
11.30	Ted's Notebook From Canada.
12.00	M'T Indy NXT Highlights.
1.10	AM F1 Features
4.00	to 6.00 AM The Home of F1

Monday

10 June

Evening Planner

Cookery



NEW

Bake Off: The Professionals
C4, 8pm
Ellie Taylor and Liam Charles are back with the battle of the pro bakers, as the chefs tackle more tasks and showpieces.

Drama



Lost Boys & Fairies
BBC1, 9pm
There's good news for prospective parents Gabriel and Andy – but are they both really ready to become fathers?

Documentary

NEW



Long Lost Family: Born Without Trace
ITV1, 9pm
Davina McCall and Nicky Campbell help more individuals uncover their histories.

Documentary

NEW



Cursed Histories
Sky History, 9pm
Six-part series delving into the origin of 'curses', starting with the story behind a 5,300-year-old mummified hunter.

SKY EVENING TIME		7.00 PM	7.30 PM	8.00 PM	8.30 PM	9.00 PM	9.30 PM	10.00 PM	10.30 PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama	8.30 The Bidding... †	9.00 Lost Boys & Fairies	10.00 News; Local News		10.40 Have... †
	102 BBC2	7.00 Amazon: Earth's Great Rivers		8.00 Springwatch		9.00 On Thin Ice: Putin vs Greenpeace		10.00 The Young...	10.30 Newsnight
	103 ITV1	◀ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Long Lost Family: Born Without Trace		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Bake Off: The Professionals		9.00 24 Hours in A&E		10.00 Football Cops	
	105 CHANNEL 5	7.00 Traffic Cops		8.00 Motorway Cops: Catching Britain's...		9.00 Inside the Force		10.00 The Hospital: Life on the Line	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Predators		9.00 The Sympathizer		10.15 Rob & Romesh vs Art	
ENTERTAINMENT	115 BBC3	7.00 The Fast and...	7.30 Shark Tank			9.00 Roman Kemp: The Fight for Young Lives		10.00 Bad Education: Reunion Special	
	116 BBC4	7.00 Great British...	7.30 Villages by the...	8.00 Michael Palin and the Ladies Who...		9.00 Easter Island Origins		10.00 The Sky at...	10.30 Queen...
	118 ITV2	7.00 Deal or No Deal		8.00 Bob's Burgers		9.00 Love Island		10.05 Olivia Attwood: The Price of...	
	136 MORE4	◀ 6.55 Car S.O.S.		7.55 Grand Designs		9.00 PopMaster TV		10.00 8 Out of 10 Cats Does Countdown	
	135 E4	7.00 Hollyoaks	7.30 Come Dine...	8.00 Dance Moms		9.00 Made in Chelsea		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 The Cleaning Lady		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	◀ 6.50 Billions		7.55 Game of Thrones		9.00 The Sympathizer		10.15 House of the Dragon...	
	110 GOLD	◀ 6.40 Dad's Army		8.00 Still Open All Hours	8.40 The Thin Blue Line	9.20 dinnerladies		10.00 The Royle Family	10.40 Harry...
	111 DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 QI	
	119 ITV3	◀ 6.55 Heartbeat		8.00 McDonald & Dodds				10.00 Wire in the Blood	
	120 ITV4	7.00 The Chase Celebrity Special		8.00 Film: Moonraker					
	112 COMEDY CENTRAL	◀ 6.55 Friends				9.00 Jason Manford Live		10.00 Impractical...	10.30 Lee Evans...
	139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Atlantis		9.00 Film: Robot Apocalypse			
	113 SKY MAX	7.00 Stargate SG-1		8.00 Flintoff's Road to Nowhere		9.00 Film: Escape from New York			
109 ALIBI	7.00 Elementary		8.00 Death in Paradise		9.00 Father Brown		10.00 Murdoch Mysteries		
130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: 70 Years Young						
132 W	7.00 Tipping Point: Lucky Stars		8.00 Gemma and Gorka: Life Behind the...		9.00 Sort Your Life Out with Stacey Solomon		10.20 Katie Piper's Face to...		
DOCUMENTARY	125 DISCOVERY	7.00 Bitchin' Rides		8.00 Supertruckers		9.00 Wheeler Dealers World Tour		10.00 Roadworthy Rescues	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Cold Blooded Peruvian Predator...		9.00 South American Squatch of Argentina...		10.00 Alaska Monsters	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Erased: WWII Heroes of Colour		9.00 To Catch a Smuggler		10.00 Air Crash Investigation	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 American Pickers		9.00 Cursed Histories		10.00 The UnXplained with William Shatner	
	155 YESTERDAY	7.00 Canal Boat Diaries		8.00 Abandoned Engineering		9.00 The Black Death: Lucy Worsley...		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Branson		8.05 Italia 90: Four Weeks That...		9.00 The Two Escobars			
FILMS - Sky Cinema	301 PREMIERE	◀ 6.15 Am I OK?		8.00 Meg 2: The Trench			10.00 The Royal Hotel		
	302 STATHAM	◀ 6.10 Ghosts of Mars		8.00 Fast & Furious 6			10.15 Safe		
	303 HITS	◀ 5.55 Being John Malkovich		8.00 Mad Max: Fury Road			10.10 Miami Vice		
	304 80S	◀ 6.00 E.T. The Extra Terrestrial		8.00 Back to the Future Part II			10.00 Midnight Run		
	305 ANIMATION	◀ 5.45 Monster...	7.25 Monster Family 2			9.15 Fireheart			
	306 FAMILY	◀ 6.15 The Flintstones		7.55 The Flintstones in Viva Rock Vegas			9.35 Save the Cinema		
	307 ACTION	◀ 5.50 Spider-Man 2		8.00 Spider-Man 3			10.20 Justice League		
	308 COMEDY	◀ 6.20 Strays		8.00 Bean			9.40 Death Becomes Her		
	309 THRILLER	◀ 5.50 Now You See Me		8.00 Vanilla Sky			10.20 Manhunter		
	310 DRAMA	◀ 5.55 The King's Speech		8.00 Jerry Maguire			10.25 Safe Haven		
311 SCI-FI		7.20 The Woman in Black			9.00 The Purge: Anarchy				
313 FILM4	◀ 6.45 Charlie's Angels				9.00 Infinite				
SPORT	401 MAIN EVENT	◀ 3.00 ICC Men's...	7.30 SSN Euro Report						
	402 PREMIER LEAGUE	7.00 PL Icons	7.30 PL 100	8.00 SSN Euro Report					
	403 FOOTBALL	7.00 Championship Season Review		8.00 EFL	8.30 EFL Rivalries	9.00 EFL Cup Retro			
	404 CRICKET	◀ 3.00 ICC Men's...	7.30 ICC Men's T20 World Cup						
	410 TNT SPORTS 1	◀ 6.30 Ultimate Pool – Live: Coverage from Group 2 of the Ultimate Pool Pairs Cup				9.30 UEFA Champions League Magazine		10.30 PL Stories	
	411 TNT SPORTS 2	7.00 Premier League Reload				9.00 Fishing: On the Bank		10.00 Premiership Women's Rugby	

◀ Denotes programmes starting before 7.00pm † Regions vary



BBC1

- 101** **101** **1** **101** **101**
- 6.00** AM Breakfast (S)
9.30 Morning Live **New edition** (S)
10.45 **NEW SERIES** Scam Interceptors 1/20. Rav Wilding and Jim Browning hunt down cyber criminals. (S)
11.15 Homes Under the Hammer (S)(R)
12.15 PM Bargain Hunt **New edition** From Wetherby Racecourse. (S)
1.00 BBC News (S)
1.35 Local News (S)
1.45 BBC News (S)
2.00 Rip Off Britain (S)(R)
2.30 Animal Park (S)(R)
3.00 Escape to the Country **New edition** Families set out to find their ideal rural retreats. (S)
3.45 Garden Rescue (S)(R)
4.30 The Finish Line **New edition** (S)
5.15 Pointless Quiz show. (S)(R)
6.00 BBC News (S)
6.30 Local News (S)



7.30 EastEnders

- 7.00** The One Show
Alex Jones and Jermaine Jenas present the topical show. (S)
7.30 EastEnders
Johnny and Elaine rally round Linda as she becomes emotional about Mick ahead of Father's Day. (S)(AD)

- 8.00** Panorama **New edition** In-depth current affairs report. (S)
8.30 The Bidding Room
Featuring a 1960s swivel chair, a zodiac gyroscope, and a fairground game. (S)(R)

- 9.00** Lost Boys & Fairies **New episode** With or Without You: 2/3. With preparations for the adoption well under way, a shocking event changes the new-found family's lives for ever. (S1) (S)
Entire series on BBC iPlayer

- 10.00** BBC News (S)
10.30 Local News (S)
10.40 Have I Got a Bit More News for You
Featuring guests Jack Dee and Carol Vorderman. (S)(R)

- 11.25** High: Surviving a Dubai Drugs Bust 4/5. Karl tries to make a life for himself in prison, gigging for inmates in the canteen and running a smuggling operation. (S)(R)
11.55 5/5. With the trial date fast approaching, a campaign began to raise Karl's profile, but this publicity was not received well by the upper echelons of power. (S1) (S)(R)
12.25 AM Weather for the Week Ahead Seven-day forecast. (S)
12.30 to **6.00** AM BBC News (S)

BBC2

- 102** **102** **2** **102** **102**
- 6.45** AM Bargain Hunt (S)(R)
7.30 Clive Myrie's Caribbean Adventure From Havana. (S)(R)
8.00 Sign Zone: Mammals (S)(R)(AD)
9.00 BBC News (S)
12.15 PM Politics Live (S)
1.00 Impossible Game show. (S)(R)
1.45 Mastermind Quiz show. (S)(R)
2.15 Five Bedrooms (S)(R)(AD)
3.45 The Farmers' Country Showdown The Edenbridge & Oxted Agricultural Show. (S)(R)
4.15 Big Cats About the House (S)(R)
5.15 Flog It! At Wallasey Town Hall. (R)
6.00 Richard Osman's House of Games With Kevin Eldon, Sarah Keyworth and John Whaite. (S)(R)
6.30 Clive Myrie's Caribbean Adventure **New edition** 11/15. Clive heads to the Platinum Coast of Barbados. (S)



8.00 Springwatch

- 7.00** Amazon: Earth's Great Rivers
1/3. Documentary following three of the world's largest rivers, beginning by uncovering the latest discoveries and secret locations of the Amazon. (S)(R)

- 8.00** Springwatch **New edition** 9/12. Megan McCubbim and Iolo Williams celebrate the wildlife in Britain's cities, while Chris Packham and Michaela Strachan catch up on the weekend's drama from the cameras at RSPB Arne. (S)

- 9.00** On Thin Ice: Putin vs Greenpeace **New editions** 3/6. The Arctic Sunrise is captured and towed to Murmansk. (S)(AD)
9.30 4/6. The arrested activists arrive in Murmansk prison. (S)
Concludes tomorrow

- 10.00** The Young Ones
5/6. The students decide to throw a party, where Rick desperately tries to impress his favourite lecturer. (S1) (S)(R)
10.30 Newsnight (S)

- 11.00** Weather (S)
11.05 Hidden Treasures of the National Trust 5/6. Benjamin Disraeli's grand estate gates are given a golden upgrade. (S)(R)(AD)
12.05 AM **FILM** Monsoon Drama starring Henry Golding, Parker Sawyers, David Tran and Molly Harris. (S) (2019, 12, 80min) ★★★★★
1.25 Sign Zone: Countryfile (S)(R)
2.20 Sign Zone: Great British Railway Journeys (S)(R)(AD)
2.50 to **6.45** AM Previews (S)

ITV1

- 103** **103** **803** **103** **3** **103** **103** **103**
- 6.00** AM Good Morning Britain (S)
9.00 Lorraine (S)
10.00 This Morning (S)
12.30 PM Loose Women (S)
1.30 ITV News (S)
1.55 Local News (S)
2.00 Dickinson's Real Deal David and his dealers head to the East of England Arena in Peterborough, where Fay Rutter has her eye on some nostalgic porcelain figures, James Layte wants to cut a good deal, and Simon Schneider has his heart set on gold. (S)(R)(AD)
3.00 Lingo Word-based quiz show presented by Adil Ray. (S)(R)
4.00 Tipping Point Game show hosted by Ben Shephard. (S)(R)
5.00 The Chase Quiz show. (S)(R)
6.00 Local News (S)
6.30 ITV News (S)



8.00 Coronation Street

- 7.30** Emmerdale
Belle feigns illness to hide her pregnancy from Tom and feels apprehensive about her options, and there is a charged moment between Gabby and Vinny. (S)(AD)

- 8.00** Coronation Street
A sinister delivery for Toyah prompts Nick to issue Leanne with an ultimatum, and Debbie offers to mediate between Glenda and George. (S)(AD)

- 9.00** **NEW SERIES** Long Lost Family: Born Without Trace
Davina McCall and Nicky Campbell help foundlings track down blood relatives, beginning with one left in the waiting room of Reading train station in 1965. (S)(AD)

- 10.00** ITV News (S)
10.30 Local News (S)
10.45 Unbelievable Moments Caught on Camera
An American father saves his children from an alligator at his home. (S)(R)(AD)

- 11.45** Maternity: Broken Trust An investigation into alleged failures in maternity care at Nottingham University Hospitals Trust. (S)(R)
12.55 AM Shop on TV
3.00 My Mum, Your Dad Hosted by Davina McCall. (S)(SL)(R)(AD)
3.50 Unwind with ITV (S)
5.05 Gino's Italy: Like Mamma Used to Make (S)(SL)(R)(AD)
5.35 to **6.00** AM Gino's Italy: Secrets of the South (S)(SL)(R)(AD)

+1 hour **203** **303** **35** **112**

CHANNEL 4

- 104** **104/108** **804** **108** **4** **104** **104/106**
- 6.30** AM Cheers 20&21/22. (S1) (S)(R)
7.25 Everybody Loves Raymond (S)(R)
9.10 Frasier 16/24. (S10) (S)(R)(AD)
9.40 Formula 1: Canadian Grand Prix Highlights From Montreal. (S)(R)
11.10 Ramsay's Kitchen Nightmares USA From Pennsylvania. (S)(R)
12.05 PM News (S)
12.10 Ramsay's Kitchen Nightmares USA From California. (S)(R)
1.10 Car S.O.S (S)(R)(AD)
2.10 Countdown **New edition** (S)
3.00 A Place in the Sun A holiday home on the Costa del Sol. (S)(R)
4.00 **New edition** A couple try to find a home in Torrevieja. (S)
5.00 Sun, Sea and Selling Houses **New edition** A couple search for a party pad in Almeria. (S)
6.00 Four in a Bed (S)(R)
6.30 The Simpsons (S)(R)(AD)



9.00 24 Hours in A&E

- 7.00** News (S)

- 8.00** **NEW SERIES** Bake Off: The Professionals
1/10. A new batch of pastry chefs compete for the title, starting by creating 36 tarte aux fraise and a chocolate amenity. See feature, page 14. (S)(AD)
Continues tomorrow

- 9.00** **NEW SERIES** 24 Hours in A&E
A 38-year-old is rushed into A&E after coming off his motorbike at high speed, a skydiver has landed badly, and a six-year-old has swallowed an unknown object. (S)(AD)

- 10.00** Football Cops **New edition** 2/4. Paul is in pursuit of the person who threw a flare in the Scunthorpe stands, while Macca attempts to keep two groups of aggressive fans apart at the Walsall v Crewe game. (S)(AD)

- 11.05** Italia 90: When Football Changed Forever A look back at the 1990 World Cup. (S)(R)(AD)
1.55 AM Ramsay's 24 Hours to Hell and Back Memphis. (S)(SL)(R)
2.40 **FILM** Shiva Baby Comedy drama. (S)(SL) (2020, 15, 80min)
4.00 Iris Prize Best British Shorts **New edition** Bleach. (S)(AD)
4.25 Grand Designs Australia (S)(R)
5.20 Frasier 2/24. (S5) (S)(R)(AD)
5.50 to **6.30** AM Countdown (S)(R)

+1 hour **204/208** **304** **15** **121**

CHANNEL 5

105 105 805 105 5 105 105 105

- 5.45 AM Milkshake!**
9.15 Jeremy Vine (S)
11.15 Storm Huntley (S)
12.45 PM Friends (S7) (S)(R)(AD)
1.40 News (S)
1.45 Home and Away (S)(R)
2.20 FILM Seduced by Murder
 Thriller starring Katie Reese and Victor Alfieri. A woman in a new relationship finds her world turned upside down. (S) (2022, PG, 100min) ★★★
4.00 Bargain-Loving Brits in the Sun Wayne and Des put together their calendar. (S)(R)
5.00 News (S)
6.00 Police Interceptors A 45-mile cross-border pursuit of a black Lexus is brought to a stop with a little help from a stinger. (S)(R)
6.55 News (S)



10.00 The Hospital: Life on the Line

- 7.00 Traffic Cops**
 The pursuit of a getaway driver ends with a search for a suspect, and a battle to save his life. A report of a crashed car leads to the arrest of a very drunk man. (S)(R)
7.55 News (S)
8.00 Motorway Cops: Catching Britain's Speeders
New edition 9/10. A driver refuses to stop for PC Brian Camsell and ditches his car, while PC Jamie Leslie hunts for a car linked to an attempted house theft. (S)
9.00 Inside the Force
Series finale 12/12. Officers deal with alcohol-related incidents in Middlesbrough town centre, attending a serious assault outside a club that left a man unconscious. (S)
10.00 The Hospital: Life on the Line
New edition Chuck Maclean and his team carry out a five-hour operation on 60-year-old Margo, who is in need of life-saving surgery to fix a faulty heart valve. (S)
11.05 999: Critical Condition (S)(R)
12.05 AM Ultimate Police Interceptors (S)(R)(AD)
1.00 PlayOJO Live Casino Show (S)
3.00 Secret Scotland with Susan Calman The Isle of Mull. (S)(R)
3.50 Britain by Bike with Larry & George Lamb (S)(R)
4.40 Wildlife SOS (S)(SL)(R)
5.05 House Doctor (S)(SL)(R)(AD)
5.30 to 5.35 AM
Entertainment News (S)

+1 hour 205 305 38 128

SKY SHOWCASE

106 106 806 109 340 355

- 6.00 AM Sky News Breakfast**
7.00 Kay Burley
8.00 UK Border Force (S)(R)(AD)
9.00 Stargate SG-1 (S2) (S)(R)
11.00 Gangs of Lemur Island (S)(R)
12.00 NOON The Flash (S7) (S)(R)
1.00 PM SEAL Team (S1) (S)(R)
3.00 Hawaii Five-0 (S6) (S)(R)
4.00 S.W.A.T. 1/18. (S4) (S)(R)(AD)
5.00 The Simpsons Bart Gets a Z:
 Bart's mischief causes Mrs Krabappel to get fired. (S)(R)
5.30 Poorhouse Rock:
 Homer finally teaches Bart to admire him. (S)(R)
6.00 The Office (US) 20/22.
 Dwight discovers marijuana in the company car park. (S)(R)
6.30 21/22. Michael causes chaos when he deals with a conflict resolution. (S2) (S)(R)



9.00 The Sympathizer

- 7.00 The Simpsons**
The Great Wife Hope: Marge campaigns against a violent combat sport. (S)(R)
**7.30 The Devil Wears Nada:
 Marge poses for a charity calendar and becomes a sex symbol. (S)(R)
8.00 Predators
 2/5. Tom Hardy presents a look at Canada's Hudson Bay, where a unique community of polar bears are battling to survive in a rapidly changing landscape. (S)(R)(AD)
9.00 The Sympathizer
New episode *Love It or Leave It:* 3/7. With the General's order to eliminate the spy in their ranks weighing on him, the Captain seeks Bon's help to craft and execute a plan timed for Independence Day. (S1) (S) ■ Entire series on Box Sets
10.15 Rob & Romesh vs Art
 1/7. Rob and Romesh head into the unknown again, beginning by delving into the world of art and creating exhibitions for the Saatchi Gallery. (S)(R)(AD)
11.15 Last Week Tonight with John Oliver A satirical look at news and pop culture. (R)
11.55 Sex and the City (S5) (S)(R)
1.15 AM The Force: Manchester (R)
2.10 Brit Cops: Rapid Response (R)
3.05 Hawaii Five-0 12/25.
 Unstable World War Two bombs are stolen. (S6) (S)(R)
4.00 S.W.A.T. 1/18. (S4) (S)(R)(AD)
5.00 to 6.00 AM Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
 Sky 964, Virgin 862, Freesat 964

- 6.55-7.00pm Party Election Broadcast (S)(R)**
8.30-9.00 Scotland's Home of the Year *Series finale* (S) **10.40 Breaking the Euros (S)(R)** **11.10 Have I Got a Bit More News for You (S)(R)** **11.55 High:**
 Surviving a Dubai Drugs Bust (S)(R) **12.55am**
 Weather for the Week Ahead (S) **1.00-6.00am**
 BBC News (S)

N. IRELAND
 Sky 966, Virgin 863, Freesat 966

- 10.40pm The Emerald Isles** *Series finale* (S) **11.30**
 Have I Got a Bit More News for You (S)(R) **12.15am**
 High: Surviving a Dubai Drugs Bust (S)(R) **1.20-6.00am**
 BBC News (S)

WALES

Sky 965, Virgin 864, Freesat 965

- 6.55-7.00pm Party Election Broadcast (S)(R)**
8.30-9.00pm Wales' Home of the Year (S)(R)

BBC2

N. IRELAND
 Sky 969, Freesat 969

- 10.00pm Bog Amach (S)(R)** **10.25-10.30pm**
 The Chronicles of Belfast *New edition* (S)

WALES

Sky 968, Freesat 968

- No variations

ITV1

As main ITV1 except:

WALES

- 10.45-11.45pm Sharp End:**
 Political discussion. (S)

S4C

Sky 134, Virgin 164, Freesat 120

- 6.00am Cyw** **12.00noon**
 Newyddion S4C a'r Tywydd
12.05pm Sain Ffagan
12.30 Heno **1.00** Dan Do
1.30 Welsh Whisperer – Ni'n Teithio Nawr! (AD)
2.00 Newyddion S4C a'r Tywydd **2.05** Prynhawn Da
New edition **3.00**
 Newyddion S4C a'r Tywydd
3.05 Beicio Mynydd
 Redbull Hardline **4.00** Awr Fawr **5.00** Stwnsh **6.00**
 Colleen Ramsey: Bywyd a Bwyd **6.30** Rownd a Rownd (AD) **6.57**
 Newyddion S4C **7.00**
 Heno *New edition* **7.30**
 Newyddion S4C a'r Tywydd
8.00 Y Byd yn ei Le *New edition* **8.25** Garddio a Mwy *New edition* **8.55**
 Newyddion S4C a'r Tywydd
9.00 Ffermio *New edition*
9.30 Y Gymraeg: Hawl Pob Plentyn **10.30** Ein Llwybrau Celtaidd **11.00-11.35pm**
 Gerddi Cymru

TV&Satellite
week
New issue on sale tomorrow

BBC3

115/117/121 107/113 23 107 107

BBC3 programmes start at 7.00pm



- 7.00 PM The Fast and the Farmer-ish** A semi-final.
7.30 Shark Tank *New edition*
 Equipment designed to keep dogs mentally fit.
8.10 Shark Tank Pitches include a product designed to help with one's wellness routine.
8.50 The Catch Up
8.55 Ryan Tricks on the Streets Street magic.
9.00 Roman Kemp: The Fight for Young Lives
10.00 Bad Education: Reunion Special Class K are back for a careers day and a party that descends into mayhem.
10.45 Dubai Hustle 5/8. Jake's dream wedding gets real. **11.15** 6/8. Kerris questions her future as a broker. (S3)
11.45 I Kissed a Boy
12.35 AM Confessions of a Teenage Fraudster
1.20 Bad Education: Reunion Special As 10.00pm.
2.05 Dubai Hustle
3.05 My Mate's a Bad Date
3.30 to 3.55 AM
Doctor Who: Unleashed

MORE4

136/137 831 147 18 124

- 8.55 AM A Place in the Sun**
10.25 A New Life in the Sun
11.25 Find It, Fix It, Flog It
12.30 PM Come Dine with Me
 From Bournemouth.
3.10 Four in a Bed
5.50 Chateau DIY Tim and Sasha overhaul an outdated guest room with some upcycling ingenuity.
6.55 Car S.O.S Tim Shaw and Fuzz Townshend take on a neglected 1988 Fiat Uno Turbo in Wellingborough, Northamptonshire.
7.55 Grand Designs Kevin McCloud follows the progress of ex-advertising man Geoff, who is building a flood-resistant architectural marvel on the Essex coast, costing a cool £700,000.
9.00 PopMaster TV
New edition Ken Bruce hosts as contestants from Kent, Glasgow, Hertfordshire, York and Dagenham show off their music knowledge
10.00 8 Out of 10 Cats Does Countdown Jimmy Carr hosts the quiz as Sean Lock and Henning Wehn compete against Jon Richardson and Victoria Coren Mitchell.
11.05 24 Hours in A&E A man is stabbed in the thigh.
12.10 AM PopMaster TV
1.15 999: On the Front Line
2.15 24 Hours in A&E
3.20 to 3.50 AM
A Place in the Sun

+1 hour 236/237 347 125

BBC4

116 107/108 9/24 106 108

BBC4 programmes start at 7.00pm



- 7.00 PM Great British Railway Journeys** Michael Portillo reaches Birmingham.
7.30 Villages by the Sea Coastal villages that have often been on the frontline of history.
8.00 Michael Palin and the Ladies Who Loved Matisse
 The story of art collectors Claribel and Etta Cone.
9.00 NEW Easter Island Origins A look at the new information on the statues of Easter Island.
10.00 The Sky at Night
New edition The team go cosmic ghost hunting.
10.30 Queen Victoria's Letters: A Monarch Unveiled
 The personal life of the sovereign following Prince Albert's death.
11.30 Imagine: Gilbert and George – No Surrender
12.20 AM Great British Railway Journeys As 7.00pm.
12.50 Villages by the Sea
1.20 Easter Island Origins
2.20 to 3.20 AM Michael Palin and the Ladies Who Loved Matisse

E4

135/136 830 106 13 122

- 6.00 AM Hollyoaks**
7.00 Ramsay's Kitchen Nightmares USA
9.00 Brooklyn Nine-Nine
10.00 Young Sheldon
11.00 Modern Family
12.00 NOON The Big Bang Theory Four episodes.
2.00 PM The Goldbergs
3.00 Modern Family
4.00 Young Sheldon
5.00 The Big Bang Theory
7.00 Hollyoaks Grace and Freddie head to the altar.
7.30 Come Dine with Me
 Medical editor Adam hosts the first party in Brighton.
8.00 Dance Moms A conflict erupts between Abby and Jill, while Abby's rival Cathy hosts a big open audition.
9.00 Made in Chelsea
Series finale 10/10. Jazz is reeling from Freddy's betrayal, while Muffin is falling head over heels for Sam Vanderpump.
10.00 Gogglebox Shows including *The Great British Bake Off*, *Vigil* and *Changing Rooms* are appraised.
11.05 First Dates
12.10 AM The Big Bang Theory
1.10 Brooklyn Nine-Nine
2.10 Modern Family
2.35 Dance Moms
3.25 Made in Chelsea
4.20 The Neighborhood
5.10 to 6.00 AM
Brooklyn Nine-Nine

+1 hour 235/236 306 30 123

Monday

primetime

primetime

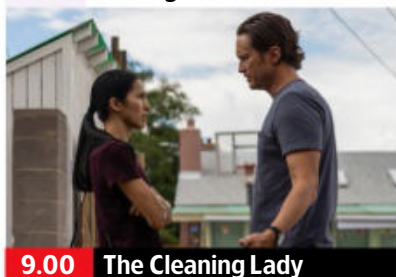
MONDAY Entertainment

Monday

Sky Witness

107 807 110 341 356

- 6.00 AM Air Ambulance ER
7.00 Border Patrol
8.00 UK Border Force
9.00 999 Frontline
10.00 Bull 18/22. (S6)
11.00 Brit Cops: Rapid Response
12.00 NOON New Amsterdam (S4)
1.00 PM 9-1-1 6/18. The crew respond to a fire at a prison and get trapped in a riot. (S5)
2.00 FBI: Most Wanted 6/15. The team race to rescue a mother and daughter. (S2)
3.00 Nothing to Declare UK
4.00 Nothing to Declare



9.00 The Cleaning Lady

Sky Atlantic

108/109 808 342 357

- 6.00 AM Fish Town Double bill.
7.55 True Blood 3&4/10. (S7)
10.05 Billions 2&3/12. (S7)
12.15 PM Game of Thrones (S7)
1.20 The Sopranos 1&2/13. (S2)
3.30 True Blood 5/10. Sookie hosts a festive party for mainstreaming vampires.
4.35 6/10. Sookie makes a shocking discovery. (S7)
5.40 Billions 4/12. Chuck embarks on a case with ties to Prince.
6.50 5/12. Prince clashes with his employees, and Ira turns to Chuck for help. (S7)

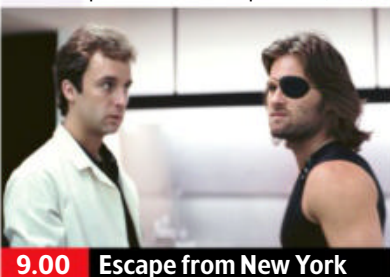


6.50 Billions

Sky Max

113/114 813 111 346 361

- 6.00 AM NCIS: Los Angeles (S13)
7.00 DC's Legends of Tomorrow
8.00 The Flash 15/18. (S7)
9.00 Stargate SG-1 (S2)
11.00 NCIS: Los Angeles (S13)
12.00 NOON The Flash 17/18. (S7)
1.00 PM SEAL Team (S1)
3.00 Hawaii Five-0 12/25. (S6)
4.00 S.W.A.T. 1/18. The team pursue members of El Diablo's drug cartel. (S4)
5.00 DC's Legends of Tomorrow
6.00 Stargate SG-1 13/22. Mysterious spirits foil plans to mine a planet. (S2)



9.00 Escape from New York

ITV2

118 816 115 6 113

- 6.00 AM CITV
9.00 World's Funniest Videos
9.30 Totally Bonkers
Guinness World Records
10.00 Love Bites Double bill.
12.00 NOON Dress to Impress
1.00 PM Wheel of Fortune
2.00 Family Fortunes
3.00 Veronica Mars 6/20. (S3)
4.00 Dawson's Creek 9/23. (S3)
5.00 Dress to Impress
6.00 Celebrity Catchphrase With contestants Chris Hoy, Martine McCutcheon and Faye Tozer.



10.05 The Price of Perfection

ITV3

119 117 10 115

- 6.00 AM Classic Emmerdale
7.00 Classic Coronation Street
8.05 Endeavour Quartet.
10.15 The Royal For Those in Peril.
11.20 Heartbeat Double bill.
1.40 PM Classic Emmerdale
2.40 Classic Coronation Street
3.45 Inspector Morse The Dead of Jericho: First-ever episode of the drama starring John Thaw. The detective investigates a mysterious suicide.
5.55 Heartbeat A Wolf in Sheep's Clothing: A tax inspector gets the villagers panicked.



8.00 McDonald & Dodds

7 PM

- 7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

- 8.00 Blue Bloods Hate Is Hate: 1/20. Frank is at odds with the mayor over how best to protect the city from crime. (S12)

9 PM

- 9.00 The Cleaning Lady New episode 4/12. Chris struggles with the emotional aftermath of recent events. (S2)

10 PM

- 10.00 Law & Order: Special Victims Unit All Pain Is One Malady: 22/22. Benson and Stabler look for a crime ring. (S24)
11.00 The Rookie 3/22. (S5)
12.00 M'T Departure 3/6. (S2)
1.00 AM FBI: Most Wanted (S5)
2.00 The Equalizer New episode
3.00 FBI: Most Wanted New episode 12/13. (S5)
4.00 The Force: Manchester
5.00 to 6.00 AM Air Ambulance ER

+1 hour 207 310

- 7.55 Game of Thrones Stormborn: 2/7. Daenerys receives an unexpected visitor, while Jon faces resistance and Tyrion plans the conquest of Westeros. (S7)

- 9.00 The Sympathizer New episode Love It or Leave It: 3/7. The Captain seeks Bon's help to craft and execute a plan. (S1)
Full series on Box Sets

- 10.15 House of the Dragon: War Room Sue Perkins presents a look ahead to season two.

- 11.15 Succession 8/10. The entire Roy clan travel to Dundee, while Kendall becomes enamoured with Jennifer. (S2)
12.25 AM The King 7&8/8. (S2)
2.25 Game of Thrones As 7.55pm.
3.35 In Treatment 5/35. (S2)
4.05 to 6.00 AM Fish Town

+1 hour 208/209

- 7.00 Stargate SG-1 Touchstone: 14/22. O'Neill and the team uncover a sinister government plot. (S2)

- 8.00 Flintoff's Road to Nowhere 2/2. Andrew Flintoff and Rob Penn conclude their Brazilian cycling adventure.

- 9.00 FILM Escape from New York Futuristic action adventure starring Kurt Russell. A war hero turned convict is sent on a mission to rescue the kidnapped US President from Manhattan, now a maximum security prison. (1981, 15, 99min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.00 Rob & Romesh vs Art
12.00 M'T The Walking Dead (S3)
1.00 AM The Force: Manchester
2.00 A League of Their Own: Mexican Road Trip Series finale 4/4. The gang explore the city of La Paz.
3.00 Hawaii Five-0 12/25. (S6)
4.00 S.W.A.T. 1/18. (S4)
5.00 to 6.00 AM Highway Patrol

- 7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win a cash prize.

- 8.00 Bob's Burgers 5/21. Bob enters a burger contest.
8.30 6/21. Bob and his father try to outdo each other in the kitchen. (S5)

- 9.00 Love Island New episode The second week continues as the islanders discover the path of true love can be a long one.

- 10.05 NEW SERIES Olivia Attwood: The Price of Perfection Exploring Generation Z's obsession with cosmetic surgery.

- 11.05 Family Guy 8/18. Peter suffers kidney failure.
11.35 2/18. Animation. (S9)
12.05 AM American Dad! (S6&5)
1.05 Bob's Burgers 7&8/21. (S5)
2.05 Totally Bonkers Guinness World Records to 3.00 AM Unwind with ITV

+1 hour 218 315 29 114

- 6.55 Heartbeat Friends and Relations: Clare finds herself under suspicion when a wild party ends with a drugs-related death.

- 8.00 McDonald & Dodds The Man Who Wasn't There: 1/3. Drama starring Jason Watkins and Tala Gouveia. Five friends take a hot-air balloon trip but only four come back down alive, leaving the duo to untangle a web of lies spanning 30 years. (S2)

- 10.00 Wire in the Blood Sharp Compassion: 4/4. A murderer targets the vulnerable patients of a local hospital. (S2)

- 11.50 The Royal For Those in Peril: The hospital staff face an intriguing case when a local tramp is found dead.

- 12.50 AM Upstairs, Downstairs 6/13. Lady Prudence and Hazel disagree. (S4)
1.55 to 2.30 AM Unwind with ITV

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

- 12.00 NOON This Is BBC Scotland
2.00 PM Sign Zone: Beechgrove Garden
2.30 Sign Zone: Landward
3.00 Sign Zone: This Farming Life
4.00 This Is BBC Scotland
7.00 The Hairy Bikers Go Local 4/8. Dave Myers and Si King visit the Harbour Cafe in Fife.
8.00 Designing the Hebrides 2/6. Updating a crumbling bothy on the small island of Ulva.
8.30 For Peat's Sake A look at peat-cutting season on the Isle of Lewis.
9.00 The Nine
10.00 Scotland's Biggest Families 3/3. The Sullivans are expecting baby number 12.
11.00 PM to 12.00 M'T Away with the Tartan Army - Scotland's Best Moments

Sky Comedy

114/115 814 112 347 362

- 8.00 AM Will & Grace (S5)
9.00 The Conners (S4)
10.00 Run 7/7. (S1)
10.30 Veep 9&10/10. (S3)
11.40 Entourage 1&2/10. (S7)
12.50 PM High Maintenance
2.10 Veep 1&2/10. (S4)
3.20 Entourage (S7)
4.30 Sort Of 1/8. (S1)
5.00 Will & Grace (S5)
6.00 The Office (US) (S2)
7.00 The Conners (S4)
8.00 Will & Grace 17/22. The gang stay at Karen's rural cabin.
8.30 18/22. Guest stars Molly Shannon. (S1)
9.00 Last Week Tonight with John Oliver New edition
9.45 Silicon Valley (S1)
11.00 Last Week Tonight with John Oliver Talk show.
11.45 Real Time with Bill Maher New edition
12.55 AM Sex and the City
2.10 Sort Of 1/8. (S1)
2.40 Flatbush Misdemeanors
3.50 to 5.00 AM High Maintenance

Sky Arts

130/131 140 123 36 147 365

- 6.00 AM Rachmaninov: Rhapsody/The Two Pigeons
8.00 The Joy of Painting
9.00 Tales of the Unexpected
10.00 Hitchcock Presents
11.00 Discovering: Tom Hanks The actor's life.
12.00 NOON Joy of Painting
1.00 PM Tales of the Unexpected
2.00 Cold War & Cinema
3.00 Lenny Henry's Got the Blues
4.00 Discovering: Denzel Washington
5.00 The Joy of Painting
6.00 Tales of the Unexpected
7.00 Hitchcock Presents
8.00 André Rieu: 70 Years Young
10.50 Shakespeare: King Lear
2.00 AM The Booksellers
4.00 Cheltenham Literature Festival Colm Toibin.
5.00 Auction
5.30 to 6.00 AM Auction: Jackie Kennedy Special

Sky Mix

151 135 11 144

- 7.00 AM Nothing to Declare
9.00 Motorway Patrol
10.00 Highway Patrol
11.00 Stop, Search, Seize
12.00 NOON Motorway Patrol
1.00 PM Border Patrol
2.00 Border Security: Canada's Front Line
3.00 Nothing to Declare
4.00 Stargate Atlantis (S4)
5.00 Stargate SG-1 (S10)
6.00 Stargate Universe (S2)
7.00 Star Trek: Voyager (S4)
8.00 The Rookie Consequences: 1/14. Nolan faces his biggest challenge yet. (S3)
9.00 A League of Their Own
10.00 The Bangers: Murder at the Farm
11.00 Killer in My Village
12.00 M'T Grimm 2/22. (S5)
1.00 AM Caribbean Cops
2.00 Brit Cops: Law & Disorder Documentary.
3.00 Highway Patrol
4.00 Motorway Patrol
5.00 to 6.00 AM Highway Cops

ITV Be

131/132 119 28 119

- 7.00 AM Unwind
7.05 Sugar Showdown
7.35 Real Housewives...
8.35 Masters of Flip
9.35 Buying and Selling
10.35 The Real Housewives of Cheshire
11.35 The Real Housewives of Atlanta Reality series.
12.30 PM Real Housewives of New Jersey
1.20 The Only Way Is Essex
2.05 Dinner Date
3.05 Million Dollar Listing: LA
4.00 The Real Housewives of Atlanta Reality series.
5.00 The Real Housewives of Salt Lake City
6.00 Masters of Flip
7.00 Million Dollar Listing: LA
8.00 Dinner Date
9.00 The Real Housewives of Cheshire New edition
10.00 The Real Housewives of Miami Reality series.
11.00 The Only Way Is Essex
11.45 Ready to Mingle
12.50 to 1.00 AM Unwind

+1 hour 319

GREAT! tv

157 170 50

- 8.00 AM Diagnosis Murder
10.00 Father Dowling Mysteries 18/22. (S3)
11.00 Castle 6&7/24. (S2)
1.00 PM Murder, She Wrote
2.00 Father Dowling Mysteries 1/8. (S1)
3.00 Diagnosis Murder
5.00 Murder, She Wrote
7.00 M*A*S*H 7-10/22. (S10)
9.00 The Avengers Homicide and Old Lace: 26/33. Mother spends his birthday telling his elderly aunts a tale. (S6)
10.00 Randall and Hopkirk (Deceased) Could You Recognise the Man Again? 18/26. Jeannie is kidnapped. (S1)
11.00 Return of the Saint
12.00 M'T M*A*S*H (S10)
2.00 AM Randall and Hopkirk (Deceased)
3.00 Return of the Saint
4.00 Highway to Heaven
4.50 to 5.00 AM GREAT! Movie News Extra

+1 hour 257 62

ITV4

120 118 26 117

- 6.00 AM Football Rivalries
- 6.15 Minder
- 7.10 The Sweeney
- 8.10 Return of Sherlock Holmes
- 9.15 Magnum, PI
- 10.20 Kojak
- 11.25 BattleBots
- 12.30 PM The Return of Sherlock Holmes Murder mystery.
- 1.40 Magnum, PI
- 2.40 Kojak
- 3.40 Minder
- 4.50 The Sweeney
- 6.00 BattleBots



8.00 Moonraker

- 7.00 The Chase Celebrity Special With contestants Chizzy Akudolu, Andrew Pierce, Jack Carroll and Sonja McLaughlan.
- 8.00 **FILM** Moonraker Spy adventure starring Roger Moore. James Bond investigates the disappearance of a space shuttle and encounters another megalomaniac bent on world domination. (1979, PG, 126min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.40 **FILM** The Silence of the Lambs Thriller starring Jodie Foster. An FBI agent enlists the help of a sociopath to catch a twisted serial killer. (1990, 18, 119min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.55 AM Motorsport UK
- 1.50 Auto Mundial
- 2.20 Motorsport Mundial
- 2.45 to 3.00 AM Unwind with ITV

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

- 6.00 AM Quantum Leap 8/22. (S5)
- 7.00 The Outpost 10/13. (S3)
- 8.00 Teleshopping
- 11.00 Warehouse 13 3/20. (S4)
- 12.00 NOON Star Trek: Voyager
- 1.00 PM Star Trek: The Next Generation 10/8/11/26. (S5)
- 3.00 Warehouse 13 3/20. (S4)
- 4.00 Stargate SG-1 19/20. (S10)
- 5.00 Star Trek: Voyager 8/26. An alien attaches to Torres. (S5)
- 6.00 Star Trek: The Next Generation 10/26. Wolf's parenting skills are put to the test when his son arrives. (S5)



9.00 Robot Apocalypse

- 7.00 Star Trek: The Next Generation Hero Worship: 11/26. A rescue team find a boy in the wreckage of a space vessel. (S5)
- 8.00 Atlantis Telemon: 3/13. The city is vulnerable after the battle, but a stranger offers salvation and help to Ariadne. (S2)
- 9.00 **FILM** Robot Apocalypse Sci-fi adventure starring Tito Ortiz, Katalina Viteri and DeAngelo Davis. An expert hacker is targeted for destruction by an AI after she realises the threat it poses to the world's military. (2020, 12, 87min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.00 Feature Film
- 1.00 AM Britannia 5/9. Queen Antedia seals an alliance with Rome, on one condition.
- 2.00 6/9. Cait and her father manage to arrive safely at the Cantii citadel. (S1)
- 3.00 Atlantis 3/13. (S2)
- 4.00 to 6.00 AM Star Trek: The Next Generation

Alibi

109/110 809 114 343 358

- 7.10 AM Murdoch Mysteries (S4)
- 9.00 The Coroner 4/10. (S1)
- 10.00 Elementary 2/24. (S2)
- 11.00 Shakespeare & Hathaway: Private Investigators (S2)
- 12.00 NOON Father Brown
- 1.00 PM Death in Paradise (S2)
- 2.00 Murdoch Mysteries (S4)
- 4.00 Elementary 2/24. (S2)
- 5.00 Father Brown
- 6.00 Shakespeare & Hathaway: Private Investigators 9/10. Frank and Lu investigate a death threat at an exclusive tennis club. (S2)



9.00 Father Brown

- 7.00 Elementary The One Percent Solution: 16/24. Sherlock clashes with Gareth Lestrade once more. (S2)
- 8.00 Death in Paradise A Deadly Party: 8/8. The team investigate when the host of a charity fundraiser is shot. (S2)
- 9.00 Father Brown The Mayor and the Magician: The mayor is electrocuted while speaking at the Kempleford village fete.
- 10.00 Murdoch Mysteries The Long Goodbye - Part One: 23/24. A constable's murder investigation is hampered. (S16)
- 11.00 Elementary As 7.00pm.
- 12.00 M'T Why Women Kill 6/10. Alma manages to persuade Bertram to ease Carlo's suffering. (S2)
- 1.00 AM Unforgettable 11/13. (S3)
- 2.00 to 4.00 AM Murdoch Mysteries

+1 hour 209/210 314

GOLD

110/111 810 124 344 359

- 7.10 AM Highlights
- 9.25 My Hero
- 10.00 Are You Being Served?
- 10.40 Porridge
- 11.20 Last of the Summer Wine
- 12.35 PM The Green Green Grass
- 1.20 My Hero
- 2.00 Porridge
- 2.40 Dad's Army
- 3.20 Are You Being Served?
- 4.00 Last of the Summer Wine
- 5.20 Porridge
- 6.00 The Green Green Grass
- 6.40 Dad's Army



10.00 The Royle Family

- 7.20 Dad's Army Jones's reputation is called into question by an old comrade's allegations.
- 8.00 Still Open All Hours Granville creates a special blend of snuff.
- 8.40 The Thin Blue Line Students cause chaos during their traditional rag-week fundraiser.
- 9.20 dinnerladies The crew prepare for the millennium dinner.
- 10.00 The Royle Family Denise and Dave bring baby David to visit.
- 10.40 Harry Enfield and Chums Comedy sketches.
- 11.20 The Office David decides to employ a new secretary.
- 12.00 M'T Still Open All Hours
- 12.40 AM The Thin Blue Line
- 1.20 dinnerladies
- 2.00 The Royle Family
- 2.35 Harry Enfield and Chums
- 3.15 to 4.00 AM The Office

+1 hour 210/211 324

Dave

111/112 811 127 19 157

- 7.20 AM Cop Car Workshop
- 8.05 The Force: Behind the Line
- 8.40 James May's Things You Need to Know
- 10.00 Top Gear Double bill.
- 12.00 NOON Storage Hunters UK
- 2.00 PM Extreme Fishing with Robson Green
- 3.00 Top Gear Double bill.
- 5.00 Hairy Bikers' Best of British Exploring Britain's knack for growing vegetables at home.
- 6.00 Rick Stein: From Venice to Istanbul The chef explores the cuisine of northern Greece.



11.00 Taskmaster

- 7.00 Would I Lie to You? Guests Adil Ray, Kian Egan, Mel Giedroyc and Bob Mortimer take part.
- 7.40 Richard Osman's House of Games With Roger Black and Jo Brand.
- 8.20 With Rory Bremner, James Cracknell, Maisie Adam and Michelle Gayle.
- 9.00 QI XL Richard Osman, Lucy Porter, Phill Jupitus and Alan Davies attempt to answer host Stephen Fry's range of questions.
- 10.00 QI Sandi Toksvig offers quite interesting facts about thrills and spills with guests Nish Kumar, Mark Steel and Suzi Ruffell.
- 11.00 Taskmaster Lou Sanders displays unusual facial hair.
- 12.00 M'T Mock the Week
- 12.40 AM Would I Lie to You?
- 1.20 Live at the Apollo
- 2.30 Meet the Richardsons
- 3.00 to 4.00 AM Whose Line Is It Anyway? USA

+1 hour 211/212 327 57

4seven

137/138 143 49 127

- 9.00 AM Ramsay's Kitchen Nightmares USA
- 10.00 Car S.O.S
- 11.00 A Place in the Sun
- 12.00 NOON Sun, Sea and Selling Houses
- 1.05 PM Frasier (S9)
- 2.30 Ramsay's Kitchen Nightmares USA
- 3.30 Come Dine with Me
- 6.00 A Place in the Sun
- 7.00 Devon and Cornwall: Coastal Lives
- 8.00 A Royal Guide to Scotland The Royal Family's lives in Scotland.
- 9.00 Celebrity Gogglebox Famous faces appraise the week's television.
- 10.00 **FILM** Predator Sci-fi action starring Arnold Schwarzenegger. (1987, 15, 107min) ★★★★★
- 12.05 AM Gogglebox
- 1.10 Taskmasterclass
- 2.10 Football Cops
- 3.15 The Nevermets
- 4.15 to 4.45 AM Four in a Bed

+1 hr 241/269 320/362 130

5USA

141/169 120/162 21 129

- 9.00 AM NCIS 7-9/24. (S15)
- 12.00 NOON Law & Order
- 6.00 PM NCIS Fallout: 23/24. Gibbs attends the memorial service for a friend lost at sea.
- 7.00 Date with Destiny: 24/24. Sloane believes she has seen the man who tortured her years ago in Afghanistan. (S15)
- 8.00 Sturgeon Season: 1/16. Gibbs and Fornell track down the person who supplied drugs to Fornell's daughter. (S18)
- 9.00 New episode Second Opinion: 20/22. A senator's daughter is murdered. (S20)
- 10.00 Law & Order: Special Victims Unit (S8&7)
- 1.55 AM The Blacklist (S3)
- 2.50 Law & Order: Special Victims Unit (S17)
- 3.35 to 4.00 AM 999: Criminals Caught on Camera

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

- 8.00 AM Bargain-Loving Brits in the Sun
- 10.00 Nightmare Tenants, Slum Landlords
- 11.00 Traffic Cops
- 2.00 PM Police Interceptors
- 5.00 Dogs Behaving (Very) Badly Animal training.
- 6.00 Home and Away
- 7.00 GPs: Behind Closed Doors Medical series.
- 8.00 Dogs Behaving (Very) Badly An attempt to end the war of two Chihuahuas in Scotland.
- 9.00 Ambulance: Code Red
- 10.00 Serial Killer Wives
- 11.00 Accused: Murder or Insanity? Documentary.
- 12.00 M'T The Accused: Guilty or Innocent?
- 1.00 AM Skin A&E
- 2.00 A&E: Crash Scene Emergency
- 2.50 GPs: Behind Closed Doors Medical series.
- 3.35 to 4.00 AM Home and Away

+1 hour 228/229 326 141

5Action

150 130 33 132

- 9.00 AM Entertainment News
- 9.10 999: Motorway Emergency
- 10.10 Traffic Cops
- 11.10 Police Interceptors
- 12.10 PM **FILM** White Feather Western adventure. (1955, U, 104min) ★★
- 2.15 **FILM** Tumbleweed Western starring Audie Murphy. (1953, U) ★★
- 4.00 Outback Truckers
- 5.00 Traffic Cops
- 6.00 Police Interceptors Police officers track down a speeding Audi.
- 7.00 A pursuit of a dangerous driver.
- 8.00 A man threatens to take his own life.
- 9.00 **FILM** The Fugitive Action thriller starring Harrison Ford. (1993, 15, 128min) ★★★★★
- 11.40 **FILM** Universal Soldier Sci-fi action thriller. (1992, 18, 104min) ★★
- 1.45 AM Trucking Hell
- 3.35 to 4.00 AM Car Pound Cops

+1 hour 232/233 325

W

132/133 827 125 25 156

- 6.10 AM MasterChef Australia Culinary show.
- 7.30 Inside the Ambulance
- 8.00 Tipping Point
- 11.00 DIY SOS: The Big Build
- 1.00 PM Tipping Point
- 4.00 My Dream Home
- 6.00 Tipping Point: Lucky Stars Double bill.
- 8.00 Gemma and Gorka: Life Behind the Lens Series finale Gemma's maternity leave is coming to an end, while Gorka is about to head out on tour.
- 9.00 Sort Your Life Out with Stacey Solomon Stacey challenges the Paines.
- 10.20 Katie Piper's Face to Face Women with facial conditions are invited to get special makeovers.
- 11.20 Red Flag
- 12.20 AM Louis Theroux - The Most Hated Family in America
- 1.45 to 3.00 AM Prison Girls

+1 hour 232/233 325

MONDAY Entertainment

Really

142 128 17 160

- 6.00 AM Fantasy Homes in the City In Barcelona.
7.00 Teleshopping
8.00 Salvage Hunters
10.00 The Yorkshire Auction House
11.00 Antiques Road Trip
12.00 NOON Money for Nothing Double bill.
2.00 PM The Repair Shop
3.00 Antiques Road Trip
5.00 The Yorkshire Auction House
7.00 Antiques Road Trip
9.00 The Travelling Auctioneers A mother and daughter raise money for a cause that is close to their hearts.
10.00 The Repair Shop
11.00 Help! My House is Haunted Reality series.
12.00 M'T Unexplained: Caught on Camera
1.00 AM Paranormal: Caught on Camera
2.00 Teleshopping
4.00 to 6.00 AM Animal Cops Houston

DMAX

159 169 39 150

- 6.00 AM Alaska: Last Frontier Documentary.
7.00 Building Off the Grid
8.00 Aussie Gold Hunters
9.00 Deadliest Catch
11.00 Building Off the Grid
12.00 NOON Alaska: Homestead Rescue
1.00 PM Outback Opal Hunters Documentary.
2.00 Gold Divers
4.00 Fifth Gear Recharged
5.00 Bitchin' Rides
6.00 Deadliest Catch
7.00 Alaska: Last Frontier
8.00 Outback Opal Hunters
9.00 Tony Robinson's World War One A look at the final year of the conflict.
10.00 Blowing Up History
11.00 Aussie Gold Hunters
12.00 M'T Naked and Afraid
1.00 AM Yukon Men
2.00 Teleshopping
4.00 Building Alaska
5.00 to 6.00 AM Maine Cabin Masters

+1 hour 259 369 151

HGTV

158 191 44 166

- 7.00 AM The Restoration Man
8.00 Love Your Garden
9.00 A Place in the Sun
10.00 Escape to the Country
11.00 A Place in the Sun
12.00 NOON My Lottery Dream Home
1.00 PM Bargain Mansions
2.00 Flip or Flop Double bill.
3.00 Good Bones
4.00 Escape to the Country
5.00 Love Your Garden
6.00 A Place in the Sun
7.00 Money for Nothing
8.00 Escape to the Country
9.00 Fixer Upper Restoring dilapidated houses.
10.00 No Demo Reno New edition Jenn Todryk helps a couple fall in love with their home.
11.00 Home Town
12.00 M'T A Place in the Sun
1.00 AM The Restoration Man
2.00 Flip or Flop Double bill.
3.00 to 4.00 AM My Lottery Dream Home

+1 hour 258/262 391

Challenge

145 139 48 146

- 7.00 AM The Chase Triple bill.
10.00 Through the Keyhole
11.00 Pointless Celebrities
12.00 NOON Cash Trapped
1.00 PM Tenable
2.00 Classic Who Wants to Be a Millionaire? Quiz.
3.00 Catchphrase
4.30 Through the Keyhole
5.00 Bullseye Four editions of the darts-based quiz.
7.00 Cash Trapped Quiz hosted by Bradley Walsh.
8.00 The Chase Double bill of the quiz show.
10.00 Classic Who Wants to Be a Millionaire? Big-money quiz show hosted by Chris Tarrant.
11.00 Bullseye Double bill of the darts-based quiz.
12.00 M'T Through the Keyhole Panel show hosted by David Frost.
1.00 AM Cash Trapped
2.00 The Chase Double bill.
4.00 Classic Who Wants to Be a Millionaire? Quiz.
5.00 to 6.00 AM Bullseye

Food Network

140/141 190 43 148

- 6.00 AM Southern Kitchen
7.00 The Pioneer Woman
8.00 Jamie's Money Saving Meals: Extra Portions
9.00 James Martin...
10.00 Simply Raymond Blanc
11.00 Caribbean Kitchen
12.00 NOON Great British Bake Off Double bill.
2.00 PM James Martin: Yorkshire's Finest
3.00 The Hairy Bikers
4.00 The Pioneer Woman
5.00 Girl Meets Farm
6.00 James Martin: Yorkshire's Finest
7.00 Great British Bake Off
8.00 The Hairy Bikers
9.00 Jamie Oliver: Together
10.00 Caribbean Kitchen
11.00 NEW SERIES BBQ USA
12.00 M'T Guy's Grocery Games New edition
1.00 AM Restaurant: Impossible In Nevada.
2.00 to 3.00 AM Diners, Drive-Ins and Dives

+1 hour 240/241 149

TLC

133/134 828 165

- 7.00 AM My Lottery Dream Home Double bill.
8.00 Flip or Flop
9.00 Say Yes to the Dress: UK Reality series.
10.00 Dr Pimple Popper
11.00 I Am Jazz
12.00 NOON Unexpected: Teenage & Pregnant
1.00 PM Sister Wives
3.00 7 Little Johnstons
4.00 Little People, Big World
5.00 I Am Jazz
6.00 Too Fat to Transition
7.00 7 Little Johnstons
9.00 Seeking Brother Husband New edition
10.00 Bride & Prejudice: The Forbidden Weddings
11.30 Body Bizarre
12.30 AM Body Invaders
1.30 Extreme Cheapskates
2.00 Bride & Prejudice...
3.30 Body Bizarre
4.30 7 Little Johnstons
5.30 to 6.00 AM My Lottery Dream Home

+1 hour 233/234 365

GREAT! action

323 426 42

- 8.00 AM Wild West...
9.00 FILM Ape vs Monster Sci-fi fantasy adventure. (2021, 12, 88min) ★★
10.50 War in the Atlantic
12.00 NOON Wild West Chronicles Double bill.
1.00 PM FILM The Stranger Wore a Gun Western. (1953, U, 83min) ★★
2.55 FILM The Last Days of Frank and Jesse James Western. (1985, PG, 99min) ★★★★★
5.15 FILM Hijack Thriller. (1999, 15, 94min) ★★
7.10 FILM Arctic Apocalypse Action disaster movie. (2019, PG, 90min) ★
9.00 FILM Stash House Thriller. (2012, 15) ★★
11.10 FILM The Defender Thriller. (2004, 18) ★★
1.00 AM FILM Son of a Gun Drama. (2013, 15) ★★★★★
3.15 The Blitz on Berlin
4.20 to 5.00 AM Wild West Chronicles

+1 hour 324

Legend

148 149 41 137

- 8.00 AM Walker, Texas Ranger 22/26. (S3)
9.00 Airwolf 10/22. (S2)
10.00 Mission: Impossible
11.00 FILM It Came from Outer Space 2 sci-fi adventure remake. (1996, PG, 84min) ★★
1.00 PM FILM Independents' Day Sci-fi adventure. (2016, 15, 91 min) ★★
3.00 FILM The Philadelphia Experiment Mystery. (2012, 15, 89min) ★★
5.00 Star Trek 3/30. (S1)
6.00 Mission: Impossible
7.00 Airwolf 11/22. (S2)
8.00 Walker, Texas Ranger
9.00 FILM The Courier Thriller starring Olga Kurylenko. (2019, 18, 99min) ★
10.55 FILM Vengeance: A Love Story Thriller. (2017, 15, 99min) ★★
12.50 AM FILM Pet Horror. (2016, 18, 94min) ★★★★★
2.45 to 4.30 AM FILM Eye of the Beast Thriller. (2007, 15, 90min) ★★

Comedy Central

112/113 812 132 345 360

- 8.00 AM Most Ridiculous
9.00 Takeshi's Castle
10.00 Impractical Jokers: Fantasy Draft
10.30 Impractical Jokers: Slam Dunks
11.00 Home Improvement
12.00 NOON Last Man Standing (S1)
1.00 PM Friends (S8&9)
9.00 Jason Manford Live
10.00 Impractical Jokers: The Inspired Unemployed New edition The Aussie jokers become first aid instructors.
10.30 Lee Evans: The Ultimate Experience
12.15 AM Important Things with Demetri Martin
12.45 Demetri Martin: Person Stand-up show.
1.40 Most Ridiculous
2.40 Jimmy Carr: Being Funny Stand-up show.
3.25 The Ricky Gervais Show
4.15 to 5.00 AM Friends

+1 hour 212/213 332

GREAT! movies

321 425 34

- 9.00 AM FILM Her Boyfriend's Secret Thriller. (2018, 12) ★★
11.00 FILM Twisted Sisters Thriller. (2016, PG) ★★
1.00 PM FILM Killer Reputation Thriller. (2019, 12, 90min) ★
2.55 FILM Obsession Thriller. (2011, U, 89min) ★★
5.00 FILM The Killer Downstairs Thriller. (2019, 12, 90min) ★
7.05 FILM Dragon Wars Fantasy adventure. (2007, 12, 107min) ★★
9.00 FILM The Transporter Refuelled Thriller sequel. (2015, 15, 96min) ★★
11.05 FILM Brothers in Arms Thriller with Nat Wolff. (2018, 15, 99min) ★★★★★
1.15 AM FILM I Am Wrath Thriller. (2016, 15) ★★
3.20 Wild West Chronicles
4.00 to 6.00 AM FILM The Good Sister Thriller. (2014, PG, 84min) ★★

+1 hour 322

Legend Xtra

317 171 69 138

- 6.00 AM FILM Time Without Pity As 5.00pm.
8.00 FILM Megalodon Horror. (2018, 15, 105min) ★
10.00 Farscape 17/22. (S2)
11.00 Frank Herbert's Children of Dune
1.00 PM FILM The Exterminators Sci-fi action adventure. (2013, 15, 90min) ★
3.00 Farscape 17/22. (S2)
4.00 Six Million Dollar Man
5.00 FILM Time Without Pity Thriller starring Michael Redgrave. (1957, b/w, PG, 88min) ★★
7.00 Farscape 18/22. (S2)
8.00 Six Million Dollar Man
9.00 FILM Stake Land Horror starring Connor Paolo and Nick Damici. (2010, 15, 98min) ★★★★★
11.00 FILM FirstBorn Supernatural horror. (2016, 15, 86min) ★★
1.00 to 3.00 AM FILM Stake Land As 9.00pm.

+1 hour 318 371 139

Comedy Cen. Extra

127/128 154

- 6.00 AM Impractical Jokers: Inside Jokes Double bill.
7.00 Teleshopping
9.00 Becker 7-10/24. (S3)
11.00 Friends 6-9/24. (S2)
1.00 PM Caught on Camera: Funniest Moments
2.00 Criminally Funny
3.30 Impractical Jokers
4.00 Daria 12&13/14. (S5)
5.00 Becker 9&10/24. (S3)
6.00 Home Improvement
7.00 Last Man Standing
9.00 Most Ridiculous
10.00 Friends 15/24. Monica prepares a surprise.
10.30 16/24. Joey confesses his feelings to Rachel. (S8)
11.00 Friends 17-20/24. (S8)
1.00 AM The Ren & Stimpy Show Double bill.
2.00 South Park (S14)
3.00 Beavis and Butt-Head
3.45 Reno 911! (S1)
4.30 Ugly Americans (S2)
5.15 to 6.00 AM Criminally Funny

GREAT! romance

319 424 52

- 8.00 AM FILM Rome in Love Drama. (2019, PG) ★★
10.00 FILM Meet Me in New York (2022, PG) ★★
12.00 NOON FILM Law of Attraction Comedy. (2020, PG, 84min) ★★
2.00 PM FILM Christmas Connection Drama. (2017, U, 90min) ★★
4.00 FILM Christmas Coincidence Drama. (2018, PG, 85min) ★★
6.00 FILM Christmas Around the Corner Drama. (2018, PG, 90min) ★★
8.00 FILM A Christmas Exchange Drama. (2020, PG, 87min) ★★
9.50 FILM Love is on the Air Romantic drama. (2021, PG, 95min) ★★
12.00 M'T Highway to Heaven
1.00 AM FILM Made for You, with Love (2019, U) ★★
3.00 to 5.00 AM FILM Calling for Love Comedy. (2020, PG, 90min) ★★

+1 hour 320 63

Blaze

164 174 64 162

- 6.00 AM Dickinson's Real...
6.40 Pawn Stars Double bill.
7.30 Auction Hunters
7.55 Storage Wars
8.55 Hardcore Pawn
9.20 Hardcore Pawn
10.15 Close Encounters...
11.10 Curse of Skinwalker...
12.10 PM Curse of Oak Island
1.05 The UnXplained
2.05 Pawn Stars Double bill.
3.05 Hardcore Pawn
4.00 Ancient Aliens
6.00 Close Encounters Down Under
7.00 Wicked Tuna
8.00 Dickinson's Real Deal
9.00 Curse of Skinwalker Ranch Documentary.
10.00 Cities of the Underworld
11.00 Lost Relic Hunters
12.00 M'T Secrets of Great British Castles
1.00 AM The UnXplained
2.00 Wicked Tuna
3.00 Hardcore Pawn
3.25 Close Encounters...
4.10 to 6.00 AM Ancient...

Sky Replay

152 156

- 7.00 AM Sixth Sense with Colin Fry Double bill.
8.00 Four Weddings
10.00 Sun, Sea and A&E
11.00 Border Security: Canada's Front Line
12.00 NOON Highway Cops
1.00 PM Road Wars
2.00 Most Haunted
4.00 Merlin 3&4/13. (S3)
6.00 Warehouse 13 (S1)
8.00 A League of Their Own: Mexican Road Trip The gang take penalties.
9.00 Highway Cops
10.00 The Good Doctor (S7)
11.00 The Cleaning Lady New episode 4/12. Thony resorts to calling Arman for help. (S2)
12.00 M'T Sun, Sea and A&E
1.00 AM A League of Their Own Reality series.
2.00 Road Wars
3.00 Duck Quacks Don't Echo Lee Mack hosts.
4.00 Four Weddings
5.00 to 6.00 AM Sixth Sense with Colin Fry

GREAT! real

189 61

- 9.00 AM The People's Vet
11.00 Police Ten 7
2.00 PM Emergency Rescue: Air, Land & Sea
3.00 Island Medics
4.00 Inside Paddington Station Documentary.
5.00 Inside King's Cross: The Railway
6.00 Inside British Airways
7.00 Heathrow: Britain's Busiest Airport Five editions, including at:
10.00 Passenger experience manager Demi deals with some disgruntled passengers.
10.30 Kat and Bob come across a visitor whose reason for entering the country does not add up.
11.00 Police Ten 7
1.00 AM Cops Uncut
2.00 Coast Guard Alaska
3.00 Coast Guard Pacific Northwest
4.00 to 5.50 AM Police Ten 7

+1 hour 289

5SELECT

153 138 46 133

- 9.00 AM The Yorkshire Vet
1.00 PM Bargain-Loving Brits in the Sun
3.00 Murder, She Wrote
4.00 Columbo
5.55 Entertainment News
6.00 Paul Martin's Antiques Showdown New editions Paul and art expert Yexue Li are in and around Lancaster.
7.00 Items include a clockwork mouse and a Victorian theatre poster.
8.00 Britain in Colour The British Empire with early colour home movies from the Raj.
9.00 Endurance: Race to the Pole with Ben Fogle A look at Ernest Shackleton's expedition.
10.00 Nazi Megastructures A look into suicide pilots.
11.00 Hitler's sea-faring structures.
12.00 M'T Forged in Fire
3.30 to 4.00 AM The Yorkshire Vet

MTV

126/127 824 134

- 6.00 AM The Hills
6.25 16 and Pregnant
7.10 Dallas Cowboys Cheerleaders
11.00 Catfish: The TV Show
1.00 PM Catfish: The TV Show Six editions.
7.00 Rich Kids Go Skint
8.00 Help! I'm in a Secret Relationship! Ashley needs to know why Adam is hiding her.
9.00 House of Food The students make appetisers.
10.00 Teen Mom Family Reunion New edition Briana gets serious about bad luck when it comes to finding love.
11.00 Ink Master
12.00 M'T Ridiculousness New edition Rob, Steelo and guest Nina Agdal serve it up to some 'ping pong ding dongs'.
12.30 AM Ridiculousness
1.00 Ink Master Double bill.
2.45 Georgie Shore
3.35 to 4.00 AM Teen Crib

Discovery

125/126 823 177 320 325

- 6.00 AM **How It's Made**
 7.00 **Deadliest Catch**
 8.00 **Building Off the Grid**
 9.00 **Combat Dealers**
 10.00 **Demolition Down Under**
 11.00 **Wheeler Dealers**
 1.00 PM **Barnwood Builders**
 3.00 **Gold Rush** Parker battles to bring in his first Money Pit gold.
 4.00 **Alaska: Homestead Rescue** A Kentucky homestead built in a town drowns in floods.
 6.00 **Demolition Down Under** The Irwin and Hartshorn crew bring down a TV station.

9.00 **Wheeler Dealers...**

- 7.00 **Bitchin' Rides** Dave and the gang attempt to make a dream of a father and son road trip along route 66 become reality.

- 8.00 **Supertruckers** Steve and Sam have to negotiate the capital's traffic to deliver a crane near the London Stadium.

- 9.00 **Wheeler Dealers World Tour** **New edition** Mike and Elvis are on the hunt for Australia's favourite pick up – the Hilux.

- 10.00 **Roadworthy Rescues** **New edition** Derek finds himself a 1950 Ford 8N tractor with a cracked engine block.

- 11.00 **Outback Truckers** Steve is hauling a heavy load 2,400km across three deserts.

- 12.00 M'T **Gold Divers**
 1.00 AM **Wheeler Dealers World Tour** As shown at 9.00pm.
 2.00 **Roadworthy Rescues**
 3.00 **Gold Rush** Documentary.
 4.00 to 5.00 AM **Moonshiners**

+ 1 hour 225/226 377

Animal Planet

162/178 178

- 8.00 AM **Tanked** Dwight Howard calls on the team's help.
 9.00 **Pit Bulls & Parolees**
 10.00 **My Cat from Hell**
 11.00 **Animal Cops Philadelphia**
 12.00 NOON **Tanked**
 1.00 PM **Pit Bulls & Parolees**
 2.00 **Legends of the Wild**
 4.00 **My Cat from Hell** A cat scared of its own tail.
 5.00 **Animal Cops Philadelphia** Starving horses are found at a farm in northern Pennsylvania.
 6.00 **Tanked** The team build a reef tank for the owner of a winery.

8.00 **Cold Blooded Peruvian...**

- 7.00 **Pit Bulls & Parolees** The family reminisce about some of the dogs that hold a special place in their hearts.

- 8.00 **Cold Blooded Peruvian Predator: Expedition Mungo** Paul Mungeam heads to Peru to capture the yacumama on film.

- 9.00 **South American Squatch of Argentina: Expedition Mungo** A bigfoot-like beast with superhuman strength.

- 10.00 **Alaska Monsters** Todd devises a trap for a huge feline that has been reported in the town of Paxson.

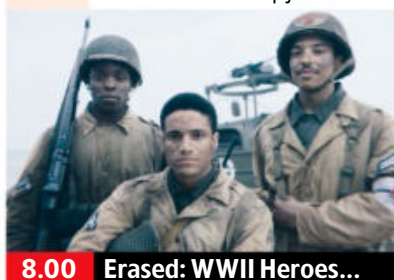
- 11.00 **Celebrity Animal Encounters** With Kate Micucci and Fabio.
 11.30 Featuring Melissa Joan Hart and Jillian Barberie.
 12.00 M'T **Crikey! It's the Irwins**
 1.00 AM **Alaska Monsters**
 2.00 **My Cat from Hell**
 3.00 **Animal Cops Philadelphia**
 4.00 to 5.00 AM **Tanked**

+ 1 hour 262/278 378

Nat Geographic

129/130 825 183

- 8.00 AM **Food Factory**
 9.00 **Air Crash Investigation**
 10.00 **World War II: Secrets from Above** Documentary.
 11.00 **Europe from Above**
 12.00 NOON **Car S.O.S**
 1.00 PM **Airport Security: Peru**
 2.00 **Air Crash Investigation**
 3.00 **Nazi Megastructures**
 4.00 **Drain the Oceans**
 5.00 **Car S.O.S** Fuzz and Tim restore a Lexus IS200.
 6.00 **Lost Treasures of Egypt** The mysterious pyramids that followed the Giza pyramids.

8.00 **Erased: WWII Heroes...**

- 7.00 **Air Crash Investigation** When a turboprop crashes in Papua New Guinea, investigators uncover a deadly flaw.

- 8.00 **Erased: WWII Heroes of Colour** **New edition** The untold story of the Black Panthers, an elite African American tank battalion.

- 9.00 **To Catch a Smuggler** **New edition** In Miami, Homeland Security Investigations run a delivery of ketamine.

- 10.00 **Air Crash Investigation** The crash-landing in the Hudson River, when an aeroplane collided with a flock of birds.

- 11.00 **Air Crash Investigation**
 12.00 M'T **To Catch a Smuggler**
 1.00 AM **Drain the Oceans: Deep Dive** Documentary.
 2.00 **Money Meltdown**
 2.30 **Food Factory** Double bill.
 3.20 **Lords of War**
 4.10 to 5.00 AM **Exotic Animal ER: Double Dose**

+ 1 hour 229/230 383

Sky History

123/124 821 131 353 368

- 6.00 AM **Pawn Stars** Double bill.
 8.00 **Pawn Stars: A Very Vegas Christmas** Documentary.
 9.00 **Secret Societies: In the Shadows** The Illuminati.
 10.00 **Swamp People: Serpent Invasion** Hunting pythons.
 12.00 NOON **The UnXplained with William Shatner**
 1.00 PM **Pawn Stars**
 2.00 **Auction Hunters**
 3.00 **Shipwrecks: When History Resurfaces** Double bill.
 5.00 **Pawn Stars** Apollo 11 files.
 6.00 **American Pickers**

9.00 **Cursed Histories**

- 7.00 **Forged in Fire** Four bladesmiths are tasked with forging a Saw Back machete and a Malaysian backcountry weapon.

- 8.00 **American Pickers** **New edition** Robbie Wolfe encounters a massive stash of junior dream cars.

- 9.00 **NEW SERIES Cursed Histories** Examining the aftermath of the recovery of a 5,300-year-old mummified hunter.

- 10.00 **The UnXplained with William Shatner** **New edition** The veteran actor examines examples of unusual technology.

- 11.00 **Alien Autopsy: The Search for Answers** Investigating what really happened in the desert of Roswell in 1947.
 12.00 M'T **Pawn Stars** Double bill.
 2.00 AM **Hitler's Handmaidens**
 3.00 **American Pickers** As 8.00pm.
 4.00 **Forged in Fire** As 7.00pm.
 5.00 to 6.00 AM **Auction Hunters**

+ 1 hour 223/224 331

Yesterday

155 846 129 27 159

- 6.10 AM **Secrets of the Transport Museum** Double bill.
 8.00 **Abandoned Engineering**
 10.00 **The World at War**
 11.00 **World War Weird**
 12.00 NOON **Great British Railway Journeys** Double bill.
 1.00 PM **Antiques Roadshow**
 2.00 **Bangers & Cash**
 4.00 **The World at War**
 5.00 **World War Weird** Churchill's plan to create a giant ice ship.
 6.00 **Antiques Roadshow** Celebrating the history of film, theatre, music and television.

9.00 **The Black Death**

- 7.00 **Canal Boat Diaries** **New edition** Robbie encounters a leaky lock pound on the Perry Barr Flight and gets marooned.

- 8.00 **NEW SERIES Abandoned Engineering** Exploring Opa-Locka City Hall, a strange structure that began as a dream.

- 9.00 **The Black Death: Lucy Worsley Investigates** Explorinh how the death toll changed the face of the country for ever.

- 10.00 **Bangers & Cash** Derek is on his way to Blackpool to pick up what will be the highest priced item at the next auction.

- 11.00 **Abandoned Engineering** Exploring a decrepit Liberian landmark with American origins and a pioneering scientific structure in Cleveland.
 12.00 M'T **Great British Railway Journeys** Double bill.
 1.00 AM **Hornby: A Model World**
 2.00 to 3.00 AM **Scouting for Toys**

+ 1 hour 255 329 74

Quest

144 834 137 12 172 167

- 6.00 AM **How Do They Do It?**
 6.30 **Shed and Buried**
 7.00 **The Repair Shop**
 8.00 **American Pickers**
 10.00 **Chasing Classic Cars**
 11.00 **Massive Engineering Mistakes** Documentary.
 12.00 NOON **How Do They...**
 2.00 PM **Salvage Hunters**
 3.00 **Shed and Buried**
 4.00 **Find It, Fix It, Flog It**
 5.00 **Salvage Hunters**
 6.00 **Wheeler Dealers**
 7.00 **Aussie Gold Hunters**
 8.00 **Salvage Hunters**
 9.00 **Aussie Gold Hunters** **New edition**
 10.00 **Opal Hunters: Red Dirt Road Trip**
 11.00 **How Do They Do It?**
 12.00 M'T **Wheeler Dealers**
 1.00 AM **Cars That Rock with Brian Johnson**
 2.00 **Chasing Classic Cars**
 3.00 **Overhaulin'**
 4.00 to 5.00 AM **How It's Made**

+ 1 hr 244 337 70 168

Quest Red

149 168 40 169

- 6.00 AM **Say Yes to the Dress: UK** Double bill.
 7.00 **Say Yes to the Dress**
 8.00 **Say Yes to the Dress: Atlanta** Reality series.
 9.00 **Say Yes to the Dress**
 11.00 **Disappeared**
 12.00 NOON **Forensic Detectives** Documentary.
 1.00 PM **FBI Files**
 2.00 **American Monster**
 4.00 **Murder on CCTV**
 5.00 **Evil Lives Here**
 6.00 **The Murder Tapes**
 7.00 **A Killer's Mistake**
 8.00 **Murder on CCTV** Police unravel a plot.
 9.00 Exploring the case of Hope Melton.
 10.00 **American Detective with Lt Joe Kenda**
 11.00 **Murder on CCTV**
 12.00 M'T **Forbidden: Dying for Love** Angel Garcia.
 1.00 AM **Betrayed**
 2.00 **Murder Comes to Town**
 3.00 to 4.00 AM **FBI Files**

+ 1 hour 249 170

True Crime

146 148 67 135

- 9.00 AM **Judge Judy**
 1.00 PM **Judge Judy**
 7.00 **Evidence of Evil**
 8.00 **See No Evil** DJ Ervin Holton is shot dead on his friend's porch.
 9.00 **Handsome Devils** Zack Bowen charms bartender Addie Hall during Hurricane Katrina in New Orleans.
 10.00 **Fatal Frontier: Evil in Alaska** **New edition** State troopers in a small community find the remains of a mother.
 11.00 **Shocking Crimes: Murder Book**
 12.00 M'T **Nightmare Next Door** Brittany Loritts.
 1.00 AM **Handsome Devils**
 2.00 **Fatal Frontier: Evil in Alaska** As 10.00pm.
 3.00 **Donal MacIntyre's Released to Kill**
 4.00 **Evidence of Evil**
 4.50 to 6.00 AM **Judge Judy**

+ 1 hour 246 348 136

True Crime Xtra

147 172 68 134

- 9.00 AM **Murder: Fight for the Truth** Double bill.
 11.00 **Medical Detectives**
 1.00 PM **Medical Detectives**
 2.00 **Crimes That Shook Australia** Double bill.
 4.00 **Medical Detectives** Vital clues are gleaned from the body of a 16-year-old girl.
 4.30 A train crash in Alabama in 1993.
 5.00 A Colorado hunter is shot three times, and analysis of the bullets leads the investigation to look very close to home.
 5.30 An inferno at King's Cross station.
 6.00 A community is rocked by the death of a well-respected nurse.
 6.30 A house fire turns out to be no accident.
 7.00 **Judge Judy** Real-life small-claims cases.
 12.05 AM **Judge Judy**
 4.45 to 6.00 AM **Medical Detectives**

+ 1 hour 222/223 321

Sky Crime

122/123 820 121 349 364

- 6.00 AM **Highway Patrol**
 7.00 **Border Security USA**
 8.00 **Brit Cops: Law & Disorder** Documentary.
 9.00 **Motorbike Cops**
 9.30 **Highway Cops**
 10.00 **Caught on Dashcam**
 11.00 **Catching the Killer**
 12.00 NOON **Murders That Shocked the Nation**
 1.00 PM **How I Caught the Killer** True-crime series.
 2.00 **Killer in My Village**
 3.00 **Most Evil Killers**
 5.00 **Killer in My Village**
 6.00 **Catching the Killer**
 7.00 **Most Evil Killers**
 9.00 **Mark of a Serial Killer**
 10.00 **New York Homicide**
 11.00 **World's Most Evil Killers**
 12.00 M'T **How I Caught the...**
 1.00 AM **Unexpected Killer**
 2.00 **Killer Siblings**
 3.00 **Britain's Most Evil Killers**
 4.00 **Road Wars**
 5.00 to 6.00 AM **Motorway Patrol**

+ 1 hour 222/223 321

PBS America

174 187 84 155

- 8.00 AM **Beautiful Serengeti**
 8.30 **Russia's Wars**
 9.40 **Henry VIII and the King's Men**
 10.40 **The War**
 11.50 **The Bob Hoover Project: Flying the Feathered Edge**
 1.00 PM **Armenian Genocide**
 2.05 **Russia's Wars**
 3.10 **Henry VIII and the King's Men**
 4.15 **The War**
 5.20 **The Bob Hoover Project: Flying the Feathered Edge**
 6.30 **Russia's Wars**
 7.35 **Henry VIII and the King's Men**
 8.35 **The War** Four American communities recall World War Two.
 9.45 **The Bob Hoover Project: Flying the Feathered Edge**
 10.55 **Military Masterminds**
 12.00 M'T **Henry VIII and the King's Men**
 12.55 to 2.00 AM **The War**

Sky Documentaries

121/122 819 188 352 367

- 6.00 AM **The Guest Wing**
 7.00 **Discovering Tommy Lee Jones**
 8.00 **The Directors** John Sturges.
 9.00 **The Seventies** Terrorism.
 10.00 **Branson** See 7.00pm.
 11.05 **Italia 90: Four Weeks That Changed the World**
 12.00 NOON **Music Box**
 2.00 PM **MoviePass, MovieCrash**
 4.00 **The Directors** John Sturges.
 5.00 **Discovering Tommy Lee Jones**
 6.00 **The Seventies** Terrorism.
 7.00 **Branson** 1/4. A profile of entrepreneur Richard Branson.
 8.05 **Italia 90: Four Weeks That Changed the World** 1/3. The story of the 1990 World Cup tournament in Italy.
 9.00 **The Two Escobars** How the fates of two Colombians were permanently linked.
 11.00 **The United Way** The story of Manchester United Football Club.
 12.50 AM **Michael X: Hustler, Revolutionary, Outlaw**
 2.50 **The Art of Political Murder**
 4.40 **My Icon: Rachel Yankey**
 5.00 to 6.00 AM **Discovering Tommy Lee Jones**

Crime+Investigation

156 837 133

- 6.00 AM **On the Case with Paula Zahn** A teacher is murdered.
 7.00 **Homicide Hunter**
 9.00 **Robbie Coltrane's Critical Evidence**
 10.00 **Imperfect Murder**
 11.00 I Met My Murderer Online
 11.30 **Motive to Murder**
 12.00 NOON **Real Murders of Atlanta**
 1.00 PM **Mastermind of Murder**
 2.00 **Accident, Suicide or Murder?**
 3.00 **Robbie Coltrane's Critical Evidence**
 4.00 **Nightmare in Suburbia**
 5.00 **Interrogation Raw**
 6.00 **The First 48**
 8.00 **Imperfect Murder** New edition
 9.00 **NEW SERIES** Gypsy Rose: Life After Lock Up
 10.15 **NEW SERIES** Prison Brides
 11.10 **Homicide Hunter**
 12.05 AM **Britain's Darkest Taboos**
 1.00 **Gypsy Rose: Life After Lock Up**
 2.15 **Prison Brides**
 3.10 **Accident, Suicide or Murder?**
 4.05 **The Real Murders of Atlanta**
 5.00 to 6.00 AM **Imperfect Murder**

+1 hour 256 333

Eden

166 176

- 9.00 AM **Secrets of the Transport Museum** Five editions.
 2.00 PM **Hornby: A Model World**
 3.00 **Secrets of the Transport Museum** Five editions.
 8.00 **Hornby: A Model World**
 9.00 **Secrets of the Transport Museum** A father and son team battle to get their vintage buses ready for the Brooklands bus show.
 10.00 **Volunteer Mark** visits bike building maestro Allen Millyard to choose two models for Brooklands Motorcycle day.
 11.00 **Bus-obsessed DJ Ed** Adoo gets the ultimate driving lesson in a double decker.
 12.00 M'T **Anthony Bourdain: Parts Unknown** From New Mexico.
 1.00 AM **Secrets of the Transport Museum** Documentary.
 2.00 **Hornby: A Model World**
 3.00 **Secrets of the Transport Museum** Triple bill.
 5.25 to 6.00 AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

Sky Nature

124/125 822 189 354 369

- 6.00 AM **Africa's Wild Horizons**
 7.00 **Monkey Life**
 8.00 **Hope for Wildlife**
 9.00 **Wild Castles** Heidelberg.
 10.00 **Undiscovered Vistas**
 11.00 **Into the Wild: India**
 12.00 NOON **Secrets of the Enchanted Forests**
 1.00 PM **Monkey Life**
 2.00 **Hope for Wildlife**
 3.00 **Wild Castles** Heidelberg.
 4.00 **Undiscovered Vistas**
 5.00 **Into the Wild: India**
 6.00 **Secrets of the Enchanted...**
 7.00 **Monkey Life** Double bill.
 8.00 **Predators** A community of polar bears struggle to survive.
 9.00 **Into the Wild: Colombia**
 10.00 **Secrets of the Enchanted Forests** Exploring the planet's most diverse woodlands.
 11.00 **Into the Wild: India**
 12.00 M'T **Big Cat Country**
 1.00 AM **Kingdom of the Tide**
 2.00 **Predators** As 8.00pm.
 3.00 **Into the Wild: Colombia**
 4.00 **Hope for Wildlife**
 5.00 to 6.00 AM **Wild Castles**

WILD

165 841 182

- 8.00 AM **Yukon Vet**
 9.00 **Animal Fight Club**
 10.00 **Frozen Kingdom of the Snow Leopard**
 11.00 **Animals Gone Wild**
 12.00 NOON **Fish Tank Kings**
 1.00 PM **Yukon Vet**
 2.00 **Secrets of the Whales**
 3.00 **Soul of the Ocean**
 4.00 **Secrets of the Zoo: North Carolina**
 5.00 **Wicked Tuna**
 6.00 **Snakes in the City**
 7.00 **Yukon Vet**
 8.00 **World's Deadliest** Exploring the deadliest groups of animals in the natural world.
 9.00 **Predator Bloodlines** A leopard learns to survive in the wild with no family.
 10.00 A pride of lions have to switch their choice of prey.
 11.00 **Snakes in the City**
 12.00 M'T **Lawless Island**
 1.00 AM **World's Deadliest**
 2.00 **Yukon Vet**
 3.00 **Secrets of the Zoo: North Carolina**
 4.00 to 5.00 AM **Yukon Vet**

ID

154 166

- 6.00 AM **Disappeared: Finding Andrea** Documentary.
 7.00 **Teleshopping**
 8.00 **Reasonable Doubt**
 9.00 **Betrayed**
 11.00 **Evil Stepmothers**
 1.00 PM **Murder Comes to Town**
 3.00 **The Perfect Murder**
 5.00 **Reasonable Doubt**
 6.00 **Evil Lives Here: Shadows of Death** Documentary.
 7.00 **Grave Secrets** Focusing on the case of Jamie Laiaddee.
 8.00 **Disappeared: Finding Andrea** A new and even more shocking theory emerges from those finally ready to speak.
 9.00 **Faking It: Tears of a Crime**
 10.00 **On the Case with Paula Zahn**
 11.00 **Gone in 90 Seconds: People Magazine Investigates**
 12.00 M'T **The Lake Erie Murders**
 2.00 AM **Disappeared: Finding Andrea** As shown at 8.00pm.
 3.00 **Reasonable Doubt**
 4.00 **Evil Lives Here: Shadows of...**
 5.00 to 6.00 AM **Grave Secrets**

+1 hour 254 366

Sky History 2

163/168 840 186

- 6.00 AM **Ancient Aliens**
 8.00 **Bermuda Triangle: Into Cursed Waters**
 9.00 **Traitors**
 10.05 **D-Day: The Light of Dawn**
 11.00 **Ancient Aliens**
 1.00 PM **Britain's Most Historic Towns** Restoration London.
 2.00 **Digging for Britain**
 3.00 **Monsterquest**
 5.00 **What on Earth?**
 6.00 **Mysteries from Above**
 7.00 **The Battle of Britain** The truth behind the 1940 air conflict.
 8.00 **Evil Genius with Russell Kane** Rachel Parris, Ria Lina and Rick Edwards join Russell to discuss Albert Einstein.
 9.00 **Great Escapes with Morgan Freeman** Jailbreakers Timothy Vail and Timothy Morgan.
 10.00 **8 Days That Made Rome**
 11.00 **Mythical Beasts**
 12.00 M'T **Ancient Aliens**
 2.00 AM **Digging for Britain**
 3.00 **Britain's Most Historic Towns**
 4.00 **National Park Mysteries**
 5.00 to 6.00 AM **The Battle of Britain**

Discovery History

177 181

- 6.00 AM **Expedition Unknown: Hunt for Extraterrestrials**
 7.00 **How the Universe Works**
 8.00 **Blowing Up History**
 9.00 **Combat Dealers**
 10.00 **Salvage Hunters: Restorers**
 11.00 **Find It, Fix It, Flog It**
 12.00 NOON **Combat Dealers**
 1.00 PM **How It's Made**
 2.00 **How the Universe Works**
 3.00 **Salvage Hunters: Restorers**
 4.00 **Mysteries at the Museum**
 5.00 **Blowing Up History**
 6.00 **Combat Dealers**
 7.00 **Expedition Unknown** Josh Gates hunts for bank robber John Dillinger's lost fortune.
 8.00 **Wings of War**
 9.00 **Combat Dealers**
 10.00 **Salvage Hunters: Restorers**
 11.00 **Find It, Fix It, Flog It**
 12.00 M'T **Expedition X**
 1.00 AM **How It's Made**
 2.00 **Salvage Hunters: Restorers**
 3.00 **Wings of War**
 4.00 to 5.00 AM **Find It, Fix It, Flog It**

+1 hour 277 381

Discovery Turbo

161/172 180

- 6.00 AM **Supertruckers**
 7.00 **Wheeler Dealers**
 8.00 **Goblin Works Garage**
 9.00 **Ant Anstead Master Mechanic**
 10.00 **Fifth Gear Recharged**
 11.00 **Salvage Hunters: Classic Cars**
 12.00 NOON **Shed and Buried**
 1.00 PM **Extreme Car Hoarders**
 2.00 **Wheeler Dealers**
 3.00 **Vintage Voltage**
 4.00 **Kevin Hart's Muscle Car Crew**
 5.00 **Wheeler Dealers**
 6.00 **Shed and Buried**
 7.00 **Salvage Hunters: Classic Cars**
 8.00 **Kevin Hart's Muscle Car Crew** The gang take a trip to Radford Racing School in Arizona.
 9.00 **Junkyard Empire** Tommy gives a helicopter a retro makeover.
 10.00 **Wheeler Dealers**
 11.00 **Salvage Hunters: Classic Cars**
 12.00 M'T **Kevin Hart's Muscle Car Crew** As shown at 8.00pm.
 1.00 AM **Iron Resurrection**
 2.00 **Fast N' Loud**
 3.00 **Wheeler Dealers**
 4.00 to 5.00 AM **Trans Am**

+1 hour 261/272

Sky Cinema Premiere

301 401 501 515

- 6.10 AM **Am I OK?** As 6.15pm.
 7.55 **The Cinema List: Revenge**
 8.10 **Boonie Bears: Guardian Code**
 9.55 **Ride On** Chinese drama. Subtitled. (2023, PG) ★★★
 12.10 PM **Meg 2: The Trench**
 2.20 **My Big Fat Greek Wedding 3** Romantic comedy sequel. (2023, 12, 92min) ★★
 4.05 **Blue Beetle** Sci-fi fantasy. (2023, 12, 127min) ★★★★★
 6.15 **Am I OK?** Romantic comedy drama. (2022, 15, 86min)



2.20 My Big Fat Greek Wedding 3

- 8.00 **Meg 2: The Trench** Action thriller sequel starring Jason Statham. When a mining operation unleashes a school of megalodon sharks, rescue expert Jonas Taylor attempts to save the day. With Cliff Curtis. (2023, 12, 115min) ★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.00 **The Royal Hotel** Thriller starring Julia Garner and Jessica Henwick. Two backpackers take a job in an Australian pub and are confronted by the unruly locals. With Hugo Weaving. (2023, 18, 91 min) ★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.35 **Cult Killer** Crime thriller. (2024, 15, 105min) ★★★
 1.25 AM **Bonus Track** Comedy. (2023, 12, 98min) ★★★
 3.10 **The Royal Hotel** As 10.00pm.
 4.45 **Sky Cinema Preview**
 5.10 to 6.50 AM **Boonie Bears: Guardian Code** Animated adventure. (2023, PG, 96min)

Sky Cinema Drama

310 410 510 524

- 7.20 AM **Beach Rats** As 4.00am.
 9.05 **It Is in Us** All Thriller. (2022, 15, 92min) ★★★★★
 10.45 **Oppenheimer** Epic biopic. (2023, 15, 180min) ★★★★★
 1.50 PM **Jackie** Biographical drama. (2016, 15, 100min) ★★★★★
 3.40 **Spotlight** Fact-based drama. (2015, 15, 129min) ★★★★★
 5.55 **The King's Speech** Drama. (2010, 12, 118min) ★★★★★
 8.00 **Jerry Maguire** Romantic comedy drama starring Tom Cruise as an idealistic sports agent who finds support from an adoring single mother and a pugnacious American football star. (1996, 15, 139min) ★★★★★
 10.25 **Safe Haven** Romantic thriller based on a novel by Nicholas Sparks, with Julianne Hough, Josh Duhamel and Cobie Smulders. (2013, 12, 113min) ★★★
 12.30 AM **A Love Song** Drama. (2022, PG, 81 min) ★★★
 2.00 **What Dreams May Come** Romantic fantasy drama. (1998, 15, 106min) ★★★
 4.00 **Beach Rats** Powerful drama. (2017, 15, 98min) ★★★
 5.45 to 7.30 AM **Lamborghini: The Man Behind the Legend** Drama. (2022, 12, 97min) ★★

Sky Cinema Hits

303 403 503 517

- 6.15 AM **Extinct** (2021, U) ★★★
 7.50 **A Shaun the Sheep Movie: Farmageddon** Animation. (2019, U, 86min) ★★★★★
 9.30 **Just Friends** (2005, 12) ★★
 11.15 **Miami Vice** As 10.10pm.
 1.35 PM **Robin Hood: Prince of Thieves** Fantasy adventure. (1991, PG, 138min) ★★
 4.10 **Cocaine Bear** Comedy thriller. (2023, 15, 95min) ★★
 5.55 **Being John Malkovich** Surreal comedy. (1999, 15) ★★★★★



8.00 Mad Max: Fury Road

- 8.00 **Mad Max: Fury Road** Sci-fi action thriller starring Tom Hardy and Charlize Theron. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's five brides. With Nicholas Hoult. (2015, 15, 120min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.10 **Miami Vice** Crime thriller based on the 1980s TV cop series, starring Colin Farrell, Jamie Foxx, Gong Li and Naomi Harris. (2006, 15, 133min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.25 AM **Retribution** Thriller starring Liam Neeson. (2023, 12, 91 min) ★★
 2.10 **Promising Young Woman** Crime thriller starring Carey Mulligan and Bo Burnham. (2020, 15, 113min) ★★★★★
 4.15 to 6.00 AM **Dragon Rider** Animated adventure. (2020, PG, 91 min) ★★★

Sky Cinema Sci-fi/Horror

311 411 511 525

- 7.00 AM **Don't Let Go** As 2.05am.
 8.50 **Anon** As shown at 12.20am.
 10.35 **Star Trek: First Contact** Sci-fi. (1996, 12, 110min) ★★★★★
 12.35 PM **Insidious: Chapter 3** Horror prequel. (2015, 15) ★★★★★
 2.20 **Godzilla** Hollywood remake of the Japanese monster movie. (1998, PG, 139min) ★★
 4.40 **Inception** Sci-fi action thriller. (2010, 12, 148min) ★★★★★
 7.20 **The Woman in Black** Supernatural chiller based on Susan Hill's ghost story, starring Daniel Radcliffe. A widowed young solicitor glimpses a mysterious veiled figure when he visits a gloomy mansion to settle a dead woman's estate. (2012, 12, 91 min) ★★★★★
 9.00 **The Purge: Anarchy** Horror sequel starring Frank Grillo. (2014, 15, 102min) ★★★★★
 10.45 **Mr. Vampire II** Comedy horror sequel. (1986, 12, 89min) ★★★★★
 12.20 AM **Anon** Sci-fi thriller. (2018, 15, 100min) ★★★★★
 2.05 **Don't Let Go** Mystery thriller. (2019, 15, 103min) ★★★★★
 3.50 **Train to Busan Presents: Peninsula** Thriller. (2020, 15) ★★
 5.50 to 7.35 AM **Frailty** Horror thriller. (2001, 15, 100min) ★★★★★

Sky Cinema Family

306 406 506 520

- 6.50** AM **Harriet the Spy** (1996)
8.40 **The SpongeBob SquarePants Movie** Animated adventure. (2004, U, 87min) ★★★★★
10.25 **Save the Cinema** As 9.35pm.
12.25 PM **Miss Potter** Biopic. (2006, PG, 93min) ★★★
2.05 **Twins** As 11.35pm.
4.00 **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★★
6.15 **The Flintstones** Comedy starring John Goodman. (1994, U, 93min) ★★★



9.35 **Save the Cinema**

- 7.55** **The Flintstones in Viva Rock Vegas** Comedy prequel starring Mark Addy, Stephen Baldwin and Kristen Johnston. (2000, PG, 91min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.35** **Save the Cinema** Comedy drama telling the true story of Liz Evans from Carmarthen, south-west Wales, who started a campaign in the 1990s to save the town's Lyric Cinema. Stars Samantha Morton. (2021, 12, 109min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.35** **Twins** Action comedy starring Arnold Schwarzenegger. (1988, PG, 107min) ★★★
1.30 AM **King Ralph** Family comedy. (1991, PG, 97min) ★
3.15 **The Little Rascals** Family comedy. (1994, U, 83min) ★★
4.45 to **6.35** AM **Harriet the Spy** Family adventure comedy. (1996, PG, 97min) ★★★★★

Sky Cinema Statham

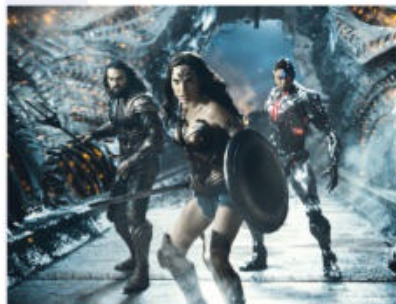
302 402 502 516

- 6.05** AM **Ghosts of Mars** As 6.10pm.
8.00 **The Cinema List: Threequals**
8.20 **The Beekeeper** As 4.10pm.
10.20 **Mean Machine** As 12.00m't.
12.15 PM **Safe** As shown at 10.15pm.
2.05 **Meg 2: The Trench** Thriller sequel. (2023, 12, 115min) ★★★★★
4.10 **The Beekeeper** Thriller. (2023, 15, 105min) ★★★★★
6.10 **Ghosts of Mars** Sci-fi thriller. (2001, 15, 97min) ★★★
8.00 **Fast & Furious 6** Action thriller sequel starring Vin Diesel, Paul Walker and Dwayne Johnson. The gang of carjackers come out of retirement to stop a criminal mastermind from constructing a superweapon. (2013, 12, 125min) ★★★
10.15 **Safe** Thriller starring Jason Statham. A suicidal ex-cop strives to save a 10-year-old Chinese maths prodigy from both the Russian Mafia and the Chinese Triads. (2012, 15, 90min) ★★★
12.00 M'T **Mean Machine** Sports drama starring Vinnie Jones. (2001, 15, 99min) ★★
1.45 AM **London** Drama with Chris Evans. (2005, 18, 90min) ★
3.30 **The Beekeeper** As 4.10pm.
5.30 to **6.30** AM **Sky Cinema Preview**

Sky Cinema Action

307 407 507 521

- 6.55** AM **Clean** Crime drama. (2021, 15, 94min) ★★
8.30 **Police Story 3: Supercop**
10.10 **The Scorpion King** Fantasy. (2002, 12, 91min) ★★★★★
11.50 **Justice League** As 10.20pm.
1.55 PM **Rampage** As 12.25am.
3.45 **Warcraft** Fantasy adventure starring Travis Fimmel. (2016, 12, 123min) ★★★★★
5.50 **Spider-Man 2** Fantasy sequel starring Tobey Maguire. (2004, PG, 127min) ★★★★★



10.20 **Justice League**

- 8.00** **Spider-Man 3** Fantasy sequel starring Tobey Maguire. A mysterious substance turns Spider-Man's suit jet-black and brings out a dark side to his personality. He must conquer his inner demons before he can defeat two new adversaries. (2007, 12, 139min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.20** **Justice League** Sci-fi adventure starring Ben Affleck, Gal Gadot, Henry Cavill and Amy Adams. (2017, 12, 120min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.25** AM **Rampage** Fantasy. (2018, 12, 107min) ★★★★★
2.15 **Agent Game** Spy thriller. (2022, 15, 90min) ★★★★★
3.55 **Police Story 3: Supercop** Action thriller sequel. Dubbed. (1992, 15, 91min) ★★
5.35 to **7.15** AM **Accident Man: Hitman's Holiday** Comedy sequel. (2022, 15, 96min) ★★

Sky Cinema 80s

304 404 504 518

- 6.25** AM **Jackie Chan's Police Story**
8.15 **Star Trek III: The Search for...**
10.15 **Escape from New York**
12.10 PM **Field of Dreams** Fantasy. (1989, PG, 106min) ★★★★★
2.10 **Jackie Chan's Police Story** Martial arts comedy. Dubbed. (1985, 15, 98min) ★★★★★
4.00 **Star Trek III: The Search for Spock** Sci-fi adventure sequel. (1984, PG, 105min) ★★
6.00 **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy. (1982, U, 114min) ★★★★★
8.00 **Back to the Future Part II** Comedy adventure sequel with Michael J Fox and Christopher Lloyd. Marty McFly is whisked into the future where he has to save his son from dire trouble. (1989, PG, 107min) ★★★★★
10.00 **Midnight Run** Comedy thriller. (1988, 18, 122min) ★★★★★
12.10 AM **Videodrome** Sci-fi thriller. (1982, 18, 88min) ★★★★★
1.50 **Escape from New York** Futuristic action-adventure. (1981, 15, 99min) ★★★★★
3.40 **Jackie Chan's Armour of God** Thriller. (1986, 15, 95min) ★★★★★
5.30 to **7.35** AM **Jackie Chan's Police Story 2** Thriller sequel. (1988, 15, 91min) ★★★★★

Sky Cinema Comedy

308 408 508 522

- 6.55** AM **The Nutty Professor**
8.40 **Nutty Professor II: The...**
10.35 **National Lampoon's Animal House** Campus comedy. (1978, 15, 109min) ★★★★★
12.35 PM **HouseSitter** Comedy. (1992, PG, 102min) ★★★★★
2.25 **Scott Pilgrim vs. the World** Comedy. (2010, 12) ★★★★★
4.20 **Barbie** Fantasy comedy. (2023, 12, 114min) ★★★★★
6.20 **Strays** Canine comedy. (2023, 15, 93min) ★★★★★



6.20 **Strays**

- 8.00** **Bean** Big-screen spin-off from the TV comedy starring Rowan Atkinson. Disaster-prone Mr Bean creates havoc when he accompanies a valuable painting to America. (1997, PG, 90min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.40** **Death Becomes Her** Fantasy comedy starring Meryl Streep, Goldie Hawn and Bruce Willis. Two women's rivalry takes a deadly turn after they discover a magic potion. (1992, PG, 103min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.30** **Nutty Professor II: The Klumps** Comedy sequel. (2000, 12, 105min) ★★★★★
1.25 AM **Father of the Bride** Romantic comedy remake. (2022, 12, 117min) ★★★★★
3.30 **Everybody Wants Some!!** Comedy. (2016, 15) ★★★★★
5.35 to **7.15** AM **The Nutty Professor** Comedy remake. (1996, 12, 95min) ★★★★★

Sky Cinema Animation

305 412 500 514

- 6.25** AM **Monster Family** As 5.45pm.
8.05 **Monster Family 2** As 7.25pm.
9.55 **Two by Two** Animated adventure. (2015, U, 85min) ★★
11.30 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
1.00 PM **Shaun the Sheep Movie** Animation. (2015, U) ★★★★★
2.30 **The Wild Thornberrys Movie** Animated family adventure. (2002, U, 85min) ★★★★★
4.00 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
5.45 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
7.25 **Monster Family 2** Animated sequel. (2021, U, 90min) ★
9.15 **Fireheart** Animated adventure featuring the voices of Olivia Cooke and Kenneth Branagh. (2022, U, 92min) ★★★★★
10.55 **Maya the Bee** Animated adventure. (2014, U, 86min) ★★
12.30 AM **The Snow Queen** Animated fantasy. (2013, U, 74min) ★★
1.50 **Free Birds** Animated comedy adventure. (2013, U, 91min) ★★
3.25 **Even Mice Belong in Heaven** Animated family comedy. (2021, PG, 80min) ★★★★★
4.55 to **6.30** AM **Red Shoes and the Seven Dwarfs** Animation. (2019, PG, 92min) ★★★★★

Sky Cinema Thriller

309 409 509 523

- 6.00** AM **The Independent** (2022)
8.00 **Dual** As shown at 2.40am.
9.50 **Haywire** Action thriller. (2012, 15, 88min) ★★★★★
11.35 **Hounded** Horror thriller. (2022, 15, 94min) ★★★★★
1.25 PM **Blackhat** As 12.25am.
3.50 **Hanna** Action thriller starring Saoirse Ronan and Eric Bana. (2011, 12, 106min) ★★★★★
5.50 **Now You See Me** Heist thriller starring Jesse Eisenberg. (2013, 12, 115min) ★★★★★



10.20 **Manhunter**

- 8.00** **Vanilla Sky** Romantic fantasy drama, a remake of the Spanish film *Open Your Eyes*, starring Tom Cruise and Penélope Cruz. A wealthy young man's charmed life takes a bizarre turn after he meets the girl of his dreams. With Cameron Diaz and Kurt Russell. (2001, 15, 136min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.20** **Manhunter** Thriller based on the novel *Red Dragon* by Thomas Harris, starring Brian Cox and William L Petersen. An ex-FBI agent comes out of retirement to catch a serial killer. (1986, 18, 118min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.25** AM **Blackhat** Crime drama. (2015, 15, 128min) ★★★★★
2.40 **Dual** Thriller with Karen Gillan. (2022, 15, 94min) ★★★★★
4.25 to **6.25** AM **The Independent** Drama. (2022, 12, 108min) ★★★★★

Movies 24

312 419

- 7.00** AM **Listen Out for Love** Romantic comedy drama. (2022, PG, 88min) ★★
9.00 **A Missed Connection** Romantic drama. (2023, PG, 90min) ★★
11.00 **Sand Dollar Cove** Romantic drama. (2021, PG, 84min) ★★
1.00 PM **Heart of the Manor** Comedy. (2021, PG, 85min) ★★
3.00 **Love Afloat** Romantic drama. (2022, PG, 90min) ★★
5.00 **Pumpkin Everything** Romantic comedy drama starring Taylor Cole. (2022, PG, 84min) ★★
7.00 **The Beauty of Love** Romance starring Katerina Eichenberger. (2021, PG, 90min) ★★
9.00 **Aurora Teagarden Mysteries: Til Death Do Us Part** Crime drama starring Candace Cameron Bure and Niall Matter. Just days before Aurora's wedding, a body is discovered and her father may be a suspect. (2021, PG, 85min) ★★
11.00 **Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
1.00 AM **Sugar Plum Twist** Festive drama. (2021, PG, 90min) ★★
3.00 to **5.00** AM **Marrying Mr Darcy** Drama. (2018, PG, 86min) ★★

Movies 24+ 315 420

Film4

313 855 428 14 300

- **Films start at 11.00am**
11.00 AM **Went the Day Well?** World War Two thriller. (1942, b/w, PG, 92min) ★★★★★
12.50 PM **Footsteps in the Fog** Thriller with Stewart Granger. (1955, PG, 90min) ★★★★★
2.35 **Pool of London** Police thriller. (1950, b/w, PG, 90min) ★★
4.20 **Von Ryan's Express** Drama. (1965, PG, 117min) ★★★★★
6.45 **Charlie's Angels** Comedy thriller. (2019, 12, 118min) ★★



9.00 **Infinite**

- Charlie's Angels** (film started at 6.45pm)
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00** **Infinite** Sci-fi thriller starring Mark Wahlberg and Chiwetel Ejiofor. A man experiencing memories of his past lives is recruited for a mission to save the human race. (2021, 12, 106min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.05** **The Grey** Survival thriller starring Liam Neeson. A sharpshooter attempts to lead plane-crash survivors to safety in the Alaskan wilderness but wolves pick them off one by one. (2012, 15, 117min) ★★★★★
1.20 to **3.25** AM **Upgrade** Horror thriller with Logan Marshall-Green and Melanie Vallejo. (2018, 15, 100min) ★★★★★

+ 1 hour 314 430 47 301

Talking Pictures

328 445 82 306

- 6.00** AM **Stagecoach West** (S1)
7.00 **Piccadilly Third Stop** Thriller. (1960, b/w, PG, 90min) ★★
8.45 **Look at Life**
8.55 **Walk East on Beacon!** Spy drama. (1952, b/w, U, 98min) ★★
10.50 **What's On TPTV with Noel**
11.00 **Time to Remember**
11.35 **The Outer Limits** 24/32. (S1)
12.40 PM **Yellow Sky** Western. (1948, b/w, PG, 98min) ★★★★★
2.35 **A Chance to Learn**
3.00 **The Saint** 27/27. (S2)
4.00 **Man on the Run** Thriller. (1949, b/w, PG, 82min) ★★
5.40 **Out of the Fog** Crime drama. (1962, b/w, PG, 69min) ★★
7.00 **The Footage Detectives**
8.00 **Enemy at the Door** 6/13. (S1)
9.05 **The Wild Affair** Comedy with Nancy Kwan and Terry-Thomas. (1965, b/w, PG, 87min) ★★
10.55 **Harold Shipman: Doctor Death** Drama about the mass-murderer, starring James Bolam.
12.50 AM **Flight from Vienna** Drama starring John Bentley. (1956, b/w, U, 57min) ★★
2.00 **Maigret** 2/2. (S8)
3.50 **Look at Life**
4.00 **Justice** 4/13. (S3)
5.00 **The Lloyd Bridges Show**
5.30 to **6.00** AM **Honey West**

Sky Sports Main Event

401 511 501 419 439

- 6.00 AM Sky Sports News
7.00 Good Morning Euros
10.00 **LIVE WTA & ATP Tennis**
Coverage of day one of the Libema Open, the WTA and ATP grass court event held at Autotron Rosmalen in s-Hertogenbosch, the Netherlands, featuring first-round matches. Eventual men's champion Tallon Griekspoor overcame Mikael Ymer in three sets at this stage last year, and women's title-winner Ekaterina Alexandrova received a bye due to being one of the top four seeds.
- 3.00 PM **LIVE ICC Men's T20 World Cup South Africa v Bangladesh.** Coverage of the Group D match from Nassau County International Cricket Stadium in New York. These teams met in the Super 12 stage of the 2022 tournament, with South Africa claiming a 104-run victory, but neither side were able to qualify for the semi-finals. However, the Proteas in particular will have high hopes of a strong showing this time around.
- 7.30 SSN Euro Report The latest news.
11.00 to 6.00 AM Sky Sports News

TNT Sports 1

410 870 527 408 430

- 6.00 AM **LIVE AFL Collingwood Magpies v Melbourne Demons.** Coverage of the match from Melbourne Cricket Ground. Bounce-up 6.20am.
- 9.00 Premiership Rugby Union
10.30 UEFA Europa League & Conference League Magazine
12.30 PM UEFA Champions League Magazine Season review.
- 1.30 UEFA Champions League – Classics Archive action.
3.30 PSA Squash British Open.
4.30 AFL Collingwood Magpies v Melbourne Demons.
- 6.30 **LIVE Ultimate Pool** Coverage from Group 2 of the Pairs Cup, which takes place at the Players Pool & Snooker Lounge in Newcastle-under-Lyme.
- 9.30 UEFA Champions League Magazine Season review.
10.30 Premier League Stories
11.00 WWE Raw Highlights
12.00 M'T WWE SmackDown Highlights Wrestling action.
- 1.00 AM **LIVE WWE Monday Night Raw** Wrestling coverage.
4.15 Ariel Helwani Meets
5.15 What Went Down
5.45 to 6.00 AM What I Wore

TNT Sports 4

421 876 530 411 434

- 6.00 AM MotoGP Highlights
7.00 MotoE Highlights
7.30 Training Day
8.00 WSL Championship Tour
9.00 WNBA Highlights of Connecticut Sun v New York Liberty.
- 10.00 MLB Classic Archive action.
11.00 MLB Recent highlights.
5.00 PM NBA All the action from game two of the NBA Finals.
- 6.30 NBA on Fire The latest news.
7.00 MLB Recent highlights.
11.00 NBA Game two of the NBA finals.
12.30 AM NBA Action
- 1.00 WNBA Highlights of Connecticut Sun v New York Liberty.
2.00 Between the Lines
2.30 UEFA Documentaries
3.00 UEFA Champions League – Stories of the Finals
4.00 UEFA Documentaries
4.30 Formula E Unplugged
5.00 Formula E Flashback
5.30 to 6.00 AM TNT Sports Cricket Reload

Sky Sports Premier League

402 512 502 420 440

- 6.00 AM PL Greatest Games
7.00 Good Morning Euros
10.00 Premier League Years
12.00 NOON Gary Neville's Soccerbox Double bill.
- 1.00 PM Premier League Best Goals Memorable strikes.
2.00 Premier League Highlights
5.00 Good Morning Transfers
7.00 Premier League Icons A profile of former Chelsea star Eden Hazard.
- 7.30 Premier League 100: Peter Schmeichel A look at the career of the former goalkeeper.
8.00 SSN Euro Report The latest news from Euro 2024 as the tournament group stage begins this Friday in Munich, Germany.
- 11.00 Class of '92: Full Time It's all change at Salford City as Nicky Butt succeeds Gary Neville as CEO. Can the former midfielder guide the club out of League Two?
12.00 M'T PL Retro Manchester rivals United and City meet at Old Trafford in the 2010/11 season.
- 2.00 AM Premier League Years
4.00 Premier League Best Goals
5.00 Premier League 100 Club
5.30 to 6.00 AM Premier League Legends

TNT Sports 2

411 871 528 409 431

- 6.00 AM Premiership Women's Rugby Action from the semi-finals.
8.00 Story of the Champions Cup
9.00 Hockey India v Germany in the women's FIH Pro League.
10.00 Germany v Australia in the women's FIH Pro League.
12.00 NOON India v Germany in the men's FIH Pro League.
1.00 PM Australia v Germany in the men's FIH Pro League.
- 3.00 Story of the Champions Cup A review of the 2023/24 season.
4.00 Premier League Reload A look back at the 2023/24 season.
- 9.00 Fishing: On the Bank Angling magazine show presented by Rob Hughes and Andy Ford.
10.00 Premiership Women's Rugby Action from the semi-finals.
- 12.00 M'T Story of the Champions Cup The 2023/24 season.
- 1.00 AM **LIVE MLB Milwaukee Brewers v Toronto Blue Jays.** Coverage of the inter-league match from American Family Field. Start-time 1.10am.
- 4.15 MLB Plays of the Week
4.45 NBA on Fire The latest news.
5.15 TNT Sports Goals Reload
5.30 to 6.00 AM Around the Block

Eurosport 1

413 868 521 412 435

- 6.00 AM Cycling: Criterium du Dauphine The eighth stage.
7.00 Cycling: Tour of Switzerland
8.00 Roland-Garros French Open.
10.00 Mountain Biking World Cup.
12.00 NOON Cycling: Criterium du Dauphine The eighth stage.
- 1.00 PM Roland-Garros French Open.
4.00 Bennetts British Superbikes
5.00 Mountain Biking The World Cup meeting in Leogang, Austria.
- 7.00 Cycling: Tour of Switzerland
8.00 Triathlon PTO Tour Action from round three in San Francisco.
- 8.55 Ultra Trail: World Tour
10.05 Roland-Garros French Open.
11.00 Cycling: Tour of Switzerland
12.00 M'T Motocross World Championship Highlights of the MX2 races in Kegums, Latvia.
- 2.00 AM BMX Racing World Cup
3.00 Cycling: Tour of Switzerland
4.00 British Superbikes
5.00 to 6.00 AM British Superbikes Extra

Sky Sports Football

403 513 503 421 441

- 6.00 AM EFL Cup Retro
8.45 EFL Greatest Games
10.00 Championship Retro West Ham United v Blackpool from 2011/12.
- 12.00 NOON EFL Greatest Games
1.00 PM Championship Season Review The 2016/17 season.
- 2.00 EFL Trophy Football Bolton Wanderers v Plymouth Argyle.
2.30 EFL Rivalries East Midlands.
3.00 EFL Cup Retro Manchester City v Liverpool from 2016.
- 5.45 EFL Greatest Games
7.00 Championship Season Review A look at the 2017/18 season.
- 8.00 EFL A round-up of the best goals from the 2017/18 season.
8.30 EFL Rivalries East Anglia.
9.00 EFL Cup Retro Chelsea v Manchester City in the 2019 final.
- 11.45 EFL Greatest Games
1.00 AM Championship Season Review The 2022/23 season.
2.00 Best Goals: EFL Cup 2022/23
2.30 EFL Trophy Football
3.00 There's Only One Sauzee
3.30 SPFL Memorable goals.
5.00 Best Scottish Premiership Goals 2021/22 Classic strikes.
5.30 to 6.00 AM EFL Greatest Games

TNT Sports 3

417 874 529 410 432

- 6.00 AM Spanish Women's Liga F Barcelona v Real Madrid.
7.00 Tenerife v Barcelona.
8.00 Barcelona v Las Palmas.
9.00 Barcelona v Levante.
10.00 The match between Barcelona and Atletico Madrid.
11.00 Real Madrid v Barcelona.
12.00 NOON Levante v Barcelona.
- 1.00 PM Premiership Women's Rugby Action from the semi-finals.
3.00 Story of the Champions Cup A look back at the 23/24 season.
- 4.00 Euro Rallycross Championship Action from Normandy, France.
5.00 Badminton Action from the Indonesia Open finals.
- 7.00 Hockey Great Britain v Australia in the women's FIH Pro League.
8.00 India v Great Britain in the women's FIH Pro League.
9.00 Great Britain v Australia in the men's FIH Pro League.
10.00 Great Britain v India in the men's FIH Pro League.
- 11.00 UFC The bout between Jared Cannonier and Nassourdine Imavov.
2.00 AM UFC Reloaded
4.30 UFC Fight Flashback
5.00 to 6.00 AM Down the Clubhouse

Eurosport 2

414 869 522 413 436

- 6.00 AM British Superbikes
7.00 British Superbikes Extra
8.00 Cycling: Criterium du Dauphine
9.00 Cycling: Tour of Switzerland
10.00 Roland-Garros French Open.
11.00 Motocross World Championship
- 3.00 PM Cycling: Criterium du Dauphine The eighth stage.
4.00 Cycling: Giro d'Italia
5.00 Roland-Garros French Open.
8.00 Motocross World Championship
- 10.00 FIA World Endurance Championship A look back at the 2023 24 Hours of Le Mans.
11.00 The Qatar 1,812km race.
- 12.00 M'T Roland-Garros
1.00 AM Hall of Fame – Barcelona 1992 A review of the 1992 Summer Olympics in Barcelona.
- 2.00 British Speedway
3.00 FIA World Endurance Championship 6 Hours of Imola.
4.00 Mountain Biking
5.00 to 6.00 AM Cycling: Tour of Switzerland

Sky Sports Cricket

404 514 504 422 442

- 6.00 AM ICC Men's T20 World Cup The latest tournament highlights.
10.00 ICC Men's T20 World Cup Another chance to see Oman v Scotland from Sir Vivian Richards Stadium in North Sound, Antigua.
- 2.10 PM Best of ICC WT20
2.30 ICC Men's T20 World Cup
3.00 **LIVE ICC Men's T20 World Cup South Africa v Bangladesh.** Coverage of the Group D match from Nassau County International Cricket Stadium in New York. These teams met in the Super 12 stage of the 2022 tournament, with South Africa claiming a 104-run victory, but neither side were able to qualify for the semi-finals. However, the Proteas in particular will have high hopes of a strong showing this time around.
- 7.30 ICC Men's T20 World Cup Highlights of Oman v Scotland.
8.00 Action from India v Pakistan.
9.00 Australia v England.
10.00 Oman v Scotland.
10.30 South Africa v Bangladesh.
11.00 Australia v England.
- 12.00 M'T to 6.00 AM ICC Men's T20 World Cup

Sky Sports Action

408 517 507 426 446

- 6.00 AM NFL Highlights
8.00 Fight Night International
9.00 Fight Night Wardley v Clarke.
10.00 NFL Highlights
12.00 NOON Fight Night
- 2.00 PM NFL Highlights
4.00 Super Bowl LVIII Highlights Action from San Francisco 49ers v Kansas City Chiefs.
- 5.00 The Darts Show
5.30 Super Bowl LVIII Bitesize Brief highlights of San Francisco 49ers v Kansas City Chiefs.
- 5.45 NFL Bitesize Highlights
6.00 NBC's Pro-Football Talk
8.00 NFL Highlights Action from Tampa Bay Buccaneers v Philadelphia Eagles in the sixth wild card play-off match.
- 9.00 NFL Bitesize Highlights
10.00 Fight Night International The bout for the IBF World Lightweight title between Vasiliy Lomachenko and George Kambos Jr.
- 11.00 NFL Highlights
12.00 M'T The Insiders
1.00 AM NFL Highlights
2.00 Fight Night International
3.00 NBC's Pro-Football Talk
5.00 to 6.00 AM Fight Night International

Sky Sports Arena

412 518 508 427 447

- 6.00 AM Super League A chance to see Huddersfield Giants v Hull FC.
8.05 Another chance to see St Helens v Catalans Dragons.
10.50 A chance to see Warrington Wolves v Wigan Warriors.
- 1.35 PM Super League Leeds Rhinos v Castleford Tigers.
3.40 Another chance to see Hull Kingston Rovers v Leigh.
- 5.45 My Icon Leon Pryce.
5.55 Super League Salford Red Devils v London Broncos.
- 8.00 Fight Night International Naoya Inoue v Luis Nery.
9.00 Zayas v Teixeira.
- 10.00 Super League Highlights
10.15 Women's Super League
10.30 Super League Highlights
11.00 Fight Night International
12.00 M'T Super League
- 4.10 AM Super League Gold
4.15 Super League Highlights
5.45 to 6.00 AM Super League Highlights

Sky Sports Golf

405 515 505 423 443

- 6.00 AM US Open Official Films
7.00 DP World Tour Golf
12.00 NOON PGA Tour Golf
5.30 PM European Challenge Tour Golf The Czech Challenge.
- 6.00 Fitzpatrick: The Boss of Brookline Documentary chronicling the career of Matt Fitzpatrick, who won his first Major in 2022 at the US Open.
- 7.00 PGA Tour Golf Another chance to see the Memorial Tournament.
8.00 US Open Official Films A look back at the 2022 tournament, which took place at The Los Angeles Country Club, California.
- 9.00 PGA Tour Golf Another chance to see the Memorial Tournament.
10.00 DP World Tour Golf Day four of the Scandinavian Mixed.
- 11.00 PGA Tour Golf
12.00 M'T DP World Tour Golf
1.00 AM Golf Academy Tips.
2.00 to 6.00 AM US Open Official Films

Sky Sports Tennis

407 537 520 425 445

- 6.00 AM Tennis Morocco Open.
7.00 Geneva Open.
8.00 Internationaux de Strasbourg.
9.00 The final of the Open Parc.
- 10.00 **LIVE WTA & ATP Tennis** Day one of the Libema Open, the WTA and ATP grass court event held at Autotron Rosmalen in s-Hertogenbosch, the Netherlands, featuring first-round matches.
- 6.00 PM Tennis Geneva Open.
8.00 Morocco Open.
9.00 The Libema Open.
- 1.00 AM Tennis Mexican Open.
2.00 US Open Classic Matches
3.00 to 6.00 AM Tennis

Sky Sports Mix

416 873 510 429 449

- 6.00 AM NFL Highlights
8.00 ICC Men's T20 World Cup
9.30 Best of ICC WT20
10.00 ICC Men's T20 World Cup
2.10 PM Best of ICC WT20
2.30 ICC Men's T20 World Cup
3.00 Formula 1 Canadian Grand Prix.
4.00 Super Bowl LVIII Highlights Action from San Francisco 49ers v Kansas City Chiefs.
- 5.00 NFL Highlights Action from San Francisco 49ers v Detroit Lions.
6.00 LPGA Tour Golf Action from day three of the ShopRite Classic.
- 7.00 PGA Tour Golf
8.00 Tennis Action from the final of the Morocco Open, the WTA 250 clay-court tournament at Club des Cheminots in Rabat.
- 10.00 Formula 1 Highlights of the Canadian Grand Prix at the Circuit Gilles-Villeneuve in Montreal.
11.00 ICC Men's T20 World Cup
12.00 M'T to 6.00 AM ICC Men's T20 World Cup

Sky Sports F1

406 516 506 424 444

- 6.00 AM Formula 1 From Canada.
10.30 F1 Features
11.00 Formula 1 Canadian Grand Prix.
12.25 PM Daniel Ricciardo's F1 Quiz
12.30 Formula 1 Canadian Grand Prix.
- 1.55 F1 Feature
2.00 The F1 Show Highlights.
3.00 Formula 1 Canadian Grand Prix.
6.15 Ted's Notebook
6.45 F1 Features
7.00 Formula 1 Canadian Grand Prix.
9.15 F1 Features
10.00 Formula 1 Canadian Grand Prix.
11.00 Ted's Notebook
11.30 Indy NXT The sixth round.
12.40 AM F1 Features
1.00 to 6.00 AM The Home of F1

Reality



The Great British Sewing Bee

BBC1, 9pm

This week's challenge sees the sewers tackle the current trend of fast fashion.

Docudrama



The Fall: Skydive Murder Plot

C4, 9pm (box set, Channel 4)

The horrific story of how a man plotted to kill his wife by sabotaging her parachute.

Documentary



Copa '71: The Lost Lionesses

BBC4, 10pm

The story of the unofficial 1971 Women's World Cup, that took place in Mexico.

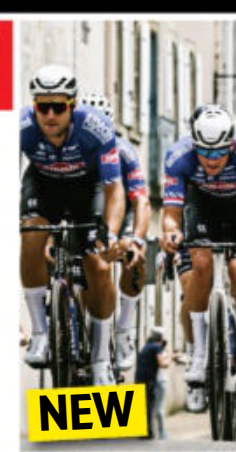
OnDemand



Tour de France: Unchained

Available now

Return of the docuseries, going behind the scenes of the 2023 Tour de France.



SKY EVENING TIME 7.00 PM 7.30 PM 8.00 PM 8.30 PM 9.00 PM 9.30 PM 10.00 PM 10.30 PM

FAVOURITES

101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Sort Your Life Out with Stacey... †	9.00 The Great British Sewing Bee	10.00 News; Local News
102 BBC2	7.00 Nile: Earth's Great Rivers	8.00 Springwatch	9.00 On Thin Ice: Putin vs Greenpeace	10.00 Meet the...	10.30 Newsnight
103 ITV1	◀ 6.30 News	7.30 Emmerdale	8.00 The Martin Lewis Money Show...	9.00 Long Lost Family: Born Without Trace	10.00 News; Local News
104 CHANNEL 4	7.00 News	8.00 Bake Off: The Professionals	9.00 The Fall: Skydive Murder Plot	10.00 Queenie	
105 CHANNEL 5	7.00 The Motorway Hotel	8.00 The Yorkshire Vet	9.00 Police Raid: Minute by Minute	10.00 My Mother, My Abuser	
106 SKY SHOWCASE	7.00 The Simpsons	8.00 Rob & Romesh vs Golf	9.00 A League of Their Own: Mexican Road...	10.00 The Walking Dead: The Ones Who Live	

ENTERTAINMENT

115 BBC3	7.00 The Fast and...	7.30 Shark Tank	9.00 Film: The Others	10.40 Fresh...
116 BBC4	7.00 Great British...	7.30 Villages by the...	8.00 One Foot in...	8.30 Butterflies
118 ITV2	7.00 Deal or No Deal	8.00 Bob's Burgers	9.00 Rik Mayall: Lord of Misrule	10.00 Storyville: Copa '71: The Lost Lionesses
136 MORE4	◀ 6.55 Car S.O.S.	7.55 Grand Designs	9.00 Love Island	10.05 Extraordinary
135 E4	7.00 Hollyoaks	7.30 Come Dine...	9.00 PopMaster TV	10.40 Family...
107 SKY WITNESS	7.00 Nothing to Declare	8.00 Dance Moms	9.00 Gogglebox	10.00 Sounds Like the 80s
108 SKY ATLANTIC	◀ 6.45 Billions	7.50 Game of Thrones	9.00 The Equalizer	10.00 Naked Attraction
110 GOLD	◀ 6.40 Dad's Army	8.00 Blue Bloods	9.00 The Tattooist of Auschwitz	10.00 FBI: Most Wanted
111 DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games	9.00 The Making of The Tattooist of...	10.10 The Making of The Tattooist of...
119 ITV3	◀ 6.55 Heartbeat	8.00 Still Open All Hours	8.40 The Thin Blue Line	9.20 dinnerladies
120 ITV4	7.00 The Chase Celebrity Special	8.00 Midsomer Murders	10.00 The Royle Family	10.35 Harry...
112 COMEDY CENTRAL	7.00 Friends	8.00 Film: Hulk	9.00 QI XL	10.00 Have I Got a Bit More News for You
139 SKY SCI-FI	7.00 Star Trek: The Next Generation	8.00 Atlantis	9.00 Film: Scream 4	10.00 Wire in the Blood
113 SKY MAX	7.00 Stargate SG-1	8.00 Rob & Romesh vs Golf	9.00 Fantasy Island	
109 ALIBI	7.00 Elementary	8.00 Death in Paradise	9.00 A League of Their Own: Mexican...	10.00 The Walking Dead: The Ones Who Live
130 SKY ARTS	7.00 Grand Ole Opry	8.00 The Art of the Garden	9.00 Shakespeare & Hathaway	10.00 My Life Is Murder
132 W	7.00 Tipping Point: Lucky Stars	8.00 DIY SOS: The Big Build	9.00 Leonardo da Vinci: The Universal Man	10.15 Film: Gonzo: The Life And...

DOCUMENTARY

125 DISCOVERY	7.00 Bitchin' Rides	8.00 Supertruckers	9.00 Gold Rush: Parker's Trail	10.00 Gold Divers
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees	8.00 The Zoo		10.00 Alaska Monsters
129 NAT GEO	7.00 Air Crash Investigation	8.00 Hitler: The Lost Tapes of the Third Reich	9.00 Gallipoli's Deep Secrets	10.00 Erased: WWII Heroes of Colour
123 SKY HISTORY	7.00 Forged in Fire	8.00 What on Earth?	9.00 Hitler's Handmaidens	
155 YESTERDAY	7.00 Canal Boat Diaries	8.00 Bangers & Cash	9.00 Bangers & Cash: Restoring Classics	10.00 Bangers & Cash
121 SKY DOCS	7.00 Branson	8.05 Italia 90: Four Weeks That...	9.00 Film: Bobby	

FILMS - Sky Cinema

301 PREMIERE	◀ 6.15 Am I OK?	8.00 Meg 2: The Trench	10.00 The Exorcist: Believer
302 STATHAM	◀ 6.00 Meg 2: The Trench	8.00 Fast & Furious 7	10.20 London
303 HITS	◀ 5.45 Fast & Furious 5	8.00 Snow White and the Huntsman	10.20 Hellboy II: The Golden...
304 80S	◀ 6.00 Back to the Future Part II	8.00 The Untouchables	10.00 Videodrome
305 ANIMATION	7.10 Kung Fu Panda 3	8.55 Mummies	10.30 Maya the Bee
306 FAMILY	◀ 6.10 Johnny English Reborn	8.00 The Flash	10.30 The Karate Kid...
307 ACTION	◀ 5.30 Spider-Man 3	8.00 Shazam! Fury of the Gods	10.15 Knights of the Zodiac
308 COMEDY	◀ 6.10 Asteroid City	8.00 Parenthood	10.15 Click
309 THRILLER	◀ 5.30 The Da Vinci Code	8.00 The Commuter	9.50 Breaking
310 DRAMA	◀ 5.55 The Colour Room	8.00 The Fabelmans	10.40 Allied
311 SCI-FI	◀ 6.50 The Matrix Revolutions	9.00 Looper	
313 FILM4	◀ 6.35 The Eagle	9.00 Monster Hunter	

SPORT

401 MAIN EVENT	7.00 Vitality T20 Blast Cricket - Live: Middlesex v Somerset	10.00 SSN Euro Report
402 PREMIER LEAGUE	7.00 PL Icons	7.30 PL 100 Club
403 FOOTBALL	7.00 Championship Season Review	8.00 SSN Euro Report
404 CRICKET	7.00 Vitality T20 Blast Cricket - Live: Middlesex v Somerset	8.00 EFL Cup...
410 TNT SPORTS 1	◀ 5.45 Hockey - Live	7.45 T100 Triathlon World Tour
411 TNT SPORTS 2	7.00 Badminton	9.00 Championship Retro
		9.00 WWE Monday Night Raw
		9.00 Hockey



BBC1

101 101 1 101 101

- 6.00** AM Breakfast (S)
9.30 Morning Live **New edition** (S)
10.45 Scam Interceptors **New edition**
 The team try to save a woman. (S)
11.15 Homes Under the Hammer
New edition Properties in south
 east London and Staffordshire. (S)
12.15 PM Bargain Hunt (S)(R)(AD)
1.00 BBC News (S)
1.35 Local News (S)
1.45 BBC News (S)
2.00 Rip Off Britain (S)(R)
2.30 Animal Park (S)(R)(AD)
3.00 Escape to the Country (S)(R)(AD)
3.45 Garden Rescue An overgrown
 garden in Southampton. (S)(R)
4.30 The Finish Line **New edition** (S)
5.15 Pointless Quiz show. (S)(R)
6.00 BBC News (S)
6.30 Local News (S)
6.55 Party Election Broadcast (S)



9.00 The Great British Sewing Bee

- 7.00** The One Show
 Lauren Laverne and Jermaine
 Jenas host the topical show. (S)
7.30 EastEnders
 Bianca gives Reiss an ultimatum,
 while Johnny and Sharon try
 to sober Linda up, booking her
 into an AA meeting. (S)(AD)

- 8.00** Sort Your Life Out
 with Stacey Solomon
 Stacey helps the Daniels family
 get rid of unnecessary clutter,
 including 905 items of baby
 clothing and 492 DVDs. (S)(R)

- 9.00** The Great British Sewing Bee
New edition 4/10. In Reduce
 Reuse Recycle week, the
 sewers make quilted bags
 using fabric scraps, a new
 item of clothing out of textile
 waste and a party outfit from
 discarded wedding dresses. (S)

- 10.00** BBC News (S)
10.30 Local News (S)
10.40 Panorama
New edition In-depth current
 affairs report covering a story
 behind the headlines. (S)

- 11.10** Tokyo Vice **New episode**
 Consequences: 9/10. As Jake
 and Katagiri get closer to the
 truth behind Tozawa's activity, they
 put themselves and the people
 they love in danger. (S)(AD)
12.00 M/T **Series finale** Endgame:
 10/10. Jake and Katagiri ask for
 help from some unlikely sources,
 and Samantha needs to turn her
 situation to her advantage. (S2) (S)
1.05 AM Weather for the Week Ahead
1.10 to **6.00** AM BBC News (S)

BBC2

102 102 2 102 102

- 6.45** AM Bargain Hunt (S)(R)
7.30 Clive Myrie's Caribbean
 Adventure Vinales Valley. (S)(R)
8.00 Sign Zone: Race Across the World
 From Sokcho, South Korea. (S)(R)
9.00 BBC News (S)
12.15 PM Politics Live (S)
1.00 Impossible Game show. (S)(R)
1.45 Mastermind Quiz show. (S)(R)
2.15 Five Bedrooms (S4) (S)(R)(AD)
3.00 Stanley Tucci: Searching for
 Italy From Venice. (S)(R)(AD)
3.45 The Farmers' Country Showdown
4.15 Big Cats About the House (S)(R)
5.15 Flog It! A collection of finds. (S)(R)
6.00 Richard Osman's House of
 Games Game show. (S)(R)
6.30 Clive Myrie's Caribbean
 Adventure **New edition** 12/15.
 In Barbados, Clive visits the
 world's oldest rum distillery. (S)



10.00 Meet the Richardsons

- 7.00** Nile: Earth's Great Rivers
 Following the wildlife, people
 and landscapes of the world's
 longest river, the Nile, beginning
 in the tropical mountain
 range of the Rwenzoris. (S)(R)

- 8.00** Springwatch
New edition 10/12. Chris
 Packham and Michaela Strachan
 broadcast from RSPB Arne
 in Dorset. Iolo Williams visits
 the Dorset coast and Portland
 Bill bird observatory. (S)
 ■ Continues tomorrow

- 9.00** On Thin Ice:
 Putin vs Greenpeace
New edition 5/6. Tracing the
 team's discovery that they could
 get letters to the press. (S)(AD)
9.30 **Series finale** 6/6. How
 the media campaign spread. (S)
 ■ Entire series on BBC iPlayer

- 10.00** Meet the Richardsons
 4/6. Jon and Lucy are finally
 invited to Jonathan Ross's
 Halloween party. (S)(R)(AD)
10.30 Newsnight (S)

- 11.00** Weather (S)
11.05 **FILM** Effie Gray Fact-based
 period drama starring Dakota
 Fanning and Emma Thompson.
 A Victorian woman trapped in
 a loveless marriage demands a
 divorce. (S) (2014, 12, 100min) ★★
12.45 AM Sign Zone: Hidden Treasures
 of the National Trust (S)(R)(AD)
1.45 Sign Zone: David & Jay's
 Touring Toolshed (S)(R)(AD)
2.15 Sign Zone: The Outlaws (S)(R)
3.15 to **6.30** AM Previews (S)

ITV1

103 103 803 103 3 103 103 103

- 6.00** AM Good Morning Britain (S)
9.00 Lorraine (S)
10.00 This Morning (S)
12.30 PM Loose Women Topical debate
 from a female perspective. (S)
1.30 ITV News (S)
1.55 Local News (S)
2.00 Dickinson's Real Deal David
 Dickinson and his team head to
 Middlesbrough, where Mark Stevens
 haggles for a blast from the Duke's
 past and Stewart Hofgartner is
 impressed by a biscuit tin. (S)(R)
3.00 Lingo Word-based quiz show
 presented by Adil Ray. (S)(R)
4.00 Tipping Point Game show
 hosted by Ben Shephard. (S)(R)
5.00 The Chase Quiz show hosted
 by Bradley Walsh. (S)(R)
6.00 Local News (S)
6.30 ITV News (S)



9.00 Long Lost Family: Born...

- 7.30** Emmerdale
 Ruby is riddled with guilt as
 Manpreet confides in her, and
 Tom interrogates Belle. (S)(AD)

- 8.00** The Martin Lewis Money
 Show: Summer Special
New edition Martin presents
 holiday financial 'need to
 knows', an important update on
 National Insurance and how to
 maximise the state pension. (S)

- 9.00** Long Lost Family:
 Born Without Trace
New edition 'Euston Baby'
 Rachel and founding Steve
 search for answers about their
 origins with the help of Davina
 McCall and Nicky Campbell. (S)

- 10.00** ITV News (S)
10.30 Local News (S)
10.45 **FILM** Skyfall
 Spy thriller starring Daniel Craig
 and Judi Dench. 007 returns
 from the 'dead' when MI6
 comes under attack and finds
 himself up against a villain with
 a grudge. With Ralph Fiennes,
 Javier Bardem, Albert Finney
 and Naomie Harris. (S)(AD)
 (2012, 12, 140min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

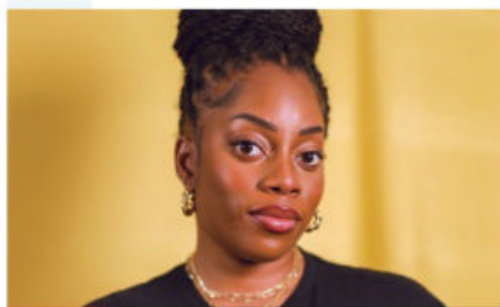
- 1.05** AM Teleshopping
3.00 My Mum, Your Dad Davina
 McCall reveals the grown-up kids'
 role to the parents. (S)(SL)(R)(AD)
3.50 Unwind with ITV (S)
5.05 to **6.00** AM James Martin's
 Spanish Adventure (S)(SL)(R)(AD)

+1 hour 203 303 35 112

CHANNEL 4

104 104/108 804 108 4 104 104/106

- 6.30** AM Cheers (S1&2) (S)(R)
7.20 Everybody Loves Raymond (S)(R)
9.10 Frasier 17-20/24. (S10) (S)(R)(AD)
11.10 Ramsay's Kitchen Nightmares
 USA From California. (S)(R)
12.05 PM News Summary (S)
12.10 Ramsay's Kitchen Nightmares
 USA From Norwalk, Ohio. (S)(R)
1.10 Car S.O.S A BMW. (S)(R)(AD)
2.10 Countdown **New edition** (S)
3.00 A Place in the Sun A holiday
 home in Sarlat, France. (S)(R)
4.00 **New edition** A couple find
 a home in the Peloponnese. (S)
5.00 Sun, Sea and Selling Houses
New edition A couple from
 Glasgow look for a home. (S)
6.00 Four in a Bed (S)(R)
6.30 The Simpsons Last Tap Dance
 in Springfield: Lisa tries to become
 a tap dancer. (S)(R)(AD)



10.00 Queenie

- 7.00** News (S)

- 8.00** Bake Off: The Professionals
New edition 2/10. The teams
 turn their patisserie experience
 on its head by creating
 24 identical reimagined
 custard tarts and 24 cotton
 cheesecakes, before making a
 carnival-themed showpiece. (S)

- 9.00** **NEW SERIES** The Fall:
 Skydive Murder Plot 1/3.
 An in-depth look at Victoria
 Cilliers' apparent skydiving
 'accident', and the investigation
 that followed by a pair of
 dogged detectives. (S)(AD)
 ■ Continues tomorrow

- 10.00** Queenie
New episodes 5/8. Queenie
 hits breaking point as the past
 catches up with her. (S)(AD)
10.35 6/8. The extent of
 Queenie's trauma becomes
 apparent. (S1) (S)(AD)
 ■ Entire series on C4 online

- 11.05** The Rest is Politics **New edition** (S)
12.10 AM **NEW SERIES** The Silence (S)
1.10 Imposter: The Man Who Came
 Back from the Dead (S)(R)(AD)
2.05 Taskmasterclass (S)(SL)(R)(AD)
3.00 We Are Lady Parts (S)(SL)(R)
4.00 Iris Prize Best British Shorts
New edition Lemon. (S)
4.20 Britain's Most Luxurious Hotels
5.15 Escape to the Chateau (S)(R)
5.25 Frasier 3/24. (S5) (S)(R)(AD)
5.50 to **6.30** AM Countdown (S)(R)

+1 hour 204/208 304 15 121

Tuesday

7 PM

8 PM

9 PM

10 PM

CHANNEL 5

105 105 805 105 5 105 105 105

- 5.35 AM Milkshake!**
9.15 Jeremy Vine (S)
11.15 Storm Huntley (S)
12.45 PM Friends (S8) (S)(R)(AD)
1.40 News (S)
1.45 Home and Away (S)(R)
2.15 FILM The Teacher: Secrets That Kill Thriller with Rhonda Dent and Kaden Connors. (S)(R) (2021, 12, 105min) ★★
4.00 Bargain-Loving Brits in the Sun In the Costa Del Sol, the day has finally come for Clint to go out on the hunt for the caravan of his dreams. (S)(R)
5.00 News (S)
6.00 Police Interceptors Jen and her dog Quantum search for a dangerous suspect who has form for assaulting police. (S)(R)
6.55 News (S)



NEW

- 7.00 The Motorway Hotel**
7.00 NEW SERIES The Motorway Hotel 1/4. Behind the scenes of family-run hotel The Moat House, located yards from the M6 in Staffordshire. (S)
7.55 News (S)
8.00 The Yorkshire Vet **New edition** David Melleney travels to Cannon Hall Farm in order to care for an alpaca called Roxette who has badly injured herself, and Julian Norton sets out to help a lamb with swollen legs. (S)
9.00 Police Raid: Minute by Minute **New edition** 3/3. Officers back up gas company reps investigating energy theft by meter tampering, which can cause fires and contributes to the drug trade. (S)
10.00 NEW My Mother, My Abuser Three adults relive the horrors of sharing their world with abusive mothers, including the story of one parent who was convicted of 26 charges of abuse. (S)
11.05 Crimes That Shook Britain (R)
12.05 AM Ultimate Police Interceptors (S)(R)(AD)
1.00 PlayOJO Live Casino Show (S)
3.00 Secret Scotland with Susan Calman The Isle of Bute. (S)(R)
3.50 The Railways That Built Britain with Chris Tarrant (S)(SL)(R)
4.40 Wildlife SOS (S)(SL)(R)
5.05 House Doctor (S)(SL)(R)(AD)
5.30 to 5.35 AM Entertainment News (S)

+1 hour 205 305 38 128

SKY SHOWCASE

106 106 806 109 340 355

- 6.00 AM Sky News Breakfast**
7.00 Kay Burley
8.00 UK Border Force (S)(R)(AD)
9.00 Stargate SG-1 (S2) (S)(R)
11.00 Gangs of Lemur Island (S)(R)
12.00 NOON The Flash (S7) (S)(R)
1.00 PM MacGyver (S1) (S)(R)(AD)
3.00 Hawaii Five-0 (S6) (S)(R)
4.00 S.W.A.T. 2/18. (S4) (S)(R)(AD)
5.00 The Simpsons Pranks and Greens: Bart befriends a former schoolboy prankster. (S)(R)
5.30 Homer the Whopper: Homer is cast as the lead in a superhero movie. (S)(R)
6.00 The Office (US) 22/22. Dunder-Mifflin hosts a charity casino night. (S2) (S)(R)
6.30 1/25. Michael accidentally lets slip that one of his colleagues is gay. (S3) (S)(R)



- 8.00 Rob & Romesh vs Golf**
7.00 The Simpsons *Rednecks and Broomsticks:* Lisa accepts an invitation to join a Wiccan coven. (S)(R)
7.30 Thursdays with Abie: A newspaper columnist writes a series of stories about Grampa. (S)(R)
8.00 Rob & Romesh vs Golf Rob Beckett shares his love of the sport with Romesh Ranganathan. The pair play a round at the home of golf, St Andrews, and have a lesson from Olympic champion Justin Rose. (S)(R)(AD)
9.00 A League of Their Own: Mexican Road Trip **Series finale** 4/4. Jamie Redknapp, Jill Scott, Micah Richards and Mo Gilligan explore the city of La Paz, and photograph a sea lion colony while scuba diving. (S)
10.00 The Walking Dead: The Ones Who Live *Gone:* 2/6. On her quest to find Rick, Michonne finds help from an unexpected source and finally comes face-to-face with the mysterious CRM. (S1) (S)(R)
11.15 S.W.A.T. 12/13. The teenage son of an energy company executive is abducted. (S7) (R)
12.15 AM Resident Alien 8/8. Harry and Asta team up with an unlikely ally. (S3) (S)(R)
1.15 Brit Cops: Rapid Response (R)
2.10 The Force: Manchester (S)(R)
3.05 Hawaii Five-0 (S6) (S)(R)
4.00 S.W.A.T. 2/18. (S4) (S)(R)(AD)
5.00 to 6.00 AM Motorway Patrol

+1 hour 206

LOCAL VARIATIONS

BBC1
SCOTLAND
 Sky 964, Virgin 862, Freesat 964
8.00-9.00pm Debate
 Night – Leaders' Special (S)

N. IRELAND
 Sky 966, Virgin 863, Freesat 966
1.35-1.45pm Spotlight (S)
11.10 Match of the Day Northern Ireland (S)
11.50 Tokyo Vice **New episode** (S)(AD) **12.40am** Tokyo Vice **Series finale** (S)(AD) **1.45-6.00am** BBC News (S)

WALES
 Sky 965, Virgin 864, Freesat 965
8.00pm Wales' Home of the Year (S)(R) **8.30-9.00pm** The Crash Detectives (S)(R)

BBC2
N. IRELAND
 Sky 969, Freesat 969
11.05pm-12.45am FILM The Phantom of the Open: Comedy drama. (S) (2021, 12, 100min) ★★★★★

WALES
 Sky 968, Freesat 968
1.45pm First Minister's Questions (S) **2.45** Mastermind (S)(R) **3.15** Five Bedrooms (S)(R)(AD)
4.00 Stanley Tucci: Searching for Italy (S)(R) (AD) **4.45-5.15pm** The Farmers' Country Showdown (S)(R)

ITV1
 No variations

S4C
 Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Bwrdd i Dri (AD) **12.30** Heno **1.00** Ceffyllau, Sheikhs a Chowbois **1.30** Ffermio **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **New edition** **3.00** Newyddion S4C a'r Tywydd **3.05** Hen Dy Newydd (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cymry ar Gynfas **6.30** Ma'i Off 'Ma (AD) **6.57** Newyddion S4C **7.00** Heno **New edition** **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm **New episode** (AD) **8.25** Rownd a Rownd **New episode** (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Y Llinell Las **New edition** **10.00** Y Byd yn ei Le **10.30** Pum Merch, Tri Chop, Un Cwch **11.00-11.35pm** Codi Hwyl

TV&Satellite
New issue
on sale
today

BBC3

115/117/121 107/113 23 107 107

BBC3 programmes start at 7.00pm



- 7.00 PM The Fast and the Farmer-ish** Northern Ireland versus Scotland.
7.30 Shark Tank **New edition** Investment opportunities include treats utilising recycled vegetable waste.
8.10 **Series finale** Pitches include the products of a water sports apparel brand.
8.45 The Catch Up
8.50 Ryan Tricks on the Streets Ryan hears from RAF veterans.
9.00 FILM The Others Supernatural thriller starring Nicole Kidman as a devoutly Catholic mother trying to protect her two children from ghostly goings-on. (2001, 12, 104min) ★★★★★
10.40 Fresh Cops 5&6/6. (S2)
11.40 Confessions of a Teenage Fraudster Documentary.
12.25 AM I Kissed a Boy
1.10 Charlotte in Sunderland
2.10 The Fast and the Farmer-ish As 7.00pm.
2.40 Fresh Cops Double bill.
3.40 to 4.00 AM My Mate's a Bad Date

MORE4

136/137 831 147 18 124

- 8.55 AM A Place in the Sun**
10.25 A New Life in the Sun
11.25 Find It, Fix It, Flog It
12.30 PM Come Dine with Me Five editions of the culinary contest from Swansea.
3.10 Four in a Bed Five editions of the B&B challenge.
5.50 Chateau DIY Poor weather means Tim and Sasha must find a back-up plan to salvage a couple's big day.
6.55 Car S.O.S Tim and Fuzz are off to Huddersfield to rescue a 1992 VW Corrado.
7.55 Grand Designs Kevin McCloud follows the progress of musician Toby Leeming as he sets out to build a house wrapped around an ancient oak tree in rural Suffolk.
9.00 PopMaster TV **New edition** Contestants from Worcester, Perth, Glasgow, Southport and Bedford compete to recall facts about their favourite chart-toppers in the quiz.
10.00 Sounds Like the 80s Ken Bruce brings together 1980s icons to create the ultimate mixtape of the era. With song selections from Midge Ure, Jazzy B, Toyah Willcox, Pete Waterman and Michaela Strachan.
11.05 24 Hours in A&E
12.10 AM PopMaster TV
1.15 999: On the Front Line
2.15 24 Hours in A&E
3.20 to 3.50 AM A Place in the Sun

+1 hour 236/237 347 125

BBC4

116 107/108 9/24 106 108

BBC4 programmes start at 7.00pm



- 7.00 PM Great British Railway Journeys** Travelling from Newry to Portadown.
7.30 Villages by the Sea Coastal villages that have often been on the frontline of history.
8.00 One Foot in the Grave Victor Meldrew is forced into an early retirement.
8.30 Butterflies Ria lies to Leonard about her age.
9.00 Rik Mayall: Lord of Misrule Simon Callow narrates a celebration of the comedian and actor's life and work.
10.00 Storyville: Copa '71: The Lost Lionesses **New edition** A look at the 1971 watershed football tournament in Mexico City at the Azteca Stadium, with contributions from the female players who took part. See feature, page 52.
11.20 Fever Pitch: The Rise of the Premier League
1.20 AM Great British Railway Journeys As 7.00pm.
1.50 Villages by the Sea
2.20 to 3.20 AM Rik Mayall: Lord of Misrule

E4

135/136 830 106 13 122

- 6.00 AM Hollyoaks**
7.00 Ramsay's Kitchen Nightmares USA
9.00 Brooklyn Nine-Nine
10.00 Young Sheldon
11.00 Modern Family
12.00 NOON The Big Bang Theory 4-7/23. (S3)
2.00 PM The Goldbergs
3.00 Modern Family
4.00 Young Sheldon
5.00 The Big Bang Theory
7.00 Hollyoaks Prince spirals at his twin brother's wake.
7.30 Come Dine with Me Copywriter Will serves up a vegetarian meal on the second evening in Brighton.
8.00 Dance Moms There is a massive uproar when Abby choreographs a flashy routine that involves guns as props.
9.00 Gogglebox The armchair critics' opinions on shows including *The Love Trap*, *Strictly Come Dancing*, *You and Killers of the Cosmos*
10.00 Naked Attraction A couple look for a person interested in exploring the possibilities of polyamory.
11.05 First Dates
12.10 AM The Big Bang Theory
1.15 Brooklyn Nine-Nine
2.10 Modern Family
3.00 Dance Moms
3.50 Ramsay's Kitchen Nightmares USA
4.40 to 6.00 AM The Neighborhood

+1 hour 235/236 306 30 123

Tuesday

primetime

primetime

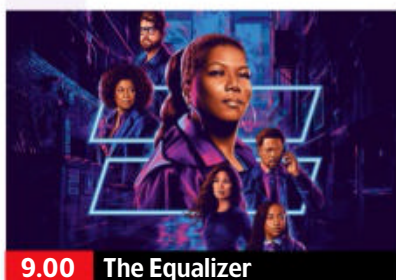
TUESDAY Entertainment

Tuesday

Sky Witness

107 807 110 341 356

- 6.00 AM Air Ambulance ER
- 7.00 Border Patrol
- 8.00 UK Border Force
- 9.00 999 Frontline
- 10.00 Bull 19/22. (S6)
- 11.00 Blue Bloods 1/20. (S12)
- 12.00 NOON New Amsterdam (S4)
- 1.00 PM 9-1-1 7/18. Ghostly goings-on keep the team busy. (S5)
- 2.00 FBI: Most Wanted 7/22. A professional basketball player's wife is murdered. (S3)
- 3.00 Caught Red Handed
- 4.30 Nothing to Declare

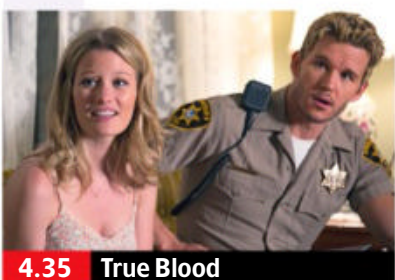


9.00 The Equalizer

Sky Atlantic

108/109 808 342 357

- 6.00 AM Fish Town Double bill.
- 7.55 True Blood 5&6/10. (S7)
- 10.05 Billions 4&5/12. (S7)
- 12.15 PM Game of Thrones (S7)
- 1.20 The Sopranos 3/13.
- 2.25 4/13. Tony travels to Italy on business. (S2)
- 3.30 True Blood 7/10. Sookie hopes for a miracle to save Bill.
- 4.35 8/10. Sookie puts her life on the line for Bill. (S7)
- 5.40 Billions 6/12. Axe turns to Chuck for a favour.
- 6.45 7/12. Chuck and Wendy face a family crisis. (S7)



4.35 True Blood

Sky Max

113/114 813 111 346 361

- 6.00 AM NCIS: Los Angeles (S13)
- 7.00 DC's Legends of Tomorrow
- 8.00 The Flash 16/18. (S7)
- 9.00 Stargate SG-1 (S2)
- 11.00 NCIS: Los Angeles (S13)
- 12.00 NOON The Flash 18/18. (S7)
- 1.00 PM MacGyver 1&2/21. (S1)
- 3.00 Hawaii Five-0 13/25. (S6)
- 4.00 S.W.A.T. 2/18. (S4)
- 5.00 DC's Legends of Tomorrow 7/17. In a crossover, the team join forces with Supergirl, the Flash and Green Arrow. (S2)
- 6.00 Stargate SG-1 15/22. A black hole threatens the team. (S2)

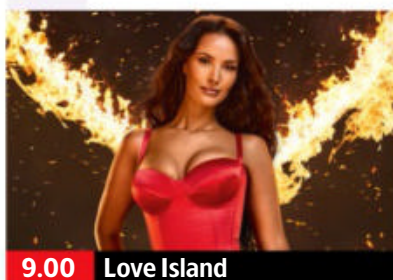


9.00 A League of Their Own

ITV2

118 816 115 6 113

- 6.00 AM CITV
- 9.00 World's Funniest Videos
- 9.30 Totally Bonkers Guinness World Records
- 10.00 Love Bites Double bill.
- 12.00 NOON Dress to Impress
- 1.00 PM Deal or No Deal
- 2.00 Family Fortunes
- 3.00 Veronica Mars 7/20. (S3)
- 4.00 Dawson's Creek 10/23. (S3)
- 5.00 Dress to Impress
- 6.00 Celebrity Catchphrase With contestants James Jordan, Fiona Wade and Louis Walsh.



9.00 Love Island

ITV3

119 117 10 115

- 6.00 AM Classic Emmerdale
- 7.00 Classic Coronation Street
- 8.05 Endeavour Icarus.
- 10.15 The Royal Reckoning.
- 11.20 Heartbeat Double bill.
- 1.40 PM Classic Emmerdale
- 2.40 Classic Coronation Street
- 3.45 Inspector Morse The Silent World of Nicholas Quinn: The detective investigates when a deaf academic is murdered.
- 5.55 Heartbeat Off the Rails: A crime wave hits Ashfordly train station as a number of freight wagons go missing.



8.00 Midsomer Murders

7 PM

- 7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

- 8.00 Blue Bloods Times Like These: 2/20. Danny and Baez investigate a gang attack that takes an unexpected turn. (S12)

9 PM

- 9.00 The Equalizer New episode The Whistleblower: 5/10. Mel reunites with brother Matthew. (S4)

10 PM

- 10.00 FBI: Most Wanted New episode Derby Day: 12/13. A mob-connected police informant is found murdered. (S5)
- 11.00 The Rookie 4/22. (S5)
- 12.00 M'T The Good Doctor (S7)
- 1.00 AM Fire Country 20/22.
- 2.00 New episode 21/22. (S1)
- 3.00 The Good Doctor Series finale 10/10. (S7)
- 4.00 The Force: Manchester
- 5.00 to 6.00 AM Air Ambulance ER

+1 hour 207 310

- 7.50 Game of Thrones The Queen's Justice: 3/7. Cersei gains a new ally, Sansa receives an unexpected visitor, and Sam is confronted for his actions. (S7)

- 9.00 The Tattooist of Auschwitz 6/6. Lali makes his way to Bratislava but has no idea if Gita is alive or dead. (S1)

- 10.10 The Making of the Tattooist of Auschwitz
- 10.45 House of the Dragon: War Room A look ahead to season two.
- 11.45 House of the Dragon 10/10. Rhaenyra tries desperately to hold the realm together. (S1)
- 12.55 AM Band of Brothers (S1)
- 2.10 Domina 8/8. (S2)
- 3.20 Game of Thrones As 7.50pm.
- 4.35 In Treatment 6/35. (S2)
- 5.05 to 6.00 AM Fish Town

+1 hour 208/209

- 7.00 Stargate SG-1 The Fifth Race: 16/22. O'Neill has the contents of an alien library downloaded into his brain. (S2)

- 8.00 Rob & Romesh vs Golf Rob shares his love of the sport with Romesh, with the pair playing a round at St Andrews.

- 9.00 A League of Their Own: Mexican Road Trip Series finale The gang explore La Paz, where they photograph sea lions.

- 10.00 The Walking Dead: The Ones Who Live Gone: 2/6. Michonne gets help from an unexpected source. (S1)
- 11.05 S.W.A.T. 12/13. Eco-terrorists abduct the son of an energy company executive. (S7)
- 12.05 AM The Walking Dead
- 1.00 Resident Alien 8/8. (S3)
- 2.00 The Force: Manchester
- 3.00 Hawaii Five-0 13/25. Two killers hold Chin and Kono. (S6)
- 4.00 S.W.A.T. 2/18. (S4)
- 5.00 to 6.00 AM Highway Patrol

- 7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker to win a life-changing cash prize.

- 8.00 Bob's Burgers 7/21. Linda becomes a blonde.
- 8.30 8/21. Tina is in the running for a hall monitor promotion. (S5)

- 9.00 Love Island New edition The islanders try to avoid being eliminated as they compete to win the £50,000 prize.

- 10.05 Extraordinary New episode 2/8. The gang attempt to draw out Jen's power. (S1)
- 10.40 Family Guy 9/18. Lois meets a news host. (S9)
- 11.05 Family Guy 3/18. (S9)
- 11.35 American Dad! (S6&5)
- 12.35 AM Bob's Burgers (S5)
- 1.35 G'wed 1/6. (S1)
- 2.05 Totally Bonkers Guinness World Records
- 2.35 to 3.00 AM Unwind with ITV

+1 hour 218 315 29 114

- 6.55 Heartbeat Rustlers and Hustlers: A girl is injured in a horse riding accident, leading Walker to uncover a series of animal thefts.

- 8.00 Midsomer Murders The Curse of the Ninth: Musicians compete for a prestigious award at the annual Thassingham Classical Music Festival – but the winner is brutally murdered and a priceless violin is stolen.

- 10.00 Wire in the Blood Redemption: 1/4. Dr Tony Hill investigates the murder of a boy whose body is discovered in a deserted warehouse. (S3)
- 11.55 The Royal Reckoning: Police launch an investigation.
- 12.50 AM Upstairs, Downstairs If You Were the Only Girl in the World: Hazel's behaviour causes concern.
- 1.55 to 2.30 AM Unwind with ITV

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

- 12.00 NOON This Is BBC Scotland
- 7.00 PM Scotland Sings 1/2. Vocal coach Yvie Burnett puts together a choir.
- 8.00 Paramedics on Scene 10/10. Glasgow paramedics race to a hard-to-reach location near the scene of a capsized boat.
- 9.00 The Nine
- 10.00 Confessions of a Teenage Fraudster New edition 2/3. Elliot becomes more paranoid than ever.
- 10.45 Debate Night – Leaders' Special The leaders of Scotland's political parties face questions in the run-up to the General Election.
- 11.45 PM to 12.00 M'T Growing Up Scottish Scotland's comedians and entertainers take us on a journey through Christmas past.

Sky Comedy

114/115 814 112 347 362

- 8.00 AM Will & Grace (S5&6)
- 9.00 The Conners (S4)
- 10.00 Sort Of 1/8. (S1)
- 10.30 Veep 1&2/10. (S4)
- 11.40 Entourage (S7)
- 12.50 PM High Maintenance
- 2.10 Veep 3&4/10. (S4)
- 3.20 Entourage (S7)
- 4.30 Sort Of 2/8. (S1)
- 5.00 Will & Grace (S6)
- 6.00 The Office (US) (S2)
- 7.00 The Conners (S4)
- 8.00 Will & Grace 19/22. Jack joins the gym.
- 8.30 20/22. Will attracts an admirer. (S1)
- 9.00 Curb Your Enthusiasm Triple bill, including at: 10.20 2/10. A dinner guest becomes ill. (S3)
- 11.00 The Tonight Show Starring Jimmy Fallon New edition Talk show.
- 12.00 M'T Divorce (S2)
- 1.15 AM Dane Cook: Vicious Circle
- 3.05 Sort Of 2/8. (S1)
- 3.40 to 5.00 AM High Maintenance

Sky Arts

130/131 140 123 36 147 365

- 6.00 AM The Conductor
- 8.00 The Joy of Painting
- 9.00 Tales of the Unexpected
- 10.00 Hitchcock Presents
- 11.00 Discovering
- 12.00 NOON Joy of Painting
- 1.00 PM Tales of the...
- 2.00 Inside Art Special: Coventry City of Culture
- 3.00 Wordsworth & Coleridge Road Trip with Frank Skinner and Denise Mina
- 4.00 Discovering
- 5.00 The Joy of Painting
- 6.00 Tales of the Unexpected
- 7.00 Grand Ole Opry
- 8.00 The Art of the Garden
- 9.00 Leonardo da Vinci: The Universal Man
- 10.15 FILM Gonzo: Life and Work of Dr Hunter S Thompson Documentary. (2008, 15, 119min) ★★★
- 12.50 AM Comedy Shorts
- 2.05 A Brush with Comedy
- 4.00 Cheltenham Literature Festival Ian McEwan.
- 5.00 to 6.00 AM Auction

Sky Mix

151 135 11 144

- 7.00 AM Border Security: Canada's Front Line
- 8.00 Nothing to Declare
- 9.00 Motorway Patrol
- 10.00 Highway Patrol
- 11.00 Stop, Search, Seize
- 12.00 NOON Motorway Patrol
- 1.00 PM Border Patrol
- 2.00 Border Security: Canada's Front Line
- 3.00 Nothing to Declare
- 4.00 Stargate Atlantis (S4)
- 5.00 Stargate SG-1 (S10)
- 6.00 Stargate Universe (S2)
- 7.00 Star Trek: Voyager (S4)
- 8.00 The Rookie In Justice: 2/14. John and Nyla are assigned to a community policing centre. (S3)
- 9.00 FBI: Most Wanted (S1)
- 10.00 Killer in My Village
- 12.00 M'T Grimm 3/22. (S5)
- 1.00 AM Caribbean Cops
- 2.00 Brit Cops: Law & Disorder Documentary.
- 3.00 Highway Patrol
- 4.00 Motorway Patrol
- 5.00 to 6.00 AM Highway Cops

ITV Be

131/132 119 28 119

- 7.00 AM Unwind
- 7.05 Sugar Showdown
- 7.35 Real Housewives of Cheshire Reality series.
- 8.35 Masters of Flip
- 9.35 Buying and Selling
- 10.35 Real Housewives of Cheshire Reality series.
- 11.35 The Real Housewives of Atlanta Reality series.
- 12.30 PM Real Housewives of New Jersey
- 1.20 The Only Way Is Essex
- 2.05 Dinner Date
- 3.05 Million Dollar Listing: LA
- 4.00 The Real Housewives of Atlanta Reality series.
- 5.00 The Real Housewives of Salt Lake City
- 6.00 Masters of Flip
- 7.00 Million Dollar Listing: LA
- 8.00 Dinner Date
- 9.00 Botched
- 10.00 The Real Housewives of Miami New edition
- 11.00 The Only Way Is Essex
- 11.45 Ready to Mingle
- 12.50 to 1.00 AM Unwind

+1 hour 319

GREAT! tv

157 170 50

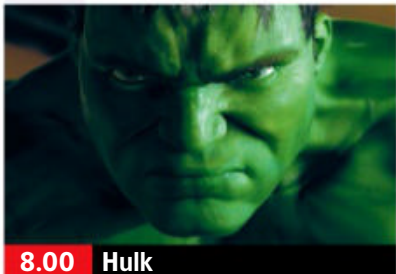
- 8.00 AM Diagnosis Murder
- 10.00 Father Dowling Mysteries 19/22. (S3)
- 11.00 Castle 8&9/24. (S2)
- 1.00 PM Murder, She Wrote
- 2.00 Father Dowling Mysteries 2/8. (S1)
- 3.00 Diagnosis Murder
- 5.00 Murder, She Wrote
- 7.00 M*A*S*H 11-14/22. (S10)
- 9.00 The Avengers Requiem: 29/33. A murder witness is placed under Steed's protection. (S6)
- 10.00 Randall and Hopkirk (Deceased) A Sentimental Journey: 19/26. Jeff fails to get excited by an assignment. (S1)
- 11.00 Return of the Saint
- 12.00 M'T M*A*S*H (S10)
- 2.00 AM Randall and Hopkirk (Deceased)
- 3.00 Return of the Saint
- 4.00 Highway to Heaven
- 4.50 to 5.00 AM GREAT! Movie News Extra

+1 hour 257 62

ITV4

120 118 26 117

- 6.00 AM The Best of the 70s
6.15 Minder
7.10 The Sweeney
8.10 Return of Sherlock Holmes
9.20 Magnum, PI
10.20 Kojak
11.25 BattleBots
12.25 PM Return of Sherlock Holmes Murder mystery.
1.35 Magnum, PI
2.40 Kojak
3.40 Minder
4.50 The Sweeney
6.00 BattleBots



8.00 Hulk

- 7.00 The Chase Celebrity Special Melvin Odom, Carl Fogarty, Louis Smith and Bonnie Langford face one of the Chasers.

- 8.00 **FILM** Hulk Sci-fi fantasy based on the Marvel Comics character, starring Eric Bana, Jennifer Connelly and Nick Nolte. A scientist survives exposure to deadly gamma rays, but when he becomes angry he is transformed into a huge, rampaging creature. (2003, 12, 138min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.45 **Wrestling: AEW Rampage** Hard-hitting, high-flying wrestling action.

- 11.55 Auto Mundial The latest news from the world of cars.
12.20 AM Motorsport Mundial The latest motorsport action.
12.50 Minder Comedy drama.
1.50 The Chase Celebrity Christmas Special
2.45 to 3.00 AM Unwind with ITV

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

- 6.00 AM Quantum Leap 9/22. (S5)
7.00 The Outpost 11/13. (S3)
8.00 Teleshopping
11.00 Warehouse 13 4/20. (S4)
12.00 NOON Star Trek: Voyager
1.00 PM Star Trek: The Next Generation 12&13/26. (S5)
3.00 Warehouse 13 4/20. (S4)
4.00 Stargate SG-1 20/20. (S10)
5.00 Star Trek: Voyager 9/26. The crew discover an ocean populated by aliens. (S5)
6.00 Star Trek: The Next Generation 12/26. Troi falls into a mysterious coma. (S5)



8.00 Atlantis

- 7.00 Star Trek: The Next Generation The Masterpiece Society: 13/26. Picard saves an endangered society. (S5)

- 8.00 Atlantis The Marriage of True Minds: 4/13. Ariadne faces danger while travelling to Telemon's homeland. (S2)

- 9.00 Fantasy Island Gwenivere of Glendale: 9/13. Gwen's fantasy is to go back in time and be the princess she longs to be.

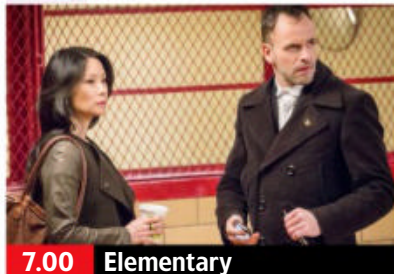
- 10.00 Fantasy Island War of the Roses (And the Hutchinsons): 10/13. Two couples arrive with their own fantasies. (S2)

- 11.00 Wynonna Earp 5/13. (S1)
12.00 M'T **FILM** Drone Wars Action adventure with Corin Nemec. A team of scientists in LA try to defeat drones that have invaded. (2016, PG, 79min) ★★
2.00 AM The Outpost 10/13. (S3)
3.00 Atlantis 4/13. (S2)
4.00 to 6.00 AM Star Trek: The Next Generation

Alibi

109/110 809 114 343 358

- 7.10 AM Murdoch Mysteries (S4)
9.00 The Coroner 5/10. (S1)
10.00 Elementary 3/24. (S2)
11.00 Shakespeare & Hathaway: Private Investigators (S2)
12.00 NOON Father Brown
1.00 PM Death in Paradise (S3)
2.00 Murdoch Mysteries (S4)
4.00 Elementary 3/24. (S2)
5.00 Father Brown
6.00 Shakespeare & Hathaway: Private Investigators 10/10. Frank and Lu make some unlikely allies when they meet a pair of gangsters. (S2)



7.00 Elementary

- 7.00 Elementary Ears to You: 17/24. Sherlock investigates the kidnapping of a woman long presumed dead. (S2)

- 8.00 Death in Paradise Death of a Detective: 1/8. Richard Poole ends up meeting a sticky end at a university reunion. (S3)

- 9.00 Shakespeare & Hathaway: Private Investigators 4/9. An American PI is arrested for murder. (S4)

- 10.00 My Life Is Murder The Village: 4/10. Alexa examines a death at a retirement village. (S3)

- 11.00 Elementary As 7.00pm.
12.00 M'T Why Women Kill 7/10. Rita's elation is short-lived when Catherine questions her innocence. (S2)
1.00 AM Unforgettable 12/13. (S3)
2.00 to 4.00 AM Murdoch Mysteries

+1 hour 209/210 314

GOLD

110/111 810 124 344 359

- 7.00 AM Highlights
9.20 My Hero
10.00 Are You Being Served?
10.40 Porridge
11.20 Last of the Summer Wine
12.40 PM The Green Green Grass
1.20 My Hero
2.00 Porridge
2.40 Dad's Army
3.20 Are You Being Served?
4.00 Last of the Summer Wine
5.20 Porridge
6.00 The Green Green Grass
6.40 Dad's Army



10.35 Harry Enfield and Chums

- 7.20 Dad's Army Mainwaring and Wilson decide to recruit women into the platoon for tedious tasks.

- 8.00 Still Open All Hours Granville attempts to reunite Eric and Cyril.

- 8.40 The Thin Blue Line Fowler struggles to keep the CID mob in order when Grim does some moonlighting.

- 9.20 dinnerladies Petula's bizarre lifestyle finally catches up with her.

- 10.00 The Royle Family Jim and Barbara are left holding the baby.

- 10.35 Harry Enfield and Chums Comedy sketches.

- 11.15 The Office Jennifer from head office visits to give some news.
11.55 Still Open All Hours
12.35 AM The Thin Blue Line
1.15 dinnerladies
1.55 The Royle Family
2.35 Harry Enfield and Chums
3.05 to 4.00 AM The Office

+1 hour 210/211 324

Dave

111/112 811 127 19 157

- 7.20 AM Cop Car Workshop
8.05 The Force: Behind the Line
8.40 James May's Things You Need to Know
10.00 Top Gear Double bill.
12.00 NOON Storage Hunters UK
2.00 PM Extreme Fishing with Robson Green
3.00 Top Gear Double bill.
5.00 Hairy Bikers' Best of British Exploring food-related customs associated with weddings.
6.00 Rick Stein: From Venice to Istanbul The chef arrives in the Greek Peloponnese.



10.00 Have I Got a Bit More...

- 7.00 Would I Lie to You? Miles Jupp, Heston Blumenthal, Emilia Fox and Ed Byrne take part.

- 7.40 Richard Osman's House of Games With Sanjeev Kohli and Tiff Stevenson.
8.20 With Rory Bremner, James Cracknell, Maisie Adam and Michelle Gayle.

- 9.00 QI XL Ross Noble, Kathy Lette, Sue Perkins and Alan Davies attempt to answer host Stephen Fry's range of questions.

- 10.00 Have I Got a Bit More News for You Richard Ayoade hosts the satirical current affairs quiz, with comedian Roisin Conaty.

- 11.00 Taskmaster Iain Stirling devises a chemistry experiment.
12.00 M'T Mock the Week
12.40 AM Would I Lie to You?
1.20 Live at the Apollo
2.30 Meet the Richardsons
3.00 to 4.00 AM Whose Line Is It Anyway? USA

+1 hour 211/212 327 57

4seven

137/138 143 49 127

- 9.00 AM Ramsay's Kitchen Nightmares USA
10.00 Car S.O.S
11.00 A Place in the Sun
12.00 NOON Sun, Sea and Selling Houses
1.05 PM Frasier (S10)
2.30 Ramsay's Kitchen Nightmares USA
3.30 Come Dine with Me
6.00 A Place in the Sun A search for a home in the Peloponnese, Greece.
7.00 A couple look for a holiday home in the Puglia region of Italy.
7.45 The Piano: The Final The search for the UK's best amateur piano performers.
9.00 **FILM** The Equalizer Thriller starring Denzel Washington. (2014, 15, 132min) ★★★
11.35 The Fall: Skydive Murder Plot
12.40 AM 24 Hours in A&E
1.40 Gogglebox
2.45 Football Cops
3.50 to 4.45 AM Queenie

5USA

141/169 120/162 21 129

- 9.00 AM NCIS 10-12/24. (S15)
12.00 NOON Law & Order
6.00 NCIS Everything Starts Somewhere: 2/16. Flashbacks reveal the murder case that first introduced young Gibbs to NCIS and to Ducky.
7.00 Blood and Treasure: 3/16. The discovery of two dead bodies leads the NCIS team into the wild world of treasure hunting.
8.00 Sunburn: 4/16. McGee and his wife Delilah's vacation turns into a mission. (S18)
9.00 Law & Order Mammon: 12/24. A wealthy man is killed in his home. (S15)
10.00 Law & Order: Special Victims Unit (S8&7)
1.55 AM The Blacklist (S3)
2.50 Law & Order: Special Victims Unit (S17)
3.35 to 4.00 AM Criminals: Caught on Camera

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

- 8.00 AM Bargain-Loving Brits in the Sun
10.00 Nightmare Tenants, Slum Landlords
11.00 Traffic Cops
2.00 PM Police Interceptors
5.00 Dogs Behaving (Very) Badly Animal training.
6.00 Home and Away
7.00 GPs: Behind Closed Doors Medical series.
8.00 Casualty 24/7: Every Second Counts.
9.00 Serial Killer Wives
10.00 A&E After Dark
11.00 999: Emergency Call Out A baby girl suffers an anaphylactic shock.
12.00 M'T **FILM** Ouija: Origin of Evil Horror prequel. (2016, 15, 99min) ★★★
1.55 AM Casualty 24/7: Every Second Counts
2.45 GPs: Behind Closed Doors Medical series.
3.30 Home and Away
3.55 to 4.00 AM Entertainment News

+1 hour 228/229 326 141

5Action

150 130 33 132

- 9.00 AM Entertainment News
9.05 Outback Truckers
10.05 Traffic Cops
11.05 Police Interceptors
12.05 PM **FILM** California Western with Ray Milland. (1946, PG, 97min) ★★★
2.10 **FILM** Rage at Dawn Western starring Randolph Scott. (1955, U, 87min) ★★
4.00 Outback Truckers
5.00 Traffic Cops
6.00 Police Interceptors
9.00 Inside the Force Officers deal with a fight over an alleged debt.
10.00 Sewermen A battle to clear a newly formed fatberg in Manchester.
11.00 Criminals: Caught on Camera Documentary.
12.00 M'T Police Interceptors
1.00 AM Fights, Camera, Action! Documentary.
2.00 Trucking Heavy
3.00 Trucking Hell
3.50 to 4.00 AM Entertainment News

W

132/133 827 125 25 156

- 6.10 AM MasterChef Australia Culinary show.
7.00 Tipping Point
11.00 DIY SOS: The Big Build
1.00 PM Tipping Point
4.00 My Dream Home
6.00 Tipping Point: Lucky Stars Double bill.
8.00 DIY SOS: The Big Build The team are in Worksop, Nottinghamshire.
9.00 Gemma and Gorka: Life Behind the Lens Gorka is going on tour as Gemma's maternity leave comes to an end.
10.00 Stacey Dooley Sleeps Over: Family and Me Stacey reflects on whether becoming a mother has changed her perspective.
11.00 Inside the Ambulance
1.00 AM Louis Theroux: America's Most Hated Family in Crisis
2.00 to 3.00 AM The Undateables

+1 hour 232/233 325

Drama

143 116 20 158

- 7.10 AM London's Burning
8.00 Doctors
9.20 Classic Holby City
10.40 Classic Casualty
11.40 The Bill
12.45 PM Classic EastEnders
2.00 London's Burning
3.00 Lovejoy
4.10 Tenko
5.15 Birds of a Feather
6.00 Waiting for God
6.40 Are You Being Served?
7.20 Last of the Summer Wine Classic comedy.
8.00 Dalziel & Pascoe The Dig: The detectives are called in when a body is found on a building site.
10.00 New Tricks Tiger Tiger: The team re-examine the circumstances surrounding a zookeeper's death.
11.20 Soldier, Soldier
12.20 AM Lovejoy
1.30 Call the Midwife
2.40 to 4.00 AM Classic Holby City

+1 hour 243 316 60

TUESDAY Entertainment

Really

142 128 17 160

- 6.00 AM Fantasy Homes in the City From London.
7.00 Teleshopping
8.00 Salvage Hunters
10.00 The Yorkshire Auction House
11.00 Antiques Road Trip
12.00 NOON Money for Nothing A horse saddle.
2.00 PM The Repair Shop
3.00 Antiques Road Trip
5.00 The Yorkshire Auction House
7.00 Antiques Road Trip
9.00 Dr Pimple Popper Mike sees a doctor about a huge growth.
10.00 Jenna is a bubbly teenager with a big bubble behind her ear.
11.00 90 Day Fiancé: Before the 90 Days
12.00 M'T Unexplained: Caught on Camera
1.00 AM Paranormal: Caught on Camera
2.00 Teleshopping
4.00 to 6.00 AM Animal Cops Houston

DMAX

159 169 39 150

- 6.00 AM Alaska: Last Frontier Documentary.
7.00 Building Off the Grid
8.00 Aussie Gold Hunters
9.00 Deadliest Catch
11.00 Building Off the Grid
12.00 NOON Alaska: Homestead Rescue
1.00 PM Outback Opal Hunters Documentary.
2.00 Gold Divers
4.00 Fifth Gear Recharged
5.00 Bitchin' Rides
6.00 Deadliest Catch
7.00 Alaska: Last Frontier
8.00 Outback Opal Hunters
9.00 Outback Crystal Hunters New edition
10.00 Deadliest Catch Josh and Casey place a bet.
11.00 Aussie Gold Hunters
12.00 M'T Naked and Afraid
1.00 AM Yukon Men
2.00 Teleshopping
4.00 Building Alaska
5.00 to 6.00 AM Maine Cabin Masters

+1 hour 259 369 151

HGTV

158 191 44 166

- 7.00 AM The Restoration Man
8.00 Love Your Garden
9.00 A Place in the Sun
10.00 Escape to the Country
11.00 A Place in the Sun
12.00 NOON My Lottery Dream Home
1.00 PM Bargain Mansions
2.00 Flip or Flop Double bill.
3.00 Good Bones
4.00 Escape to the Country
5.00 Love Your Garden
6.00 A Place in the Sun
7.00 Money for Nothing
8.00 Escape to the Country
9.00 Married to Real Estate New edition A family find their forever home.
10.00 Rock the Block New edition Kristina Crestin comes to judge.
11.00 Home Town
12.00 M'T A Place in the Sun
1.00 AM The Restoration Man
2.00 Flip or Flop Double bill.
3.00 to 4.00 AM My Lottery Dream Home

+1 hour 258/262 391

Challenge

145 139 48 146

- 7.00 AM The Chase Triple bill.
10.00 Catchphrase
10.30 Through the Keyhole
11.00 Pointless Celebrities: World Cup Special
12.00 NOON Cash Trapped
1.00 PM Tenable
2.00 Classic Who Wants to Be a Millionaire? Quiz.
3.00 Catchphrase
4.00 Through the Keyhole
5.00 Bullseye Four editions.
7.00 Cash Trapped Quiz hosted by Bradley Walsh.
8.00 The Chase Double bill of the quiz show.
10.00 Classic Who Wants to Be a Millionaire? Big-money quiz show hosted by Chris Tarrant.
11.00 Bullseye Double bill of the darts-based quiz.
12.00 M'T Through the Keyhole Panel show.
1.00 AM Cash Trapped
2.00 The Chase Double bill.
4.00 Classic Who Wants to Be a Millionaire? Quiz.
5.00 to 6.00 AM Bullseye

Food Network

140/141 190 43 148

- 6.00 AM Southern Kitchen
7.00 The Pioneer Woman
8.00 Money Saving Meals
9.00 James Martin...
10.00 Jamie Oliver: Together
11.00 Caribbean Kitchen
12.00 NOON Great British Bake Off Double bill.
2.00 PM James Martin...
3.00 The Hairy Bikers
4.00 The Pioneer Woman
5.00 Girl Meets Farm
6.00 James Martin: Yorkshire's Finest
7.00 Great British Bake Off
8.00 The Hairy Bikers
9.00 Mary Berry - Cook & Share From Edinburgh.
9.30 Nadiya Bakes
10.00 Caribbean Kitchen
11.00 BBQ USA New edition
12.00 M'T Guy's Grocery Games New edition
1.00 AM Restaurant: Impossible From Belen.
2.00 to 3.00 AM Diners, Drive-Ins and Dives

+1 hour 240/241 149

TLC

133/134 828 165

- 7.00 AM My Lottery Dream Home Double bill.
8.00 Flip or Flop
9.00 Say Yes to the Dress: UK Reality series.
10.00 Dr Pimple Popper
11.00 I Am Jazz
12.00 NOON Unexpected: Teenage & Pregnant
1.00 PM Sister Wives
3.00 7 Little Johnstons
4.00 Little People, Big World Documentary.
5.00 I Am Jazz
6.00 Dragnificent!
7.00 Say Yes to the Dress
8.00 Unbelievable Me
9.00 The Bad Skin Clinic
10.00 Bad Hair Day
11.00 Sex Sent Me to the ER
12.00 M'T Body Bizarre
1.00 AM Unbelievable Me
2.00 Bad Hair Day
3.00 Sex Sent Me to the ER
4.00 Body Invaders
5.00 to 6.00 AM My Lottery Dream Home

+1 hour 233/234 365

GREAT! action

323 426 42

- 8.00 AM Wild West...
9.00 FILM Meteor Moon Thriller. (2020, PG) ★★
10.50 Wings at War: Fight for Britain
12.00 NOON Wild West Chronicles Double bill.
1.00 PM FILM Aces 'N Eights Western. (2008, 12) ★★
2.45 FILM Mackenna's Gold Western adventure. (1968, 15, 136min) ★★★
5.15 FILM Surface to Air Drama. (1997, 15) ★★
7.10 FILM Asteroid-aggaddon Adventure. (2020, PG, 90min) ★★
9.00 FILM Killing Salazar Thriller. (2016, 15) ★★
11.05 FILM Contract to Kill Thriller. (2016, 15) ★★
1.05 AM FILM 6 Below: Miracle on the Mountain Adventure. (2016, 12, 98min) ★★★
3.00 Battle for Warsaw
3.50 to 5.00 AM War Machines

+1 hour 324

Legend

148 149 41 137

- 8.00 AM Walker, Texas Ranger 23/26. (S3)
9.00 Airwolf 11/22. (S2)
10.00 Mission: Impossible
11.00 FILM The Philadelphia Experiment Thriller. (2012, 15, 89min) ★★
1.00 PM FILM Sea of Sand Action drama. (1958, b/w, U, 97min) ★★★
3.00 FILM Aces - Iron Eagle III Adventure sequel. (1993, 15, 98min) ★
5.00 Star Trek 4/30. (S1)
6.00 Mission: Impossible
7.00 Airwolf 12/22. (S2)
8.00 Walker, Texas Ranger
9.00 FILM A Reason to Live, A Reason to Die Spaghetti Western. (1972, PG, 92min) ★★★
10.50 FILM Soldier Blue Western. (1970, 18, 109min) ★★★★★
1.00 AM FILM The Resort Horror. (2015, 15) ★★
2.50 to 4.20 AM FILM The Terrors Drama. (1967, U, 77min) ★

Comedy Central

112/113 812 132 345 360

- 8.00 AM Most Ridiculous
9.00 Takeshi's Castle
10.00 Impractical Jokers
11.00 Home Improvement
12.00 NOON Last Man Standing (S1)
12.55 PM Friends (S8&9)
7.55 Friends 13/24. Ross enlists Chandler to help make Rachel jealous.
8.30 14/24. Joey and Phoebe play Cupid. (S9)
9.00 FILM Scream 4 Horror sequel with Courteney Cox and Neve Campbell. (2011, 15, 110min) ★★★
11.10 Greatest Ever Christmas Movie Blunders
1.10 AM Michael McIntyre's Big Show Variety show.
2.10 Out of Order
3.10 The Ricky Gervais Show
3.35 The Comedy Central Chart Show
3.40 The Daily Show New edition Talk show.
4.10 to 5.00 AM Friends

+1 hour 212/213 332

GREAT! movies

321 425 34

- 9.00 AM FILM Deadly Patient Drama. (2018, 12) ★★
11.00 FILM The Narcissist Thriller. (2019, 12) ★★
1.00 PM FILM Fatal Flatline Drama. (2020, PG) ★★
2.55 FILM Her Son's Deadly Secret Crime thriller. (2018, PG, 87min) ★★
5.00 FILM Nowhere To Be Found Crime thriller. (2019, PG, 93min) ★★
7.05 FILM Murder 101: If Wishes Were Horses Drama. (2007, PG) ★★
9.00 FILM Beyond the Law Thriller starring DMX. (2019, 15, 89min) ★
10.55 FILM The Green Hornet Fantasy action comedy. (2011, 12, 118min) ★★★★★
1.20 AM FILM Surface to Air Gulf War action thriller. (1997, 15, 93min) ★★
3.20 Wild West Chronicles
4.00 to 6.00 AM FILM The Sinister Surrogate Thriller. (2018, 12) ★★

+1 hour 322

Legend Xtra

317 171 69 138

- 6.00 AM FILM 6-Headed Shark Attack (2018)
8.00 FILM The Exterminators Sci-fi action adventure. (2013, 15, 90min) ★
10.00 Farscape 18/22. (S2)
11.00 FILM Time Without Pity Mystery thriller. (1957, b/w, PG, 88min) ★★
1.00 PM FILM The Blood Beast Terror Horror. (1967, 12, 88min) ★
3.00 Farscape 8/22. (S2)
4.00 Six Million Dollar Man
5.00 FILM 6-Headed Shark Attack Thriller sequel starring Brandon Aurret. (2018, 15, 86min) ★★
7.00 Farscape 9/22. (S2)
8.00 Six Million Dollar Man
9.00 FILM Sitting Bull Western. (1954, U, 106min) ★★
11.05 FILM The Cleaning Lady Horror thriller. (2018, 18, 90min) ★★
12.55 to 3.00 AM FILM Sitting Bull As 9.00pm.

+1 hour 318 371 139

Comedy Cen. Extra

127/128 154

- 6.00 AM Impractical Jokers: Inside Jokes Double bill.
7.00 Teleshopping
9.00 Becker 9-12/24. (S3)
11.00 Friends 8-11/24. (S2)
1.00 PM Caught on Camera: Funniest Moments
2.00 Criminally Funny
2.50 Impractical Jokers
3.20 Daria Animation.
5.00 Becker 11 & 12/24. (S3)
6.00 Home Improvement
7.00 Last Man Standing
9.00 Rhod Gilbert's Growing Pains With Bill Bailey.
10.00 Friends 21/24. A bad review upsets Monica.
10.30 22/24. Chandler falls asleep at Joey's film premiere. (S8)
11.00 Friends (S8&9)
1.00 AM The Ren & Stimpy Show Double bill.
2.00 South Park (S14&15)
3.00 Beavis and Butt-Head
3.45 Reno 911! (S1)
4.30 Ugly Americans (S2)
5.15 to 6.00 AM Guessable?

GREAT! romance

319 424 52

- 8.00 AM FILM Love on Harbor Island Drama. (2020, PG, 80min) ★★
10.00 FILM Love and Sunshine Drama. (2019, PG) ★★
12.00 NOON FILM Love to the Rescue Drama. (2019, PG, 84min) ★★
2.00 PM FILM Grounded for Christmas Drama. (2019, PG, 86min) ★★
4.00 FILM Christmas on Holly Lane Drama. (2018, PG, 83min) ★★
6.00 FILM Oh Christmas Tree! Romantic comedy. (2013, U, 87min) ★★
8.00 FILM Christmas Confessions Comedy. (2015, PG, 98min) ★★
9.50 FILM Love in the Sun Drama. (2019, PG) ★★
12.00 M'T Highway to Heaven
1.00 AM FILM Charm of Love Drama. (2020, PG) ★★
3.00 to 5.00 AM FILM A Love to Remember Drama. (2021, PG, 90min) ★★

+1 hour 320 63

Blaze

164 174 64 162

- 6.00 AM Dickinson's Real...
6.40 Pawn Stars Double bill.
7.30 Auction Hunters
7.55 Storage Wars
8.55 Hardcore Pawn
10.15 Close Encounters...
11.10 Curse of Skinwalker Ranch Documentary.
12.10 PM Curse of Oak Island
1.05 The UnXplained
2.05 Pawn Stars Double bill.
3.05 Hardcore Pawn
4.00 Ancient Aliens
6.00 Close Encounters Down Under
7.00 Wicked Tuna
8.00 Dickinson's Real Deal
9.00 Instruments of Death
10.00 History's Greatest Mysteries Documentary.
11.00 Curse of Oak Island
1.00 AM The UnXplained
2.00 Wicked Tuna
3.00 Hardcore Pawn: Behind the Deal
3.25 Close Encounters...
4.10 to 6.00 AM Ancient Aliens

Sky Replay

152 156

- 7.00 AM Sixth Sense with Colin Fry Double bill.
8.00 Four Weddings
10.00 Sun, Sea and A&E
11.00 The Force: Manchester
12.00 NOON Highway Cops
1.00 PM Road Wars
2.00 Most Haunted
4.00 Merlin 5&6/13. (S3)
6.00 Warehouse 13 (S1)
8.00 Highway Cops
9.00 Prodigal Son You Can Run: 11/13. Malcolm is in a race against time to track multiple killers.
10.00 Sun and Fun: 12/13. Malcolm gets into hot water with US marshal Emily Ruiz. (S2)
11.00 The Equalizer 5/10. (S4)
12.00 M'T A League of Their Own: Mexican Road Trip
1.00 AM Road Wars
2.00 A League of Their Own
3.00 Duck Quacks Don't Echo Lee Mack hosts.
4.00 Four Weddings
5.00 to 6.00 AM Sixth Sense with Colin Fry

GREAT! real

189 61

- 9.00 AM Heathrow: Britain's Busiest Airport
11.00 Police Ten 7
1.00 PM Police Ten 7
2.00 Air Rescue
3.00 Island Medics
4.00 The Motorway: Life in the Fast Lane
5.00 Inside British Airways
6.00 Inside King's Cross: The Railway A passenger falls between a platform and a departing train.
7.00 Inside Paddington Station Four editions of the series taking a behind-the-scenes look at one of the UK's busiest transport hubs.
11.00 Police Ten 7 The work of police in New Zealand.
1.00 AM Cops Uncut
2.00 Coast Guard Alaska
3.00 Coast Guard Pacific Northwest
4.00 to 5.50 AM Police Ten 7

+1 hour 289

5SELECT

153 138 46 133

- 9.00 AM The Yorkshire Vet
1.00 PM Bargain-Loving Brits in the Sun
3.00 Murder, She Wrote
4.00 Columbo
5.30 The Yorkshire Vet
6.00 Paul Martin's Antiques Showdown New editions Paul and Yexue Li search for antique treasures in Cambridgeshire.
7.00 Paul and Yexue find themselves racing against the clock.
8.00 Susan Calman's Great British Cities The comedian explores the stories of some of Britain's great conurbations.
9.00 Ben Fogle: New Lives in the Wild Ben visits musician Vanessa Forer in Colombia.
10.00 Nazi Megastructures
12.00 M'T Forged in Fire
3.30 to 4.00 AM The Yorkshire Vet

MTV

126/127 824 134

- 6.00 AM The Hills
6.25 16 and Pregnant
7.10 Dallas Cowboys Cheerleaders
11.00 Catfish on the Run
12.00 NOON Catfish: The TV Show Seven editions.
7.00 PM Teen Mom Australia
8.00 Catfish: The TV Show
9.00 Queerphilly Tayce and Munroe Bergdorf are joined by Tia Kofi & Florence Given to discuss their Queerphillies.
9.30 Featuring Yasmin Finney, Munroe Bergdorf and Layton Williams.
10.00 Are You the One? Back-to-back hookups label Kai a player.
11.00 Ink Master
12.00 M'T Ridiculousness New edition Rob, Steelo, and Carly Aquilino hit the rapids with 'wack yakers'.
12.30 AM Ridiculousness
1.00 Ink Master
2.45 Georgie Shore
3.35 to 4.00 AM Teen Cries

★★★★★ Excellent ★★★★★ Very Good ★★★★★ Good ★★★★★ Average ★★★★★ Poor

Discovery

125/126 823 177 320 325

- 6.00 AM **How It's Made**
 7.00 **Deadliest Catch**
 8.00 **Building Off the Grid**
 9.00 **Combat Dealers**
 10.00 **Demolition Down Under**
 11.00 **Wheeler Dealers**
 1.00 PM **Barnwood Builders**
 3.00 **Gold Rush** Documentary.
 4.00 **Alaska: Homestead Rescue**
 A rift threatens a family on their overcrowded homestead.
 6.00 **Demolition Down Under**
 A team bring down an old petrol station to make way for a new railway station.

9.00 **Gold Rush: Parker's Trail**

- 7.00 **Bitchin' Rides** A hauler comes in for a makeover, and since KevDogg's the resident truck expert, he oversees the build.
 8.00 **Supertruckers** Steve and Sam race to take a dockside container-stacker from Sunderland for shipping to Sweden.
 9.00 **Gold Rush: Parker's Trail**
 Parker travels the Madeira River into the Brazilian wilderness, hunting for a fleet of dredges.
 10.00 **Gold Divers** **New edition**
 The fleet gamble to save their season, while Mr Gold takes a chance on shallow ground.
 11.00 **Gold Divers** **New edition**
 Part two of two. Chris risks it all on another solo dive.
 12.00 **M'T Gold Divers** The Kellys attempt to make their gold-sucking Crawler work.
 1.00 AM **Gold Rush: Parker's Trail**
 2.00 **Gold Divers** Double bill.
 4.00 to 5.00 AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/178 178

- 8.00 AM **Tanked** A reef tank.
 9.00 **Pit Bulls & Parolees**
 10.00 **My Cat from Hell**
 11.00 **Animal Cops Philadelphia**
 12.00 **NOON Tanked**
 1.00 PM **How Do Animals Do That?** Double bill of editions.
 2.00 **Wild Australia**
 3.00 **Wild Mexico** The wildlife of the North American country.
 4.00 **My Cat from Hell**
 5.00 **Animal Cops Philadelphia**
 A breeder selling sick puppies.
 6.00 **Tanked** Adrian Peterson orders a classy aquarium.

8.00 **The Zoo**

- 7.00 **Pit Bulls & Parolees**
 A Houston couple is torn between two dogs and cannot decide which one to take home with them.
 8.00 **The Zoo** A gorilla must undergo a root canal to fix his tooth problem. Plus, a pair of puma cubs travel to their new home.
 9.00 **The Zoo** A fennec fox's future hangs in the balance when he is diagnosed with a rare heart condition.
 10.00 **Alaska Monsters**
 The team head to southern Alaska to investigate sightings of a bigfoot-like creature.
 11.00 **Cold Blooded Peruvian Predator: Expedition Mungo**
 12.00 **M'T South American Squatch of Argentina: Expedition Mungo** Documentary.
 1.00 AM **Alaska Monsters**
 2.00 **My Cat from Hell**
 3.00 **Animal Cops Philadelphia**
 4.00 to 5.00 AM **Tanked**

+1 hour 262/278 378

Nat Geographic

129/130 825 183

- 8.00 AM **Food Factory**
 9.00 **Air Crash Investigation**
 10.00 **World War II: Secrets from Above** Documentary.
 11.00 **Megafactories**
 12.00 **NOON Car S.O.S**
 1.00 PM **Airport Security: Peru**
 2.00 **Air Crash Investigation**
 3.00 **Nazi Megastructures**
 4.00 **Drain the Oceans**
 5.00 **Car S.O.S** A Jaguar Mk2.
 6.00 **Lost Treasures of Egypt**
 Archaeologists investigate Egypt's legendary pharaoh, Alexander the Great.

6.00 **Lost Treasures of Egypt**

- 7.00 **Air Crash Investigation**
 Investigators must determine how a freshly serviced plane was released with a fatal flaw.
 8.00 **Hitler: The Lost Tapes of the Third Reich** Hitler embarks on a genocidal war of conquest, which threatens millions of lives.
 9.00 **Gallipoli's Deep Secrets**
 Dr Robert Ballard dives beneath the surface of Turkish waters to find ships and submarines.
 10.00 **Erased: WWII Heroes of Colour** The untold story of the Black Panthers, an elite African American tank battalion.
 11.00 **Air Crash Investigation**
 12.00 **M'T To Catch a Smuggler**
 1.00 AM **Drain the Oceans: Deep Dive** Documentary.
 2.00 **Money Meltdown**
 2.30 **Food Factory** Double bill.
 3.20 **Lords of War**
 4.10 to 5.00 AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

- 6.00 AM **American Pickers**
 7.00 **Pawn Stars** Double bill.
 9.00 **American Pickers**
 10.00 **Swamp People: Serpent Invasion** Double bill.
 12.00 **NOON The UnXplained with William Shatner**
 1.00 PM **Pawn Stars**
 2.00 **Auction Hunters**
 3.00 **Shipwrecks: When History Resurfaces** Double bill.
 5.00 **Pawn Stars** Corey calls for back-up when an iconic find makes its way into the store.
 6.00 **American Pickers**

9.00 **Hitler's Handmaidens**

- 7.00 **Forged in Fire** In this head-to-head final round, bladesmiths must recreate Butterfly Swords – deadly combat swords.
 8.00 **What on Earth?** **New edition** Anomalies appearing on images to get an understanding of unexplained phenomena.
 9.00 **Hitler's Handmaidens** **New edition** The women who trained Hitler in the methods of high society to launch him to power.
 10.00 **Hitler's Handmaidens** **Series finale** Eva Braun is Adolf Hitler's most famous girlfriend – but she was not his first.
 11.00 **Paranormal: Caught on Camera – Top 100**
 12.00 **M'T Pawn Stars** A collection of *Jurassic Park* toys comes in.
 1.00 AM As 5.00pm.
 2.00 **The Curse of Oak Island**
 3.00 **What on Earth?** As 8.00pm.
 4.00 **Forged in Fire** As 7.00pm.
 5.00 to 6.00 AM **Auction Hunters**

+1 hour 223/224 331

Yesterday

155 846 129 27 159

- 6.10 AM **Hornby: A Model World**
 8.00 **Abandoned Engineering**
 10.00 **The World at War**
 11.00 **World War Weird**
 12.00 **NOON Great British Railway Journeys** Double bill.
 1.00 PM **Antiques Roadshow**
 2.00 **Bangers & Cash**
 4.00 **The World at War**
 5.00 **World War Weird** A look at how the US Navy turned to animals for inspiration.
 6.00 **Antiques Roadshow** The team visit the Black Country Living Museum in Dudley.

6.00 **Antiques Roadshow**

- 7.00 **Canal Boat Diaries** **New edition** Robbie finds a message in a bottle on the Ashby Canal and calls in to meet a mate.
 8.00 **Bangers & Cash**
 Derek's search for the unusual lands him a 1947 Lea Francis that is half made of wood.
 9.00 **Bangers & Cash: Restoring Classics** The team pay over the odds for a VW Campervan, and they hope to break even.
 10.00 **Bangers & Cash** Derek picks up a five vehicle haul from a collector who can no longer look after his motors.
 11.00 **Abandoned Engineering**
 Exploring Air Studios, which became a mecca for rock legends. Plus, Tskaltubo in Georgia, built to host a dictator.
 12.00 **M'T Great British Railway Journeys** Double bill.
 1.00 AM **Hornby: A Model World**
 2.00 to 3.00 AM **Scouting for Toys**

+1 hour 255 329 74

Quest

144 834 137 12 172 167

- 6.00 AM **How Do They Do It?**
 6.30 **Shed and Buried**
 7.00 **The Repair Shop**
 8.00 **American Pickers**
 10.00 **Chasing Classic Cars**
 11.00 **Massive Engineering Mistakes** Documentary.
 12.00 **NOON How Do They...**
 2.00 PM **Salvage Hunters**
 3.00 **Shed and Buried**
 4.00 **Find It, Fix It, Flog It**
 5.00 **Salvage Hunters: The Restorers**
 6.00 **Wheeler Dealers**
 7.00 **Aussie Gold Hunters**
 8.00 **Salvage Hunters**
 9.00 **Vinnie Jones in the Country** **New edition**
 10.00 **Richard Hammond's Workshop** A Nissan GTR.
 11.00 **How Do They Do It?**
 12.00 **M'T British Speedway**
 1.00 AM **Cars That Rock**
 2.00 **Chasing Classic Cars**
 3.00 **Overhaulin'**
 4.00 to 5.00 AM **How It's Made**

+1 hr 244 337 70 168

Quest Red

149 168 40 169

- 6.00 AM **Say Yes to the Dress: UK** Double bill.
 7.00 **Say Yes to the Dress**
 8.00 **Say Yes to the Dress: Atlanta** Reality series.
 9.00 **Say Yes to the Dress**
 11.00 **Disappeared**
 12.00 **NOON Forensic Detectives**
 1.00 PM **FBI Files**
 2.00 **American Monster**
 4.00 **Murder on CCTV**
 5.00 **Evil Lives Here**
 6.00 **The Murder Tapes**
 7.00 **A Killer's Mistake**
 8.00 **Murder on CCTV**
 10.00 **Murder in the Heartland** **New edition**
 The story of Beth Kutz.
 11.00 **Murder in the Heartland** The murder of Charlene Puffenberger.
 12.00 **M'T The Suitcase Murders** Crime series.
 1.00 AM **Betrayed**
 2.00 **Murder Comes to Town**
 3.00 to 4.00 AM **FBI Files**

+1 hour 249 170

True Crime

146 148 67 135

- 9.00 AM **Judge Judy**
 1.00 PM **Judge Judy**
 7.00 **Evidence of Evil**
 8.00 **See No Evil** A student is found shot and bound in a Boston hotel room.
 9.00 **Handsome Devils**
 Rachel Entwistle believes her husband to be Prince Charming, but he lives a secret life of sex, and the pressure of hiding his secret becomes too much.
 10.00 **Bloodline Detectives**
 The mystery of the death of a woman in Annandale, Virginia.
 11.00 **Shocking Crimes: Murder Book**
 12.00 **M'T Murder in Paradise**
 1.00 AM **Handsome Devils**
 2.00 **Bloodline Detectives**
 3.00 **Donal MacIntyre's Released to Kill**
 4.00 **Evidence of Evil**
 4.50 to 6.00 AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

- 9.00 AM **Crimes That Shook Australia** Double bill.
 11.00 **Medical Detectives**
 1.00 PM **Medical Detectives**
 2.00 **Crimes That Shook Australia** Double bill.
 4.00 **Medical Detectives**
 A frozen body wrapped in sheets is found.
 4.30 Police search for a man who committed several crimes in 1957.
 5.00 A tragedy on a shrimp boat sees the captain drown.
 5.30 Investigators piece together tiny clues at the scene of a hit-and-run accident.
 6.00 A wealthy real-estate tycoon is killed.
 6.30 A look at what caused a house fire that killed an elderly couple.
 7.00 **Judge Judy** Real-life small-claims cases.
 12.05 AM **Judge Judy**
 4.45 to 6.00 AM **Medical Detectives**

+1 hour 222/223 321

Sky Crime

122/123 820 121 349 364

- 6.00 AM **Highway Patrol**
 7.00 **Border Security USA**
 8.00 **Brit Cops UK**
 9.00 **Highway Cops**
 10.00 **Caught on Dashcam**
 11.00 **Catching the Killer**
 12.00 **NOON Murders That Shocked the Nation**
 1.00 PM **How I Caught the Killer** True-crime series.
 2.00 **Killer in My Village**
 3.00 **Most Evil Killers**
 5.00 **Killer in My Village**
 6.00 **Catching the Killer**
 7.00 **Most Evil Killers**
 9.00 **Killer in My Village**
 10.00 **Murders That Shocked the Nation**
 11.00 **World's Most Evil Killers**
 12.00 **M'T How I Caught the...**
 1.00 AM **An Unexpected Killer** Crime series.
 2.00 **Killer Siblings**
 3.00 **Britain's Most Evil Killers**
 4.00 **Road Wars**
 5.00 to 6.00 AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

174 187 84 155

- 8.00 AM **Beautiful Serengeti**
 8.40 **The Exiles: Secretly Deported** Documentary.
 9.45 **Henry VIII and the King's Men**
 10.45 **The War As 8.35pm.**
 11.50 **Pan Am: Crossing the Pacific** Documentary.
 1.00 PM **Asteroid Rush**
 2.05 **The Exiles: Secretly Deported** Documentary.
 3.05 **Henry VIII and the King's Men**
 4.10 **The War As 8.35pm.**
 5.15 **Pan Am: Crossing the Pacific** Documentary.
 6.30 **The Exiles: Secretly Deported** Documentary.
 7.35 **Henry VIII and the King's Men**
 8.35 **The War Americans' fears of defeat in the early months of the war.**
 9.40 **Pan Am: Crossing the Pacific** Documentary.
 10.55 **Military Masterminds**
 12.00 **M'T Henry VIII and the King's Men**
 12.55 to 2.00 AM **The War**

TUESDAY

Films

Sky Documentaries

121/122 819 188 352 367

- 6.00 AM The Good Fight Club
- 7.00 Discovering: Michael Douglas
- 8.00 The Directors Sidney Lumet.
- 9.00 The Seventies Gender roles.
- 10.00 Branson
- 11.05 Italia 90: Four Weeks That Changed the World
- 12.00 NOON **FILM** Amy Asif Kapadia's portrait of Amy Winehouse. (2015, 15, 128min) ★★★★★
- 2.30 PM Wishful Drinking
- 4.00 The Directors Sidney Lumet.
- 5.00 Discovering: Michael Douglas
- 6.00 The Seventies Gender roles.
- 7.00 Branson
- 8.05 Italia 90: Four Weeks That Changed the World
- 9.00 **FILM** Bobby Documentary celebrating Bobby Moore. (2016, PG, 95min) ★★★★★
- 11.00 **FILM** Gascoigne An interview with footballer Paul Gascoigne. (2015, 15, 90min) ★★
- 12.50 AM Wirecard: A Billion Euro Lie
- 2.50 The Newspaperman: The Life and Times of Ben Bradlee
- 4.40 My Icon: Sophie Cook
- 5.00 to 6.00 AM Discovering: Michael Douglas

Crime+Investigation

156 837 133

- 6.00 AM On the Case
- 7.00 Homicide Hunter
- 9.00 Robbie Coltrane's Critical Evidence
- 10.00 Imperfect Murder
- 11.00 I Met My Murderer Online
- 11.30 Motive to Murder
- 12.00 NOON Real Murders of Atlanta
- 1.00 PM Mastermind of Murder
- 2.00 Accident, Suicide or Murder?
- 3.00 Robbie Coltrane's Critical Evidence
- 4.00 Nightmare in Suburbia
- 5.00 Interrogation Raw
- 6.00 The First 48
- 8.00 Imperfect Murder **New edition**
- 9.00 The Real Murders of Atlanta **New edition** A young paralegal is stabbed to death.
- 10.00 Sin City Murders **New edition**
- 11.00 Homicide Hunter
- 12.00 M'T Britain's Darkest Taboos
- 1.00 AM Real Murders of Atlanta
- 2.00 Sin City Murders
- 3.00 Accident, Suicide or Murder?
- 4.00 The Real Murders of Atlanta
- 5.00 to 6.00 AM Imperfect Murder

+1 hour 256 333

Eden

166 176

- 9.00 AM Hornby: A Model World
- 1.00 PM Hornby: A Model World
- 7.00 Hornby: A Model World Airfix designer Paramjit attempts to shrink an original Mosquito to 1:72 scale.
- 8.00 The pressure is on to design two quick build models of the Ford Mustang in time for the summer holiday.
- 9.00 Experienced designer Carl attempts to recreate a World War One biplane.
- 10.00 Designer Sam attempts to create a model of Winston Churchill's funeral wagon.
- 11.00 Record producer Pete Waterman is commissioned by Chester Cathedral to construct a monster layout.
- 12.00 M'T Anthony Bourdain: Parts Unknown Anthony Bourdain explores the history and cuisine of Copenhagen.
- 1.00 AM Hornby: A Model World
- 5.25 to 6.00 AM David Attenborough's Natural Curiosities

+1 hour 266 376

Sky Nature

124/125 822 189 354 369

- 6.00 AM Wild Pacific Rescue
- 7.00 Monkey Life
- 8.00 Hope for Wildlife
- 9.00 Wild Castles Carcassonne.
- 10.00 Undiscovered Vistas
- 11.00 Into the Wild: India
- 12.00 NOON Secrets of the Enchanted Forests
- 1.00 PM Monkey Life
- 2.00 Hope for Wildlife
- 3.00 Wild Castles Carcassonne.
- 4.00 Undiscovered Vistas
- 5.00 Into the Wild: India
- 6.00 Secrets of the Enchanted...
- 7.00 Monkey Life Double bill.
- 8.00 Caught in Motion Slow-motion footage of aquatic creatures.
- 9.00 Jaguar Journals
- 10.00 Secrets of the Enchanted Forests Exploring the planet's most diverse woodlands.
- 11.00 Into the Wild: India
- 12.00 M'T Island of the Monsoon
- 1.00 AM Tales from Zambia
- 2.00 Caught in Motion As 8.00pm.
- 3.00 Jaguar Journals
- 4.00 Hope for Wildlife
- 5.00 to 6.00 AM Wild Castles

WILD

165 841 182

- 8.00 AM Yukon Vet
- 9.00 Animal Fight Club
- 10.00 A Leopard's Legacy
- 11.00 Animals Gone Wild
- 12.00 NOON Fish Tank Kings
- 1.00 PM Yukon Vet
- 2.00 Ten Deadliest Snakes with Nigel Marven
- 4.00 Secrets of the Zoo: North Carolina
- 5.00 Wicked Tuna
- 6.00 Snakes in the City
- 7.00 Yukon Vet Behind the scenes on the documentary series.
- 8.00 Dr Oakley discovers a cow with a nasty infection.
- 9.00 Queens A gelada monkey and an Ethiopian wolf fight for their families.
- 10.00 Something Bit Me A double-mauling and a marine mystery leave victims scarred.
- 11.00 Snakes in the City
- 12.00 M'T Lawless Island
- 1.00 AM World's Deadliest
- 2.00 Yukon Vet
- 3.00 Secrets of the Zoo: North Carolina
- 4.00 to 5.00 AM Yukon Vet

ID

154 166

- 6.00 AM Disappeared: Finding Andrea Documentary.
- 7.00 Teleshopping
- 8.00 Reasonable Doubt
- 9.00 Murder Comes to Town
- 11.00 The Perfect Murder
- 1.00 PM Web of Lies
- 3.00 Killed Before Dawn: People Magazine Investigates
- 4.00 Gucci Crimes of Fashion: People Magazine Investigates
- 5.00 Reasonable Doubt
- 6.00 Evil Lives Here: Shadows of Death Documentary.
- 7.00 Grave Secrets Shauna Tiaffay.
- 8.00 Married to Evil Amanda Perrault's dream move to a lake house turns into a nightmare.
- 9.00 A Crime to Remember The battle to overturn a rape allegation with racist overtones.
- 10.00 Evil Lives Here
- 12.00 M'T I'd Kill for You
- 2.00 AM Married to Evil
- 3.00 Reasonable Doubt
- 4.00 Evil Lives Here: Shadows of...
- 5.00 to 6.00 AM Grave Secrets

+1 hour 254 366

Sky History 2

163/168 840 186

- 6.00 AM Ancient Aliens
- 7.00 Ancient Aliens: The Ultimate Evidence
- 8.00 Bermuda Triangle: Into Cursed Waters
- 9.00 Traitors
- 10.05 The Battle of Britain
- 11.00 Ancient Aliens
- 1.00 PM Britain's Most Historic Towns Portsmouth.
- 2.00 Digging for Britain
- 3.00 Monsterquest
- 5.00 What on Earth?
- 6.00 Mysteries from Above
- 7.00 Winston Churchill's War Focusing on Winston Churchill's time as prime minister.
- 8.00 Cracking the Code The code that won the Great War.
- 9.00 Battle 360 A rookie platoon leader suffers his first losses.
- 10.00 Colosseum
- 11.00 National Park Mysteries
- 12.00 M'T Ancient Aliens
- 2.00 AM Digging for Britain
- 3.00 Britain's Most Historic Towns
- 4.00 National Park Mysteries
- 5.00 to 6.00 AM Winston Churchill's War

Discovery History

177 181

- 6.00 AM Expedition Unknown
- 7.00 How the Universe Works
- 8.00 Blowing Up History
- 9.00 Combat Dealers
- 10.00 Salvage Hunters: The Restorers
- 11.00 Find It, Fix It, Flog It
- 12.00 NOON Combat Dealers
- 1.00 PM How It's Made
- 2.00 How the Universe Works
- 3.00 Salvage Hunters: The Restorers
- 4.00 Mysteries at the Museum
- 5.00 Blowing Up History
- 6.00 Combat Dealers
- 7.00 Expedition Unknown
- 8.00 Wings of War
- 9.00 Combat Dealers
- 10.00 Salvage Hunters: The Restorers
- 11.00 Find It, Fix It, Flog It
- 12.00 M'T Expedition X
- 1.00 AM How It's Made
- 2.00 Salvage Hunters: The Restorers
- 3.00 Wings of War
- 4.00 to 5.00 AM Find It, Fix It...

+1 hour 277 381

Discovery Turbo

161/172 180

- 6.00 AM Supertruckers
- 7.00 Wheeler Dealers
- 8.00 Goblin Works Garage
- 9.00 Mike Brewer's World of Cars
- 10.00 Fifth Gear Recharged
- 11.00 Salvage Hunters: Classic Cars
- 12.00 NOON Shed and Buried
- 1.00 PM Extreme RVs
- 2.00 Wheeler Dealers
- 3.00 Vintage Voltage
- 4.00 Kevin Hart's Muscle Car Crew
- 5.00 Wheeler Dealers
- 6.00 Shed and Buried
- 7.00 Salvage Hunters: Classic Cars
- 8.00 Kevin Hart's Muscle Car Crew A discussion about stance and paint leads the gang to visit the Peterson Museum of LA.
- 9.00 Junkyard Empire
- 10.00 Wheeler Dealers
- 11.00 Salvage Hunters: Classic Cars
- 12.00 M'T Kevin Hart's Muscle Car Crew As shown at 8.00pm.
- 1.00 AM Iron Resurrection
- 2.00 Fast N' Loud
- 3.00 Wheeler Dealers
- 4.00 to 5.00 AM Trans Am

+1 hour 261/272

Sky Cinema Premiere

301 401 501 515

- 6.50 AM Ride On As 1.30am.
- 9.05 The Inseparables Animation. (2023, U, 90min) ★★★
- 10.40 Am I OK? As 6.15pm.
- 12.25 PM Meg 2: The Trench
- 2.25 Blue Beetle Sci-fi fantasy. (2023, 12, 127min) ★★★★★
- 4.35 Bonus Track Comedy starring Joe Anders and Samuel Small. (2023, 12, 98min) ★★★
- 6.15 Am I OK? Romantic comedy drama starring Dakota Johnson. (2022, 15, 86min)



4.35 Bonus Track

- 8.00 Meg 2: The Trench Action thriller sequel starring Jason Statham. When a mining operation unleashes a school of megalodon sharks, rescue expert Jonas Taylor attempts to save the day. With Cliff Curtis. (2023, 12, 115min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.00 The Exorcist: Believer Horror sequel starring Leslie Odom Jr and Ellen Burstyn. A single parent battles to save the soul of his daughter, 13 years after the death of his wife. (2023, 15, 111 min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.55 The Royal Hotel Thriller. (2023, 18, 91 min) ★★★
- 1.30 AM Ride On Chinese action comedy drama. Subtitled. (2023, PG, 126min) ★★★
- 3.45 Turtles All the Way Down Drama. (2024, 12, 111 min)
- 5.40 to 6.15 AM Sky Cinema Preview

Sky Cinema Drama

310 410 510 524

- 7.30 AM West North West Drama. (2015, 15, 125min) ★★★
- 9.40 Spoiler Alert Comedy drama. (2022, 15, 112min) ★★★
- 11.40 The King's Speech Oscar-winning drama starring Colin Firth and Geoffrey Rush. (2010, 12, 118min) ★★★★★
- 1.45 PM Jerry Maguire Comedy drama starring Tom Cruise. (1996, 15, 139min) ★★★★★
- 4.10 Lamborghini: The Man Behind the Legend Drama with Frank Grillo. (2022, 12, 97min) ★★
- 5.55 The Colour Room Period drama starring Phoebe Dynevor. (2021, PG, 109min) ★★★★★
- 8.00 The Fabelmans Director Steven Spielberg's semi-autobiographical drama, with Michelle Williams and Gabriel LaBelle. Growing up in post-World War Two-era Arizona, young Sammy Fabelman aspires to become a filmmaker. (2022, 12, 151min) ★★★★★
- 10.40 Allied Epic wartime thriller starring Brad Pitt, Marion Cotillard and Jared Harris. (2016, 15, 124min) ★★★★★
- 12.55 AM Lamborghini: The Man Behind the Legend As 4.10pm.
- 2.40 The Colour Room As 5.55pm.
- 4.45 to 7.25 AM The Fabelmans

Sky Cinema Hits

303 403 503 517

- 6.00 AM Extinct (2021, U) ★★★
- 7.40 57 Seconds As 12.30am.
- 9.35 Cocaine Bear Comedy thriller. (2023, 15, 95min) ★★
- 11.15 Robin Hood: Prince of Thieves Fantasy adventure. (1991, PG, 138min) ★★
- 1.40 PM Mad Max: Fury Road Thriller. (2015, 15) ★★★★★
- 3.45 Being John Malkovich Surreal comedy. (1999, 15) ★★★★★
- 5.45 Fast & Furious 5 Thriller sequel. (2011, 12, 130min) ★★★



8.00 Snow White and the...

- 8.00 Snow White and the Huntsman Fantasy adventure starring Kristen Stewart, Chris Hemsworth and Charlize Theron. A young princess strives to overcome her evil stepmother with the aid of a widowed huntsman and a group of dwarfs. (2012, 12, 127min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 10.20 Hellboy II: The Golden Army Comic-book horror fantasy sequel starring Ron Perlman, Selma Blair and Doug Jones. (2008, 12, 115min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.30 AM 57 Seconds Thriller starring Josh Hutcherson. (2023, 15, 99min) ★★★
- 2.20 Twist Crime comedy starring Michael Caine. (2021, 12, 90min) ★★★★★
- 4.05 to 6.00 AM The Hurricane Heist Thriller starring Toby Kebbell. (2018, 12, 103min) ★

Sky Cinema Sci-fi/Horror

311 411 511 525

- 7.35 AM The Frighteners As 3.05am.
- 9.30 Star Trek: First Contact Sci-fi. (1996, 12, 110min) ★★★★★
- 11.25 Mr. Vampire Horror comedy. (1985, 15, 96min) ★★★
- 1.10 PM The Purge: Anarchy Horror sequel. (2014, 15, 102min) ★★★
- 2.55 The Woman in Black Chiller. (2012, 12, 91 min) ★★★★★
- 4.35 It Horror starring Bill Skarsgård. (2017, 15, 135min) ★★★★★
- 6.50 The Matrix Revolutions Sci-fi action thriller starring Keanu Reeves. As the machine army advance on the underground city of Zion, messiah-like hero Neo remains trapped between the Matrix and the machine world. (2003, 15, 129min) ★★★★★
- 9.00 Looper Thriller starring Joseph Gordon-Levitt. In 2044 Kansas, a young hitman tries to stop his older future self from carrying out a mission of revenge. (2012, 15, 119min) ★★★★★
- 11.05 Frailty Horror with Bill Paxton. (2001, 15, 100min) ★★
- 12.55 AM Hannibal Rising Thriller prequel starring Gaspard Ulliel. (2007, 18, 116min) ★★
- 3.05 The Frighteners Horror comedy. (1996, 15, 110min) ★★
- 5.05 to 6.55 AM Mr. Vampire (1985)

Sky Cinema Family

306 406 506 520

- 6.35** AM **Mee-Shee: Water Giant**
8.20 **The Horse Dancer** As 2.10am.
10.25 **The Karate Kid** Adventure.
 (1984, 12, 127min) ★★★★★
12.40 PM **The Flintstones** Comedy.
 (1994, U, 93min) ★★
2.20 **The Flintstones in Viva Rock Vegas** Comedy prequel.
 (2000, PG, 91min) ★★
4.00 **The Karate Kid Part II**
6.10 **Johnny English Reborn**
 Spoof comedy sequel.
 (2011, PG, 101min) ★★



10.30 **The Karate Kid Part II**

- 8.00** **The Flash** Comic-book adventure starring Ezra Miller. Barry Allen uses his super speed to change the past, but his attempt to save his family creates a world without superheroes. With Sasha Calle, Michael Keaton and Ben Affleck. (2023, 12, 144min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.30** **The Karate Kid Part II**
 Martial arts adventure sequel with Ralph Macchio and Noriyuki 'Pat' Morita. (1986, PG, 113min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.25** AM **Mee-Shee: The Water Giant** Fantasy adventure. (2005, PG, 94min) ★★
2.10 **The Horse Dancer** Family drama. (2017, PG, 114min)
4.10 **Reuniting the Rubins** Comedy drama. (2010, PG, 98min) ★
5.55 **to 7.45** AM **The Spy Next Door** Action comedy. (2010, PG, 94min) ★★

Sky Cinema Statham

302 402 502 516

- 6.10** AM **The Cinema List: Threequals**
6.30 **The Beekeeper** As 12.35pm.
8.30 **Mean Machine** As 5.00am.
10.15 **Fast & Furious 6** Action thriller sequel. (2013, 12, 125min) ★★
12.35 PM **The Beekeeper** Thriller. (2023, 15, 105min) ★★
2.35 **The One** Martial arts sci-fi thriller. (2001, 15, 87min) ★★
4.15 **Safe** Thriller with Jason Statham. (2012, 15, 90min) ★★

- 6.00** **Meg 2: The Trench** Action thriller sequel starring Jason Statham. When a mining operation unleashes a school of megalodon sharks, rescue expert Jonas Taylor tries to save the day. (2023, 12, 115min) ★★
8.00 **Fast & Furious 7** Action thriller sequel starring Vin Diesel and Paul Walker. A rogue special forces assassin seeks revenge against Dom, Brian and their crew for putting his brother in a coma. (2015, 12, 132min) ★★

- 10.20** **London** Drama starring Chris Evans, Jessica Biel and Jason Statham. (2005, 18, 90min) ★
12.00 M'T **Safe** As shown at 4.15pm.
1.40 AM **The One** As 2.35pm.
3.15 **London** As shown at 10.20pm.
5.00 **to 6.45** AM **Mean Machine** Drama. (2001, 15, 99min) ★★

Sky Cinema Action

307 407 507 521

- 7.15** AM **Bullet to the Head**
8.55 **White House Down** (2013)
11.15 **Warcraft** Fantasy adventure. (2016, 12, 123min) ★★
1.25 PM **Accident Man: Hitman's Holiday** Crime comedy sequel. (2022, 15, 96min) ★★
3.10 **White House Down** Action thriller starring Channing Tatum. (2013, 12, 131min) ★★
5.30 **Spider-Man 3** Fantasy sequel starring Tobey Maguire. (2007, 12, 139min) ★★



3.10 **White House Down**

- 8.00** **Shazam! Fury of the Gods** Superhero sequel starring Zachary Levi. When vengeful gods arrive on Earth in search of stolen magic, Shazam and his allies get thrust into a battle for survival. With Helen Mirren. (2023, 12, 130min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.15** **Knights of the Zodiac** Fantasy drama starring Sean Bean, Mackenyu and Famke Janssen. (2023, 12, 112min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.15** AM **Bullet to the Head** Action thriller. (2012, 15, 89min) ★★
1.55 **Zu: Warriors from the Magic Mountain** Hong Kong fantasy. (1982, PG, 95min) ★★
3.45 **The Way of the Dragon** Hong Kong action adventure. (1972, 18, 99min) ★★
5.35 **to 7.35** AM **Once Upon a Time in China III** Hong Kong action adventure sequel. (1993, PG, 111min) ★★

Sky Cinema 80s

304 404 504 518

- 7.35** AM **Star Trek IV: The Voyage Home** As shown at 3.50pm.
9.35 **Superman III** As 1.20am.
11.45 **Fast Times at Ridgemont High**
1.25 PM **The Cinema List: The 90s**
1.45 **Jackie Chan's Police Story 2** Comedy thriller sequel. Dubbed. (1988, 15, 91min) ★★
3.50 **Star Trek IV: The Voyage Home** Sci-fi adventure. (1986, PG, 119min) ★★

- 6.00** **Back to the Future Part II** Comedy adventure sequel with Michael J Fox and Christopher Lloyd. (1989, PG, 107min) ★★
8.00 **The Untouchables** Brian De Palma's gangster thriller starring Kevin Costner and Sean Connery. US treasury agent Eliot Ness vows to bring down Chicago crime boss Al Capone. (1987, 15, 119min) ★★
10.00 **Videodrome** Surreal sci-fi thriller starring James Woods. (1982, 18, 88min) ★★

- 11.35** **Hellraiser** Horror fantasy. (1987, 18, 92min) ★★
1.20 AM **Superman III** Fantasy sequel. (1983, PG, 123min) ★★
3.35 **Fast Times at Ridgemont High** Comedy. (1982, 18) ★★
5.15 **to 6.05** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 408 508 522

- 7.15** AM **Book of Love** As 12.05am.
9.05 **National Lampoon's Animal House** Campus comedy. (1978, 15, 109min) ★★
11.00 **Scott Pilgrim vs. the World** Comedy. (2010, 12) ★★
1.00 PM **Bean** (1997, PG) ★★
2.40 **Strays** Canine comedy. (2023, 15, 93min) ★★
4.20 **Death Becomes Her** Fantasy. (1992, PG, 103min) ★★
6.10 **Asteroid City** Sci-fi comedy. (2023, 12, 105min) ★★



6.10 **Asteroid City**

- 8.00** **Parenthood** Comedy drama starring Steve Martin and Mary Steenburgen. An anxious father strives to do the best for his kids – but his efforts don't always work out as planned. (1989, 15, 124min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.15** **Click** Fantasy comedy starring Adam Sandler, Christopher Walken and Kate Beckinsale. (2006, 12, 103min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.05** AM **Book of Love** Romantic comedy starring Sam Claflin. (2022, 12, 106min) ★★
1.55 **Fear and Loathing in Las Vegas** Director Terry Gilliam's surreal adaptation of Hunter S Thompson's cult book. (1998, 18, 119min) ★★
4.00 **to 6.00** AM **Dinner for Schmucks** Comedy remake. (2010, 12, 113min) ★★

Sky Cinema Animation

305 412 500 514

- 6.30** AM **Mia and Me: The Hero of Centopia** Family adventure. (2022, U, 85min) ★★
8.00 **The Wild Thornberrys Movie** Animation. (2002, U) ★★
9.30 **Shaun the Sheep Movie** Animated comedy adventure. (2015, U, 85min) ★★
11.00 **Kung Fu Panda 3** As 7.10pm.
12.40 PM **The Lego Movie** Animation. (2014, U, 100min) ★★

- 2.25** **The Super Mario Bros Movie** Animation. (2022, PG) ★★
4.00 **PAW Patrol: The Mighty Movie** Animation. (2023, U) ★★
5.35 **Gnomeo & Juliet** Animated comedy. (2011, U, 83min) ★★
7.10 **Kung Fu Panda 3** Animated comedy sequel with the voices of Jack Black and Bryan Cranston. (2016, PG, 95min) ★★
8.55 **Mummies** Animated comedy. (2023, U, 88min) ★★
10.30 **Maya the Bee** Animated adventure. (2014, U, 86min) ★★

- 12.05** AM **The Snow Queen** Animation. (2013, U, 74min) ★★
1.30 **Free Birds** Animated comedy adventure. (2013, U, 91min) ★★
3.10 **Even Mice Belong in Heaven** Animation. (2021, PG) ★★
4.45 **to 6.25** AM **Red Shoes and the Seven Dwarfs** (2019, PG) ★★

Sky Cinema Thriller

309 409 509 523

- 6.25** AM **Haywire** Action thriller. (2012, 15, 88min) ★★
8.10 **Wit** As shown at 4.50am.
9.55 **Naked Singularity** Crime comedy. (2021, 15) ★★
11.40 **Identity** Mystery thriller. (2003, 15, 90min) ★★
1.15 PM **Hanna** Action thriller. (2011, 12, 106min) ★★
3.10 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★
5.30 **The Da Vinci Code** Thriller. (2006, 12, 149min) ★★



5.30 **The Da Vinci Code**

- 8.00** **The Commuter** Thriller starring Liam Neeson, Vera Farmiga and Patrick Wilson. An insurance salesman and former police officer gets himself caught up in a conspiracy during his commute home. (2018, 15, 105min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.50** **Breaking** Fact-based drama starring John Boyega and Michael K Williams. Faced with financial ruin, a Marine veteran takes bank workers hostages to get his outstanding payments. (2022, 15, 103min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.35** **The Da Vinci Code** (2006)
2.05 AM **Path to War** Political drama starring Michael Gambon, Alec Baldwin and Donald Sutherland. (2002, 15, 157min) ★★
4.50 **to 6.35** AM **Wit** Darkly comic drama with Emma Thompson. (2001, 12, 98min) ★★

Movies 24

312 419

- 7.00** AM **Love on Trend** Romantic drama. (2021, PG, 85min) ★★
9.00 **Campfire Romance** Comedy. (2022, PG, 90min) ★★
11.00 **Love and Penguins** Romantic comedy. (2022, PG, 90min) ★★
1.00 PM **An Easter Bloom** Drama. (2024, PG, 84min) ★★
3.00 **The Journey Ahead** Comedy starring Holly Robinson Peete. (2022, PG, 102min) ★★

- 5.00** **Love's Greek to Me** Romantic drama. (2023, PG, 90min) ★★
7.00 **Been There All Along** Romantic drama starring Marlie Collins and Adam Hollick. (2023, PG, 89min) ★★
9.00 **Body of Evidence: A Teagarden Mystery** Crime drama prequel starring Skyler Samuels and Marilu Henner. The sleuth faces her first mystery when her friend's fiancé goes missing just before the wedding. (2023, U, 87min) ★★

- 11.00** **A Slice of Chicago Romance** Drama. (2022, PG, 90min) ★★
1.00 AM **Harmony From the Heart** Comedy. (2022, PG, 87min) ★★
3.00 **to 5.00** AM **Write Place, Write Time** Comedy. (2023, PG) ★★

Movies 24+ 315 420

Film4

313 855 428 14 300

- **Films start at 11.00am**
11.00 AM **True Grit** Oscar-winning Western starring John Wayne. (1969, PG, 128min) ★★
1.50 PM **The Sons of Katie Elder** Western starring John Wayne. (1965, U, 122min) ★★
4.25 **Jason and the Argonauts** Mythological adventure. (1963, U, 99min) ★★
6.35 **The Eagle** Action adventure starring Channing Tatum. (2011, 12, 113min) ★★



6.35 **The Eagle**

- The Eagle**
 (film started at 6.35pm)
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00** **Monster Hunter** Fantasy adventure starring Milla Jovovich. A captain and her soldiers are transported to a new world, and engage in a battle for survival against enormous enemies. (2020, 12, 103min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.05** **The Big Man** Thriller starring Liam Neeson. An unemployed Scottish miner gets drawn into the world of bare-knuckle fighting. (1990, 18, 119min) ★★
1.25 **to 3.45** AM **Kes** Ken Loach's acclaimed drama about a 15-year-old working-class northerner whose life revolves around his pet kestrel. (1969, PG, 109min) ★★

+ 1 hour 314 430 47 301

Talking Pictures

328 445 82 306

- 6.00** AM **Flannelfoot** Crime thriller. (1953, b/w, U, 75min) ★
7.30 **Symbol of Service**
8.00 **Sherlock Holmes** 23/39. (S1)
8.35 **Guilty?** Courtroom drama. (1956, b/w, PG, 93min) ★★
10.25 **What's On TPTV with Noel**
10.35 **Night Was Our Friend** Thriller. (1951, b/w, PG, 61min) ★★
11.50 **Look at Life**
12.00 NOON **Worzel Gummidge** (S1)

- 12.35** PM **Rogue's Yarn** Mystery. (1957, b/w, PG, 77min) ★★
2.10 **Jane Eyre** Classic drama.
4.25 **Smokescreen** Thriller. (1964, b/w, U, 66min) ★★
5.55 **The Beverly Hillbillies** (S1)
6.30 **Scotland Yard** (S1)
7.05 **Four Star Theatre** (S3)
7.35 **Dangerous Assignment** (S1)
8.05 **Manhunt** 21/26. (S1)
9.05 **Maigret** 1/4. (S14)
11.15 **Cellar Club with Caroline Munro**
11.20 **Christine** Horror thriller. (1983, 18, 110min) ★★

- 1.35** AM **Cellar Club with Caroline...**
1.40 **Pin** Psychological thriller starring David Hewlett. (1988, 18, 103min) ★★
3.45 **Cellar Club with Caroline Munro**
3.50 **Stranger in Town** Crime drama. (1957, b/w, U, 74min) ★★
5.25 **to 6.00** AM **The Road to D-Day**

Sky Sports	Main Event
401 511 501 419 439	
6.00	AM Sky Sports News
7.00	Good Morning Euros
10.00	LIVE WTA & ATP Tennis Coverage of day two of the Libema Open, which is held at Autotron Rosmalen in s-Hertogenbosch, the Netherlands.
3.00	PM LIVE ICC Men's T20 World Cup Pakistan v Canada. Coverage of the Group A match from Nassau County International Cricket Stadium in New York.
7.00	LIVE T20 Blast Cricket Middlesex v Somerset. Coverage of the South Group match from Lord's in London.
9.45	Best of T20 Blast Finals Day
10.00	SSN Euro Report
11.00	Sky Sports News
12.00	M'T LIVE ICC Men's T20 World Cup Sri Lanka v Nepal. Coverage of the Group D match from Central Broward Park & Broward County Stadium, in Lauderhill, Florida.
1.00	AM LIVE ICC Men's T20 World Cup Australia v Namibia. Coverage of the Group B match from Sir Vivian Richards Stadium in North Sound, Antigua.
5.30 to 6.00 AM	Sky Sports News

TNT Sports 1

410

870

527

408

430

6.00

AM PSA Squash

7.00

Fishing: On the Bank

8.00

Serie A – Full Impact

9.00

Hockey Pro League action.

11.00

LIVE

Hockey Great Britain v Spain.

The men's FIH Pro League match. Push-back 11.00am.

1.00

PM Sign Up – Into Football

1.15

LIVE

Hockey China v Great Britain.

Coverage of the women's FIH Pro League match in London. Push-back 1.15pm.

3.15

TNT Sports Cricket Reload

3.30

LIVE

Hockey Germany v Australia.

The men's FIH Pro League match. Push-back 3.30pm.

5.30

TNT Sports Cricket Reload

5.45

LIVE

Hockey Australia v Germany.

The women's FIH Pro League match. Push-back 5.45pm.

7.45

T100 Triathlon World Tour

8.45

MotoGP Rewind

9.00

WWE Monday Night Raw

11.30

LIVE

MLB Baltimore Orioles v Atlanta Braves.

Coverage from Oriole Park. Start-time 11.35pm.

2.45

AM UFC Reloaded

4.30

Around the Block

5.00

to 6.00 AM

Down the Clubhouse

TNT Sports 4

421

876

530

411

434

6.00 AM NBA Action Highlights.

6.30 NBA on Fire The latest news.

7.00 UEFA Champions League – Classics The top ten finals.

9.00 Badminton Indonesia Open.

11.00 PSA Squash The British Open.

12.00 NOON WNBA

1.00 PM MLB Brewers v Blue Jays.

3.00 WSL Championship Tour

4.00 MLB Plays of the Week

4.30 NBA on Fire The latest news.

5.00 Fight Night Live

7.00 NBA Action The latest action.

7.30 WNBA Action from Connecticut Sun v New York Liberty.

8.30 NBA on Fire The latest news.

9.00 MLB Plays of the Week

9.30 Fishing: On the Bank

10.30 TNT Sports Cricket Reload

11.00 Women's T20 International Cricket Highlights of the five-match series between New Zealand and England.

4.00 AM TNT Sports Cricket Reload

4.30 to 6.00 AM MLB Classic

Sky Sports	Premier League
402 512 502 420 440	
6.00	AM PL Greatest Games
7.00	Good Morning Euros
10.00	Premier League Years Memorable moments from the 2008/09 season.
12.00	NOON Gary Neville's Soccerbox Gianfranco Zola. 12.30 PM Ian Wright.
1.00	Premier League Best Goals
2.00	Premier League Highlights
5.00	Premier League Review
7.00	Premier League Icons A profile of Fernando Torres.
7.30	Premier League 100 Club Former Arsenal striker Ian Wright charts his remarkable career.
8.00	SSN Euro Report The latest news from Euro 2024.
11.00	Class of '92: Full Time As the transfer window opens, Salford's owners look to bring in new faces to provide fresh impetus to their promotion bid.
12.00	M'T PL Retro A rerun of Chelsea v Burnley from 2017/18.
2.00	AM Premier League Years Action from the 2009/10 season.
4.00	Premier League Best Goals
5.00	Premier League 100 Club
5.30 to 6.00 AM	Premier League Legends

TNT Sports 2

411 **871** **528** **409** **431**

6.00 AM **AFL** A chance to see Adelaide Crows v Richmond Tigers.

8.00 Action from Western Bulldogs v Brisbane Lions.

10.00 Another chance to see Hawthorn Hawks v GWS Giants.

12.00 NOON West Coast Eagles v North Melbourne Kangaroos.

2.00 PM **Premiership Women's Rugby** Semi-final action.

4.00 **Premiership Rugby Union** Action from the final.

5.30 **Fishing: On the Bank**

6.30 **Premier League Stories**
An interview with Ashley Cole.

7.00 **Badminton** Action from the Indonesia Open finals.

9.00 **Hockey** Great Britain v Spain in the men's FIH Pro League.

10.00 China v Great Britain in the men's FIH Pro League.

11.00 Germany v Australia in the men's FIH Pro League.

12.00 M'T Australia v Germany in the women's FIH Pro League.

1.00 AM **Badminton**

3.00 **PSA Squash** Highlights.

4.00 **Formula E Unplugged**

4.30 **Formula E Flashback**

5.00 to **6.00** AM
O Arise, All You Sons

Eurosport 1

413 868 521 412 435

6.00 AM Mountain Biking

7.00 Cycling: Tour of Switzerland

8.00 Roland-Garros French Open.

11.00 Cycling: Tour of Switzerland

12.00 NOON Cycling: Giro d'Italia A review of the Grand Tour race.

1.00 PM Roland-Garros

4.00 World Superbikes

5.00 EWC All Access

5.30 The Cycling Show

6.00 FIA World Endurance Championship Action from the Six Hours of Spa-Francorchamps.

7.00 Cycling: Giro d'Italia

8.00 Cycling: Tour of Switzerland

9.00 The Cycling Show

9.30 Roland-Garros The men's singles final at the French Open.

11.00 Cycling: Tour of Switzerland

12.00 M'T Motocross World Championship From Latvia.

2.00 AM BMX European Championships In Verona, Italy.

3.00 Cycling: Tour of Switzerland

4.00 to 6.00 AM World Superbikes

Sky Sports	Football
403 513 503 421 441	
6.00	AM EFL Cup Retro Liverpool v Cardiff City in the 2012 final.
8.45	EFL Greatest Games
10.00	Championship Retro Watford v Leicester City in the 2013 play-off semi-final second leg.
12.00	NOON EFL Greatest Games
1.00	PM Championship Season Review The 2017/18 season.
2.00	EFL Trophy Football Peterborough United v Wycombe Wanderers in this year's final.
2.30	EFL Rivalries The rivalry between Norwich City and Ipswich Town.
3.00	EFL Cup Retro Chelsea v Manchester City in the 2019 final.
5.45	EFL Greatest Games
7.00	Championship Season Review A look at the 2018/19 season.
8.00	EFL Cup Highlights Top goals.
8.30	EFL Rivalries The rivalry between Birmingham City and Aston Villa.
9.00	Championship Retro Charlton Athletic v Sunderland in the 1998 Championship play-off final.
11.45	EFL Greatest Games
1.00	AM Championship Retro
3.00	EFL Cup Retro
5.00	EFL Rivalries
5.30 to 6.00 AM	Jimmy Glass: The Great Escape

TNT Sports 3

417 874 529 410 432

6.00

AM Premiership Women's Rugby Semi-final action.

8.00

European Rugby Challenge Cup Gloucester v Sharks.

9.30

Champions Cup Another chance to see Leinster v Toulouse.

11.00

Story of the Champions Cup

12.00

NOON UEFA Champions League Goals Reload

2.00

PM Fishing: On the Bank

3.00

Training Day At Brentford.

3.30

Ligue 1 Highlights

4.30

Serie A – Full Impact

5.30

Inside Serie A

6.00

UEFA Champions League – Classics The top ten finals.

8.00

UEFA Champions League Magazine A look back at the 2023/24 season.

9.00

UEFA Europa League & Conference League Magazine

11.00

Premiership Rugby Union Action from the final.

12.30

AM T100 Triathlon World Tour

1.30

Fishing: On the Bank

2.30

NBA Action Highlights.

3.00

NBA on Fire The latest news.

3.30

A-League Highlights

4.00

TNT Sports Goals Reload

5.00 to 6.00 AM

UEFA Champions League – Stories of the Finals

Eurosport 2

414 869 522 413 436

6.00 AM World Superbikes

8.00 Mountain Biking

9.00 Cycling: Tour of Switzerland

10.00 Speedway Grand Prix

11.00 British Speedway

12.00 NOON FIA World Endurance Championship

3.00 PM Mountain Biking

5.00 Roland-Garros The women's doubles final at the French Open.

6.30 Highlights of the men's doubles final at the French Open.

8.00 Motocross World Championship The first and second MXGP races from Latvia.

10.00 FIA World Endurance Championship Recent action.

12.00 M'T The Judo Show

1.00 AM Hall of Fame: Atlanta 1996

2.00 Bennetts British Superbikes

3.00 FIA World Endurance Championship Highlights.

4.00 Mountain Biking

5.00 to 6.00 AM

Cycling: Tour of Switzerland

Sky Sports	Cricket
404 514 504 422 442	
6.00	AM ICC Men's T20 World Cup
9.30	Best of ICC WT20
10.00	ICC Men's T20 World Cup
2.10	PM Best of ICC WT20
2.30	ICC Men's T20 World Cup South Africa v Bangladesh.
3.00	LIVE ICC Men's T20 World Cup Pakistan v Canada. Coverage of the Group A match from Nassau County International Cricket Stadium in New York.
7.00	LIVE T20 Blast Cricket Middlesex v Somerset. Coverage of the South Group match from Lord's in London.
9.45	Best of T20 Blast Finals Day
10.00	ICC Men's T20 World Cup
11.00	Dreams of a Nation
12.00	M'T LIVE ICC Men's T20 World Cup Sri Lanka v Nepal. Coverage of the Group D encounter from Central Broward Park & Broward County Stadium in Lauderhill, Florida.
1.00	AM LIVE ICC Men's T20 World Cup Australia v Namibia. Coverage of the Group B match from Sir Vivian Richards Stadium in North Sound, Antigua.
5.30 to 6.00 AM	ICC Men's T20 World Cup

Sky Sports	Action
408 517 507 426 446	
6.00	AM NFL Highlights
10.00	Fight Night International Xander Zayas v Patrick Teixeira.
11.00	NFL Highlights
3.00	PM Fight Night International A chance to see Vasilij Lomachenko v George Kambosos Jr in Perth.
4.00	NFL Highlights San Francisco 49ers v Green Bay Packers.
5.00	Action from Buffalo Bills v Kansas City Chiefs.
6.00	NBC's Pro-Football Talk
8.00	NFL Highlights San Francisco 49ers v Detroit Lions.
9.00	Super Bowl LVIII Highlights Action from San Francisco 49ers v Kansas City Chiefs.
10.00	NFL Highlights Action from New York Jets v Buffalo Bills.
11.00	Fight Night International A chance to see Vasilij Lomachenko v George Kambosos Jr in Perth.
12.00	M'T LIVE ICC Men's T20 World Cup Sri Lanka v Nepal. Coverage of the Group D match taking place at Central Broward Park & Broward County Stadium in Lauderhill, Florida.
4.30	AM NFL Bitesize Highlights
5.00 to 6.00 AM	Fight Night International

Sky Sports	Arena
412 518 508 427 447	
6.00	AM Premier League Darts The semi-finals and final from London.
9.15	PDC Classics Archive action.
10.15	Super League Highlights
11.00	Fight Night International
2.00	PM Super League A chance to see Huddersfield Giants v Hull FC.
4.05	Another chance to see Leeds Rhinos v Castleford Tigers.
6.10	Super League Gold
6.15	Super League Highlights
7.00	Women's Super League
7.15	Super League Highlights
8.00	Fight Night International Another chance to see Otabek Kholmatov v Raymond Ford.
9.00	Another chance to see Artur Beterbiev v Callum Smith.
10.00	Super League Highlights
11.00	Fight Night International
12.00	M'T The Insiders
1.00	AM Super League
5.10	Super League Gold
5.15 to 6.00 AM	Super League Highlights

Sky Sports	Golf
405 515 505 423 443	
6.00	AM US Open Official Films
8.00	DP World Tour Golf
9.00	PGA Tour Golf
10.00	McGinley & Chamblee at the US Open A look ahead.
11.30	US Open Epics From 2008.
12.30	PM McGinley & Chamblee at the US Open A look ahead.
2.00	US Open Golf Taking a look ahead to the 2024 US Open, which takes place at Pinehurst Resort and Country Club in North Carolina.
10.00	Fitzpatrick: The Boss of Brookline Documentary chronicling the career of Matt Fitzpatrick, who won his first Major in 2022 at the US Open.
11.00	PGA Tour Golf A chance to see the Memorial Tournament.
12.00	M'T US Open Official Films The story of the 2007 Major.
2.00	AM Golf Academy
3.00 to 6.00 AM	US Open Official Films

Sky Sports	Tennis
407 537 520 425 445	
6.00	AM Tennis The Libema Open.
10.00	LIVE WTA & ATP Tennis Day two of the Libema Open in s-Hertogenbosch, the Netherlands, where Ekaterina Alexandrova and Tallon Griekspoor are the reigning singles champions.
6.00	PM Tennis The final of WTA event the Internationaux de Strasbourg.
8.00	The final of the Open Parc.
9.00	The Libema Open.
1.00	AM Tennis Highlights.
2.00	US Open Classic Matches
2.15	Billie Jean King: My Story
2.30	US Open Classic Matches
3.00 to 6.00 AM	Tennis

Sky Sports	Mix
416 873 510 429 449	
6.00	AM Tennis Recent action.
8.00	ICC Men's T20 World Cup
9.30	Best of ICC WT20
10.00	ICC Men's T20 World Cup A chance to see India v Pakistan.
2.10	PM Best of ICC WT20
2.30	ICC Men's T20 World Cup South Africa v Bangladesh.
3.00	Fight Night International Frank Petitjean v Adam Azim.
4.00	Fight Night Amir Khan v Kell Brook from February 2022.
4.55	Tennis The Madrid Open.
6.25	LIVE T20 Blast Cricket Middlesex v Somerset. Coverage of the South Group encounter from Lord's, London.
9.45	Best of T20 Blast Finals Day
10.00	ICC Men's T20 World Cup
11.00	Indycar Action from the Grand Prix of Road America in Wisconsin.
12.00	M'T Formula 1 From Montreal.
1.00	AM US Open Official Films
2.00	Golf Academy Tips.
3.00 to 6.00 AM	Tennis

Sky Sports	F1
406 516 506 424 444	
6.00	AM The Home of F1
11.00	Formula 1 Canadian Grand Prix.
3.30	PM Ted's Notebook
4.00	Ollie Bearman: Saudi Superstar
4.10	Piastrri Quiz
4.15	Formula 1 Canadian Grand Prix.
6.30	Ted's Notebook
7.00	Jenson's 2009 F1 Memories
7.30	Indy NXT The sixth round.
8.40	Lando Norris vs The Lie Detector
8.50	Lando & The Chelsea Team
9.00	Indycar Action from Wisconsin.
10.00	Formula 1 Canadian Grand Prix.
11.00	Indycar Action from Wisconsin.
12.00	M'T Formula 1 In Montreal.
1.00 to 6.00 AM	The Home of F1

Wednesday

Evening Planner

12 June

Wednesday



Comedy

LAST ONE

Inside No. 9
BBC2, 10pm
The last-ever episode of Steve Pemberton (left) and Reece Shearsmith's darkly comic anthology.



Drama

LAST ONE

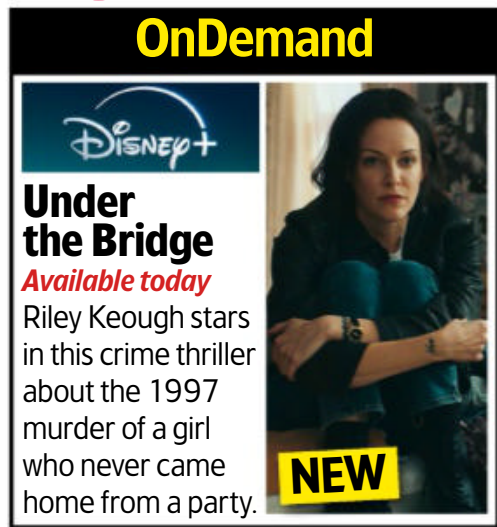
The Good Doctor
Sky Witness, 10pm
The hospital drama starring Freddie Highmore as autistic Dr Shaun Murphy draws to a close after seven seasons.



OnDemand

Presumed Innocent
Available today
Adaptation of the novel by Scott Turow, about a lawyer (Jake Gyllenhaal) who is accused of murder.

NEW



OnDemand

Under the Bridge
Available today
Riley Keough stars in this crime thriller about the 1997 murder of a girl who never came home from a party.

NEW

SKY EVENING TIME		7.00 PM	7.30 PM	8.00 PM	8.30 PM	9.00 PM	9.30 PM	10.00 PM	10.30 PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 Who Do You Think You Are?		10.00 News; Local News	
	102 BBC2	7.00 Your Garden Made Perfect		8.00 Springwatch		9.00 The Misadventures of Romesh...		10.00 Inside No. 9	10.30 Newsnight
	103 ITV1	6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Long Lost Family: Born Without Trace		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 The Fall: Skydive Murder Plot		10.00 Queenie	
	105 CHANNEL 5	7.00 The Motorway Hotel		8.00 The Motorway		9.00 Casualty 24/7: Every Second Counts		10.00 Trauma Room One	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 A League of Their Own: Mexican...		9.00 Film: The Bourne Identity			
ENTERTAINMENT	115 BBC3	7.00 The Traitors US				9.00 Confessions of a Teenage...	9.45 The Young Offenders		
	116 BBC4	7.00 Great British...	7.30 Villages by the...	8.00 Full Circle with Michael Palin		9.00 Rise of the Nazis: The Manhunt		10.15 Death in Paradise	
	118 ITV2	7.00 Deal or No Deal		8.00 Bob's Burgers		9.00 Love Island		10.05 G'wed	10.40 Family...
	136 MORE4	6.55 Car S.O.S.		7.55 The Dog House		9.00 Emergency Helicopter Medics		10.00 999: On the Front Line	
	135 E4	7.00 Hollyoaks	7.30 Come Dine...	8.00 Dance Moms		9.00 Gogglebox		10.00 Naked Attraction	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 Fire Country		10.00 The Good Doctor	
	108 SKY ATLANTIC	6.50 Billions		8.00 House of the Dragon: War Room		9.00 The Sympathizer		10.10 The Pacific	
	110 GOLD	6.40 Dad's Army		8.00 Only Fools and Horses	8.40 The Thin Blue Line	9.20 dinnerladies		10.00 The Royle Family	10.35 Bottom
	111 DAVE	7.00 Would I Lie to You?	7.35 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	6.55 Heartbeat		8.00 Midsomer Murders				10.00 Wire in the Blood	
	120 ITV4	6.55 The Chase Celebrity Special		8.00 Isle of Man TT		9.00 Film: Total Recall			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Kevin Bridges Live in Glasgow	
	139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Atlantis		9.00 Reginald the Vampire			
	113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own: Mexican...		9.00 The Walking Dead		10.00 Banshee	
DOCUMENTARY	109 ALIBI	7.00 Elementary		8.00 Death in Paradise		9.00 Alaska Daily		10.00 Death in Paradise	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Portrait Artist of the Year 2022		9.00 Painting Birds with Jim and Nancy Moir		10.00 The Eighties	
	132 W	7.00 Tipping Point: Lucky Stars		8.00 DIY SOS: The Big Build		9.00 Nick Knowles' Big House Clearout			
	125 DISCOVERY	7.00 Bitchin' Rides		8.00 Supertruckers		9.00 Deadliest Catch			
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 How Sharks Hunt		9.00 Sharktacular 2016		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Fiennes: Return to the Wild				10.00 Draining the Bermuda Triangle	
FILMS - Sky Cinema	123 SKY HISTORY	7.00 Forged in Fire		8.00 Mysteries from Above		9.00 The Curse of Oak Island		10.00 Deadman's Curse	
	155 YESTERDAY	7.00 Canal Boat Diaries		8.00 Great Coastal Railway Journeys		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Branson		8.05 Italia 90: Four Weeks That...		9.00 Terry Venables: A Man Can Dream			
	301 PREMIERE	5.50 Blue Beetle		8.00 Meg 2: The Trench				10.00 Am I OK?	
SPORT	302 STATHAM	6.20 The One		8.00 Fast & Furious 8				10.20 Meg 2: The Trench	
	303 HITS	5.30 Catch Me If You Can		8.00 Gran Torino				10.05 Jarhead	
	304 80S	5.50 The Untouchables		8.00 Beverly Hills Cop				10.00 Hellraiser	
	305 ANIMATION	7.05 Mummies		8.40 The Amazing Maurice				10.20 Rabbit Academy	
	306 FAMILY	6.00 Hotel for Dogs	7.50 Blithe Spirit			9.40 Reuniting the Rubins			
	307 ACTION	5.40 Shazam! Fury of the Gods		8.00 Gladiator					
	308 COMEDY	6.00 Gremlins		8.00 Blades of Glory		9.45 The Weather Man			
	309 THRILLER	5.55 No Country for Old Men		8.00 Serpico				10.10 Raging Fire	
	310 DRAMA	6.05 Eternal Sunshine of the Spotless Mind		8.00 Save the Last Dance				10.00 Emma	
	311 SCI-FI	6.55 Star Trek II: The Wrath of Khan				9.00 Sinister 2			
SPORT	313 FILM4	6.55 Keeping Up with the Joneses				9.00 Bad Boys for Life			
	401 MAIN EVENT	3.00 ICC Men's...	7.30 US Open Golf - Live: A look ahead to the 2024 US Open					10.00 SSN Euro Report	
	402 PREMIER LEAGUE	7.00 PL Icons	7.30 PL 100 Club	8.00 SSN Euro Report					
	403 FOOTBALL	7.00 Championship Season Review		8.00 EFL Cup...	8.30 EFL Trophy...	9.00 Retro League One			
	404 CRICKET	3.00 ICC Men's...	7.30 Vitality T20 Blast Cricket						
SPORT	410 TNT SPORTS 1	5.45 Hockey - Live: Great Britain v Australia (Push-back 5.45); Australia v Great Britain (Push-back 8.00)						10.00 Hockey	
	411 TNT SPORTS 2	6.00 MLB - Live: Minnesota Twins v Colorado Rockies (Start-time 6.10)				9.15 Sign Up - Into Football		10.00 UFC	

Denotes programmes starting before 7.00pm † Regions vary



BBC1

101 101 1 101 101

- 6.00** AM **Breakfast** (S)
9.30 **Morning Live** **New edition** (S)
10.45 **Scam Interceptors** **New edition**
 The scammers hurling a barrage of abuse at their victims. (S)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Rip Off Britain** (S)(R)
2.30 **Animal Park** (S)(R)(AD)
3.00 **Escape to the Country** A couple look for a home in Suffolk. (S)(R)
3.45 **Garden Rescue** Transforming an unsafe plot in Wilmslow. (S)(R)
4.30 **The Finish Line** **New edition** (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)(R)



8.00 The Repair Shop

- 7.00 The One Show**
 Alex Jones and Jermaine Jenas present the topical show. (S)
7.30 EastEnders
 Sharon finally tells Albie about Keanu's death, Linda prepares for his funeral, while Patrick and Yolande return. (S)(AD)

- 8.00 The Repair Shop**
New edition 6/25. Experts restore a 1990s BMX bike, a dress that once belonged to drag queen Danny LaRue, a painting from Holloway Fire Station and a dynamometer. (S)

- 9.00 Who Do You Think You Are?**
 Footballer-turned-presenter Alex Scott finds out about the Jewish ancestry on her mum's side, and travels to Jamaica to learn about the ancestors of her grandparents, who were part of the Windrush generation. (S)(R)

- 10.00 BBC News** (S)
10.30 Local News (S)
10.40 NEW TO BBC1
The Traitors US
 1/12. Strangers unite to embark on a game of detection, trust and backstabbing, in the hope of winning a cash jackpot. Three of the contestants coined 'the traitors' will devise a plan to steal the prize from the other contestants coined 'the faithful'. (S) *Previously shown on BBC3.*

- 11.40 The Traitors US** **New episode** 2/12. As the traitors try to complete their line-up, the first murder is committed. Some hard truths are revealed and the first player is banished from the game. (S)(R)
12.40 AM **Weather for the Week Ahead**
12.45 to **6.00** AM **BBC News** (S)

BBC2

102 102 2 102 102

- 6.30** AM **Homes Under the Hammer** (R)
7.30 **Clive Myrie's Caribbean Adventure** From Trinidad. (S)(R)
8.00 **Sign Zone: Rick Stein's Food Stories** A burrito. (S)(R)(AD)
8.30 **Sign Zone: Great British Railway Journeys** From Dundee. (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Mastermind** Quiz show. (S)(R)
2.15 **Five Bedrooms** (S4) (S)(R)(AD)
3.00 **Stanley Tucci: Searching for Italy** Stanley visits Piedmont. (S)(R)
3.45 **The Farmers' Country Showdown**
4.15 **Big Cats About the House** (S)(R)
5.15 **Flog It!** From Birmingham. (S)(R)
6.00 **Richard Osman's House of Games**
6.30 **Clive Myrie's Caribbean Adventure** **New edition** 13/15. Clive travels to Santo Domingo. (S)



9.00 The Misadventures of Romesh...

- 7.00 Your Garden Made Perfect**
 A duo hope to unlock the potential of their Manchester garden, and cameras follow a Wiltshire couple who have an unusual outdoor space. (S)(R)

- 8.00 Springwatch**
New edition 11/12. Chris Packham and Michaela Strachan begin the deliberation of which nests will fledge before the end of the series. (S)
 ■ Concludes tomorrow

- 9.00 The Misadventures of Romesh Ranganathan**
Series finale 3/3. Romesh concludes his African adventure on the island of Madagascar. (S)(AD)
 ■ Entire series on BBC iPlayer

- 10.00 Inside No. 9**
Series finale *Plodding On:* 6/6. The final episode of the award-winning anthology of films. See *feature, page 10*. (S9) (S)(AD)

- 10.30 Newsnight** (S)

- 11.00** **Weather** (S)
11.05 **Unspun World with John Simpson** A look at the week's major global news stories. (S)
11.30 **FILM The Conversation** Suspense thriller starring Gene Hackman, John Cazale and Allen Garfield. (S) (1974, 12, 110min) ★★★★★
1.20 AM **Sign Zone: The Great British Sewing Bee** (S)(R)
2.20 **Sign Zone: The Misadventures of Romesh Ranganathan** (S)(R)(AD)
3.20 to **6.45** AM **Previews** (S)

ITV1

103 103 803 103 3 103 103 103

- 6.00** AM **Good Morning Britain** (S)
9.00 **Lorraine** Entertainment, current affairs and fashion news. (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team travel to Cheltenham, where Jo Brayshaw finds a unique vinyl on her podium, and Henry goes for gold. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show presented by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)



7.30 Emmerdale

- 7.30 Emmerdale**
 Belle tries to convince herself that everything is going to be okay, Vinny leans in for a kiss with Gabby, and Ruby vows to turn herself in. (S)(AD)

- 8.00 Coronation Street**
 Toyah receives frightening news about Leanne, Summer arrives home with a new boyfriend to show off, and Ken requires round-the-clock care. (S)(AD)

- 9.00 Long Lost Family: Born Without Trace**
New edition Susanne from east London and Liz from Birmingham search for the families that abandoned them with help from Davina McCall and Nicky Campbell. (S)(AD)

- 10.00** **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston**
 Political magazine show hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)

- 11.40** **Absolutely India: Mancs in Mumbai** 6/6. The brothers take on a junior girl's hockey team. (S)(R)
12.05 AM **ITV Studio Sessions**
 Clara Amfo is joined by singer-songwriter Cat Burns. (S)(R)
12.30 **Teleshopping**
3.00 **Tonight: The Leader Interviews**
 An interview with Ed Davey. (S)(R)
3.25 **Unwind with ITV** (S)
4.40 to **6.00** AM **D-Day 80 at the Royal Albert Hall** (S)(SL)(R)(AD)

+1 hour 203 303 35 112

CHANNEL 4

104 104/108 804 108 4 104 104/106

- 6.30** AM **Cheers** 2&3/22. (S2) (S)(R)
7.20 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 21-24/24. (S10) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Norwalk, Ohio. (S)(R)
12.05 PM **News** (S)
12.10 **Ramsay's Kitchen Nightmares USA** From Seattle. (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** **New edition** (S)
3.00 **A Place in the Sun** From the southern Costa Blanca. (S)(R)
4.00 **New edition** Finding a holiday home on Gran Canaria. (S)
5.00 **Sun, Sea and Selling Houses**
New edition A retired IT professional looks for a holiday home. (S)
6.00 **Four in a Bed** (S)(R)
6.30 **The Simpsons** *It's a Mad, Mad, Mad, Mad Marge:* Otto ditches his fiancée at the altar. (S)(R)(AD)



8.00 Location, Location, Location

- 7.00** **News** (S)

- 8.00 Location, Location, Location**
New edition The dynamic property duo catch up with two sets of house-hunters who wanted to make the switch from London life to family life. (S)

- 9.00 The Fall: Skydive Murder Plot**
New edition 2/3. Victoria describes her recollection of the jump and what made her question her marriage, while Emile is bailed to continue his work in the army. (S)(AD)
 ■ Concludes tomorrow

- 10.00 Queenie**
New episode 7/8. Queenie ponders her relationship with her mother. (S)(AD)
10.35 **Series finale** 8/8. Decisions about the future torment Queenie. (S1) (S)(AD)
 ■ Entire series on C4 online

- 11.10** **Married to a Psychopath** (S)(R)
1.05 AM **The Piano: The Final** (S)(R)
2.15 **FILM Two of Us** Romantic drama starring Barbara Sukowa. The romance between two retired women is unexpectedly uncovered. (S)(SL) (2019, 12, 95min) ★★★★★
3.50 **Iris Prize Best British Shorts**
New edition *Ted & Noel.* (S)
4.20 **Grand Designs Australia** (S)(R)
5.15 **Kirstie's House of Craft** (S)(R)
5.25 **Frasier** 4/24. (S5) (S)(R)(AD)
5.50 to **6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121

7 PM

8 PM

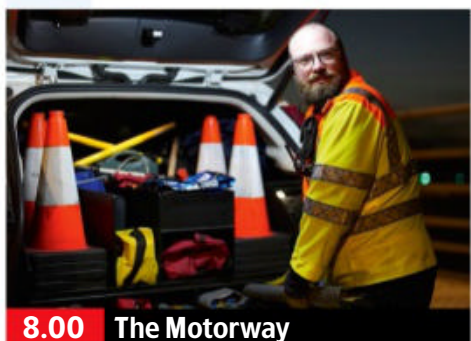
9 PM

10 PM

CHANNEL 5

105 105 805 105 5 105 105 105

- 5.35 AM **Milkshake!**
 9.15 **Jeremy Vine** (S)
 11.15 **Storm Huntley** (S)
 12.45 PM **Friends** (S8) (S)(R)(AD)
 1.40 **News** (S)
 1.45 **Home and Away** (S)(R)
 2.15 **FILM PREMIERE Blood in the Water** Thriller starring Lindsey Dresbach and Andrea Prevatt. (S) (2024, 12, 105min) ★★
 4.00 **Bargain-Loving Brits in the Sun** Paula has been running the Mad Munk for two years, so her team have a big reason to celebrate. (S)(R)
 5.00 **News** (S)
 6.00 **Police Interceptors** A dangerous driver leads the team on a white-knuckle ride across Nottinghamshire. (S)(R)
 6.55 **News** (S)



8.00 **The Motorway**

- 7.00 **The Motorway Hotel** **New edition** 2/4. Wedding co-ordinator Emily and operations manager Ness attempt to sell the charms of the hotel as a wedding venue at a local wedding fair. (S)
 7.55 **News** (S)

- 8.00 **The Motorway** **New edition** The entire motorway must be shut down after a high-speed motorbike crash, while patrollers Mickey and Lee discover an abandoned caravan parked on the hard shoulder. (S)

- 9.00 **Casualty 24/7: Every Second Counts** **New edition** 5/16. There's a shortage of space on the specialist wards that admit casualty patients, meaning the department is at risk of complete gridlock. (S)(AD)

- 10.00 **Trauma Room One** A patient is sped into theatre after a stroke, Lorna is rushed in for emergency surgery after breaking her back, and a consultant neurosurgeon must act extremely quickly to avoid paralysis. (S)(R)

- 11.05 **999: Emergency Call Out** (R)
 12.05 AM **Motorway Cops: Catching Britain's Speeders** (S)(R)
 1.00 **PlayOJO Live Casino Show** (S)
 3.00 **Secret Scotland with Susan Calman** The Central Belt. (S)(R)
 3.50 **How to Give Up Sugar (& Lose Weight)** (S)(R)
 4.40 **Wildlife SOS** (S)(SL)(R)
 5.05 **House Doctor** (S)(SL)(R)
 5.30 to 5.35 AM **Entertainment News** (S)

+1 hour 205 305 38 128

SKY SHOWCASE

106 106 806 109 340 355

- 6.00 AM **Sky News Breakfast**
 7.00 **Kay Burley**
 8.00 **UK Border Force** (S)(R)(AD)
 9.00 **Stargate SG-1** (S2) (S)(R)
 11.00 **Gangs of Lemur Island** (S)(R)
 12.00 NOON **The Flash** (S8) (S)(R)
 1.00 PM **MacGyver** (S1) (S)(R)(AD)
 3.00 **Hawaii Five-0** (S6) (S)(R)
 4.00 **S.W.A.T.** 3/18. (S4) (S)(R)(AD)
 5.00 **The Simpsons Once Upon a Time in Springfield** Romance blossoms between Krusty and his new co-star. (S)(R)
 5.30 **Bart Gets a Z** One of Bart's pranks backfires. (S)(R)
 6.00 **The Office (US)** 2/25. Michael and Dwight bump into Jan at a convention. (S)(R)
 6.30 3/25. Michael gets in trouble when he declares it is Movie Monday. (S3) (S)(R)



6.00 **The Office (US)**

- 7.00 **The Simpsons** **Million Dollar Maybe**: Homer wins \$1 million on the lottery but keeps it a secret. (S)(R)
 7.30 **Boy Meets Curl**: A date night leads to Homer and Marge heading for the Winter Olympics. (S)(R)

- 8.00 **A League of Their Own: Mexican Road Trip** Jamie Redknapp, Jill Scott, Micah Richards and Mo Gilligan explore the city of La Paz, where they have to photograph a sea lion colony while scuba diving. (S)(R)

- 9.00 **FILM The Bourne Identity** Spy thriller starring Matt Damon and Franka Potente. An amnesiac man is found floating in the Mediterranean by the crew of an Italian fishing vessel. The only clues to his identity are the bullets in his back and the Swiss bank account number embedded in his hip. As he travels to Zurich to solve the mystery, it becomes clear that, whoever he is, there are those who wish him dead. (S) (2002, 12, 119min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

- 11.15 **Brassic** 3/8. A camping trip turns into a nightmare when the gang end up horrendously lost. (S4) (S)(R)
 12.15 AM **The Force: Manchester** A traffic cop gets a lot more than he bargained for. (S)(R)
 1.10 **Brit Cops: Rapid Response** (R)
 2.05 **Road Wars** (S)(R)
 3.00 **Hawaii Five-0** (S6) (S)(R)
 4.00 **S.W.A.T.** 3/18. (S4) (S)(R)(AD)
 5.00 to 6.00 AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1
SCOTLAND
 Sky 964, Virgin 862, Freesat 964
 3.00-3.45pm **Politics Scotland** (S)

N. IRELAND
 Sky 966, Virgin 863, Freesat 966
 10.40pm **FILM** George Best: All By Himself (S)(R) (2016, 12, 90min) ★★
 12.10am **The Traitors US** (S)(R) 1.10 **Celebrity Bridge of Lies** (S)(R) 1.55-6.00am **BBC News** (S)

WALES
 Sky 965, Virgin 864, Freesat 965
 9.00-10.00pm **Max Boyce** at 80 (S)(R) 10.40 **BBC Wales Live New edition** (S) 11.10 **The Traitors US** (S)(R) 12.10am **The Traitors US** (S)(R) 1.10-6.00am **BBC News** (S)

BBC2
N. IRELAND
 Sky 969, Freesat 969
 No variations

WALES
 Sky 968, Freesat 968
 No variations

ITV1
 No variations

S4C
 Sky 134, Virgin 164, Freesat 120
 6.00am **Cyw** 11.00 **Dysgu Gyda Cyw** 12.00noon **Newyddion S4C a'r Tywydd** 12.05pm **Richard Holt: Yr Academi Felys** 12.30 **Heno** 1.00 **Codi Hwyl** 1.30 **Garddio a Mwy** 2.00 **Newyddion S4C a'r Tywydd** 2.05 **Prynhawn Da New edition** 3.00 **Newyddion S4C a'r Tywydd** 3.05 **Y Gymraeg: Hawl Pob Plentyn** 4.00 **Awr Fawr** 5.00 **Stwnsh** 6.00 **Cais Quinnell** 6.30 **Rownd a Rownd** (AD) 6.57 **Newyddion S4C** 7.00 **Heno New edition** 7.30 **Newyddion S4C a'r Tywydd** 8.00 **Pobol y Cwm New episode** (AD) 8.25 **Ma'i Off 'Ma New edition** (AD) 8.55 **Newyddion S4C a'r Tywydd** 9.00 **NEW SERIES Colli Cymru I'r Môr** (AD) 10.00 **Ceffylau, Sheikhs a Chowbois** 10.30-11.35pm **Yr Anialwch**

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 107/113 23 107 107

BBC3 programmes start at 7.00pm



- 7.00 PM **NEW SERIES The Traitors US** 1/12. Strangers unite to embark on a game of detection, backstabbing and trust in the hope of winning a cash jackpot.
 7.55 **The Catch Up**
 8.00 **The Traitors US** **New edition** 2/12. As the Traitors attempt to complete their line-up, the first murder is committed.
 9.00 **Confessions of a Teenage Fraudster New edition** 2/3. Elliot becomes more paranoid than ever.
 9.45 **The Young Offenders** 5/6. A birthday party is planned for Jock and Siobhán's daughter Star. 10.15 6/6. Star discovers the Billy Murphy mask. (S4)
 10.45 **Back to Life** 5&6/6. (S1)
 11.35 **Confessions of a Teenage Fraudster** As 9.00pm.
 12.20 AM **I Kissed a Boy**
 1.05 **Boot Dreams: Now or Never** Documentary.
 2.05 **Back to Life**
 2.55 to 3.55 AM **Roman Kemp: The Fight for Young Lives**

MORE4

136/137 831 147 18 124

- 8.55 AM **A Place in the Sun**
 10.25 **A New Life in the Sun**
 11.25 **Find It, Fix It, Flog It**
 12.30 PM **Come Dine with Me**
 3.10 **Four in a Bed** Five editions of the B&B challenge.
 5.50 **Chateau DIY** Trish makes a rotten discovery under her pool decking, while Sarah and George open their doors to the village.
 6.55 **Car S.O.S** Tim and Fuzz are taking on a 1984 Opel Manta GTE owned by a former amateur rally driver.
 7.55 **The Dog House** A French bulldog meets drag queen John and partner Sammy, while the unluckiest dog on Woodgreen animal charity's books goes on two dates.
 9.00 **Emergency Helicopter Medics New edition** Crews treat a painter with a possible bleed on the brain, a motorcyclist with a broken leg and severely deformed wrist, and a woman who has been trampled by a foal.
 10.00 **999: On the Front Line** 6/8. A postal worker who may have broken his hip, and a women in excruciating pain with kidney stones.

- 11.05 **24 Hours in A&E**
 12.10 AM **Emergency Helicopter Medics**
 1.15 **999: On the Front Line**
 2.20 **24 Hours in A&E**
 3.25 to 3.55 AM **A Place in the Sun**

+1 hour 236/237 347 125

BBC4

116 107/108 9/24 106 108

BBC4 programmes start at 7.00pm



- 7.00 PM **Great British Railway Journeys** Michael travels from Belfast to Portrush.
 7.30 **Villages by the Sea** Coastal villages that have often been on the frontline of history.
 8.00 **Full Circle with Michael Palin** The intrepid actor journeys across the dangerous Sulu Sea.
 8.50 **Michael Palin: The Art of Travel** Michael imagines a train journey to Blackpool.
 9.00 **Rise of the Nazis: The Manhunt** The hunt to capture high-ranking Nazis.
 10.00 **NEW Don Warrington and Tony Jordan Remember Death in Paradise** The actor and the producer reflect on their time working on the show.
 10.15 **Death in Paradise**
 11.15 **Fever Pitch: The Rise of the Premier League**
 1.15 AM **Full Circle with Michael Palin** As 8.00pm.
 2.05 **Great British Railway Journeys** As 7.00pm.
 2.35 to 3.35 AM **Rise of the Nazis: The Manhunt**

E4

135/136 830 106 13 122

- 6.00 AM **Hollyoaks**
 7.00 **Ramsay's Kitchen Nightmares USA**
 9.00 **Brooklyn Nine-Nine**
 10.00 **Young Sheldon**
 11.00 **Modern Family**
 12.00 NOON **The Big Bang Theory** 8-11/23. (S3)
 2.00 PM **The Goldbergs**
 3.00 **Modern Family**
 4.00 **Young Sheldon**
 5.00 **The Big Bang Theory**
 7.00 **Hollyoaks** A couple are hiding a murderous secret.
 7.30 **Come Dine with Me** Retired advertising sales director Gill hosts the third dinner party of the week.
 8.00 **Dance Moms** After weeks of battling the other mothers, Jill and Kendall withdraw their girls from Abby's studio.
 9.00 **Gogglebox** Critics' opinions on *A Nightmare on Elm Street 3: Dream Warriors*, *Sex, Love & Goop*, *Strictly Come Dancing*, *The Cube* and *Celebrity Ghost Trip*.
 10.00 **Naked Attraction** A former club rep and a technophobe each choose a date.
 11.05 **First Dates**
 12.10 AM **The Big Bang Theory**
 1.15 **Brooklyn Nine-Nine**
 2.10 **Modern Family**
 3.00 **Dance Moms**
 3.50 **Ramsay's Kitchen Nightmares USA**
 4.40 to 6.00 AM **The Neighborhood**

+1 hour 235/236 306 30 123

Sky Witness

107 807 110 341 356

- 6.00 AM Air Ambulance ER
- 7.00 Border Patrol Double bill.
- 8.00 UK Border Force
- 9.00 999 Frontline
- 10.00 Bull 20/22. (S6)
- 11.00 Blue Bloods 2/20. (S12)
- 12.00 NOON New Amsterdam (S4)
- 1.00 PM 9-1-1 8/18. An explosion rocks the hospital where Dr Hale is performing surgery. (S5)
- 2.00 FBI: Most Wanted 8/22. A prized racehorse and its groom are taken hostage. (S3)
- 3.00 Caught Red Handed
- 4.30 Nothing to Declare



9.00 Fire Country

Sky Atlantic

108/109 808 342 357

- 6.00 AM Fish Town Double bill.
- 7.55 True Blood 7&8/10. (S7)
- 10.05 Billions 6&7/12. (S7)
- 12.15 PM Game of Thrones (S7)
- 1.20 The Sopranos 5/13. The reshuffle in the Soprano crew is not to everyone's liking.
- 2.25 6/13. Tony attacks a former friend. (S2)
- 3.30 True Blood 9/10. Hoyt is reminded of his past.
- 4.35 10/10. Eric and Pam wrangle with Mr Gus. (S7)
- 5.45 Billions 8/12. Chuck and Prince venture upstate. (S7)



10.10 The Pacific

Sky Max

113/114 813 111 346 361

- 6.00 AM NCIS: Los Angeles (S13)
- 7.00 DC's Legends of Tomorrow
- 8.00 The Flash 17/18. (S7)
- 9.00 Stargate SG-1 (S2)
- 11.00 NCIS: Los Angeles (S13)
- 12.00 NOON The Flash 1/20. (S8)
- 1.00 PM MacGyver 3&4/21. (S1)
- 3.00 Hawaii Five-0 14/25. (S6)
- 4.00 S.W.A.T. 3/18. (S4)
- 5.00 DC's Legends of Tomorrow 8/17. The Legends head off to 1927 Chicago. (S2)
- 6.00 Stargate SG-1 17/22. Apophis is granted sanctuary. (S2)



12.00 There's Something About...

ITV2

118 816 115 6 113

- 6.00 AM CITV
- 9.00 World's Funniest Videos
- 9.30 Totally Bonkers Guinness World Records
- 10.00 Love Bites Double bill.
- 12.00 NOON Dress to Impress
- 1.00 PM Deal or No Deal
- 2.00 Family Fortunes
- 3.00 Veronica Mars 8/20. (S3)
- 4.00 Dawson's Creek 11/23. (S3)
- 5.00 Dress to Impress
- 6.00 Catchphrase Celebrity Special With Tim Healy, Mark Wright and Alexandra Mardell.



10.40 Family Guy

ITV3

119 117 10 115

- 6.00 AM Classic Emmerdale
- 7.00 Classic Coronation Street
- 8.05 Agatha Christie's Poirot
- 10.30 The Royal Doings Time.
- 11.40 Heartbeat Double bill.
- 1.40 PM Classic Emmerdale
- 2.40 Classic Coronation Street
- 3.45 Inspector Morse Service of All the Dead: The Oxford detective investigates a murder in the vicinity of a quiet country church.
- 5.55 Heartbeat Duty of Care: Bellamy investigates a shooting at Ashfordly Hall.



10.00 Wire in the Blood

7 PM

- 7.00 Nothing to Declare Security staff discover a hoard of deadly weapons.
- 7.30 A suspected drug carrier is questioned.

8 PM

- 8.00 Blue Bloods Protective Instincts: 3/20. Frank's old friend Lenny Ross presents him with an exciting job offer. (S12)

9 PM

- 9.00 Fire Country Series finale Backfire: 10/10. The crews are called to a backfire started by a private firefighting company. (S1)

10 PM

- 10.00 The Good Doctor Series finale Goodbye: 10/10. The doctors work to solve an important case. See feature, page 14. (S1)
- 11.00 The Rookie 5/22. (S5)
- 12.00 M'T FBI 12/13. (S6)
- 1.00 AM FBI: International (S3)
- 2.00 FBI Series finale 13/13. (S6)
- 3.00 FBI: International Series finale 13/13. (S3)
- 4.00 The Force: Manchester
- 5.00 to 6.00 AM Air Ambulance ER

+1 hour 207 310

- 6.50 Billions Game Theory Optimal: 9/12. Chuck makes a risky move to prove his commitment to taking Prince down. (S7)

- 8.00 House of the Dragon: War Room Sue Perkins presents a look ahead to season two, joined by Al Murray and Ellie Taylor.

- 9.00 The Sympathizer Love It or Leave It: 3/7. The Captain seeks Bon's help to craft and execute a plan. (S1)

- 10.10 The Pacific Peleliu Airfield: 6/10. The Marines nervously prepare to launch an attack on Peleliu airfield. (S1)

- 11.15 The Wire 1/13. (S1)
- 12.30 AM The Newsroom 2/6. Will tries to protect Neal following his receipt of confidential documents. (S3)
- 1.35 The Deuce 9/9. (S2)
- 2.50 Game of Thrones 4/7. (S7)
- 4.00 to 6.00 AM Fish Town

+1 hour 208/209

- 7.00 Stargate SG-1 Holiday: 18/22. Daniel is trapped in the body of a dying man by former Goa'uld enemy Ma'chello. (S2)

- 8.00 A League of Their Own: Mexican Road Trip Jill Scott, Jamie Redknapp, Micah Richards and Mo Gilligan explore La Paz.

- 9.00 The Walking Dead Made to Suffer: 8/16. Rick, Daryl and Michonne infiltrate Woodbury to rescue Glenn and Maggie (S3)

- 10.00 Banshee A Mixture of Madness: 10/10. Hood offers himself to Mr Rabbit in exchange for Max's safe return. (S1)

- 11.00 Brassic 3/8. A camping trip turns into a nightmare. (S4)
- 12.00 M'T There's Something About Movies With Tom Allen.
- 1.00 AM Brit Cops: Rapid Response
- 2.00 Road Wars Vehicle crime.
- 3.00 Hawaii Five-0 14/25. (S6)
- 4.00 S.W.A.T. 3/18. (S4)
- 5.00 to 6.00 AM Highway Patrol

- 7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win a cash prize.

- 8.00 Bob's Burgers 9/21. Tina, Gene and Louise join a go-kart league.
- 8.30 10/21. Logan gets a job at the restaurant. (S5)

- 9.00 Love Island New edition More drama from the villa as the remaining islanders continue their quest for true love.

- 10.05 G'wed 2/6. The pupils pair up for a Diversity and Inclusion presentation. (S1)

- 10.40 Family Guy 10/18. Death tries to show Peter what his life would be like without alcohol. (S9)
- 11.05 Family Guy 4/18. (S9)
- 11.35 American Dad! (S6&5)
- 12.35 Bob's Burgers 11 & 12/21. (S5)
- 1.35 Extraordinary 2/8. (S1)
- 2.10 World's Funniest Videos
- 2.40 to 3.00 AM Unwind with ITV

+1 hour 218 315 29 114

- 6.55 Heartbeat Shadows from the Past: A local man confesses to a murder 11 years previously, so Sgt Miller reopens the case.

- 8.00 Midsomer Murders The Ghost of Causton Abbey: A disused abbey that is believed to be cursed is about to be turned into a pub – but someone is found murdered in a similar manner to a famous historical execution.

- 10.00 Wire in the Blood Bad Seed: 2/4. One of Tony's PhD students is suspected of carrying out three murders, but appears to have a alibi – he is disabled with severe arthritis. (S3)

- 11.55 The Royal Doings Time: A prisoner manages to escape on the moors.
- 12.50 AM Upstairs, Downstairs
- 2.00 to 2.30 AM Unwind with ITV

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

- 12.00 NOON This Is BBC Scotland
- 7.00 PM Scotland Sings 2/2. The day of the big performance draws near.
- 8.00 Life on the Bay New edition 6/8. A bride and groom face a challenge just before their wedding.
- 8.30 Scotland's Home of the Year 7/7. Property experts scour the country for the best homes it has to offer.
- 9.00 The Nine
- 10.00 Two Doors Down 6/6. Eric and Beth book their first holiday in seven years. (S1)
- 10.30 Best of Only an Excuse? 4/4. A selection of classic scenes from 27 years of the hit comedy series.
- 11.00 Icons of Football The story of Joe Jordan.
- 11.30 PM to 12.00 M'T Growing Up Scottish

Sky Comedy

114/115 814 112 347 362

- 8.00 AM Will & Grace (S6)
- 9.00 The Conners (S4)
- 10.00 Sort Of 2/8. (S1)
- 10.30 Veep 3&4/10. (S4)
- 11.40 Entourage (S7)
- 12.50 PM High Maintenance
- 2.10 Veep 5&6/10. (S4)
- 3.20 Entourage (S7)
- 4.30 Sort Of 3/8. (S1)
- 5.00 Will & Grace (S6)
- 6.00 The Office (US) (S3)
- 7.00 The Conners (S4)
- 8.00 Will & Grace 21/22. A game turns nasty.
- 8.30 22/22. Jack agrees to marry Karen's maid Rosario so she can get a visa. (S1)
- 9.00 Insecure 9&10/10. (S5)
- 10.25 And Just Like That...
- 12.00 M'T The Tonight Show Starring Jimmy Fallon New edition Chat show.
- 1.00 AM Silicon Valley (S1)
- 2.20 Sort Of 3/8. (S1)
- 2.50 Flatbush
- 3.55 Misdemeanors (S1)
- to 5.00 AM High Maintenance

Sky Arts

130/131 140 123 36 147 365

- 6.00 AM Verdi: Stiffelio
- 8.05 The Joy of Painting
- 9.05 Tales of the Unexpected
- 10.00 Hitchcock Presents
- 11.00 Discovering
- 12.00 NOON Joy of Painting
- 1.00 PM Tales of the...
- 2.00 Classic Literature & Cinema Romance.
- 3.00 The Sky Arts Book Club Summer Reads Special
- 4.00 Discovering
- 5.00 The Joy of Painting
- 6.00 Tales of the Unexpected
- 7.00 Hitchcock Presents
- 8.00 Portrait Artist of the Year 2022
- 9.00 Painting Birds with Jim and Nancy Moir Series finale Little terns.
- 10.00 The Eighties
- 11.00 Greatest Albums Live
- 12.00 M'T The The: The Comeback Special Live
- 2.30 AM Discovering
- 3.00 Wonderland: From JM Barrie to JRR Tolkien
- 4.00 Cheltenham Literature Festival Tidelands.
- 5.00 to 6.00 AM Auction

Sky Mix

151 135 11 144

- 7.00 AM Border Security: Canada's Front Line
- 8.00 Nothing to Declare
- 9.00 Motorway Patrol
- 10.00 Highway Patrol
- 11.00 Stop, Search, Seize
- 12.00 NOON Motorway Patrol
- 1.00 PM Border Patrol
- 2.00 Border Security: Canada's Front Line
- 3.00 Nothing to Declare
- 4.00 Stargate Atlantis (S4)
- 5.00 Stargate SG-1 (S10)
- 6.00 Stargate Universe (S2)
- 7.00 Star Trek: Voyager (S4)
- 8.00 The Rookie La Fiera: 3/14. Nolan's life is complicated by a visit from his mother. (S3)
- 9.00 The Real Manhunter
- 10.45 Killer in My Village
- 11.40 Grimm 4/22. (S5)
- 12.35 AM Caribbean Cops
- 1.30 Highway Patrol
- 3.00 Brit Cops: Law & Disorder Documentary.
- 4.00 Motorway Patrol
- 5.00 to 6.00 AM Highway Cops

ITV Be

131/132 119 28 119

- 7.00 AM Unwind
- 7.05 Sugar Showdown
- 7.35 Real Housewives of Cheshire Reality series.
- 8.35 Masters of Flip
- 9.35 Buying and Selling
- 10.35 Real Housewives of Cheshire Reality series.
- 11.35 The Real Housewives of Atlanta Reality series.
- 12.30 PM Real Housewives of New Jersey
- 1.25 The Only Way Is Essex
- 2.05 Dinner Date
- 3.10 Million Dollar Listing: LA
- 4.05 The Real Housewives of Atlanta Reality series.
- 5.00 The Real Housewives of Salt Lake City
- 6.00 Masters of Flip
- 7.00 Million Dollar Listing: LA
- 8.00 Dinner Date
- 9.00 Million Pound Pawn
- 10.00 Botched A pop star impersonator seeks help.
- 11.00 The Only Way Is Essex
- 11.45 Ready to Mingle
- 12.50 to 1.00 AM Unwind

+1 hour 319

GREAT! tv

157 170 50

- 8.00 AM Diagnosis Murder
- 10.00 Father Dowling Mysteries 20/22. (S3)
- 11.00 Castle 10&11/24. (S2)
- 1.00 PM Murder, She Wrote
- 2.00 Father Dowling Mysteries 3/8. (S1)
- 3.00 Diagnosis Murder
- 5.00 Murder, She Wrote
- 7.00 M*A*S*H 15-18/22. (S10)
- 9.00 The Avengers Take-Over: 30/33. Steed's friends have unwelcome company when three men and women turn up at their house. (S6)
- 10.00 Randall and Hopkirk (Deceased) Money to Burn: 20/26. Jeff is accused of stealing. (S1)
- 11.00 Return of the Saint
- 12.00 M'T M*A*S*H (S10)
- 2.00 AM Randall and Hopkirk (Deceased)
- 3.00 Return of the Saint
- 4.00 Highway to Heaven
- 4.50 to 5.00 AM GREAT! Movie News Extra

+1 hour 257 62

ITV4

120 118 26 117

- 6.00 AM **The Derby Through the Years** Memorable stagings.
- 6.15 **Minder**
- 7.15 **The Sweeney**
- 8.10 **Return of Sherlock Holmes**
- 9.15 **Magnum, PI**
- 10.25 **Kojak**
- 11.30 **BattleBots**
- 12.25 PM **Return of Sherlock...**
- 1.35 **Magnum, PI**
- 2.35 **Kojak**
- 3.40 **Minder**
- 4.50 **The Sweeney**
- 6.00 **BattleBots**



6.55 **The Chase Celebrity**

- 6.55 **The Chase Celebrity Special** Featuring guests Colin Jackson, Anne Diamond, Josie Long and Nicky Campbell.

- 8.00 **Isle of Man TT** Highlights of the first races for the Supersport, Sidecar, Superbike, Superstock and Supertwin classes.

- 9.00 **FILM Total Recall** Sci-fi thriller starring Arnold Schwarzenegger, Rachel Ticotin and Sharon Stone. A construction worker discovers that he is really an intergalactic spy. With Michael Ironside. (1990, 15, 109min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.15 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, The House of Black and Thunder Rosa.
- 1.10 AM **The Sweeney**
- 2.05 **The Protectors** Terrorists steal a priceless art collection.
- 2.30 to 3.00 AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

- 6.00 AM **Quantum Leap** (S5)
- 7.00 **The Outpost** 12/13. (S3)
- 8.00 **Teleshopping**
- 11.00 **Warehouse 13** 5/20. (S4)
- 12.00 NOON **Star Trek: Voyager**
- 1.00 PM **Star Trek: The Next Generation** 14&15/26. (S5)
- 3.00 **Warehouse 13** 5/20. (S4)
- 4.00 **Star Trek: Enterprise** (S1)
- 5.00 **Star Trek: Voyager** 10/26. Janeway tries to transport illegal refugees. (S5)
- 6.00 **Star Trek: The Next Generation** 14/26. The crew suffer from amnesia. (S5)



9.00 **Reginald the Vampire**

- 7.00 **Star Trek: The Next Generation** *Power Play*: 15/26. Data and Troi end up being possessed by alien spirits. (S5)

- 8.00 **Atlantis** *The Day of the Dead*: 5/13. Jason and his friends battle an army of flesh-eating monsters in a burial ground. (S2)

- 9.00 **Reginald the Vampire** *Dead Weight*: 1/10. Vampire comedy starring Jacob Batalon as an unlikely hero.

- 10.00 **Reginald the Vampire** *The Hunger*: 2/10. Reginald learns how to feed but unfortunately it doesn't go well. (S1)

- 11.00 **Wynonna Earp** 6/13. Waverly attends a ceremony. (S1)
- 12.00 M'T **Britannia** 5/9. Antedia seals an alliance with Rome.
- 1.00 AM 6/9. Cait and her father arrive at the citadel. (S1)
- 2.00 **The Outpost** 11/13. (S3)
- 3.00 **Atlantis** 5/13. (S2)
- 4.00 to 6.00 AM **Star Trek: The Next Generation**

4seven

137/138 143 49 127

- 9.00 AM **Ramsay's Kitchen Nightmares USA**
- 10.00 **Car S.O.S**
- 11.00 **A Place in the Sun**
- 12.00 NOON **Sun, Sea and Selling Houses**
- 1.05 PM **Frasier** (S10)
- 2.30 **Ramsay's Kitchen Nightmares USA**
- 3.30 **Come Dine with Me**
- 6.00 **A Place in the Sun**
- 7.00 **Secret France** with Dick and Angel
- 8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** 1/5. Emma Willis, Clara Amfo, Alex Horne and Blake Harrison take part.
- 9.00 **The Piano: The Final** A search for the UK's best amateur pianists.
- 10.15 **Celebrity Gogglebox**
- 11.20 **The Fall: Skydive Murder Plot**
- 12.25 AM **FILM Transformers: Dark of the Moon** Sci-fi action adventure sequel. (2011, 12, 154min) ★★★
- 3.20 to 4.30 AM **Queenie**

+1 hr 241/269 320/362 130

Alibi

109/110 809 114 343 358

- 7.10 AM **Murdoch Mysteries** (S4)
- 9.00 **The Coroner** 6/10. (S1)
- 10.00 **Elementary** 4/24. (S2)
- 11.00 **Shakespeare & Hathaway: Private Investigators** (S3)
- 12.00 NOON **Father Brown**
- 1.00 PM **Death in Paradise** (S3)
- 2.00 **Murdoch Mysteries** (S4)
- 4.00 **Elementary** 4/24. A nanny is suspected of poisoning. (S2)
- 5.00 **Father Brown**
- 6.00 **Shakespeare & Hathaway: Private Investigators** 1/10. Frank is surprised when he encounters an old enemy. (S3)



9.00 **Alaska Daily**

- 7.00 **Elementary** *The Hound of the Cancer Cells*: 18/24. A pioneering cancer researcher is suspiciously found dead. (S2)

- 8.00 **Death in Paradise** *The Wrong Man*: 2/8. The filming of a horror film ends in murder. (S3)

- 9.00 **Alaska Daily** *New episode* *A Place We Came Together*: 2/11. Roz and Eileen find a lead. (S1) Entire series on Box Sets

- 10.00 **Death in Paradise** *An Artistic Murder*: 3/8. Humphrey and the team investigate the shooting of Fidel's old friend. (S3)

- 11.00 **Elementary** As 7.00pm.
- 12.00 M'T **Why Women Kill** 8/10. Dee grows suspicious of conflicting information about Mrs Yost's disappearance. (S2)
- 1.00 AM **Unforgettable** 13/13. (S3)
- 2.00 to 4.00 AM **Murdoch Mysteries**

+1 hour 209/210 314

GOLD

110/111 810 124 344 359

- 7.10 AM **Highlights**
- 9.20 **My Hero**
- 10.00 **Are You Being Served?**
- 10.40 **Porridge**
- 11.20 **Last of the Summer Wine**
- 12.40 PM **The Green Green Grass**
- 1.20 **My Hero**
- 2.00 **Porridge**
- 2.40 **Dad's Army**
- 3.20 **Are You Being Served?**
- 4.00 **Last of the Summer Wine**
- 5.20 **Porridge**
- 6.00 **The Green Green Grass**
- 6.40 **Dad's Army**



8.00 **Only Fools and Horses**

- 7.20 **Dad's Army** Hodges challenges Captain Mainwaring's platoon to a cricket match.

- 8.00 **Only Fools and Horses** Del seizes a once-in-a-lifetime opportunity to improve his social standing.

- 8.40 **The Thin Blue Line** Grim tracks down criminal carol singers.

- 9.20 **dinnerladies** A lack of funds threatens Bren's plans with Tony.

- 10.00 **The Royle Family** Jim and Twiggy strip the dining room wallpaper.

- 10.35 **Bottom** The duo get stuck on a ride at the fair.

- 11.15 **The Office**
- 11.55 **Only Fools and Horses**
- 12.30 AM **The Thin Blue Line**
- 1.10 **dinnerladies**
- 1.50 **The Royle Family**
- 2.30 **Bottom**
- 3.00 **The Office**
- 3.30 to 4.00 AM **Back to Life**

+1 hour 210/211 324

Dave

111/112 811 127 19 157

- 7.20 AM **Cop Car Workshop**
- 8.05 **The Force: Behind the Line**
- 8.40 **James May: My Sisters' Top Toys** Documentary.
- 10.00 **Top Gear** Double bill.
- 12.00 NOON **Storage Hunters UK**
- 2.00 PM **Extreme Fishing with Robson Green**
- 3.00 **Top Gear** Double bill.
- 5.00 **Hairy Bikers' Best of British** How certain British ingredients make traditional combinations.
- 6.00 **Rick Stein: From Venice to Istanbul** Rick cooks the iconic Turkish dish sultan's delight.



7.00 **Would I Lie to You?**

- 7.00 **Would I Lie to You?** With Carol Vorderman, Rhod Gilbert, Kelly Hoppen and Hal Cruttenden.

- 7.35 **Richard Osman's House of Games** With Roger Black and Jo Brand.
- 8.20 **With Rory Bremner**, James Cracknell, Maisie Adam and Michelle Gayle.

- 9.00 **QI** XL Suggs, Claudia O'Doherty, Jimmy Carr and Alan Davies attempt to answer host Stephen Fry's range of questions.

- 10.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts the satirical quiz, with Phil Wang and Hannah Fry.

- 11.00 **Taskmaster**
- 12.00 M'T **Mock the Week**
- 12.40 AM **Would I Lie to You?**
- 1.20 **World's Most Dangerous Roads** From Georgia.
- 2.30 **Meet the Richardsons**
- 3.00 to 4.00 AM **Whose Line Is It Anyway? USA**

+1 hour 211/212 327 57

5USA

141/169 120/162 21 129

- 9.00 AM **NCIS** 13-15/24. (S15)
- 1.00 PM **Law & Order**
- 6.00 **NCIS** *Head of the Snake*: 5/16. Gibbs and Fornell strive to find the head of the drug ring.
- 7.00 *1mm*: 6/16. Bishop and Torres engage in a shootout in a former sheriff's residence.
- 8.00 *The First Day*: 7/16. Officers investigate the murder of a Navy officer killed while driving home a recently released inmate. (S18)
- 9.00 **Criminal Minds** *Bully*: 11/24. Blake teams up with her brother and father to stop a killing spree in Kansas. (S9)
- 10.00 **Law & Order: Special Victims Unit** (S8&7)
- 1.55 AM **The Blacklist** (S3)
- 2.50 **Law & Order: Special Victims Unit** (S17)
- 3.35 to 4.00 AM **Criminals: Caught on Camera**

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

- 8.00 AM **Bargain-Loving Brits in the Sun**
- 10.00 **Nightmare Tenants, Slum Landlords**
- 11.00 **Traffic Cops**
- 2.00 PM **Police Interceptors**
- 5.00 **Dogs Behaving (Very) Badly** Animal training.
- 6.00 **Home and Away**
- 7.00 **GPs: Behind Closed Doors** Medical series.
- 8.00 **Casualty** 24/7: Every Second Counts
- 9.00 **Skin A&E**
- 10.00 **Accused** A tattoo artist is shot, but the accused insists he was miles away at the time.
- 10.55 **FILM Urban Legend** Horror with Alicia Witt. (1998, 18, 99min) ★
- 12.55 AM **A&E After Dark**
- 2.00 **Casualty** 24/7: Every Second Counts
- 2.50 **GPs: Behind Closed Doors** Medical series.
- 3.35 to 4.00 AM **Home and Away**

+1 hour 228/229 326 141

5Action

150 130 33 132

- 9.00 AM **Entertainment News**
- 9.10 **Outback Truckers**
- 10.10 **Traffic Cops**
- 11.05 **Police Interceptors**
- 12.10 PM **FILM Young Billy Young** Western. (1969, PG, 89min) ★★
- 2.00 **FILM The Shepherd of the Hills** Western. (1941, PG, 98min) ★★
- 4.00 **Outback Truckers**
- 5.00 **Traffic Cops**
- 6.00 **Police Interceptors**
- 9.00 **Motorway Cops: Catching Britain's Speeders** Newcastle officers back up a patrol on the tail of a joyrider.
- 10.00 **Warship: Life at Sea** HMS Northumberland investigates vessels off the coast of Ireland.
- 11.05 **FILM Wake of Death** Crime action drama. (2004, 18, 86min) ★★★
- 12.55 AM **Fights, Camera, Action!** Documentary.
- 1.55 **Trucking Hell**
- 3.50 to 4.00 AM **Entertainment News**

+1 hour 228/229 326 141

W

132/133 827 125 25 156

- 6.10 AM **MasterChef Australia** Culinary show.
- 7.00 **Tipping Point**
- 11.00 **DIY SOS: Celebrating 20 Years** Property series.
- 12.00 NOON **DIY SOS: Children in Need Special**
- 1.00 PM **Tipping Point**
- 4.00 **My Dream Home**
- 6.00 **Tipping Point: Lucky Stars** Double bill.
- 8.00 **DIY SOS: The Big Build** The team build an extension for a family in Fareham, Hampshire.
- 9.00 **Nick Knowles' Big House Clearout** Nick helps a family based in Kettering, Northamptonshire.
- 10.00 The presenter is in Brighton, helping a duo declutter their two-bed home.
- 11.00 **Bradford on Duty**
- 12.20 AM **Louis Theroux: Transgender Kids**
- 1.45 to 3.00 AM **Prison Girls**

+1 hour 232/233 325

Drama

143 116 20 158

- 7.20 AM **London's Burning**
- 8.00 **Doctors**
- 9.20 **Classic Holby City**
- 10.40 **Classic Casualty**
- 11.40 **The Bill**
- 12.40 PM **Classic EastEnders**
- 2.00 **London's Burning**
- 3.00 **Lovejoy**
- 4.10 **Tenko**
- 5.15 **Birds of a Feather**
- 6.00 **Waiting for God**
- 6.40 **Are You Being Served?**
- 7.20 **Last of the Summer Wine** Classic comedy.
- 8.00 **The Bletchley Circle** 4/4. The team try to catch the gang. (S2)
- 9.00 **New Tricks** *A Death in the Family*: Jack announces he is quitting.
- 10.00 **Old School Ties**: A body is found near a public boarding school.
- 11.20 **Soldier, Soldier**
- 12.20 AM **Lovejoy**
- 1.35 **David Copperfield**
- 2.35 to 4.00 AM **Classic Holby City**

+1 hour 243 316 60

WEDNESDAY Entertainment

Really

142 128 17 160

- 6.00 AM **Fantasy Homes in the City** From Miami.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House**
11.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** Double bill.
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **The Face Doctors** **New edition**
10.00 **Botched Bariatric** **New edition** Stories of weight loss procedures that have gone wrong.
11.00 **Help! My House is Haunted** A sinister entity.
12.00 M'T **Unexplained: Caught on Camera**
1.00 AM **Paranormal: Caught on Camera**
2.00 **Teleshopping**
4.00 to 6.00 AM **Animal Cops Houston**

DMAX

159 169 39 150

- 6.00 AM **Alaska: Last Frontier** Documentary.
7.00 **Building Off the Grid**
8.00 **Aussie Gold Hunters**
9.00 **Deadliest Catch**
11.00 **Building Off the Grid**
12.00 NOON **Alaska: Homestead Rescue**
1.00 PM **Outback Opal Hunters** Documentary.
2.00 **Gold Divers**
4.00 **Fifth Gear Recharged**
5.00 **Kindig Customs**
6.00 **Deadliest Catch**
7.00 **Alaska: Last Frontier**
8.00 **Outback Opal Hunters**
9.00 **Barnwood Builders** **New edition**
10.00 **Big Beach Builds** **New editions** Double bill.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
1.00 AM **Yukon Men**
2.00 **Teleshopping**
4.00 **Building Alaska**
5.00 to 6.00 AM **Maine Cabin Masters**

+1 hour 259 369 151

HGTV

158 191 44 166

- 7.00 AM **The Restoration Man**
8.00 **Love Your Garden**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **A Place in the Sun**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Bargain Mansions**
2.00 **Flip or Flop** Double bill.
3.00 **Good Bones**
4.00 **Escape to the Country**
5.00 **Love Your Garden**
6.00 **A Place in the Sun**
7.00 **Money for Nothing**
8.00 **Escape to the Country** A woman searches for a home in rural Devon.
9.00 **Good Bones**
10.00 **Home Town** **New edition** A home with a big front porch and laundry room.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **The Restoration Man**
2.00 **Flip or Flop** Double bill.
3.00 to 4.00 AM **My Lottery Dream Home**

+1 hour 258/262 391

Challenge

145 139 48 146

- 7.00 AM **The Chase** Triple bill.
10.00 **Through the Keyhole**
11.00 **Pointless Celebrities**
12.00 NOON **Cash Trapped**
1.00 PM **Tenable Quiz** show.
2.00 **Classic Who Wants to Be a Millionaire?** Quiz.
3.00 **Catchphrase Quiz**
4.00 **Through the Keyhole**
5.00 **Bullseye** Four editions.
7.00 **Cash Trapped** hosted by Bradley Walsh.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Through the Keyhole** Double bill of the panel show.
1.00 AM **Cash Trapped**
2.00 **The Chase** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 to 6.00 AM **Bullseye**

Food Network

140/141 190 43 148

- 6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Money Saving Meals**
9.00 **Yorkshire's Finest**
10.00 **Cook & Share**
10.30 **Nadiya Bakes**
11.00 **Caribbean Kitchen**
12.00 NOON **Great British...**
2.00 PM **Yorkshire's Finest**
3.00 **The Hairy Bikers**
4.00 **The Pioneer Woman**
5.00 **Girl Meets Farm**
6.00 **Yorkshire's Finest**
7.00 **Great British Bake Off**
8.00 **The Hairy Bikers' Food Tour of Britain**
9.00 **Marcus Wareing's Tales from a Kitchen Garden**
9.30 **Jamie's 15 Minute Meals**
10.00 **Caribbean Kitchen**
11.00 **BBQ USA** **New edition**
12.00 M'T **Guy's Grocery Games** **New edition**
1.00 AM **Restaurant: Impossible** In Ash Fork.
2.00 to 3.00 AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 149

TLC

133/134 828 165

- 7.00 AM **My Lottery Dream Home** Double bill.
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress: UK** Reality series.
10.00 **Dr Pimple Popper**
11.00 **I Am Jazz**
12.00 NOON **Unexpected: Teenage & Pregnant**
1.00 PM **Sister Wives**
3.00 **7 Little Johnstons**
4.00 **I Am Jazz**
6.00 **New Girls on the Block**
7.00 **Sister Wives**
8.00 **Seeking Sister Wife** **New edition**
9.00 **Temptation Island** **New edition** Reality show.
10.00 **MILF Manor**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Strange Love**
2.00 **Extreme Sisters**
3.00 **Sex Sent Me to the ER**
4.00 **Seeking Sister Wife**
5.00 to 6.00 AM **My Lottery Dream Home**

+1 hour 233/234 365

GREAT! action

323 426 42

- 8.00 AM **Wild West...**
9.00 **FILM Stonados** Drama. (2013, PG, 90min) ★
10.55 **Battle for the Bulge**
12.00 NOON **Wild West Chronicles** Double bill.
1.00 PM **FILM Cripple Creek** Western. (1952, U) ★★
2.45 **FILM The Proud Rebel** Western. (1958, b/w, U, 108min) ★★
5.00 **FILM Hell in Normandy** World War Two drama. (1968, PG, 89min) ★★
7.10 **FILM Mega Shark vs Mecha Shark** Thriller. (2014, 15, 85min) ★★
9.00 **FILM The Missing** Western thriller. (2003, 15, 137min) ★★
11.50 **FILM Hitman: Redemption** Thriller. (2019, 15, 104min) ★★
2.00 AM **FILM Area of Conflict** Action drama. (2017, 15, 94min) ★★
3.55 to 5.00 AM **The Blitz on Berlin**

+1 hour 324

Legend

148 149 41 137

- 8.00 AM **Walker, Texas Ranger** 24/26. (S3)
9.00 **Airwolf** 12/22. (S2)
10.00 **Mission: Impossible**
11.00 **FILM The Great Alaskan Race** Drama. (2019, PG, 87min) ★★
12.40 PM **FILM The Gambler** Musical drama. (1980, PG, 95min) ★★
2.35 **FILM Gold Adventure**. (1974, 12, 124min) ★★
5.00 **Star Trek** 5/30. (S1)
6.00 **Mission: Impossible**
7.00 **Airwolf** 13/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 **FILM Nowhere to Run** Romantic action thriller. (1993, 15, 95min) ★★
10.55 **FILM First Kill** Thriller starring Bruce Willis. (2017, 15, 97min) ★★
12.55 AM **FILM The Disappearance** Thriller. (1977, 15, 102min) ★★
2.45 to 4.30 AM **FILM D.O.A. (Dead on Arrival)** Thriller. (1950, b/w, PG, 80min) ★★

Comedy Central

112/113 812 132 345 360

- 8.00 AM **Michael McIntyre's Big Show** Variety show.
9.00 **Takeshi's Castle**
10.00 **Impractical Jokers**
11.00 **Home Improvement**
12.00 NOON **Last Man Standing** (S1)
12.55 PM **Friends** (S9)
7.55 **Friends** 21/24. Chandler and Monica visit a fertility clinic.
8.30 22/24. Monica and Chandler invite a sperm donor for dinner. (S9)
9.00 **Michael McIntyre's Big Show** Variety show.
10.00 **Kevin Bridges Live in Glasgow** Stand-up.
11.05 **Jon Richardson: Old Man** Stand-up comedy.
1.05 AM **Most Ridiculous**
2.05 **Rhod Gilbert's Growing Pains**
3.05 **The Ricky Gervais Show**
3.50 **The Daily Show** **New edition** Talk show.
4.15 to 5.00 AM **Friends**

+1 hour 212/213 332

GREAT! movies

321 425 34

- 9.00 AM **FILM Mom Wars** Thriller. (2017, PG) ★★
11.00 **FILM Manny Dearest** Thriller. (2017, PG) ★★
1.00 PM **FILM Another Mother** Crime thriller. (2020, PG, 89min) ★★
2.55 **FILM Virtual Lies** Thriller. (2012, PG, 90min) ★
4.50 **FILM 911 Nightmare** Mystery crime thriller. (2015, 15, 95min) ★★
6.40 **FILM The Water Horse: Legend of the Deep** Family adventure. (2007, PG, 107min) ★★
9.00 **FILM The Expatriate** Crime action thriller. (2012, 15, 100min) ★★
11.05 **FILM Acts of Violence** Drama with Bruce Willis. (2018, 15, 86min) ★★
1.00 AM **FILM Bunraku** Fantasy. (2010) ★★
3.30 **Wild West Chronicles**
4.00 to 6.00 AM **FILM Wandering Eye** Thriller. (2011, PG, 90min) ★★

+1 hour 322

Legend Xtra

317 171 69 138

- 6.00 AM **FILM Biggles: Adventure in Time** As shown at 5.00pm.
8.00 **FILM The Blood Beast** Terror Period chiller. (1967, 12, 88min) ★
10.00 **Farscape** 19/22. (S2)
11.00 **FILM 6-Headed Shark Attack** Thriller sequel. (2018, 15, 86min) ★★
1.00 PM **FILM Moby Dick** Action adventure. (2010, 12, 87min) ★★
3.00 **Farscape** 19/22. (S2)
4.00 **Six Million Dollar Man**
5.00 **FILM Biggles: Adventure in Time** Time travel adventure. (1986, PG, 108min) ★★
7.00 **Farscape** 20/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM Southern Fury** Crime action thriller. (2017, 18, 97min) ★★
11.00 **FILM Let Us Prey** Horror. (2014, 18, 92min) ★★
1.00 to 3.00 AM **FILM Southern Fury** (2017)

+1 hour 318 371 139

Comedy Cen. Extra

127/128 154

- 6.00 AM **Impractical Jokers: Inside Jokes** Double bill.
7.00 **Teleshopping**
9.00 **Becker** 11-14/24. (S3)
11.00 **Friends** (S2&3)
1.00 PM **Michael McIntyre's Big Show** Variety show.
2.00 **Criminally Funny**
3.30 **FILM Daria: Is It College Yet?** Animation. (2002, 12, 66min) ★★
5.00 **Becker** 13&14/24. (S3)
6.00 **Home Improvement**
7.00 **Last Man Standing**
9.00 **South Park** 17/17. The boys make a video Christmas card. (S4)
9.30 14/14. Butters decides he would be better as a vampire. (S12)
10.00 **South Park** (S13)
1.00 AM **The Ren & Stimpy Show** Double bill.
2.00 **The Roast of William Shatner**
3.30 **Beavis and Butt-Head**
3.45 **Reno 911!** (S1)
4.30 **Ugly Americans** (S2)
5.15 to 6.00 AM **Guessable?**

GREAT! romance

319 424 52

- 8.00 AM **FILM A Feeling of Home** (2019, PG) ★★
10.00 **FILM Love, Fall & Order** Drama. (2019, U) ★★
12.00 NOON **FILM This Little Love of Mine** Drama. (2021, U, 91min) ★★
2.00 PM **FILM Christmas in Evergreen** Drama. (2017, U, 84min) ★★
4.00 **FILM Christmas on Ice** Drama. (2020, 15) ★★
6.00 **FILM Christmas in Homestead** Drama. (2016, PG, 88min) ★★
8.00 **FILM Love You Like Christmas** Drama. (2016, U, 88min) ★★
9.50 **FILM Unleashing Mr Darcy** Romantic drama. (2016, PG, 105min) ★★
12.00 M'T **Highway to Heaven**
1.10 AM **FILM Undercover Bridesmaid** Comedy. (2012, PG, 86min) ★★
3.10 to 5.00 AM **FILM A Summer to Remember** Comedy. (2018, PG) ★★

+1 hour 320 63

Blaze

164 174 64 162

- 6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Close Encounters Down Under**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Curse of Oak Island**
1.05 **The UnXplained**
2.05 **Pawn Stars** Double bill.
3.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **UFO Conspiracies**
7.00 **Wicked Tuna**
8.00 **Dickinson's Real Deal**
9.00 **The UnXplained**
10.00 **Weird Britain** **New edition**
11.00 **Strange Evidence**
12.00 M'T **Caught on Camera**
1.00 AM **The UnXplained**
2.00 **Wicked Tuna**
3.00 **Hardcore Pawn**
3.25 **Close Encounters...**
4.10 to 6.00 AM **Ancient Aliens**

Sky Replay

152 156

- 7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Sun, Sea and A&E**
11.00 **The Force: Manchester**
12.00 NOON **Highway Cops**
1.00 PM **Road Wars**
2.00 **Most Haunted**
4.00 **Merlin** 7&8/13. (S3)
6.00 **Warehouse 13** (S1)
8.00 **Highway Cops**
9.00 **The Force: Manchester** The work of Greater Manchester Police.
10.00 **Prodigal Son** *The Last Weekend*: 13/13. Martin teams up with Malcolm to catch the Woodsman. (S2)
11.00 **Fire Country** 21/22. (S1)
12.00 M'T **The Good Doctor**
1.00 AM **Sun, Sea and A&E**
2.00 **A League of Their Own**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 to 6.00 AM **Sixth Sense with Colin Fry**

GREAT! real

189 61

- 9.00 AM **Inside Paddington Station** Double bill.
11.00 **Police Ten 7**
2.00 PM **Air Rescue**
3.00 **Island Medics** An old lady is rushed into hospital with a stroke.
4.00 **Heathrow: Britain's Busiest Airport** The challenge of dealing with the 100,000 passengers departing every day.
5.00 **Police Ten 7** Four editions of the documentary following the work of police officers in New Zealand.
7.00 **The Embassy** Four editions of the series looking behind the scenes at the Australian Embassy in Bangkok.
11.00 AM **Police Ten 7**
1.00 **Cops Uncut**
2.00 **Coast Guard Alaska**
3.00 **Coast Guard Pacific Northwest**
4.00 to 5.50 AM **Police Ten 7**

+1 hour 289

5SELECT

153 138 46 133

- 9.00 AM **The Yorkshire Vet**
1.00 PM **Bargain-Loving Brits in the Sun**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Paul Martin's Antiques Showdown** **New editions** Items include a toy car and a surfboard made by a car manufacturer.
7.00 **Paul is on the South coast** as he takes on veteran auctioneer David Elstob.
8.00 **All Creatures Great and Small** 3/7. New vet Richard Carmody joins the practice.
9.00 4/7. Carmody is challenged with learning how to be a vet. (S4)
10.00 **Nazi Megastructures** Hitler's fortified mountain retreat in the Alps.
11.00 **The development of the V1 'flying bomb'**
12.00 M'T **Forged in Fire**
3.30 to 4.00 AM **The Yorkshire Vet**

MTV

126/127 824 134

- 6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.10 **Dallas Cowboys Cheerleaders**
10.55 **Fresh Out Live**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: Caught in the Net** Reality series.
2.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **NEW SERIES** **Teen Mom UK: Next Generation** Angel is pregnant with her second baby and Chloe has a new man.
9.00 **Catfish: The TV Show** **New edition** Nev and Kamie smell a scam.
10.00 **Help! I'm in a Secret Relationship!** **New edition** Reality show.
11.00 **Teen Mom Family Reunion** Reality series.
12.00 M'T **Ridiculousness** **New edition**
12.30 AM **Ridiculousness**
1.00 **Ink Master**
2.45 **Geordie Shore**
3.35 to 4.00 AM **Teen Cries**

Discovery

125/126 823 177 320 325

- 6.00 AM How It's Made
7.00 Deadliest Catch
8.00 Building Off the Grid
9.00 Combat Dealers
10.00 Demolition Down Under
11.00 Wheeler Dealers
1.00 PM Barnwood Builders
3.00 Gold Rush Documentary.
4.00 Alaska: Homestead Rescue
A young couple struggle to keep their homestead afloat in torrential Texas weather.
6.00 Demolition Down Under The demo team face hurdle after hurdle at an old care home.

NEW



9.00 Deadliest Catch

7.00 Bitchin' Rides After years of planning, Dave celebrates the opening of his passion project, the Kindig Academy.

8.00 Supertruckers John, Steve, Deano and Simon move four huge 90-ton dumper trucks from south Wales to Tilbury docks.

9.00 NEW SERIES Deadliest Catch The crab fishing season begins with a derby-style race. After losing the Saga, Jake joins Sig as co-captain, and a fire on the Wizard traps Keith's deckhand below deck.

11.00 NEW SERIES Deadliest Catch Two decades since Sig Hansen first had a camera on board, a new generation lays claim to an industry he helped pioneer.

12.00 M'T Gold Divers
1.00 AM Deadliest Catch
3.00 Gold Rush Documentary.
4.00 to 5.00 AM Moonshiners

+1 hour 225/226 377

Animal Planet

162/178 178

- 8.00 AM Tanked
9.00 Pit Bulls & Parolees
10.00 My Cat from Hell
11.00 Animal Cops Philadelphia
12.00 NOON Tanked
1.00 PM Pit Bulls & Parolees
2.00 Celebrity Animal Encounters
3.00 Crikey! It's the Irwins
4.00 My Cat from Hell
5.00 Animal Cops Philadelphia
Officers respond to a call about abandoned animals.
6.00 Tanked Anthony Davis brings Wayne and Brett on board to transform a room.



8.00 How Sharks Hunt

7.00 Pit Bulls & Parolees A phone call in the middle of the night sees Tia racing to deal with a family emergency.

8.00 How Sharks Hunt A look at the hunting approaches of tiger sharks, and asking what makes these strategies so effective.

9.00 Sharktacular 2016 With Shark Week sneak peeks, viral videos, and the greatest sharks in Shark Week history.

10.00 Edge of Alaska The residents of downtown McCarthy must unite to protect when a pack of wolves stalks the streets.

11.00 The Zoo A gorilla must undergo a critical root canal to fix his tooth problem.
12.00 M'T A fennec fox's future hangs in the balance.

1.00 AM Alaska Monsters
2.00 My Cat from Hell
3.00 Animal Cops Philadelphia
4.00 to 5.00 AM Tanked

+1 hour 262/278 378

Nat Geographic

129/130 825 183

- 8.00 AM Food Factory
9.00 Air Crash Investigation
10.00 World War II: Secrets from Above Documentary.
11.00 Megafactories
12.00 NOON Car S.O.S
1.00 PM Airport Security: Peru
2.00 Air Crash Investigation
3.00 Nazi Megastructures
4.00 Drain the Oceans
5.00 Car S.O.S Aston Martin DB6.
6.00 Lost Treasures of Egypt
Archaeologists investigate Egypt's most famous female pharaoh, Cleopatra.



8.00 Fiennes: Return to the...

7.00 Air Crash Investigation When the cockpit window of Sichuan Airlines 8633 explodes, the crew battle to safely land the plane.

8.00 Fiennes: Return to the Wild Ranulph Fiennes and his cousin, actor Joseph Fiennes, travel through British Columbia.

9.00 Fiennes: Return to the Wild Joe scales a mountain under Ran's expert guidance, and the pair go whale watching.

10.00 Draining the Bermuda Triangle Exploring the 450,000 square mile area, joining expeditions to dive for lost vessels.

11.00 Air Crash Investigation
12.00 M'T To Catch a Smuggler
1.00 AM Europe from Above
Footage of the Greek Islands.
2.00 Money Meltdown
2.30 Food Factory Double bill.
3.20 Lords of War
4.10 to 5.00 AM Exotic
Animal ER: Double Dose

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

- 6.00 AM American Pickers
7.00 Pawn Stars Double bill.
9.00 What on Earth?
10.00 Swamp People: Serpent Invasion Double bill.
12.00 NOON The UnXplained with William Shatner
1.00 PM Pawn Stars
2.00 Auction Hunters
3.00 Shipwrecks: When History Resurfaces Double bill.
5.00 Pawn Stars A seller comes in with an overcoat once owned by Lee Harvey Oswald.
6.00 American Pickers



10.00 Deadman's Curse

7.00 Forged in Fire Two smiths re-create an iconic weapon of the Revolution – the Continental Cavalry sabre.

8.00 Mysteries from Above New edition Greenland's bizarre black holes, and an ancient forbidden well in the Yemeni desert.

9.00 The Curse of Oak Island New edition The fellowship makes a final effort to find the treasure before winter arrives.

10.00 Deadman's Curse New edition Lone wolf prospector David Muise returns undeterred and looking for a partner.

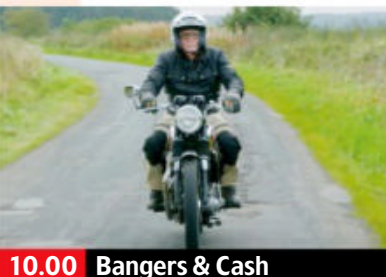
11.00 Paranormal: Caught on Camera A man in Hawaii witnesses UFOs, and ghost hunters contact the spirit of a young boy in a haunted cave.
12.00 M'T Pawn Stars Double bill.
2.00 AM Apocalypse D-Day
4.00 Forged in Fire As 7.00pm.
5.00 to 6.00 AM Auction Hunters

+1 hour 223/224 331

Yesterday

155 846 129 27 159

- 6.10 AM Hornby: A Model World
8.00 Abandoned Engineering
10.00 The World at War
11.00 World War Weird
12.00 NOON Great British Railway Journeys Double bill.
1.00 PM Antiques Roadshow
2.00 Bangers & Cash
4.00 The World at War The 1941 attack on Pearl Harbour.
5.00 World War Weird Crossword puzzles in a newspaper begin to attract the attention of MI5.
6.00 Antiques Roadshow Fiona Bruce hosts at Castle Howard.



10.00 Bangers & Cash

7.00 Canal Boat Diaries New edition Robbie takes a tumble at Buckby Locks in Northamptonshire and has a problem with power.

8.00 Great Coastal Railway Journeys From Inverness to the Orkney Islands.
8.30 Michael Portillo's reaches Invergordon.

9.00 Bangers & Cash: Restoring Classics The team take on their biggest restoration to date – a Series 1 Land Rover.

10.00 Bangers & Cash Derek heads off to collect some vintage motorcycles from the north-east of England.

11.00 Abandoned Engineering Exploring a theme park in Buenos Aires built in a time of terror, and a jaw-dropping collection of castles in Turkey.
12.00 M'T Great British Railway Journeys Double bill.
1.00 AM Abandoned Engineering
2.00 to 3.00 AM Scouting for Toys

+1 hour 255 329 74

Quest

144 834 137 12 172 167

- 6.00 AM How Do They Do It?
6.30 Shed and Buried
7.00 The Repair Shop
8.00 American Pickers
10.00 Chasing Classic Cars
11.00 Massive Engineering Mistakes Documentary.
12.00 NOON How Do They Do It? Four editions.
2.00 PM Salvage Hunters
3.00 Shed and Buried
4.00 Find It, Fix It, Flog It
5.00 Salvage Hunters: The Restorers
6.00 Wheeler Dealers
7.00 Aussie Gold Hunters
8.00 Salvage Hunters
9.00 The Repair Shop The team restore a table.
11.00 How Do They Do It?
12.00 M'T Wheeler Dealers
1.00 AM Cars That Rock with Brian Johnson
2.00 Chasing Classic Cars
3.00 Overhaulin'
4.00 to 5.00 AM How It's Made

+1 hr 244 337 70 168

Quest Red

149 168 40 169

- 6.00 AM Say Yes to the Dress: UK Double bill.
7.00 Say Yes to the Dress
8.00 Say Yes to the Dress: Atlanta Reality series.
9.00 Say Yes to the Dress
11.00 Disappeared
12.00 NOON Forensic Detectives
1.00 PM FBI Files
2.00 American Monster
4.00 Murder on CCTV
5.00 Evil Lives Here
6.00 The Murder Tapes
7.00 A Killer's Mistake
8.00 Murder on CCTV
10.00 American Monster
11.00 Forensic Factor: A New ERA New edition
Investigators and families seek the answers to the most terrible crimes.
12.00 M'T Forbidden: Dying for Love
1.00 AM Betrayed
2.00 Murder Comes to Town
3.00 to 4.00 AM FBI Files

+1 hour 249 170

True Crime

146 148 67 135

- 9.00 AM Judge Judy
7.00 PM Secrets of a Murder Detective
Detectives discuss Aseel Al-Essaie's murder.
8.00 See No Evil Terry Porter is shot dead and there is no evidence or witnesses to the murder.
9.00 Handsome Devils
Mary Thompson's 'perfect man' reveals he is a CIA agent.
10.00 Secrets of a Murder Detective New edition
A killer targets men in North London parks.
11.00 Shocking Crimes: Murder Book
12.00 M'T Murder in Paradise
1.00 AM Handsome Devils
2.00 Secrets of a Murder Detective As 10.00pm.
3.00 Donal MacIntyre's Released to Kill
4.00 Written in Blood
4.50 to 6.00 AM Judge Judy

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

- 9.00 AM Crimes That Shook Australia Double bill.
11.00 Medical Detectives
1.00 PM Medical Detectives
2.00 Crimes That Shook Australia Double bill.
4.00 Medical Detectives An American tourist is killed in a Mexican resort.
4.30 Investigators close in on a killer 20 years after the murder.
5.00 Following an investigation into a deadly blaze which killed a middle-aged woman.
5.30 Hunters make a grisly find in a Texas canyon – a human skull.
6.00 An investigation into a street fight that claimed the life of a wrestling champion.
6.30 A wife goes missing in Key West.
7.00 Judge Judy Real-life small-claims cases.
4.45 to 6.00 AM Medical Detectives

Sky Crime

122/123 820 121 349 364

- 6.00 AM Highway Patrol
7.00 Border Security USA
8.00 Brit Cops UK
9.00 Highway Cops
10.00 Caught on Dashcam
11.00 Catching the Killer
12.00 NOON Murders That Shocked the Nation
1.00 PM How I Caught the Killer Melanie McGuire.
2.00 Killer in My Village
3.00 Most Evil Killers
5.00 Killer in My Village
6.00 Catching the Killer
7.00 World's Most Evil Killers
8.00 Britain's Most Evil Killers
9.00 Killing Mum and Dad
10.00 Murder Next Door
11.00 World's Most Evil Killers
12.00 M'T How I Caught the...
1.00 AM An Unexpected Killer Crime series.
2.00 Killer Siblings
3.00 Britain's Most Evil Killers
4.00 Road Wars
5.00 to 6.00 AM Motorway Patrol

+1 hour 222/223 321

PBS America

174 187 84 155

- 8.00 AM Beautiful Serengeti
8.35 The Exiles: Secretly Deported
9.35 Henry VIII and the King's Men
10.35 The War
11.50 Pan Am: Crossing the Pacific Documentary.
1.00 PM Asteroid Rush
2.05 The Exiles: Secretly Deported
3.10 Henry VIII and the King's Men
4.10 The War
5.15 Pan Am: Crossing the Pacific Documentary.
6.30 The Exiles: Secretly Deported
7.35 Henry VIII and the King's Men
8.35 The War American communities one year after World War Two.
9.45 Pan Am: Crossing the Pacific Documentary.
10.55 Military Masterminds
12.00 M'T Henry VIII and the King's Men As 7.35pm.
12.55 to 2.00 AM The War

WEDNESDAY

Films

Sky Documentaries

121/122 819 188 352 367

- 6.00 AM The Good Fight Club
- 7.00 Discovering: Roy Scheider
- 8.00 The Directors Don Siegel.
- 9.00 The Seventies Violent crime.
- 10.00 Branson
- 11.05 Italia 90: Four Weeks That Changed the World
- 12.00 NOON Mr Dynamite: The Rise of James Brown
- 2.15 PM Wig The influence of the Wigstock drag festival.
- 4.00 The Directors Don Siegel.
- 5.00 Discovering: Roy Scheider
- 6.00 The Seventies Violent crime.
- 7.00 Branson
- 8.05 Italia 90: Four Weeks That Changed the World
- 9.00 Terry Venables: A Man Can Dream The life and times of the former football manager.
- 11.00 Bobby Robson: More Than a Manager The career of the much-loved football manager.
- 1.00 AM Italia 90: Four Weeks That Changed the World
- 2.00 The Truth vs Alex Jones
- 4.10 The Directors Don Siegel.
- 5.05 to 6.00 AM Discovering: Roy Scheider

Crime+Investigation

156 837 133

- 6.00 AM On the Case
- 7.00 Homicide Hunter
- 9.00 Robbie Coltrane's Critical Evidence
- 10.00 Imperfect Murder
- 11.00 I Met My Murderer Online
- 11.30 Motive to Murder
- 12.00 NOON Real Murders of Atlanta
- 1.00 PM Mastermind of Murder
- 2.00 Accident, Suicide or Murder?
- 3.00 Robbie Coltrane's Critical Evidence
- 4.00 Nightmare in Suburbia
- 5.00 Interrogation Raw
- 6.00 The First 48
- 8.00 Imperfect Murder New edition How online dating turned out to be fatal for Sydney Loofe.
- 9.00 Green Eyed Killers New edition
- 10.00 Mastermind of Murder
- 11.00 Homicide Hunter
- 12.00 M'T Britain's Darkest Taboos
- 1.00 AM Green Eyed Killers
- 2.00 Killer Britain
- 3.00 Accident, Suicide or Murder?
- 4.00 The Real Murders of Atlanta
- 5.00 to 6.00 AM Imperfect Murder

+1 hour 256 333

Eden

166 176

- 9.00 AM Hornby: A Model World
- 12.00 NOON Abandoned Engineering Triple bill.
- 3.00 PM Hornby: A Model World
- 6.00 Abandoned Engineering Exploring Chateau Aubéry on the island of Martinique.
- 7.00 Exploring Castel Volturno in Campana in Italy.
- 8.00 Camp Hero in Long Island.
- 9.00 Hornby: A Model World Young designer Tom attempts to create a new model of the de Havilland Vampire.
- 10.00 The team complete a model of the giant P2, The Prince of Wales locomotive.
- 11.00 Hornby's Scalextric team plan to create a model of the Lamborghini Countach.
- 12.00 M'T Anthony Bourdain: Parts Unknown Exploring Sicily.
- 1.00 AM Underground Worlds
- 2.00 Abandoned Engineering
- 3.00 Hornby: A Model World
- 5.25 to 6.00 AM David Attenborough's Natural Curiosities

+1 hour 266 376

Sky Nature

124/125 822 189 354 369

- 6.00 AM Wild Pacific Rescue
- 7.00 Monkey Life
- 8.00 Hope for Wildlife
- 9.00 Wild Castles
- 10.00 Undiscovered Vistas
- 11.00 Into the Wild: India
- 12.00 NOON Secrets of the Enchanted Forests
- 1.00 PM Monkey Life
- 2.00 Hope for Wildlife
- 3.00 Wild Castles
- 4.00 Undiscovered Vistas
- 5.00 Into the Wild: India
- 6.00 Secrets of the Enchanted Forests As 10.00pm.
- 7.00 Monkey Life Double bill.
- 8.00 Island of the Monsoon
- 9.00 Tales from Zambia
- 10.00 Secrets of the Enchanted Forests Exploring the planet's most diverse woodlands.
- 11.00 Into the Wild: India
- 12.00 M'T Great Parks of Africa
- 1.00 AM Arabian Inferno
- 2.00 Island of the Monsoon
- 3.00 Tales from Zambia
- 4.00 Hope for Wildlife
- 5.00 to 6.00 AM Wild Castles

WILD

165 841 182

- 8.00 AM Yukon Vet
- 9.00 Animal Fight Club
- 10.00 Russia's Wild Tiger
- 11.00 Animals Gone Wild
- 12.00 NOON Fish Tank Kings
- 1.00 PM Yukon Vet
- 2.00 Ten Deadliest Snakes with Nigel Marven
- 4.00 Secrets of the Zoo: North Carolina
- 5.00 Wicked Tuna
- 6.00 Snakes in the City
- 7.00 Yukon Vet Compilation of highlights from the series.
- 8.00 Africa's Hunters A litter of wild dogs comes under threat from a pack of hyenas.
- 9.00 Wild, Smart and Deadly New edition Exploring the extraordinary superpowers that help animals survive.
- 10.00 Africa's Deadliest
- 11.00 Snakes in the City
- 12.00 M'T Lawless Island
- 1.00 AM World's Deadliest
- 2.00 Yukon Vet
- 3.00 Secrets of the Zoo: North Carolina
- 4.00 to 5.00 AM Yukon Vet

ID

154 166

- 6.00 AM Married to Evil
- 7.00 Teleshopping
- 8.00 Reasonable Doubt
- 9.00 Web of Lies
- 11.00 Killed Before Dawn: People Magazine Investigates
- 12.00 NOON Gucci Crimes of Fashion: People Magazine Investigates
- 1.00 PM Obsession: Dark Desires
- 3.00 Forbidden: Dying for Love
- 5.00 Reasonable Doubt
- 6.00 Evil Lives Here: Shadows of Death Documentary.
- 7.00 Grave Secrets The case of Loretta Bowersock.
- 8.00 Married to Evil When Mandy meets Paul online, he moves to Kentucky so they can marry.
- 9.00 In Pursuit with John Walsh
- 10.00 Real Time Crime
- 11.00 Calls from the Inside
- 12.00 M'T Reasonable Doubt
- 2.00 AM Married to Evil
- 3.00 Reasonable Doubt
- 4.00 Evil Lives Here: Shadows of Death Documentary.
- 5.00 to 6.00 AM Grave Secrets

+1 hour 254 366

Sky History 2

163/168 840 186

- 6.00 AM Ancient Aliens
- 8.00 Bermuda Triangle: Into Cursed Waters
- 9.00 Traitors
- 10.05 Winston Churchill's War
- 11.00 Ancient Aliens
- 1.00 PM Britain's Most Historic Towns Glasgow's age of steam.
- 2.00 Digging for Britain
- 3.00 Monsterquest
- 5.00 What on Earth?
- 6.00 Mysteries from Above
- 7.00 WW2 Air Crash Detectives
- 8.00 History's Greatest Aircraft German World War Two fighter, the Messerschmitt Bf 109.
- 9.00 Secrets of Great British Castles Exploring the history of Stirling Castle.
- 10.00 Legends of the Deep A strange alien craft seen crashing into the ocean.
- 11.00 National Park Mysteries
- 12.00 M'T Ancient Aliens
- 2.00 AM Digging for Britain
- 3.00 Britain's Most Historic Towns
- 4.00 National Park Mysteries
- 5.00 to 6.00 AM The Plane That Led D-Day

Discovery History

177 181

- 6.00 AM Expedition Unknown
- 7.00 How the Universe Works
- 8.00 Blowing Up History
- 9.00 Combat Dealers
- 10.00 Salvage Hunters: The Restorers
- 11.00 Find It, Fix It, Flog It
- 12.00 NOON Combat Dealers
- 1.00 PM How It's Made
- 2.00 How the Universe Works
- 3.00 Salvage Hunters: The Restorers
- 4.00 Mysteries at the Museum
- 5.00 Blowing Up History
- 6.00 Combat Dealers
- 7.00 Expedition Unknown
- 8.00 Wings of War
- 9.00 Combat Dealers
- 10.00 Salvage Hunters: The Restorers
- 11.00 Find It, Fix It, Flog It
- 12.00 M'T Expedition X
- 1.00 AM How It's Made
- 2.00 Salvage Hunters: The Restorers
- 3.00 Wings of War
- 4.00 to 5.00 AM Find It, Fix It...

+1 hour 277 381

Discovery Turbo

161/172 180

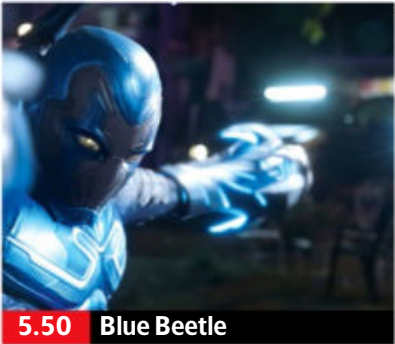
- 6.00 AM Supertruckers
- 7.00 Wheeler Dealers
- 8.00 Goblin Works Garage
- 9.00 Mike Brewer's World of Cars
- 10.00 Fifth Gear Recharged
- 11.00 Salvage Hunters: Classic Cars
- 12.00 NOON Shed and Buried
- 1.00 PM Extreme RVs
- 2.00 Wheeler Dealers
- 3.00 Vintage Voltage
- 4.00 Kevin Hart's Muscle Car Crew
- 5.00 Wheeler Dealers
- 6.00 Shed and Buried
- 7.00 Salvage Hunters: Classic Cars
- 8.00 Kevin Hart's Muscle Car Crew A visit to the Dockweiler VW Bug show gives Joey some ideas.
- 9.00 Junkyard Empire Andy and Bobby restore a Jeep Wrangler and a 1986 Monte Carlo.
- 10.00 Wheeler Dealers
- 11.00 Salvage Hunters: Classic Cars
- 12.00 M'T Kevin Hart's Muscle Car...
- 1.00 AM Iron Resurrection
- 2.00 Fast N' Loud
- 3.00 Wheeler Dealers
- 4.00 to 5.00 AM Trans Am

+1 hour 261/272

Sky Cinema Premiere

301 401 501 515

- 6.15 AM The Inseparables Animated family adventure. (2023, U, 90min) ★★★
- 7.55 Ride On As 4.50am.
- 10.15 Bonus Track Music comedy. (2023, 12, 98min) ★★★
- 12.05 PM Meg 2: The Trench
- 2.05 AM I OK? As 10.00pm.
- 3.50 The Exorcist: Believer Horror sequel starring Leslie Odom Jr. (2023, 15, 111 min) ★★★
- 5.50 Blue Beetle Sci-fi fantasy. (2023, 12, 127min) ★★★★★



5.50 Blue Beetle

- 8.00 Meg 2: The Trench Action thriller sequel starring Jason Statham. When a mining operation unleashes a school of megalodon sharks, rescue expert Jonas Taylor attempts to save the day. With Cliff Curtis. (2023, 12, 115min) ★★★
- SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.00 Am I OK? Comedy drama starring Dakota Johnson and Sonoya Mizuno. Two lifelong pals face a test of friendship when one of them embarks on a personal journey. (2022, 15, 86min)

- 11.35 The Royal Hotel Thriller. (2023, 18, 91 min) ★★★
- 1.15 AM Turtles All the Way Down Drama. (2024, 12, 111 min)
- 3.10 My Big Fat Greek Wedding 3 Romantic comedy sequel. (2023, 12, 92min) ★★
- 4.50 to 7.05 AM Ride On Chinese comedy drama. Subtitled. (2023, PG, 126min) ★★★

Sky Cinema Drama

310 410 510 524

- 7.25 AM Spoiler Alert Comedy drama. (2022, 15, 112min) ★★★
- 9.25 Nineteen Nineteen (1984)
- 11.15 The Colour Room Drama. (2021, PG, 109min) ★★★★★
- 1.20 PM Allied Wartime thriller with Brad Pitt and Marion Cotillard. (2016, 15, 124min) ★★★★★
- 3.35 Far and Away Romantic epic starring Tom Cruise and Nicole Kidman. (1992, 15, 140min) ★★
- 6.05 Eternal Sunshine of the Spotless Mind Comedy starring Jim Carrey and Kate Winslet. An estranged couple have their memories of each other erased. (2004, 15, 108min) ★★★★★
- 8.00 Save the Last Dance Romantic teen drama starring Julia Stiles and Sean Patrick Thomas. A ballet student moves to Chicago from the midwest and begins dating a teenager who teaches her the joys of hip-hop. (2001, 12, 113min) ★★★
- 10.00 Emma Jane Austen adaptation starring Gwyneth Paltrow. (1996, U, 120min) ★★★★★
- 12.05 AM Nineteen Nineteen Period drama. (1984, 15, 99min) ★★★
- 1.50 Far and Away As 3.35pm.
- 4.15 to 6.05 AM Wildhood Drama. (2021, 15, 108min) ★★★

Sky Cinema Hits

303 403 503 517

- 6.00 AM Anon Sci-fi thriller. (2018, 15, 100min) ★★★
- 7.55 Aisha As shown at 4.05am.
- 9.40 Hellboy II: The Golden Army Fantasy. (2008, 12) ★★★★★
- 11.50 Jules As shown at 2.25am.
- 1.30 PM Shaun the Sheep Movie Animation. (2015, U) ★★★★★
- 3.10 Fast & Furious 5 Thriller sequel. (2011, 12) ★★★
- 5.30 Catch Me If You Can Steven Spielberg's crime adventure. (2002, 12, 141 min) ★★★★★



10.05 Jarhead

- 8.00 Gran Torino Drama directed by and starring Clint Eastwood. A bigoted widower is forced to confront his own prejudices after he is reluctantly drawn into the lives of his immigrant neighbours. (2008, 15, 116min) ★★★★★
- SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.05 Jarhead Military drama starring Jake Gyllenhaal. During the first Gulf War, a platoon of US Marines try to come to terms with stress and boredom while waiting to see action in Iraq. (2005, 15, 123min) ★★★★★
- SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.15 AM SAS: Red Notice Action thriller. (2021, 15, 90min) ★★★
- 2.25 Jules Sci-fi comedy drama. (2023, 12, 87min) ★★★
- 4.05 Aisha Drama starring Letitia Wright. (2022, 12) ★★★★★
- 5.50 to 7.35 AM Arthur's Whisky Comedy. (2023, PG) ★★★

Sky Cinema Sci-fi/Horror

311 411 511 525

- 6.55 AM Silent Running As 2.45am.
- 8.35 Aeon Flux As 4.20am.
- 10.15 The Purge: Election Year
- 12.10 PM It Horror with Bill Skarsgård. (2017, 15, 135min) ★★★★★
- 2.30 The Matrix Revolutions Sci-fi thriller starring Keanu Reeves. (2003, 15, 129min) ★★★★★
- 4.50 Looper Time-travel thriller starring Joseph Gordon-Levitt. (2012, 15, 119min) ★★★★★
- 6.55 Star Trek II: The Wrath of Khan Sci-fi adventure starring William Shatner and Leonard Nimoy. (1982, 12, 113min) ★★★★★
- 9.00 Sinister 2 Horror sequel starring Shannyn Sossamon and James Ransone. A mother tries to protect her two sons from an evil spirit, while the ghost of its victims urge the boys to kill. (2015, 15, 95min) ★★★
- 10.40 The Purge: Election Year Action horror sequel with Frank Grillo. (2016, 15, 108min) ★★★
- 12.35 AM Hannibal Rising Thriller prequel starring Gaspard Ulliel. (2007, 18, 116min) ★★★★★
- 2.45 Silent Running Cult sci-fi drama starring Bruce Dern. (1972, U, 90min) ★★★★★
- 4.20 to 6.00 AM Aeon Flux Sci-fi thriller. (2005, 15, 93min) ★★

Sky Cinema Family

306 406 506 520

- 7.45** AM **The Secret Kingdom** Fantasy. (2023, PG, 98min) ★
9.40 **Blithe Spirit** As 7.50pm.
11.35 **The Flash Adventure**. (2023, 12, 144min) ★★★
2.05 PM **Johnny English Reborn** Spoof comedy sequel. (2011, PG, 101min) ★★★
4.00 **The Karate Kid: Part III** Martial arts adventure sequel. (1989, PG, 111min) ★
6.00 **Hotel for Dogs** Comedy. (2009, U, 95min) ★★★



7.50 **Blithe Spirit**

7.50 **Blithe Spirit** Comedy starring Isla Fisher and Dan Stevens. A spiritualist medium holds a seance for a writer, but summons the spirit of his deceased first wife. With Leslie Mann. (2020, 12, 95min) ★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Reuniting the Rubins** Comedy drama starring Timothy Spall. A former lawyer attempts to grant his dying mother's wish to bring her warring grandchildren together for Passover. With James Callis and Rhona Mitra. (2010, PG, 98min) ★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.30** **The Spy Next Door** Comedy. (2010, PG, 94min) ★★
1.15 AM **The Portable Door** Family fantasy adventure. (2023, PG, 130min) ★★★
3.25 **Ghost Squad** Fantasy. (2015, PG, 86min) ★★★
5.00 to **6.50** AM **Breaking Point** Drama. (2023, 12) ★★★

Sky Cinema Statham

302 402 502 516

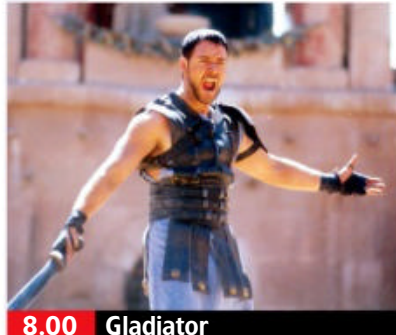
- 6.45** AM **The Beekeeper** As 4.30pm.
8.40 **The One** As shown at 6.20pm.
10.15 **Fast & Furious 7** Thriller sequel. (2015, 12, 132min) ★★★★★
12.45 PM **Mean Machine** Sports drama. (2001, 15, 99min) ★★
2.30 **Meg 2: The Trench** As 10.20pm.
4.30 **The Beekeeper** Action thriller. (2023, 15, 105min) ★★★★★
6.20 **The One** Martial arts sci-fi thriller. (2001, 15, 87min) ★★★★★
8.00 **Fast & Furious 8** Action adventure sequel starring Vin Diesel and Jason Statham. Street racing criminal Dominic Toretto is recruited by a terrorist, setting him at odds with his old gang. (2017, 12, 136min) ★★★★★
10.20 **Meg 2: The Trench** Action thriller sequel starring Jason Statham. When a mining operation unleashes a school of megalodon sharks, rescue expert Jonas Taylor attempts to save the day. (2023, 12, 115min) ★★★★★

- 12.20** AM **Ghosts of Mars** Sci-fi thriller with Natasha Henstridge. (2001, 15, 97min) ★★
2.05 **London** Drama starring Chris Evans. (2005, 18, 90min) ★
3.45 **Mean Machine** As 12.45pm.
5.30 to **6.30** AM Sky Cinema Preview

Sky Cinema Action

307 407 507 521

- 7.35** AM **Beast** As 1.55pm.
9.15 **Knights of the Zodiac** Fantasy. (2023, 12, 112min) ★★
11.15 **Gladiator** As 8.00pm.
1.55 PM **Beast** Action thriller. (2022, 15, 93min) ★★★★★
3.35 **The Green Hornet** Fantasy comedy starring Seth Rogen. (2011, 12, 118min) ★★★★★
5.40 **Shazam! Fury of the Gods** Superhero sequel starring Zachary Levi and Helen Mirren. (2023, 12, 130min) ★★★★★



8.00 **Gladiator**

8.00 **Gladiator** Director Ridley Scott's historical epic starring Russell Crowe, Joaquin Phoenix, Connie Nielsen and Oliver Reed. A betrayed Roman general becomes a gladiator, intent on avenging his murdered family. With Richard Harris and Derek Jacobi. (2000, 15, 154min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Batman Begins** Dark comic-book thriller tracing the origins of Batman, with Christian Bale. (2005, 12, 140min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 1.05** AM **Zu: Warriors from the Magic Mountain** Fantasy. (1982, PG, 95min) ★★★★★
2.50 **The Way of the Dragon** Adventure. (1972, 18) ★★
4.35 to **6.30** AM **Once Upon a Time in China III** Action drama. (1993, PG, 111min) ★★

Sky Cinema 80s

304 404 504 518

- 6.05** AM **Weird Science** As 2.05pm.
7.55 **Star Trek V: The Final Frontier**
9.55 **The Karate Kid Part II** (1986)
12.05 PM **The Cinema List: Star Trek**
12.25 **Superman IV: The Quest for Peace** As shown at 11.40pm.
2.05 **Weird Science** Teen comedy. (1985, 12, 94min) ★★
3.50 **Star Trek V: The Final Frontier** Sci-fi adventure starring William Shatner. (1989, PG, 100min) ★★
5.50 **The Untouchables** Brian De Palma's thriller starring Kevin Costner and Sean Connery. (1987, 15, 119min) ★★★★★
8.00 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy as a brash Detroit police detective investigating a friend's murder in Beverly Hills. With Judge Reinhold and John Ashton. (1984, 15, 105min) ★★★★★
10.00 **Hellraiser** Horror fantasy starring Andrew Robinson. (1987, 18, 92min) ★★

- 11.40** **Superman IV: The Quest for Peace** Fantasy adventure sequel. (1987, PG, 90min) ★
1.15 AM **The Karate Kid Part II** Adventure. (1986, PG) ★★
3.20 **Beverly Hills Cop** As 8.00pm.
5.15 to **6.00** AM Sky Cinema Preview

Sky Cinema Comedy

308 408 508 522

- 6.00** AM **The Pentagon Wars**
7.50 **Finding You** As 11.35pm.
9.55 **Parenthood** Comedy drama. (1989, 15, 124min) ★★★★★
12.05 PM **Asteroid City** Comedy. (2023, 12, 105min) ★★★★★
2.00 **Click** Fantasy comedy. (2006, 12, 103min) ★★★★★
3.55 **I Now Pronounce You**
Chuck & Larry Comedy. (2007, 12, 110min) ★
6.00 **Gremlins** Comedy horror. (1984, 12, 106min) ★★★★★



9.45 **The Weather Man**

8.00 **Blades of Glory** Slapstick sports comedy starring Will Ferrell and Jon Heder. Two ice skating rivals team up as the first all-male figure skating pair in history. (2007, 12, 93min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Weather Man** Comedy drama starring Nicolas Cage and Michael Caine. A TV weather reporter discovers that the vagaries of life are as hard to predict as the weather. With Hope Davis and Nicholas Hoult. (2005, 15, 102min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.35** **Finding You** Romantic drama. (2021, PG, 119min) ★★
1.40 AM **I Now Pronounce You**
Chuck & Larry As 3.55pm.
3.40 **Dinner for Schmucks** Comedy. (2010, 12, 113min) ★★
5.45 to **7.35** AM **The Pentagon Wars** Political comedy. (1998, 15, 104min) ★★

Sky Cinema Animation

305 412 500 514

- 6.25** AM **Mia and Me: The Hero of Centopia** Family adventure. (2022, U, 85min) ★★
8.00 **Rabbit Academy** As 10.20pm.
9.25 **The Super Mario Bros Movie** Animated family adventure. (2022, PG, 92min) ★★
11.05 **Kung Fu Panda Animation**. (2008, PG, 92min) ★★★★★
12.45 PM **Despicable Me 3** Animated sequel. (2017, U, 99min) ★★
2.25 **PAW Patrol: The Mighty Movie** Animated family adventure. (2023, U, 92min) ★★
4.00 **Gnomeo & Juliet** Animated comedy. (2011, U, 83min) ★★
5.35 **Over the Hedge** Animation. (2006, U, 83min) ★★★★★
7.05 **Mummies** Animated family comedy (2023, U, 88min) ★★★★★
8.40 **The Amazing Maurice** Animated family adventure. (2022, PG, 93min) ★★★★★
10.20 **Rabbit Academy** Animation. (2022, U, 76min) ★★

- 11.45** **Vic the Viking** Animation. (2019, U, 77min) ★★
1.15 AM **Mavka: The Forest Song** Animation. (2023, PG) ★★
3.05 **A Stork's Journey** Animated adventure. (2017, U, 85min) ★★
4.40 to **6.20** AM **The Inseparables** Animation. (2023, U) ★★

Sky Cinema Thriller

309 409 509 523

- 6.35** AM **Barbarians** As 5.25am.
8.10 **Raging Fire** As 10.10pm.
10.20 **Identity** Mystery thriller. (2003, 15, 90min) ★★★★★
11.55 **K-19: The Widowmaker**
2.15 PM **The Commuter** Thriller. (2018, 15, 105min) ★★
4.05 **Breaking** Fact-based drama. (2022, 15, 103min) ★★
5.55 **No Country for Old Men** The Coen Brothers' crime thriller starring Tommy Lee Jones. (2007, 15, 122min) ★★★★★



10.10 **Raging Fire**

8.00 **Serpico** Fact-based crime drama starring Al Pacino as an idealistic New York cop who blows the whistle on his corrupt police colleagues. With John Randolph. (1973, 18, 130min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Raging Fire** Hong Kong action adventure starring Donnie Yen and Nicholas Tse. Subtitled. (2021, 15, 126min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.20** AM **Path to War** Political drama starring Michael Gambon and Alec Baldwin. (2002, 15, 157min) ★★★★★
3.05 **K-19: The Widowmaker** Cold War thriller starring Harrison Ford and Liam Neeson. (2002, 12, 138min) ★★
5.25 to **7.05** AM **Barbarians** Thriller starring Tom Cullen. (2021, 15, 89min) ★★

Movies 24

312 419

- 7.00** AM **Sand Dollar Cove** Romantic drama. (2021, PG, 84min) ★★
9.00 **Love Afloat** Romantic drama. (2022, PG, 90min) ★★
11.00 **Pumpkin Everything** Comedy drama. (2022, PG, 84min) ★★
1.00 PM **The Beauty of Love** Drama. (2021, PG, 90min) ★★
3.00 **Aurora Teagarden Mysteries: Til Death Do Us Part** Crime drama. (2021, PG, 85min) ★★
5.00 **Heart of the Manor** Romantic comedy. (2021, PG, 85min) ★★
7.00 **Finding Love In Saint Lucia** Romantic drama starring Brooke Burdett and Philip Boyd. (2023, PG, 90min) ★★
9.00 **Marrying Mr Darcy** Romantic drama sequel starring Cindy Busby and Ryan Paeyve. A couple planning their wedding are reminded of the differences between them as things get out of control. With Frances Fisher. (2018, PG, 86min) ★★

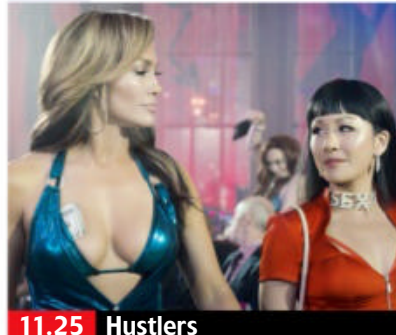
- 11.00** **Love Served Here** Romantic drama. (2023, PG, 84min) ★★
1.00 AM **Love on Trend** Romantic drama. (2021, PG, 85min) ★★
3.00 to **5.00** AM **Campfire Romance** Comedy. (2022, PG, 90min) ★★

Movies 24+ 315 420

Film4

313 855 428 14 300

- **Films start at 11.00am**
11.00 AM **Gunfight at the OK Corral** Classic Western. (1956, PG, 122min) ★★★★★
1.25 PM **Three Hours to Kill** Western. (1954, 12) ★★
3.05 **Buchanan Rides Alone** Western. (1958, U) ★★
4.45 **Hobson's Choice** Comedy. (1953, b/w, U, 107min) ★★★★★
6.55 **Keeping Up with the Joneses** Action comedy. (2016, 12, 105min) ★★



11.25 **Hustlers**

Keeping Up with the Joneses (film started at 6.55pm)

9.00 **Bad Boys for Life** Action comedy sequel starring Will Smith and Martin Lawrence. Detective Mike Lowrey is targeted for assassination by a crime lord's widow. (2020, 15, 124min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Hustlers** Comedy crime drama starring Jennifer Lopez. Strip club employees band together to turn the tables on their Wall Street clients. (2019, 15, 110min) ★★★★★
1.35 to **3.55** AM **Sweet Country** Australian period drama starring Hamilton Morris, Bryan Brown and Sam Neill. (2017, 15, 113min) ★★★★★

+ 1 hour 314 430 47 301

Talking Pictures

328 445 82 306

- 6.00** AM **Burke's Law** 32/32. (S1)
7.00 **The Great Van Robbery** Drama. (1958, PG, 80min) ★★
8.20 **Portrait of Alison** Mystery. (1955, b/w, PG, 82min) ★★
10.00 **Together** 21/26. (S2)
10.30 **The Buccaneers** 22/39. (S1)
11.05 **Hide and Seek** As 3.35am.
12.55 PM **Serious Charge** Drama starring Anthony Quayle. (1959, b/w, PG, 95min) ★★
3.00 **Saddle Up**
3.05 **The Adventures of Bullwhip Griffin** Disney adventure starring Richard Haydn. (1965, U, 110min) ★★
5.15 **Saddle Up**
5.20 **Johnny Ringo** 13/38. (S1)
5.55 **Bonanza** 1/34. (S2)
7.00 **Dixon of Dock Green** (S20)
8.05 **The Human Jungle** 5/13. (S1)
9.05 **Gideon's Way** 24/26. (S1)
10.10 **The Nanny** Thriller starring Bette Davis and William Dix. (1965, b/w, 15, 93min) ★★

- 12.00** M'T **Tell Me Another** 1/9. (S2)
12.30 AM **Maigret** 7/13. (S1)
1.35 **Millions Like Us** Propaganda drama starring Eric Portman. (1943, b/w, U, 103min) ★★★★★
3.35 **Hide and Seek** Crime drama. (1963, b/w, PG, 90min) ★★
5.25 to **6.00** AM **Sherlock Holmes**

Sky Sports	Main Event
401 511 501 419 439	
6.00	AM Sky Sports News
7.00	Good Morning Euros The latest news from the tournament.
10.00	LIVE WTA & ATP Tennis Coverage of day three of the Libema Opens, held at Autotron Rosmalen in s-Hertogenbosch, in the Netherlands.
3.00	PM LIVE ICC Men's T20 World Cup USA v India. Coverage of the Group A match from Nassau County International Cricket Stadium in New York.
7.30	US Open Golf A look ahead to the 2024 US Open, which takes place at Pinehurst Resort and Country Club in North Carolina.
10.00	SSN Euro Report Catch up on all of the latest news from UEFA EURO 2024 as the tournament group stage begins this Friday in Munich, Germany.
11.00	Sky Sports News Round-up of the latest sports news, with live analysis and comment.
1.00	AM LIVE ICC Men's T20 World Cup West Indies v New Zealand. Coverage of the Group C match from Brian Lara Cricket Academy in Tarouba.
5.30	to 6.00 AM Sky Sports News

TNT Sports 1

410 870 527 408 430

6.00 AM T100 Triathlon World Tour

7.00 WWE Monday Night Raw

9.30 Premier League Stories

10.00 Hockey FIH Pro League action.

12.00 NOON **LIVE Hockey Germany v Spain.** Coverage of the men's FIH Hockey Pro League match. Push-back is at **12.00noon**.

2.00 PM Sign Up – Into Football

2.15 **LIVE Hockey China v Germany.** The women's FIH Hockey Pro League match. Push-back **2.15pm**.

4.15 Premier League Stories

4.45 Hockey Men's FIH Pro League.

5.45 **LIVE Hockey Great Britain v Australia.** Coverage of the men's FIH Hockey Pro League match. Push-back is at **5.45pm**.

7.45 Badminton Weekly

8.00 **LIVE Hockey Australia v Great Britain.** Coverage of the Women's FIH Hockey Pro League match. Push-back **8.00pm**.

10.00 Hockey FIH Pro League action.

12.00 M'T Fishing: On the Bank

1.00 AM NBA on Fire

1.30 **LIVE NBA** Coverage of game three of the NBA Finals.

4.00 Ultimate Pool

5.30 to 6.00 AM TNT Sports Reload

TNT Sports 4

421 **876** **530** **411** **434**

- 6.00 AM Badminton** Indonesia Open.
- 8.00 Hockey** Germany v Australia.
- 10.00 Story of the Champions Cup**
- 11.00 Premiership Women's Rugby**
- 1.00 PM MLB** A replay of Baltimore Orioles v Atlanta Braves.
- 3.00 NBA on Fire** The latest news.
- 3.30 Gallagher Premiership Rugby Union** Action from this year's final.
- 5.00 WWE SmackDown Highlights**
- 6.00 UEFA Europa League Goals Reload** The goals from the quarter-finals, semi-finals and final.
- 6.15 UEFA Champions League Goals Reload** The goals from the quarter-finals, semi-finals and final.
- 6.30 UEFA Champions League Magazine** The latest news.
- 7.30 UEFA Champions League – Stories of the Finals**
- 8.00 UEFA Documentaries**
- 9.00 WWE Raw Highlights**
- 10.00 AFL** A chance to see Western Bulldogs v Brisbane Lions.
- 12.00 M'T to 6.00 AM AFL**

Sky Sports	Premier League
402 512 502 420 440	
6.00	AM PL Greatest Games
7.00	Good Morning Euros
10.00	Premier League Years
12.00	NOON Gary Neville's Soccerbox Double bill.
1.00	PM Premier League Best Goals
2.00	Premier League Highlights Action from Sheffield United v Wolverhampton Wanderers.
2.30	Premier League Action from Tottenham Hotspur v Brighton & Hove Albion.
3.00	Premier League Highlights
5.00	Premier League Review A look back at some recent action.
7.00	Premier League Icons A profile of Welsh footballer Gareth Bale.
7.30	Premier League 100 Club The best of Robbie Fowler's 162 Premier League goals.
8.00	SSN Euro Report All the latest news from UEFA Euro 2024.
11.00	Class of '92: Full Time A place in the play-offs is tantalisingly close.
12.00	M'T PL Retro Action from Arsenal v Everton from 1998.
2.00	AM Premier League Years
4.00	Premier League Best Goals
5.00	Premier League 100 Club
5.30	to 6.00 AM Premier League Legends

TNT Sports 2

411 871 528 409 431

6.00 AM **AFL** Action from St Kilda Saints v Gold Coast Suns.

8.00 A chance to see Sydney Swans v Geelong Cats.

10.00 A chance to see Essendon Bombers v Carlton Blues.

12.00 NOON Collingwood Magpies v Melbourne Demons.

2.00 PM **T100 Triathlon World Tour**

3.00 **UEFA Champions League – Classics** A look back at the top ten finals in the history of the UEFA Champions League.

5.00 **TNT Sports Reload**

5.30 **MLB Plays of the Week**
A look at the most exciting plays.

6.00 **LIVE MLB Minnesota Twins v Colorado Rockies.** Coverage of the inter-league match from Target Field. Start-time 6.10pm.

9.15 **Sign Up – Into Football**
Highlights and analysis from the groundbreaking series.

10.00 **UFC** A chance to see Jared Cannonier v Nassourdine Imavov.

1.00 AM **Badminton** Action from the Indonesia Open finals.

3.00 to 6.00 AM **LIVE Badminton**
Coverage from the Australia Open Round of 16, which takes place at State Sports Centre in Sydney.

Eurosport 1

413 868 521 412 435

6.00	AM Mountain Biking
7.00	Cycling Recent action.
8.00	Roland-Garros
9.30	EWC All Access
10.00	The Cycling Show
10.30	Cycling Recent highlights.
12.30	PM LIVE Cycling: Tour of Slovenia Coverage of stage one.
3.00	LIVE Cycling: Tour of Belgium Coverage of stage one.
4.00	Cycling Recent action.
5.00	The Power of the Olympics
5.30	Skateboarding
5.45	Australian Open Tennis
6.00	The Future Stars of Tennis
6.30	Ultramarathon
7.00	Cycling Recent highlights.
9.00	Roland-Garros
10.00	The Judo Show
11.00	Cycling Recent action.
1.00	AM FIA World Endurance...
2.00	Cycling Recent highlights.
4.00	Australian Superbikes
5.00	to 6.00 AM FIA World Endurance Championship

Sky Sports	Football
403 513 503 421 441	
6.00	AM EFL Cup Retro
8.45	EFL Greatest Games
10.00	Retro League One
12.00	NOON EFL Greatest Games
1.00	PM Championship Season Review The 2018/19 campaign.
2.00	EFL Cup Highlights Some of the top goals from the League Cup.
2.30	EFL Rivalries The rivalry between Birmingham City and Aston Villa.
3.00	Championship Retro Charlton Athletic v Sunderland in the 1998 Championship play-off final.
5.45	EFL Greatest Games
7.00	Championship Season Review
8.00	EFL Cup Highlights The best goals from the 2019/20 season.
8.30	EFL Trophy Football Action from Portsmouth v Salford City.
9.00	Retro League One A chance to see Gillingham v Manchester City in the 1999 Play-Off Final.
11.45	EFL Greatest Games
1.00	AM Championship Retro
3.00	EFL Cup Retro
5.00	Best Moments From The Championship Play-Off Final (1993-2019) Archive action.
5.30	to 6.00 AM Best Moments from the League 1 & 2 Play-Off Final (1993-2019)

TNT Sports 3

417 874 529 410 432

6.00 AM Women's Bundesliga

10.00 UEFA Europa League & Conference League Magazine

12.00 NOON UEFA Champions League Magazine

1.00 PM Serie A – Full Impact

2.00 Ligue 1 Highlights The 2023/24 French top-flight season.

3.00 Badminton Action from the Indonesia Open finals.

5.00 PSA Squash Highlights Action from the 2024 British Open.

6.00 WWE Raw Highlights

7.00 Ultimate Pool Action from the Ultimate Pool Pairs Cup Group 2.

8.30 **LIVE** MLB San Francisco Giants v Houston Astros.
Coverage of the inter-league match, which takes place at Oracle Park. Start-time 8.45pm.

11.45 MLB Plays of the Week
A look at the most exciting plays from the past week's matches.

12.15 AM Badminton Weekly
A round-up of the latest news.

12.30 Hockey FIH Pro League action.

2.30 PSA Squash Highlights Action from the 2024 British Open.

3.30 Premiership Women's Rugby

5.30 to 6.00 AM
MLB Plays of the Week

Eurosport 2

414

869

522

413

436

6.00

AM

Motocross World Champs

8.00

Mountain Biking

9.00

Cycling Recent highlights.

10.00

Roland-Garros

11.00

Australian Open Tennis

11.15

EWC All Access

11.45

FIA World Endurance Champs

12.45

PM

LIVE

FIA World Endurance Championship

The first free practice session from Le Mans.

4.15

Bennetts British Superbikes

5.15

EWC All Access

5.45

LIVE

FIA World Endurance Championship

Qualifying.

7.15

British Superbikes Extra

8.15

The Power of the Olympics

8.45

LIVE

FIA World Endurance Championship

Second practice

11.15

FIA World Endurance Champs

12.10

AM

Speedway Grand Prix

1.05

Hall of Fame – Sydney 2000

2.00

British Superbikes Extra

3.00

FIA World Endurance Champs

4.00

to 6.00 AM Cycling

Sky Sports	Cricket
404 514 504 422 442	
6.00	AM ICC Men's T20 World Cup
9.30	ICC 2016 World T20 Final Action from England v West Indies at the final of the tournament.
10.00	ICC Men's T20 World Cup A chance to see Australia and Namibia, at Sir Vivian Richards Stadium in North Sound, Antigua.
2.10	PM Best of ICC WT20 India v Pakistan in the 2007 final.
2.30	ICC Men's T20 World Cup Action from Australia and Namibia, at Sir Vivian Richards Stadium in North Sound, Antigua.
3.00	LIVE ICC Men's T20 World Cup USA v India. Coverage of the Group A match from Nassau County International Cricket Stadium in New York.
7.30	Vitality T20 Blast Cricket Action from Middlesex and Somerset from Lord's, London.
10.50	My Icon Michael Holding.
11.00	ICC Men's T20 World Cup
1.00	AM LIVE ICC Men's T20 World Cup West Indies v New Zealand. Coverage of the Group C match from Brian Lara Cricket Academy in Tarouba.
5.30	to 6.00 AM ICC Men's T20 World Cup

Sky Sports	Action
408 517 507 426 446	
6.00	AM NFL Highlights
8.00	Fight Night Bout replays.
10.00	NFL Highlights
12.00	NOON Fight Night International A replay of Lukasz Rozanski v Lawrence Okolie.
1.00	PM Vasilij Lomachenko v George Kamposos Jr.
2.00	NFL Highlights Dallas Cowboys v Green Bay Packers.
3.00	Detroit Lions v LA Rams.
4.00	Fight Night International Lomachenko v Kamposos Jr.
5.00	NFL Highlights Tampa Bay Buccaneers v Philadelphia Eagles in the sixth wild card play-off match.
6.00	NBC's Pro-Football Talk
8.00	NFL Highlights Baltimore Ravens v Kansas City Chiefs.
9.00	Action from Baltimore Ravens v Houston Texans.
10.00	Fight Night International Action from Vasilij Lomachenko v George Kamposos Jr in Perth.
11.00	NFL Highlights San Francisco 49ers v Green Bay Packers.
12.00	M'T The Insiders
1.00	AM Fight Night International
2.00	NFL Highlights
4.00	Fight Night International
5.00	to 6.00 AM NFL Highlights

Sky Sports	Arena
412 518 508 427 447	
6.00	AM Premier League Darts
10.00	Women's Super League
10.15	Super League Highlights
11.00	Fight Night International
1.00	PM Super League Highlights
2.00	Super League
4.10	Super League Gold
4.15	Super League
7.00	Women's Super League Action from St Helens v Leeds Rhinos.
7.15	Super League Highlights Action from St Helens v Leeds Rhinos.
7.30	Brief highlights from St Helens v Catalans Dragons.
7.45	Action from Warrington Wolves v Wigan Warriors.
8.00	Fight Night International
10.00	Women's Super League
10.15	Super League Highlights
11.00	Fight Night International
12.00	M'T Super League
4.55	AM Super League Gold
5.00	Women's Super League
5.15	to 6.00 AM Super League Highlights

Sky Sports	Golf
405 515 505 423 443	
6.00	AM US Open Official Films
9.00	PGA Tour Golf
10.00	McGinley & Chamblee at the US Open A look ahead.
11.30	US Open Official Films
12.30	PM McGinley & Chamblee at the US Open A look ahead.
2.00	US Open Golf A look ahead to the 2024 US Open, which takes place at Pinehurst Resort and Country Club in North Carolina.
10.00	PGA Tour: The Cut A look behind the scenes of the tour.
10.30	European Challenge Tour Golf Action from the Spain Event.
11.00	One Shot Away Showcasing the Korn Ferry Tour.
11.30	PGA Tour Champions Highlights from the American Family Insurance Championship.
12.30	AM PGA Tour: The Cut
1.00	European Challenge Tour Golf
1.30	One Shot Away
2.00	to 6.00 AM US Open Official Films

Sky Sports	Tennis
407 537 520 425 445	
6.00	AM Tennis Action from day two of the Libema Open.
10.00	LIVE WTA & ATP Tennis Coverage of day three of the Libema Opens, held at Autotron Rosmalen in s-Hertogenbosch.
6.00	PM Tennis Action from the Internazionali BNL d'Italia final.
8.00	Action from the men's semi-finals in Geneva.
9.00	The Libema Open, which takes place at Autotron Rosmalen.
1.00	AM The ASB Classic final.
2.00	US Open Classic Matches
2.45	Billie Jean King: My Story
3.00	to 6.00 AM Tennis

Sky Sports	Mix
416 873 510 429 449	
6.00	AM NFL Highlights
7.00	US Open Official Films
9.00	ICC Men's T20 World Cup
9.30	Best of ICC WT20
10.00	ICC Men's T20 World Cup
2.10	PM Best of ICC WT20
2.30	ICC Men's T20 World Cup
3.00	Tennis Action from the Qatar TotalEnergies Open final.
5.00	Fight Night Lawrence Okolie v Chris Billam-Smith from 2023.
6.00	Fight Night International Another chance to see Devin Haney v Vasilij Lomachenko.
7.00	Super League Highlights
7.30	Vitality T20 Blast Cricket
10.50	My Icon Michael Holding.
11.00	ICC Men's T20 World Cup
11.30	PGA Tour Champions
12.30	AM PGA Tour: The Cut
1.00	European Challenge Tour Golf
1.30	One Shot Away
2.00	Tennis Madrid Open highlights.
4.00	to 6.00 AM Fight Night International

Sky Sports	F1
406 516 506 424 444	
6.00	AM The Home of F1
11.00	Formula 1 Canadian Grand Prix.
1.15	PM Ted's Notebook
1.45	Ted and Yuki Tsunoda in Tokyo
2.00	Indycar From Wisconsin.
3.00	Indy NXT Action from Wisconsin.
4.10	F1 Features
4.45	Ted's Notebook
5.15	Formula 1 Canadian Grand Prix.
7.30	Ted's Notebook
8.00	Indycar Action from the Grand Prix of Road America.
9.00	Formula 1 Canadian Grand Prix.
10.00	Indycar Action from Wisconsin.
11.00	Formula 1 Canadian Grand Prix.
12.00	M'T Indycar From Wisconsin.
1.00	to 6.00 AM The Home of F1

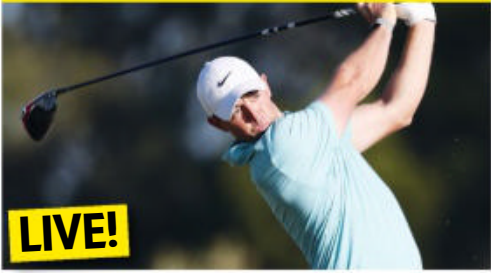
Thursday

13 June

Evening Planner

Thursday


Golf



LIVE!

US Open
Sky Sports Main Event & Sky Sports Golf, coverage starts from 12.30pm
As the tournament tees off, Rory McIlroy is still on the hunt for his fifth Major.


Documentary



NEW

The Supervet
C4, 8pm
Noel Fitzpatrick presents an update on some of his patients, including kitten Pretzel, who had severely twisted legs.

OnDemand




prime video

NEW

The Boys
Available today
Jeffrey Dean Morgan joins the cast of the dark comic-book drama, with the world on the brink of anarchy.

OnDemand



NETFLIX

NEW

Bridgerton
Available today
Colin and Penelope's love story continues as season three resumes – and there are shocks in store for the ton.

	SKY	7.00 PM	7.30 PM	8.00 PM	8.30 PM	9.00 PM	9.30 PM	10.00 PM	10.30 PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Question Time		9.00 The Outlaws		10.00 News; Local News	
	102 BBC2	7.00 Mississippi: Earth's Great Rivers		8.00 Springwatch		9.00 Chinook: Zulu Delta 576		10.00 Mortimer &...	10.30 Newsnight
	103 ITV1	◀ 6.30 News	7.30 Emmerdale		8.30 Tonight †	9.00 Long Lost Family: Born Without Trace...		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Supervet: Noel Fitzpatrick		9.00 The Fall: Skydive Murder Plot		10.00 We Are Lady Parts	
	105 CHANNEL 5	7.00 The Motorway Hotel		8.00 Happy Campers: The Caravan Park		9.00 The Hotel Inspector		10.00 Belmarsh: Serial Killers & High Security	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Painting Birds with Jim and Nancy Moir		9.00 The Truth vs Alex Jones			
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 The Traitors US		9.00 Film: Alan Partridge: Alpha Papa		10.25 High: Surviving a...	
	116 BBC4	7.00 Great British... 7.30 Villages by the...		8.00 A House Through Time		9.00 King Otto & Football's Greek Gods		10.30 Film: Graduate	
	118 ITV2	7.00 Deal or No Deal		8.00 Bob's Burgers		9.00 Love Island		10.05 Tell Me Everything	
	136 MORE4	◀ 6.55 Car S.O.S.	7.55 Grand Designs			9.00 24 Hours in A&E		10.00 Rescue: Extreme Medics	
	135 E4	7.00 Hollyoaks 7.30 Come Dine...		8.00 Dance Moms		9.00 Gogglebox		10.00 Naked Attraction	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 FBI		10.00 FBI: International	
	108 SKY ATLANTIC	◀ 6.45 Billions	7.50 Game of Thrones			9.00 House of the Dragon: War Room		10.00 Band of Brothers	
	110 GOLD	◀ 6.40 Dad's Army		8.00 Only Fools and Horses... 8.40 The Thin Blue Line	9.20 dinnerladies			10.00 The Royle Family 10.35 Bottom	
	111 DAVE	7.00 Would I Lie to You? 7.40 Richard Osman's House of Games				9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◀ 6.55 Heartbeat		8.00 Vera				10.00 Wire in the Blood	
	120 ITV4	◀ 6.30 British Touring Car Championship...		8.00 Isle of Man TT		9.00 Film: Moonraker			
	112 COMEDY CENTRAL	◀ 6.55 Friends				9.00 Film: Austin Powers: The Spy Who Shagged Me			
	139 SKY SCI-FI	7.00 Star Trek: The Next Generation		8.00 Atlantis		9.00 Film: RoboCop 2			
	113 SKY MAX	7.00 Stargate SG-1		8.00 A Discovery of Witches		9.00 The Walking Dead: The Ones Who Live	10.00 A League of Their Own: Mexican...		
DOCUMENTARY	109 ALIBI	7.00 Elementary		8.00 Death in Paradise		9.00 Murdoch Mysteries	10.00 Death in Paradise		
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Painting Birds with Jim and Nancy Moir		9.00 Discovering: Michelle Pfeiffer	10.00 John Wayne: America at All Costs		
	132 W	7.00 Tipping Point: Lucky Stars		8.00 Gemma and Gorka: Life Behind the...		9.00 Nick Knowles' New Year Clearout	10.00 Bradford on Duty		
	125 DISCOVERY	7.00 Kindig Customs		8.00 Supertruckers		9.00 Expedition From Hell: The Lost Tapes	10.00 Naked and Afraid XL		
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Meet the Orangutans		9.00 Meet the Penguins	10.00 Edge of Alaska		
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.			10.00 Alaska: The Next Generation		
FILMS - Sky Cinema	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 Swamp Mysteries with Troy Landry	10.00 Adventure Gold Diggers		
	155 YESTERDAY	7.00 Canal Boat Diaries		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
	121 SKY DOCS	7.00 Branson				9.00 The Truth vs Alex Jones			
	301 PREMIERE	◀ 6.20 Bonus Track		8.00 Meg 2: The Trench			10.00 The Royal Hotel		
	302 STATHAM	◀ 6.00 The Beekeeper		8.00 Fast X				10.25 Ghosts of Mars	
	303 HITS	◀ 6.00 Scott Pilgrim vs. the World		8.00 Jarhead			10.05 The Woman in Black		
	304 90S	◀ 5.45 Last Action Hero		8.00 The Matrix			10.20 Blade		
	305 ANIMATION	◀ 5.50 A Shaun... 7.25 Paws of Fury: The Legend of Hank				9.05 Vic the Viking		10.35 Mavka...	
	306 FAMILY	◀ 5.45 Journey... 7.25 Journey 2: The Mysterious Island				9.05 Breaking Point			
	307 ACTION	◀ 5.45 Gran Turismo		8.00 Batman Begins			10.25 The Dark Knight		
	308 COMEDY	◀ 6.00 How to Be Single		8.00 Shaun of the Dead		9.45 Disaster Movie			
	309 THRILLER	◀ 6.05 Extremely Wicked, Shockingly Evil...		8.00 Public Enemies			10.20 The Locksmith		
	310 DRAMA	◀ 6.00 Dallas Buyers Club		8.00 The Girl on the Train			10.00 Mrs Harris Goes to Paris		
SPORT	311 SCI-FI	◀ 6.35 Ready Player One				9.00 Nope			
	313 FILM4	◀ 6.20 Only the Brave				9.00 Scream			
	401 MAIN EVENT	◀ 12.30 US Open Golf – Live		8.00 ICC Men's T20 World Cup – Live: England v Oman					
	402 PREMIER LEAGUE	7.00 PL Icons 7.30 PL 100		8.00 SSN Euro Report					
	403 FOOTBALL	7.00 Championship Season Review		8.00 Best Goals Of... 8.30 EFL Trophy...	9.00 Championship Retro				
TNT SPORTS	404 CRICKET	◀ 3.00 ICC Men's T20 World Cup – Live: Bangladesh v Netherlands; England v Oman							
	410 TNT SPORTS 1	◀ 6.00 MLB – Live: Baltimore Orioles v Atlanta Braves (Start-time 6.05)				9.15 MLB Plays of the Week	10.00 Cricket Reload 10.30 Women's...		
	411 TNT SPORTS 2	7.00 European Rally Championship – Live		8.00 PL Review			10.00 UEFA Champions League Magazine		

◀ Denotes programmes starting before 7.00pm † Regions vary



BBC1

101 101 1 101 101

- 6.00** AM Breakfast (S)
9.30 Morning Live **New edition** (S)
10.45 Scam Interceptors **New edition** 4/20. Scammers target a man's £100,000 savings pot. (S)
11.15 Homes Under the Hammer **New edition** A bungalow in the beautiful Norfolk Broads. (S)
12.15 PM Bargain Hunt (S)(R)(AD)
1.00 BBC News (S)
1.35 Local News (S)
1.45 BBC News (S)
2.00 Rip Off Britain **New edition** (S)
2.30 Animal Park (S)(R)(AD)
3.00 Escape to the Country (S)(R)
3.45 Garden Rescue (S)(R)
4.30 The Finish Line **New edition** (S)
5.15 Pointless Quiz show. (S)(R)
6.00 BBC News (S)
6.30 Local News (S)
6.55 Party Election Broadcast (S)



9.00 The Outlaws

- 7.00** The One Show
 Alex Jones and Ronan Keating present the topical show. (S)
7.30 EastEnders
 It is the day of Keanu's funeral, and Kathy and Linda hold a private memorial for Sharon at the Arches. (S)(AD)

- 8.00** Question Time
 Fiona Bruce chairs the topical debate, inviting a panel of politicians and other guests in Edinburgh to answer questions from an invited audience. (S)

- 9.00** The Outlaws
New episode 3/5. While Gabby considers motherhood, the Dean's defence is winning his case, and the police are closing in on the gang. Guests stars Christopher Walken. (S3) (S)
 ■ Entire series on BBC iPlayer

- 10.00** BBC News (S)
10.30 Local News (S)
10.40 **FILM** Yesterday
 Danny Boyle's comedy starring Himesh Patel and Lily James. A musician wakes up after being hit by a bus to find he is the only person in the world who remembers the Beatles. With Joel Fry and Ed Sheeran. (S) (AD) (2019, 12, 105min) ★★★
 SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

- 12.25** AM Newscast (S)
12.55 Rebus 4/6. Cafferty gets unwanted help from hitmen as his suppliers seek vengeance for the drug theft, and Rebus distances himself from Siobhan. (S1) (S)(R)(AD)
1.45 Weather for the Week Ahead
 Seven-day forecast. (S)
1.50 to **6.00** AM BBC News (S)

BBC2

102 102 2 102 102

- 6.45** AM Escape to the Country (S)(R)
7.30 Clive Myrie's Caribbean Adventure From Baracoa. (S)(R)
8.00 Sign Zone: Gardeners' World (R)
9.00 BBC News (S)
12.15 PM Politics Live (S)
1.00 Impossible Game show. (S)(R)
1.45 Mastermind Quiz show. (S)(R)
2.45 Five Bedrooms (S4) (S)(R)(AD)
3.30 Stanley Tucci: Searching for Italy Stanley visits Umbria. (S)(R)
4.15 Great Bear Stakeout (S)(R)
5.15 Flog It! From Bedfordshire. (S)(R)
6.00 Richard Osman's House of Games Kevin Eldon, John Whaite, Sarah Keyworth and Laila Rouass take part in the game show. (S)(R)
6.30 Clive Myrie's Caribbean Adventure **New edition** 14/15. The newsreader explores La Vega in the Dominican Republic. (S)



9.00 Chinook: Zulu Delta 576

- 7.00** Mississippi: Earth's Great Rivers
 A journey along the American river, whose fingers stretch into half of the USA, following it through varied landscapes from its source to its mouth. (S)(R)

- 8.00** Springwatch
Series finale 12/12. Chris Packham, Michaela Strachan and Iolo Williams bid farewell to this year's nests and recap on highlights of the series, while Megan McCubbin wraps up her Glasgow adventure. (S)

- 9.00** **NEW SERIES**
Chinook: Zulu Delta 576
 Part one of two. Documentary looking at the 1994 helicopter crash in the Mull of Kintyre that wiped out a generation of Northern Ireland's leading intelligence personnel. (S)

- 10.00** Mortimer & Whitehouse: Gone Fishing
 Paul and Bob visit Ireland to fish the mighty Lough Corrib. (S)(R)
10.30 Newsnight (S)

- 11.00** Weather (S)
11.05 The Misadventures of Romesh Ranganathan 3/3. Romesh travels to Madagascar, where he comes face to face with the island's legendary dancing lemurs. (S)(R)
12.05 AM Sign Zone: The Wrong Man – 17 Years Behind Bars (S)(R)(AD)
1.05 Sign Zone: Spotlight – Blood on the Dance Floor (S)(R)(AD)
2.05 Sign Zone: Doctor Who (S)(R)
2.50 Sign Zone: Lost Boys & Fairies (R)
3.50 to **6.30** AM Previews (S)

ITV1

103 103 803 103 3 103 103 103

- 6.00** AM Good Morning Britain (S)
9.00 Lorraine (S)
10.00 This Morning (S)
12.30 PM Loose Women (S)
1.30 ITV News (S)
1.55 Local News (S)
2.00 Dickinson's Real Deal David Dickinson is back in Blackpool, where Jan Keyne wrestles for a police truncheon, Matt Taylor is on the lookout for a bargain buy, and Henry Nicholls goes for gold with some medals and jewellery. (S)(R)
3.00 Lingo Word-based quiz show presented by Adil Ray. (S)(R)
4.00 Tipping Point Game show hosted by Ben Shephard. (S)(R)
5.00 The Chase Quiz show hosted by Bradley Walsh. (S)(R)
6.00 Local News (S)
6.30 ITV News (S)



5.00 The Chase

- 7.30** Emmerdale
 Belle finds herself in danger, Ruby fears the worst as Charles reveals a cause of death for Ethan, while Vinny is left riddled with guilt. (S)(AD)

- 8.30** Tonight: The Leadership Interviews – Rishi Sunak
New edition Journalist Paul Brand interviews Prime Minister and Conservative party leader, Rishi Sunak. (S)

- 9.00** Long Lost Family: Born Without Trace – What Happened Next
New edition Catching up with 20 foundlings to find out how their lives have changed since they discovered the truth about their pasts. (S)(AD)

- 10.00** ITV News (S)
10.30 Local News (S)
10.45 Regional Programmes
 See local variations. (S)

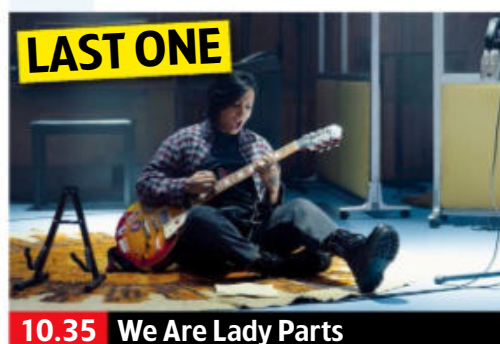
- 11.15** Emergency Nurses: A&E Stories
 Dulcie looks after a 106-year-old who is her oldest patient yet, and emergency nurses Kat and Becca help student nurse Meredith through her first trauma call. (S)(R)
12.05 AM Teleshopping
3.00 In for a Penny From Walt Disney World Resort. (S)(SL)(R)(AD)
3.35 Unwind with ITV (S)
5.05 to **6.00** AM Katie Piper's Breakfast Show (S)(SL)(R)

+1 hour 203 303 35 112

CHANNEL 4

104 104/108 804 108 4 104 104/106

- 6.30** AM Cheers 4&5/22. (S2) (S)(R)
7.20 Everybody Loves Raymond (S)(R)
9.10 Frasier 1-4/25. (S11) (S)(R)(AD)
11.10 Ramsay's Kitchen Nightmares USA From Washington. (S)(R)
12.05 PM News (S)
12.10 Ramsay's Kitchen Nightmares USA From Tennessee. (S)(R)
1.10 Car S.O.S (S)(R)(AD)
2.10 Countdown **New edition** (S)
3.00 A Place in the Sun From the town of Tomar in Portugal. (S)(R)
4.00 **New edition** A holiday home in Portugal's Algarve. (S)
5.00 Sun, Sea and Selling Houses **New edition** In Almeria, Steve and Sharon Garner help a couple relocating from the UK. (S)
6.00 Four in a Bed From Trinity Boutique B&B, Peterhead. (S)(R)
6.30 The Simpsons (S)(R)(AD)



10.35 We Are Lady Parts

- 7.00** News (S)

- 8.00** **NEW SERIES** The Supervet: Noel Fitzpatrick
 Featuring the stories of some of the animals for whom Noel has provided extraordinary and life-saving treatment since the series began in 2014. See feature, page 53. (S)(AD)

- 9.00** The Fall: Skydive Murder Plot
Series finale 3/3. As the trial reaches a dramatic conclusion, the women at the heart of the case reveal the effects of coercive control in their relationships. (S)(AD)
 ■ Entire series on C4 online

- 10.00** We Are Lady Parts
New episode 5/6. The band are in the studio recording their debut album. (S)(AD)
10.35 **Series finale** 6/6. The label interferes with the band's debut album. (S2) (S)(AD)
 ■ Entire series on C4 Online

- 11.20** Celebrity Gogglebox (S)(SL)(R)
12.25 AM Sky Coppers 4/6. The unit hunt for a group of kids. (S)(R)(AD)
1.15 Ramsay's 24 Hours to Hell and Back In Connecticut. (S)(R)(AD)
2.00 Queenie 5-8/8. (S1) (S)(SL)(R)
3.45 **NEW** Iris Prize Best British Shorts Requiem. (S)
4.15 Grand Designs Australia (S)(R)
5.10 Kirstie's House of Craft (S)(R)
5.25 Frasier 5/24. (S5) (S)(R)(AD)
5.50 to **6.30** AM Countdown (S)(R)

+1 hour 204/208 304 15 121

7 PM

8 PM

9 PM

10 PM

CHANNEL 5

105 105 805 105 5 105 105 105

- 5.35 AM **Milkshake!**
 9.15 **Jeremy Vine** (S)
 11.15 **Storm Huntley** (S)
 12.45 PM **Friends** (S8) (S)(R)(AD)
 1.40 **News** (S)
 1.45 **Home and Away** (S)(R)
 2.15 **FILM PREMIERE The Gold Digger Killer** Thriller with Julie Benz and Georgia Bradner. (S) (2020, PG, 105min) ★★
 4.00 **Bargain-Loving Brits in the Sun** Jolene has been doing tarot card reading for 24 years and is passionate about the impact it can have on people's lives. (S)(R)
 5.00 **News** (S)
 6.00 **Police Interceptors** Officers hunt for two suspects allegedly armed with a gun after a tram-stop robbery in Bulwell. (S)(R)
 6.55 **News** (S)



8.00 **Happy Campers**

- 7.00 **The Motorway Hotel**
New edition 3/4. Elton John tribute act Paul is expected to drop in, and new joint co-ordinator Chloe needs to navigate her first wedding. (S)
 7.55 **News** (S)
 8.00 **Happy Campers: The Caravan Park**
New edition At Holiday Resort Unity in Somerset, head of security Simon organises the park's very own version of Crufts. (S)
 9.00 **The Hotel Inspector**
New edition Alex Polizzi returns to Loughborough Grange, whose owners were in need of help when she visited a year ago. (S)
 10.00 **Belmarsh: Serial Killers & High Security** 2/2. Documentary focusing one of London's high security prisons, detailing the pecking order among inmates, and telling the story of Barry George. (S)(R)
 11.05 **FILM King of Thieves** Crime drama starring Michael Caine. (S) (2018, 15, 130min) ★★
 1.15 AM **PlayOJO Live Casino Show**
 3.15 **Secret Scotland with Susan Calman** Documentary. (S)(R)
 4.05 **The Railways That Built Britain with Chris Tarrant** (R)
 4.50 **Wildlife SOS** (S)(SL)(R)
 5.15 **House Doctor** (S)(SL)(R)
 5.40 to 5.45 AM **Entertainment News** (S)

+1 hour 205 305 38 128

SKY SHOWCASE

106 106 806 109 340 355

- 6.00 AM **Sky News Breakfast**
 7.00 **Kay Burley**
 8.00 **UK Border Force** (S)(R)(AD)
 9.00 **Stargate SG-1** (S2) (S)(R)
 11.00 **Gangs of Lemur Island** (S)(R)
 12.00 NOON **The Flash** (S8) (S)(R)
 1.00 PM **MacGyver** (S1) (S)(R)(AD)
 3.00 **Hawaii Five-0** (S6) (S)(R)
 4.00 **S.W.A.T.** 4/18. (S4) (S)(R)(AD)
 5.00 **The Simpsons The Colour Yellow**: Lisa investigates her ancestry for school. (S)(R)
 5.30 **The Great Wife Hope**: Marge campaigns against a violent combat sport. (S)(R)
 6.00 **The Office (US)** 4/25. Michael tries grief counselling after his old boss dies. (S)(R)
 6.30 5/25. Dwight takes Ryan on his first sales call and visits his family's farm. (S3) (S)(R)



9.00 **The Truth vs Alex Jones**

- 7.00 **The Simpsons**
Postcards from the Wedge: Bart plays his parents off against each other. (S)(R)
 7.30 **Stealing First Base**: Bart decides to steal a kiss from a girl at school after taking Grampa's advice. (S)(R)
 8.00 **Painting Birds with Jim and Nancy Moir** 6/6. The couple go in search of little terns in the Irish province of Leinster, meeting musician Imelda May, and birdwatcher and author David Lindo along the way. (S)(R)
 9.00 **The Truth vs Alex Jones**
 Following the two defamation lawsuits brought by families of Sandy Hook Elementary School shooting victims against Alex Jones and his website InfoWars. (S)(R)
 11.15 **Sex and the City** 7/8. Carrie visits San Francisco to promote her book. (S)(R)
 11.50 8/8. Carrie attends a surprise wedding. (S5) (S)(R)
 12.25 AM **The Force: North East** (R)
 1.20 **Brit Cops: Rapid Response** (R)
 2.15 **Road Wars** (S)(R)
 3.10 **Hawaii Five-0** (S6) (S)(R)
 4.05 **S.W.A.T.** 4/18. (S4) (S)(R)(AD)
 5.00 to 6.00 AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
 Sky 964, Virgin 862, Freesat 964

11.15am **Bargain Hunt**
 12.00noon-1.00pm **First Minister's Questions**
 7.25-7.30pm **Party Election Broadcast**

N. IRELAND

Sky 966, Virgin 863, Freesat 966

10.40pm **The View**
 11.20 **The Traitors US**
 12.20-12.25am **The Chronicles of Belfast**

WALES

Sky 965, Virgin 864, Freesat 965

No variations

BBC2

N. IRELAND
 Sky 969, Freesat 969

No variations

WALES

Sky 968, Freesat 968

No variations

ITV1

As main ITV1 except:
ANGLIA

10.45-11.15pm **Anglia Late Edition**
BORDER/TYNE TEES

10.45-11.15pm **Around the House**
LONDON

10.45-11.15pm **The Late Debate**
CENTRAL

10.45-11.15pm **Central Lobby**
GRANADA

10.45-11.15pm **The Granada Debate**
MERIDIAN

10.45-11.15pm **Last Word**
WALES

10.45-11.15pm **Fishlock's Choice**
WEST/WESTCOUNTRY

10.45-11.15pm **The Westcountry Debate**
YORKSHIRE

10.45-11.15pm **Last Orders**

S4C

Sky 134, Virgin 164, Freesat 120

6.00am **Cyw** 12.00noon **Newyddion** 12.05pm **Bois y Rhondda** 12.30 **Heno**

1.00 **Ein Llwybrau Celtaidd** 1.30 **Cerys Matthews a'r Goeden Faled** 2.00 **Newyddion** 2.05 **Prynhawn Da** 3.00 **Newyddion** 3.05 **Cynefin** 4.00 **Awr Fawr**

5.00 **Stwnsh** 6.00 **Dan Do** 6.30 **Arfordir Cymru**: Bae Ceredigion 7.00 **Heno**

7.30 **Newyddion** 8.00 **Pobol y Cwm** 8.25 **Rownd a Rownd** 8.55 **Newyddion**

9.00 **Drych**: Chdi, Fi Ac IVF 10.00 **Y Llinell Las**

11.00 **Grid** 11.15-11.50pm **Ffasiwn Drefn**

TV&Satellite
 week
Best for
Sky and
Virgin

BBC3

115/117/121 107/113 23 107 107

BBC3 programmes start at 7.00pm



- 7.00 PM **Top Gear** The trio test-drive cars in Romania.
 7.55 **The Catch Up**
 8.00 **The Traitors US**
New edition 3/12. The Traitors are set a daunting task for their next murder, and a haunting mission sees the players keep working on the prize pot.
 9.00 **FILM Alan Partridge: Alpha Papa** Comedy starring Steve Coogan. Hopelessly incompetent broadcaster Alan Partridge strives to become a hero during a hostage crisis. (2013, 15, 86min) ★★★★★
 10.25 **High: Surviving a Dubai Drugs Bust** 5/5. The date of Karl's trial is fast approaching. (S1)
 10.55 **I Kissed a Boy**
 11.45 **Confessions of a Teenage Fraudster** Documentary.
 12.30 AM **Drugs Map of Britain**
 1.25 **Top Gear** As 7.00pm.
 2.25 **Bad Education: Reunion Special** Comedy.
 3.10 to 3.55 AM **Confessions of a Teenage Fraudster**

MORE4

136/137 831 147 18 124

- 8.55 AM **A Place in the Sun**
 10.25 **A New Life in the Sun**
 11.25 **Find It, Fix It, Flog It**
 12.30 PM **Come Dine with Me**
 Five editions of the culinary contest from Edinburgh.
 3.10 **Four in a Bed** Five editions of the B&B challenge.
 5.50 **Chateau DIY** Stephanie is running out of time to build her gazebo, while disaster strikes for Janet and Philip.
 6.55 **Car S.O.S** Tim and Fuzz take on carpenter Mike's 1980 Ford Escort RS2000.
 7.55 **Grand Designs** Kevin McCloud meets couple Colin and Adele, who are spending £700,000 to build a curved glass family home in the Manchester suburb where they both grew up.
 9.00 **24 Hours in A&E**
 A 24-year-old is rushed to St George's after being injured in a football match, and a 30-year-old has a swelling on his head due to an infection of his scalp.
 10.00 **Rescue: Extreme Medics**
 An air ambulance is dispatched to help a rally driver on the island of Mull. Plus, a coast guard helicopter flies to a remote sea loch on a rescue mission.
 11.05 **24 Hours in A&E**
 1.15 AM **Rescue: Extreme Medics** As 10.00pm.
 2.20 **24 Hours in A&E**
 3.25 to 3.55 AM **A Place in the Sun**

+1 hour 236/237 347 125

BBC4

116 107/108 9/24 106 108

BBC4 programmes start at 7.00pm



- 7.00 PM **Great British Railway Journeys** From Stranraer and the Mull of Galloway.
 7.30 **Villages by the Sea** Coastal villages that have often been on the frontline of history.
 8.00 **A House Through Time** 4/4. The final edition opens at the outbreak of World War Two, and the house is home to the Wood family.
 9.00 **NEW King Otto & Football's Greek Gods**
 How German football coach Otto Rehhagel led the Greek football team to victory.
 10.30 **FILM The Graduate**
 Oscar-winning comedy drama starring Dustin Hoffman as an aimless college graduate who is drawn into an affair with a middle-aged woman. (1967, 12, 105min) ★★★★★
 12.15 AM **The Sky at Night**
 12.45 **Queen Victoria's Letters: A Monarch Unveiled**
 1.45 **Great British Railway Journeys** As 7.00pm.
 2.15 to 3.15 AM **A House Through Time**

E4

135/136 830 106 13 122

- 6.00 AM **Hollyoaks**
 7.00 **Ramsay's Kitchen Nightmares USA**
 9.00 **Brooklyn Nine-Nine**
 10.00 **Young Sheldon**
 11.00 **Modern Family**
 12.00 NOON **The Big Bang Theory** 12-15/23. (S3)
 2.00 PM **The Goldbergs**
 3.00 **Modern Family**
 4.00 **Young Sheldon**
 5.00 **The Big Bang Theory**
 7.00 **Hollyoaks** Marie slips up after a boozy day with Diane.
 7.30 **Come Dine with Me**
 Teacher Jo is the fourth to host in and around Brighton.
 8.00 **Dance Moms**
 A vacancy opens in the studio's coveted trio when Paige loses her spot to undergo foot surgery.
 9.00 **Gogglebox** The armchair critics appraise *Sitting on a Fortune* and *Close to Me*.
 10.00 **Naked Attraction** Ryan, a 24-year-old martial arts instructor from Hull with cystic fibrosis, looks for a date.
 11.05 **First Dates**
 12.10 AM **The Big Bang Theory**
 1.15 **Rick and Morty**
 1.45 **Smiling Friends**
New episode Animation.
 2.00 **Smiling Friends**
 2.10 **Brooklyn Nine-Nine**
 3.00 **Dance Moms**
 3.50 **Modern Family**
 4.40 to 6.00 AM **The Neighborhood**

+1 hour 235/236 306 30 123

Thursday

primetime

primetime

THURSDAY Entertainment

Sky Witness

107 807 110 341 356

6.00 AM Air Ambulance ER
7.00 Border Patrol
8.00 UK Border Force
9.00 999 Frontline
10.00 Bull 21/22. (S6)
11.00 Blue Bloods 3/20. (S12)
12.00 NOON New Amsterdam (S4)
1.00 PM 9-1-1 9/18. A massive sinkhole appears in LA. (S5)
2.00 FBI: Most Wanted 9/22. Barnes and Jess are caught in the middle of a shooting. (S3)
3.00 Caught Red Handed
4.30 Nothing to Declare

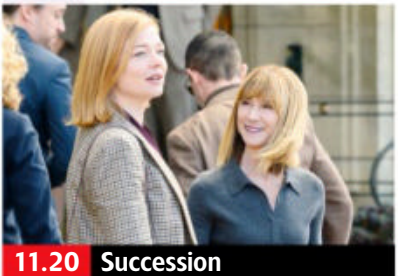


9.00 FBI

Sky Atlantic

108/109 808 342 357

6.00 AM The Guest Wing
7.55 True Blood 9&10/10. (S7)
10.05 Billions 8&9/12. (S7)
12.15 PM Game of Thrones (S7)
1.20 The Sopranos 7&8/13. (S2)
3.30 Six Feet Under 1/13. Christmas is cut short by death of the Fisher family's patriarch.
4.35 2/13. Nate and David inherit the business. (S1)
5.40 Billions 10/12. Chuck forges unlikely alliances.
6.45 11/12. Chuck and Axe square off against Prince as the campaign increases. (S7)



11.20 Succession

Sky Max

113/114 813 111 346 361

6.00 AM NCIS: Los Angeles (S13)
7.00 DC's Legends of Tomorrow
8.00 The Flash 18/18. (S7)
9.00 Stargate SG-1 (S2)
11.00 NCIS: Los Angeles (S13)
12.00 NOON The Flash 2/20. (S8)
1.00 PM MacGyver 5&6/21. (S1)
3.00 Hawaii Five-0 15/25. (S6)
4.00 S.W.A.T. 4/18. An extremist plans to attack the memorial service of a musician. (S4)
5.00 DC's Legends of Tomorrow
6.00 Stargate SG-1 19/22. An alien civilisation faces extinction. (S2)



8.00 A Discovery of Witches

ITV2

118 816 115 6 113

6.00 AM CITV
9.00 World's Funniest Videos
9.30 Totally Bonkers
Guinness World Records
10.00 Love Bites
12.00 NOON Dress to Impress
1.00 PM Deal or No Deal
2.00 Family Fortunes
3.00 Veronica Mars 9/20. (S3)
4.00 Dawson's Creek 12/23. (S3)
5.00 Dress to Impress
6.00 Celebrity Catchphrase
With Kelvin Fletcher, Chris Ramsey and Heather Small.



7.00 Deal or No Deal

ITV3

119 117 10 115

6.00 AM Classic Emmerdale
7.00 Classic Coronation Street
8.05 Agatha Christie's Poirot
10.35 The Royal Home to Roost.
11.35 Heartbeat Double bill.
1.40 PM Classic Emmerdale
2.40 Classic Coronation Street
3.40 Inspector Morse
The Wolvercote Tongue: An American tourist's body is discovered in her hotel room.
5.55 Heartbeat Every Dog Has Its Day: A group of offenders find themselves under suspicion after a spate of disturbances.



3.40 Inspector Morse

7 PM

7.00 Nothing to Declare The dog squad are sent in.
7.30 A student is found to have undeclared cash bundles in her luggage.

8 PM

8.00 Blue Bloods True Blue: 4/20. Jamie partners with Erin and Anthony to investigate an underground bar. (S12)

9 PM

9.00 FBI Series finale Ring of Fire: 13/13. The Somali terrorist group behind the death of Agent Hobbs resurfaces. (S6)

10 PM

10.00 FBI: International Series finale Tuxhorn: 13/13. The Fly Team head to Oslo in order to investigate a case. (S3)
11.00 The Rookie 6&7/22. (S5)
1.00 AM Chicago Med New episode
2.00 Chicago Fire New episode
3.00 Chicago PD New episode
4.00 Law & Order: Organized Crime 22/22. (S2)
5.00 to 6.00 AM Air Ambulance ER

+1 hour 207 310

7.50 Game of Thrones Eastwatch: 5/7. Jon heeds Bran's warning about white walkers, and Cersei vows to vanquish anyone or anything that stands in her way. (S7)

9.00 House of the Dragon: War Room Sue Perkins presents a look ahead to season two, joined by Al Murray and Ellie Taylor.

10.00 Band of Brothers The Breaking Point: 7/10. An exhausted Easy Company is ordered to take the town of Foy. (S1)
11.20 Succession 8/10. The entire Roy clan travel to Logan's hometown of Dundee. (S2)
12.30 AM The Pacific 7/10. Basilone becomes disillusioned. (S1)
1.40 The Wire 1/13. (S1)
2.50 Game of Thrones As 7.50pm. to 6.00 AM The Guest Wing

+1 hour 208/209

7.00 Stargate SG-1 Show and Tell: 20/22. Invisible aliens plot to destroy mankind during a war of attrition against the Goa'uld. (S2)

8.00 A Discovery of Witches 7/10. Matthew and Diana arrive in Bohemia to search for Edward Kelley and the Book of Life. (S2)

9.00 The Walking Dead: The Ones Who Live Gone: 2/6. Michonne comes face-to-face with the mysterious CRM. (S1)

10.00 A League of Their Own: Mexican Road Trip Jill Scott, Jamie Redknapp, Micah Richards and Mo Gilligan explore La Paz.
11.00 The Walking Dead 9/16. (S3)
12.00 M'T S.W.A.T. 12/13. Terrorists abduct the son of an energy company executive. (S7)
1.00 AM Entourage 1&2/12. (S4)
2.00 Road Wars Vehicle crime.
3.00 Hawaii Five-0 15/25. (S6)
4.00 S.W.A.T. 4/18. (S4)
5.00 to 6.00 AM Highway Patrol

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker to win a potentially life-changing cash prize.

8.00 Bob's Burgers 11/21. Tina teams up with Darryl at the school dance.
8.30 12/21. Bob gets obsessed with a knife. (S5)

9.00 Love Island New episode The temperature rises for the couples as they aim to avoid being in danger of getting dumped.

10.05 Tell Me Everything New episode 2/6. Naisha finds the pressure of a health app and her parents too much. (S2)
11.05 Family Guy 11/18. Chris meets a puppeteer with a dark past.
11.35 5/18. Lois displays skill as a boxer. (S9)
12.05 AM American Dad! (S6)
1.05 Bob's Burgers (S5)
2.05 Don't Hate the Playaz to 3.00 AM Unwind with ITV

+1 hour 218 315 29 114

6.55 Heartbeat Services Rendered: The police investigate a hit-and-run incident and Peggy finds herself in trouble again.

8.00 Vera Vital Signs: DCI Stanhope is called out to a grim scene when a body found in the back of a burnt-out car and the victim is identified as a popular local GP. Brenda Blethyn and Kenny Doughty star.

10.00 Wire in the Blood Nothing But the Night: 3/4. The team members struggle to build up a criminal profile. (S3)
11.50 The Royal Home to Roost: Ormerod faces a testing time when his father-in-law arrives wanting to know whether he was seeing Dr Weatherill while his late daughter was still alive.
12.45 AM Upstairs, Downstairs to 2.30 AM Unwind with ITV

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON This Is BBC Scotland
7.00 PM Scotland's Biggest Families 3/3. The Sullivans are expecting baby number 12.
8.00 Beechgrove Garden New edition 11/26. Kirsty Wilson discusses what to sow and plant in order to attract birds.
8.30 Landward New edition 11/26. Dougie Vipond visits an Aberdeenshire farm that is monitoring ground-nesting waders.
9.00 The Nine
10.00 Chewin' the Fat Highlights of the comedy starring Ford Kiernan and Greg Hemphill.
10.30 NEW SERIES Late Night at the Euros with Compston and Smart 1/9. Sports chat and entertainment show.
11.00 Two Doors Down (S1)
11.30 PM to 12.00 M'T That Was the Team That Was

Sky Comedy

114/115 814 112 347 362

8.00 AM Will & Grace (S6)
9.00 The Conners (S4)
10.00 Sort Of 3/8. (S1)
10.30 Veep 5&6/10. (S4)
11.40 Entourage (S7)
12.50 PM High Maintenance
2.10 Veep 7&8/10. (S4)
3.20 Entourage (S7)
4.30 Sort Of 4/8. (S1)
5.00 Will & Grace (S6)
6.00 The Office (US) (S3)
7.00 The Conners (S4&5)
8.00 Will & Grace 1/18. Jack's attempts to look younger end in disaster.
8.30 2/18. The friends realise they haven't seen Karen recently. (S10)
9.00 Young Rock (S1)
10.00 Jerrod Carmichael Reality Show
11.15 The Tonight Show Starring Jimmy Fallon New edition Chat show.
12.15 AM Sex and the City
1.30 And Just Like That...
3.00 Flatbush Misdemeanors
3.40 to 5.00 AM High Maintenance

Sky Arts

130/131 140 123 36 147 365

6.00 AM Golden Age: Milos at Blenheim Palace
7.00 Janine Jansen
8.00 The Joy of Painting
9.00 Tales of the Unexpected
10.00 Hitchcock Presents
11.00 Discovering
12.00 NOON Joy of Painting
1.00 PM Tales of the...
2.00 The South Bank Show
3.00 The Art Mysteries
4.00 Discovering
5.00 The Joy of Painting
6.00 Tales of the Unexpected
7.00 Hitchcock Presents
8.00 Painting Birds with Jim and Nancy Moir
9.00 Discovering
10.00 John Wayne: America at All Costs
11.00 Dr Jack and Mr Nicholson Documentary.
12.00 M'T Katharine Hepburn: Call Me Kate
2.00 AM Mae West
3.05 A Play in a Day
4.05 Cheltenham Literature Festival Tan France.
5.00 to 6.00 AM Auction

Sky Mix

151 135 11 144

7.00 AM Border Security: Canada's Front Line
8.00 Nothing to Declare
9.00 Motorway Patrol
10.00 Highway Patrol
11.00 Stop, Search, Seize
12.00 NOON Motorway Patrol
1.00 PM Border Patrol
2.00 Border Security: Canada's Front Line
3.00 Nothing to Declare
4.00 Stargate Atlantis (S4)
5.00 Star Trek: Enterprise
6.00 Stargate Universe (S2)
7.00 Star Trek: Voyager
8.00 The Rookie 4/14. (S3)
9.00 S.W.A.T. U-Turn: 12/18. Hondo becomes worried about his father. (S4)
10.00 The Twilight Zone (S2)
11.00 Killer in My Village
12.00 M'T Grimm 5/22. (S5)
1.00 AM Caribbean Cops
2.00 Brit Cops: Frontline Crime UK
3.00 Highway Patrol
4.00 Motorway Patrol
5.00 to 6.00 AM Highway Cops

ITV Be

131/132 119 28 119

7.00 AM Unwind
7.05 Sugar Showdown
7.35 Real Housewives of Cheshire Reality series.
8.35 Masters of Flip
9.35 Buying and Selling
10.35 Real Housewives of Cheshire Reality series.
11.35 The Real Housewives of Atlanta Reality series.
12.30 PM Real Housewives of New Jersey
1.20 The Only Way Is Essex
2.05 Dinner Date
3.05 Million Dollar Listing: LA
4.00 The Real Housewives of Atlanta Reality series.
5.00 The Real Housewives of Salt Lake City
6.00 Masters of Flip
7.00 Million Dollar Listing: LA
8.00 Dinner Date With office manager Maddy.
9.00 Inside M&S
10.00 My Mum, Your Dad Australia Reality series.
11.30 Ready to Mingle
12.35 to 1.00 AM Unwind

+1 hour 319

GREAT! tv

157 170 50

8.00 AM Diagnosis Murder
10.00 Father Dowling Mysteries 21/22. (S3)
11.00 Castle 12&13/24. (S2)
1.00 PM Murder, She Wrote
2.00 Father Dowling Mysteries 4/8. (S1)
3.00 Diagnosis Murder
5.00 Murder, She Wrote
7.00 M*A*S*H 19-22/22. (S10)
9.00 The Avengers Bizarre: 33/33. A supposedly dead man is found wandering around. (S6)
10.00 Randall and Hopkirk (Deceased) The Ghost Talks: 21/26. Marty regales Jeff with a case he investigated before his death. (S1)
11.00 Return of the Saint
12.00 M'T M*A*S*H (S10)
2.00 AM Randall and Hopkirk (Deceased)
3.00 Return of the Saint
4.00 Highway to Heaven
4.50 to 5.00 AM GREAT! Movie News Extra

+1 hour 257 62

ITV4

120 118 26 117

- 6.00 AM Great Racehorses
- 6.20 Minder
- 7.15 The Sweeney
- 8.15 The Return of Sherlock Holmes Murder mystery.
- 9.25 Magnum, PI
- 10.25 Kojak
- 11.30 BattleBots
- 12.25 PM The Return of Sherlock...
- 1.35 Magnum, PI
- 2.35 Kojak
- 3.40 Minder
- 4.50 The Sweeney
- 6.00 River Monsters



4.50 The Sweeney

- 6.30 British Touring Car Championship Highlights Action from the fourth meeting of the season at Thruxton.
- 8.00 Isle of Man TT A recap of the 2024 Isle of Man TT races, looking back at memorable moments and the best battles.
- 9.00 **FILM** Moonraker Spy adventure starring Roger Moore and Lois Chiles. James Bond investigates the disappearance of a space shuttle and meets another megalomaniac bent on world domination. (1979, PG, 126min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.40 **FILM** Mechanic: Resurrection Thriller starring Jason Statham and Jessica Alba. A hitman is blackmailed into committing three assassinations when his girlfriend is kidnapped. (2016, 15, 98min) ★★
- 1.30 AM The Sweeney
- 2.25 Auto Mundial
- 2.50 to 3.00 AM Unwind with ITV

+1 hour 220 318 118

Sky Sci-Fi

139/140 836 122 348 363

- 6.00 AM Quantum Leap (S5)
- 7.00 The Outpost 13/13. (S3)
- 8.00 Teleshopping
- 11.00 Warehouse 13 6/20. (S4)
- 12.00 NOON Star Trek: Voyager
- 1.00 PM Star Trek: The Next Generation 16&17/26. (S5)
- 3.00 Warehouse 13 6/20. (S4)
- 4.00 Star Trek: Enterprise 2/26. Part two of two. Captain Archer meets Sarin. (S1)
- 5.00 Star Trek: Voyager (S5)
- 6.00 Star Trek: The Next Generation 16/26. Worf is paralysed in an accident. (S5)



3.00 Warehouse 13

- 7.00 Star Trek: The Next Generation The Outcast: 17/26. Riker embarks on a romance with the mysterious Soren. (S5)
- 8.00 Atlantis The Grey Sisters: 6/13. Jason embarks on a quest that brings him face to face with Medea and Pasiphae. (S2)
- 9.00 **FILM** RoboCop 2 Sci-fi action thriller sequel starring Peter Weller. The indestructible robotic law enforcer tackles corporate corruption and a designer drug dealer on the streets of future Detroit. With Nancy Allen. (1990, 18, 114min) ★
- SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.00 Wynonna Earp 7/13. (S1)
- 12.00 M'T **FILM** Triassic Hunt Action adventure starring Michael Pare, Linnea Quigley, Ramiro Leal and Kristie Krueger. (2021, 15, 86min) ★★
- 2.00 AM The Outpost 12/13. (S3)
- 3.00 Atlantis 6/13. (S2)
- 4.00 to 6.00 AM Star Trek: The Next Generation

Alibi

109/110 809 114 343 358

- 7.10 AM Murdoch Mysteries (S4)
- 9.00 The Coroner 7/10. (S1)
- 10.00 Elementary 5/24. (S2)
- 11.00 Shakespeare & Hathaway: Private Investigators (S3)
- 12.00 NOON Father Brown
- 1.00 PM Death in Paradise (S3)
- 2.00 Murdoch Mysteries (S4)
- 4.00 Elementary 5/24. The body of a former assassin is found. (S2)
- 5.00 Father Brown
- 6.00 Shakespeare & Hathaway: Private Investigators 2/10. A rock star believes that the Devil is trying to kill him. (S3)



9.00 Murdoch Mysteries

- 7.00 Elementary The Many Mouths of Aaron Colville: 19/24. Sherlock investigates a killer who was presumed dead. (S2)
- 8.00 Death in Paradise An Artistic Murder: 3/8. Humphrey investigates the shooting of Fidel's old school friend. (S3)
- 9.00 Murdoch Mysteries New episode Engaged to be Murdered: 21/24. Watts and Crabtree investigate a brutal stabbing. (S17)
- 10.00 Death in Paradise Ye of Little Faith: 4/8. Humphrey is called to a hotel where a flight attendant has been poisoned. (S3)
- 11.00 Elementary As 7.00pm.
- 12.00 M'T Why Women Kill 9/10. Bertram grows more guilt-ridden, while Vern pursues the truth. (S2)
- 1.00 AM Unforgettable 1/13. (S4)
- 2.00 to 4.00 AM Murdoch Mysteries

+1 hour 209/210 314

GOLD

110/111 810 124 344 359

- 7.10 AM Highlights
- 9.20 My Hero
- 10.00 Are You Being Served?
- 10.40 Still Open All Hours
- 11.20 Last of the Summer Wine
- 12.40 PM The Green Green Grass
- 1.20 My Hero
- 2.00 Still Open All Hours
- 2.40 Dad's Army
- 3.20 Are You Being Served?
- 4.00 Last of the Summer Wine
- 5.20 Still Open All Hours
- 6.00 The Green Green Grass
- 6.40 Dad's Army



6.00 The Green Green Grass

- 7.20 Dad's Army Sergeant Wilson is appointed manager of the Eastgate branch of the bank.
- 8.00 Only Fools and Horses Christmas Special Del and Rodney get a blast from the past.
- 8.40 The Thin Blue Line The boys in blue prepare to be cross-examined.
- 9.20 dinnerladies Stan hopes for a proposal and Dolly gets in a flap.
- 10.00 The Royle Family Nana is in mourning for her friend Elsie.
- 10.35 Bottom Eddie hatches a get-rich-quick scheme.
- 11.15 The Office
- 11.55 Only Fools and Horses Christmas Special
- 12.35 AM The Thin Blue Line
- 1.15 dinnerladies
- 1.55 The Royle Family
- 2.35 Bottom
- 3.05 to 4.00 AM The Office

+1 hour 210/211 324

Dave

111/112 811 127 19 157

- 7.20 AM Cop Car Workshop
- 8.05 The Force: Behind the Line
- 8.40 James May's Top Toys
- 10.00 Top Gear Double bill.
- 12.00 NOON Storage Hunters UK
- 2.00 PM Extreme Fishing with Robson Green
- 3.00 Top Gear Double bill.
- 5.00 Hairy Bikers' Best of British How Britain's love of cheese has evolved over centuries.
- 6.00 Rick Stein: From Venice to Istanbul The chef arrives in Istanbul, where he spends time fishing on the Bosphorus.



6.00 From Venice to Istanbul

- 7.00 Would I Lie to You? With Gareth Malone, Amanda Abbington, Richard Osman and Phill Jupitus.
- 7.40 Richard Osman's House of Games With Roger Black, Jo Brand, Sanjeev Kohli and Tiff Stevenson.
- 8.20 Featuring Maisie Adam and Rory Bremner.
- 9.00 QI XL Jo Brand, Colin Lane, David Mitchell and Alan Davies attempt to answer questions on the theme of landmarks.
- 10.00 Have I Got a Bit More News for You With broadcaster Steph McGovern and comedy writer Armando Iannucci.
- 11.00 Taskmaster With Paul Sinha.
- 12.00 M'T Mock the Week
- 12.40 AM Would I Lie to You?
- 1.15 Alan Davies: As Yet Untitled
- 2.25 Dave Gorman: Modern Life Is Goodish
- 3.10 to 4.00 AM World's Most Dangerous Roads

+1 hour 211/212 327 57

4seven

137/138 143 49 127

- 9.00 AM Ramsay's Kitchen Nightmares USA
- 10.00 Car S.O.S
- 11.00 A Place in the Sun
- 12.00 NOON Sun, Sea and Selling Houses
- 1.00 PM Frasier (S10)
- 2.30 Ramsay's Kitchen Nightmares USA
- 3.30 Come Dine with Me
- 6.00 A Place in the Sun
- 7.00 Bake Off: The Professionals
- 9.00 Football Cops
- 10.00 Married to a Psychopath 1/2. The story of the hunt for a murderer who targeted wealthy women for their money. 11.05 2/2. The covert investigation into Malcolm Webster.
- 12.05 AM The Fall: Skydive Murder Plot
- 1.10 24 Hours in A&E
- 2.15 Celebrity Gogglebox
- 3.20 The Supertv: Noel Fitzpatrick
- 4.15 to 4.45 AM Four in a Bed

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD EE HD

5USA

141/169 120/162 21 129

- 9.00 AM NCIS 17&18/24. (S15)
- 10.55 Entertainment News
- 11.00 NCIS 19/24. (S15)
- 12.00 NOON Law & Order
- 2.55 PM Entertainment News
- 3.00 Law & Order (S16)
- 6.00 NCIS True Believer: 8/16. Sloane's name is found in Afghanistan.
- 7.00 Winter Chill: 9/16. A man is found frozen to death in the back of a food truck.
- 8.00 Watchdog: 10/16. A case involving a dog-fighting ring sends Gibbs past his breaking-point. (S18)
- 9.00 Blue Bloods Exiles: 22/22. Danny turns to Frank for help. (S4)
- 10.00 Law & Order: Special Victims Unit (S8)
- 1.55 AM The Blacklist (S3)
- 2.50 Criminal Minds (S6)
- 3.35 to 4.00 AM 999: Criminals Caught on Camera

+1 hr 241/269 320/362 130

5STAR

128/129 126 32 131

- 8.00 AM Bargain-Loving Brits in the Sun
- 10.00 Nightmare Tenants, Slum Landlords
- 11.00 Traffic Cops
- 2.00 PM Police Interceptors
- 5.00 Dogs Behaving (Very) Badly
- 6.00 Home and Away
- 7.00 GPs: Behind Closed Doors Medical series.
- 8.00 Casualty 24/7: Every Second Counts
- 9.00 A&E After Dark
- 10.00 999: Emergency Call Out A car has crashed into a wall and ended up on its roof.
- 11.00 Ambulance: Code Red
- 12.00 M'T Skin A&E
- 1.00 AM It's Your Fault I'm Fat Documentary.
- 2.00 Casualty 24/7: Every Second Counts
- 2.50 GPs: Behind Closed Doors Medical series.
- 3.35 to 4.00 AM Home and Away

+1 hour 228/229 326 141

5Action

150 130 33 132

- 9.00 AM Car Pound Cops
- 9.30 Outback Truckers
- 10.30 Traffic Cops
- 11.30 **FILM** Ocean's 11 Caper comedy starring Frank Sinatra. (1960, PG, 122min) ★★
- 2.10 PM **FILM** Belle Starr Western adventure starring Gene Tierney. (1941, PG, 87min) ★★
- 4.00 Outback Truckers
- 5.00 Traffic Cops
- 6.00 Police Interceptors
- 9.00 Trucking Heavy New edition Two titanic trucks load and deliver to a remote Highland holiday park.
- 10.00 Outback Truckers
- 11.00 Coastguard: Search & Rescue SOS
- 12.00 M'T World's Deadliest Weather: Caught on Camera A wildfire.
- 1.05 AM Fights, Camera, Action! Crime series.
- 2.05 Trucking Hell
- 3.55 to 4.00 AM Entertainment News

+1 hour 210/211 324

W

132/133 827 125 25 156

- 6.10 AM MasterChef Australia Culinary show.
- 7.30 Inside the Ambulance
- 8.00 Tipping Point
- 11.00 DIY SOS: The Big Build
- 1.00 PM Tipping Point
- 4.00 My Dream Home
- 6.00 Tipping Point: Lucky Stars Double bill.
- 8.00 Gemma and Gorka: Life Behind the Lens Gemma's maternity leave is coming to an end, and Gorka is about to head out on tour.
- 9.00 Nick Knowles' New Year Clearout The presenter helps a Gloucester family.
- 10.00 Bradford on Duty Cameras follow those helping Bradford's most vulnerable residents.
- 11.20 Louis Theroux's Altered States
- 12.40 AM Wife Swap USA
- 1.40 to 3.00 AM Bad Girls Behind Bars

+1 hour 232/233 325

Drama

143 116 20 158

- 7.10 AM London's Burning
- 8.00 Doctors
- 9.20 Classic Holby City
- 10.40 Classic Casualty
- 11.40 The Bill
- 12.40 PM Classic EastEnders
- 2.00 London's Burning
- 3.00 Lovejoy
- 4.10 Tenko
- 5.15 Birds of a Feather
- 6.00 Waiting for God
- 6.40 Are You Being Served?
- 7.20 Last of the Summer Wine Classic sitcom.
- 8.00 Father Brown
- 9.00 A Small Light New episode The Butterfly: 4/8. Miep must choose between her morals and her best friend. (S1) Full series on UKTV Play
- 10.10 New Tricks
- 11.35 Soldier, Soldier (S4)
- 12.35 AM Lovejoy
- 1.45 David Copperfield
- 2.35 to 4.00 AM Classic Holby City

+1 hour 243 316 60

THURSDAY

Entertainment

Really

142 128 17 160

- 6.00 AM **Fantasy Homes in the City** In Manchester.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House**
11.00 **Antiques Road Trip**
12.00 **NOON Money for Nothing** Double bill.
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House**
7.00 **Antiques Road Trip**
9.00 **My 600lb Life: Where Are They Now?** **New edition** Seana's mind is ready for surgery, but her body has a conflict with the scale.
11.00 **Help! My House is Haunted** From Derby.
12.00 **M'T Unexplained: Caught on Camera**
1.00 AM **Paranormal: Caught on Camera**
2.00 **Teleshopping**
4.00 to 6.00 AM **Animal Cops** San Francisco

Challenge

145 139 48 146

- 7.00 AM **The Chase** Triple bill.
10.00 **Through the Keyhole**
11.00 **Pointless Celebrities**
12.00 **NOON Cash Trapped**
1.00 PM **Tenable** Game show hosted by Warwick Davis.
2.00 **Classic Who Wants to Be a Millionaire?** Quiz.
3.00 **Catchphrase** Quiz.
4.00 **Through the Keyhole**
5.00 **Bullseye** Four editions.
6.00 **Bullseye** Double bill.
7.00 **Cash Trapped** Quiz hosted by Bradley Walsh.
8.00 **The Chase** Double bill.
10.00 **Classic Who Wants to Be a Millionaire?** Chris Tarrant hosts the award-winning quiz show.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 **M'T Through the Keyhole** Double bill of the comedy panel show.
1.00 AM **Cash Trapped**
2.00 **The Chase** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 to 6.00 AM **Bullseye**

GREAT! action

323 426 42

- 8.10 AM **FILM Mackenna's Gold** (1968, 15) ★★★
10.45 **The Luftwaffe**
12.00 **NOON Wild West Chronicles** Double bill.
1.00 PM **FILM The War Wagon** Western. (1967, U, 96min) ★★★
3.10 **FILM Battle of Rogue River** Western. (1954, PG, 95min) ★★
4.45 **FILM Revolution** Drama. (1985, PG, 123min) ★
7.10 **FILM Stormageddon** Thriller. (2015, PG) ★★
9.00 **FILM Battle of the Bulge** Wartime drama. (2017, 15, 85min) ★★
10.40 **FILM Phantom** Cold War action drama. (2013, 15, 94min) ★★
12.50 AM **FILM USS Poseidon: Phantom Below** Adventure. (2004, PG, 91min) ★★
2.50 **The Blitz on Cologne**
3.55 to 5.00 AM **The Blitz on London**

+1 hour 324

GREAT! movies

321 425 34

- 9.00 AM **FILM The Killer Trainer** Crime thriller. (2018, 12, 90min) ★★
11.00 **FILM An Organised Killer** (2021, 12) ★★
1.00 PM **FILM Nanny's Killer Scandal** Crime thriller. (2018, 15, 96min) ★★
2.55 **FILM Cry for Justice** Fact-based drama. (2013, 12, 107min) ★★
4.50 **FILM The Bad Twin** Psychological thriller. (2016, PG, 90min) ★★
6.45 **FILM To Sir, with Love** Drama. (1966, PG) ★★
9.00 **FILM Insomnia** Thriller with Al Pacino. (2002, 15, 113min) ★★
11.25 **FILM Freedomland** Crime thriller. (2006, 15, 113min) ★★
1.45 AM **FILM Exposed** Mystery crime thriller. (2016, 15, 100min) ★★
4.00 to 6.00 AM **FILM The Nanny Betrayal** Thriller. (2018, 12, 90min) ★★

+1 hour 322

GREAT! romance

319 424 52

- 8.00 AM **FILM When Love Came to Town** Comedy. (2014, PG, 90min) ★★
10.00 **FILM The Birthday Wish** Drama. (2017, PG) ★★
12.00 **NOON FILM Love, Romance and Chocolate** Drama. (2019, U) ★★
2.00 PM **FILM Northpole 2: Open for Christmas** Fantasy. (2015, U) ★★
4.00 **FILM A Dream of Christmas** Drama. (2016, U, 83min) ★★
6.00 **FILM A Shoe Addict's Christmas** Fantasy. (2018, PG, 90min) ★★
8.00 **FILM Her Magical Christmas** Drama. (2017, PG, 90min) ★★
9.50 **FILM Our Dream Wedding** Drama. (2020, PG, 87min) ★★
12.00 **M'T Highway to Heaven**
1.10 AM **FILM Cupid, Inc** Comedy. (2012, PG) ★★
3.10 to 5.00 AM **FILM Lucky in Love** (2014, 12) ★★

+1 hour 320 63

GREAT! real

189 61

- 9.00 AM **The Embassy**
11.00 **Police Ten 7**
1.00 PM **Police Ten 7**
2.00 PM **Coast Guard Pacific Northwest**
3.00 **Island Medics**
4.00 **Heathrow: Britain's Busiest Airport**
5.00 **Coast Guard Florida**
7.00 **Island Medics** An intoxicated man fractures his ankle trying to jump a fence.
8.00 An offshore worker is evacuated to the Gilbert Bain with severe abdominal pain.
9.00 **Emergency Rescue: Air, Land & Sea** Following rescue stories from up and down the land.
11.00 **Police Ten 7**
1.00 AM **Cops Uncut**
2.00 **Coast Guard Alaska**
3.00 **Coast Guard Pacific Northwest**
4.00 to 5.50 AM **Police Ten 7**

+1 hour 289

DMAX

159 169 39 150

- 6.00 AM **Alaska: Last Frontier** Documentary.
7.00 **Building Off the Grid**
8.00 **Aussie Gold Hunters**
9.00 **Deadliest Catch**
11.00 **Building Off the Grid**
12.00 **NOON Alaska: Homestead Rescue**
1.00 PM **Outback Opal Hunters** Documentary.
2.00 **Gold Divers**
4.00 **Fifth Gear Recharged**
5.00 **Kindig Customs**
6.00 **Deadliest Catch**
7.00 **Alaska: Last Frontier**
8.00 **Outback Opal Hunters**
9.00 **Paranormal: Caught on Camera** A ghost in a Connecticut thrift store.
10.00 **Portals to Hell**
11.00 **Aussie Gold Hunters**
12.00 **M'T Naked and Afraid**
1.00 AM **Yukon Men**
2.00 **Teleshopping**
4.00 **Building Alaska**
5.00 to 6.00 AM **Maine Cabin Masters**

+1 hour 259 369 151

Food Network

140/141 190 43 148

- 6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Money Saving Meals**
9.00 **Yorkshire's Finest**
10.00 **Marcus Wareing's Tales from a Kitchen Garden**
10.30 **Jamie's 15 Minute Meals**
11.00 **Caribbean Kitchen**
12.00 **NOON Great British...**
2.00 PM **Yorkshire's Finest**
3.00 **The Hairy Bikers' Food Tour of Britain**
4.00 **The Pioneer Woman**
5.00 **Girl Meets Farm**
6.00 **Yorkshire's Finest**
7.00 **Great British Bake Off**
8.00 **The Hairy Bikers' Food Tour of Britain**
9.00 **River Cottage Every Day**
10.00 **Jamie Oliver: Together**
11.00 **BBQ USA** **New edition**
12.00 **M'T Guy's Grocery Games** **New edition**
1.00 AM **Restaurant: Impossible** In Arizona.
2.00 to 3.00 AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 149

Legend

148 149 41 137

- 8.00 AM **Walker, Texas Ranger** 25/26. (S3)
9.00 **Airwolf** 13/22. (S2)
10.00 **Mission: Impossible**
11.00 **FILM Solar Attack** Sci-fi action thriller. (2005, PG, 90min) ★★
1.00 PM **FILM Angel and the Bad Man** Western. (2009, PG, 95min) ★★
3.00 **FILM True Grit: A Further Adventure** Western. (1978, PG) ★★
5.00 **Star Trek** 6/30. (S1)
6.00 **Mission: Impossible**
7.00 **Airwolf** 14/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 **FILM Red Sonja** Fantasy adventure. (1985, 15, 89min) ★
10.50 **FILM Hammer of the Gods** Action adventure. (2013, 18, 94min) ★
12.45 AM **FILM Jeepers Creepers** Horror. (2001, 15, 91min) ★★
2.35 to 4.30 AM **FILM Stormageddon** Fantasy. (2015, PG, 90min) ★★

Comedy Central

112/113 812 132 345 360

- 8.00 AM **Most Ridiculous**
9.00 **Takeshi's Castle**
10.00 **Impractical Jokers: Inside Jokes**
11.00 **Home Improvement**
11.55 **Last Man Standing** (S1)
12.50 PM **Friends** (S9&10)
9.00 **FILM Austin Powers: The Spy Who Shagged Me** Spoof thriller sequel starring Mike Myers and Heather Graham. Austin Powers sets out to foil a new plot by Dr Evil. (1999, 12, 94min) ★★
10.55 **Impractical Jokers: The Inspired Unemployed**
11.25 **Russell Howard & Mum: Globetrotters**
12.25 AM **Most Ridiculous**
1.25 **Kiri Pritchard-McLean: Home Truths**
3.00 **Jimmy Carr: Being Funny** Stand-up show.
3.45 **The Daily Show** **New edition** Talk show.
4.10 to 5.00 AM **Friends**

+1 hour 212/213 332

Legend Xtra

317 171 69 138

- 6.00 AM **FILM George and the Dragon** As 5.00pm.
8.00 **FILM Moby Dick** Thriller. (2010, 12, 87min) ★★
10.00 **Farscape** 20/22. (S2)
11.00 **FILM Biggles: Adventure in Time** Sci-fi adventure. (1986, PG, 108min) ★★
1.00 PM **FILM Arctic** **Apocalypse** Thriller. (2019, PG, 90min) ★
3.00 **Farscape** 20/22. (S2)
4.00 **Six Million Dollar Man**
5.00 **FILM George and the Dragon** Fantasy. (2004, PG, 93min) ★★
7.00 **Farscape** 21/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM Hawk the Slayer** Fantasy adventure starring John Terry. (1980, PG, 93min) ★
10.55 **FILM The Man Called Noon** Western starring Richard Crenna. (1973, 15, 98min) ★★
1.00 to 3.00 AM **FILM Hawk the Slayer** As 9.00pm.

+1 hour 318 371 139

Comedy Cen. Extra

127/128 154

- 6.00 AM **Impractical Jokers: Inside Jokes** Double bill.
7.00 **Teleshopping**
9.00 **Becker** 13-16/24. (S3)
11.00 **Friends** (S3)
1.00 PM **Ridiculousness**
2.00 **Criminally Funny**
3.30 **Impractical Jokers**
4.00 **Daria** 1&2/13. (S1)
5.00 **Becker** 15&16/24. (S3)
6.00 **Home Improvement**
7.00 **Last Man Standing**
9.00 **Rhod Gilbert's Growing Pains**
10.00 **Friends** 3/24. Rachel's paediatrician drops her. 10.30 4/24. Monica makes a discovery. (S9)
11.00 **Friends** 5-8/24. (S9)
1.10 AM **The Ren & Stimpy Show** Double bill.
2.10 **South Park** (S15)
3.05 **Chris Ramsey Live: All Grown Up** Stand-up.
3.50 **David Baddiel: Too Much Information**
4.35 **Digman!** (S1)
5.15 to 6.00 AM **Guessable?**

Blaze

164 174 64 162

- 6.00 AM **Dickinson's Real Deal** From Watford.
6.40 **Pawn Stars**
7.30 **Auction Hunters**
7.55 **Storage Wars Canada**
8.55 **Hardcore Pawn**
9.20 **Hardcore Pawn**
10.15 **UFO Conspiracies**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Curse of Oak Island**
1.05 **The UnXplained**
2.05 **Pawn Stars**
3.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **UFO Conspiracies**
7.00 **Wicked Tuna**
8.00 **Dickinson's Real Deal**
9.00 **Alien Abduction**
11.00 **Alien Files Reopened**
12.00 **M'T Curse of Skinwalker Ranch**
1.00 AM **The UnXplained**
2.00 **Wicked Tuna**
3.00 **Hardcore Pawn**
3.25 **UFO Conspiracies**
4.10 to 6.00 AM **Ancient Aliens**

Sky Replay

152 156

- 7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Sun, Sea and A&E**
11.00 **The Force: Manchester**
12.00 **NOON Highway Cops**
1.00 PM **Road Wars**
2.00 **Most Haunted**
4.00 **Merlin** 9&10/13. (S3)
6.00 **Warehouse 13** (S1&2)
8.00 **The Equalizer The Whistleblower** 5/10. Mel reunites with his brother, and McCall helps him expose his former unit's wrongdoings. (S4)
9.00 **Dan Brown's The Lost Symbol** 1&2/10. (S1)
11.00 **The Cleaning Lady** (S2)
12.00 **M'T Highway Cops**
1.00 AM **The Force: Manchester** England's second-largest force.
2.00 **A League of Their Own**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 to 6.00 AM **Sixth Sense with Colin Fry**

5SELECT

153 138 46 133

- 9.00 AM **The Yorkshire Vet**
1.00 PM **Bargain-Loving Brits in the Sun**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **The Yorkshire Vet**
6.00 **Paul Martin's Antiques Showdown** **New editions** Paul and David are tempted by a Rolls Royce decanter.
7.00 A chopper bike and a brooch are considered.
8.00 **The Good Ship Murder** A writer joins the luxury ship as a star passenger.
9.00 **The Madame Blanc Mysteries** 2/6. A woman believes a precious treasure holds the key to finding her brother. (S1)
10.00 **Nazi Megastructures** The creation of the most advanced submarine.
11.00 A look at Japan's use of suicide pilots.
12.00 **M'T Forged in Fire**
3.30 to 4.00 AM **The Yorkshire Vet**

MTV

126/127 824 134

- 6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.10 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK: Next Generation**
8.00 **Rich Kids Go Skint**
9.00 **Badass Brides** A 21-year-old bride plans her fairytale wedding.
10.00 **Jersey Shore Family Vacation** **New edition** The shoremates go full toddler, and the Nashville hot chicken claims another victim.
11.00 **House of Food**
12.00 **M'T Ridiculousness** **New edition** Rob, Steelo, and Nina Agdal try and protect themselves from getting 'bottle rocked'.
12.30 AM **Ridiculousness**
1.00 **Ink Master** Double bill.
2.45 **Geordie Shore**
3.35 to 4.00 AM **Teen Cries**

Discovery

125/126 823 177 320 325

- 6.00 AM How It's Made
7.00 Deadliest Catch
8.00 Building Off the Grid
9.00 Combat Dealers
10.00 Demolition Down Under
11.00 Wheeler Dealers
1.00 PM Barnwood Builders
3.00 Gold Rush Documentary.
5.00 Homestead Rescue: Raney Ranch Marty attempts a risky river crossing to get expensive gear to the homestead.
6.00 Demolition Down Under Penelope's team deal with a home riddled with asbestos.



9.00 Expedition From Hell

- 7.00 Kindig Customs A 1969 Camaro comes in and the team determine it needs a full rebuild.

- 8.00 Supertruckers The team move a huge cheese vat from a rural Welsh factory to Felixstowe in Suffolk for shipment abroad.

- 9.00 Expedition From Hell: The Lost Tapes **New edition** Mickey sends a distraught team member back to civilisation.

- 10.00 Naked and Afraid XL **New edition** When Terra encourages Lynsey to quit, emotions erupt, and a survivalist goes home.

- 12.00 M'T Gold Divers Part one of two. The Kellys risk ending the season with no gold.

- 1.00 AM Expedition From Hell: The Lost Tapes As 9.00pm.

- 2.00 Naked and Afraid XL

- 4.00 to 5.00 AM Moonshiners Josh needs help salvaging an abandoned submarine still.

+1 hour 225/226 377

Animal Planet

162/178 178

- 8.00 AM Tanked
9.00 Pit Bulls & Parolees
10.00 My Cat from Hell
11.00 Animal Cops Philadelphia
12.00 NOON Tanked
1.00 PM Pit Bulls & Parolees
2.00 Cold Blooded Peruvian Predator: Expedition Mungo
3.00 South American Squatch of Argentina: Expedition Mungo
4.00 My Cat from Hell
5.00 Animal Cops Philadelphia A dog fighting operation.
6.00 Tanked The team help NFL superstar Antonio Brown.



8.00 Meet the Orangutans

- 7.00 Pit Bulls & Parolees New mum Tania struggles to find a balance between life and work at Villalobos.

- 8.00 Meet the Orangutans One of the primate's bullying pushes limits.
8.30 It is feeding time at the sanctuary.

- 9.00 Meet the Penguins A wild penguin has a life-threatening wound.
9.30 Two inhabitants get into a nasty fight.

- 10.00 Edge of Alaska A landowner starts to open the frontier, while the locals must brave the extreme weather to hunt.

- 11.00 How Sharks Hunt The hunting approaches of tiger sharks and great whites.

- 12.00 M'T Sharktacular 2016

- 1.00 AM Alaska Monsters Todd devises a trap for a feline.

- 2.00 My Cat from Hell

- 3.00 Animal Cops Philadelphia

- 4.00 to 5.00 AM Tanked

+1 hour 262/278 378

Nat Geographic

129/130 825 183

- 8.00 AM Food Factory
9.00 Air Crash Investigation
10.00 World War II: Secrets from Above Documentary.
11.00 Megafactories
12.00 NOON Car S.O.S
1.00 PM Airport Security: Peru
2.00 Air Crash Investigation
3.00 Nazi Megastructures
4.00 Mega Volcano: Drain the Oceans The Ring of Fire.
5.00 Car S.O.S A Fiat Dino coupé.
6.00 Lost Treasures of Egypt Archaeologists piece together how the pyramids evolved.



10.00 Alaska: The Next...

- 7.00 Air Crash Investigation A UK billionaire and his family die in an Australian seaplane crash after a minor maintenance issue.

- 8.00 Car S.O.S Tim Shaw and Fuzz Townshend restore a 1971 Lamborghini Espada belonging to a Derbyshire man with health issues.

- 9.00 Car S.O.S Tim Shaw and Fuzz Townshend restore a Triumph TR4 belonging to a man left unable to drive it by a stroke.

- 10.00 Alaska: The Next Generation **New edition** Johnny Rolfe must adopt the ways of the wolf to hunt caribou.

- 11.00 Air Crash Investigation

- 12.00 M'T To Catch a Smuggler

- 1.00 AM Drain the Oceans: Deep Dive An ancient Egyptian city.

- 2.00 Money Meltdown

- 2.30 Food Factory Double bill.

- 3.20 Lords of War

- 4.10 to 5.00 AM Exotic Animal ER: Double Dose

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

- 6.00 AM American Pickers
7.00 Pawn Stars Double bill.
9.00 Mysteries from Above
10.00 Swamp People: Serpent Invasion Double bill.
12.00 NOON The UnXplained with William Shatner
1.00 PM Pawn Stars
2.00 Auction Hunters
3.00 Shipwrecks: When History Resurfaces Double bill.
5.00 Pawn Stars
6.00 American Pickers In Alabama, Mike goes wild for a rare, barn-fresh Shelby Mustang.



9.00 Swamp Mysteries

- 7.00 Forged in Fire Three bladesmiths head to historic Mystic Seaport for a nautical-themed competition.

- 8.00 Swamp People **New edition** Troy and Pickle pursue a massive gator, but their mission is soon complicated.

- 9.00 **NEW SERIES** Swamp Mysteries with Troy Landry Troy Landry gets a call from a local rancher with a huge problem.

- 10.00 Adventure Gold Diggers A group of prospectors search for gold in some of Australia's secluded and inhospitable areas.

- 11.00 Rust Valley Restorers Mike Hall puts his all into the construction of a '71 Camaro.

- 12.00 M'T Pawn Stars Double bill.

- 2.00 AM Mafia Killers The life of American mobster Henry Hill.

- 3.00 Swamp People As 8.00pm.

- 4.00 Forged in Fire As 7.00pm.

- 5.00 to 6.00 AM Auction Hunters

+1 hour 223/224 331

Yesterday

155 846 129 27 159

- 6.10 AM Hornby: A Model World
8.00 Abandoned Engineering
10.00 The World at War
11.00 World War Weird
12.00 NOON Great British Railway Journeys Double bill.
1.00 PM Antiques Roadshow
2.00 Bangers & Cash
4.00 The World at War
5.00 World War Weird Rebels in the Philippines who believed they were fighting a vampire.
6.00 Antiques Roadshow Fiona Bruce hosts from Floors Castle in south-east Scotland.



8.00 Bangers & Cash...

- 7.00 Canal Boat Diaries **New edition** Robbie gets a soaking inside the very wet Blisworth Tunnel on the Grand Union Canal.

- 8.00 Bangers & Cash: Restoring Classics **New edition** A 1969 Morris Mini Cooper MkII is restored by specialists.

- 9.00 Bangers & Cash Dave and Jack head to East Yorkshire to pick up a dusty Alfa Romeo and a 1930s Jowett.

- 10.00 Bangers & Cash Derek navigates the dry stone walls of the Peak District to collect a very original 1988 Opel Manta.

- 11.00 Abandoned Engineering Investigating Old Byron Hot Springs in the Californian desert – a once glittering Hollywood hotspot.

- 12.00 M'T Great British Railway Journeys Double bill.

- 1.00 AM Abandoned Engineering

- 2.00 to 3.00 AM Scouting for Toys

+1 hour 255 329 74

Quest

144 834 137 12 172 167

- 6.00 AM How Do They Do It?
6.30 Shed and Buried
7.00 The Repair Shop
8.00 American Pickers
10.00 Chasing Classic Cars
11.00 Massive Engineering Mistakes Documentary.
12.00 NOON How Do They...
2.00 PM Salvage Hunters
3.00 Shed and Buried
4.00 Find It, Fix It, Flog It
5.00 Salvage Hunters
6.00 Wheeler Dealers
7.00 Aussie Gold Hunters
8.00 Salvage Hunters
9.00 Richard Hammond's Workshop **New edition**
10.00 Engineering Repurposed **New edition** In Hamburg.
11.00 How Do They Do It?
12.00 M'T Wheeler Dealers
1.00 AM Cars That Rock
2.00 Chasing Classic Cars
3.00 Overhaulin'
4.00 to 5.00 AM How It's Made

+1 hr 244 337 70 168

Quest Red

149 168 40 169

- 6.00 AM Say Yes to the Dress: UK Double bill.
7.00 Say Yes to the Dress
8.00 Say Yes to the Dress: Atlanta Reality series.
9.00 Say Yes to the Dress
11.00 Disappeared
12.00 NOON Forensic Detectives True-crime.
1.00 PM FBI Files
2.00 American Monster
4.00 Murder on CCTV
5.00 Evil Lives Here
6.00 The Murder Tapes
7.00 A Killer's Mistake A gambling addict will do anything to feed her habit – even murder.
8.00 Murder on CCTV
10.00 Evil Lives Here: Shadows of Death
12.00 M'T Forbidden: Dying for Love Exploring the case of a military wife.
1.00 AM Betrayed
2.00 Murder Comes to Town
3.00 to 4.00 AM FBI Files

+1 hour 249 170

True Crime

146 148 67 135

- 9.00 AM Judge Judy
1.00 PM Judge Judy
7.00 Secrets of a Murder Detective A serial killer targets men in North London parks.
8.00 See No Evil Uncovering the truth about the murder of Louise Dickey.
9.00 Handsome Devils A profile of Lesley Warren and his murderous mind.
10.00 Secrets of a Murder Detective **New edition** Detectives discuss the brutal murder of Mohammed Yousaf.
11.00 Shocking Crimes: Murder Book
12.00 M'T Murder in Paradise
1.00 AM Handsome Devils
2.00 Secrets of a Murder Detective As 10.00pm.
3.00 Donal MacIntyre's Released to Kill
4.00 Written in Blood
4.50 to 6.00 AM Judge Judy

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

- 9.00 AM Crimes That Shook Australia Double bill.
11.00 Medical Detectives
1.00 PM Medical Detectives
2.00 Crimes That Shook Australia Double bill.
4.00 Medical Detectives A woman uncovers a shocking family secret while investigating her mother's disappearance.
4.30 A woman is found dead in bed with a gun and suicide notes.
5.00 A go-go dancer vanishes for 20 years.
5.30 Investigators piece together fragments of a disc to find a murderer.
6.00 A discarded sleeping bag contains traces of a murder.
6.30 A man is killed by a bomb blast.
7.00 Judge Judy Real-life small-claims cases.
12.05 AM Judge Judy
4.45 to 6.00 AM Medical Detectives

Sky Crime

122/123 820 121 349 364

- 6.00 AM Highway Patrol
7.00 Border Security USA
8.00 Brit Cops UK
9.00 Highway Cops
10.00 Caught on Dashcam
11.00 Catching the Killer
12.00 NOON Murders That Shocked the Nation
1.00 PM How I Caught the Killer Crime series.
2.00 Killer in My Village
3.00 World's Most Evil Killers
4.00 Britain's Most Evil Killers
5.00 Killer in My Village
6.00 Catching the Killer
7.00 World's Most Evil Killers
8.00 Britain's Most Evil Killers
9.00 Twisted Killers
10.00 Catching the Killer
11.00 World's Most Evil Killers
12.00 M'T How I Caught the...
1.00 AM Unexpected Killer
2.00 Killer Siblings
3.00 Britain's Most Evil Killers
4.00 Road Wars
5.00 to 6.00 AM Motorway Patrol

+1 hour 222/223 321

PBS America

174 187 84 155

- 8.15 AM Israel: A Twice Promised Land
9.25 Ku Klux Klan: An American Story
10.35 The War As 8.35pm.
11.50 Pan Am: Crossing the Pacific Documentary.
1.00 PM Beautiful Serengeti
1.30 Israel: A Twice Promised Land
2.40 Ku Klux Klan: An American Story
3.50 The War As 8.35pm.
5.00 Pan Am: Crossing the Pacific Documentary.
6.15 Israel: A Twice Promised Land
7.25 Ku Klux Klan: An American Story Telling the story of the creation of the Ku Klux Klan.
8.35 The War The US airmen who took on daylight bombing missions.
9.40 Pan Am: Crossing the Pacific Documentary.
10.55 Military Masterminds
12.00 M'T Beautiful Serengeti
12.35 to 2.00 AM The War

THURSDAY

Sky Documentaries

121/122 819 188 352 367

- 6.00 AM **The Good Fight Club**
 7.00 **Discovering: Joseph Cotten**
 8.00 **The Directors** Stanley Donen.
 9.00 **The Eighties** The role of TV.
 10.00 **Branson** Documentary.
 11.45 **My Icon: Martin Offiah**
 12.00 NOON **MoviePass, MovieCrash**
 2.00 PM **Val** Documentary focusing on the life of actor Val Kilmer.
 4.00 **The Directors** Stanley Donen.
 5.00 **Discovering: Joseph Cotten**
 6.00 **The Eighties** The role of TV.
 7.00 **Branson** Documentary.
 8.45 **My Icon: Nasser Hussain**
 9.00 **NEW The Truth vs Alex Jones** Following the two defamation lawsuits brought by families of Sandy Hook Elementary School shooting victims against Alex Jones and his website InfoWars.
 11.15 **FILM After Truth: Disinformation and the Cost of Fake News** Documentary. (2020, 12, 95min) ★★★★★
 1.15 AM **Inventing Truth: The Relotius Affair** Documentary.
 3.15 **A Crime on the Bayou**
 5.00 to 6.00 AM **Discovering: Joseph Cotten**

Crime+Investigation

156 837 133

- 6.00 AM **On the Case**
 7.00 **Homicide Hunter**
 9.00 **Robbie Coltrane's Critical Evidence**
 10.00 **Imperfect Murder**
 11.00 **I Met My Murderer Online**
 11.30 **Motive to Murder**
 12.00 NOON **Real Murders of Atlanta**
 1.00 PM **Mastermind of Murder**
 2.00 **Accident, Suicide or Murder?**
 3.00 **Robbie Coltrane's Critical Evidence**
 4.00 **Nightmare in Suburbia**
 5.00 **Interrogation Raw**
 6.00 **First 48: The Detective Speaks**
 7.00 **The First 48**
 8.00 **Imperfect Murder** New edition
 9.00 **The First 48** New edition
 10.00 **Undercover: Caught on Tape** New edition Documentary.
 11.00 **Homicide Hunter**
 12.00 M'T **Britain's Darkest Taboos**
 1.00 AM **The First 48**
 2.00 **Undercover: Caught on Tape**
 3.00 **Accident, Suicide or Murder?**
 4.00 **The Real Murders of Atlanta**
 5.00 to 6.00 AM **Imperfect Murder**
 +1 hour 256 333

Eden

166 176

- 9.00 AM **Underground Worlds**
 10.00 **Abandoned Engineering**
 3.00 PM **Underground Worlds**
 4.00 **Abandoned Engineering**
 9.00 **Underground Worlds** Focusing on hidden tunnels under Gibraltar and London
 10.00 **Abandoned Engineering** The Apollo Movie Theatre in Tbilisi, Georgia, an ornate shrine to Soviet propaganda.
 11.00 **Chris Tarrant: Extreme Railways** Chris sets out on a mission to cross Estonia, Latvia and Lithuania entirely by rail in just one week.
 12.00 M'T **Anthony Bourdain: Parts Unknown** Anthony spends a day in the life of a taxi driver and discovers the culture of Johannesburg.
 1.00 AM **Underground Worlds**
 2.00 **Abandoned Engineering**
 3.00 **Underground Worlds**
 3.50 **Abandoned Engineering**
 5.25 to 6.00 AM **David Attenborough's Natural Curiosities**
 +1 hour 266 376

Sky Nature

124/125 822 189 354 369

- 6.00 AM **Wild Pacific Rescue**
 7.00 **Monkey Life** Double bill.
 8.00 **Hope for Wildlife**
 9.00 **Wild Castles** Alhambra.
 10.00 **Carpathian Predators**
 11.00 **Into the Wild: India**
 12.00 NOON **Secrets of the Enchanted Forests**
 1.00 PM **Monkey Life** Double bill.
 2.00 **Hope for Wildlife**
 3.00 **Wild Castles** Alhambra.
 4.00 **Carpathian Predators**
 5.00 **Into the Wild: India**
 6.00 **Secrets of the Enchanted Forests** As 10.00pm.
 7.00 **Monkey Life** Double bill.
 8.00 **Great Parks of Africa**
 9.00 **Arabian Inferno**
 10.00 **Secrets of the Enchanted Forests** Exploring the planet's most diverse woodlands.
 11.00 **Into the Wild: India**
 12.00 M'T **Weird, Wild and Wonderful**
 1.00 AM **A Bee's Diary**
 2.00 **Great Parks of Africa**
 3.00 **Arabian Inferno**
 4.00 **Hope for Wildlife**
 5.00 to 6.00 AM **Wild Castles**

WILD

165 841 182

- 8.00 AM **Yukon Vet**
 9.00 **Animal Fight Club**
 10.00 **Thailand's Wild Cats**
 11.00 **Animals Gone Wild**
 12.00 NOON **Fish Tank Kings**
 1.00 PM **Yukon Vet**
 2.00 **Wild, Smart and Deadly**
 3.00 **Predator vs Prey**
 4.00 **Secrets of the Zoo: Tampa**
 5.00 **Wicked Tuna**
 6.00 **Snakes in the City**
 7.00 **Yukon Vet** Compilation of highlights from the series.
 8.00 **Last of the Giants: Wild Fish** Fishing from the shore, Cyril hooks a motoro stingray.
 9.00 **Wicked Tuna** Frustrations boil over on the *Wicked Pissah*.
 10.00 **Swamp Men** The park adjusts to the arrival of new director Brian Zepeda.
 11.00 **Snakes in the City**
 12.00 M'T **Lawless Island**
 1.00 AM **World's Deadliest**
 2.00 **Yukon Vet**
 3.00 **Secrets of the Zoo: Tampa Rescue Squad**
 4.00 to 5.00 AM **Yukon Vet**

ID

154 166

- 6.00 AM **Married to Evil**
 7.00 **Teleshopping**
 8.00 **Reasonable Doubt**
 9.00 **Obsession: Dark Desires**
 11.00 **Forbidden: Dying for Love**
 1.00 PM **Where Murder Lies**
 3.00 **Dead Reckoning**
 5.00 **Reasonable Doubt**
 6.00 **Evil Lives Here: Shadows of Death** Focusing on the case of Randy Gwathney.
 7.00 **Grave Secrets** The murder of Wendy Kratzert.
 8.00 **Married to Evil** A series of terrible incidents results in a killing that no one could have ever believed possible.
 9.00 **Devil in the Web** The stories of victims of romance scams.
 10.00 **Does Murder Sleep?**
 11.00 **Web of Lies**
 12.00 M'T **Britain's Deadliest Kids**
 2.00 AM **Married to Evil**
 3.00 **Reasonable Doubt**
 4.00 **Evil Lives Here: Shadows of Death** As shown at 6.00pm.
 5.00 to 6.00 AM **Grave Secrets**
 +1 hour 254 366

Sky History 2

163/168 840 186

- 6.00 AM **Ancient Aliens**
 8.00 **Mysteries from Above**
 9.00 **Traitors**
 10.05 **WW2 Air Crash Detectives**
 11.00 **Ancient Aliens**
 1.00 PM **Britain's Most Historic Towns** Georgian Edinburgh.
 2.00 **Digging for Britain**
 3.00 **Monsterquest**
 5.00 **What on Earth?**
 6.00 **Mysteries from Above**
 7.00 **WWII's Most Daring Raids** A 1941 mission by elite British commandos.
 8.00 **The Plague** The worst pandemic in European history.
 10.00 **Rome: Rise and Fall of an Empire** The life of Trajan, who ruled from 98 to 117AD, setting out to rebuild the troubled empire and seeing it reach its most powerful.
 11.00 **National Park Mysteries**
 12.00 M'T **Ancient Aliens**
 2.00 AM **Digging for Britain**
 3.00 **Britain's Most Historic Towns**
 4.00 **National Park Mysteries**
 5.00 to 6.00 AM **WWII's Most Daring Raids**

Discovery History

177 181

- 6.00 AM **Expedition Unknown**
 7.00 **How the Universe Works**
 8.00 **Blowing Up History**
 9.00 **Combat Dealers**
 10.00 **Salvage Hunters: The Restorers**
 11.00 **Find It, Fix It, Flog It**
 12.00 NOON **Combat Dealers**
 1.00 PM **How It's Made**
 2.00 **How the Universe Works**
 3.00 **Salvage Hunters: The Restorers**
 4.00 **Mysteries at the Museum**
 5.00 **Blowing Up History**
 6.00 **Combat Dealers**
 7.00 **Expedition Unknown**
 8.00 **Wings of War**
 9.00 **Combat Dealers**
 10.00 **Salvage Hunters: The Restorers**
 11.00 **Find It, Fix It, Flog It**
 12.00 M'T **Expedition X**
 1.00 AM **How It's Made**
 2.00 **Salvage Hunters: The Restorers**
 3.00 **Wings of War**
 4.00 to 5.00 AM **Find It, Fix It...**
 +1 hour 277 381

Discovery Turbo

161/172 180

- 6.00 AM **Supertruckers**
 7.00 **Wheeler Dealers**
 8.00 **Goblin Works Garage**
 9.00 **Mike Brewer's World of Cars**
 10.00 **Fifth Gear Recharged**
 11.00 **Salvage Hunters: Classic Cars**
 12.00 NOON **Shed and Buried**
 1.00 PM **Extreme RVs**
 2.00 **Wheeler Dealers**
 3.00 **Vintage Voltage**
 4.00 **Kevin Hart's Muscle Car Crew**
 5.00 **Wheeler Dealers**
 6.00 **Shed and Buried**
 7.00 **Salvage Hunters: Classic Cars**
 8.00 **Kevin Hart's Muscle Car Crew** The gang visit a live auction at Barrett-Jackson.
 9.00 **Junkyard Empire** Andy gives a Jeep Wrangler a power boost.
 10.00 **Wheeler Dealers**
 11.00 **Salvage Hunters: Classic Cars**
 12.00 M'T **Kevin Hart's Muscle Car Crew** As shown at 8.00pm.
 1.00 AM **Iron Resurrection**
 2.00 **Fast N' Loud**
 3.00 **Wheeler Dealers**
 4.00 to 5.00 AM **Trans Am**
 +1 hour 261/272

Films

Sky Cinema

Premiere

301 401 501 515

- 7.05 AM **Turtles All the Way Down** Romance. (2024, 12, 111 min)
 9.05 **Bonus Track** As 6.20pm.
 10.50 **My Big Fat Greek Wedding 3** Romantic comedy sequel. (2023, 12, 92min) ★★
 12.25 PM **Meg 2: The Trench**
 2.25 **Blue Beetle** Sci-fi fantasy. (2023, 12, 127min) ★★★★★
 4.35 **Am I OK?** Romantic comedy drama. (2022, 15, 86min)
 6.20 **Bonus Track** Music comedy. (2023, 12, 98min) ★★★



8.00 The Meg 2: The Trench

- 8.00 **Meg 2: The Trench** Action thriller sequel starring Jason Statham. When a mining operation unleashes a school of megalodon sharks, rescue expert Jonas Taylor attempts to save the day. With Cliff Curtis. (2023, 12, 115min) ★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.00 **The Royal Hotel** Thriller starring Julia Garner and Jessica Henwick. Two backpackers take a job in an Australian pub and are confronted by the unruly locals. With Hugo Weaving. (2023, 18, 91 min) ★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.45 **The Exorcist: Believer** Horror sequel starring Leslie Odom Jr. (2023, 15, 111 min) ★★★
 1.45 AM **Ride On** Chinese action drama starring Jackie Chan and Liu Haocun. Subtitled. (2023, PG, 126min) ★★★
 4.05 to 6.00 AM **Cult Killer** Thriller. (2024, 15, 105min) ★★★

Sky Cinema

Drama

310 410 510 524

- 6.05 AM **Emily** As 2.00am.
 8.20 **Nineteen Nineteen** Period drama. (1984, 15, 99min) ★★★
 10.05 **Eternal Sunshine of the Spotless Mind** Offbeat comedy. (2004, 15, 108min) ★★★★★
 12.00 NOON **To Olivia** Drama. (2021, PG, 90min) ★★★★★
 1.50 PM **Save the Last Dance** Romantic teen drama. (2001, 12, 113min) ★★★
 3.50 **Emma** Jane Austen adaptation. (1996, U, 120min) ★★★★★
 6.00 **Dallas Buyers Club** Fact-based drama starring Matthew McConaughey and Jared Leto. (2013, 15, 114min) ★★★★★
 8.00 **The Girl on the Train** Thriller based on the novel by Paula Hawkins, starring Emily Blunt. (2016, 15, 107min) ★★★★★
 10.00 **Mrs Harris Goes to Paris** Comedy drama starring Lesley Manville and Isabelle Huppert. (2022, PG, 115min) ★★★★★
 12.10 AM **Wildhood** Drama starring Michael Greyeyes and Steve Lund. (2021, 15, 108min) ★★★
 2.00 **Emily** Drama with Emma Mackey and Oliver Jackson-Cohen. (2022, 15, 130min) ★★★★★
 4.25 to 6.05 AM **The Pact** Mystery thriller. (2012, 15, 85min) ★★★

Sky Cinema

Hits

303 403 503 517

- 7.35 AM **Gunpowder Milkshake**
 9.40 **Gran Torino** Drama. (2008, 15, 116min) ★★★★★
 11.45 **Shaun the Sheep Movie** Animation. (2015, U) ★★★★★
 1.20 PM **Catch Me If You Can** Steven Spielberg's adventure. (2002, 12, 141 min) ★★★★★
 3.50 **Shakespeare in Love** Oscar-winning romantic comedy. (1998, 15, 122min) ★★★★★
 6.00 **Scott Pilgrim vs. the World** Comedy. (2010, 12) ★★★★★



10.05 The Woman in Black

- 8.00 **Jarhead** Military drama starring Jake Gyllenhaal and Peter Sarsgaard. During the first Gulf War, a platoon of American Marines try to come to terms with stress and boredom while waiting to see action in Iraq. (2005, 15, 123min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.05 **The Woman in Black** Supernatural chiller based on Susan Hill's popular ghost story, starring Daniel Radcliffe. (2012, 12, 91 min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.45 **The Wolf of Wall Street** Martin Scorsese's fact-based drama starring Leonardo DiCaprio and Jonah Hill. (2013, 18, 176min) ★★★★★
 2.50 AM **Gunpowder Milkshake** Action thriller starring Karen Gillan. (2021, 15, 114min) ★★★
 4.55 to 6.40 AM **Arthur's Whisky** Comedy starring Karen Gillan. (2023, PG, 91min) ★★★

Sky Cinema

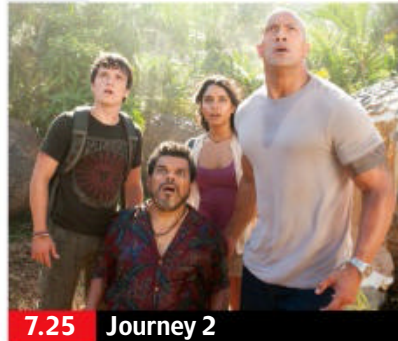
Sci-fi/Horror

311 411 511 525

- 6.00 AM **Midnight Special** As 1am.
 7.55 **Fahrenheit 451** As 2.55am.
 9.40 **The War of the Worlds**
 11.10 **Star Trek II: The Wrath of Khan** Sci-fi adventure. (1982, 12, 113min) ★★★★★
 1.05 PM **Nope** As shown at 9pm.
 3.20 **Sinister 2** Horror sequel. (2015, 15, 95min) ★★★
 5.00 **Cloverfield** Offbeat disaster movie. (2007, 15, 81 min) ★★★
 6.35 **Ready Player One** Steven Spielberg's fantasy starring Tye Sheridan. Gamers explore a virtual world in the quest for a deceased tycoon's fortune. (2018, 12, 140min) ★★★★★
 9.00 **Nope** Sci-fi thriller starring Daniel Kaluuya. The residents of a lonely valley in inland California bear witness to an uncanny and chilling discovery. (2022, 15, 130min) ★★★★★
 11.15 **M3gan** Horror thriller. (2022, 15, 102min) ★★★
 1.00 AM **Midnight Special** Adventure starring Michael Shannon. (2015, 12, 109min) ★★★★★
 2.55 **Fahrenheit 451** Sci-fi thriller. (2018, 15, 100min) ★★★
 4.40 to 6.10 AM **The War of the Worlds** Vintage sci-fi thriller. (1953, PG, 85min) ★★★★★

Sky Cinema Family

- 306 406 506 520**
- 6.50** AM **Robo-Dog** As 12.30am.
8.30 **The Karate Kid: Part III** Adventure. (1989, PG) ★
10.35 **Blueback** (2022, PG) ★★
12.25 PM **Hotel for Dogs** Comedy. (2009, U, 95min) ★★
2.15 **The NeverEnding Story** Fantasy. (1984, U) ★★
4.00 **Swallows and Amazons** Drama. (2016, PG) ★★
5.45 **Journey to the Center of the Earth** Family adventure. (2008, PG, 92min) ★★



7.25 **Journey 2: The Mysterious Island** Fantasy adventure sequel. (2012, PG, 94min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

9.05 **Breaking Point** Drama starring Karam Singh and Kelvin Clarke. Two estranged adopted brothers attempt to win a breakdancing contest. (2023, 12, 102min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Ghost Squad** Fantasy adventure starring Will Spencer and Cade Sutton. (2015, PG, 86min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Robo-Dog** Adventure. (2015, PG, 87min) ★★
2.10 **The Tiger Rising** Drama. (2022, PG, 102min) ★★
4.00 **Step Dogs** Family comedy. (2013, U, 82min) ★
5.35 to **7.05** AM **Hot Dog Derby** Comedy. (2013, U, 82min) ★★

Sky Cinema Statham

- 302 402 502 516**
- 6.10** AM **The Cinema List: Threequals**
6.30 **Gnomeo & Juliet** Animated comedy. (2011, U, 83min) ★★
8.10 **The Beekeeper** As 6.00pm.
10.05 **Fast & Furious 8** Adventure sequel. (2017, 12, 136min) ★★
12.30 PM **Ghosts of Mars** As 10.25pm.
2.15 **Mean Machine** Sports drama. (2001, 15, 99min) ★★
4.00 **Meg 2: The Trench** Thriller sequel. (2023, 12, 115min) ★★
6.00 **The Beekeeper** Action thriller starring Jason Statham. (2023, 15, 105min) ★★
8.00 **Fast X** Action adventure sequel starring Vin Diesel, Jason Momoa and Jason Statham. Dominic Toretto and his family are targeted by the vengeful son of drug kingpin Hernan Reyes. (2023, 12, 141min) ★★
10.25 **Ghosts of Mars** Sci-fi thriller starring Natasha Henstridge, Ice Cube and Jason Statham. (2001, 15, 97min) ★★
12.10 AM **London** Drama with Chris Evans, Jessica Biel and Jason Statham. (2005, 18, 90min) ★
1.50 **Mean Machine** As 2.15pm.
3.35 **The Beekeeper** As 6.00pm.
5.25 to **7.10** AM **The Amazing Maurice** Animated adventure. (2022, PG, 93min) ★★

Sky Cinema Action

- 307 407 507 521**
- 6.30** AM **Gran Turismo** As 5.45pm.
8.45 **Dragon Lord** As 1.05am.
10.30 **The Green Hornet** Comedy. (2011, 12, 118min) ★★
12.35 PM **Assassin** As 2.55am.
2.10 **The Huntsman: Winter's War** Fantasy adventure. (2016, 12, 114min) ★★
4.10 **Superman IV: The Quest for Peace** Fantasy adventure sequel. (1987, PG, 90min) ★
5.45 **Gran Turismo** Action drama. (2023, 12, 123min) ★★



5.45 **Gran Turismo**
8.00 **Batman Begins** Dark comic-book thriller tracing the origins of Batman, starring Christian Bale and Liam Neeson. Young billionaire Bruce Wayne creates a formidable alter-ego to strike fear into the crooks and thugs of crime-riddled Gotham City. (2005, 12, 140min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●
10.25 **The Dark Knight** Dark comic-book action thriller starring Christian Bale, Heath Ledger, Maggie Gyllenhaal and Aaron Eckhart. (2008, 12, 152min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **Dragon Lord** Martial arts comedy starring Jackie Chan. (1982, 15, 102min) ★★
2.55 **Assassin** Thriller with Bruce Willis. (2023, 15, 88min) ★★
4.30 to **6.20** AM **Game of Death** Martial arts thriller with Bruce Lee. (1978, 18, 82min) ★★

Sky Cinema 90s

- 304 404 504 518**
- 6.00** AM **Dazed and Confused**
7.45 **Last Action Hero** As 5.45pm.
10.05 **Small Soldiers** As 4.10am.
12.05 PM **Groundhog Day** As 2.25am.
2.00 **Dazed and Confused** Richard Linklater's comedy drama. (1993, 15, 102min) ★★
3.45 **Star Trek VI: The Undiscovered Country** Sci-fi adventure with William Shatner. (1991, PG, 109min) ★★
5.45 **Last Action Hero** Action fantasy starring Arnold Schwarzenegger, Austin O'Brien and Charles Dance. (1993, 15, 130min) ★★
8.00 **The Matrix** Sci-fi action thriller with Keanu Reeves, Carrie-Anne Moss and Laurence Fishburne. (1999, 15, 136min) ★★
10.20 **Blade** Action adventure thriller based on the Marvel Comic character, starring Wesley Snipes as the half-human, half-vampire warrior Blade. (1998, 18, 121min) ★★
12.25 AM **Bad Boys** Action comedy thriller. (1995, 15, 118min) ★★
2.25 **Groundhog Day** Fantasy comedy starring Bill Murray. (1993, PG, 103min) ★★
4.10 to **6.05** AM **Small Soldiers** Fantasy starring Kirsten Dunst. (1998, PG, 99min) ★★

Sky Cinema Comedy

- 308 408 508 522**
- 7.35** AM **Fords on Water** (1983)
9.10 **Blades of Glory** Comedy. (2007, 12, 93min) ★★
10.50 **Gremlins** Comedy horror. (1984, 12, 106min) ★★
12.50 PM **The Weather Man** Comedy drama. (2005, 15) ★★
2.40 **The Dictator** As 11.15pm.
4.10 **See No Evil, Hear No Evil** Comedy thriller with Richard Pryor. (1989, 15, 107min) ★★
6.00 **How to Be Single** Comedy. (2016, 15, 107min) ★★



6.00 **How to Be Single**
8.00 **Shaun of the Dead** Horror comedy Starring Simon Pegg. A jaded shop assistant sets out to save his family and friends when London is invaded by zombies. (2004, 15, 99min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●
9.45 **Disaster Movie** Spoof comedy starring Vanessa Minnillo and Matt Lanter. Over the course of a single evening, a group of friends encounter a series of natural disasters. (2008, 12, 86min) ★
 SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Dictator** Satirical comedy. (2012, 15, 83min) ★★
12.45 AM **Blithe Spirit** Comedy. (2020, 12, 95min) ★★
2.30 **Fords on Water** Comedy. (1983, 15, 83min) ★★
4.00 **The Boss** Comedy. (2015, 15, 89min) ★★
5.45 to **7.40** AM **How to Please a Woman** Comedy drama. (2022, 15, 107min) ★★

Sky Cinema Animation

- 305 412 500 514**
- 6.20** AM **Paws of Fury: The Legend...**
8.00 **A Shaun the Sheep Movie: Farmageddon** As 5.50pm.
9.35 **Kung Fu Panda** Animation. (2008, PG, 92min) ★★
11.15 **Despicable Me 3** Animated sequel. (2017, U, 99min) ★★
12.55 PM **Over the Hedge** Animation. (2006, U, 83min) ★★
2.30 **Rugrats Go Wild** Animated comedy. (2003, U, 81min) ★★
4.00 **The Lego Batman Movie** Animation. (2017, U) ★★
5.50 **A Shaun the Sheep Movie: Farmageddon** Animation. (2019, U, 86min) ★★
7.25 **Paws of Fury: The Legend of Hank** Animated comedy. (2022, PG, 98min) ★★
9.05 **Vic the Viking** Animation. (2019, U, 77min) ★★
10.35 **Mavka: The Forest Song** Animation. (2023, PG) ★★
12.20 AM **A Stork's Journey** Animation. (2017, U, 85min) ★★
1.50 **The Inseparables** Animation. (2023, U, 90min) ★★
3.25 **Asterix: The Secret of the Magic Potion** Animated comedy. (2018, PG, 81min) ★★
4.55 to **6.25** AM **Sinbad: Legend of the Seven Seas** Animation. (2003, U, 85min) ★★

Sky Cinema Thriller

- 309 409 509 523**
- 7.05** AM **Jackie Chan's Police...**
8.50 **Nightingale** Psychological drama. (2014, 12, 83min) ★★
10.25 **Dead Shot** (2023, 15) ★★
12.00 NOON **Serpico** Crime drama. (1973, 18, 130min) ★★
2.10 PM **No Country for Old Men** Thriller. (2007, 15) ★★
4.20 **Dangerous Waters** Thriller. (2023, 15, 101min) ★★
6.05 **Extremely Wicked, Shockingly Evil and Vile** Biopic. (2019, 15) ★★



10.20 **The Locksmith** Mystery starring Ryan Phillippe and Kate Bosworth. A former criminal is forced to use his skills as a gifted locksmith. (2022, 15, 88min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●
11.55 **Jackie Chan's Police Story** Comedy thriller. Dubbed. (1985, 15, 98min) ★★
1.40 AM **Extremely Wicked, Shockingly Evil and Vile**
3.40 **Feature Film**
5.10 to **7.00** AM **Antebellum** Horror. (2019, 15, 105min) ★★

Movies 24

- 312 419**
- 7.00** AM **An Easter Bloom** Drama. (2024, PG, 84min) ★★
9.00 **The Journey Ahead** Comedy. (2022, PG, 102min) ★★
11.00 **Love's Greek to Me** Romantic drama. (2023, PG, 90min) ★★
1.00 PM **Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
3.00 **A Paris Proposal** Romantic comedy with Alexa PenaVega. (2023, PG, 84min) ★★
5.00 **A Slice of Chicago** Romance Drama starring Megan Elizabeth Barker. (2022, PG, 90min) ★★
7.00 **A Bridesmaid in Love** Romantic comedy starring Tori Anderson and Sean Poague. (2022, PG, 87min) ★★
9.00 **Been There All Along** Romance starring Marlie Collins and Adam Hollick. A PR expert helps the creator of a dating app to turn her life around after a very public break-up. (2023, PG, 89min) ★★
11.00 **Love Strikes Twice** Time-travel fantasy. (2021, PG, 84min) ★★
1.00 AM **Sand Dollar Cove** Romantic drama. (2021, PG, 84min) ★★
3.00 to **5.00** AM **Field Day** Comedy. (2023, PG, 84min) ★★

Movies 24+ 315 420

Film4

- 313 855 428 14 300**
- **Films start at 11.00am**
11.00 AM **Pool of London** Thriller. (1950, b/w, PG, 90min) ★★
12.45 PM **The Blue Lamp** Drama. (1949, b/w, PG) ★★
2.30 **The Ghost and Mrs Muir** Comedy with Gene Tierney. (1947, b/w, U, 104min) ★★
4.35 **Daleks – Invasion Earth 2150 AD** Fantasy spin-off. (1966, U, 80min) ★★
6.20 **Only the Brave** Biographical drama. (2017, 12, 134min) ★★



6.20 **Only the Brave**
8.00 **Public Enemies** Gangster biopic starring Johnny Depp as 1930s bank robber John Dillinger, whose freewheeling crime spree across America's Midwest during the Depression turned him into a folk hero. With Christian Bale and Marion Cotillard. (2009, 15, 140min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●
10.20 **The Locksmith** Mystery starring Ryan Phillippe and Kate Bosworth. A former criminal is forced to use his skills as a gifted locksmith. (2022, 15, 88min) ★★
 SEX ●●● VIOLENCE ●●● LANG ●●●
11.15 **Monster** Fact-based drama starring Charlize Theron as serial killer Aileen Wuornos, the Florida prostitute who was executed in October 2002 for the murder of six men. (2003, 18, 109min) ★★
1.25 to **3.50** AM **To Live and Die in L.A** Crime thriller starring William L Petersen. (1985, 18, 116min) ★★

+ 1 hour 314 430 47 301

Talking Pictures

- 328 445 82 306**
- 6.00** AM **The Common Touch** Drama. (1941, b/w, PG, 104min) ★★
8.05 **Vote for Huggert** Comedy. (1949, b/w, U, 81min) ★★
9.45 **Radio Days** Nostalgic comedy. (1987, PG, 87min) ★★
11.30 **The Green Cockatoo** Crime drama. (1937, b/w, U, 80min) ★
12.50 PM **Stage 7 23/25**. (S1)
1.20 **The Big Boodle** Crime thriller. (1957, b/w, U, 84min) ★★
3.00 **Crown Court** Triple bill.
4.30 **Danger UXB** 11/13. (S1)
5.30 **Colonel March of Scotland Yard** *Present Tense*: 3/26. (S1)
6.05 **Sea Devils** Adventure starring Rock Hudson and Yvonne De Carlo. (1953, U, 91min) ★★
7.50 **What's On TPTV with Noel**
8.00 **The Brothers** 1/13. (S3)
9.05 **Van der Valk** 6/7. (S2)
10.10 **The Falcon and the Snowman** Fact-based spy drama starring Timothy Hutton and Sean Penn. (1984, 15, 131min) ★★
12.50 AM **Woman on the Run** Comedy starring Ann Sheridan. (1950, b/w, PG, 77min) ★★
2.25 **Hannibal Brooks** Wartime adventure starring Oliver Reed. (1968, U, 102min) ★★
4.25 **The Road to D-Day**
5.35 to **6.00** AM **Twist or Stick**

Sky Sports	Main Event
401 511 501 419 439	
6.00	AM Sky Sports News Round-up of the latest sports news.
7.00	Good Morning Euros Round-up of the all the latest news from the 2024 UEFA European Football Championship.
10.00	LIVE WTA & ATP Tennis Coverage of day four of the Libema Opens, held at Autotron Rosmalen in s-Hertogenbosch.
12.30	PM LIVE US Open Golf Coverage of the first day of the Major, held at Pinehurst Resort in North Carolina.
8.00	LIVE ICC Men's T20 World Cup England v Oman. Coverage of the Group B match at Sir Vivian Richards Stadium in North Sound, Antigua.
11.00	LIVE US Open Golf Coverage of the first day of the Major, staged at Pinehurst Resort in North Carolina.
1.00	AM LIVE ICC Men's T20 World Cup Afghanistan v Papua New Guinea. Coverage of the Group C match, which takes place at Brian Lara Cricket Academy in Tarouba.
5.30	to 6.00 AM Sky Sports News Round-up of the sports news.

TNT Sports 1

410 870

527

408

430

6.00 AM Hockey Pro League action.

10.00 Fishing: On the Bank

11.00 Ultimate Pool

12.30 PM TNT Sports Reload

1.00 PSA Squash Highlights

2.00 Training Day

2.30 Premier League Legends

3.00 The Special 1

4.15 UEFA Champions League Goals Reload Best goals.

4.30 Premier League Stories

5.00 NBA Action The latest action.

5.30 MLB: Off the Bat A round-up of action from Major League Baseball.

6.00 **LIVE** MLB Baltimore Orioles v Atlanta Braves. Coverage of the inter-league match from Camden Yards. Start-time is at 6.05pm.

9.15 MLB Plays of the Week

9.45 TNT Sports Goals Reload

10.00 TNT Sports Cricket Reload

10.30 Women's One-Day International Cricket

1.30 AM TNT Sports Cricket Reload

2.00 Gallagher Premiership Rugby Union Action from the final.

3.30 NBA Action Highlights.

4.00 Formula E Unplugged

4.30 Formula E Flashback

5.00 to 6.00 AM Down the Clubhouse

TNT Sports 4

421 876 530 411 434

6.00 AM **Story of the Champions Cup**

7.00 **Gallagher Premiership Rugby Union** Action from the final.

8.30 **Premiership Women's Rugby**

10.30 **The FA Futsal Women's Super Series** London Helvecia v Bolton.

11.30 **The FA Futsal Series One**

12.30 PM **MLB Plays of the Week**

1.00 **MLB** Action from Minnesota Twins v Colorado Rockies.

3.00 Action from San Francisco Giants v Houston Astros.

5.00 **UEFA Champions League – Stories of the Finals**

6.00 **NBA** Game three of the Finals.

7.30 **Champions League Defining Moments** UEFA documentary.

8.30 **NBA Action** Thelatest action.

9.00 **NBA** A chance to see game three of the NBA Finals.

10.30 **AFL** Sydney Swans v Geelong Cats.

12.30 AM Action from Essendon Bombers v Carlton Blues.

2.30 Collingwood v Melbourne.

4.30 to **6.00** AM **MLB Classic**

Sky Sports	Premier League
402 512 502 420 440	
6.00	AM PL Greatest Games
7.00	Good Morning Euros Round-up of the all the latest news.
10.00	Premier League Years
12.00	NOON Gary Neville's Soccerbox Double bill.
1.00	PM Premier League Best Goals
2.00	Premier League Highlights
5.00	Premier League Review A look back at the weekend's action.
7.00	Premier League Icons A profile of Uruguayan footballer Luis Suarez.
7.30	Premier League 100: Michael Owen The former Liverpool striker reflects on his career.
8.00	SSN Euro Report All the news on the eve of UEFA EURO 2024.
11.00	Class of '92: Full Time Class of '92-owned Salford City embark on their first season in the Football League – but the club are finding life in the new division tougher than expected.
12.00	M'T PL Retro A chance to see Manchester United v Tottenham Hotspur from 1998/99.
2.00	AM Premier League Years
4.00	Premier League Best Goals
5.00	Premier League 100 Club
5.30	to 6.00 AM Premier League Legends

TNT Sports 2

411

871

528

409

431

6.00

AM **LIVE Badminton** Further coverage from the Australia Open Round of 16, which takes place at State Sports Centre in Sydney.

11.30

Badminton Weekly

11.45

Sign Up – Into Football

12.00

NOON TNT Sports Goals Reload

12.15

PM Ligue 1 Highlights

1.15

TNT Sports Goals Reload

1.30

Serie A – Full Impact

2.30

Hockey FIH Pro League action.

6.30

European Rally Championship Highlights Rally Canary Islands.

7.00

LIVE European Rally Championship Coverage from Special Stage 1 Bauhaus of the Royal Rally of Scandinavia, which takes place in Sweden.

8.00

Premier League Review A look back at all the best action from the 2023/24 Premier League season.

10.00

UEFA Champions League Magazine News and action.

11.00

UEFA Europa League & Conference League Magazine

1.00

AM Serie A – Full Impact

2.00

Ligue 1 Highlights

3.00

to 6.00 AM LIVE Badminton Coverage from the Australia Open quarter-finals, which take place at State Sports Centre in Sydney.

Eurosport 1

413 868 521 412 435

6.00 AM **Cycling** Recent action.

8.00 **Mountain Biking**

9.00 **Olympic Games: Chasing Glory**

10.00 **Cycling** Recent highlights.

12.00 NOON **LIVE Cycling: Tour of Slovenia** Coverage of stage two, which follows a 180.7km route.

2.00 PM **LIVE Cycling: Tour of Belgium** Coverage of stage two, featuring a 185.5km route.

4.15 **Mountain Biking**

4.45 **Skateboarding**

5.00 **Roland-Garros** Highlights.

7.00 **Cycling** Recent action.

9.00 **Mountain Biking**

9.30 **Olympic Games: The Power of the Olympics**

10.00 **SailGP** Round 11 from Canada.

11.00 **Cycling** Recent highlights.

1.00 AM **FIA World Endurance Championship** From Le Mans.

2.00 **Cycling** Recent action.

4.00 **Speedway Grand Prix**

5.00 to 6.00 AM **FIA World Endurance Championship**

Sky Sports	Football
403 513 503 421 441	
6.00	AM EFL Cup Retro
8.45	EFL Greatest Games
10.00	Retro League One Charlton Athletic v Sunderland in the 2018/19 League One play-off final.
12.00	NOON EFL Greatest Games
1.00	PM Championship Season Review A look back at the 2019/20 season.
2.00	EFL Cup Highlights The best goals from the 2019/20 season.
2.30	EFL Trophy Football Action from Portsmouth v Salford City.
3.00	Retro League One Action from Gillingham v Manchester City in the 1999 Play-Off Final.
5.45	EFL Greatest Games
7.00	Championship Season Review
8.00	Best Goals Of The Carabao Cup 2020/21 Look back at some stunning strikes from the 2020-21 Carabao Cup.
8.30	EFL Trophy Football Action from Sunderland v Tranmere Rovers.
9.00	Championship Retro Cardiff City v Leicester City in the 2009/10 Championship play-off semi-finals.
11.30	EFL Greatest Games
12.00	M'T SPFL Greatest Games
5.30	to 6.00 AM SPFL: Edinburgh Derby Best Goals

TNT Sports 3

417 874 529 410 432

6.00

AM French Women's Division 1

11.00

EuroCup Basketball Paris Basketball v JL Bourg-en-Bresse.

1.00

PM Gallagher Premiership Rugby Union This year's final.

2.30

Story of the Champions Cup

3.30

T100 Triathlon World Tour All the action from San Francisco and the famous Escape From Alcatraz triathlon, the latest stop in the T100 Triathlon World Tour calendar

4.30

TNT Sports Reload

4.45

Rio Ferdinand Meets Rio Ferdinand talks to UFC Welterweight Champion Leon Edwards ahead of his fight against Colby Covington at UFC 296.

5.00

WWE Friday Night SmackDown Wrestling action.

6.30

WWE Monday Night Raw

9.00

Fishing: On the Bank

10.00

PSA Squash Highlights Action from the 2024 British Open.

11.00

UFC Action from Jared Cannonier v Nassourdine Imavov.

2.00

AM Meatball Molly

3.15

UFC Fight Flashback

3.45

Fishing: On the Bank

4.45

T100 Triathlon World Tour

5.45

to 6.00 AM TNT Sports Goals Reload

Eurosport 2

414 869 522 413 436

6.00 AM Motocross World Championship From Latvia.

8.00 Cycling Recent highlights.

10.00 Roland-Garros

11.55 FIA World Endurance Champs

1.45 PM **LIVE FIA World Endurance Championship**
The third free practice session.

5.15 The Power of the Olympics

5.45 British Speedway

6.45 **LIVE FIA World Endurance Championship** The 24 Hours of Le Mans Hyperpole session.

8.15 EWC All Access

8.45 **LIVE FIA World Endurance Championship** Coverage of the fourth free practice session.

10.30 FIA World Endurance Champs

11.30 EWC All Access

12.00 M/T World Superbikes

1.00 AM Hall of Fame: Athens 2004

2.00 World Superbikes

3.00 FIA World Endurance Champs

4.00 Cycling: Tour of Belgium

5.00 to 6.00 AM Cycling

Sky Sports	Cricket
404 514 504 422 442	
6.00	AM ICC Men's T20 World Cup
7.00	Best of ICC WT20
7.30	ICC Men's T20 World Cup
10.00	ICC Men's T20 World Cup A chance to see the Group C match between West Indies and New Zealand from Brian Lara Cricket Academy in Tarouba.
2.10	PM Best of ICC WT20 Action from India v West Indies from 2016.
2.30	ICC Men's T20 World Cup Highlights of West Indies v New Zealand at Brian Lara Cricket Academy in Tarouba.
3.00	LIVE ICC Men's T20 World Cup Bangladesh v Netherlands. Coverage of the Group D match at Arnos Vale Stadium in St Vincent.
7.30	LIVE ICC Men's T20 World Cup England v Oman. Coverage of the Group B match, from Sir Vivian Richards Stadium in North Sound, Antigua.
12.00	M'T ICC Men's T20 World Cup
1.00	AM LIVE ICC Men's T20 World Cup Afghanistan v Papua New Guinea. Coverage of the Group C match at Brian Lara Cricket Academy in Tarouba.
5.30	to 6.00 AM ICC Men's T20 World Cup

Sky Sports	Action
408 517 507 426 446	
6.00	AM Super Bowl LVIII Highlights San Francisco 49ers v Kansas City Chiefs.
7.00	NFL Highlights Action from New York Jets v Buffalo Bills.
8.00	Fight Night International
10.00	NFL Highlights Tampa Bay Buccaneers v Philadelphia Eagles.
11.00	Action from Detroit Lions v Los Angeles Rams in the fifth wild card play-off match.
12.00	NOON Premier League Darts Action from the semi-finals and final from The O2 in London.
3.00	PM NFL Highlights Dallas Cowboys v Green Bay Packers.
4.00	Fight Night International Oscar Valdez v Liam Wilson.
5.00	NFL Highlights Action from Buffalo Bills v Pittsburgh Steelers.
6.00	NBC's Pro-Football Talk
8.00	NFL Highlights Kansas City Chiefs v Miami Dolphins.
9.00	Action from Houston Texans v Cleveland Browns.
10.00	Fight Night International O'Shaquie Foster v Abraham Nova.
11.00	Super Bowl LVIII Highlights
12.00	M'T The Insiders
1.00	AM Premier League Darts
4.00	Fight Night International
5.00	to 6.00 AM NFL Highlights

Sky Sports	Arena
412 518 508 427 447	
6.00	AM Premier League Darts
10.00	Women's Super League
10.15	Super League Highlights
11.00	Fight Night International
1.00	PM Women's Super League
1.15	Super League Highlights
2.00	Super League Match replays.
6.50	My Icon Moeen Ali.
7.00	Women's Super League
7.15	Super League Highlights St Helens v Leeds Rhinos.
7.30	St Helens v Catalans Dragons.
7.45	Action from Warrington Wolves v Wigan Warriors.
8.00	Fight Night International Teofimo Lopez v Jamaime Ortiz.
9.00	Kholmatov v Ford.
10.00	Women's Super League
10.15	Super League Highlights
11.00	Fight Night International
12.00	M'T Super League
4.50	AM My Icon Moeen Ali.
5.00	Women's Super League
5.15	to 6.00 AM Super League Highlights Top-flight action.

Sky Sports	Golf
405 515 505 423 443	
6.00	AM US Open Official Films
7.00	Fitzpatrick: The Boss of Brookline Chronicling the career of a Major winner, Matt Fitzpatrick.
8.00	European Challenge Tour Golf
8.30	PGA Tour Champions
9.30	PGA Tour: The Cut A look behind the scenes of the tour.
10.00	European Challenge Tour Golf Action from the Spain Event.
10.30	PGA Tour Champions Learning Centre
11.00	McGinley & Chamblee at the US Open
12.30	PM LIVE US Open Golf Coverage of the first day of the Major, staged at Pinehurst Resort in North Carolina. Rickie Fowler and Xander Schauffele shared the lead at the end of day one last year.
1.00	AM Fitzpatrick: The Boss of Brookline Documentary.
2.00	Golf Academy
3.00	PGA Tour Champions
4.00	US Open Official Films
5.00	to 6.00 AM Golf Academy

Sky Sports	Tennis
407 537 520 425 445	
6.00	AM Tennis The Libema Open.
10.00	LIVE WTA & ATP Tennis Coverage of day four of the Libema Opens, staged at Autotron Rosmalen in s-Hertogenbosch.
6.00	PM Tennis Action from the Internazionali BNL d'Italia.
8.00	The final of WTA event the Internationaux de Strasbourg.
9.00	Highlights of day four of the Libema Open in the Netherlands.
1.00	AM Tennis A review of the BNP Paribas Open in Indian Wells.
2.00	US Open Classic Matches
3.00	to 6.00 AM Tennis

Sky Sports	Mix
416 873 510 429 449	
6.00	AM ICC Men's T20 World Cup
7.00	Best of ICC WT20
7.30	PGA Tour Champions
8.30	PGA Tour: The Cut
9.00	European Challenge Tour Golf
9.30	Best of ICC WT20
10.00	ICC Men's T20 World Cup
2.10	PM Best of ICC WT20
2.30	European Challenge Tour Golf
3.00	Fight Night International
5.00	Tennis Action from the BNP Paribas Open men's final.
7.00	Indycar Action from the Grand Prix of Road America in Elkhart Lake, Wisconsin.
8.00	Tennis The final of WTA event the Internationaux de Strasbourg.
10.00	NFL Highlights Detroit Lions v Tampa Bay Buccaneers.
11.00	Action from San Francisco 49ers v Green Bay Packers.
12.00	M'T Tennis San Diego Open.
2.00	AM US Open Official Films
3.00	to 6.00 AM Fight Night International

Sky Sports	F1
406 516 506 424 444	
6.00	AM The Home of F1
11.00	Indycar Action from Wisconsin.
12.00	NOON Indy NXT In Wisconsin.
1.10	PM F1 Features
1.30	Formula 1 Canadian Grand Prix.
2.30	Ted's Notebook
3.00	Jenson's 2009 F1 Memories
3.30	Ted's Notebook
4.00	Formula 1 Canadian Grand Prix.
6.15	F1 Features
7.00	Indycar Action from Wisconsin.
8.00	Formula 1 Canadian Grand Prix.
9.00	Indycar Action from Wisconsin.
10.00	Formula 1 Canadian Grand Prix.
12.15	AM Ted's Notebook
12.45	F1 Kids' Zac Meets Toto Wolff
1.00	to 6.00 AM The Home of F1



BBC1

101 101 1 101 101

- 6.00 AM Breakfast** (S)
9.30 Morning Live **New edition** (S)
10.45 Scam Interceptors **New edition** 5/20. The team try to protect an elderly man from scammers. (S)
11.15 Homes Under the Hammer (S)(R)
12.15 PM Bargain Hunt **New edition** (S)
1.00 BBC News (S)
1.35 Local News (S)
1.45 BBC News (S)
2.00 Hope Street **New episode** 13/15. Finn suspects an act of revenge at a new taxi business. (S3) (S)(AD)
2.45 Escape to the Country **New edition** The East Midlands. (S)
3.45 Garden Rescue (S)(R)
4.30 The Finish Line **Series finale** (S)
5.15 Pointless (S)(R)
6.00 BBC News (S)
6.30 Local News (S)
6.55 Party Election Broadcast (S)(R)



4.30 The Finish Line

- 7.00 The One Show**
Alex Jones co-presents the topical show. (S)
7.30 Make It at Market
A Northumberland woodturner and an upcycler both receive useful business advice. (S)(R)
8.00 Would I Lie to You?
With panellists Maya Jama, Roisin Conaty, Roman Kemp and Xand van Tulleken. (S)(R)
8.30 Outnumbered
4/7. Ben shows off his survival skills whilst camping. (S5) (S)(R)
9.00 Death in Paradise
La Murder Le Diable: 1/8. Locals on the island of Saint Marie make plans to celebrate the New Year - only for the festivities to be cut short when a masked man stabs a woman in her home. (S9) (S)(R)(AD)
10.00 BBC News (S)
10.30 Local News (S)
10.40 MOTD: Euro 2024
Germany v Scotland: Action from tonight's Group A match at Munich Football Arena. (S)
11.25 FILM Tinker Tailor Soldier Spy
Cold War spy thriller based on John le Carré's novel starring Gary Oldman. A veteran spycatcher strives to unmask a Soviet mole lurking in the highest reaches of the British intelligence service. (S) (AD) (2011, 15, 120min) ★★★★★
1.25 AM Euro 2024 Match Replay
Germany v Scotland. (S)
3.05 Weather for the Week Ahead
Seven-day forecast. (S)
3.10 to 6.00 AM BBC News (S)

BBC2

102 102 2 102 102

- 6.30 AM Homes Under the Hammer**
A bungalow in Norfolk. (S)(R)
7.30 Clive Myrie's Caribbean Adventure From Barbados. (S)(R)
8.00 Sign Zone: Mammals (S)(R)(AD)
9.00 BBC News (S)
12.15 PM Politics Live (S)
1.00 Impossible Game show. (S)(R)
1.45 Mastermind Quiz show. (S)(R)
2.45 Five Bedrooms (S4) (S)(R)(AD)
3.35 Stanley Tucci: Searching for Italy 4/8. The actor explores Italian food in London. (S)(R)(AD)
4.15 Great Bear Stakeout (S)(R)
5.15 Flog It! Bowes Museum. (S)(R)
6.00 Richard Osman's House of Games Game show. (S)(R)
6.30 Clive Myrie's Caribbean Adventure **Series finale** The newsreader explores Puerto Plata in the Dominican Republic. (S)



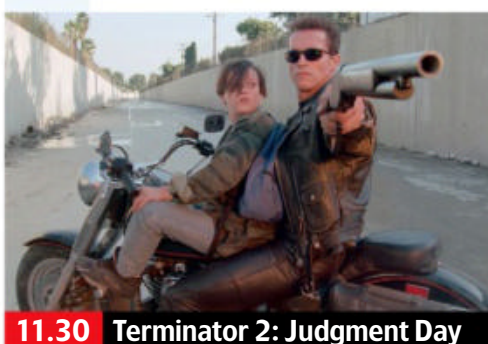
9.00 Hidden Treasures of the...

- 7.00 Digging for Britain: The Greatest Discoveries**
The key archaeological sites of Roman Britain. (S)(R)(AD)
7.30 Beechgrove Garden **New edition** Kirsty Wilson discusses what to plant in order to attract birds to the garden. (S)
8.00 Gardeners' World **New edition** The team are Birmingham-bound for the Gardeners' World Live event, and an expert grower shares her passion for orchids. (S)
9.00 Hidden Treasures of the National Trust **Series finale** At Chirk Castle, a mysterious portrait of a servant reveals its secrets. At Oxburgh Hall, two rare treasures are brought back into the light. (S)
10.00 QI
Guests Sara Pascoe, Bridget Christie and Deborah Frances-White join host Sandi Toksvig and regular Alan Davies. (S)(R)
10.30 Newsnight (S)
11.00 Weather (S)
11.05 FILM Dear Evan Hansen
Film adaptation of the musical about a high-school senior with a social anxiety disorder. Stars Ben Platt and Julianne Moore. (S) (2021, 12, 125min) ★★★★★
1.10 AM Sign Zone: Panorama (S)(R)
1.40 Sign Zone: Andi Oliver's Fabulous Feasts (S)(R)(AD)
2.40 Sign Zone: David & Jay's Touring Toolshed (S)(R)(AD)
3.10 to 6.00 AM Previews (S)

ITV1

103 103 803 103 3 103 103 103

- 6.00 AM Good Morning Britain** (S)
9.00 Lorraine (S)
10.00 This Morning (S)
12.30 PM Loose Women (S)
1.30 ITV News (S)
1.55 Local News (S)
2.00 Dickinson's Real Deal
David Dickinson and his team of dealers set up at Crewe Hall, as James Layte bargains for a page turner, and Simon Schneider decides to browse some celebrity reading material. (S)(R)(AD)
3.00 Lingo Word-based quiz presented by Adil Ray. (S)(R)
4.00 Tipping Point Game show hosted by Ben Shephard. (S)(R)
5.00 The Chase Quiz show hosted by Bradley Walsh. (S)(R)
6.00 Local News (S)
6.15 ITV News (S)



11.30 Terminator 2: Judgment Day

- 6.30 LIVE Football: Euro 2024**
Germany v Scotland: Mark Pougatch presents coverage of the opening match at Munich Football Arena. Tournament hosts Germany are one of the favourites to win the competition, and are looking to win their first major trophy since the World Cup in 2014, and their first European Championship victory since 1996. Scotland qualified for their second consecutive Euros after finishing ahead of the likes of Norway and Georgia. In their last appearance in the finals three years ago, they finished bottom of their group, and they haven't won a game at this tournament since a 1-0 victory against Switzerland back in the group stages of the 1996 competition. With analysis from Graeme Souness, Roy Keane, Ian Wright and Laura Woods, reports by Connie McLaughlin, and commentary from Sam Matherface and Ally McCoist. Kick-off is at 8.00. See *Euro 2024 Guide*, pages 17-44. (S)
10.45 ITV News (S)
11.20 Local News (S)
11.30 FILM Terminator 2: Judgment Day Sci-fi sequel starring Arnold Schwarzenegger as a cyborg from the future that tries to protect humanity's destined saviour. (S) (AD) (1991, 15, 130min) ★★★★★
1.40 AM Teleshopping
3.00 The Larkins (S2) (S)(SL)(R)(AD)
3.50 Unwind with ITV (S)
5.05 to 6.00 AM Katie Piper's Breakfast Show (S)(SL)(R)

CHANNEL 4

104 104/108 804 108 4 104 104/106

- 6.30 AM Cheers** 6&7/22. (S2) (S)(R)
7.20 Everybody Loves Raymond (S)(R)
9.10 Frasier 5-8/25. (S11) (S)(R)(AD)
11.10 Ramsay's Kitchen Nightmares USA From Arizona. (S)(R)
12.05 PM News (S)
12.10 Ramsay's Kitchen Nightmares USA From Los Angeles. (S)(R)
1.10 Car S.O.S (S)(R)(AD)
2.10 Countdown **New edition** (S)
3.00 A Place in the Sun A holiday home in Mojacar, Spain. (S)(R)
4.00 New edition Fitness instructor Lucy seeks a property in Málaga. (S)
5.00 Sun, Sea and Selling Houses **New edition** A couple seek a retirement home in Calp that they can enjoy with their pets. (S)
6.00 Four in a Bed The hosts meet to find out their payments. (S)(R)
6.30 The Simpsons (S)(R)(AD)



9.00 Celebrity Gogglebox

- 7.00 News** (S)
8.00 The Dog House
Youngster Harry is hoping to find a best friend who likes to play fetch and Ollie the ball-mad spaniel seems a perfect match, while Roz and John want to help their cockapoo Marnie after she lost her sight. (S)(R)(AD)
9.00 Celebrity Gogglebox **New edition** A rolling cast of famous faces - including Rylan, Nick Grimshaw, Fearne Cotton, Gok Wan, Clare Balding and Jane McDonald - critique the week's biggest TV shows. (S)(AD)
10.00 The Nevernets **New edition** 4/6. Twenty-four-year-old Leah and 38-year-old Matt meet three objects of their affections, having hitherto communicated with Chad and Maria respectively, through online means. (S)(AD)
11.05 FILM The Inbetweeners Movie
Film spin-off from the TV comedy series, starring Simon Bird. (S) (AD) (2011, 15, 110min) ★★★★★
12.55 AM FILM Skyscraper Action thriller starring Dwayne Johnson. (S)(AD) (2018, 12, 100min) ★★★
2.35 Ramsay's 24 Hours to Hell and Back In Kansas City. (S)(SL)(R)(AD)
3.25 Come Dine with Me (S)(R)(AD)
5.35 Escape to the Chateau (S)(R)
5.45 to 6.05 AM Frasier 6/24. (S5) (R)

Friday

7 PM

8 PM

9 PM

10 PM

CHANNEL 5

105 105 805 105 5 105 105 105

- 5.45 AM Milkshake!**
9.15 Jeremy Vine (S)
11.15 Storm Huntley (S)
12.45 PM Friends (S8) (S)(R)(AD)
1.40 News (S)
1.45 Home and Away (S)(R)
2.15 FILM Dangerous Love Thriller starring Vivica A Fox. When a recently divorced woman meets a stranger online, her daughter grows suspicious and attempts to uncover the truth about him. (S) (2022, PG, 105min) ★★★
4.00 Bargain-Loving Brits in the Sun A family of seven visit Colin Brown's B&B. (S)(R)(AD)
5.00 News (S)
6.00 Argos: How Do They Really Do It? A look at the secrets of the retail giant. (S)(R)
6.55 News (S)



8.00 Dalglish

- 7.00 The Motorway Hotel** **Series finale** 4/4. Head chef James tries out new apprentice Kaylan, and the annual national Maize Maze awards is meant to be in town, but snowfall causes chaos. (S)
7.55 News (S)
8.00 Dalglish *A Certain Justice*: Adam and Miskin attend the murder scene of Rita O'Keefe, whose nephew Garry Ashe emerges as the chief suspect. At his trial, defence barrister Venetia Aldridge smoothly secures an acquittal, but when she is also found dead, Dalglish is soon on the case. Stars Bertie Carvel and Carlyss Peer. (S)
10.00 LIVE Boxing: UK vs Germany Fight Night Macaulay McGowan v Abass Baraou: Coverage of the bout for the European super welterweight title, staged at the Toughsheet Community Stadium in Bolton. (S)
12.05 AM Ultimate Police Interceptors (S)(R)
1.00 Entertainment News (S)
1.15 PlayOJO Live Casino Show (S)
3.15 Secret Scotland with Susan Calman The Borders. (S)(R)
4.05 Britain's Greatest Bridges Britannia Bridge. (S)(SL)(R)(AD)
4.50 Wildlife SOS (S)(SL)(R)
5.15 House Doctor (S)(SL)(R)
5.40 to 5.45 AM Entertainment News (S)

+1 hour 205 305 38 128

SKY SHOWCASE

106 106 806 109 340 355

- 6.00 AM Sky News Breakfast**
7.00 Breakfast with Anna Jones
8.00 UK Border Force (S)(R)
9.00 Stargate SG-1 (S2) (S)(R)
11.00 Gangs of Lemur Island (S)(R)
12.00 NOON The Flash (S8) (S)(R)
1.00 PM MacGyver (S1) (S)(R)(AD)
3.00 Hawaii Five-0 (S6) (S)(R)
4.00 S.W.A.T. 5/18. (S4) (S)(R)(AD)
5.00 The Simpsons Greatest Story Ever D'ohed: With the voice of Sacha Baron Cohen. (S)(R)
5.30 The Devil Wears Nada: Marge becomes a sex symbol after posing for a calendar. (S)(R)
6.00 The Office (US) 6/25. Michael encourages everyone to celebrate Diwali. (S)(R)
6.25 7/25. Michael learns the Scranton branch faces closure and goes on a quest. (S3) (S)(R)



3.00 Hawaii Five-0

- 7.00 The Simpsons** *American History X-Cellent*: Mr Burns is sent to prison after police discover stolen paintings at his home. (S)(R)
7.30 Chief of Hearts: Homer strikes up a friendship with Chief Wiggum. (S)(R)
8.00 A League of Their Own: Mexican Road Trip 4/4. Jamie Redknapp, Jill Scott, Micah Richards and Mo Gilligan explore the city of La Paz, where they have to photograph a sea lion colony while scuba diving. (S)(R)
9.00 The Walking Dead: The Ones Who Live **New episode** *Bye*: 3/6. Jadis reveals her Civic Republic Military allegiance, while Rick remains focused on his escape. (S1) (S) ■ Entire series on Box Sets
10.00 Never Mind the Buzzcocks Comedy music quiz hosted by Greg Davies, with Maisie Adam, Rag'n'Bone Man and Ms Banks. (S)(R)(AD)
10.45 Featuring guest panellists Shaun Ryder, Bez and Desiree Burch. (S)(R)
11.30 The Force: North East An emergency dash results in a serious collision between a police van and a taxi. (S)(R)
12.30 AM Brit Cops: Rapid Response Police officers on patrol. (S)(R)
1.30 Road Wars Vehicle crime. (S)(R)
3.00 Hawaii Five-0 16/25. (S6) (S)(R)
4.00 S.W.A.T. 5/18. (S4) (S)(R)(AD)
5.00 to 6.00 AM Motorway Patrol (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
 Sky 964, Virgin 862, Freesat 964
11.15am-12.15pm Homes Under the Hammer (S)(R)
10.40-11.25pm Sportscene: Euro Highlights (S)

N. IRELAND

Sky 966, Virgin 863, Freesat 966
7.30-8.00pm Suzie Lee: Home Cook Hero **New edition** (S)

WALES

Sky 965, Virgin 864, Freesat 965
7.30-8.00pm Lolo's Valleys **Series finale** (S) **8.30-9.00** Kiri's TV Flashback (S)(R) **10.40** Paranormal: The Village That Saw Aliens (S)(R) **11.10** Paranormal: The Village That Saw Aliens (S)(R) **11.40** MOTD: UEFA Euro 2024 Highlights (S) **12.25-1.25am** Pitch Invasion: How the Scottish and Irish Changed Football **New edition** (S)(AD)

BBC2

N. IRELAND
 Sky 969, Freesat 969
 No variations

WALES

Sky 968, Freesat 968
7.30-8.00pm Springwatch in Wales (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Bwyd Bach Shumana a Catrin **12.30** Heno **1.00** Cais Quinell **1.30** Ma'i Off 'Ma (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynghawn Da **New edition** **3.00** Newyddion S4C a'r Tywydd **3.05** Y Fets (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Gerddi Cymru **6.30** Garddio a Mwy **6.57** Newyddion S4C **7.00** Heno **New edition** **7.30** Newyddion S4C a'r Tywydd **8.00** Heather Jones **8.55** Newyddion S4C a'r Tywydd **9.00** Siwrna Scandi Chris **10.00** Cynefin **11.00-11.35pm** Welsh Whisperer - Ni'n Teithio Nawr! (AD)

TV&Satellite
New issue
on sale
now

BBC3

115/117/121 107/113 23 107 107

BBC3 programmes start at 7.00pm



- 7.00 PM Top Gear** Michael Sheen is the Star in a Reasonably Priced Car.
7.55 The Catch Up
8.00 The Traitors US **New edition** 4/12. A deadly mission sees a player take their last breath in the game.
9.00 NEW SERIES Paranormal: The Village That Saw Aliens 1/4. The biggest mass UFO sighting in Britain. **9.30 New edition** 2/4. Sian Eleri heads to Haven Fort Hotel to follow up on claims 'creatures' were seen there.
10.00 A Very British Cult A life-coaching company that allegedly ruins lives.
11.00 Ladhood 3&4/6. (S1)
11.50 I Kissed a Boy
12.40 AM Confessions of a Teenage Fraudster
1.25 Boot Dreams: Now or Never Documentary.
2.25 Ladhood 3/6. (S1)
2.50 Paranormal: The Village That Saw Aliens
3.50 to 4.00 AM
 Press X to Continue

MORE4

136/137 831 147 18 124

- 8.55 AM A Place in the Sun**
10.25 A New Life in the Sun
11.25 Find It, Fix It, Flog It
12.30 PM Come Dine with Me Five editions of the culinary contest from around Leeds.
3.10 Four in a Bed Five editions of the B&B challenge.
5.50 Chateau DIY Anna and Edward face tight deadlines in preparation for their next wedding booking, Janet and Philip are pushed to breaking point, while Abbie and Clive work full steam ahead.
6.55 PopMaster TV Contestants from Hertfordshire, Glasgow, Kent, Dagenham and York compete in the music quiz.
7.55 With contestants from Worcester, Perth, Glasgow, Southport and Bedford.
9.00 Astrid: Murder in Paris *Fermi Paradox*: 3/8. A murder suspect suddenly disappears in mysterious circumstances. Subtitled. (S2)
10.05 24 Hours in A&E A woman is brought in with suspected sepsis.
11.05 A20-year-old woman is involved in a car crash.
12.10 AM 8 Out of 10 Cats Does Countdown
1.15 The Twelve: Cinderella Murder **New episode** 6/8. The examining magistrate presents the reconstructions of the crimes. Subtitled. (S2)
2.25 24 Hours in A&E
3.30 to 4.00 AM
 A Place in the Sun

+1 hour 236/237 347 125

BBC4

116 107/108 9/24 106 108

BBC4 programmes start at 7.00pm



- 7.00 PM TOTP: 1996** With Ken Doh, Bis, Mark Snow, Gina G, Cast and PJ & Duncan.
7.30 With Kadoc, Ocean Colour Scene, Foo Fighters, Lionel Richie and Pulp.
8.00 TOTP: 1987 Featuring John Farnham, Bruce Willis, Beastie Boys and Run DMC.
8.30 TOTP: 1982 Performances by Roxy Music, Duran Duran, ABC, Queen and Adam Ant.
9.00 Disco at the BBC: Volume 2 A selection of classics from the archive, including George McCrae's *Rock Your Baby*, and Ring My Bell by Anita Ward.
10.00 Disco: Soundtrack of a Revolution 2/3. A look at how disco conquered the mainstream charts.
11.00 Boogie Fever: A TOTP2 Disco Special Featuring Chic and Gloria Gaynor.
12.30 AM Sounds of the 70s
1.00 Disco at the BBC: Volume 2 As 9.00pm.
2.00 TOTP: 1996
3.00 TOTP: 1987
3.30 to 4.00 AM TOTP: 1982

E4

135/136 830 106 13 122

- 6.00 AM Hollyoaks**
7.00 Ramsay's Kitchen Nightmares USA
9.00 Brooklyn Nine-Nine
10.00 Young Sheldon
11.00 Modern Family
12.00 NOON The Big Bang Theory 16-19/23. (S3)
2.00 PM The Goldbergs
3.00 Modern Family
4.00 Young Sheldon
5.00 The Big Bang Theory
7.00 Hollyoaks Clio makes Marie become suspicious of her.
7.30 Come Dine with Me Social worker Ruth tries to impress with her Jewish-Irish fusion menu in Brighton.
8.00 Dance Moms Bride-to-be Melissa loses her cool when Christi and Kelly persist in meddling in her affairs, and Abby works on a gritty new dance routine.
9.00 FILM Terminator 3: Rise of the Machines Sci-fi action thriller sequel starring Arnold Schwarzenegger. Skynet sends its deadliest cyborg killing machine yet to destroy mankind's saviour. (2003, 12, 109min) ★★★

+1 hour 235/236 306 30 123

Friday

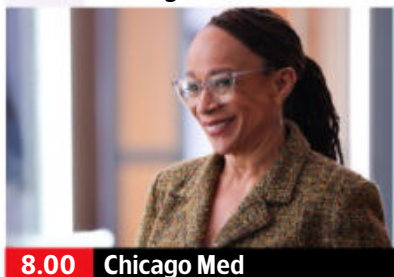
primetime

primetime

Sky Witness

107 807 110 341 356

- 6.00 AM Air Ambulance ER
- 7.00 Border Patrol
- 8.00 UK Border Force
- 9.00 999 Frontline
- 10.00 Bull 22/22. (S6)
- 11.00 Blue Bloods 4/20. (S12)
- 12.00 NOON New Amsterdam (S4)
- 1.00 PM 9-1-1 10/18. The crew are kept busy with emergencies over Christmas Eve. (S5)
- 2.00 FBI: Most Wanted 10/22. The team hunt for a man using napalm-style bombs. (S3)
- 3.00 Caught Red Handed
- 4.30 Nothing to Declare



8.00 Chicago Med

Sky Atlantic

108/109 808 342 357

- 6.00 AM The Guest Wing
- 7.55 Six Feet Under 1&2/13. (S1)
- 10.05 Billions 10&11/12. (S7)
- 12.15 PM Game of Thrones (S7)
- 1.20 The Sopranos 9&10/13. (S2)
- 3.30 Six Feet Under 3/13. Claire takes her revenge on Gabe.
- 4.30 4/13. A gang member's corpse arrives. (S1)
- 5.30 Billions 12/12. Chuck, Axe and Prince have the ultimate showdown. (S7)
- 6.35 Gomorrah 1/12. Ciro Di Marzio sets fire to the home of his boss's rival. Subtitled. (S1)



7.35 Game of Thrones

Sky Max

113/114 813 111 346 361

- 6.00 AM NCIS: Los Angeles (S13)
- 7.00 DC's Legends of Tomorrow
- 8.00 The Flash 1/20. (S8)
- 9.00 Stargate SG-1 (S2)
- 11.00 NCIS: Los Angeles (S13)
- 12.00 NOON The Flash 3/20. (S8)
- 1.00 PM MacGyver 7&8/21. (S1)
- 3.00 Hawaii Five-0 16/25. (S6)
- 4.00 S.W.A.T. 5/18. (S4)
- 5.00 DC's Legends of Tomorrow 10/17. The team try to locate the Spear of Destiny. (S2)
- 6.00 Stargate SG-1 21/22. The team travel back to 1969. (S2)



9.00 TWD: The Ones Who Live

ITV2

118 816 115 6 113

- 6.00 AM CITV
- 9.00 World's Funniest Videos
- 9.30 Totally Bonkers
- Guinness World Records
- 10.00 Love Bites
- 12.00 NOON Dress to Impress
- 1.00 PM Deal or No Deal
- 2.00 Family Fortunes
- 3.00 Veronica Mars 10/20. (S3)
- 4.00 Dawson's Creek 13/23. (S3)
- 5.00 Dress to Impress
- 6.00 Celebrity Catchphrase



8.00 Bob's Burgers

ITV3

119 117 10 115

- 6.00 AM Classic Emmerdale
- 7.00 Classic Coronation Street
- 8.05 Agatha Christie's Poirot
- 10.30 The Royal For Better, for Worse.
- 11.35 Heartbeat Double bill.
- 1.40 PM Classic Emmerdale
- 2.40 Classic Coronation Street
- 3.40 Inspector Morse Last Seen Wearing: The Oxford detective investigates the case of a schoolgirl who has been missing for months.
- 5.55 Heartbeat Bin Man: Gina is shocked to discover a severed hand in a dustbin.



8.00 Doc Martin

7 PM

- 7.00 Caught on Dashcam
- Road disasters captured on video by drivers' dashboard cameras.

8 PM

- 8.00 Chicago Med
- New episode I Think There Is Something You're Not Telling Me: 11/13. Ripley can't keep a secret. (S9)

9 PM

- 9.00 Chicago Fire
- New episode Inside Man: 11/13. Severide goes for an unexpected ride on Truck 81. (S12)

10 PM

- 10.00 Chicago PD
- New episode The Water Line: 11/13. Atwater finds himself distracted by a previous case. (S11)
- 11.00 The Equalizer 5/10. (S4)
- 12.00 M'T The Cleaning Lady (S2)
- 1.00 AM The Rookie 8/22. (S5)
- 2.00 Law & Order: Special Victims Unit 22/22. (S24)
- 3.00 Bull 2/22. (S6)
- 4.00 FBI: Most Wanted 11/22. (S3)
- 5.00 to 6.00 AM Air Ambulance ER

+1 hour 207 310

- 7.35 Game of Thrones
- Beyond the Wall: 6/7. Jon and his men go beyond the wall to capture a white walker, while Daenerys has to make a tough decision. (S7)
- 8.50 House of the Dragon The Black Queen: 10/10. While mourning a tragic loss, Rhaenyra tries desperately to hold the realm together, and Daemon prepares for war. (S1)

- 10.00 House of the Dragon: War Room
- Sue Perkins presents a look ahead to season two, joined by Al Murray and Ellie Taylor.
- 11.00 The Time Traveler's Wife 1/6. Clare Abshire encounters Henry DeTamble. (S1)
- 12.00 M'T The Time Traveler's Wife 2&3/6. Drama. (S1)
- 1.55 AM Euphoria 6/8. (S2)
- 3.05 Game of Thrones As 7.35pm. to 6.00 AM The Guest Wing
- 4.20

+1 hour 208/209

- 7.00 Stargate SG-1 Out of Mind: 22/22. O'Neill wakes from cryonic suspension to find the rest of the team died years earlier. (S2)

- 8.00 A League of Their Own: Mexican Road Trip
- Jill Scott, Jamie Redknapp, Micah Richards and Mo Gilligan explore La Paz.

- 9.00 The Walking Dead: The Ones Who Live
- New episode Bye: 3/6. Rick tries to escape. (S1)
- Entire series on Box Sets

- 10.00 Never Mind the Buzzcocks
- With Maisie Adam and Ms Banks.
- 10.45 With Shaun Ryder, Bez and Desiree Burch.
- 11.30 The Walking Dead 10/16. Rick wanders after a lost friend. (S3)
- 12.30 AM Brit Cops: Rapid Response

Documentary.

- 1.30 Road Wars Double bill.
- 3.00 Hawaii Five-0 16/25.

- McGarrett brings in a friend to defend an informer. (S6)
- 4.00 S.W.A.T. 5/18. (S4)
- 5.00 to 6.00 AM Highway Patrol

- 7.00 Deal or No Deal
- Stephen Mulhern hosts as a contestant takes on the Banker to win a potentially life-changing cash prize.

- 8.00 Bob's Burgers 13/21.
- The kids are desperate to get out of the house.
- 8.30 14/21. Bob tries to get a refund. (S5)

- 9.00 Love Island New episode
- At the end of a dramatic second week in the villa, the remaining couples try to win both love and cash.

- 10.05 The Stand Up Sketch Show
- New episode With guest Rhys James.
- 10.35 Family Guy 12/18. Meg looks after Joe. (S9)
- 11.05 Family Guy 6/18. Brian becomes a best-selling writer, and fame goes to his head. (S9)
- 11.35 American Dad! (S6)
- 12.35 AM The Sex Lives of College Girls 1&2/10. (S2)
- 1.45 Don't Hate the Playaz
- 2.30 to 3.00 AM Unwind with ITV

+1 hour 218 315 29 114

- 6.55 Heartbeat A Fresh Start:
- An infamous London gangster arrives in the village to try to rebuild his life after prison.

- 8.00 Doc Martin
- Driving Mr McLynn: 4/8. Martin accidentally inflicts a minion wound on an elderly patient. (S4)

- 9.00 Shetland 1/6. Perez and the team investigate when body parts belonging to a young man are discovered on the island,

- 10.20 Shetland 2/6.
- A horrifying discovery at the Hayes house changes the course of the investigation. (S5)

- 11.30 Lewis The Lions of Nemea:
- When a student's body is hauled from the canal with stab wounds, suspicion falls on her lover – a young astrophysics professor – and his wife.

- 1.10 AM Upstairs, Downstairs
- 2.05 to 2.30 AM Unwind with ITV

+1 hour 219 317 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

- 12.00 NOON This Is BBC Scotland
 - 6.30 PM The Seven
 - 7.30 FILM Whisky Galore!
- Comedy starring James Cosmo. Islanders try to get their hands on a shipload of whisky that washes up on shore. (2016, PG, 98min) ★★
- 9.00 The Firm 3/8. Sheku Bayoh's sister gives evidence to the public inquiry into his death.
- 10.00 Still Game 6/9. When Jack and Victor are left minding the shop, they begin to build their own fast-food empire. (S2)
- 10.30 Rebus New episode

- 5/6. In the wake of a horrific attack, John faces difficult questions from Gill Templer. (S1)
 - 11.15 PM to 12.00 M'T Confessions of a Teenage Fraudster
- Elliot becomes more paranoid than ever.

Sky Comedy

114/115 814 112 347 362

- 8.00 AM Will & Grace (S6)
- 9.00 The Conners (S4&5)
- 10.00 Sort Of 4/8. (S1)
- 10.30 Veep 7&8/10. (S4)
- 11.40 Entourage (S7)
- 12.50 PM High Maintenance
- 2.10 Veep 9&10/10. (S4)
- 3.20 Entourage (S8)
- 4.30 Sort Of 5/8. (S1)
- 5.00 Will & Grace (S6)
- 6.00 The Office (US) (S3)
- 7.00 The Conners (S5)
- 8.00 Will & Grace 3/18.

- Jack visits his grandson.
- 8.30 4/18. Karen is visited by a friend. (S10)
- 9.00 Young Rock (S1)
- 10.00 Jerrod Carmichael Reality Show

- New editions Double bill.
- 11.20 The Tonight Show Starring Jimmy Fallon

- New edition Chat show.
- 12.20 AM Ricky Velez: Here's Everything
- 1.30 Sex and the City (S5)
- 2.40 Sort Of 4/8. (S1)
- 3.10 Flatbush Misdemeanors
- 3.50 to 5.00 AM High Maintenance

Sky Arts

130/131 140 123 36 147 365

- 6.00 AM Charles Hazlewood: Beethoven & Me
- 7.00 Classic FM Rising Stars
- 8.00 The Joy of Painting
- 9.00 Tales of the Unexpected
- 10.00 Hitchcock Presents
- 11.00 Discovering
- 12.00 NOON Joy of Painting
- 1.00 PM Tales of the...
- 1.55 Mae West: Dirty Blonde
- 3.00 Camille Pissarro: The Father of Impressionism
- 4.00 Discovering
- 5.00 The Joy of Painting
- 6.00 Tales of the Unexpected
- 7.00 Hitchcock Presents
- 8.00 How the Beatles Changed the World
- 10.15 Discovering
- 11.15 Stuart Sutcliffe: The Lost Beatle
- 12.30 AM Guy Garvey: From the Vaults
- 1.30 From the Artists Den
- 2.45 Led Zeppelin: In the Light
- Documentary.
- 4.00 Cheltenham Literature Festival
- 5.00 to 6.00 AM Auction

Sky Mix

151 135 11 144

- 7.00 AM Border Security: Canada's Front Line
- 8.00 Nothing to Declare
- 9.00 Motorway Patrol
- 10.00 Highway Patrol
- 11.00 Stop, Search, Seize
- 12.00 NOON Motorway Patrol
- 1.00 PM Border Patrol
- 2.00 Border Security: Canada's Front Line
- 3.00 Nothing to Declare
- 4.00 Stargate Atlantis (S4)
- 5.00 Star Trek: Enterprise
- 6.00 Stargate Universe (S2)
- 7.00 Star Trek: Voyager (S4)
- 8.00 The Rookie Lockdown:

- 5/14. Officer Nolan is taken hostage by a man with nothing to lose. (S3)
- 9.00 Caught on Dashcam
- 10.00 Snapped True-crime.
- 11.00 Killer in My Village
- 12.00 M'T Grimm 6/22. (S5)
- 1.00 AM Caribbean Cops
- 2.00 Brit Cops UK
- 3.00 Highway Patrol
- 4.00 Motorway Patrol
- 5.00 to 6.00 AM Highway Cops

ITV Be

131/132 119 28 119

- 7.00 AM Unwind
- 7.05 Sugar Showdown
- 7.35 Real Housewives of Cheshire Reality series.
- 8.35 Masters of Flip
- 9.35 Buying and Selling
- 10.35 Real Housewives of Cheshire Reality series.
- 11.35 The Real Housewives of Atlanta Reality series.
- 12.30 PM Real Housewives of New Jersey
- 1.20 The Only Way Is Essex
- 2.15 Dinner Date
- 3.15 Million Dollar Listing: LA Property series.
- 4.10 The Real Housewives of Atlanta Reality series.
- 5.00 The Real Housewives of Salt Lake City
- 6.00 Masters of Flip
- 7.00 Million Dollar Listing: LA Property series.
- 8.00 Dinner Date
- 9.00 Botched
- 11.00 The Only Way Is Essex
- 12.00 M'T to 1.00 AM Ready to Mingle

+1 hour 319

GREAT! tv

157 170 50

- 8.00 AM Diagnosis Murder
- 10.00 Father Dowling Mysteries 22/22. (S3)
- 11.00 Castle 14&15/24. (S2)
- 1.00 PM Murder, She Wrote
- 2.00 Father Dowling Mysteries 5/8. (S1)
- 3.00 Diagnosis Murder
- 5.00 Murder, She Wrote
- 7.00 M*A*S*H (S11)
- 9.00 The Avengers The Fear Merchants: 2/24.

- The duo investigate a spate of murders. (S5)
- 10.00 Randall and Hopkirk (Deceased) It's Supposed to Be Thicker Than Water: 22/26.

- A family reunion turns into a grim affair. (S1)
- 11.00 Return of the Saint
- 12.00 M'T M*A*S*H (S11)
- 2.00 AM Randall and Hopkirk (Deceased)
- 3.00 Return of the Saint
- 4.00 Highway to Heaven
- 4.50 to 5.00 AM GREAT! Movie News Extra

+1 hour 257 62

ITV4

120 118 26 117

- 6.00 AM World of Sport
- 6.10 Minder
- 7.10 The Sweeney
- 8.10 The Return of Sherlock Holmes Murder mystery.
- 9.15 Magnum, PI
- 10.20 Kojak
- 11.25 BattleBots
- 12.25 PM The Return of Sherlock Holmes Murder mystery.
- 1.35 Magnum, PI
- 2.40 Kojak
- 3.40 Minder
- 4.50 The Sweeney



3.40 Minder

- 6.00 **LIVE Darts: World Series** Coverage of the first day of the tournament from PreZero Arena in Gilwice, featuring eight first-round matches With commentary from Dan Dawson and Mark Webster.

- 10.00 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.

- 12.00 M'T **Made in Britain** How one firm makes the wheelbarrows that helped rebuild Britain, and a visit to the family farm making jam for the Queen.
- 1.00 AM **The Sweeney**
- 1.55 **The Protectors**
- 2.25 to 3.00 AM **Unwind with ITV**

+1 hour 220 318 118

4seven

137/138 143 49 127

- 9.00 AM **Ramsay's Kitchen Nightmares USA**
- 10.00 **Car S.O.S**
- 11.00 **A Place in the Sun**
- 12.00 NOON **Sun, Sea and Selling Houses**
- 1.00 PM **Frasier** (S10)
- 2.30 **Ramsay's Kitchen Nightmares USA**
- 3.30 **Come Dine with Me**
- 6.00 **A Place in the Sun**
- 8.00 **Location, Location, Location** Property series.
- 9.00 **24 Hours in A&E** A 38-year-old is rushed in to A&E after coming off his motorbike.
- 10.00 **Football Cops** Police officer Paul searches for the person who threw a flare in the Scunthorpe stands.
- 11.05 **Celebrity Gogglebox**
- 1.10 AM **Gogglebox**
- 2.15 **The Nevermets**
- 3.20 **Secret France with Dick and Angel**
- 4.15 to 4.45 AM **Four in a Bed**

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD EE HD

Sky Sci-Fi

139/140 836 122 348 363

- 6.00 AM **Quantum Leap** (S5)
- 7.00 **The Outpost** 1/13. (S4)
- 8.00 **Teleshopping**
- 11.00 **Warehouse 13** 7/20. (S4)
- 12.00 NOON **Star Trek: Voyager**
- 1.00 PM **Star Trek: The Next Generation** 18&19/26. (S5)
- 3.00 **Warehouse 13** 7/20. (S4)
- 4.00 **Star Trek: Enterprise** (S1)
- 5.00 **Star Trek: Voyager** 12/26. The ship is involved in a battle with an alien species. (S5)
- 6.00 **Star Trek: The Next Generation** 18/26. The crew get stuck in a time warp. (S5)



9.00 Britannia

- 7.00 **Star Trek: The Next Generation** *The First Duty*: 19/26. Wesley gets involved in a desperate cover-up. (S5)

- 8.00 **Atlantis** *A Fate Worse Than Death*: 7/13. Pasiphae resolves to prevent Jason and Ariadne's wedding. (S2)

- 9.00 **Britannia** 7/9. Cait and her father seek shelter in the ruins of their old home, where she gets an unexpected visitor.

- 10.00 **Britannia** 8/9. Aulus recruits bounty hunters from overseas to track down Cait. (S1)

- 11.00 **Wynonna Earp** 8/13. (S1)
- 12.00 M'T **Reginald the Vampire** 1/10. Vampire comedy starring Jacob Batalon.
- 1.00 AM 2/10. Reginald's first feed doesn't go well. (S1)
- 2.00 **The Outpost** 13/13. (S3)
- 3.00 **Atlantis** 7/13. (S2)
- 4.00 to 6.00 AM **Star Trek: The Next Generation**

+1 hr 241/269 320/362 130

Alibi

109/110 809 114 343 358

- 7.10 AM **Murdoch Mysteries** (S4)
- 9.00 **The Coroner** 8/10. (S1)
- 10.00 **Elementary** 6/24. (S2)
- 11.00 **Shakespeare & Hathaway: Private Investigators** (S3)
- 12.00 NOON **Father Brown**
- 1.00 PM **Death in Paradise** (S3)
- 2.00 **Murdoch Mysteries** (S4)
- 4.00 **Elementary** 6/24. (S2)
- 5.00 **Father Brown**
- 6.00 **Shakespeare & Hathaway: Private Investigators** 3/10. The duo aid some allotment holders who are being threatened with eviction. (S3)



9.00 Death in Paradise

- 7.00 **Elementary** *No Lack of Void*: 20/24. Holmes attempts to track down a killer who could launch a bioterrorist attack. (S2)

- 8.00 **Death in Paradise** *Ye of Little Faith*: 4/8. A flight attendant is poisoned at a hotel during her crew's overnight stay. (S3)

- 9.00 **Death in Paradise** *Wish You Weren't Here*: 3/8. A TV presenter's body washes up on the shore after a moonlit swim. (S8)

- 10.00 **Death in Paradise** *Political Suicide*: 5/8. Humphrey investigates the shooting of a politician, initially thought to be suicide. (S3)

- 11.20 **Elementary** As 7.00pm.
- 12.15 AM **Why Women Kill** 10/10. Alma concocts a desperate, dramatic scheme to protect her newly glamorous life. (S2)
- 1.20 **Unforgettable** 2/13. (S4)
- 2.20 to 4.00 AM **Murdoch Mysteries**

+1 hour 209/210 314

GOLD

110/111 810 124 344 359

- 7.10 AM **Highlights**
- 9.20 **My Hero**
- 10.00 **Are You Being Served?**
- 10.40 **Still Open All Hours**
- 11.20 **Last of the Summer Wine**
- 12.40 PM **The Green Green Grass**
- 1.20 **My Hero**
- 2.00 **Still Open All Hours**
- 2.40 **Dad's Army**
- 3.20 **Are You Being Served?**
- 4.00 **Last of the Summer Wine**
- 5.20 **Still Open All Hours**
- 6.00 **The Green Green Grass**
- 6.40 **Dad's Army**



8.40 The Thin Blue Line

- 7.20 **Dad's Army** The wardens have to share the church hall with the Home Guard after their HQ is bombed.

- 8.00 **Only Fools and Horses** Del persuades Denzil to lend him his redundancy money.

- 8.40 **The Thin Blue Line** An asylum-seeker arrives in Gasforth.

- 9.20 **Victoria Wood as Seen on TV** Charlie Coleridge plans to leave the world.

- 10.00 **The Royle Family** Dave shows everyone a trick involving his middle finger.

- 10.40 **Mrs Brown's Boys** Agnes tries to help Dermot.

- 11.20 **Mrs Brown's Boys** Agnes worries her family are secretive.
- 12.00 M'T **Only Fools and Horses**
- 12.40 AM **The Thin Blue Line**
- 1.20 **Victoria Wood as Seen on TV**
- 2.00 **The Royle Family**
- 2.30 to 4.00 AM **The Thin Blue Line**

+1 hour 210/211 324

Dave

111/112 811 127 19 157

- 7.20 AM **Cop Car Workshop**
- 8.05 **The Force: Behind the Line**
- 8.40 **Top Gear** Triple bill.
- 12.00 NOON **Storage Hunters UK**
- 2.00 PM **Extreme Fishing with Robson Green**
- 3.00 **Top Gear** Double bill.
- 5.00 **Hairy Bikers' Best of British** Si King and Dave Myers explore comfort food, such as chicken noodle soup.
- 6.00 **Rick Stein's Secret France** The chef heads through France's eastern border regions of Alsace and Jura.



7.40 House of Games

- 7.00 **Would I Lie to You?** Featuring guests Jo Brand, Roisin Conaty, Paul Foot and Ray Mears.

- 7.40 **Richard Osman's House of Games** With Roger Black and Tiff Stevenson.
- 8.20 **With Rory Bremner**, James Cracknell, Maisie Adam and Michelle Gayle.

- 9.00 **QI XL** Stephen Fry welcomes Ross Noble, Jack Dee, Phill Jupitus and regular panellist Alan Davies to the quiz show.

- 10.00 **Have I Got 2021 News for You** A look back at the big news of 2021, with captains Paul Merton and Ian Hislop, and guests.

- 11.00 **Taskmaster** Paul Sinha squats in a telephone box.
- 12.00 M'T **Mock the Week**
- 12.40 AM **Would I Lie to You?**
- 1.20 **Alan Davies: As Yet Untitled**
- 2.30 **Dave Gorman: Modern Life Is Goodish**
- 3.20 to 4.00 AM **Room 101**

+1 hour 211/212 327 57

Really

142 128 17 160

- 6.00 AM **Fantasy Homes in the City** From Paris.
 7.00 **Teleshopping**
 8.00 **Salvage Hunters**
 10.00 **The Yorkshire Auction House**
 11.00 **Antiques Road Trip**
 12.00 NOON **Money for Nothing** Double bill.
 2.00 PM **The Repair Shop**
 3.00 **Antiques Road Trip**
 5.00 **The Yorkshire Auction House**
 7.00 **Antiques Road Trip**
 9.00 **Help! My House is Haunted** **New edition**
 10.00 **Ghost Adventures** **New edition** An entity in a historic LA hospital.
 11.00 **Help! My House is Haunted** A hotel with terrifying reports.
 12.00 M'T **Unexplained: Caught on Camera**
 1.00 AM **Paranormal: Caught on Camera**
 2.00 **Teleshopping**
 4.00 to 6.00 AM **Animal Cops** San Francisco

Challenge

145 139 48 146

- 7.00 AM **The Chase** Triple bill.
 10.00 **Through the Keyhole**
 11.00 **Pointless Celebrities**
 12.00 NOON **Cash Trapped**
 1.00 PM **Tenable** Quiz show.
 2.00 **Classic Who Wants to Be a Millionaire?** Quiz.
 3.00 **Catchphrase** Quiz.
 4.00 **Through the Keyhole**
 5.00 **Bullseye** Four editions.
 7.00 **Cash Trapped** hosted by Bradley Walsh.
 8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
 10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
 11.00 **Bullseye** Double bill of the darts-based quiz.
 12.00 M'T **Through the Keyhole** Double bill of the panel show.
 1.00 AM **Cash Trapped**
 2.00 **The Chase** Double bill.
 4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
 5.00 to 6.00 AM **Bullseye**

GREAT! action

323 426 42

- 8.00 AM **Wild West Chronicles** Double bill.
 9.00 **FILM The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
 10.55 **Operation Barbarossa**
 12.00 NOON **FILM McIntock!** Western. (1963, U) ★★
 2.40 PM **FILM Lone Rider** Western. (2008, PG) ★★
 4.30 **Wild West Chronicles**
 5.00 **FILM Bomb at 10:10** Drama. (1967, PG) ★★
 6.50 **The Blitz on Hamburg**
 8.05 **FILM Disaster Zone: Volcano in New York** Sci-fi disaster movie. (2006, 12, 90min) ★★
 10.00 **FILM Kiss of the Dragon** Action thriller. (2001, 18, 98min) ★★
 12.00 M'T **FILM Kickboxer: Vengeance** Thriller. (2016, 15, 90min) ★★
 1.55 AM **FILM Evasive Action** Thriller. (1998, 15) ★★
 3.50 to 5.00 AM **War Machines**

+1 hour 324

GREAT! movies

321 425 34

- 9.00 AM **FILM House of Deadly Secrets** Thriller. (2018, 12, 91min) ★★
 11.00 **FILM My Mother's Stalker** (2018, 12) ★
 1.00 PM **FILM A Bride's Nightmare** Thriller. (2020, PG, 85min) ★★
 2.55 **FILM Bad Stepmother** Drama. (2018, 12) ★★
 5.00 **FILM My Stepfather's Secret** Thriller. (2019, 12, 84min) ★★
 6.45 **FILM Guess Who's Coming to Dinner** Comedy drama. (1967, PG, 112min) ★★
 9.00 **FILM 16 Blocks** Action thriller. (2006, 12, 102min) ★★
 11.10 **FILM First Kill** Thriller. (2017, 15, 97min) ★★
 1.25 AM **FILM A Bronx Tale** Crime drama. (1993, 18, 121min) ★★
 4.00 to 6.00 AM **FILM Hidden in Plain Sight** Thriller. (2019, 12) ★

+1 hour 322

GREAT! romance

319 424 52

- 8.00 AM **FILM The Secret Ingredient** Comedy. (2020, PG, 83min) ★★
 10.00 **FILM The Wedding Fix** Drama. (2022, PG) ★★
 12.00 NOON **FILM A Brush with Love** Drama. (2019, PG, 84min) ★★
 2.00 PM **FILM A Christmas Recipe for Romance** Drama. (2019, U) ★★
 4.00 **FILM A Taste of Christmas** Drama. (2017, PG, 90min) ★★
 6.00 **FILM A Christmas to Savour** Festive drama. (2021, U, 85min) ★★
 8.00 **FILM Christmas Cookies** Festive drama. (2016, PG, 84min) ★★
 9.50 **FILM Hint of Love** Comedy. (2020, PG) ★★
 12.00 M'T **Highway to Heaven**
 1.10 AM **FILM Pumpkin Pie Wars** Romantic comedy. (2016, PG, 79min) ★★
 3.00 to 5.00 AM **FILM I Do, I Do, I Do** (2015, PG) ★★

+1 hour 320 63

GREAT! real

189 61

- 9.00 AM **Emergency Rescue: Air, Land & Sea**
 11.00 **Police Ten 7**
 2.00 PM **Emergency Rescue: Air, Land & Sea**
 3.00 **Island Medics**
 4.00 **Inside Paddington Station** Documentary.
 5.00 **Island Medics**
 7.00 **The People's Vet** A German Shepherd with a life-threatening illness has surgery.
 8.00 A puppy is tested to determine if it has a rare liver condition.
 9.00 Emotions run high as vet Beth battles to save Tilly the pug's eye.
 10.00 A Yorkshire terrier has a life-changing hip operation.
 11.00 **Police Ten 7**
 1.00 AM **Cops Uncut**
 2.00 **Coast Guard Alaska**
 3.00 **Coast Guard Pacific Northwest**
 4.00 to 6.00 AM **Police Ten 7**

+1 hour 289

DMAX

159 169 39 150

- 6.00 AM **Alaska: Last Frontier** Documentary.
 7.00 **Building Off the Grid**
 8.00 **Aussie Gold Hunters**
 9.00 **Deadliest Catch**
 11.00 **Building Off the Grid**
 12.00 NOON **Alaska: Homestead Rescue**
 1.00 PM **Outback Opal Hunters** Documentary.
 2.00 **Gold Divers**
 4.00 **Fifth Gear Recharged**
 5.00 **Kindig Customs**
 6.00 **Deadliest Catch**
 7.00 **Alaska: Last Frontier**
 8.00 **Outback Opal Hunters**
 9.00 **Kindig Customs**
 10.00 **Extreme Car Hoarders** The duo encounter a rare 1958 Chrysler 300D.
 11.00 **Aussie Gold Hunters**
 12.00 M'T **Naked and Afraid**
 1.00 AM **Yukon Men**
 2.00 **Teleshopping**
 4.00 **Building Alaska**
 5.00 to 6.00 AM **Maine Cabin Masters**

+1 hour 259 369 151

Food Network

140/141 190 43 148

- 6.00 AM **Southern Kitchen**
 7.00 **The Pioneer Woman**
 8.00 **Meat-Free Meals**
 9.00 **Yorkshire's Finest**
 10.00 **River Cottage Every Day**
 11.00 **Caribbean Kitchen**
 12.00 NOON **Great British...**
 2.00 PM **Yorkshire's Finest**
 3.00 **The Hairy Bikers' Food Tour of Britain**
 4.00 **The Pioneer Woman**
 5.00 **Girl Meets Farm**
 6.00 **Yorkshire's Finest**
 7.00 **Great British Bake Off**
 8.00 **The Hairy Bikers' Food Tour of Britain**
 9.00 **Ottolenghi's Mediterranean Island Feast** From Corsica.
 10.00 **Caribbean Kitchen**
 11.00 **BBQ USA** **New edition**
 12.00 M'T **Guy's Grocery Games** Food challenge.
 1.00 AM **Restaurant: Impossible** From Idaho.
 2.00 to 3.00 AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 149

Legend

148 149 41 137

- 8.00 AM **Walker, Texas Ranger** 26/26. (S3)
 9.00 **Airwolf** 14/22. (S2)
 10.00 **Mission: Impossible**
 11.00 **FILM True Grit: A Further Adventure** Western. (1978, PG) ★★
 12.50 PM **FILM Reap the Wild Wind** Drama. (1942, PG, 124min) ★★
 3.15 **FILM Apocalypse Pompeii** (2014, 15) ★
 5.00 **Star Trek** 7/30. (S1)
 6.00 **Mission: Impossible**
 7.00 **Airwolf** 15/22. (S2)
 8.00 **Walker, Texas Ranger**
 9.00 **FILM Maximum Conviction** Thriller. (2012, 15, 93min) ★★
 11.00 **FILM Sword of Vengeance** Adventure. (2014, 15, 83min) ★★
 12.45 AM **FILM Countess Dracula** Hammer horror. (1970, 18, 94min) ★★
 2.35 to 4.20 AM **FILM Jesse James Meets Frankenstein's Daughter** Horror. (1966, 15) ★

Legend Xtra

317 171 69 138

- 6.00 AM **FILM Icetastrophe** As shown at 5.00pm.
 8.00 **FILM Arctic Apocalypse** Action disaster movie. (2019, PG, 90min) ★
 10.00 **Farscape** 21/22. (S2)
 11.00 **FILM George and the Dragon** Adventure. (2004, PG) ★★
 1.00 PM **FILM Coward of the County** Drama. (1981, PG, 104min) ★★
 3.00 **Farscape** 21/22. (S2)
 4.00 **Six Million Dollar Man**
 5.00 **FILM Icetastrophe** Sci-fi disaster movie. (2014, PG, 86min) ★★
 7.00 **Farscape** 22/22. (S2)
 8.00 **Six Million Dollar Man**
 9.00 **FILM Lonesome Dove** Church Western starring Tom Berenger. (2014, 15, 89min) ★★
 10.50 **FILM St. Agatha** Horror. (2018, 15, 103min) ★★
 1.00 to 3.00 AM **FILM Lonesome Dove** Church

+1 hour 318 371 139

Blaze

164 174 64 162

- 6.00 AM **Dickinson's Real...**
 6.40 **Pawn Stars**
 7.30 **Auction Hunters**
 7.55 **Storage Wars Canada**
 8.55 **Hardcore Pawn**
 10.15 **UFO Conspiracies**
 11.10 **Curse of Skinwalker Ranch** Documentary.
 12.10 PM **Curse of Oak Island**
 1.05 **The UnXplained**
 2.05 **Pawn Stars**
 3.05 **Hardcore Pawn**
 4.00 **Ancient Aliens**
 6.00 **UFO Conspiracies**
 7.00 **Wicked Tuna**
 8.00 **Dickinson's Real Deal**
 9.00 **Britain's Historic Towns**
 10.00 **Secrets of Great British Castles**
 11.00 **Cursed Treasures**
 12.00 M'T **The Search for the Tesla Files** Documentary.
 1.00 AM **The UnXplained**
 2.00 **Wicked Tuna**
 3.00 **Hardcore Pawn**
 3.25 **UFO Conspiracies**
 4.10 to 6.00 AM **Ancient Aliens**

5SELECT

153 138 46 133

- 9.00 AM **The Yorkshire Vet**
 1.00 PM **Bargain-Loving Brits in the Sun**
 3.00 **Murder, She Wrote**
 4.00 **Columbo**
 6.00 **Paul Martin's Antiques Showdown** **New editions** A pair of slate mantel clocks are considered.
 7.00 An episcopope with musical-themed slides is up for grabs.
 8.00 **The Nile with Bettany Hughes** The historian visits burial site the Valley of the Kings.
 10.00 **Draining the Bermuda Triangle** Documentary investigating the 450,000 square mile area of ocean.
 11.00 **The Kennedy Killing: The CIA Conspiracy** Examining the death of Robert Kennedy.
 12.00 M'T **Forged in Fire**
 3.30 to 4.00 AM **The Yorkshire Vet**

HGTV

158 191 44 166

- 7.00 AM **The Restoration Man**
 8.00 **Love Your Garden**
 9.00 **A Place in the Sun**
 10.00 **Escape to the Country**
 11.00 **A Place in the Sun**
 12.00 NOON **My Lottery Dream Home**
 1.00 PM **Bargain Mansions**
 2.00 **Flip or Flop** Double bill.
 3.00 **Good Bones**
 4.00 **Escape to the Country**
 5.00 **Love Your Garden**
 6.00 **A Place in the Sun**
 7.00 **Money for Nothing** Items include a small melamine dining table.
 8.00 **Escape to the Country** A family look for a home in the Dorset countryside.
 9.00 **My Lottery Dream Home** Four editions.
 11.00 **Home Town**
 12.00 M'T **A Place in the Sun**
 1.00 AM **The Restoration Man**
 2.00 **Flip or Flop** Double bill.
 3.00 to 4.00 AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 828 165

- 7.00 AM **My Lottery Dream Home** Double bill.
 8.00 **Flip or Flop**
 9.00 **Say Yes to the Dress: UK** Reality series.
 10.00 **Dr Pimple Popper**
 11.00 **I Am Jazz**
 12.00 NOON **Unexpected: Teenage & Pregnant**
 1.00 PM **Sister Wives**
 3.00 **7 Little Johnstons**
 4.00 **Little People, Big World**
 5.00 **I Am Jazz**
 6.00 **Nate & Jeremiah** by Design Double bill.
 8.00 **Barbie Dreamhouse Challenge** DIY series.
 9.00 **Selling the Hamptons**
 10.00 **Dr Pimple Popper**
 11.00 **Sex Sent Me to the ER**
 12.00 M'T **Body Bizarre**
 1.00 AM **Strange Love**
 2.00 **Dr Pimple Popper**
 3.00 **Sex Sent Me to the ER**
 4.00 **Barbie Dreamhouse...**
 5.00 to 6.00 AM **My Lottery Dream Home**

+1 hour 233/234 365

Comedy Central

112/113 812 132 345 360

- 8.00 AM **Most Ridiculous**
 9.00 **Takeshi's Castle**
 10.00 **Impractical Jokers: Inside Jokes**
 11.00 **Home Improvement**
 12.00 NOON **Last Man Standing** (S1 & 2)
 1.00 PM **Digman!** (S1)
 1.30 **Friends** (S9 & 10)
 8.20 **Friends** 12/18. Phoebe and Mike's wedding day arrives. (S10)
 9.00 **Jon Richardson: Old Man - Live** Stand-up.
 10.00 **Kevin Bridges Live in Glasgow** Stand-up.
 11.05 **Jason Manford Live**
 12.45 AM **AM The Ricky Gervais Show** Double bill.
 1.45 **South Park** 1/14. (S15)
 2.15 **Ugly Americans** (S1)
 3.10 **Beavis and Butt-Head**
 3.25 **Important Things with Demetri Martin**
 3.45 **The Daily Show** **New edition** Talk show.
 4.10 to 5.00 AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 154

- 6.00 AM **Impractical Jokers**
 7.00 **Teleshopping**
 9.00 **Becker** 15-18/24. (S3)
 11.00 **Friends** 4-7/25. (S3)
 1.00 PM **Ridiculousness**
 2.00 **Criminally Funny**
 3.30 **Impractical Jokers**
 4.00 **Daria** 3&4/13. (S1)
 5.00 **Becker** 17&18/24. (S3)
 6.00 **Home Improvement**
 7.00 **Last Man Standing**
 9.00 **Michael McIntyre's Big Show** Variety show.
 10.00 **Friends** 9-12/24. (S9)
 12.00 M'T **Out of Order**
 1.00 AM **Chris Ramsey Live: All Grown Up**
 2.00 **David Baddiel: Too Much Information**
 3.00 **The Alternative Comedy Experience**
 3.25 **Luisa Omelian: Comedy Central Live**
 3.45 **Channel Hopping with Jon Richardson**
 4.30 **The Ren & Stimpy Show**
 5.15 to 6.00 AM **Michael McIntyre's Big Show**

★★★★★ Excellent ★★★★★ Very Good ★★★★★ Good ★★★★★ Average ★ Poor

Discovery

125/126 823 177 320 325

- 6.00 AM How It's Made
7.00 Deadliest Catch
8.00 Building Off the Grid
9.00 Combat Dealers
10.00 Demolition Down Under
11.00 Wheeler Dealers
1.00 PM Barnwood Builders
3.00 Gold Rush Documentary.
4.00 Alaska: Homestead Rescue A Californian family's homestead in Texas requires a total makeover by the Raney's.
6.00 Demolition Down Under The team remove some 100-year-old hardwood beams.



9.00 Moonshiners

- 7.00 Bitchin' Rides With the Camaro's design firmed up, the build continues, but soon hits a roadblock.

- 8.00 Gold Rush: Parker's Trail Parker travels the gold-filled Madeira River into the wilderness to hunt for a fleet of dredges.

- 9.00 Moonshiners **New edition** Tickle and Carol open their new restaurant while dealing with conflicting priorities.

- 10.00 Blowing Up History **New edition** Experts gain access to investigate the lost tombs and forgotten rituals of ancient Egypt.

- 11.00 Outback Truckers John and Justin share their last drive.

- 12.00 M'T Gold Divers Part two of two. The Kellys risk ending the season with no gold.

- 1.00 AM Moonshiners As 9.00pm.

- 2.00 Blowing Up History

- 3.00 Gold Rush: Parker's Trail

- 4.00 to 5.00 AM Moonshiners

+1 hour 225/226 377

Animal Planet

162/178 178

- 8.00 AM Tanked
9.00 Pit Bulls & Parolees
10.00 My Cat from Hell
11.00 Animal Cops Philadelphia
12.00 NOON Tanked
1.00 PM Pit Bulls & Parolees
2.00 The Zoo Double bill.
4.00 My Cat from Hell A father and son who have been taking care of a feral cat colony.
5.00 Animal Cops Philadelphia A cat shelter is closed down.
6.00 Tanked Wayde and Brett design a tank for the San Jose Sharks hockey team.



8.00 Legends of the Wild

- 7.00 Pit Bulls & Parolees The team begin Operation Rhino, hoping to place a long-term shelter resident in a fantastic home.

- 8.00 Legends of the Wild Damian Duffy and Matt Hoffman investigate kangaroos being mauled in Victoria, Australia.

- 9.00 Legends of the Wild Damian Duffy and Matt Hoffman investigate a creature mutilating livestock in Ecuador.

- 10.00 Edge of Alaska The hidden city inside the mountain is within reach, but exploration means convincing locals for help.

- 11.00 Meet the Orangutans A new arrival's bullying pushes limits.
11.30 The primates learn how to find food for themselves.

- 12.00 M'T Meet the Penguins

- 1.00 AM Alaska Monsters

- 2.00 My Cat from Hell

- 3.00 Animal Cops Philadelphia

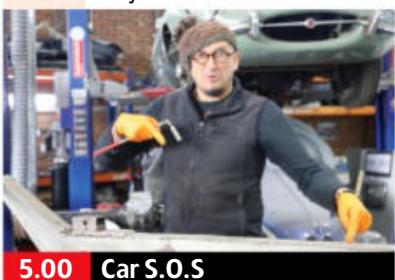
- 4.00 to 5.00 AM Tanked

+1 hour 262/278 378

Nat Geographic

129/130 825 183

- 8.00 AM Food Factory
9.00 Air Crash Investigation
10.00 World War II: Secrets from Above Documentary.
11.00 Europe from Above
12.00 NOON Car S.O.S
1.00 PM To Catch a Smuggler
2.00 Air Crash Investigation
3.00 Nazi Megastructures
4.00 Drain the Oceans
5.00 Car S.O.S The duo restore a Renault 5 GT Turbo.
6.00 Erased: WWII Heroes of Colour A look back at the story of the Black Panthers.



5.00 Car S.O.S

- 7.00 Air Crash Investigation An investigation into an Amazon cargo plane which nosedived into a swamp outside Houston.

- 8.00 Apocalypse: The Rise of Hitler Part one of two. Charting the dictator's rise to power from his beginnings to demise.

- 9.00 Apocalypse: The Rise of Hitler Part two of two. Exploring Hitler's rise to the position of chancellor in 1933.

- 10.00 Churchill's German Army Documentary examining the Germans who fought for the Allies during World War Two.

- 11.00 Air Crash Investigation

- 12.00 M'T To Catch a Smuggler

- 1.00 AM Drain the Oceans: Deep Dive Documentary.

- 2.00 Abandoned An old church.

- 2.30 Food Factory Double bill.

- 3.20 Lords of War

- 4.10 to 5.00 AM Exotic

- Animal ER: Double Dose

+1 hour 229/230 383

Sky History

123/124 821 131 353 368

- 6.00 AM American Pickers
7.00 Pawn Stars Double bill.
9.00 Swamp People
10.00 Swamp People: Serpent Invasion Double bill.
12.00 NOON The UnXplained with William Shatner
1.00 PM Pawn Stars
2.00 Auction Hunters
3.00 Shipwrecks: When History Resurfaces Double bill.
5.00 Pawn Stars Chum gets his hands on a one-of-a-kind chair with a strange feature.
6.00 American Pickers



8.00 Auction Kings

- 7.00 Forged in Fire A smith looks to retain his title in a battle, and the winner advances to a contest against a new challenger.

- 8.00 Auction Kings Items include a Wild-West-themed motorbike.
8.30 Items include a Civil War document.

- 9.00 Storage Wars Brandi and Jarrod find themselves at the same auction.
9.30 Rene manages to sniff out a great locker.

- 10.00 Kings of Pain Rob and Adam test the pain dished out by a trio of unlikely creatures commonly kept in home aquariums.

- 11.00 Evil Encounters Stories of encounters with paranormal entities, as told by the people who witnessed the events.

- 12.00 M'T Pawn Stars Double bill.

- 2.00 AM Cursed Histories

- 3.00 Auction Kings

- 4.00 Forged in Fire As 7.00pm.

- 5.00 to 6.00 AM Auction Hunters

+1 hour 223/224 331

Yesterday

155 846 129 27 159

- 6.10 AM Hornby: A Model World
8.00 Abandoned Engineering
10.00 The World at War
11.00 World War Weird
12.00 NOON Great British Railway Journeys Double bill.
1.00 PM Antiques Roadshow
2.00 Bangers & Cash
4.00 The World at War
5.00 World War Weird How fleas were used to infect a city with the bubonic plague.
6.00 Antiques Roadshow Fiona Bruce presents the show from Helmingham Hall in Suffolk.



LAST ONE

7.00 Canal Boat Diaries

- 7.00 Canal Boat Diaries **Series finale** During an extreme cold snap, Robbie gets iced in on the Grand Union Canal.

- 8.00 Hornby: A Model World Paramjit in the Airfix team works on a Buccaneer fighter jet in 1:48 scale.

- 9.00 Hornby: A Model World The Hornby team try to replicate the legendary 9F steam locomotive, using new design technology.

- 10.00 Bangers & Cash Dave is on his way to Grimsby to pick up an iconic 80s fast Ford, the Mk1 Fiesta XR2.

- 11.00 Abandoned Engineering Exploring Yongma Land – a South Korean dreamland given a second life from the most unlikely of places.

- 12.00 M'T Great British Railway Journeys Double bill.

- 1.00 AM Abandoned Engineering

- 2.00 to 3.00 AM Scouting for Toys

+1 hour 255 329 74

Quest

144 834 137 12 172 167

- 6.00 AM How Do They Do It?
6.30 Shed and Buried
7.00 The Repair Shop
8.00 American Pickers
10.00 Chasing Classic Cars
11.00 Massive Engineering Mistakes Documentary.
12.00 NOON How Do They Do It? Double bill.
2.00 PM Salvage Hunters
3.00 Shed and Buried
4.00 Find It, Fix It, Flog It
5.00 Salvage Hunters: The Restorers
6.00 Wheeler Dealers
7.00 Aussie Gold Hunters
8.00 Salvage Hunters
9.00 Saving Lives at Sea
10.00 Cornwall Air 999
11.00 How Do They Do It?
12.00 M'T Wheeler Dealers
1.00 AM Engine Addict with Jimmy de Ville
2.00 Chasing Classic Cars
3.00 Overhaulin'
4.00 to 5.00 AM How It's Made

+1 hr 244 337 70 168

Quest Red

149 168 40 169

- 6.00 AM Say Yes to the Dress: UK Double bill.
7.00 Say Yes to the Dress
8.00 Say Yes to the Dress: Atlanta Reality series.
9.00 Say Yes to the Dress
11.00 Disappeared
12.00 NOON Forensic Detectives True-crime.
1.00 PM FBI Files
2.00 American Monster
4.00 Murder on CCTV
5.00 Evil Lives Here
6.00 The Murder Tapes
7.00 A Killer's Mistake
8.00 Murder on CCTV
10.00 **NEW SERIES** People Magazine Investigates: Surviving Rodney Alcala.
11.00 Mean Girl Murders **New edition** The case of Shanda Sharer.
12.00 M'T Forbidden: Dying for Love
1.00 AM Betrayed
2.00 Murder Comes to Town
3.00 to 4.00 AM FBI Files

+1 hour 249 170

True Crime

146 148 67 135

- 9.00 AM Judge Judy
1.00 PM Judge Judy
7.00 Ron Iddles: The Good Cop The brutal murder of 16-year-old Michelle Buckingham.
8.00 See No Evil The murder of Ina Clare Richardson, who was found dead in a park in Washington.
9.00 Handsome Devils Teenager Rod Ferrell forms a vampire cult and leads his followers on a bloodthirsty ride.
10.00 Cold Justice Looking into the brutal murder of mother Eloise Payne.
11.00 Shocking Crimes: Murder Book
12.00 M'T Murder in Paradise
1.00 AM Handsome Devils
2.00 Cold Justice
3.00 Facing Evil
4.00 Ron Iddles: The Good Cop As 7.00pm.
4.50 to 6.00 AM Judge Judy

+1 hour 246 348 136

True Crime Xtra

147 172 68 134

- 9.00 AM Crimes That Shook Australia Double bill.
11.00 Medical Detectives
1.00 PM Medical Detectives
2.00 Crimes That Shook Australia Double bill.
4.00 Medical Detectives A woman's apparent accidental death begins to look suspicious.
4.30 Investigating a murder staged to look like an accident.
5.00 Investigating the death of a little girl.
5.30 Police search for a missing boy, finding his backpack before his body.
6.00 A policeman is shot, and his fellow officers are determined to solve the crime.
6.30 A murder staged as a car accident.
7.00 Judge Judy Real-life small-claims cases.
12.05 AM Judge Judy
4.45 to 6.00 AM Medical Detectives

Sky Crime

122/123 820 121 349 364

- 6.00 AM Highway Patrol
7.00 Border Security USA
8.00 Brit Cops UK
9.00 Highway Cops
10.00 Caught on Dashcam
11.00 Catching the Killer
12.00 NOON Murders That Shocked the Nation
1.00 PM How I Caught the Killer Garry Malone.
2.00 Killer in My Village
3.00 Most Evil Killers
5.00 Killer in My Village
6.00 Catching the Killer
7.00 World's Most Evil Killers
8.00 Britain's Most Evil Killers
9.00 Dahmer on Dahmer: A Serial Killer Speaks
11.00 World's Most Evil Killers
12.00 M'T Murder Next Door
1.00 AM An Unexpected Killer True-crime series.
2.00 Killer Siblings
3.00 Britain's Most Evil Killers
4.00 Road Wars
5.00 to 6.00 AM Motorway Patrol

+1 hour 222/223 321

PBS America

174 187 84 155

- 8.25 AM Israel: A Twice Promised Land
9.35 Ku Klux Klan: An American Story
10.45 The War As 8.35pm.
11.50 Inside High Noon
1.00 PM Beautiful Serengeti
1.30 Israel: A Twice Promised Land
2.40 Ku Klux Klan: An American Story
3.55 The War As 8.35pm.
5.00 Inside High Noon
6.15 Israel: A Twice Promised Land
7.25 Ku Klux Klan: An American Story How the Ku Klux Klan still impacts today's society.
8.35 The War How US Marines took the Pacific atoll of Tarawa in 1943.
9.45 Inside High Noon The story of the production of the 1952 landmark film High Noon.
10.55 Mafia's Greatest Hits
12.00 M'T Beautiful Serengeti
12.30 to 2.00 AM The War

Sky Documentaries

121/122 819 188 352 367

- 6.00 AM **The Good Fight Club**
 7.00 **Discovering: Daniel Day-Lewis**
 8.00 **The Directors** George Stevens.
 9.00 **The Eighties** TV evolution.
 10.00 **The Two Escobars**
 12.00 NOON **Terry Venables: A Man Can Dream**
 2.00 PM **FILM Gascoigne** The life and career of Paul Gascoigne. (2015, 15, 90min) ★★★
 3.45 **My Icon: Thierry Henry**
 4.00 **The Directors** George Stevens.
 5.00 **Discovering: Daniel Day-Lewis**
 6.00 **The Eighties** TV evolution.
 7.00 **I Am Johnny Cash** The career of the country singer-songwriter.
 8.45 **My Icon: Ebony Rainford-Brent**
 9.00 **FILM Bowling for Columbine** Satirist Michael Moore's offbeat documentary exploring America's fascination with guns. (2002, 15, 114min) ★★★★
 11.15 **An American Bombing: The Road to April 19th**
 1.15 AM **Brillo Box** (3¢ off)
 2.00 **Stax: Soulsville USA**
 3.10 **The Apollo**
 5.00 to 6.00 AM **Discovering: Daniel Day-Lewis**

Crime+Investigation

156 837 133

- 6.00 AM **On the Case**
 7.00 **Homicide Hunter**
 9.00 **Robbie Coltrane's Critical Evidence**
 10.00 **Imperfect Murder**
 11.00 **I Met My Murderer Online**
 11.30 **Motive to Murder**
 12.00 NOON **Real Murders of Atlanta**
 1.00 PM **Mastermind of Murder**
 2.00 **Accident, Suicide or Murder?**
 3.00 **Robbie Coltrane's Critical Evidence**
 4.00 **Nightmare in Suburbia**
 5.00 **Interrogation Raw**
 6.00 **The First 48**
 8.00 **Imperfect Murder** **New edition**
 9.00 **Court Cam** **New edition**
 9.30 **Interrogation Cam** **New edition**
 10.00 **I Survived a Serial Killer**
 11.00 **Homicide Hunter**
 12.00 M'T **Britain's Darkest Taboos**
 1.00 AM **Court Cam**
 1.30 **Interrogation Cam**
 2.00 **Nightmare in Suburbia**
 3.00 **Accident, Suicide or Murder?**
 4.00 **The Real Murders of Atlanta**
 5.00 to 6.00 AM **Imperfect Murder**

+1 hour 256 333

Eden

166 176

- 9.00 AM **Chris Tarrant: Extreme Railways** Chris travels through Morocco and the Sahara to Timbuktu in Mali.
 10.00 **Abandoned Engineering**
 7.00 PM **Abandoned Engineering** Exploring ship graveyards, including Scapa Flow in Orkney, where German warships were scuttled after World War One.
 8.00 The story of how Europe's most advanced power station became a film set.
 9.00 Exploring the stories behind closed roads.
 10.00 Ruined engineering projects that have been put to alternative use.
 11.00 **Chris Tarrant: Extreme Railways** The presenter explores five countries that were part of Yugoslavia.
 12.00 M'T **Anthony Bourdain: Parts Unknown** Anthony visits Tokyo.
 1.00 AM **Abandoned Engineering**
 5.25 to 6.00 AM **David Attenborough's Natural Curiosities**

+1 hour 266 376

Sky Nature

124/125 822 189 354 369

- 6.00 AM **Kingdom of the Tide**
 7.00 **Monkey Life** Double bill.
 8.00 **Hope for Wildlife**
 9.00 **Wild Castles** Neuschwanstein.
 10.00 **Carpathian Predators**
 11.00 **Into the Wild: India**
 12.00 NOON **Secrets of the Enchanted Forests**
 1.00 PM **Monkey Life** Double bill.
 2.00 **Hope for Wildlife**
 3.00 **Wild Castles** Neuschwanstein.
 4.00 **Carpathian Predators**
 5.00 **Into the Wild: India**
 6.00 **Secrets of the Enchanted Forests** As 10.00pm.
 7.00 **Monkey Life** Double bill.
 8.00 **Jaguar Journals**
 9.00 **Animals Like Us** A fish cleans a shark's pearly white teeth.
 10.00 **Secrets of the Enchanted Forests** Exploring the planet's most diverse woodlands.
 11.00 **Into the Wild: India**
 12.00 M'T **Africa's Hunters**
 2.00 AM **Jaguar Journals**
 3.00 **Animals Like Us**
 4.00 **Hope for Wildlife**
 5.00 to 6.00 AM **Wild Castles**

WILD

165 841 182

- 8.00 AM **Yukon Vet**
 9.00 **Animal Fight Club**
 10.00 **The Hummingbird Effect**
 11.00 **Animals Gone Wild**
 12.00 NOON **Fish Tank Kings**
 1.00 PM **Yukon Vet**
 2.00 **World's Weirdest**
 4.00 **Secrets of the Zoo: Tampa**
 5.00 **Wicked Tuna**
 6.00 **Snakes in the City**
 7.00 **Yukon Vet** Compilation of highlights from the series.
 8.00 **Running Wild with Bear Grylls** Actor Dave Bautista joins Bear for a trek across the Arizona desert.
 9.00 **Lost Cities with Albert Lin** The archaeologist goes in search of famous lost historical sites.
 10.00 **Wicked Tuna** With the finish line in sight, most of the fleet steams down to Chatham.
 11.00 **Snakes in the City**
 12.00 M'T **Lawless Island**
 1.00 AM **World's Deadliest**
 2.00 **Yukon Vet**
 3.00 **Secrets of the Zoo: Tampa**
 4.00 to 5.00 AM **Yukon Vet**

ID

154 166

- 6.00 AM **Married to Evil**
 7.00 **Teleshopping**
 8.00 **Reasonable Doubt**
 9.00 **Where Murder Lies**
 11.00 **Dead Reckoning**
 1.00 PM **Betrayed**
 3.00 **Evil Stepmothers**
 5.00 **Breaking Homicide**
 6.00 **Evil Lives Here: Shadows of Death** Erika Verdecia.
 7.00 **Grave Secrets**
 8.00 **Married to Evil** The case of police officer Andy Kimbrel.
 9.00 **Forbidden: Dying for Love** How a friendship between two teachers led to a criminal act.
 10.00 **Murder Under the Friday Night Lights** A former cheerleader is murdered.
 11.00 **On the Case with Paula Zahn**
 12.00 M'T **Gone in 90 Seconds: People Magazine Investigates**
 1.00 AM **Home Alone**
 2.00 **Married to Evil**
 3.00 **Breaking Homicide**
 4.00 **Evil Lives Here: Shadows of...**
 5.00 to 6.00 AM **Grave Secrets**

+1 hour 254 366

Sky History 2

163/168 840 186

- 6.00 AM **Ancient Aliens**
 8.00 **Mysteries from Above**
 9.00 **The Jack King Affair**
 10.00 **WWII's Most Daring Raids**
 11.00 **Ancient Aliens**
 1.00 PM **Britain's Most Historic Towns** A visit to Manchester.
 2.00 **Digging for Britain**
 3.00 **Monsterquest**
 5.00 **What on Earth?**
 6.00 **Mysteries from Above**
 7.00 **WWII Battles in Colour** Life and death on the battlefield of El Alamein.
 8.00 **Weeks of War** Living in and surviving through a devastating conflict.
 9.00 **Top Secret UFO Projects Declassified** A look at the stories of UFO witnesses.
 10.00 **James Nesbitt: Disasters That Changed Britain**
 11.00 **National Park Mysteries**
 12.00 M'T **Ancient Aliens**
 2.00 AM **Digging for Britain**
 3.00 **Britain's Most Historic Towns**
 4.00 **National Park Mysteries**
 5.00 to 6.00 AM **The Story of the Spitfire**

Discovery History

177 181

- 6.00 AM **Expedition Unknown**
 7.00 **How the Universe Works**
 8.00 **Blowing Up History**
 9.00 **Combat Dealers**
 10.00 **Salvage Hunters: The Restorers**
 11.00 **Find It, Fix It, Flog It**
 12.00 NOON **Combat Dealers**
 1.00 PM **How It's Made**
 2.00 **How the Universe Works**
 3.00 **Salvage Hunters: The Restorers**
 4.00 **Mysteries at the Museum**
 5.00 **Blowing Up History**
 6.00 **Combat Dealers**
 7.00 **Expedition Unknown**
 8.00 **Wings of War**
 9.00 **Combat Dealers**
 10.00 **Salvage Hunters: The Restorers**
 11.00 **Find It, Fix It, Flog It**
 12.00 M'T **Combat Dealers**
 1.00 AM **How It's Made**
 2.00 **Salvage Hunters: The Restorers**
 3.00 **Wings of War**
 4.00 to 5.00 AM **Find It, Fix It...**

+1 hour 277 381

Discovery Turbo

161/172 180

- 6.00 AM **Supertruckers**
 7.00 **Wheeler Dealers**
 8.00 **Goblin Works Garage**
 9.00 **Mike Brewer's World of Cars**
 10.00 **Fifth Gear**
 11.00 **Salvage Hunters: Classic Cars**
 12.00 NOON **Shed and Buried**
 1.00 PM **Extreme RVs**
 2.00 **Wheeler Dealers**
 3.00 **Vintage Voltage**
 4.00 **Kevin Hart's Muscle Car Crew**
 5.00 **Wheeler Dealers**
 6.00 **Shed and Buried**
 7.00 **Salvage Hunters: Classic Cars**
 8.00 **Kevin Hart's Muscle Car Crew** The gang set off to achieve everything necessary for their official Car Club Launch.
 9.00 **Junkyard Empire**
 10.00 **Wheeler Dealers**
 11.00 **Salvage Hunters: Classic Cars**
 12.00 M'T **Kevin Hart's Muscle Car Crew** As shown at 8.00pm.
 1.00 AM **Iron Resurrection**
 2.00 **Fast N' Loud**
 3.00 **Wheeler Dealers**
 4.00 to 5.00 AM **Gear Dogs**

+1 hour 261/272

Sky Cinema Premiere

301 401 501 515

- 6.00 AM **Sky Cinema Preview**
 7.00 **PREMIERE The Great Escaper**
 8.45 **Boonie Bears: Guardian Code** Animation. (2023, PG, 96min)
 10.30 **Ride On** Chinese drama. (2023, PG, 126min) ★★★
 12.45 PM **PREMIERE The Great Escaper** As 8.00pm.
 2.30 **Meg 2: The Trench** (2023)
 4.30 **Bonus Track** Music comedy. (2023, 12, 98min) ★★★
 6.15 **Am I OK?** Romantic comedy drama. (2022, 15, 86min)



8.00 The Great Escaper

- 8.00 **PREMIERE The Great Escaper** Drama starring Michael Caine. A war veteran sneaks out of his care home to attend a D-Day commemoration. (2023, 12, 96min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.40 **Meg 2: The Trench** Action thriller sequel starring Jason Statham. When a mining operation unleashes a school of megalodon sharks, rescue expert Jonas Taylor attempts to save the day. With Cliff Curtis. (2023, 12, 115min) ★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.40 **The Royal Hotel** Thriller starring Julia Garner. (2023, 18, 91 min) ★★★
 1.15 AM **Cult Killer** Crime thriller. (2024, 15, 105min) ★★★
 3.15 **Am I OK?** As 6.15pm.
 5.00 to 6.40 AM **The Inseparables** Animation. (2023, U, 90min) ★★★

Sky Cinema Drama

310 410 510 524

- 6.05 AM **Young at Heart** As 4.35am.
 8.05 **Summering** Drama starring Lia Barnett. (2022, 12, 85min) ★★★
 9.35 **Grease 2** Musical sequel. (1982, PG, 109min) ★★
 11.30 **Lost in Translation** As 8.00pm.
 1.15 PM **Forrest Gump** As 9.45pm.
 3.50 **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★★
 5.55 **The Girl on the Train** Thriller. (2016, 15, 107min) ★★★★★
 8.00 **Lost in Translation** Bittersweet romantic comedy drama starring Bill Murray and Scarlett Johansson. A jaded Hollywood actor and a young woman strike up a friendship in a Tokyo hotel. (2003, 15, 102min) ★★★★★
 9.45 **Forrest Gump** Multi-Oscar-winning whimsical fable starring Tom Hanks as an Alabama-born man who leads a charmed existence over four turbulent decades of US history. (1994, 12, 136min) ★★★★★
 12.15 AM **Guys and Dolls** Classic musical starring Frank Sinatra. (1955, U, 150min) ★★★★★
 2.55 **The Pact** Mystery thriller. (2012, 15, 85min) ★★★
 4.35 to 6.40 AM **Young at Heart** Musical romance starring Doris Day. (1954, U, 117min) ★★★

Sky Cinema Hits

303 403 503 517

- 6.40 AM **A Shaun the Sheep Movie: Farmageddon** Animation. (2019, U) ★★★★★
 8.20 **Big Daddy** Comedy. (1999, 12, 95min) ★★★
 10.00 **Passengers** As 8.00pm.
 12.05 PM **Shakespeare in Love** Comedy. (1998, 15) ★★★★★
 2.15 **Scott Pilgrim vs. the World** Comedy. (2010, 12) ★★★★★
 4.10 **Central Intelligence** Comedy. (2016, 12, 107min) ★★★
 6.05 **The Beekeeper** As 1.05am.



8.00 Passengers

- 8.00 **Passengers** Sci-fi action drama starring Jennifer Lawrence, Chris Pratt and Michael Sheen. Two travellers on a spaceship are woken 90 years before the end of their colonisation mission. (2016, 12, 116min) ★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.00 **The Wolf of Wall Street** Martin Scorsese's fact-based drama starring Leonardo DiCaprio and Jonah Hill. A New York stockbroker lives a life of debauchery as he gets rich through illegal trading. (2013, 18, 176min) ★★★★★
 SEX ●●● VIOLENCE ●●● LANG ●●●

- 1.05 AM **The Beekeeper** Thriller. (2023, 15, 105min) ★★★
 3.00 **Ferrari** Michael Mann's drama. (2023, 15, 130min) ★★★
 5.15 to 7.10 AM **Extremely Wicked, Shockingly Evil and Vile** Biopic starring Zac Efron. (2019, 15, 110min) ★★★★★

Sky Cinema Sci-fi/Horror

311 411 511 525

- 6.10 AM **Ouija: Origin of Evil** (2016)
 7.50 **Escape from New York** (1981)
 9.35 **Continuum** As 2.30am.
 11.15 **Total Recall** As 9.00pm.
 1.20 PM **57 Seconds** Fantasy thriller. (2023, 15, 99min) ★★★
 3.10 **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
 4.40 **Ready Player One** Sci-fi adventure starring Tye Sheridan. (2018, 12, 140min) ★★★★★
 7.10 **M3gan** Horror starring Allison Williams. A robotics engineer at a toy company builds a doll that begins to take on a life of its own. (2022, 15, 102min) ★★★
 9.00 **Total Recall** Sci-fi thriller remake starring Colin Farrell, Jessica Biel and Kate Beckinsale. In a post-apocalyptic future Earth, a worker unlocks memories of his secret past as a super-spy. (2012, 12, 113min) ★★★
 11.00 **Ouija: Origin of Evil** Horror prequel. (2016, 15, 99min) ★★★
 12.45 AM **Escape from New York** Adventure. (1981, 15) ★★★★★
 2.30 **Continuum** Sci-fi drama. (2013, 15, 89min) ★★★
 4.10 **It Came from Outer Space** Thriller. (1953, b/w, PG) ★★★
 5.35 to 7.30 AM **Ex Machina** Sci-fi. (2014, 15, 104min) ★★★★★

Sky Cinema Family

- 306 406 506 520**
- 7.05** AM **Problem Child** (1990)
 - 8.35** **Swallows and Amazons**
 - 10.20** **Journey to the Center of the Earth** (2008, PG) ★★
 - 12.00** NOON **Journey 2: Mysterious Island** (2012, PG) ★★
 - 1.40** PM **Dungeons & Dragons: Honour Among Thieves** Adventure. (2023, U, 118min) ★★
 - 4.00** **Lyle, Lyle, Crocodile** Musical. (2022, PG, 106min) ★★
 - 5.55** **Swallows and Amazons** Drama. (2016, PG) ★★



4.00 Lyle, Lyle, Crocodile

- 7.45** **The Portable Door** Fantasy starring Christoph Waltz and Sam Neill. Two interns eventually discover the true agenda of the corporation where they work. With Patrick Gibson and Sophie Wilde. (2023, PG, 130min) ★★
- SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.50** **The Tiger Rising** Family drama starring Dennis Quaid. When a 12-year-old discovers a caged tiger in the woods near his home, his imagination runs wild and his life begins to change. (2022, PG, 102min) ★★
- SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.45** **Step Dogs** Comedy with Joris Jarsky. (2013, U, 82min) ★
- 1.20** AM **Hot Dog Derby** Family comedy. (2013, U, 82min) ★★
- 2.55** **Problem Child** Family comedy. (1990, PG, 81min) ★
- 4.25** to **6.20** AM **The Next Karate Kid** Martial arts adventure sequel. (1994, PG, 104min) ★★

Sky Cinema Icons

- 302 402 502 516**
- 7.10** AM **The Secret Garden** (2020)
 - 9.05** **Save the Cinema** Comedy drama. (2021, 12, 109min) ★★
 - 11.00** **The Great Escaper** As 6.15pm.
 - 12.45** PM **The King's Speech** As 8pm.
 - 2.45** **The Last Rifleman** As 1am.
 - 4.30** **Alleluiah** Comedy drama. (2022, 12, 99min) ★★
 - 6.15** **PREMIERE The Great Escaper** Drama starring Michael Caine. (2023, 12, 96min) ★★
 - 8.00** **The King's Speech** Drama starring Colin Firth and Geoffrey Rush. An unconventional speech therapist is the future George VI's last hope to cure his crippling stammer. (2010, 12, 118min) ★★
 - 10.00** **Oppenheimer** Biopic starring Cillian Murphy. J Robert Oppenheimer leads the Manhattan Project to develop an atomic weapon before Hitler and end World War Two. (2023, 15, 180min) ★★
 - 1.00** AM **The Last Rifleman** Drama. (2022, 15, 115min) ★★
 - 2.45** **The Secret Garden** Drama. (2020, PG, 99min) ★★
 - 4.30** **Sky Cinema Preview**
 - 5.25** to **7.05** AM **The Amazing Maurice** Animated adventure. (2022, PG, 93min) ★★

Sky Cinema Action

- 307 407 507 521**
- 6.20** AM **Jackie Chan's Armour...**
 - 8.05** **Haywire** As shown at 3.10am.
 - 9.50** **The Huntsman: Winter's War** Fantasy. (2016, 12) ★★
 - 11.55** **Superman IV: The Quest for Peace** Fantasy adventure sequel. (1987, PG, 90min) ★
 - 1.35** PM **Godzilla** Thriller remake. (2014, 12, 118min) ★★
 - 3.45** **The Island** Sci-fi thriller. (2005, 12, 136min) ★★
 - 6.10** **Game of Death** Martial arts thriller. (1978, 18, 82min) ★★



10.35 The Dark Knight Rises

- 8.00** **The Dark Knight** Dark comic-book action thriller starring Christian Bale, Heath Ledger and Aaron Eckhart. Masked vigilante Batman encounters a dangerous new adversary when fiendish criminal mastermind The Joker unleashes a wave of violent anarchy. (2008, 12, 152min) ★★
- SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.35** **The Dark Knight Rises** Action drama starring Christian Bale. Batman returns to Gotham City to battle an evil terrorist. (2012, 12, 164min) ★★
- SEX ●●● VIOLENCE ●●● LANG ●●●

- 1.25** AM **Jackie Chan's Armour of God** Martial arts thriller. (1986, 15, 95min) ★★
- 3.10** **Haywire** Action thriller. (2012, 15, 88min) ★★
- 4.50** to **6.25** AM **Shaolin Soccer** Hong Kong comedy. Subtitled. (2001, 12, 113min) ★★

Sky Cinema 90s

- 304 404 504 518**
- 6.05** AM **Death Becomes Her** (1992)
 - 8.00** **The Rugrats Movie** Animated comedy. (1998, U, 80min) ★★
 - 9.40** **Gremlins 2: The New Batch**
 - 11.40** **Death Becomes Her** Comedy fantasy starring Meryl Streep. (1992, PG, 103min) ★★
 - 1.35** PM **Star Trek VI: The Undiscovered Country** Sci-fi adventure with William Shatner. (1991, PG, 109min) ★★
 - 3.35** **Star Trek: Generations** Sci-fi adventure with Patrick Stewart. (1994, PG, 118min) ★★
 - 5.35** **The Matrix** Sci-fi action thriller. (1999, 15, 136min) ★★
 - 8.00** **The Mummy** Action adventure starring Brendan Fraser. (1999, 15, 124min) ★★
 - 10.10** **Bad Boys** Comedy thriller with Martin Lawrence and Will Smith. (1995, 15, 118min) ★★
 - 12.20** AM **Notting Hill** Romantic comedy starring Hugh Grant. (1999, 15, 120min) ★★
 - 2.35** **Gremlins 2: The New Batch** Horror comedy sequel starring Zach Galligan and Phoebe Cates. (1990, 12, 107min) ★★
 - 4.30** to **6.30** AM **Being John Malkovich** Surreal comedy starring John Cusack. (1999, 15, 112min) ★★

Sky Cinema Comedy

- 308 408 508 522**
- 7.40** AM **Seriously Red** As 11.40pm.
 - 9.25** **No Hard Feelings** As 8pm.
 - 11.20** **See No Evil, Hear No Evil** Comedy thriller with Richard Pryor. (1989, 15, 107min) ★★
 - 1.10** PM **How to Be Single** Comedy. (2016, 15, 107min) ★★
 - 3.05** **Shaun of the Dead** Horror comedy. (2004, 15) ★★
 - 4.50** **Disaster Movie** Spoof comedy. (2008, 12, 86min) ★
 - 6.25** **Genie** Comedy remake. (2023, PG, 93min) ★★



6.25 Genie

- 8.00** **No Hard Feelings** Comedy starring Jennifer Lawrence and Andrew Barth Feldman. A hard-up woman agrees to date a wealthy couple's awkward son to force him out of his shell before college. (2023, 15, 103min) ★★
- SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.00** **Sixteen Candles** John Hughes' teen comedy starring Molly Ringwald as a gauche teenager with dreams of a perfect romance. With Anthony Michael Hall. (1984, 12, 89min) ★★
- SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.40** **Seriously Red** Comedy. (2022, 15, 104min) ★★
- 1.25** AM **How to Please a Woman** Drama starring Sally Phillips. (2022, 15, 107min) ★★
- 3.15** **The Boss** Comedy. (2015, 15, 89min) ★★
- 5.00** to **6.45** AM **Fletch Lives** Comedy thriller. (1989, PG) ★

Sky Cinema Animation

- 305 412 500 514**
- 6.25** AM **Escape from Planet Earth**
 - 7.55** **Tad the Lost Explorer and the Curse of the Mummy** (2022)
 - 9.30** **The Lego Batman Movie** Animated comedy adventure. (2017, U, 104min) ★★
 - 11.20** **Rugrats Go Wild** Animated comedy. (2003, U, 81min) ★★
 - 12.50** PM **The Nut Job** As 9.10pm.
 - 2.25** **Shrek** Animated comedy. (2001, U, 90min) ★★
 - 4.00** **The Prince of Egypt** Animated epic. (1998, U, 99min) ★★
 - 5.45** **Puss in Boots: The Last Wish** Animation. (2022, PG) ★★
 - 7.35** **Ruby Gillman, Teenage Kraken** Animation. (2023, PG) ★★
 - 9.10** **The Nut Job** Animated comedy. (2014, U, 85min) ★★
 - 10.40** **Asterix: The Secret of the Magic Potion** Animation. (2018, PG, 81min) ★★
 - 12.10** AM **Sinbad: Legend of the Seven Seas** Animation. (2003, U, 85min) ★★
 - 1.40** **Escape from Planet Earth** Animated sci-fi comedy. (2013, U, 86min) ★★
 - 3.10** **Tad the Lost Explorer and the Curse of the Mummy** Animation. (2022, PG) ★★
 - 4.45** to **6.15** AM **Little Vampire** Animation. (2020, PG) ★★

Sky Cinema Thriller

- 309 409 509 523**
- 7.00** AM **The Independent** Drama. (2022, 12, 108min) ★★
 - 9.00** **Dead Shot** Action thriller. (2023, 15, 92min) ★★
 - 10.40** **Melancholia** As 2.45am.
 - 12.15** PM **The Locksmith** Mystery. (2022, 15, 88min) ★★
 - 2.00** **Maggie Moore(s)** Comedy thriller. (2023, 15, 99min) ★★
 - 3.55** **Nightingale** Psychological drama. (2014, 12, 83min) ★★
 - 5.35** **Public Enemies** Biopic. (2009, 15, 140min) ★★



3.55 Nightingale

- 8.00** **Miami Vice** Crime thriller based on the 1980s TV cop series, starring Colin Farrell, Jamie Foxx and Gong Li. A pair of undercover cops infiltrate a ruthless drug smuggling cartel in order to catch the killers of two federal agents. With Naomie Harris. (2006, 15, 133min) ★★
- SEX ●●● VIOLENCE ●●● LANG ●●●

- 10.25** **Now You See Me 2** Thriller sequel starring Jesse Eisenberg. A gang of magicians-turned-criminals reunite to expose the illegal activities of a ruthless businessman. (2016, 12, 124min) ★★
- SEX ●●● VIOLENCE ●●● LANG ●●●
- 12.50** AM **Nightingale** As 3.55pm.
- 2.30** **The Cinema List: Sky Original Thrillers**
- 2.45** **Melancholia** Thriller. (1989, 15, 85min) ★★
- 4.30** to **6.15** AM **Unhinged** Thriller. (2020, 15, 90min) ★★

Movies 24

- 312 419**
- 7.00** AM **Pumpkin Everything** Romantic comedy drama. (2022, PG, 84min) ★★
 - 9.00** **Planning on Forever** Romantic comedy. (2022, PG, 89min) ★★
 - 11.00** **Heart of the Manor** Romantic comedy. (2021, PG, 85min) ★★
 - 1.00** PM **May the Best Wedding Win** Comedy. (2023, PG, 85min) ★★
 - 3.00** **Love's Playlist** Romantic comedy. (2023, PG, 85min) ★★
 - 5.00** **Branching Out** Drama. (2024, PG, 90min) ★★
 - 7.00** **Wedding of a Lifetime** Romantic comedy starring Jonathan Bennett and Brooke D'Orsay. (2022, PG, 84min) ★★
 - 9.00** **Finding Love in Saint Lucia** Romantic drama starring Brooke Burdett and Philip Boyd. An ornithologist and a journalist partner up to save an endangered bird species in the jungle of Santa Lucia. (2023, PG, 90min) ★★
 - 11.00** **Married By Mistake** Romantic comedy. (2023, PG, 88min) ★★
 - 1.00** AM **An Easter Bloom** Drama. (2024, PG, 84min) ★★
 - 3.00** to **5.00** AM **The Journey Ahead** Comedy. (2022, PG) ★★

Movies 24+ 315 420

Film4

- 313 855 428 14 300**
- **Films start at 11.00am**
 - 11.00** AM **13 Rue Madeleine** Spy thriller. (1946, U, 95min) ★★
 - 12.55** PM **Anne of the Indies** Swashbuckling adventure. (1951, U, 90min) ★★
 - 2.35** **Rio Grande** Epic Western. (1950, U, 107min) ★★
 - 4.45** **A Beautiful Day in the Neighborhood** Drama. (2019, PG, 109min) ★★
 - 6.55** **Sleepless in Seattle** Biopic. (1993, PG, 105min) ★★



9.00 M:I – Fallout

- Sleepless in Seattle** (film started at 6.55pm)
- SEX ●●● VIOLENCE ●●● LANG ●●●

- 9.00** **Mission: Impossible – Fallout** Action thriller sequel starring Tom Cruise. Ethan Hunt, the IMF team and a CIA assassin try to prevent a disaster caused by a group of terrorists. (2018, 12, 147min) ★★
- SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.55** **Con Air** Action thriller starring Nicolas Cage. A group of America's deadliest criminals hijack a convict transport plane. (1997, 18, 115min) ★★
- 2.10** to **3.55** AM **Slice** Comedy horror starring Chris Parnell. The city searches for those responsible for the murder of a pizza delivery driver. (2018, 15, 90min) ★★

+1 hour 314 430 47 301

Talking Pictures

- 328 445 82 306**
- 6.00** AM **She'll Have to Go** Comedy. (1962, b/w, U, 85min) ★★
 - 7.45** **Come a Little Closer**
 - 7.50** **The Glass Cage** Thriller. (1955, b/w, PG, 59min) ★★
 - 9.05** **Passport to Treason** Drama. (1956, b/w, PG, 80min) ★★
 - 10.40** **The Night Caller** Sci-fi thriller. (1965, b/w, 18, 82min) ★★
 - 12.20** PM **What's On TPTV with Noel**
 - 12.30** **The Four Just Men** 6/39. (S1)
 - 1.00** **Melvyn's Talking Pictures**
 - 1.10** **Mimi** Drama starring Douglas Fairbanks Jr. (1935, b/w, U) ★★
 - 3.00** **Melvyn's Talking Pictures**
 - 3.10** **Rebecca** Hitchcock thriller starring Laurence Olivier. (1940, b/w, PG, 130min) ★★
 - 5.45** **Look at Life**
 - 6.00** **Worzel Gummidge** 4/7. (S4)
 - 6.30** **Fireball XL5** 21/39. (S1)
 - 7.05** **Millions Like Us** Drama. (1943, b/w, U, 103min) ★★
 - 9.05** **Without Warning** Sci-fi horror. (1980, 18, 89min) ★★
 - 11.00** **Serpent's Lair** Chiller starring Jeff Fahey. (1995, 18, 90min) ★
 - 12.55** AM **Unearthly Stranger** Chiller. (1963, b/w, PG, 90min) ★★
 - 2.30** **Deathsport** Sci-fi. (1978, 18) ★★
 - 4.10** **The Road to D-Day** 4/7. (S1)
 - 4.45** **Look at Life**
 - 5.00** to **6.00** AM **Bonanza**

Sky Sports Main Event

401 511 501 419 439

- 6.00 AM Sky Sports News
7.00 Good Morning Euros Round-up of the news from the 2024 UEFA European Football Championship.
10.00 **LIVE WTA & ATP Tennis** Coverage of day five of the Libema Opens from Autotron Rosmalen in s-Hertogenbosch, the Netherlands, featuring the quarter-finals. Men's champion Tallon Griekspoor came back from a set down to defeat Alex de Minaur at this stage last year.
12.30 PM **LIVE US Open Golf** Coverage of the second day of the Major, staged at Pinehurst Resort in North Carolina. Rickie Fowler held the lead at the end of the halfway stage last year, with eventual champion Wyndham Clark just one stroke behind him. Meanwhile, Justin Rose, Phil Mickelson, Justin Thomas and Jordan Spieth were among the players who missed the cut.
1.00 AM **LIVE ICC Men's T20 World Cup New Zealand v Uganda.** Coverage of the Group C match, staged at Brian Lara Cricket Academy in Tarouba.
5.30 to 6.00 AM Sky Sports News

TNT Sports 1

410 870 527 408 430

- 6.00 AM UEFA Europa League & Conference League Magazine
7.00 WWE Raw Highlights
8.00 Sign Up: Into Football
8.45 TNT Sports Reload
9.00 Ultimate Pool Highlights.
10.30 **LIVE AFL Brisbane Lions v St Kilda Saints.** At Brisbane Cricket Ground. Bounce-up 10.40am.
1.30 PM Serie A – Full Impact
2.30 UEFA Europa League & Conference League Magazine
4.30 Champions League Magazine
5.30 Premier League Stories
6.00 Premier League Review
7.00 **LIVE WWE Friday Night SmackDown** From Glasgow.
9.00 AFL Brisbane v St Kilda.
11.00 Wembley Stadium: A Stage For Icons
11.45 1967: When LA Wolves Conquered the USA
12.15 AM Inside Serie A
12.45 UEFA Champions League Goals Reload
1.00 NBA Action The latest action.
1.30 **LIVE NBA** Coverage of game four of the NBA finals.
4.00 NBA Action The latest action.
4.30 to 7.30 AM **LIVE AFL Western Bulldogs v Fremantle Dockers.**

TNT Sports 4

421 876 530 411 434

- 6.00 AM NBA Game three of the finals.
7.30 NBA Action The latest action.
8.00 MLB Plays of the Week
8.30 MLB: Off the Bat
9.00 Hockey FIH Pro League action.
1.00 PM MLB Orioles v Braves.
3.00 NBA Game three of the finals.
4.30 NBA Action The latest action.
5.00 Ultimate Pool Pairs Cup.
6.30 Europa League Goals Reload
6.45 Champions League Goals
7.00 Inside Serie A Action from Italy.
7.30 Serie A: Full Impact
8.30 Ligue 1 Highlights
9.30 TNT Sports Goals Reload
10.00 Europa League Goals Reload
10.15 UEFA Champions League Goals Reload Recent action.
10.30 UEFA Champions League: Stories of the Finals
11.00 NBA Action The latest action.
11.30 NBA Game three of the finals.
1.00 AM UFC Cannonier v Imavov.
4.00 What Went Down
5.00 to 6.00 AM Ligue 1 Highlights

Sky Sports Premier League

402 512 502 420 440

- 6.00 AM PL Greatest Games
7.00 Good Morning Euros Round-up of the all the news.
10.00 Premier League Years Classic games and infamous blunders from the 2014/15 season.
12.00 NOON Gary Neville's Soccerbox The presenter talks to Dimitar Berbatov.
12.30 PM With Alan Shearer.
1.00 Premier League Best Goals
2.00 Premier League Highlights
5.00 Premier League Review
7.00 Best Premier League Goals 23/24 A compilation of goals from the recent season.
8.00 SSN Euro Matchday
10.00 SSN Euro Report The latest news from UEFA Euro 2024, in Germany, as the tournament group stage continues.
11.00 Class of '92: Full Time The Class of '92 hope reinforcements will lead a late charge for promotion.
12.00 M'T PL Retro West Ham United v Tottenham Hotspur from 2006/07.
2.00 AM Premier League Years Moments of the 2015/16 season.
4.00 Premier League Best Goals
5.00 Premier League 100 Club
5.30 to 6.00 AM Premier League Legends

TNT Sports 2

411 871 528 409 431

- 6.00 AM **LIVE Badminton** Coverage from the Australia Open quarter-finals in Sydney.
11.30 AM Badminton Weekly
11.45 PSA Squash Highlights
12.45 PM Sport in Focus
1.00 Fishing: On the Bank
2.00 Hockey China v Great Britain in the men's FIH Pro League.
3.00 Australia v Great Britain in the women's FIH Pro League.
4.00 Great Britain v Spain in the men's FIH Pro League.
5.00 Great Britain v Australia in the men's FIH Pro League.
6.00 MLB Plays of the Week
6.30 MLB: Off the Bat
7.00 **LIVE MLB Chicago Cubs v St Louis Cardinals.** Coverage from Wrigley Field. Start-time 7.20pm.
10.15 TNT Sports Cricket Reload
10.30 T100 Triathlon World Tour
11.30 MLB: Off the Bat
12.00 M'T **LIVE MLB Boston Red Sox v New York Yankees.** From Fenway Park. Start-time 12.10am.
3.15 AM Fishing: On the Bank
4.15 TNT Sports Goals Reload
4.30 TNT Sports Reload
5.00 to 6.00 AM PSA Squash Highlights

Eurosport 1

413 868 521 412 435

- 6.00 AM Cycling: Tour of Belgium
7.00 Cycling: Tour of Switzerland
8.00 Mountain Biking From Austria.
9.00 Olympic Games: Chasing Glory
10.00 Cycling: Tour of Belgium
11.00 Cycling: Tour of Switzerland
12.00 NOON Cycling: Tour of Slovenia
2.00 PM **LIVE Cycling: Tour of Belgium** The third stage.
4.00 **LIVE Mountain Biking** Coverage from Val di Sole in Italy.
5.30 Roland-Garros Women's final.
7.00 Cycling: Tour of Belgium
8.00 Cycling: Tour of Switzerland
9.00 Mountain Biking In Val di Sole.
10.00 Roland-Garros Highlights.
11.00 Cycling: Tour of Switzerland
12.00 M'T Cycling: Tour of Belgium
1.00 AM FIA World Endurance Championship From Le Mans.
2.00 Cycling: Tour of Belgium
3.00 Cycling: Tour of Switzerland
4.00 British Speedway
5.00 to 6.00 AM FIA World Endurance Championship

Sky Sports Football

403 513 503 421 441

- 6.00 AM Championship Retro Charlton Athletic v Sunderland from the 1998 play-off final.
8.45 EFL Greatest Games
10.00 Championship Retro Leeds United v Derby County in 2019.
12.00 NOON EFL Greatest Games
1.00 PM Championship Season Review 2020/21
2.00 Best Goals: EFL Cup 2020/21
2.30 EFL Trophy Football Sunderland v Tranmere Rovers.
3.00 Championship Retro Cardiff City v Leicester City in the 2009/10 play-off semi-finals.
5.30 EFL Greatest Games
7.00 Championship Season Review A look at the 2021/22 campaign.
8.00 Best Goals: EFL Cup 2021/22
8.30 EFL Trophy Football Rotherham v Sutton in the 2021/22 final.
9.00 Old Firm Derby Best Goals
9.30 SPFL: Edinburgh Derby Best Goals Hearts and Hibs goals.
10.00 SPFL Greatest Games Motherwell v Hibernian in 2010.
12.00 M'T EFL Greatest Games
1.00 AM Championship Retro West Ham United v Blackpool in 2012.
3.00 EFL Cup Retro The 2013 final.
5.00 to 6.00 AM EFL Rivalries

TNT Sports 3

417 874 529 410 432

- 6.00 AM Euro Rallycross Championship From Normandy.
7.00 MotoGP Highlights
2.00 PM HSBC SVNS Highlights Featuring the best action from the HSBC SVNS in Dubai.
3.00 Action from the fifth round of the season in Cape Town.
4.00 A look back at the best of the action in Perth.
5.00 A look back at the best of the action in Vancouver.
6.00 HSBC SVNS Highlights The best of the action in Los Angeles.
7.00 A look at the best of the action from Hong Kong.
8.00 A look at the best of the action from Singapore.
9.00 Action from the HSBC SVNS in Madrid.
10.00 Gallagher Premiership Rugby Union A chance to see the final, which took place at Twickenham.
11.30 Ultimate Pool Action from the Ultimate Pool Pairs Cup Group 2.
1.00 AM Badminton Highlights from the Indonesia Open finals.
3.00 to 6.00 AM **LIVE Badminton** Coverage from the Australia Open semi-finals, which takes place at State Sports Centre in Sydney.

Eurosport 2

414 869 522 413 436

- 6.00 AM British Speedway
7.00 World Superbikes
9.15 **LIVE World Superbikes** Free practice one from Misano in Italy.
10.15 FIA World Endurance C'ship
12.15 PM World Superbikes
12.20 **LIVE Women's Circuit Racing World Championship** In Italy.
1.05 **LIVE World Superbikes** The Supersport 300 Superpole.
1.45 World Superbikes
1.55 **LIVE World Superbikes** Coverage from Misano in Italy.
3.55 World Superbikes
4.00 FIA World Endurance Championship From Le Mans.
6.00 Speedway Grand Prix
7.00 British Speedway
8.00 Roland-Garros Highlights.
9.00 Cycling Highlights
11.00 FIA World Endurance C'ship
1.00 AM Mountain Biking
2.00 World Superbikes
3.00 FIA World Endurance C'ship
4.00 to 6.00 AM Cycling

Sky Sports Cricket

404 514 504 422 442

- 6.00 AM ICC Men's T20 World Cup
7.30 ICC T20 World Cup 2021
8.00 ICC Men's T20 World Cup
10.00 ICC Men's T20 World Cup A chance to see England v Oman.
2.10 PM Best of ICC WT20
2.30 ICC Men's T20 World Cup
3.00 **LIVE ICC Men's T20 World Cup USA v Ireland.** Coverage of the Group A match, which takes place at Central Broward Park & Broward County Stadium, Florida.
7.00 **LIVE Vitality T20 Blast Cricket Birmingham Bears v Yorkshire Vikings.** Coverage of the North Group encounter, which takes place at Edgbaston.
10.15 Best of T20 Blast Finals Day
10.30 ICC Men's T20 World Cup
12.00 M'T **LIVE ICC Men's T20 World Cup South Africa v Nepal.** Coverage of the Group D match at Arnos Vale Stadium in Kingstown, Saint Vincent.
4.30 AM **LIVE ICC Men's T20 World Cup New Zealand v Uganda.** Coverage of the Group C match, staged at Brian Lara Cricket Academy in Tarouba.
5.30 to 6.00 AM ICC Men's T20 World Cup

Sky Sports Action

408 517 507 426 446

- 6.00 AM NFL Highlights
8.00 Fight Night International
10.00 NFL Highlights
12.00 NOON Fight Night International Recent bouts.
2.00 PM NFL Highlights
4.00 The Darts Show The latest news.
4.30 NFL Highlights Detroit Lions v Tampa Bay Buccaneers.
5.30 NBC's Pro-Football Talk
7.30 **LIVE Super League Warrington Wolves v Salford Red Devils.** Coverage of the match, staged at Halliwell Jones Stadium. Kick-off is at 8.00pm.
10.15 The Darts Show The latest news.
10.45 NFL Bitesize Highlights Brief highlights of Philadelphia Eagles v Miami Dolphins.
11.00 Action from Minnesota Vikings v San Francisco 49ers.
11.15 NFL Bitesize Highlights
11.30 One Championship Weekly
12.00 M'T The Insiders
1.00 AM **LIVE ICC Men's T20 World Cup New Zealand v Uganda.** Coverage of the Group C match from Brian Lara Cricket Academy in Tarouba.
5.30 to 6.00 AM NFL Bitesize Highlights

Sky Sports Arena

412 518 508 427 447

- 6.00 AM Premier League Darts
10.00 Women's Super League
10.15 Super League Highlights
11.00 Fight Night International
1.00 PM Women's Super League
1.15 Super League Highlights
2.00 Super League Match replays.
6.10 Super League Gold
6.15 Women's Super League
6.30 Super League Highlights
7.15 My Icon Leon Pryce.
7.25 The Darts Show The latest news.
7.55 **LIVE Super League Castleford Tigers v Wigan Warriors.** Coverage from the Mend-A-Hose Jungle. Kick-off is at 8.00pm.
10.00 Women's Super League
10.15 Super League Highlights
11.00 Fight Night McCaskill v Price.
12.00 M'T Super League Highlights
12.15 AM Super League
4.25 Super League Gold
4.30 Women's Super League
4.45 Super League Highlights
5.30 to 6.00 AM The Darts Show

Sky Sports Golf

405 515 505 423 443

- 6.00 AM US Open Official Films
7.00 US Open Golf Action from the first day of the Major.
11.00 McGinley & Chamblee at the US Open First day of the Major.
12.30 PM **LIVE US Open Golf** Coverage of the second day's play of the Major, which takes place at Pinehurst Resort in North Carolina. Rickie Fowler held the lead at the end of the halfway stage last year, with eventual champion Wyndham Clark just one stroke behind him. Meanwhile, Justin Rose, Phil Mickelson, Justin Thomas and Jordan Spieth were among the players who missed the cut.
1.00 AM In Bloom: The Justin Rose Story How the player claimed the first Major title of his career.
2.30 PGA Tour Champions Learning Centre
3.00 US Open Official Films
5.00 to 6.00 AM Golf Academy

Sky Sports Tennis

407 537 520 425 445

- 6.00 AM Tennis The Libema Open.
10.00 **LIVE WTA & ATP Tennis** The fifth day of the Libema Opens, staged at Autotron Rosmalen in s-Hertogenbosch, the Netherlands.
6.00 PM Tennis Action from the men's semi-finals in Geneva.
7.00 Highlights of the Mutua Madrid Open men's final.
8.00 WTA All Access Magazine
8.30 Tennis Miami Open review.
9.00 The Libema Open.
1.00 AM Tennis From Morocco.
2.00 US Open Classic Matches
2.15 Billie Jean King: My Story
2.30 US Open Tennis Archive action.
3.00 to 6.00 AM Tennis

Sky Sports Mix

416 873 510 429 449

- 6.00 AM NFL Highlights
8.00 Fitzpatrick: Boss of Brookline
9.00 ICC Men's T20 World Cup
9.30 Best of ICC WT20
10.00 ICC Men's T20 World Cup A chance to see England v Oman.
2.10 PM Best of ICC WT20
2.30 Tennis Recent highlights.
4.30 Fight Night International
6.25 Tennis Mutua Madrid Open.
7.25 Super League Highlights
7.55 **LIVE Super League Hull Kingston Rovers v Huddersfield Giants.** Coverage from Sewell Group Craven Park Stadium. Kick-off is at 8.00pm.
10.15 Best of T20 Blast Finals Day
10.30 ICC Men's T20 World Cup
12.00 M'T Super League Highlights
12.15 AM Super League
2.20 My Icon Pam Cookey.
2.30 PGA Tour Champions Learning Centre Golf tips.
3.00 Fight Night International
4.00 to 6.00 AM Tennis

Sky Sports F1

406 516 506 424 444

- 6.00 AM The Home of F1
11.00 Formula 1 From Imola, Italy.
1.00 PM Ted's Notebook
1.30 Lando & The Chelsea Team
1.40 Daniel Ricciardo's F1 Quiz
1.45 Formula 1 The Emilia-Romagna Grand Prix from Imola in Italy.
6.15 Ted's Notebook
6.45 Formula 2 The Emilia-Romagna Grand Prix sprint race in Imola.
9.30 Formula 3 The Emilia-Romagna Grand Prix sprint race in Italy.
10.35 Hot Laps with Stroll & Slater
10.40 Formula 3 In Emilia-Romagna.
11.45 Ted and Yuki Tsunoda in Tokyo
12.00 M'T Formula 1 From Imola, Italy.
1.00 to 6.00 AM The Home of F1

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

NEW



NEW

 **Ultraman: Rising**

Available from Friday, Netflix

He has been a popular Japanese hero, protecting the world from 'kaiju' (giant monsters) for decades, and now it's time for the Ultraman mantle to be passed on. Enter baseball star Ken Soto, who steps up to the plate, and takes over from his father.

As well as having to adapt to life as Ultraman, Ken (voiced by Christopher Sean) finds himself with a baby kaiju in his care when the creature imprints on him. Cute it may be, but it's also growing at an alarming rate – and raising a giant monster is a huge responsibility. Can Ken put his ego aside and learn how to balance his superhero work with life as a parent?

Malory Towers

Monday & Tuesday, 6pm, CBBC & BBC iPlayer

The Rivers sisters are back for another year at school, as the drama inspired by the books by Enid Blyton is back for a fifth season. Ella Bright (above) and April V. Woods return as siblings Darrell and Felicity.

As the new term starts at Malory Towers, Felicity finds herself in trouble when she meets feisty new second former, Josephine Jones; and when Gwendoline takes her monitor duties too far, June decides it's time to lead the other second formers in strike action!

More great shows to watch this week...

Craig Before the Creek

NEW

Sat, 9am & 3pm, Cartoon Network

Craig and his pals JP and Kelsey set off on a journey to find lost treasure, all while being pursued by a fearsome band of pirates!

Lego Friends: The Next Chapter

NEW

From Thursday, ITVX Kids

A new group of friends navigate the chaos of the first day of school, and get acquainted while preparing for the Welcome to School Festival.

The Adventures of ArachnoFly

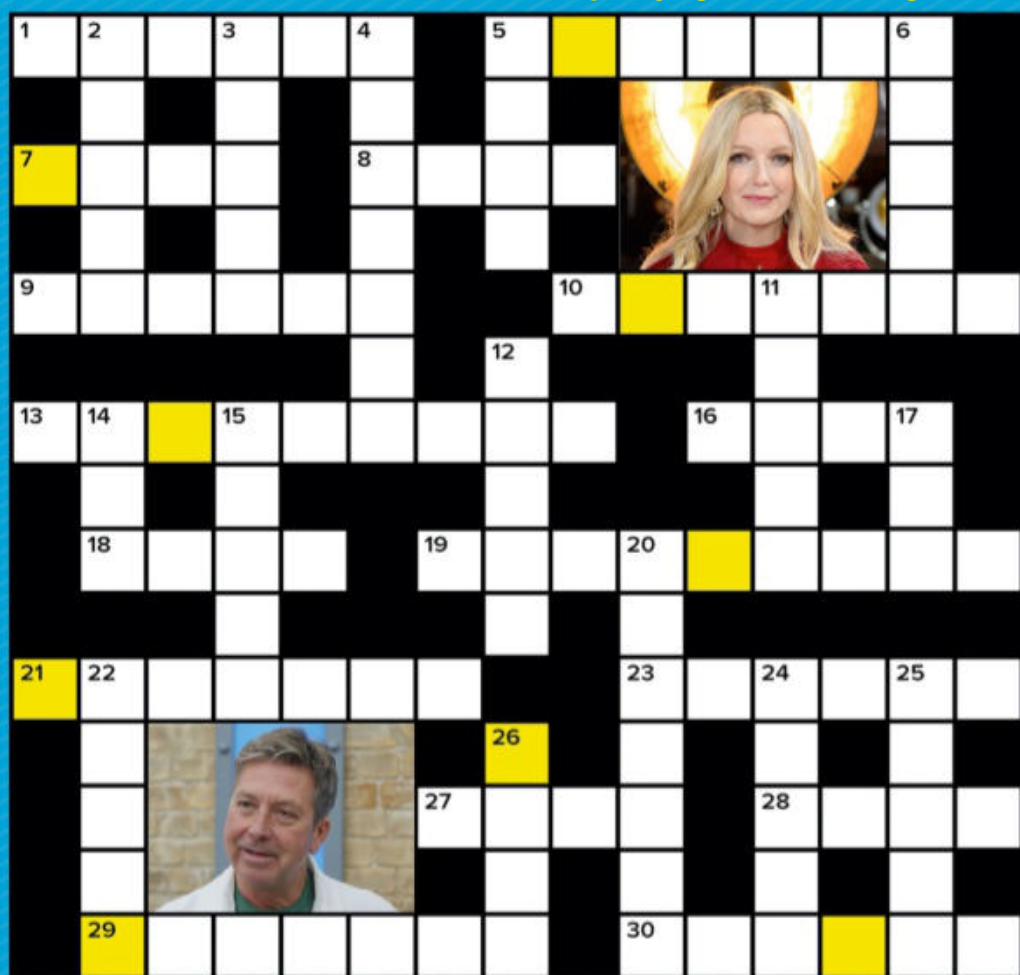
Available now, ITVX Kids

Spin-off to *Lloyd of the Flies*, featuring Lloyd's favourite comic-book hero, ArachnoFly, as he protects the residents of Cereal City.



CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and rearrange the shaded squares so the letters spell out the name of an English actor (4,5). Answers at the bottom of the page – no cheating!



ACROSS

- 1 1990 comedy film, *Honey, I Shrunk the Kids* (6)
- 5 See picture clue: Lauren Daigle (7)
- 7 *Dallas Buyers Club*, 2014 movie starring Matthew McConaughey (4)
- 8 ---- Little, *The Wire* role of Michael K Williams (4)
- 9 Percy Daggs III's role in mystery drama *Veronica Mars*, Wallace (6)
- 10 Classic Clive Swift sitcom, ---- *up Appearances* (7)
- 13 Hit Netflix series starring Jenna Ortega (9)
- 16 ---- Ant, 1960s cartoon TV character (4)
- 18 ---- *the Fockers*, 2005 Robert De Niro movie (4)
- 19 *Mr. Deeds*, drama with Jeremy Piven (9)
- 21 Freddy (Freddie) Mercury, Robert Englund role (7)
- 23 ---- Walker, *Last Tango in Halifax* actor (6)
- 27 Cartoon bear (4)
- 28 Singer known as the 'king of soul', ---- Redding (4)
- 29 Corrie role of Shelley King, ---- Nazir (7)
- 30 ---- Lucas, creator of the Star Wars films (6)

DOWN

- 2 Actor in the X-Men films, ---- Berry (5)
- 3 Karl (Lundquist), played Bones in 2009's *Star Trek* (5)
- 4 Nick (Carter), presenter of *DIY SOS* (7)
- 5 *The King of Queens* star, ---- Remini (4)
- 6 ---- DeGeneres, American TV host (5)
- 11 Stars as Mary Taylor in *Corrie*, ---- Clare (5)
- 12 Rami (Malek), Lyutsifer Safin in 2021's *No Time to Die* (5)
- 14 *A Nightmare on Elm Street*, 1985 horror movie (3)
- 15 ---- Gordon, *Crossroads* star played by Helena Bonham Carter in *Nolly* (5)
- 17 Peter Griffin's daughter in *Family Guy* (3)
- 20 Dakota (Fanning), star of 2014 film *Effie Gray* (7)
- 22 *Countdown*'s maths whizz, Rachel (5)
- 24 *The Big Bang Theory*'s Penny, Kaley (5)
- 25 2009 comedy movie with Ricky Gervais, *The Invention of Solitude* (5)
- 26 See picture clue: Chef and *MasterChef* judge, ---- Torode (4)

CROSSWORD SOLUTION
ANSWER: Jack Ryder ACROSS 1 Shrink 5 Laverne 7 Club 8 Omar 9 Fennel 10 Keeping 13 Wednesday 16 Atom 18 Meet 19 Selfridge 21 Krueger 23 Nicola 27 Yogi 28 Otis 29 Yasmeen 30 George
DOWN 2 Halle 3 Urban 4 Knowles 5 Leah 6 Ellen 11 Patti 12 Malek 14 Elm 15 Noelle 17 Meg 20 Fanning 22 Riley 24 Cuoco 25 Lying 26 John

Coming soon

From left: Panfilo, Misia, Tindaro and Sirisco

FIRST LOOK

The Decameron

Tony Hale and Zosia Mamet head the cast of a quirky period romp

Here's an early peek at Netflix's outlandish comic period drama *The Decameron*, airing from July.

Inspired by Giovanni Boccaccio's 14th-century short-story collection, the eight-parter is set in 1348 at the lavish Villa Santa in the Italian countryside just outside Florence, where a group of wealthy nobles and their servants have fled to avoid the Black Death, which is threatening the city. But their isolation brings tension, and class struggles soon spill over, as the aristocrats' extravagance and shameless behaviour cause uproar and a battle for survival ensues...

Veep's Tony Hale plays the villa's obliging steward Sirisco,

Zosia Mamet is deluded Pampinea, who'll soon be mistress of the estate, while Saoirse-Monica Jackson is her devoted servant Misia. Amar Chadha-Patel is confident doctor Dioneo, who has to establish his position within the social strata, Leila Farzad is secretive Stratilia, and Karan Gill is sly Panfilo, who hails from a political family. Also look out for Tanya Reynolds as wily servant Licisca, Jessica Plummer as brattish noblewoman Filomena, Douggie McMeekin as rich and rude bachelor Tindaro and Lou Gala as sex-mad Neifile.

'At times of crisis, the chasm between the haves and the

have-nots grows wider and wider,' says the show's creator Kathleen Jordan. 'That's something we've seen in the past few years, in particular with COVID.'

'When something like a plague comes along, the ground goes even,' adds Hale. 'What relationships am I investing in? How am I treating people? That's what matters.'



Hale as Sirisco and Mamet as Pampinea

WHAT'S NEXT FOR...

Alfie Allen

The actor will star in Sky's five-parter **Atomic** as a drug trafficker, who, along with a man on the run (Shazad Latif), faces a dilemma when they're caught up in a scheme to transport uranium, which could make a nuclear bomb.



Dermot O'Leary

In ITV1's five-part series **Dermot's Taste of Ireland**, the presenter will visit Belfast, Dublin, Cork, Wexford and Kinsale to explore the Emerald Isle's epic landscapes and culinary heritage and meet a range of chefs.



Coming Back

Filming is under way on a third run of Channel 5's **Dalgliesh**, the 1970s-set adaptation of P.D. James' novels starring Bertie Carvel as cop Adam Dalgliesh. 'I'm thrilled to return behind, as well as in front of, the camera,' says Carvel, who will direct some of the series.



Paddy McGuinness will return to host an eight-part second series of C4's reality show **Tempting Fortune**, which sees contestants journey through a tropical jungle. 'This time there are added twists,' says McGuinness.



TV&Satellite week

121-141 Westbourne Terrace, London W2 6JR

Tel 0330 390 3720

Email tvsatweek@futurenet.com

For subscriptions inquiries, phone 0330 333 1113 or email help@magazinesdirect.com

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Next week On sale Tuesday 11 June



House of the Dragon

The *Game of Thrones* spin-off is back for a new run on Sky Atlantic.



Trigger Warning

Jessica Alba is a special forces commando who clashes with a ruthless gang in a Netflix movie.



Adam Lambert: Out, Loud and Proud

The singer meets some LGBTQ+ pop stars on ITV1.



Euro 2024

Watch England and Scotland in their group games as coverage continues on the BBC and ITV.

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2024

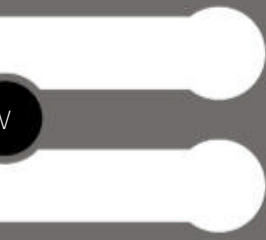
FourFourTwo

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FINALS

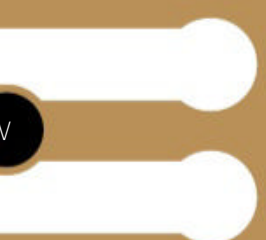
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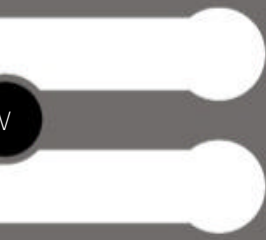
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QUARTER-FINALS

QUARTER 2

5 July • Hamburg • 8pm



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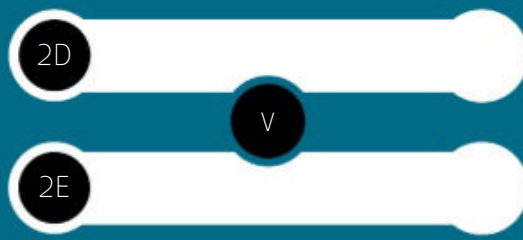
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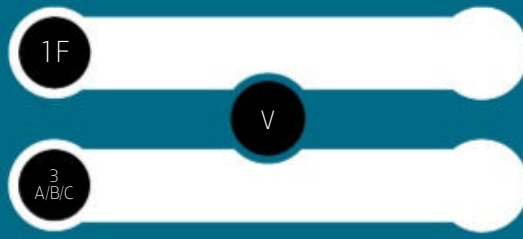
MATCH 5

1 July • Düsseldorf • 5pm



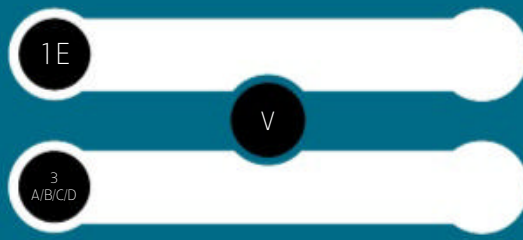
MATCH 6

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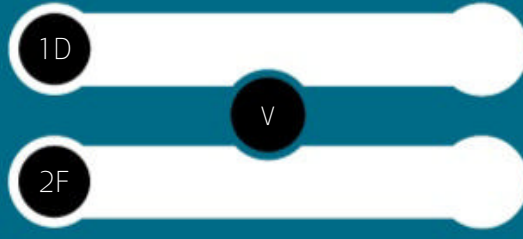
MATCH 7

2 July • Munich • 5pm



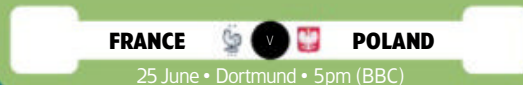
MATCH 8

2 July • Leipzig • 8pm



GROUP D

Poland • Netherlands • Austria • France



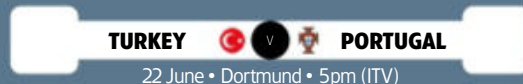
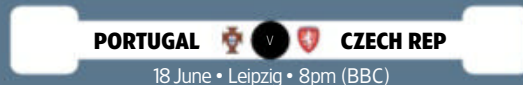
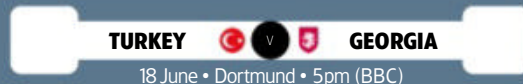
GROUP E

Belgium • Slovakia • Romania • Ukraine



GROUP F

Turkey • Georgia • Portugal • Czech Republic



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